



CITY OF
MONTGOMERY
A CHARMING PAST. A GLOWING FUTURE.



BULLETIN

OFFICIAL PUBLICATION OF THE CITY OF MONTGOMERY • NOVEMBER 2021



PHOTO CREDIT:
LISA MEILI
MONTGOMERY RESIDENT

Council Member Lynda
Roesch Retires

4

Unlimited Yard Waste
Pickup Returns

8

Family Painting Event

13



BREAKFAST

with

SANTA

**SAVE
THE
DATE**

SATURDAY 11
DECEMBER

Registration and Event Details Coming Soon.

Terwilliger Lodge in Dulle Park

10530 Deerfield Road, Montgomery, Ohio 45242



WELCOME TO THE CITY!

Montgomery welcomes a new business to the City. HydroThrive Wellness Bar celebrated its grand opening in October. The full-service boutique bar is located at 9600 Montgomery Road Unit E. The business offers a variety of services from Clinical to Massage Therapy. HydroThrive also offers esthetic services such as Cryoskin, IV Nutrition Therapy, Botox, and Dermal fillers. All services are monitored by a Board-Certified Nurse Practitioner. For more information, visit hydrothrivewellnessbar.com or call 513-745-0623.

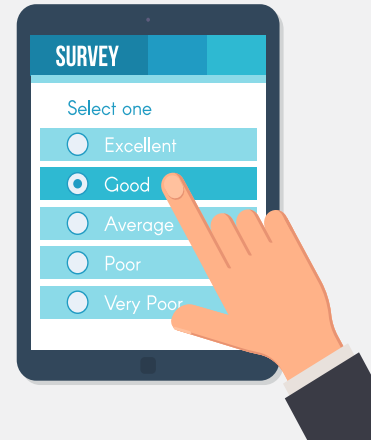
WE WANT TO KNOW WHAT YOU THINK!

Take the Tax Office Resident Survey

The Tax Office has extended the Resident Survey through November. In 2020 the Tax Office upgraded to Authority Tax, implemented a secure email portal for secure communications, and rolled out Tax Connect, an online E-filing system. Before E-File, there was no means to process your return electronically or make tax payments online.

The survey is on the City's Website: <https://www.montgomeryohio.gov/2021-tax-form-survey/>

It will take a minute to complete. Your responses are anonymous, and the information collected will help us continue to improve our customer service.



ONE-STOP-DROP: THANKS TO THE COMMUNITY!

The City of Montgomery and Environmental Advisory Commission thanks the community for their continued efforts in supporting recycling efforts. The One-Stop-Drop for Responsible Recycling and Document Destruction Day was held on Saturday, September 18. While it was a lighter event than in past years, we celebrate every time we divert items from going to the landfill!

By the numbers:

- 165 Vehicles (2020 was 317, 2019 was 184, 2018 was 125)
- Goodwill filled 1/2 of a truck.
- Collected approximately 100 gallons of paint for Matthew 25 Ministries
- Habitat for Humanity Restore filled 1/2 of a truck.
- Document Destruction shredded 4000 lbs of paper
- Collected and filled a 6-yd dumpster with cardboard
- Collected 221 pounds of alkaline batteries for recycling at Batteries Plus.
- Collected approximately 100 planter pots
- School supplies and gently used coats and mittens were also donated to Operation Give Back.



We thank our participating partners: Goodwill, Habitat for Humanity Restore, Matthew 25 Ministries, and Operation Give Back for their help and charitable efforts.

Thank you for participating! And special thanks to the following Environmental Advisory Commission members Council Member Mike Cappel and volunteers!

Mark Laskovics

Donna Schwartz

Alice Aguilar

Elaine Cohen

Greg Brodrick

Zeeshan Pasha

Steve Uckotter

Doug Lehrer

Susan Lehrer

Nathan Lehrer

David Schrank

Tracy Weeks

Teja Bollimunta

Carol Suer

COUNCIL MESSAGE

REFLECTIONS BY LYNDA ROESCH

November is election month, and this is the first municipal election in over 20 years that I am not running. For more than 21 years, I have had the incredible privilege to serve the Montgomery community as a council member.

During that time, much has changed in the City. The most visible changes are at the Gateways on both ends of Montgomery Road. The Montgomery Quarter and the Roundabout both changed the southern entrance for the better. The Vintage Club on the north end of Montgomery has also created a beautiful mixed-use area that is still growing.

The Bethesda North campus and the Twin Lakes campus have added buildings that are top-notch facilities. Having a top-rated hospital so near is a great benefit to residents and businesses. The additional living space at Twin Lakes offers options to those who are aging.

Over the years, Council has faced a number of challenges, including zoning issues, stormwater issues, and traffic issues, among others. While the resolution of these issues does not make everyone happy all the time, by and large, the issues were addressed fairly.

I am compelled to comment on the quality of staff and the workplace culture in the City. The community should know that it has an incredible collection of individuals working to make and keep the City a great place. I am constantly impressed by the quality of the individual

employees and their dedication and integrity. There is a reason why Montgomery has been voted a Top Workplace 3 years in a row and why the employees are willing and able to put in 110% to serve the residents, businesses, and visitors. From personal observation, I can tell you that these people enjoy their jobs and enjoy working together as a team. This starts at the top and goes through the entire organization. The police and fire departments deserve a special shout-out for what they do every day, including putting their lives on the line for us every time they go to work. It is not an overstatement to suggest that the front line of the war on terror is fought by our first responders.

During my tenure on Council, an entire generation has been born, raised, become eligible to vote, and drink alcohol. We have survived the 9/11 attacks, several financial bubble crises, and a pandemic. Through it all, the City has more than survived. Indeed, it has flourished, and I am grateful for the small part I played on the team. I have learned much about municipal issues over the past several decades from City staff. I have learned much from the past City council members, including Laith Alfaqih, Gary Blomberg, Ann Combs, Mark Combs, Don Cornett, Ed Daniel, Gerri Harbison, Mike Hawkins, Vicki Hirsch, Barry Joffe, Bill Niehaus, George Rehfeldt, Todd Steinbrink, and the current Council--Chris Dobrozsi, Craig Margolis, Ken Suer, Mike Cappel, Lee Ann Bissmeyer, and Ron Messer. Thanks to all for an incredible journey.



City Council will host an **Open House** reception in honor of retiring Council Member **Lynda Roesch** on **November 17** beginning at 6:15 p.m. in the Montgomery City Hall Council Chambers.

Mark your calendars to attend this farewell reception and wish Council Member Roesch a Happy Retirement.

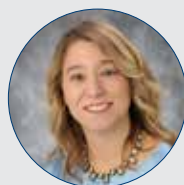
COUNCIL MEMBERS



Mayor
Chris Dobrozsi



Vice Mayor
Craig Margolis



Member
Lee Ann Bissmeyer



Member
Mike Cappel



Member
Ron Messer



Member
Lynda Roesch



Member
Ken Suer



COUNCIL CORNER

OCTOBER 20, 2021 WORK SESSION

Montgomery City Council met in its regular monthly Work Session on Wednesday, October 20, 2021, at City Hall. Meetings begin at 7:00 p.m., with public comment welcomed on each item before City Council.

Pending Legislation

An **Ordinance** to Make Appropriations for Current Expenses and Other Expenditures of the City of Montgomery, State of Ohio During the Fiscal Year Ending December 31, 2022 **(2nd Reading)**

An **Ordinance** Approving A Planned Development Overlay For Property Owned By Twin Lakes Located On Montgomery Road At Schoolhouse Lane **(2nd Reading)**

New Legislation

No New Legislation

RECENT COUNCIL ACTION

Approved Legislation

October 6, 2021

RESOLUTION 32, 2021

A **Resolution** Accepting the Amounts and Rates as Determined by The Budget Commission and Authorizing the Necessary Tax Levies and Certifying Them to The County Auditor **(passed 7-0)**

RESOLUTION 33, 2021

A **Resolution** Authorizing A Debt Collection Agreement With The Ohio Attorney General **(passed 7-0)**

RESOLUTION 34, 2021

A **Resolution** Authorizing An Intergovernmental Agreement Between The City And The Hamilton County Transportation Improvement District **(Passed 6-yea, 1-abstain)**

RESOLUTION 35, 2021

A **Resolution** Delegating Authority To Make Declarations Of Official Intent And Allocations With Respect To Reimbursements Of Temporary Advances During Fiscal Years 2021 And 2022 Made For Capital Improvements To Be Made From Subsequent Borrowings For The Montgomery Quarter Redevelopment Project **(Formerly Known As The Gateway Redevelopment Project) (Passed 5-yea, 2-abstain)**

These pieces of approved legislation can be reviewed on the City's website at www.montgomeryohio.gov.

ADMINISTRATION



City Manager
Brian Riblet



**Assistant City Manager/
Acting Community
Development Director**
Tracy Henao



Clerk of Council
Connie Gaylor

Emergency

911

Non-Emergency

• Police Dept.
513-985-1600

• Fire Dept.
513-985-1633

Public Works

513-792-8355

Planning/Zoning/ Building

513-792-8309

City Hall

513-891-2424

SAVE THE DATE - VIRTUAL SAVE THE FOOD WEBINAR, DECEMBER 16

Nearly 40% of all food produced in The U.S. is wasted. This is a massive problem, but it has simple solutions.

Join us for an interactive presentation that is intended to teach the prevention of food waste. Discussion will center on cultural shifts, misconceptions around food labeling, the impact of food waste, and how to save food from the landfill.

You won't want to miss the upcoming Webinar hosted by the City of Montgomery's Environmental Advisory Commission (EAC) and conducted by Elise Erhart, Outreach Specialist for Hamilton County R3Source.

Scheduled for Thursday, December 16, at 6:30 p.m. this webinar will provide valuable information on how to prevent food waste in your home!

To register for this program, follow this link:

https://us02web.zoom.us/webinar/register/WN_bliTxEkpQYm4Uhb209RSvA

After registering, you will receive a confirmation email containing information about joining the webinar.



VOLUNTEERS TO HONOR VETERANS AT HOPEWELL CEMETERY NOVEMBER 6

In honor of Veterans Day on November 11, American Legion Post 630 has once again graciously offered to lead the effort to mark all veterans' graves at Hopewell Cemetery. There are approximately 400 veterans buried at Hopewell, some dating back as far as the Revolutionary War.

On Saturday, November 6, beginning at 10:00 a.m., volunteers are welcome to participate in the placement of flags. Registration is not required. Post 630 consists of residents from Montgomery and surrounding communities.

EAC COLLECTS STRANDED HOLIDAY LIGHTS AND EXTENSION CORDS

The City of Montgomery Environmental Advisory Commission will be accepting holiday decoration lights (stranded) and extension cords at its monthly cardboard recycling event starting in November and running through January. This Recycling Event occurs on the Third Saturday of each month at the Public Works facility, 7315 Cornell Road, from 10:00 a.m. to 1:00 p.m. The addition of these items further supports the City's recycling efforts to reduce the amount of trash going into landfills.

- **November 20th**
- **December 18th**
- **January 15th**



CITY SEEKS DONATION OF OFFICIAL HOLIDAY TREE

The City of Montgomery is looking for a potential holiday tree to be in the downtown heritage district for the upcoming holiday season. If you think you might have the perfect tree, which has outgrown its location on your property, consider donating it to the City for the annual holiday celebration. Contact Terry Willenbrink at 513-792-8320 or twillenbrink@montgomeryohio.gov to donate.



HELP MAKE MONTGOMERY BEAUTIFUL FOR THE HOLIDAYS

Help decorate downtown Montgomery for all to enjoy this coming holiday season. Delight in knowing that you played a role in the holiday decorations that grace downtown Montgomery at the Tree Lighting and that magical time when it snows.

The City of Montgomery, in conjunction with the Montgomery Woman's Club, the Beautification and Tree Commission, and the Public Works Department will start the holiday decorating of the downtown project in November.

- **Phase 1 - Greenery and bows "fluffing" workshop** on Saturday, Nov. 6, at 9:30 am, at the City Annex Building, 10115 Montgomery Road.
- **Phase 2 - Downtown Decorating** on Tuesday, Nov. 9, (rain date is Wednesday, Nov. 10), 9:30 a.m. to about noon.

Come and devote your time to one of the City's landmark projects. Any amount of time at either or both phases of the project would be greatly appreciated.

HOLIDAY IN THE VILLAGE (Adults/teens/families)

VOLUNTEERS NEEDED

Saturday, December 4, 5:00 - 7:30 pm

Universal Church at the corner of Montgomery/Remington Roads.

Assist with Mrs. Claus Crafts and possibly refreshments

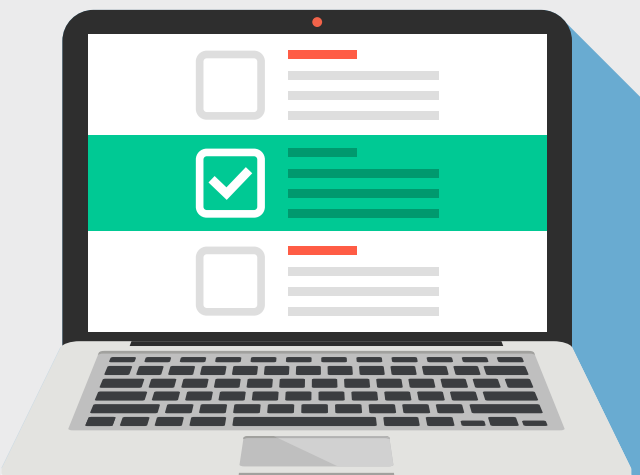
For more specific information about any of these short-term projects or to sign up, visit our website montgomeryohio.gov/volunteer or contact Shawn Cooper at 513-891-2424 or scooper@montgomeryohio.gov.



MENTAL HEALTH AWARENESS INITIATIVE

Mental Health and Wellness is a growing concern in our families, community, and nation. The 2020 pandemic only exacerbated these concerns. Montgomery City Council and staff are committed to being change agents in de-stigmatizing mental illness and increasing awareness, advocacy, and education of mental health and well-being. The City is working on creating programming, content, and outreach efforts to support this initiative.

To do this effectively, we want to hear from you. Please visit montgomeryohio.gov/mental-health and take a quick survey to help us in this effort. The survey closes on November 30.



Survey Link: montgomeryohio.gov/mental-health

UNLIMITED YARD WASTE COLLECTION

Unlimited Yard Waste Collection will begin on **Monday, Nov. 1**, and end on **Dec. 24, 2021**.

Also, the City will provide collections during the following Saturdays in January to coincide with the Christmas tree and greenery collection. Please remember to remove all tinsel, ornaments, or decorations from all greenery.

Jan. 8 • Jan. 15 • Jan. 22

Guidelines:

- Place leaves in regular 30-gallon trash cans, paper leaf bags, or yard waste totes (available through Rumpke).
- 30-gallon yard waste cans/totes have a 75 lb weight limit. Once temperatures fall below freezing, all waste must go into bags as the moisture causes the cans/totes to freeze.
- Loosely place yard waste in trash cans or paper yard waste bags. Label yard waste totes as yard waste. Yard waste placed in unmarked totes will NOT be picked up.
- Place yard waste on the opposite side of the driveway from your trash and leave the lids off the cans. No plastic bags will be picked up.
- Bundle brush in 4-foot by 2-foot bundles fastened with cotton twine. The weight limit is 50 lb.
- Cut limbs into 4-foot lengths and no larger than 6 inches in diameter.
- Place all limbs in a can or a bundle. Limbs should not reach more than 1 foot above the height of the can.

If there is a schedule change, a CodeRed telephone message may be delivered.

During unlimited collection, yard waste stickers are not required.

If you have questions, please refer to the City's website, montgomeryohio.gov, or call 513-891-2424.



MONTGOMERY POLICE DEPARTMENT OFFERS "SAFE ZONE" FOR ONLINE PURCHASES

The Montgomery Police Department offers a safety zone where online buyers and sellers can carry out their transactions. There are several nationally published reports of Craigslist, local marketplace selling sites, and other social media-initiated solicitation transactions that have gone tragically wrong; safety and security have become an issue for all involved.

Often the most significant dilemma for online buyers and sellers is where to meet and personal safety. The Montgomery Police Department, in its parking lot at 10150 Montgomery Rd., has a safety zone for buyers and sellers to meet and carry out their transactions safely. The police officers are not involved in facilitating the transactions, but the Department offers a safe zone where users have the peace of mind that officers are not far away if needed. The key benefit of this project is that an ill-intended buyer or seller is less likely to victimize someone at a police department.

Additionally, we recommend that before setting up the transaction, you do the following:

- Clarify all transaction details and get a description of who will be at the transaction and what type of vehicle they will be in.
- The "buddy system" is always a good idea. Bring a friend or family member to the transaction.
- Conduct the transaction during daylight hours.
- If they hesitate to meet at a police department, that is a hint to end the deal.
- Unless absolutely necessary, do not reveal your home address.
- Keep a safe distance from the other person and never get in their vehicle.
- Visualize an escape route in the event you need to get out of a bad situation.
- If you feel uncomfortable about any aspect of the transaction, trust your instincts, and move on.

This community service should afford Montgomery residents some extra confidence that their transactions can be carried out in a safe environment. If you have any questions regarding this program, please contact the Montgomery Police Department at 513-985-1600.



SMOKE ALARMS SAVE LIVES

Smoke alarms that are properly installed and maintained play a vital role in reducing fire deaths and injuries. If there is a fire in your home, smoke spreads fast, and you need smoke alarms to give you time to get out.

Here's what you need to know!

- A closed-door may slow the spread of smoke, heat, and fire. Install smoke alarms in every sleeping room and outside each separate sleeping area. Install alarms on every level of the home.
- Smoke alarms should be interconnected. When one sounds, they all sound.
- Large homes may need extra smoke alarms.
- Test your smoke alarms at least once a month. Press the test button to be sure the alarm is working.
- Today's smoke alarms will be more technologically advanced to respond to many fire conditions yet mitigate false alarms.
- When a smoke alarm sounds, get outside and stay outside.
- Replace all smoke alarms in your home every ten years.
- No smoke alarms were present in two out of every five (40%) home fire deaths.
- In fires in which the smoke alarms were present but did not operate, more than two of every five (43%) of the smoke alarms had missing or disconnected batteries.
- Dead batteries caused one-quarter (25%) of the smoke alarm failures.

Testing smoke alarms

- Test smoke alarms at least once a month using the test button.
- Make sure everyone in the home understands the sound of the smoke alarm and knows how to respond.
- Follow manufacturer's instructions for cleaning to keep smoke alarms working well.
- Smoke alarms with non-replaceable 10-year batteries are designed to remain effective for up to 10 years. If the alarm chirps, warning that the battery is low, replace the entire smoke alarm right away.
- Smoke alarms with any other type of battery need a new battery at least once a year. If that alarm chirps, warning the battery is low, replace the battery right away.

DID YOU KNOW?

Parrott's General Store

Parrott's General Store used to stand on the southwest corner of Montgomery and Cooper Roads. It was one of two general stores that served Montgomery during the late 1800's into the turn of the century. Parrott's General Store was owned and operated by Richard Parrott, who lived next door with his wife and eight children. Parrott Alley, which connects the public parking lot on Shelly Lane to Montgomery Road, is named after the family. The store was also the site of Montgomery's first telephone in 1897.

Today, the site is the location of Neuilly Plaisance Plaza and Montgomery Commons, which includes numerous businesses, the Corner Pub, Board and Brush, Z Place, The Parlor Hair Salon, Your World Consignment Boutique, to name a few.



Live at the Uni **Sycamore High**

1st Monday of the month. 7:00 p.m.

SPONSORED BY



For distancing reasons, *Live at the Uni concert series* takes place *inside Sycamore High School Theater (7400 Cornell Road)*

FREE Admission

Suggested donations: \$5/adult

Reservations are required. Please register online montgomeryohio.gov.

Post-concert receptions will not take place in 2021



November 1
Tom Steele & Toast

November 1: Tom Steele

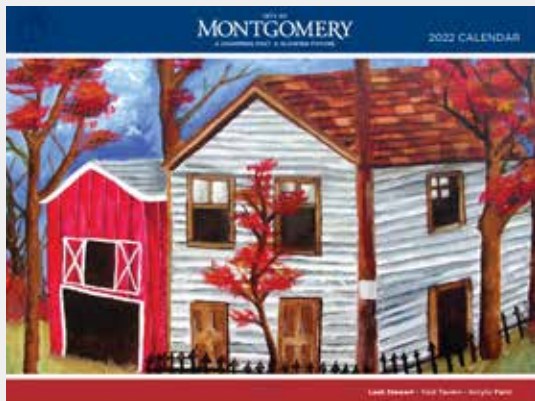
Tom Steele, current member of the world renowned classic rock band 'TOAST!', jazz quartet 'SLICE' and acoustic group Three Bald Guys'. Two-time Emmy winner (*regional*) for composing/arranging original music.



December 6

with Mandy Gaines (by popular demand) bringing exhilarating jazz vocals to spread holiday cheer. Gaines has been recently inducted into the Cincinnati Jazz Hall of Fame.

December 6
Mandy Gaines



2022 MONTGOMERY CALENDAR COMING SOON!

City staff members are currently wrapping up the finishing touches on the 2022 Montgomery Calendar. The theme for 2022 is "Life in Montgomery." Historic photos are reimaged as artwork to demonstrate what life was like in Montgomery at some historical time in the City's past.

Look for an envelope in the mail from the City of Montgomery during the last week of November. The envelope will contain the 2022 Calendar and the December Montgomery Bulletin.

Thank you to the Sycamore Community Schools for their partnership in creating the calendar.

Winter Coloring CONTEST

The Winter Coloring Contest returns on **November 1** and will run through **November 19.**

Coloring sheets are available online at montgomeryohio.gov or at Montgomery City Hall.

- Grand prize winner will light the tree at Holiday in the Village!



SINGLE-USE ALKALINE BATTERIES - TRASH OR RECYCLE?

by Greg Brodrick - EAC member



Every year in the United States, millions of single-use and rechargeable batteries are bought, used, recycled, or disposed of in the trash.

First and foremost: do not place batteries in your recycling bin or cart. Batteries cannot be recycled locally in this way.

In most communities, including Hamilton County, single-use alkaline batteries are not recognized as a health or environmental risk during everyday use or disposal and can be put in the trash. Alkaline batteries are identified with the word “alkaline” on their label.

The US EPA does recommend sending used alkaline batteries to battery recyclers (<https://www.epa.gov/recycle/used-household-batteries>) whenever possible.

Montgomery encourages recycling in general and has recently collected alkaline-only batteries at the last two “One Stop Drop” events. Once collected, they are taken to a recycling location where the City incurs the cost of recycling them. This keeps them out of our landfills and allows the reuse of their raw materials.

How do alkaline batteries get recycled?

- Alkaline batteries are composed primarily of common metals (steel, zinc, and manganese).
- Alkaline batteries are shredded to separate the paper, plastics, and metal from the black mass core. The chemicals and metals inside alkaline batteries are then processed and recovered, and used in numerous products, including plastics and ceramics. The steel casings are recycled as well.

For more details on Battery Recycling, go to Montgomery’s website “Recycling Details” (<https://www.montgomeryohio.gov/recycling-details>). You will be directed to a Hamilton County resource <https://www.hcdoes.org/265/Batteries> for more information on all types of battery recycling and locations that will take used batteries.

HATS OFF...

... to our recent event volunteers.

In September, Sidney Barger volunteered at the Annual Car Show selling food whose proceeds go toward the Christmas Family Fund, which benefits the Mid-Western Children’s Home.

This year’s Harvest Moon Fall Festival went off without a hitch, thanks in part to over 35 volunteers. Adults, teens, and even youth spent an evening at Swaim Park helping with the old-fashioned games, pony ride tickets, and assisting with crafts. This was a busy bunch of volunteers, ensuring the festival attendees had a great evening at the Harvest Moon Family Festival.





THE HISTORIC LANDMARK ORNAMENT PROGRAM RETURNS

The historic landmark ornament program has returned, featuring the Sage Tavern for 2021. Built initially as the Montgomery Hotel around 1818, it was later known as the Sage Tavern. The building, located at 9412 Montgomery Road, was constructed of posts and beams, and at one time, it was almost three times the present length. Teamsters, driving their wagons between Columbus and Cincinnati, slept on the floor for 10 cents a night. The building was restored by Ireland May, Ltd. in 1999.

Ornaments are available for purchase at Montgomery City Hall, 10101 Montgomery Road. One ornament is \$8.00 or two for \$15.00. For more information about the Landmark Ornaments, including a list of featured historic buildings, please visit montgomeryohio.gov.



LET'S LIGHT UP MONTGOMERY!

Let's make the holiday season even more festive by Lighting Up Montgomery! Add some festive lights to your house or property to help light up the community. Take a picture and share your display with lightupmontgomery@montgomeryohio.org. We will share your photo on the City's Facebook and Instagram pages!



No-Screens Saturday!

Saturday November 13, 2:30 pm

Join US for a fun afternoon with Jacqué Rohner from ICI Studio as she guides us through creating a 16x20 painting on canvas
\$15/person • Age 8+ welcome

Turn off your phones/devices
& come paint with us!

Event will be at the Montgomery Annex
Please register online: montgomeryohio.gov
to reserve your spot!



KINDEL MEMORIAL HOLIDAY CONCERT

Sunday, December 5, 7:00 p.m., Montgomery Assembly of God, 7950 Pfeiffer Road in Montgomery.

This year's theme will be "Ringing in the Holidays." This concert has become the traditional beginning of the holiday season for Blue Ash and Montgomery residents. All BAMSOC concerts are free to the public!

HAVE A SAFE THANKSGIVING REMEMBER ~TURKEY~



T	U	R	K	E	Y
<p>Thaw turkey at a safe temperature -40F or below</p>	<p>Use extra caution when frying a turkey and oil-free fryers if possible</p>	<p>Remember to clean all cooking surfaces regularly</p>	<p>Keept children away from hot foods, surfaces, and kitchen utensils</p>	<p>Ensure turkey is cooked and reaches a minimum temp of 165F</p>	<p>Your smoke detector should be tested prior to cooking</p>

Montgomery History Explorer

Enjoy the Montgomery History Explorer program together as a family. This free program includes a workbook for ages 6 and up. The workbook provides participants with a variety of fun activities that will engage them in learning about local Montgomery Landmarks.

Once completed, participants can turn in the workbook any time, Monday through Friday, from 8:00 a.m. to 4:30 p.m. at Montgomery City Hall, 10101 Montgomery Road.



A member of the City recreation team will review the workbook and follow up with the participant. Completed workbooks will be given back to the participant to keep along with a certificate and patch.

For more information on this free program, contact Sarah Fink, recreation specialist, at 513-792-8317.

Pick up a workbook at City Hall or download at montgomeryohio.gov



The first 50 participants to complete the History Explorer workbook will also receive a free Landmark ornament.



FITNESS

Experience updated group exercise equipment and classes. All equipment needed for classes is provided. Registration for **2021 - Session F** of fitness classes is open. Please visit the fitness page at montgomeryohio.gov for class descriptions, important information and registration.

Please contact Sarah Fink, recreation specialist, by emailing sfink@montgomeryohio.gov or by calling 513-792-8317 with any questions you may have.

Fitness Class Schedule 2021 - Session F							
Day	Class Name	Dates of Session	No Class	Session Length	Time of Class	Res.	Non-Res.
Mon.	Mixed Level Yoga	11/1 - 12/13	11/8	6 classes	9:30-10:30 a.m.	\$30	\$35
Mon.	Chair Yoga	11/1 - 12/13	11/8	6 classes	11:00 a.m.-12:00 p.m.	\$30	\$35
Tue.	Cardio Strength and Stretched *	11/2 - 12/14	11/9	6 classes	9:00-10:00 a.m.	\$30	\$35
Tue.	Tai Chi	11/2 - 12/14	11/9	6 classes	10:20-11:20 a.m.	\$60	\$70
Tue.	Pilates	11/2 - 12/14	11/9	6 classes	6:00-7:00 p.m.	\$30	\$35
Wed.	Mixed Level Yoga	11/3 - 12/15	11/10	6 classes	9:30-10:30 a.m.	\$30	\$35
Wed.	Beginner Level Yoga	11/3 - 12/15	11/10	6 classes	10:45-11:45 a.m.	\$30	\$35
Thur.	Cardio Strength and Stretched *	11/4 - 12/16	11/11, 11/25	5 classes	9:00-10:00 a.m.	\$25	\$30
Thur.	Pilates	11/4 - 12/16	11/11, 11/25	5 classes	6:00-7:00 p.m.	\$25	\$30

* Cardio Strength and Stretched (formerly known as 20/20/20)

TIPS TO SAFELY EXERCISE AT NIGHT

For those who like to run, bike, or walk outdoors, it's essential to take extra safety precautions at this time of year. With daylight savings time, the sun goes down earlier and earlier. Sunset is now just after 7:00 p.m. Darkness increases the likelihood of an accident or injury while working out. One is less visible to others, and vision is restricted.

Here are three tips to help maximize your safety and minimize your risk of injury while exercising in the dark.

- 1. Move in the Right Direction:** Bike with traffic and run against traffic. This rule of thumb applies to all times of the day. Running against traffic flow allows people to watch everything coming their way - cars, buses, bikes, etc. Runners with their back to an oncoming swerving vehicle will not have a chance to react. Use a sidewalk for running or walking, stay out of the street and out of the way of traffic. Unlike running, bike speeds of 10 mph and faster create a dangerously short reaction time for drivers headed in the opposite direction. So, riding with the flow of traffic is the safest bet.
- 2. Be Reflective:** Reflective clothing and gear help cyclists, runners, and walkers stand out.
- 3. Brighten the Day:** Keep clothing bright and in contrast to the surrounding environment to ensure high visibility.





LIVE AT THE UNI
NOVEMBER 1, 7:00 P.M.



Emergency
911
Non-Emergency
• **Police Dept.**
513-985-1600
• **Fire Dept.**
513-985-1633

Public Works
513-792-8355
**Planning/Zoning/
Building**
513-792-8309
City Hall
513-891-2424

PRESORTED
STANDARD
U.S. POSTAGE
PAID
PERMIT #2417
CINCINNATI, OH

NOVEMBER 2021 EVENTS

All event dates are subject to change or cancellation. Check the website and social media for the most up-to-date information.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>1</p> <p>Live at the Uni, Sycamore High School 7:00 p.m. Beautification and Tree Commission, Public Works, 9:00 a.m. Planning Commission, City Hall, 7:30 p.m. Unlimited yard waste collection begins</p>	<p>2</p> <p>Election Day</p>	<p>3</p> <p>Council Business Session, City Hall, 7:00 p.m.</p>	<p>4</p>	<p>5</p>	<p>6</p> <p>Holiday Decorating Fluffing Day, Recreation Annex, 9:30 a.m.</p>
<p>7</p> <p>Daylight saving time ends - Fall back one hour Change smoke alarm batteries</p>	<p>8</p>	<p>9</p> <p>Holiday Decorating Day, Universalist Church, 9:30 a.m. Environmental Advisory Commission, City Hall, 5:00 p.m.</p>	<p>10</p> <p>Holiday Decorating Day, Universalist Church, 9:30 a.m. (rain date) Landmarks Commission, City Hall, 7:00 p.m.</p>	<p>11</p> <p>Veterans Day Parks & Recreation Commission, City Hall, 6:30 p.m.</p>	<p>12</p>	<p>13</p> <p>No Screens Saturday Recreation Annex, 2:30 p.m. CPR/First Aid Certification Class, Montgomery Safety Center, 10:00 a.m. - 2:00 p.m.</p>
<p>14</p>	<p>15</p> <p>Planning Commission City Hall, 7:30 p.m.</p>	<p>16</p> <p>Sister Cities Commission, City Hall, 6:30 p.m.</p>	<p>17</p> <p>Council Work Session, City Hall, 7:00 p.m.</p>	<p>18</p>	<p>19</p> <p>Kid's Winter Coloring Contest Ends</p>	<p>20</p> <p>Cardboard Recycling, 7315 Cornell Road, 10:00 a.m. - 1:00 p.m.</p>
<p>21</p>	<p>22</p> <p>Arts Commission, City Hall, 5:00 p.m.</p>	<p>23</p> <p>Board of Zoning Appeals, City Hall, 7:00 p.m.</p>	<p>24</p>	<p>25</p> <p>Thanksgiving Day City Offices closed, trash pick-up as usual</p>	<p>26</p> <p>City Offices closed, trash pick-up as usual</p>	<p>27</p>
<p>28</p>	<p>29</p>	<p>30</p>				