

## MCLA 2022 APPLICATIONS NOW BEING ACCEPTED

The Montgomery Citizens' Leadership Academy (MCLA), "The Best Community Experience You'll Ever Have," is now accepting applications for the 2022 session. Oversubscribed for the last 12 years, MCLA, locally developed and nationally recognized, is a program designed to move individuals from being residents to become actively engaged citizens. MCLA allows residents to realize a dimension few will ever see. Comprised of 10 unique workshop experiences:

- We Are Montgomery!
- · Zen & the Art of Citizenship
- Montgomery... Our Town, USA
- Sycamore Community Schools and The 21st Century Learner
- Homeland Safety and Security in Your Own Backyard
- · Taxes, TIFs and Our Town
- Health Care: Montgomery's Signature Industry
- Innovative Solutions in Public Works, Recreation, and Parks
- History and Development... The Art of Co-Existence
- Service and Volunteerism: A New Call to Action!

Each workshop goes beyond the classroom and into the community

to make the Montgomery Citizens' Leadership Academy an encounter no resident should miss. Space is limited. For more information, or to apply, visit montgomeryohio.org/montgomery-citizens-leadership-academy or contact Communications & Engagement Coordinator Amy Frederick at afrederick@montgomeryohio.org.

# MCLA participants work in small groups, focusing on a

project balancing history and development in downtown Montgomery

## JUNK KING AND DOCUMENT DESTRUCTION -PARTNERS IN RECYCLING SUCCESS!

Saturday, April 17 the City of Montgomery EAC collected electronics recycling and document shredding in addition to the monthly cardboard recycling at the Public Works facility.

These additional services drew a large crowd of over 295 vehicles through the gates. Over the three-hour event Document Destruction collected 8,600 lbs. of shredding and Junk King collected 12,000 lbs. of electronics.

The City of Montgomery wishes to thank our vendors who partner with us to make these events so successful.

Special thanks to Jack Brendamour of Junk King who offered this collection at no cost to the City in honor of Earth Day.





Council Message and **Council Corner** 2, 3 **Small Business Grant Available** 

4

Roundabout Phase 4

Volunteer **Opportunities**  Summer **Happenings** 



## THE FUTURE LEADERSHIP OF MONTGOMERY'S STRATEGIC PARTNERS

By Mayor Chris Dobrozsi

I hope that everyone has enjoyed the spring season thus far with the colorful flowers, birds singing and the sweet smells of the season. The past 16 months have certainly been a challenge and I hope these simple pleasures have brought as much joy to your family as they have to mine as we look to the other side of the pandemic. One thing is for sure, we have all had to rise up and overcome, - and we are stronger as a result.

As we all look to the future and a return to normal living in our special community of Montgomery, I thought it would be appropriate to welcome the new leadership in four of the largest institutions in the City - Sycamore Community Schools, TriHealth - Bethesda North Hospital, Ohio National Financial Services and Twin Lakes Senior Living Community. These

organizations have been long-time strategic partners with the City of Montgomery and are vital to the generational success of our City.



Sycamore Community Schools - Chad Lewis has been selected as Superintendent beginning August 1, 2021, following the retirement announcement of current Superintendent Frank Forsthoefel. Chad has been an integral member of the SCS Team for over nine years, including Assistant Superintendent since 2020. The quality of education at Sycamore Community Schools is the #1 reason residents move to the City of Montgomery, which is why the City has a tremendous partnership with the Sycamore Community Schools. We look forward to continuing that partnership with Chad at the helm. Congratulations Chad!!



TriHealth - Bethesda North Hospital - Jamie Easterling was appointed President and Chief Operating Officer in March 2021. Jamie has risen through the ranks over his 22 years with TriHealth starting as Manager of Radiology at Bethesda North Hospital in 1999. The hospital is the #1 employer in the City with over 3,200 employees and provides world-class services from heart care to maternity services. I believe we can all agree that we are truly fortunate to have this level of health care right here in the City of Montgomery. Hoping we never need it - but feeling comfort knowing that it exists so close to home. Welcome back to Montgomery Jamie!



Ohio National Financial Services - Barbara Turner became the 11th President and Chief Operating Officer in November 2018 and became their Chief Executive Officer on January 1, 2021. Barbara is the first female and person of color to hold this position. You may have heard that Ohio National Financial Services was recently acquired by New York-based Constellation Insurance Holdings, "Our brand, infrastructure and vision stay intact. It's a growth opportunity," Barbara Turner told the Cincinnati Business Courier. We're so thankful for our relationship with Ohio National and fortunate for Montgomery to be their home. Congratulations Barbara!



Twin Lakes Senior Living Community - Lisa Zimmers was named Executive Director of Twin Lakes Senior Living Community in Fall 2020 following the retirement of long-time Executive Director Jim Mayer. Lisa has been a member of the leadership team at Twin Lakes for over five years serving as Administrator before this promotion. Twin Lakes has grown to a resident base of over 400 retirees who bring a wealth of knowledge and experience to the community with a desire to give back, as evident by their engagement and leadership on various boards and commissions. Congratulations Lisa!!

The City of Montgomery is a truly special community, and the City's partnership with these institutions is vital to ensuring the City will be sustainable for generations to come. Thank you, Chad, Jamie, Barbara, and Lisa for your continued leadership and belief that we are stronger as one.



Montgomery City Council met in its regular monthly Work Session on May 19, 2021 as a hybrid meeting at City Hall and via teleconference. Meetings begin at 7:00 p.m., with public comment welcomed on each item before City Council.

## **Pending Legislation**

An Ordinance Agreeing to Adjust the Boundaries Between the City of Montgomery, Ohio And the City of The Village of Indian Hill, Ohio Pursuant to Ohio Revised Code Section 709.37 (Tabled-3rd Reading)

## **New Legislation**

A Resolution Authorizing The City Manager To Contract With Frost Brown Todd, LLC To Provide Special Counsel Services

A Resolution Authorizing the City Manager to enter into contract with Strawser Construction, Inc. to complete the City of Montgomery 2021 Crack Seal Program through the Ohio Department of Transportation (ODOT) Cooperative Purchasing Program

A Resolution Authorizing the City Manager to enter into a contract with Physio Control-Stryker Medical for the Purchase of three LIFEPAK 15 Cardiac Monitor Defibrillators

## **RECENT COUNCIL ACTION - Approved Legislation**

## May 5, 2021

## ORDINANCE 3, 2021

An Ordinance Designating the Wooley-Hattersley Carriage House as A Montgomery Landmark

## ORDINANCE 4, 2021

An Ordinance Authorizing the Law Director to Initiate Proceedings to Appropriate Property for The Purpose of a Road Improvement Project on Montgomery Road in The City of Montgomery, Hamilton County, Ohio

## ORDINANCE 5, 2021

An Ordinance Providing for The Issuance of Not to Exceed \$7,500,000 Of Notes by The City of Montgomery, Ohio, For the Purpose of Making Public Infrastructure Improvements Within the City

## RESOLUTION 10, 2021

A Resolution Authorizing An Amendment To The Cooperative Agreement Between The City Of Montgomery, Ohio, The Port Of Greater Cincinnati Development Authority, The Montgomery Community Improvement Corporation, And Gateway Partners Montgomery, LLC

## RESOLUTION 11, 2021

A Resolution Establishing Compensation for The City Manager

## RESOLUTION 12, 2021

A Resolution Recognizing the Month of May 2021 as National Historic Preservation Month in The City of Montgomery

## RESOLUTION 13, 2021

A Resolution Authorizing The Administration To Apply For And Administer Funding From The American Rescue Plan Act of 2021

These pieces of approved legislation can be reviewed on the City's website at www.montgomeryohio.org.



## ACCEPTING APPLICATIONS FOR COVID-19 BUSINESS RELIEF GRANT

The City of Montgomery is partnering with Hamilton County Planning and Development to provide grants in the amount of \$5,000 to local businesses using Community Development Block Grant COVID-19 funds. Eligible businesses can utilize the funds to prevent and respond to COVID-19 and/or reimburse eligible expenses incurred from March 15, 2020, through May 1, 2021. All applicants must certify that they have created or retained at least one low/moderate-income job.

Applications will be accepted starting on Monday, June 7th at 8 a.m. with a deadline for submission of Friday, June 11th by 4:00 p.m. The first 20 eligible applicants will receive grant funds. For more information and to apply for the grant, visit the City's website at montgomeryohio.org.

For questions and/or help filling out the application, email montgomerybusinessgrant@montgomeryohio.org or contact City Hall at 513-891-2424.

## HOPEWELL CEMETERY

On Saturday, April 17, the Cincinnati Chapter of the Sons of the American Revolution (CCSAR) held a grave marking ceremony at Hopewell Cemetery honoring the eight Revolutionary War soldiers laid to rest there.

CCSAR President Gregory Ballman served as emcee for the patriotic event. The gray skies and cool temperatures could not dampen the spirits of those in attendance to participate in and view the living history ceremony.

Mayor Chris Dobrozsi welcomed all in attendance and thanked the CCSAR, the American Legion Post 630, and all the other organizations represented there that day for their service to the memory of the patriots who served so long ago so we could live in this wonderful country. Hopewell Cemetery was founded in 1803, with the Pioneer Section established as a Montgomery Landmark in 1978. It is in the Pioneer Section, that patriots such as Cornelius Snyder, Jacob Roosa, and Nathaniel Terwilliger are laid to rest.

The Nolan Carson Color Guard, commanded by J. Bradley Jarard, performed a presentation of colors and provided the crowd with education regarding the significance of the uniforms, the rhythm of the drums, the marching of the soldiers, and the popular musket firing.

Michael Gunn, CCSAR Past President, read the dedication of the Marker. Bagpiper Gerry Fritsch performed an inspirational version of Amazing Grace.

Janet Gould, a descendent of Patriot Nathaniel Terwilliger, was in attendance to participate in the ceremony. Ms. Gould is a member of the Hopewell Chapter of the Daughters of the American Revolution (DAR).

The City of Montgomery would like to thank Mike Gunn, Greg Ballman, and all the members of the CCSAR for making this wonderful event possible.











## THE ROUNDABOUT IS NEARING COMPLETION. ARE YOU PREPARED?

As the roundabout construction nears completion, make sure you are prepared for the new traffic pattern.

When driving a roundabout:

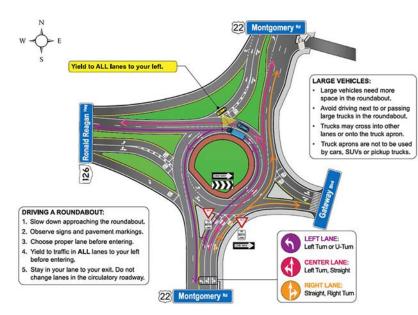
- 1. Slow down when approaching a roundabout.
- 2. Observe signs and pavement markings. You may notice a yellow, diamond-shaped sign with a circle of arrows indicating a roundabout ahead and the suggested speed.
- 3. Choose your lane before entering the roundabout based on the direction you would like to travel (just like a traditional signalized intersection).
- 4. Yield to traffic in ALL lanes to your left before entering.
- 5. Stay in your lane until your exit. Do not change lanes in the roundabout. Do not stop in the roundabout.

Here are a couple of other things to keep in mind when driving in a multi-lane roundabout.

- You want to be in the right lane to turn right or go straight.
- You want to be in the left lane if you're going to go straight, turn left, or do a U-turn.

It is important to remember large vehicles need more space in a roundabout. Avoid driving next to or passing large vehicles. Sometimes large trucks need both lanes to turn in the circle. They may even need to use the truck aprons to make a tight turn.

Roundabout construction is anticipated to be complete in August 2021.



## PLEASE BE CONSIDERATE WHEN MOWING NEAR THE STREET

When mowing your grass near the street, please be careful not to blow the cut clippings into the roadway. This causes a serious safety hazard for runners and bicyclists as the clippings can be very slippery. Furthermore, the clippings will eventually wash into the city's storm drain system, where it can cause backups and blockages. On top of these very good reasons not to deposit grass clippings in the street, it simply creates an unsightly condition in Montgomery's neighborhoods. So please be careful not to blow grass clippings into the roadway, and if you do happen to inadvertently get clippings in the street, please be courteous and clean them up.



## SOLICITORS...KNOW WHO'S KNOCKING

Who needs a permit to solicit door to door? The simple rule of thumb is this; If they are selling a product or service, they need a City of Montgomery Solicitor's Permit. If they are canvassing for a cause or seeking donations, they do not need a permit.

However, in all cases, the solicitor must;

- display a photo ID
- operate between 8:00 a.m. and 9:00 p.m.
- adhere to the current No Knock List and No Solicitor Signs
- if the solicitor is under 18, they must be accompanied by a parent, guardian, or supervising adult with a photo ID

"NO SOLICITORS" signs are available at the Montgomery Police Department.

Challenge all solicitors to show their permit at your door. If they cannot display a permit, politely decline their request and call the police.

Examples of commercial solicitors that DO need a permit:

- Girls Scouts selling or taking cookie orders
- Roofers or tree trimmers soliciting services
- Students "selling" items like coupon books



## SUPPORT LOCAL BUSINESSES AND ENJOY THE DORA

Now that the weather is getting warmer, it is a perfect time to get out and enjoy the Designated Outdoor Refreshment Area (DORA). This new initiative allows patrons 21+ to purchase alcoholic beverages in a designated cup from participating businesses and carry the beverages within a defined area in downtown Montgomery and at The Marketplace.

## What businesses are participating?

- Board and Brush, 7831 Cooper Road
- · Montgomery Inn, 9440 Montgomery Road
- Montgomery Public House, 7880 Remington Road
- The Corner Pub, 7833 Cooper Road
- The Belle and the Bear, 8512 Market Place Lane
- · Village Tavern, 9390 Montgomery Road

## What are the rules?

- DORA hours are Monday through Thursday 5:00 p.m. to 11:00 p.m., Friday from 5:00 p.m. to midnight, Saturday from noon to midnight, and Sunday from noon to 9:00 p.m.
- · A plastic, reusable, designated cup is to be used for alcoholic beverages within the DORA. DORA cups can be purchased at participating establishments for a nominal fee.



- · Participating DORA businesses will be identified by a DORA window cling.
- A map indicating the boundaries of the DORA is on the city's website.

Patronizing the DORA is a great way to support local businesses while enjoying a refreshing beverage in the warmer weather. Stay tuned for some fun events in the DORA this summer/fall! Additional information regarding the DORA can be found at www.montgomeryohio.org.







## DO YOU NEED A PLACE TO HOST YOUR EVENT?

The City of Montgomery has two indoor venues available year-round for rental that are perfect for your next party or event. Check out what we have to offer!

**Terwilliger Lodge**, located in Dulle Park, is recently renovated and can hold up to 120 guests. This lodge offers free wi-fi internet access, a new full catering-style kitchen with a commercial refrigerator and freezer, two ovens, a cooktop, and two microwaves. The main room is cozy with its gas-burning fireplace and large deck, and beautiful view of Dulle Park.

Looking for something smaller? **Swaim Lodge**, located in Swaim Park, is perfect for those casual events such as graduation and birthday parties or even a small business meeting. Swaim Lodge holds approximately 45 guests and also includes free wi-fi and a refrigerator, stove, and microwave.

Full details, including rental rates and availability, can be found on the City's website at https://www.montgomeryohio.org/shelter-and-lodge-reservations. Any additional questions, contact City Hall at 513-891-2424.







## THIS IS BROOD X'S BIG YEAR!

Every 17 years for six to eight weeks, starting in early May, large noisy "Brood X" Cicadas will dominate our outdoor space. This June will be the peak month for the invasion. You may find it difficult at times to carry on a conversation when congregating outside for a meal or a drink. However, it's not all bad - the life cycle of the Cicada brings some advantages to our gardens.

- Cicadas move up towards the surface of the ground at the nymph stage, loosening it and naturally aerating the top layer of the soil. This is good for plants growing in that soil.
- Once they emerge from the ground, Cicadas climb a nearby tree or any woody plant, where they shed their exoskeleton and fill their wings with fluid until their bodies harden. They then can buzz and fly around for the sole purpose of reproducing. When female Cicadas lay their eggs, they split open the weak ends of branches. These limbs dry out, turn brown, and are eventually blown off by the wind. This gives the tree a natural light pruning which stimulates thicker foliage growth.
- Cicadas are full of Nitrogen, an important fertilizer. When they die, their bodies return Nitrogen to the soil, which benefits our plants.

Cicadas are only here for a few months, but their benefits to plants will remain well after they are gone. Information from Chris McKeown, The Enquirer, In The Garden, Sunday April 11, 2021. Page 10 AA





## - WENEED VOLUNTEERS!

## SUMMER VOLUNTEER OPPORTUNITIES

Planning is now under way for the events below! Come join the fun as a volunteer. \*Events are subject to change based on covid restrictions.

## **Independence Day Festival**

When: Saturday, July 3 Location: Montgomery Park

What: Craft Table Volunteers Needed (perfect for students) Hand out a craft to a family, family goes to a table and completes the craft. Clear tables and disinfect tables if needed to prepare for the next family.

Time: 10:45 a.m. - 12:30 p.m.

(includes set up) 12:30 - 2:15 p.m. (includes clean up)

## **Bastille Day**

When: Saturday, July 17

**Location:** Downtown Montgomery What: Ticket Booth & Wine Booth

Age: Must be at least 19 years old

Various Times Available:

4:00 - 5:30 p.m. 5:30 - 7:30 p.m. 7:30 - 9:30 p.m. 9:30 - 11:00 p.m.



To sign up to volunteer for any of these projects, contact Shawn Cooper at scooper@montgomeryohio.org or 513-792-8301.

## 2ND QUARTER TAXES DUE

2nd quarter estimated Montgomery tax payments are due June 15th. Remember, payments for any tax liability in excess of \$200.00 must be paid quarterly.

New this year, quarterly payments may be made through E-file, available on the Tax Office page on our website at www.montgomeryohio.org. Payments can be made by credit card or by checking account. Click on the "I'm ready to file online!" link to create or log in to your existing account.

Questions regarding E-file or your estimated taxes? Contact the Tax Office staff at 513-792-8333, or tax@montgomeryohio.org.

## HATS OFF...

HATS OFF... to the myriad of volunteers that donned their gardening gloves, grabbed their trowels and joined in on the planting that took place for the City's annual Beautification Day in May. These volunteer gardeners planted the approximately 15,000 flowers that will grace City Hall, Montgomery Road and Pfeiffer, Pioneer and Dulle Parks with a wash of beautiful colors from now until fall's frosts.



Diversity & Inclusion Committee member Sasha Naiman, along with Ben Cecilio, Nikki Pudipeddi, and Eleanor Hein, Sycamore High School students, volunteer at this year's Beautification Day.



## SKIN CANCER PREVENTION - WHAT DOES THE SPF NUMBER MEAN?

The SPF number tells you how long the sun's UV radiation would take to redden your skin when using the product exactly as directed versus the amount of time without any sunscreen. So ideally, with SPF 30, it would take you 30 times longer to burn than if you weren't wearing sunscreen.

An SPF 30 allows about 3 percent of UVB rays to hit your skin. An SPF of 50 allows about 2 percent of those rays through. That may seem like a small difference until you realize that the SPF 30 allows 50 percent more UV radiation onto your skin.

Under ideal conditions (like in a laboratory), a sunscreen with higher SPF protection and broad-spectrum coverage offers more protection against sunburn, UVA damage, and DNA damage than comparable products with lower SPF values.

But, real life is not a lab. In real life, products with very high SPFs often create a false sense of security. People who use them tend to stay out in the sun much longer and may skip reapplying. They may think they don't need to seek shade, wear a hat or cover up with clothing, and end up getting a lot more UV damage, which, of course, defeats the purpose.

For people who have a history or high risk of skin cancer, genetic diseases such as albinism or xeroderma pigmentosum, or certain immune disorders, SPF 50 may not be enough. The same goes for certain scenarios, such as hiking or skiing at high altitudes or vacationing near the equator.

The Skin Cancer Foundation recommends a water-resistant, broad-spectrum sunscreen with an SPF of 30 or higher for any extended outdoor activity. Regardless of the SPF, though, it's important to apply one ounce (two tablespoons) 30 minutes before going outside and reapply it every two hours or immediately after swimming or sweating.

## **Beyond Sunscreen**

Sometimes when you ask a question, you realize it's the wrong question. Maybe the better question would be, "What is the best overall strategy to protect my skin?"

Here's the answer: It's important not to rely on high-SPF sunscreens alone. No single method of sun defense can protect you perfectly. Sunscreen is just one vital part of a strategy that should include seeking shade and covering up with clothing, including wide-brimmed hats and UV-blocking sunglasses.

Article provided by Steven Q. Wang, MD, - director of Dermatologic Surgery and Dermatology at Memorial Sloan Kettering Cancer Center in Basking Ridge, New Jersey.



## **MOVIE IN THE PARK** FRIDAY, June 11 AT DUSK **Montgomery Park**

Featuring "The Croods 2: A New Age" Rated PG Movie in the park is FREE Sponsored By: Century 21 Thacker & Associates



Registration is not required for this event.



## SUMMER CAMPS 2021

## Register Today!



## **TENNIS**

WELLER PARK

**AGES 5-15** 

JUNE 7, 9, 14, 16

## **BEGINNER** GOLF

SHARON WOODS **GOLF COURSE** 

AGES 7-17

**JUNE 8-11** 

## **LEGO** ROBOTICS

SWAIM LODGE

AGES 5-14

**JUNE 14-18** 

## **PICKLEBALL**

DULLE PARK

**AGES 5-10** 

**JUNE 14-17** 

## GAME DEVELOPMENT

SWAIM LODGE

AGES 10-14

JUNE 21-25

## INTERMEDIATE GOLF

**SHARON WOODS** 

AGES 7-17

**JUNE 22-25** 

## JR. NINJA WARRIOR

AGES 5-14

**JULY 6-9** 

For camp specific questions please contact Sarah Fink at

sfink@montgomeryohio.org or by calling 513-792-8317

## SOCCER

WELLER PARK

AGES 5-10

**JULY 6-9** 

## **LEGO** ROBOTICS

SWAIM LODGE

AGES 5-14

**JULY 12-16** 

## BASKETBALL

MONTGOMERY

**AGES 5-10** 

**JULY 19-22** 

## CREATIVE ARTS

SWAIM LODGE

AGES 6-12

**JULY 26-30** 

Please visit the Youth Summer Camps page at montgomeryohio.org for detailed information and registration for each summer camp.

If camp is full, please join the waitlist. Additional times may be added and camp capacity is subject to change.



## All American Independence Day!

## \* Blue Ash Montgomery Symphony Concert

Friday, July 2, 7:30 p.m. Montgomery Park



Frost Brown Todd, LLC



## Annual Traditional Parade

Saturday, July 3, 10 a.m.



## Festival

Saturday, July 3, 11 - 2 p.m. Montgomery Park





Kids on Bike Parade Unit Ages 5 & older July 3 9:45 a.m.

Bring your decorated bike! Meet at Montgomery Elementary Parents can walk, kids can ride in the parade! End at Montgomery Park. No registration required. Call 513-792-8317 for more information.



## **MOVIE IN THE PARK**

## FRIDAY, Aug. 6 AT DUSK **Montgomery Park**

Featuring "Raya and the Last Dragon" Rated PG Movie in the park is FREE Sponsored By: Legacy Builders Group



Registration is not required for this event.

## Montgomery needs a **2021 Top Dog!**



We are on a search for Montgomery's Top Dog!

The winner of this contest will be featured in our August Bulletin and other publicity as well as earn the coveted "Top Dog" title.

Freja, Top Dog 2020

Explain in 150 words or less why your dog should be the 2021 Top Dog! Written descriptions, photos, and contact information are accepted now through June 25 and can be sent by email to Julie Machon at jmachon@montgomeryohio.org or dropped off at City Hall.

## Montgomery **History Explorer**

Enjoy the Montgomery History Explorer program together as a family. This free program includes a workbook for ages 6 and up. The workbook provides participants with a variety of fun activities that will engage them in learning about local Montgomery Landmarks.

## Pick up a workbook at City Hall or download at montgomeryohio.org



Once completed, participants can turn in the workbook any time, Monday through Friday, from 8:00 a.m. to 4:30 p.m. at Montgomery City Hall, 10101 Montgomery Road.

A member of the City recreation team will review the workbook and follow up with the participant. Completed workbooks will be given back to the participant to keep along with a certificate and patch.

For more information on this free program, contact Sarah Fink, recreation specialist, at 513-792-8317.

The first 50 participants to complete the History Explorer workbook will also receive a free Landmark ornament.

Join us for a great night of fantastic food and music!



BASTILLE

DAY



Thank you event sponsors!

> **Century 21** Thacker & Associates

**Huff Realty** 

Twin Lakes Life Enriching **Communities** 

What's different in 2021?

\*The event starts at 4:00 p.m.

\*There is no kids area.

## On the North Stage



Sycamore Community Band



The Pandini Brothers



The Mistics

## On the South Stage



Ricky Nye



The Menus

Thank you stage sponsors:







## **FITNESS**

Experience updated group exercise equipment and classes. All equipment needed for classes is provided. Registration for 2021 - Session D of fitness classes is open. Please visit the fitness page at montgomeryohio.org for class descriptions, important information and registration.

Please contact Sarah Fink, recreation specialist, by emailing sfink@montgomeryohio.org or by calling 513-792-8317 with any questions you may have.

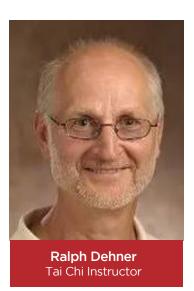
Fitness Class Schedule 2021 - Session D											
Day	Class Name	Dates of Session	Session Length	Time of Class	Res.	Non-Res.					
Mon.	Mixed Level Yoga	7/12 - 8/30	8 classes	9:30-10:30 a.m.	\$40	\$45					
Mon.	Chair Yoga	7/12 - 8/30	8 classes	11:00 a.m12:00 p.m.	\$40	\$45					
Tue.	Cardio Strength and Stretched *	7/13 - 8/31	8 classes	9:00-10:00 a.m.	\$40	\$45					
Tue.	Tai Chi	7/13 - 8/31	8 classes	10:20-11:20 a.m.	\$80	\$90					
Tue.	Pilates	7/13 - 8/31	8 classes	6:00-7:00 p.m.	\$40	\$45					
Wed.	Mixed Level Yoga	7/14 - 9/1	8 classes	9:30-10:30 a.m.	\$40	\$45					
Wed.	Beginner Level Yoga	7/14 - 9/1	8 classes	10:45-11:45 a.m.	\$40	\$45					
Thur.	Cardio Strength and Stretched *	7/15 - 9/2	8 classes	9:00-10:00 a.m.	\$40	\$45					
Thur.	Pilates	7/15 - 9/2	8 classes	6:00-7:00 p.m.	\$40	\$45					

<sup>\*</sup> Cardio Strength and Stretched (formerly known as 20/20/20)

The Recreation Annex building will be closed July 2-9, 2021 due to the holiday and summer camp.

## MEET TAI CHI INSTRUCTOR RALPH DEHNER

Ralph Dehner has been studying tai chi and other internal martial arts all his adult life, and teaching beginning in the 1990s. Ralph is an experienced teacher and trainer, balancing traditional tai chi curriculum with encouraging step-by-step instruction that builds confidence and success for students just beginning and those with many years of tai chi experience. He is also a certified occupational therapy practitioner and brings the healing benefits of tai chi and qi gong to medical and therapeutic settings, working with patients and training allied health professionals to use tai chi and qi gong as part of their practice. Ralph has been a Master Trainer for Dr. Paul Lam's internationally known Tai Chi for Health programs since 2005 and has trained many certified instructors in programs such as Tai Chi for Arthritis, Tai Chi for Diabetes, and Tai Chi for Rehabilitation. He teaches workshops on the therapeutic use of Tai Chi throughout the United States. Ralph has also studied qi gong with Master Wang Jiwu and received a lineage to teach Crane Flying Qi Gong in 1997. He has taught qi gong in medical and wellness centers across greater Cincinnati and Northern Kentucky. As a passionate promoter of tai chi and qi gong, Ralph has been a keynote speaker and a frequent presenter at state and regional conferences including the International Tai Chi for Health Conference in Seoul, South Korea. In addition to tai chi and qi gong, Ralph is a Reiki Master Teacher. Experience the benefits of Tai Chi! Join Ralph and register for your tai chi class today!





10101 Montgomery Road Montgomery, Ohio 45242

Mayor Chris Dobrozsi

Vice Mayor Craig Margolis

**Council Members** Lee Ann Bissmeyer Mike Cappel Ron Messer Lynda Roesch Ken Suer

**Clerk of Council** Connie Gaylor

City Manager Brian Riblet



**Emergency** 911

Non-Emergency Police Dept. 513-985-1600

• Fire Dept. 513-985-1633 **Public Works** 513-792-8355

City Hall

Planning/Zoning/ Building 513-792-8309

PAID PERMIT #2417 CINCINNATI, OH 513-891-2424

PRESORTED

STANDARD

U.S. POSTAGE

## JUNE 2021 EVENTS

All event dates are subject to change or cancellation. Check the website and social media for the most up-to-date information.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
			Council Business Session, City Hall, 7:00 p.m.			Montgomery Kiwanis Fishing Contest, Todd Pond, Swaim Park, 9:00 - 11:00 a.m.
6	7	8	9	10	11	12
	Beautification & Tree Commission, TBD 9:00 a.m. Planning Commission, City Hall, 7:30 p.m.	Environmental Advisory Commission, City Hall 5:00 p.m.	Landmarks Commission, City Hall 7:00 p.m.	Parks and Recreation Commission Montgomery Park, 6:30 p.m.	Movie in The Park, at Dusk, Montgomery Park — Replacing Dive-In Movie at the pool	
13	14	15	16	17	18	19
		2nd Quarter 2021 City Taxes Due Sister Cities Commission, City Hall 6:00 p.m.				Cardboard Recycling, 7315 Cornell Road 10:00 a.m 1:00 p.m.
20	21	22	23	24	25	26
Father's Day	Planning Commission City Hall 7:30 p.m.	Board of Zoning Appeals, City Hall, 7:00 p.m.	Council Work Session, City Hall 7:00 p.m.			
27	28	29	30			
Garden Tour 2:00 - 5:00 p.m. CANCELED	Arts Commission, City Hall 5:00 p.m.					







