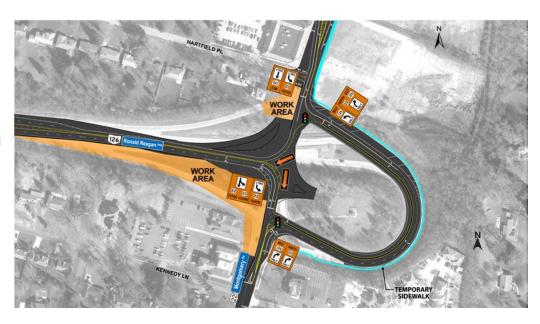


# ROUNDABOUT CONSTRUCTION PHASE 3 TO BEGIN THIS SPRING

John R. Jurgensen will begin "Phase 3" construction of the roundabout project at the intersection of Montgomery Road and Ronald Reagan Cross County Highway starting in March or April. This third phase is anticipated to last one month. Phase 3 traffic modifications will consist of:

- Northbound and southbound Montgomery Road traffic will continue to be carried on the existing by-pass just as it does today.
- The existing temporary traffic signals will remain in operation for Montgomery Road and Ronald Reagan Cross County Highway. The northerly signal
  - will continue to be for traffic accessing westbound cross county highway, and the southerly signal will continue to be for traffic exiting the highway. The difference between Phase 2 and Phase 3 is the Ronald Reagan Cross County Highway entrance and exit ramps will be shifted towards the center of the construction area (see image).
- The sidewalk on the east side of the by-pass for pedestrians will be maintained.
- Modifications will be made to the number of lanes and lane configuration on Montgomery Road. New traffic signage and pavement striping on Montgomery Road will be installed to achieve this new traffic pattern. Please stay alert when driving through this location so you can get into the proper lane based on your destination.



The Phase 3 traffic pattern will allow the contractor to perform construction activities in the work areas, as shown.

Expect delays during construction. Please use an alternate route if possible. More details on the construction phasing and schedule will be provided on the City's website at https://www.montgomeryohio.org/downtownmontgomery-roundabout-information and in future Montgomery Bulletins.

Regular construction updates will be provided on the City's website as work progresses. For additional information on this or other projects, please contact Gary Heitkamp, public works director, at 513-792-8321.

Council Message and Council Corner 2. 3

Composting Seminar

Tornado Season Tips Photo Competition

12

**Summer Camps** 

4 9

14



Bissmeyer

City Council

**LOOKING AHEAD IN 2021** 

"By March, the worst of the winter would be over. The snow would thaw, the rivers begin to run, and the world would wake into itself again." - Neil Gaiman

#### **Recent Stepping-Stones:**

The Montgomery Fire Department was fortunate to be a recipient of the first round of the Moderna vaccine. The vaccine was given voluntarily to 30 of our first responders. They will receive their second dose 30 days after the first dose and should have about a 95% protection rate. The vaccine required a fair amount of work as the vials were temperature sensitive and stored in a dedicated

and secured refrigerator. The temperature had to be kept between 36 and 46 degrees F, monitored, and recorded twice a day. Chief Wright had to test to become certified in vaccine storage. Once the vial was removed from the refrigerator and punctured to draw the first dose, it was

good for only 6 hours. Each vial held 10 doses, so 10 employees were scheduled at a time to receive the vaccine as not to waste any. Assistant Chief Shapiro administered the vaccines at 7:00 a.m. as the employees were getting off work to allow time to recover should they have any side effects. Further information regarding the Covid vaccine can be found at www.hamiltoncountyhealth.org/ covid19/. Not only did our first responders receive the vaccine, but residents living in our various retirement communities were offered the vaccine last month as well.



#### **City Progress:**

Not only has a recent noise ordinance passed, which gives a clear definition for sound thresholds in the City, but the Montgomery Quarter is making great headway. As most have noticed, the giant clearing near downtown Montgomery is finally starting to morph into distinct buildings (a garage, for example). The new Roundabout is taking shape and will be operational in late spring.

Here at the City, staff has remained busy planning double for the events we love. As they did last year, they are planning the annual events as if we can resume normal activities as well as a contingency plan should we have to continue to be socially distanced.

Some of the exciting things planned for this year include:

- Photography Competition, via The Montgomery Arts Commission
- Summer Camps for kids
- Fitness Classes to help with fitness and health goals
- Independence Day celebration
- · Outdoor Movies

Continue to check our website and monthly bulletin for other events throughout the year.

#### Past Progress in March:

- US purchases Alaska for \$7.2MM-1867
- · Alexander Graham Bell receives a patent for the telephone-1876
- Congress approves daylight savings time-1918
- The US Postmaster requires all homes to have mailboxes-1922
- The Hoover Dam is completed-1936
- The first FM radio station operates-1941
- The first automatic street lights are installed in the US-1949
- The Equal Rights Amendment passed by Senate-1972
- Mt. St. Helens erupts-1980
- The Vietnam Memorial opened in Washington, D.C.-1982

# CITY SEEKING RESIDENTS TO FILL COMMISSION **VACANCIES**

Looking for a way to become involved in the City? One of the following City Boards/Commissions might be the place to do so. The initial step in getting involved is attending an upcoming meeting of the Commission you are interested in to learn more about their project work and meet the current members. Visit montgomeryohio.org to learn about each of the Commission responsibilities.

#### **Arts Commission**

Meetings are scheduled for the fourth Monday of each month at 5:00 p.m.

#### **Beautification and Tree Commission**

Meetings are scheduled for the first Monday of each month at 9:00 a.m.

#### **Landmarks Commission**

Meetings are scheduled for the second Wednesday of each month at 7:00 p.m.

There are no special qualifications required to volunteer for any Montgomery board or Commission.

For further information and/or to apply for the above position, contact Connie Gaylor, at 513-792-8314 or cgaylor@montgomeryohio.org. Full details on each commission can be found on montgomeryohio.org.



Montgomery City Council met in its regular monthly Work Session on February 17, 2021 as a hybrid meeting at City Hall and via teleconference. Meetings begin at 7:00 p.m., with public comment welcomed on each item before City Council.

#### **Pending Legislation**

An Ordinance Modifying Section 132.14, Noise, of The Montgomery Code of Ordinances (3rd Reading)

#### **New Legislation**

A Resolution Accepting a Bid and Authorizing the City Manager to Enter into A Contract for The 2021 Street Resurfacing Program with J.K. Meurer Corporation

A Resolution Authorizing the City Manager to Contract with Management Partners Inc. for professional services related to the 2022-2027 City Strategic Plan

An Ordinance Designating the Choate-Hattersley Carriage House as A Montgomery Landmark

A Resolution authorizing the City Manager to enter into Agreements with the State of Ohio, Department of Natural Resources, to fund Public Park Facilities within the Montgomery Quarter District

An Ordinance Agreeing to Adjust the Boundaries Between the City of Montgomery, Ohio And the City of The Village of Indian Hill, Ohio Pursuant to Ohio Revised Code Section 709.37

A Resolution Declaring the Necessity/Intent to Appropriate Interests in Land from Brandi Jo Kelly (Permanent Parcel Numbers 603-0009-0016, 603-0009-0017 And 603-0009-0054 Consolidated) For the Purpose of The Montgomery Road Sidewalk and Road Improvement Project - Ham-US22-14.74 - In the City of Montgomery, Hamilton County, Ohio

An Ordinance Authorizing the Law Director to Initiate Proceedings to Appropriate Property for The Purpose of a Road Improvement Project on Montgomery Road in The City of Montgomery, Hamilton County, Ohio

A Resolution Authorizing an Updated Amendment to Development/Service Agreement with Montgomery Gateway Partners, LLC

## RECENT COUNCIL ACTION - Approved Legislation February 3, 2021

No Legislation was passed at this meeting.

These pieces of approved legislation can be reviewed on the City's website at www.montgomeryohio.org

# THE CITY OF MONTGOMERY IS HAPPY TO ANNOUNCE E-FILE, AND E-PAY SERVICES ARE NOW AVAILABLE.

These new services offer individual taxpayers a convenient and secure way to file and pay taxes online using Authority TaxConnect. TaxConnect allows users to create a secure login, review tax balances for each year, file returns, and remit payments. A 3.75% fee will be charged for credit card payments. No fees for payments made with a checking or savings account. To utilize these services, please visit the Montgomery Online Tax Portal at www.montgomeryohio.org/departments/tax-office.

Please Note: Due to the public concern surrounding the COVID-19 pandemic, the tax office is currently closed to the public for walk-in traffic; however, staff will continue

to assist with the preparation of Montgomery tax returns. Please mail, drop off or submit necessary documents through the secure email portal on our website. Someone from the tax office will contact you when your return is completed. For questions, contact the Tax Office at 513-792-8333.

## WEEKLY YARD WASTE COLLECTION **RESUMES MARCH 1**

Beginning March 1, weekly yard waste collection will resume at no charge for all one and two-family residential homes.

The program limits collection to three bags, cans, or bundles at each residence (or one 90-gallon yard waste toter). Additional bags, cans or bundles require one \$3.00 Rumpke yard waste sticker per item. Additional 90-gallon toter's will require three stickers each after the first toter. Stickers are available at Montgomery Kroger or Montgomery City Hall during regular business hours.

Loosely place yard waste in trash cans or in paper yard waste bags which are commonly available at grocery or hardware stores. Do not place bags in the curb lane on the street. If the material is being placed in a garbage can or toter, please label it as "yard waste" so it is not inadvertently collected as trash. Do not dispose of plants in plastic planter tubs, separate plants for yard waste and plastic for recycling.



Place yard waste on the opposite side of the driveway from regular trash. Leave the lids off cans containing yard waste. Freezing conditions seal the lids which does not allow for easy removal of yard waste. No plastic bags will be accepted.

Brush should be bundled in sizes up to 4 feet in length and 2 feet in diameter. The material should be fastened with cotton twine (No wire or plastic ties, please).

Limbs need to be cut into 4 foot lengths and no larger than 6 inches in diameter.

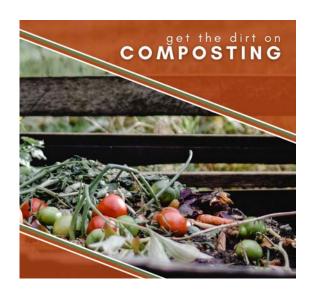
Please see the City's website for more information at https://www.montgomeryohio.org

# SAVE THE DATE - VIRTUAL **COMPOSTING WEBINAR, APRIL 29**

If you've ever thought about giving composting a try or you've tried it and are looking for tips to enhance your process; you won't want to miss the upcoming Composting Webinar hosted by the City of Montgomery's Environmental Advisory Commission (EAC) and conducted by Jenny Lohmann, Community Outreach Coordinator for Hamilton County Recycling and Solid Waste District.

Scheduled for Thursday, April 29, this hour-long webinar, will cover the ins and outs of composting, building or purchasing a composting bin, and other trends creating buzz in the composting world.

Registration will follow in the April bulletin; mark your calendar now!



According to the composting council, if everyone in the United States composted all of their food waste, the impact would be equivalent to removing 7.8 million cars from the road.

Source: US Composting Council webpage, https://www.compostingcouncil.org/





#### CITY TO CONDUCT LIMITED SPRING CURBSIDE BRUSH PICK-UP

The Montgomery Public Works Department will provide a spring curbside bulk brush collection of brush and limbs and is scheduled to begin on April 5. This collection period will be conducted over a five-week period. Each pick-up week is determined by the regular trash collection schedule. Please have brush out at the curb by Sunday evening of your collection week.

Trash Day	Brush Pick-Up Week
Monday	Week of April 5
Tuesday	Week of April 12
Wednesday	Week of April 19
Thursday	Week of April 26
Friday	Week of May 3

#### **GUIDELINES**

- · Piles must be placed curbside prior to the start of each week's collection. Residents are urged to place brush curbside on the Sunday immediately prior to the scheduled collection week as material placed curbside after the chipper crew has passed will not be picked up.
- Brush containing nails, metal, stones or excessive dirt will not be picked up.
- Vines and branches with thorns will not be picked up.
- Limbs may be of any length and between 1/2 inch and 8 inches in diameter. Shorter branches, twigs and clippings should be placed in yard waste bags and/or cans to be picked up by Rumpke on your regular waste collection day.
- Brush and limbs must be placed at the edge of the road or along the curb with the "cut" ends of brush toward the street in small piles. Please do not create large stacks or interwoven piles with "cut" ends placed in different directions as this makes the material difficult for crews to separate for collection.
- Brush piles that are tied into bundles or are tangled will not be picked up.
- Stumps, root balls and logs are not to be placed curbside for brush collection, but may be placed out for Rumpke waste collection on the regularly scheduled day. Each item must not weigh more than 60 pounds.

For additional information, please contact City Hall at 513-891-2424. The fall brush pickup schedule will be published in the September bulletin and starts Sept. 13. Tips to organize the brush and the pick-up schedules are also on the Montgomery website, montgomeryohio.org.



#### PARK SHELTER RESERVATIONS OPEN MARCH 1

Reservations of Montgomery park shelters will be available from Monday, March 1, through Sunday, October 31. Park shelter reservations may be made online or in-person at City Hall. Reservations are not available over the phone.

Park shelter reservations are only available to Montgomery residents, businesses, and employees of Montgomery businesses. Nonresidents may use the shelters on a first-come, first-serve basis as long as there is no reservation. A reservation list is posted at each park shelter.

For further information, please call Montgomery City Hall at 513-891-2424. Reservations can be made online at www. montgomeryohio.org/shelter-and-lodge-reservations.

# MEET LYDELL (DELL) CARTER, A DIVERSITY AND **INCLUSION COMMITTEE MEMBER**

Dell Carter is a Senior Healthcare Portfolio Manager at Fifth Third Bank. He resides in Montgomery, with his wife, Lisa, and his three children: Charlie (6), Natalie (6), and Emmett (4). Dell grew up in Blue Ash, and graduated from Sycamore High School.

#### Why is it important for you to participate in the Montgomery Diversity and Inclusion Committee?

"Participating in the Montgomery D&I Committee is an important way to ensure progress continues in a community that has given my family and me so much. My parents moved to Blue Ash in 1986 because of the diversity within the school district. Being mixed (black, white, and Native American), my parents thought it was absolutely necessary to move to a diverse community in more than one way. Now that I have young kids of my own, I want to ensure they're able to enjoy the same comfort that a diverse community naturally provides."



#### Why are diversity and inclusion important to the community?

"Diversity and inclusion is a necessity in a functioning community. Without diversity of background and thought, a community becomes stagnant. Diversity invites new members into our community and allows for a more robust exchange of ideas. Montgomery's inclusiveness fosters a sense of belonging which encourages members to get involved."

The City of Montgomery, like most American communities, is growing and diversifying. Presently, Sycamore Community Schools has a student population representing 54 nationalities and 41 spoken languages, making it one of the most culturally diverse systems in the State. Approximately 10 percent of Montgomery residents are cultural minorities. City Council and administration believe the infusion of various cultures, faiths, and customs enriches social and civic life and is a positive development for the community.

For information on the City of Montgomery's Diversity and Inclusion Committee, visit www.montgomeryohio.org/ montgomery-diversity-and-inclusion-committee or contact Matthew Vanderhorst at mvanderhorst@montgomeryohio.org or 513-792-8323.

#### YARD WASTE DISPOSAL TIPS

#### RECOMMENDED BY ENVIRONMENTAL ADVISORY COMMISSION

• Weekly Curbside Collection - Each week, from March to October, Rumpke will pick up three paper leaf bags or one 90-gallon rolling tote, clearly marked "Yard Waste," or three bundles of yard waste for free if placed at the curb alongside your weekly trash. No plastic bags are allowed. More than three bags require a \$3 sticker placed on each extra item. The stickers can be purchased at City Hall or the Montgomery Kroger.

Beginning November 1 every year, Rumpke conducts an unlimited yard waste pick-up. The unlimited collection is contracted for 5-weeks; however, City Council annually reviews the program's extension for an additional 3 weeks. If approved, eight weeks of unlimited yard waste collection is provided to residents with no stickers required.

- Special Bulk Brush Collection is performed by the Public Works Department. This free chipping service is conducted in April and September each year. Please visit montgomeryohio.org to determine your week of pick-up and to get more detailed instructions. Yard waste is sent to a separate "green area," not the landfill.
- Composting Adding leaves to a backyard composter can be the perfect solution to balance the Carbon / Nitrogen ratio. In Spring, when the compost gets warm, dried leaves are scarce. Consider saving bags of fall leaves in the garage or basement. The Greater Cincinnati Leaf Exchange (found on Facebook) is a way to contact people who have leaves to share or who are looking for leaves. Using fall leaves in compost helps create the perfect soil for your garden, flower beds, or treed areas.
- Mulching Leaves won't hurt your lawn if chopped with a mulching mower. Leaves form a natural mulch that helps suppress weeds and fertilizes the soil as it breaks down. It's important to keep the sewer drainage areas clear of debris.

Thank you for keeping yard waste out of the landfill!



## SPRING SHREDDING EVENT - MARK YOUR CALENDAR!

The Environmental Advisory Commission will hold a free **Spring Shredding Event on Saturday, April 17** at the monthly cardboard recycling event. This event is held from 10:00 a.m. to 1:00 p.m. at the Public Works Facility located at 7315 Cornell Road (across of Sycamore High School).

\*Please remove paper from notebooks and binders. Paper clips and staples DO NOT have to be removed. No binder clips please. CDs or DVDs cannot be shredded.

To serve everybody efficiently, there will be a maximum of 3 boxes (copy paper size or similar) per person in line, and you must be present. Volunteers will be available to assist.

Materials will be shredded onsite.





# UNDERSTANDING YOUR DRAINAGE SYSTEM MAY HELP PREVENT FLOODING

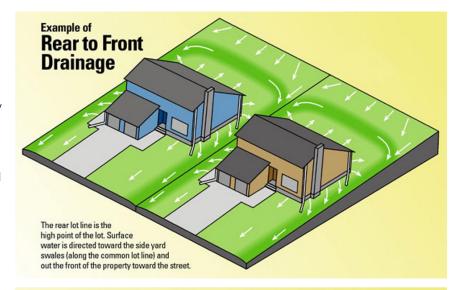
Stormwater management plays an important role in reducing the chance of flooding inside your home. Homeowners should be aware of the drainage system on their property to ensure that it is properly functioning. Most residential lots utilize a swale system to move water away from and around the home. Below are some key factors to understanding your drainage system.

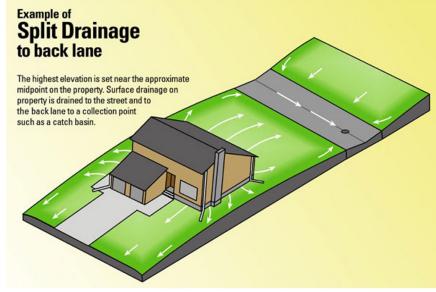
#### Drainage swales:

- Are shallow-sided, sloped ditches designed to carry surface run-off form a property, towards the nearest street, catch basin or storm water retention basin.
- Are typically located along common property lines and sometimes at the back of a lot.
- Should be graded and maintained in accordance with the approved lot grading plan.
- Swales must be unobstructed and free draining. Residents are encouraged not to place sheds, landscaping or any other object in a drainage swale.
- Do not plant trees in a swale, as over time, a large tree can impact drainage.
- Keep fences at least six inches above the bottom of a swale to allow water and small debris to pass under it.

#### There are generally two types of lot drainage:

- 1. Rear-to-front drainage
  - a. The rear lot line is the high point on the lot.
  - Surface water on the property is drained to side yard swales along the common lot line and out the front of the property toward the street.
- 2. Split drainage to a rear yard swale
  - a. The highest elevation is set near the midpoint on the property.
  - b. Surface drainage then flows to the street and to the rear lot line onto a rear yard swale.





# IT'S TORNADO SEASON: DO YOU KNOW WHAT TO DO?



Tornadoes are one of nature's most violent storms and can cause death, injury, and destruction within seconds. As a WeTHRIVE community, the City is committed to ensuring residents are informed on what to look for and how to prepare for a tornado.

Montgomery will never forget April 9, 1999. On that date, an F-3 to F-4 tornado touched down in the Lakewater area of Montgomery in the pre-dawn hours, around 5:17 a.m. Four lives were lost, and many homes and businesses were destroyed or damaged.

The City of Montgomery captured the recollections of City employees, residents, and former WCPO meteorologist Pete Delkus to commemorate the 20th anniversary of this devastating event. Their stories can be heard on the podcast "Weathering the Storm." The podcast is available in most podcast apps. To learn more, visit https://www.montgomeryohio.org/weathering-the-storm-podcast/.

For more information and additional emergency preparedness resources, visit www.montgomeryohio.org/emergency-preparedness/.



## WATCH/WARNING/ADVISORY: WHAT DO THEY MEAN?

No matter what the actual weather is, here is the basic rule of thumb:

- WATCH essentially means a chance this condition will happen and usually covers a large geographical area for a lengthy period.
- WARNING means the said weather is already occurring or is likely to occur and take proper protective measures. Warnings are usually issued for much smaller geographical areas and usually for shorter, more definite periods.
- ADVISORY is sort of in between a WATCH and WARNING. The expected weather condition has a pretty good chance of occurring, even a likely chance of happening, but typically an advisory is used for less severe types of weather conditions.

Sign up now for Hamilton County's notification system, Alert Hamilton County. This free, safe, and secure system allows the user to choose from more than 40 alerts, ranging from severe weather to evacuation. Learn more about this notification system at hamiltoncountyohioema.org.





### ADDICTION, WE CAN HELP

As police officers, one of the biggest family issues we see is addiction. It may manifest itself in domestic fights, criminal activity such as thefts, or overall poor decisions followed by medical needs. Addiction has touched many lives and has the potential to devastate families and loved ones. Whether a spouse, parent, or child, addiction will present a long line of challenges for all involved. Addiction does not discriminate by income, race, sex, or age. Some believe addiction is a choice, while others believe it is a disease. Either way, the addict and their loved ones will need to take steps to cope and work toward recovery.

Deception, stealing, hiding, and manipulation are all telling traits of someone suffering from addiction. Whether it's heroin, cocaine, methamphetamine, alcohol, or any others, their drug of choice will burden the addict's life, and they will do whatever is necessary to get their drug of choice. Parents and spouses who are not used to checking up on their loved ones are often the last to find out there is a problem.

While there has been a longtime stigma attached to drug addicts or alcoholics, attitudes are changing, and treatment is improving. The "over" prescribing of pain medications/opiates generated an entirely new population of addicts. People that had a genetic addictive predisposition, when given an extended supply of pain medications, found out that when they stopped taking their prescription, they suffered withdrawal symptoms. Since then, drastic restrictions have been placed on many medicines to try to stop the drug epidemic. However, addiction is still a significant problem in our society for both the suffering addict and their loved ones.

There are several organizations that have been established to help. Hamilton County now has a Heroin task force that was created to initiate an immediate and focused investigation, target the dealer of the heroin, which led to an overdose or death, and ultimately prosecute the source dealer on applicable State and Federal charges. All Montgomery Officers now carry "Narcan" with them, which can rapidly reverse the effects of an overdose in the field.

Support groups such as Alcoholics Anonymous or Narcotics Anonymous offer a judgment-free zone where those struggling with addiction can speak freely with others that are going through the same thing. Al-anon (for alcohol) and Nar-anon (for narcotics) are similar programs for loved ones of addicts.

Here is a list of resources, most of which are best accessed online as many of their processes have been adjusted due to Covid-19 limitations.

**Alcoholics Anonymous** 

513-351-0422

Al-anon

513-947-3700

**Narcotics Anonymous** 

513-820-2947

Nar-Anon

naranon.com

Recovery Health Access Center

513-281-7422

**SMART Recovery Addiction Services Council** 

513-281-7880

smartrecovery.org

Center for Addiction Treatment (CAT)

513-381-6672

The Crossroads Center

513-475-5300

**Talbert House** 

513-751-7747

For more information on these resources or any further assistance, please call a Montgomery Police officer at 513-985-1600. We are here to help families.



#### SMART911

The City of Montgomery, in coordination with Hamilton County Emergency Management Agency, is offering to their residents a system to advise paramedics of their medical history, allergies, medications. doctor's contact information, etc., through a program called Smart911. This web-based profile program is available at no cost to all residents of Hamilton County.

#### What is Smart911?

- Smart911 allows you to provide important information to 9-1-1 dispatchers and first responders before an emergency happens.
- · You can create a Safety Profile that includes information such as family member information, emergency contact information, medical information, pet information, as well as pictures and access codes into your residence.
- Information provided is completely private & secure.
- Smart911 is a nation-wide system, so if you are traveling in an area that subscribes to Smart911, your Safety Profile will be available to the 9-1-1 dispatcher in that area.
- Smart911 is paired with Alert Hamilton County, which is an additional service that will advise you through your phone of any local or regional emergency notification to which you would like to be alerted.



#### How do I sign up for Smart911?

- In your computer web browser, type in www.AlertHC.org and follow the directions.
- OR you can download the Smart911 app in the App Store or Google Play.
- You can sign up for Alert HC at the same time to receive notifications for weather emergencies in your area.
- · You pick what information you want to share and how you would like to be contacted.
- There is no charge for this service as it is free to all Hamilton County residents.

If you have any questions or need help creating a profile, please call Julee Nies at the Fire Department at 513-985-1633 during regular business hours.

This service is a joint project between the City of Montgomery and the Hamilton County Emergency Management Agency. Don't put off planning today for tomorrow's emergency.

33rd Annual

# PHOTOGRAPHY COMPETITION



Sneak Preview In-Person Reception SATURDAY, APRIL 24, 2021

> Virtual Awards Presentation SUNDAY, APRIL 25, 2021

# **Adult & Student Entries Accepted APRIL 1 - 15**

# Judges:

Liz Dufour, Cincinnati Enquirer Visual Journalist H. Michael Sanders, University of Cincinnati Blue Ash Electronic Media Communications

# Find rules and requirements @ montgomeryohio.org

"Pages" by Victoria Wesloh





#### GOLF INSTRUCTION RETURNS THIS SPRING

Have you been thinking about getting into golf? Are you looking to improve your skills?

Join us as we learn from the PGA Professionals at Sharon Woods Golf Course. All programs are \$110 per participant, and all equipment is provided. For more information and to sign up, please visit montgomeryohio.org. For questions, please contact Sarah Fink at sfink@montgomeryohio.org.

#### **Adult Beginner Golf**

Would you like to have more fun and play better golf with your friends? Would you like to be able to compete in your league?

This five-week class is designed to improve your overall game. Topics include putting, chipping, pitching, iron play, hybrids, and woods. Classes are 90 minutes. Class size is limited and taught by PGA Professionals.

Wednesdays, April 7 - May 5, 5:15-6:15 p.m.

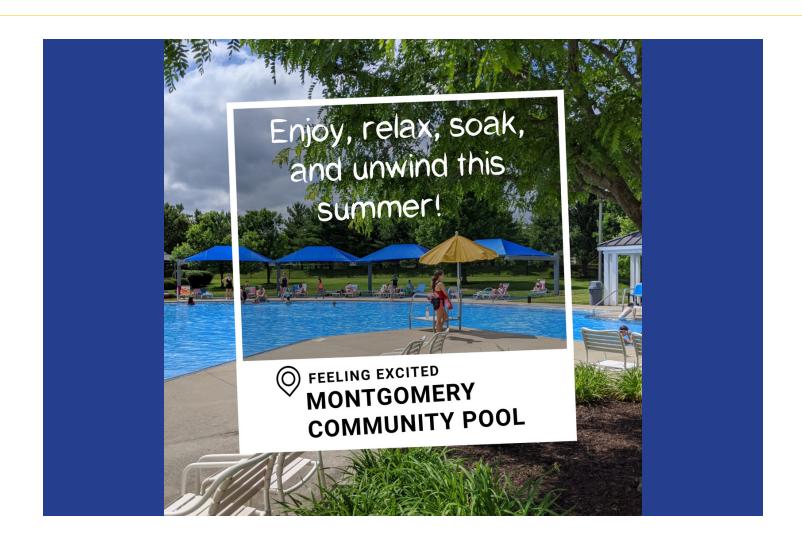
#### Adult Intermediate Golf

Would you like to lower your score consistently? Are you at the plateau stage and want to take your game to the next level?

Topics of this five-week class include putting a variety of short game shots and strategies, full swing evaluations, and course management skills. Classes are 90 minutes. Class size is limited and taught by PGA Professionals.

Saturdays, April 3 - May 1, 9:00-10:00 a.m.

For more information and to sign up, please visit montgomeryohio.org. For questions, please contact Sarah Fink at sfink@ montgomeryohio.org.



# SUMMER CAMPS 2021

REGISTRATION **OPENS AT** 8:00 a.m. ON

March 1

BEGINNER GOLF

SHARON WOODS GOLF COURSE

**JUNE 8-11** 

LEGO ROBOTICS

SWAIM LODGE

AGES 5-14

**JUNE 14-18** 

**PICKLEBALL** 

DULLE PARK

**AGES 5-10** 

**JUNE 14-17** 

GAME DEVELOPMENT

AGES 10-14

**JUNE 21-25** 

INTERMEDIATE GOLF

SHARON WOODS GOLF COURSE

**AGES 7-17** 

**JULY 22-25** 

JR. NINJA WARRIOR

**JUNE 28 -**JULY 2

SOCCER

WELLER PARK

**AGES 5-10** 

**JULY 6-9** 

**LEGO** ROBOTICS

SWAIM LODGE

AGES 5-14

**JULY 12-16** 

BASKETBALL

**JULY 19-22** 

**CREATIVE** ARTS

SWAIM LODGE

AGES 6-12

**JULY 26-30** 

For camp specific questions please contact Sarah Fink at sfink@montgomeryohio.org or by calling 513-792-8317.

Please visit the Youth Programs page at montgomeryohio.org for detailed information and registration for each summer camp.





#### **FITNESS**

Experience updated group exercise equipment and classes. All equipment needed for classes is provided. Registration for 2021 - Session B of fitness classes is open. Please visit the fitness page at montgomeryohio.org for class descriptions, important information and registration.

Please contact Sarah Fink, recreation specialist, by emailing sfink@montgomeryohio.org or by calling 513-792-8317 with any questions you may have.

Fitness Class Schedule 2021 - Session B									
Day	Class Name	<b>Dates of Session</b>	No Classes	Session Length	Time of Class	Res.	Non-Res.		
Mon.	Mixed Level Yoga	3/08 - 5/3	3/15	8 classes	9:30-10:30 a.m.	\$40	\$45		
Tue.	Cardio Strength and Stretched *	3/09 - 5/4	3/16	8 classes	9:00-10:00 a.m.	\$40	\$45		
Tue.	Tai Chi	3/09 - 5/4	3/16	8 classes	10:20-11:20 a.m.	\$80	\$90		
Tue.	Pilates	3/09 - 5/4	3/16	8 classes	6:00-7:00 p.m.	\$40	\$45		
Wed.	Mixed Level Yoga	3/10 - 5/5	3/17	8 classes	9:30-10:30 a.m.	\$40	\$45		
Wed.	Beginner Level Yoga	3/10 - 5/5	3/17	8 classes	10:45-11:45 a.m.	\$40	\$45		
Thur.	Cardio Strength and Stretched *	3/11 - 5/6	3/18	8 classes	9:00-10:00 a.m.	\$40	\$45		
Thur.	Pilates	3/11 - 5/6	3/18	8 classes	6:00-7:00 p.m.	\$40	\$45		

Academy of Nutrition right. and Dietetics

National Nutrition Month® 2021

# Crossword Puzzle

#### **Across**

- 2. Soups and dal are made with this legume.
- 3. A tropical fruit that is orange in color after the peel is removed and contains a large pit.
- 5. This dairy food is made with live cultures of healthful bacteria.
- 8. A tiny, round form of pasta that may be used in North African and Middle Eastern dishes.
- 9. A type of fatty fish that is a good source of omega-3 fatty acids.
- 12. Another name for garbanzo beans.
- 13. This term refers to grains that are not refined.

- 1. This fresh herb is used as an ingredient or as a condiment in a variety of cuisines.
- 4. The main ingredient in guacamole.
- 6. A soft cheese used as a filling in lasagna and raviolis.
- 7. A dish made with lima beans and corn.
- 10. The name for a type of fungi that is part of the vegetable group.
- 11. A vegetarian source of protein made from fermented soybeans.
- 14. This protein food is a source of vitamin D.





10101 Montgomery Road Montgomery, Ohio 45242

**Mayor** Chris Dobrozsi

**Vice Mayor** Craig Margolis

Council Members Lee Ann Bissmeyer Mike Cappel Lynda Roesch Ken Suer

Clerk of Council Connie Gaylor

**City Manager** Brian Riblet Emergency
911
Non-Emergency
• Police Dept.

513-985-1600 • Fire Dept. 513-985-1633 **Public Works** 513-792-8355

Planning/Zoning/ Building 513-792-8309

City Hall 513-891-2424 PRESORTED STANDARD U.S. POSTAGE PAID PERMIT #2417 CINCINNATI, OH

#### PLEASE RECYCLE

#### MARCH 2021 EVENTS

All event dates are subject to change or cancellation. Check the website and social media for the most up-to-date information.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Beautification & Tree Commission, TBD 9:00 a.m. Planning Commission, TBD 7:30 p.m.	2	<b>3</b> City Council Business Session,	4	5	6
7	Yard Waste Pick up Resumes	9	City Hall 7:00 p.m.	11	12	13
		Environmental Advisory Commission, TBD 5:00 p.m.	Landmarks Commission, TBD 7:00 p.m.	Parks & Recreation Commission, TBD 6:30 p.m.		
14	15	16	17	18	19	20
Daylight Saving Time begins, spring ahead one hour Change batteries in smoke detector	Planning Commission, TBD 7:30 p.m.	Sister Cities Commission, City Hall 6:30 p.m.				Cardborad Recycling, 7315 Cornell Road, 10:00 a.m 1:00 p.m.
21	22	23	24	25	26	27
	Arts Commission, TBD 5:00 p.m.	Board of Zoning Appeals, TBD 7:00 p.m.	Council Work Session, City Hall 7:00 p.m.			
28	29	30	31			







