



OFFICIAL PUBLICATION OF THE CITY OF MONTGOMERY • JANUARY 2023

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COUNCIL MESSAGE

A UNITED MONTGOMERY CONTINUED BY CHRIS DOBROZSI

Happy New Year to all. I hope that everyone had a wonderful holiday season and was able to relax and enjoy time with family, friends, and neighbors during the most magical time of the year. My family and I certainly made the most of our time as we enjoyed the numerous family and friend gatherings and community-building events, including Holiday in the Village and the Holiday Live at the Uni. These are events where we all come together to share what we have in common - a love for this City and a desire to gather and celebrate family and friends.

The magic of the great community we call Montgomery, "a community where people care about one another and feel they belong together," does not happen by accident and requires all stakeholders to remain steadfast in their commitments:

- A commitment by residents to engage in the community and the conviction to celebrate what we all have in common to remain united and not to focus on the differences that will divide us.
- A commitment by City Council to remain united, belief in the importance of citizen engagement and be diligent in making every decision based upon "What is best for Montgomery" and not under the filter of personal/political beliefs.
- A commitment by City Staff to look at their respective duties as more than a job - but as an integral piece of the Montgomery community DNA's structure that must continue to be improved.

I want to thank our residents, my fellow City Council members, and the incredible City Staff for your individual belief in these commitments and for doing what is best for this great community.

I want to also thank all the former stakeholders, including long-time Montgomery residents, previous City Council members, and former city staff, for their tireless efforts to live by these commitments and to endure the headwinds that were overcome to ensure Montgomery would continue to be the community of choice beyond each of their respective tenures. You are to be commended for a job well done.

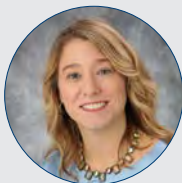
My belief is that we are all born with the responsibility to use our God-given talent to leave this world better than we found it - as we spend our lifetimes preparing to turn it over to the next generation. Our former stakeholders delivered on this responsibility, and I believe that our current stakeholders are doing the same. But we cannot rest on our laurels.

As we enter 2023 with our nation's political divide focused on our individual differences, I ask each of you to ask yourself, "**What do I want Montgomery to Become?**" The inclusive community that attracted each of you to move/work here, or a community focused on our political differences? The answer is clear to me - we must celebrate what we have in common to establish a personal connection - that leads us to care for one another - to ensure we stay united. That is what makes Montgomery special.

COUNCIL MEMBERS



Mayor
Craig Margolis



Vice Mayor
Lee Ann Bissmeyer



Member
Mike Cappel



Member
Chris Dobrozsi



Member
Ron Messer



Member
Sasha Naiman



Member
Ken Suer



COUNCIL CORNER

DECEMBER 21, 2022 WORK SESSION

Montgomery City Council met in its regular monthly Work Session on Wednesday, December 21, 2022, at City Hall. Meetings begin at 6:00 p.m., with public comment welcomed on each item before City Council.

Pending Legislation

No Pending Legislation

New Legislation

A Resolution Authorizing the City Manager to Enter into a Contract with CT Associates, Inc.

An Ordinance To Modify Appropriations for Current Expenses and Other Expenditures of the City of Montgomery, State of Ohio, During the Fiscal Year Ending December 31, 2022

A Resolution Authorizing the City Manager to Contract With National Inspection Corporation For Professional Services To Serve As Building Official And To Provide Plan Review And Field Inspection Authority And Services For The City's Building Department For The Calendar Year 2023

A Resolution Authorizing the City Manager to Enter into a Contract with Johnson's Emergency Vehicle Solutions for a Spartan LT 110' NXT Quint Aerial Truck

An Ordinance Confirming Methods for Publication of Legislative Action

RECENT COUNCIL ACTION

Approved Legislation

December 7, 2022

ORDINANCE 10 2022

An Ordinance To Make Appropriations for Current Expenses and Other Expenditures of the City of Montgomery, State of Ohio During the Fiscal Year Ending December 31, 2023

ORDINANCE 11 2022

An Ordinance For The Allocation of Earnings Tax Revenues and Amending Section 44.14 of The Montgomery Code of Ordinances

RESOLUTION 36 2022

A Resolution Adopting a Five-Year Capital Improvement Program for The City of Montgomery

RESOLUTION 37 2022

A Resolution Authorizing the City Manager to Enter into A Contract with Humana Health Plan of Ohio to Provide Medical and Dental Coverage for Full-Time Employees

RESOLUTION 38 2022

A Resolution Establishing City Contributions for Health Care Benefits

RESOLUTION 39 2022

A Resolution Ratifying A Pool Management And Maintenance Agreement With Swimsafe Pool Management, Inc. And Approving An Amendment To Such Agreement For The 2023 Season

RESOLUTION 40 2022

A Resolution A Resolution Authorizing The City Manager To Extend The Contract With Rumpke Of Ohio, Inc. For Waste Collection Services For The Year 2023

These pieces of approved legislation can be reviewed on the City's website at www.montgomeryohio.gov. or in the Safety Center vestibule at 10150 Montgomery Road, Montgomery Ohio 45242.

CITY SEEKS APPLICANTS FOR SERVICE AND ENGAGEMENT GRANT

The City of Montgomery is seeking applications for the Service and Engagement Grant. This grant is open to all not-for-profit and local service organizations with innovative ideas and the skills necessary to execute creative community projects benefiting or engaging the citizens of Montgomery.

Applications that provide a beneficial service, project, or event that engages or improves Montgomery residents' quality of life will be considered. Special consideration will be given to applications that promote community wellness, such as mental health, healthy eating, and healthy living.

A maximum of \$2,500 may be awarded to any one applicant. Past grant recipients include the Montgomery Farmers' Market, Operation Give Back, Honor Flight Tri-State, and Sycamore Junior High.

To review the grant application, visit montgomeryohio.gov, and search "Service and Engagement Grant." **Applications are due by 4:00 p.m. on Wednesday, February 1, 2023.**

Please contact Matthew Vanderhorst, community and information services director, at 513-792-8323 or mvanderhorst@montgomeryohio.gov with any questions.

REMINDER! SANDWICH BOARD SIGNS IN THE HERITAGE DISTRICT

If your business is located within the Heritage District, please remember to submit your sandwich board (a-frame) sign permit for 2023.

Sandwich board signs are intended to attract pedestrian traffic for businesses within the District. Sandwich board signs are permitted for businesses within the Heritage District year-round with an approved permit. The permit form and an illustration of the proposed sign are required. Signs cannot exceed 24 inches in width and 36 inches in height and must be made of natural materials (plastic signs are prohibited).

The permit form can be obtained at City Hall or on the city's website montgomeryohio.gov. The annual fee for the permit is \$32.50.

For questions, please contact Melissa Hays, City Planner, at mhays@montgomeryohio.gov or call 513-792-8347.



TAX REMINDERS

4th quarter Montgomery estimated tax payments are due January 16th. 90% of your estimated tax liability must be remitted in order to avoid possible penalties. If you have questions regarding your recent statement, contact the Tax Office staff at 513-792-8333.

Tax forms will be arriving in the mail later this month. Forms can also be found on our website at www.montgomeryohio.gov. The 2023 filing deadline is Tuesday, April 18.

Remember, we offer a safe and secure way to send information and documents to the Tax Office through the Secure Email portal on our website. The link can be found on the Home page, as well as the Tax Office page.



2022 WINTER COLORING CONTEST WINNERS ANNOUNCED



Samanvitha Vikram
Grand Prize Winner,
Overall Skill

178 wildly creative and artistic entries were received in the City's annual winter coloring contest and were displayed at Universalist Church at the Holiday in the Village event. Some of the entries were adorned with glitter and cotton. Thank you to all who entered the contest. Mayor Craig Margolis and Santa awarded the prizes to all the winners at the tree-lighting ceremony during the Holiday in the Village event. Samanvitha Vikram was selected as the grand prize winner. She flipped the switch to light the Christmas tree. It was a great night to share the spirit of the holiday season together in Montgomery. The coloring contest was generously sponsored by Bethesda North Hospital.



Please visit montgomeryohio.gov to view all the winning artwork from this year's Winter Coloring Contest.

	Most Creative	Best Use of Color	Overall Skill
Pre-School	Millie Degenhardt	Reyansh Monga	Claire Mikolajewski
Kindergarten	Alex Brasse	Kayal Prabhakaran	Mia Calo
1st and 2nd Grade	Arianna Garcia Saha	Colin Kasper	Ella Meier
3rd and 4th Grade	Anvita Sahn	Owen Meier	Jude Massalkni
5th and 6th Grade	Annika Saha	Elise Duffey	Samanvitha Vikram



EAC CONCLUDES THE COLLECTION OF STRANDED HOLIDAY LIGHTS & EXTENSION CORDS JAN. 14

The City of Montgomery Environmental Advisory Commission continues its recycling collection for January to include the collection of holiday decoration lights (stranded) and extension cords. **Bring these items on Jan. 14 to the Public Works facility, 7315 Cornell Road, from 10:00 a.m. to 1:00 p.m. for recycling.**

Support the City's recycling efforts to reduce the amount of trash going into landfills. Please do not forget to bring cardboard for recycling as well.



2022 FALL SEASONS OF BEAUTY AWARD WINNER

The City of Montgomery Beautification and Tree Commission has awarded the 2022 *Fall Seasons of Beauty* award to Chris and Mary Canarie.

The Canarie home is a prominent feature in the Reserve of Montgomery, with the front yard and side beds glowing with fall colors. Clusters of mums were bursting in yellow, rust, and two shades of purple with colorful, seasonal cabbages spread throughout as accents. Wonderful and whimsical pieces of yard art, gourdes, and pumpkins were carefully placed throughout the beds and entranceway, highlighting the colorful plantings. The front yard, porch, beds, and maturing red maple trees that flanked the home's sides were a true beauty this fall season. Design and planting were created by Dudley Thiel and Justin Goldwire of Goldwire's Gardens.

The *Seasons of Beauty* award recognizes homes and businesses in Montgomery with remarkable front yards, window boxes, and planters that peak during certain seasons, as well as those homes and businesses with decorative features that celebrate the "season" or holiday.

Nominate your home or neighbor's home by emailing a photo and short description to aaronkellenberger@gmail.com. The winter award winner will be selected in January and announced in the Montgomery Bulletin in March.



THE MONTGOMERY ARTS COMMISSION
PRESENTS

Live at the Uni
**Improv
Show**

FEATURING:
SYCAMORE HIGH SCHOOL IMPROV GROUP

THURSDAY, FEB 16 AT 7PM

HISTORIC UNIVERSALIST CHURCH, 9471 MONTGOMERY RD.
NO ENTRY FEE, DONATIONS ACCEPTED

RESERVE YOUR SEAT AT: WWW.MONTGOMERYOHIO.GOV

EXPOSURE:

MONTGOMERY

35th annual
Photography Competition



2023 Judges
Michael Sanders
University of Cincinnati
Emily Bauman
Cincinnati Art Museum

**ACCEPTING ENTRIES
MARCH 1 - 22**

MENTAL HEALTH CRISIS FROM A POLICE PERSPECTIVE

While 2022 may be in the rearview mirror, the mental health crisis across the community, tristate area, and nation is still at the forefront. The City of Montgomery is eager to continue our mental health presentations in 2023.

Montgomery Police will lead the first Mental Health Presentation.

Tuesday, January 24, at Terwilliger Lodge, at 7:00 p.m.

Learn how our officers are trained to deal with people experiencing a mental health crisis. This presentation also includes how the law enforcement perspective has changed to be more effective for individuals and their families. Please visit the City's website to register for this event at www.montgomeryohio.gov. It's free!



K9 Ricky's Coloring Contest!



**Coloring sheets available
at City Hall or
montgomeryohio.gov
Contest ends Jan. 31**



AGES 12 & UNDER

**Winners receive a police prize pack
and a tour of the Safety Center**



PREPARE FOR POWER OUTAGES

Tips to Remember

- Keep freezers and refrigerators closed.
- Use a generator, but only outdoors and away from windows.
- Do not use a gas stove or oven to heat your home.
- Disconnect appliances and electronics to avoid damage from electrical surges.
- Have alternate plans for refrigerating medicines or using power-dependent medical devices.

Preparing for a Power Outage

Take an inventory of the items you need that rely on electricity. Plan for batteries and other alternative power sources to meet your needs such as a portable charger. Have flashlights for every household member.

Using Appliances During Power Outages

Install carbon monoxide detectors with battery backup on every level of your home. Generators, camp stoves or charcoal grills should always be used outdoors and at least 20 feet away from windows. Never use a gas stovetop or oven to heat your home. Turn off or disconnect appliances, equipment, or electronics. Power may return with momentary surges or spikes that can cause damage.

Know Your Medical Needs

Talk to your medical provider about a power outage plan for medical devices powered by electricity and refrigerated medicines. Find out how long medication can be stored and get specific guidance for any medications that are critical for life.

Food Storage

Have enough nonperishable food and water. Keep freezers and refrigerators closed. The refrigerator will keep food cold for about four hours. A full freezer will keep the temperature for about 48 hours. Monitor temperatures with a thermometer. Throw out food if the temperature is 40° or higher.

Generator Safety

- Know how to use generators safely to prevent carbon monoxide (CO) poisoning and other hazards.
- Generators and fuel should always be used outdoors and at least 20 feet away from windows, doors and attached garages.
- Keep the generator dry and protected from rain. Touching a wet generator or devices connected to one can cause electrical shock.
- Always connect the generator to appliances with heavy-duty extension cords.
- Let the generator cool before refueling. Fuel spilled on hot engine parts can ignite.

Information provided by the U.S. Department of Homeland Security

SAVE A LIFE, LEARN FIRST AID/CPR

The Montgomery Fire Department offers quarterly American Heart Association HeartSaver First Aid/CPR certification classes.

The next class is scheduled for February 11 from 8:00 a.m. – 2:00 p.m.

Basic Life Support 8:00 – 10:00 a.m.

HeartSaver CPR and AED 10:00 a.m. – 12:00 p.m.

HeartSaver First Aid 12:00 – 2:00 p.m.

There is a nominal fee to cover the cost of materials.

For more information or to sign up, please call 513-985-1633.



12 WAYS TO SAVE MONEY BY GOING GREEN

As temperatures drop and prices rise, here are 13 ways to save money this winter — and help the environment at the same time.

HEATING

Nearly half of your home's energy use in winter goes toward heating. Making your home more energy efficient will save money and reduce its impact on the climate.

- Set your thermostat to 68° during the day and 65° at night and when you're away.
- Change the filter on your heating system every three months and keep curtains, furniture, and rugs away from air vents.
- Add caulk or weather stripping around doors and windows to reduce drafts and heat loss. Wrap pipes and ductwork with insulation. Fixing air leaks could save you 10–20% on your energy bill.

WATER

Water use impacts your water bill and your energy bill, accounting for about 18% of your home's utility costs.

- Take shorter showers. The average 8-minute shower consumes up to 20 gallons of water.
- Install a low-flow showerhead that uses 2 gallons or less per minute. Over a year, this could save enough water to run 88 loads of laundry. Speaking of laundry, wash full loads. Use cold or warm water for most wash cycles, and cold for all rinses.
- Turn your water heater to "vacation" mode when you leave town.

FOOD

American households throw out 32% of food purchased each year, wasting money, energy, water, and landfill space.

- Eat less meat. It's expensive, and from farm to fork, producing a pound of beef requires nearly 2,000 gallons of water.
- Plan your meals. Making a list keeps you focused on buying only what you need and using what you have.
- Save and eat leftovers. Throw extra veggies or chicken into salads, stir-fry, pasta, and soup.

EVERYDAY ITEMS

Stop throwing away money on things you use once, like paper towels, disinfecting wipes, and plastic sandwich bags. You'll save cash and help conserve water, trees, and petroleum.

- Replace paper towels and disinfecting wipes with sponges, dish rags, and microfiber cloths.
- Use cloth napkins in different colors for each family member and wash when soiled.
- Pack lunches in reusable containers, snack pouches, and sandwich wraps.

Small actions can have a big impact on your budget and the environment. Now is a great time to start forming new habits that will help both.

Article contributed by EAC Commission Member Ellen Hall



Sources:

Environmental Protection Agency: Showerhead and Save Water and Energy by Showering Better (accessed November 2022): [epa.gov](https://www.epa.gov).
 GRACE Communications Foundation: Water Footprint Calculator (accessed November 2022): [watercalculator.org](https://www.watercalculator.org).
 U.S. Department of Agriculture: Food Waste FAQs (accessed November 2022): [usda.gov](https://www.usda.gov).
 U.S. Department of Energy: LED Lighting and Reduce Hot Water Use for Energy Savings (accessed November 2022): [energy.gov](https://www.energy.gov).
 U.S. Energy Information Administration: Use of Energy Explained (accessed November 2022): [eia.gov](https://www.eia.gov).

WINTER DRIVING TIPS

Snow, sleet, ice, and below-freezing temperatures all effect driving conditions. Safety depends on driver performance in winter hazards, good vehicle maintenance, and common sense. These tips will help you and your car weather the winter.

Cold Weather Driving Tips

- Keep a bundle of cold-weather gear in your car, such as extra food and water, warm clothing, a flashlight, a glass scraper, blankets, medications, and more.
- Make sure your tires are properly inflated and have plenty of tread.
- Always keep at least half a tank of fuel in your vehicle.
- Never warm up a vehicle in an enclosed area, such as a garage.
- Do not use cruise control when driving on slippery surfaces like ice and snow.

Tips for Driving in the Snow

- **Stay home.** Only go out if necessary. Even if you can drive well in bad weather, avoiding unnecessary risks by venturing out is better.
- **Drive slowly.** Always adjust your speed down to account for lower traction when driving on snow or ice.
- **Accelerate and decelerate slowly.** Apply the gas slowly to regain traction and avoid skids. Don't try to get moving in a hurry; take time to slow down for a stoplight. Remember: It takes longer to slow down on icy roads.
- **Increase your following distance to five to six seconds.** This increased margin of safety will provide the longer space needed if you must stop.

- **Know your brakes.** Whether you have antilock brakes or not, keep the heel of your foot on the floor and use the ball of your foot to apply firm, steady pressure on the brake pedal.

- **Don't stop if you can avoid it.**

There's a big difference in the amount of inertia it takes to start moving from a complete stop versus how much it takes to get moving while still rolling. If you can slow down enough to keep rolling until a traffic light changes, do it.

- **Don't power up hills.** Applying extra gas on snow-covered roads will just make your wheels spin. Try to get a little inertia going before you reach the hill and let that inertia carry you to the top. As you reach the crest of the hill, reduce your speed and proceed downhill slowly.

- **Don't stop going up a hill.**

There's nothing worse than trying to get moving up a hill on an icy road. Get some inertia going on a flat roadway before you take on the hill.



THE MONTGOMERY FAMILY VOLUNTEER CHALLENGE

Spreading good cheer isn't just for the holidays! Reinforce the gift of helping others well into the new year. The City of Montgomery is excited to introduce the Montgomery Family Volunteer Challenge. Complete the challenges as a family, and you could win a Montgomery Community Pool Pass!

Here's how it works, starting February 1, we will have 12 challenges at montgomeryohio.gov. Complete six challenges as a family, and you get one entry to our pool pass raffle. Complete nine challenges with your family, and we'll give you two entries.

Starting February 1, download a challenge card from montgomeryohio.gov or pick one up at City Hall. Then get to work and take a picture of your family completing each challenge. Submit completed challenge cards and pictures to Wendy Grethel at wgrethel@montgomeryohio.gov or drop them off at City Hall. The challenge ends Friday, March 31, at 4:30 p.m. Good luck!



SNOW AND ICE REMOVAL, HOW YOU CAN HELP OUR TEAM

When winter weather strikes, the City of Montgomery's Public Works team is ready. While each winter storm is unique, Montgomery's snow removal efforts are based on a road prioritization system.

Main roads are the first to be treated. Examples of main roads include Montgomery, Cooper, Pfeiffer, E. Kemper, Cornell, Weil, Main, and Hopewell Roads.

Collector roads, which connect between subdivisions and the main roads, are next. Examples of collector roads include Deerfield, Trailwind, Tanangerwoods, Weller, and Zig Zag Roads.

After these higher traffic volume roads are treated, snow operations then focus on subdivisions, with attention given first to through streets, examples include Village Green, Fourwinds, Radabaugh, Storybook, and Grandstone. Operations then can move to cul-de-sacs and other non-through roadways. Examples include Cooperwood, Knollwind, Woodfern, Ivygate, and Cedarview.

Plowing roads is a difficult job. Crews can work more effectively if they do not have to maneuver around parked cars. **Please help our team by removing trash cans and vehicles parked on the street during snow events.**



UNLIMITED YARD WASTE CONTINUES, AND HOLIDAY GREENERY PICK UP BEGINS

The weekly unlimited yard waste pick-up will resume once again on January 7 when it will be collected along with holiday greenery. Christmas trees, wreaths and swags can be placed at the curb along with yard waste. Residents will **not** be required to have a yard waste sticker attached to them. Please place all waste at the curb on Friday evening prior to the Saturday pick-up.

Rumpke will collect all greenery and any remaining yard waste on one of the following three Saturday dates:

Saturday, January 7

Saturday, January 14

Saturday, January 21

Each item must be completely free of all plastic, flocking, tinsel and decorations. All yard waste must be placed in bags in the event of snow, due to freezing.

As a reminder, regular yard waste collection will resume the first week in March.

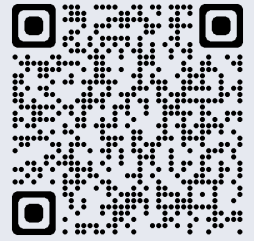




INTRODUCING THE MONTGOMERY INSIDER

The City of Montgomery has a new podcast called the Montgomery Insider. A new episode comes out once a month and gives listeners an inside look at information and upcoming events in the City.

Scan the QR code and listen right on your phone. Or wherever you get your podcasts.

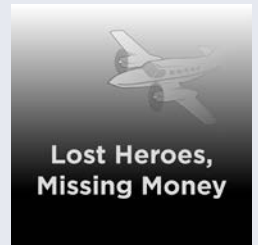


Episode 1: Lanterns & Landmarks

Episode 2: Holiday in the Village & Breakfast with Santa

Episode 3: City Calendar Artwork with Elise Williams

Check out our other City produced podcasts: **Lost Heroes, Missing Money** and **Weathering the Storm.**



YOUNG ARTIST CONCERTO COMPETITION CONCERT

On Sunday, March 5, 2023 at 7:00 p.m., the Blue Ash/Montgomery Symphony Orchestra will present "From the Top XI", featuring winners of the Jack and Lucille Wonnell Memorial Young Artist Concerto Competition, with Suzanne Bona, heard on WGUC. The Orchestra will also play additional works. The concert will take place at St. Barnabas Episcopal Church, 10345 Montgomery Road in Montgomery.



THANK YOU VOLUNTEERS!

Holiday in the Village was a huge success! Thank you to all our volunteers who helped make this such a fun and festive occasion!

Our next volunteer opportunity:

Decoration Take Down

Help us pack up our holiday decorations for storage!

Thursday, January 5 at 10:00 a.m.
Recreation Annex, 10115 Montgomery Rd.

Sign up at montgomeryohio.gov/volunteer or call Wendy Grethel at 513-891-2424.



AMERICAN LEGION POST 630 HONORS VETERANS

American Legion Post 630, along with a host of volunteers, honored the graves of approximately 388 veterans by placing flags at their graves in time for Veterans Day. Hopewell Cemetery has veteran gravesites dating as far back as the Revolutionary War time.

Post 630 consists of residents from Montgomery, Blue Ash, Madeira, Sycamore Township, Deer Park, Loveland, West Chester, and other local areas.

The City wishes to thank all the volunteers who came out to honor past veterans and continue their patriotic service in our community. The City also thanks all current veterans for their dedication and service.



DID YOU KNOW?

Did you know that the home of Paul Diekmeyer Jewellery, 9426 Shelly Lane, used to sit on the northwest corner of the intersection of Montgomery and Cooper Roads?

The Pure Oil Gas Station was built in 1931 and is a cottage style design. In 1958, Marion (Shelly) Kjellenberg, publisher of the local newspaper, bought the station and had it moved to this location, saving it from demolition. Only a handful of these stations remain nationwide. The building represents both a vanishing architectural style and a way of life.





SPONSORSHIP OPPORTUNITIES



Businesses interested in 2023 sponsorship opportunities may contact Julie Machon at 513-792-8316 or at jmachon@montgomeryohio.gov

Hometown Americana community events help make Montgomery truly unique.

Many sponsorship opportunities are available to organizations of any size.



GROUP FITNESS

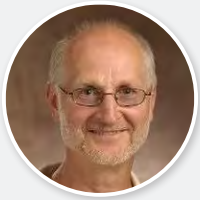
Registration for **2023 - Session A** of fitness classes is open. Please visit the fitness page at montgomeryohio.gov for class descriptions, important information and registration.

Please contact City Hall by calling 513-891-2424 with any questions you may have.

Group Fitness Class Schedule 2023 - Session A

Day	Class Name	Dates of Session	Session Length	Time of Class	Res.	Non-Res.
Mon.	Mixed Level Yoga	1/16 - 3/6	8 classes	9:30-10:30 a.m.	\$40	\$45
Mon.	Chair Yoga	1/16 - 3/6	8 classes	11:00 a.m.-12:00 p.m.	\$40	\$45
Tue.	Cardio Strength and Stretched	1/17 - 3/7	8 classes	9:00-10:00 a.m.	\$40	\$45
Tue.	Tai Chi	1/17 - 3/7	8 classes	10:20-11:20 a.m.	\$80	\$90
Tue.	Pilates	1/17 - 3/7	8 classes	6:00-7:00 p.m.	\$40	\$45
Wed.	Mixed Level Yoga	1/18 - 3/8	8 classes	9:30-10:30 a.m.	\$40	\$45
Wed.	Beginner Level Yoga	1/18 - 3/8	8 classes	11:00-12:00 a.m.	\$40	\$45
Wed.	Bootcamp	1/18 - 3/8	8 classes	6:00-7:00 p.m.	\$40	\$45
Thur.	Cardio Strength and Stretched	1/19 - 3/9	8 classes	9:00-10:00 a.m.	\$40	\$45
Thur.	Pilates	1/19 - 3/9	8 classes	6:00-7:00 p.m.	\$40	\$45

Get fit, stay fit in the New Year!



MEET TAI CHI INSTRUCTOR RALPH DEHNER

Ralph Dehner has been studying tai chi and other internal martial arts all his life, with serious practice and teaching beginning in the 1990s. He is also a certified occupational therapy practitioner. Ralph brings the healing benefits of tai chi and qi gong to medical and therapeutic settings, working with patients and training allied health professionals to use tai chi and qi gong as part of their practice.

Ralph is an experienced teacher and trainer, balancing traditional tai chi curriculum with encouraging step-by-step instruction that builds confidence and success for students just beginning and those with many years of tai chi experience.

Ralph has been a student of Professor Wang I'chih since 2000 and is currently his senior student. He has been a Master Trainer for Dr. Paul Lam's internationally known Tai Chi for Health programs since 2005. He has trained many certified instructors in programs such as Tai Chi for Arthritis, Tai Chi for Diabetes, and Tai Chi for Rehabilitation. In this role, he teaches workshops on the therapeutic use of tai chi throughout the United States.

Join Ralph on Tuesday mornings at 10:20 a.m. at the Recreation Annex. The next session begins on January 17. Register online at www.montgomeryohio.gov or stop by City Hall.





10101 Montgomery Road
Montgomery, Ohio 45242

Emergency
911
Non-Emergency
• **Police Dept.**
513-985-1600
• **Fire Dept.**
513-985-1633

Public Works
513-792-8355
**Planning/Zoning/
Building**
513-792-8309
City Hall
513-891-2424

PRESORTED
STANDARD
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CINCINNATI, OH



JANUARY 2023 EVENTS

All event dates are subject to change or cancellation. Check the website and social media for the most up-to-date information.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 New Year's Day	2 City offices closed	3 K9 Ricky's Coloring Contest Begins	4 Council Business Session, City Hall, 7:00 p.m.	5 Holiday Decorating Takedown, Annex Building, 10:00 a.m.	6 Holiday Decorating Takedown, Annex Building 10:00 a.m. (rain date)	7 Christmas Tree/Wreath pick up, Unlimited yard waste pick up, No stickers required, remove all tinsel and other decorations
8	9 Beautification and Tree Commission, Public Works, 9:00 a.m. Planning Commission, City Hall, 7:30 p.m.	10 Environmental Advisory Commission, City Hall, 5:00 p.m.	11 Landmarks Commission, City Hall, 7:00 p.m.	12 Parks and Recreation Commission, City Hall, 6:30 p.m.	13	14 Christmas Tree/Wreath pick up, Unlimited yard waste pick up, No stickers required, remove all tinsel and other decorations
15	16 Martin Luther King Jr. Day, City offices closed, trash pickup as usual 4th Qtr. City Taxes Due	17 Sister Cities Commission, City Hall, 6:30 p.m.	18 Council Work Session, City Hall, 7:00 p.m.	19	20	21 Cardboard Recycling, 7315 Cornell Road, 10:00 a.m. – 1:00 p.m. Christmas Tree/Wreath pick up, Unlimited yard waste pick up, No stickers required, remove all tinsel and other decorations
22	23 Arts Commission, City Hall, 5:00 p.m. Planning Commission, City Hall, 7:30 p.m.	24 Diversity and Inclusion Commission, City Hall, 4:00 p.m. Board of Zoning Appeals, City Hall, 7:00 p.m.	25	26	27	28
29	30	31 K9 Ricky's Coloring Contest Ends				