



OFFICIAL PUBLICATION OF THE CITY OF MONTGOMERY • MAY 2023

Celebrate Montgomery Quarter
The Party is May 19
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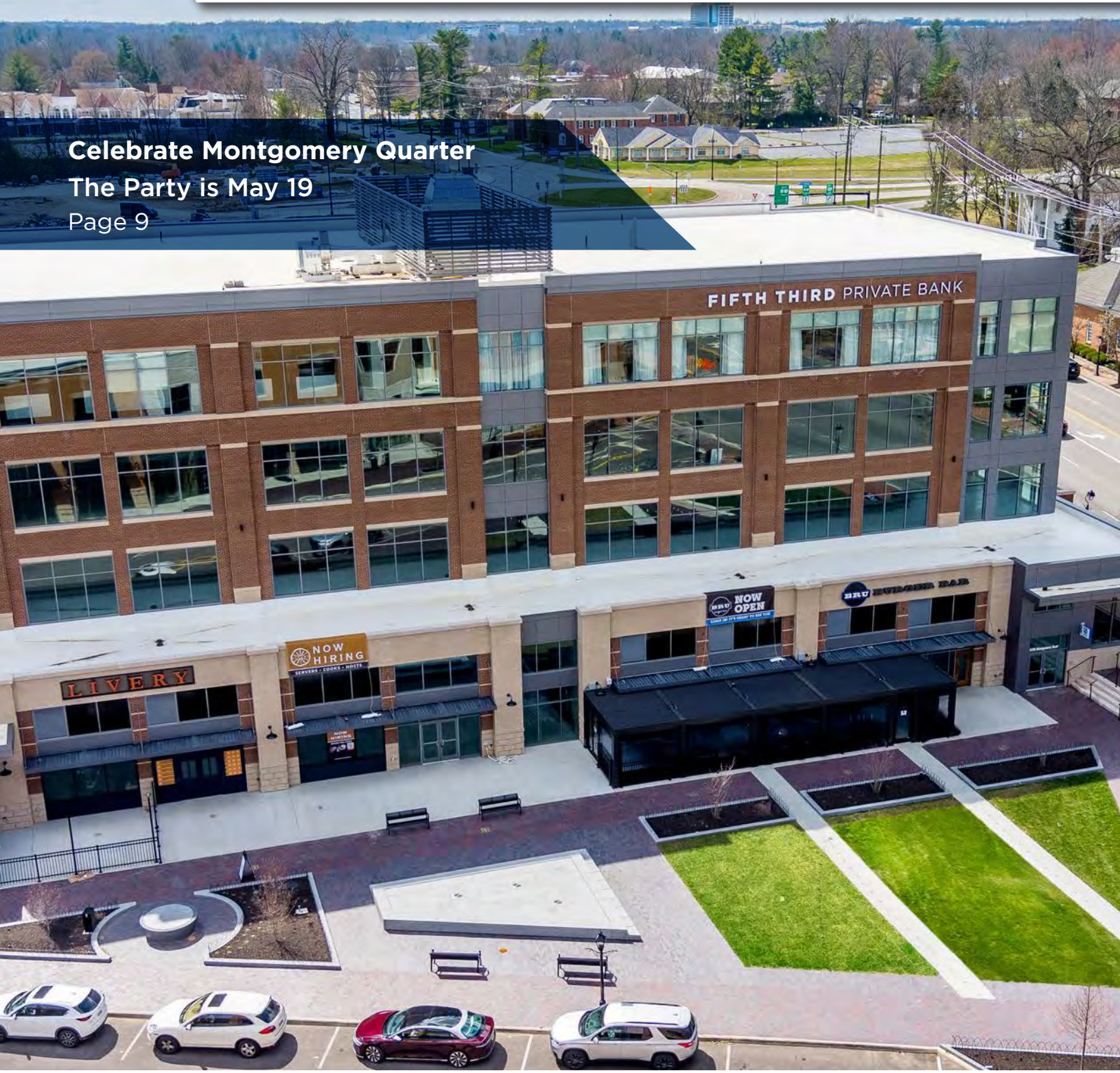


Photo Contest
Winners

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Montgomery Family Volunteer
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COUNCIL MESSAGE

HI NEIGHBOR BY MAYOR CRAIG MARGOLIS

Are you a good neighbor? Do you think the art of being neighborly is lost? What does being a good neighbor in twenty-first century America actually mean?

Montgomery prides itself on being a city of residents and neighbors. Where most of our land mass is single-family homes, your chances of living next to a neighbor are close to one hundred percent.

A good neighbor is friendly and approachable, willing to engage with neighbors in a positive way. A good neighbor is considerate of others' needs and privacy such as being mindful of noise levels and parking so as not to prevent the use of roadways. A good neighbor respects common spaces and leaves parks and sidewalks in better condition than when they arrived. A good neighbor is responsible and aware of how their actions impact others, including keeping their property well-maintained, picking up after pets, and being mindful of their impact on the local environment.

A good neighbor communicates with others. They can have a non-judgmental conversation about neighborly concerns that may arise. They are open to conversational feedback from others and are willing to make their points of view known to their elected officials and City staff, even from a good perspective.

A good neighbor is willing to assist neighbors in need. A neighbor may have a simple emergency, such as a fallen tree or branches, as we saw several years ago. It can also include a simple wellness check of a single neighbor who might not always have access to a nearby relative. A good neighbor respects other cultures, beliefs, and lifestyles and is open to learning about and accepting others.

Fitting into a small community can take some effort, but it is not easy for some. Yet it is possible with the right approach. Here are some considerations.

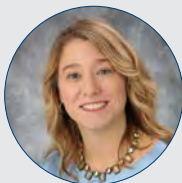
1. Get involved. Join a local club, organization, or volunteer group, or establish a neighborhood organization.
2. Attend community events. Take part in festivals, community meetings, and parades.
3. Be friendly, smile, and say hello to your neighbors.
4. Offer help. If you see a neighbor struggling with a task, offer to help.
5. Support local businesses. Shop at local stores whenever possible and eat at local restaurants. You might create an opportunity to strike up a conversation with a neighbor.
6. Be patient. Building relationships takes time.

The first step to a pleasant and polite neighborhood starts with you! I want to thank our citizens who contribute to our city's civil and respectful culture. Let us all celebrate the wonderful community we call Montgomery.

COUNCIL MEMBERS



Mayor
Craig Margolis



Vice Mayor
Lee Ann Bissmeyer



Member
Mike Cappel



Member
Chris Dobrozsi



Member
Ron Messer



Member
Sasha Naiman



Member
Ken Suer



COUNCIL CORNER

APRIL 19, 2023 WORK SESSION

Montgomery City Council met in its regular monthly Work Session on Wednesday, April 19, 2023, at City Hall. Meetings begin at 6:00 p.m., with public comment welcomed on each item before City Council.

Pending Legislation

An Ordinance Amending Chapter 156.02 of The Land Usage Code, Subdivision Regulations: Requirements For Subdivision Approval (2nd Reading)

An Ordinance Amending Chapter 157 of The Land Usage Code, Floodplain Management Regulations And Flood Damage Prevention, And Declaring An Emergency (2nd Reading)

New Legislation

A Resolution Recognizing the Month of May 2023 as National Historic Preservation Month in The City of Montgomery
An Ordinance Providing for The Issuance of Not to Exceed \$7,500,000 Of Notes by The City of Montgomery, Ohio, For the Purpose of Making Public Infrastructure Improvements Within the City and Declaring an Emergency

RECENT COUNCIL ACTION

Approved Legislation

April 5, 2023

RESOLUTION 14 2023

A Resolution Advocating For The Restoration of The Local Government Fund To Pre-Recession Levels **(passed 7-0)**

RESOLUTION 15 2023

A Resolution Authorizing The City Manager To Accept The Opioid Settlement And Enter Into The Participation Agreement With Opioid Manufacturers Teva And Allergan And Pharmacies/Distributors CVS, Walgreens And Walmart **(passed 7-0)**

These pieces of approved legislation can be reviewed on the City's website at www.montgomeryohio.gov or contact the office of the Clerk of Council at (513) 792-8314 for full copy of text.

ADMINISTRATION



City Manager
Brian Riblet



Assistant City Manager
Tracy Henao



Clerk of Council
Connie Gaylor

Emergency
911

Non-Emergency
• Police Dept.
513-985-1600

• Fire Dept.
513-985-1633

Public Works
513-792-8355

**Planning/Zoning/
Building**
513-792-8309

City Hall
513-891-2424

WELCOME MONTGOMERY'S NEW FINANCE DIRECTOR, MAURA GRAY

Maura started with the City of Montgomery in March of 2023. Previously she served as the Fiscal Officer of the Clermont County Public Library and has held other senior finance positions at the City of Sharonville and the City of Reading. She has a bachelor's degree from Wilmington College in Accounting and a master's degree in Public Administration from Walden University. Maura is a Certified Public Accountant and a Chartered Global Managerial Accountant. She is an active member of the Ohio Society of CPAs and American Institute of Certified Public Accountants.



CONGRATULATIONS TO MONTGOMERY CITIZENS' LEADERSHIP ACADEMY CLASS OF 2023!

Twenty-five students took the 10-week journey earlier this year. Montgomery Citizens' Leadership Academy is a behind-the-scenes look at the City of Montgomery. We cover taxes, City Council, Public Works, Police and the Fire department.

In a friendly competition between our City departments, we asked which session MCLA students liked the best. This is always a tough choice and a close vote.

The Class of 2023 chose Innovative Solutions in Public Works, Recreation, and Parks. The session is much like a trade show. Students visit different members of our Public Works team and learn everything from snow plows, City events, tree planting, and much more. Here's how two students described the evening.

"I'm very impressed by the enthusiasm and knowledge everyone brought to the table. It was a top-tier experience."

Jimmy

"Grateful to have these guys and gals serving our community."

Kristen



Find your favorite session. Register now for MCLA Class of 2024. Go to montgomeryohio.gov or contact Amy Frederick at afrederick@montgomeryohio.gov or 513-792-8358.

YOUR URBAN AGRICULTURE QUESTIONS ANSWERED

With interest in local food systems, food security, and rising food costs, more residents are looking to urban agriculture as an answer. Growing crops or keeping animals can create self-sufficiency, reduce grocery bills, promote healthy eating, and increase sustainability by reducing waste.

The City of Montgomery Code of Ordinances permits various backyard farming practices, including composting, rain barrels, planting of fruit trees, and raised bed gardens. In addition, the keeping of rabbits, chickens (hens only; no roosters), and bees for personal use is permitted in many of the residential zoning districts within the city. A zoning permit is required for any animal enclosure, such as a hutch, coop, or beehive, and can be found at www.montgomeryohio.gov/permit-forms/.*

For more information, contact Montgomery City Planner Melissa Hays at 513-792-8347 or mhays@montgomeryohio.gov.

*Be sure to check with your Homeowners Association and/or deed restrictions before beginning your urban agriculture practices.



ANNUAL MONTGOMERY PHOTO CONTEST WINNERS



Student Best of Show
Matthias Wang
 Roger Bacon High School
 "9-5"

Twenty local amateur photographers were recognized for artistic excellence at EXPOSURE Montgomery, the City's 35th Annual Photography Competition, on Sunday, April 2. Michael Sanders and Emily Bauman judged the competition. Professor Sanders is a Professor of Electronic Media Communications at UC Blue Ash, where he has been on the faculty for over 35 years. He is also co-founder of the UC Blue Ash Art Gallery and serves as a curator of exhibitions. Emily Bauman is the curatorial assistant for photography at the Cincinnati Art Museum.

250 photographs were entered into the competition, including adult entries from the greater Cincinnati area and student entries from 11 local schools.

Winning entries will be exhibited from April 5 through May 3 at Pella Windows and Doors in Montgomery. Pella Windows and Doors is a generous sponsor of the Montgomery Photo Competition.



Adult Best of Show
Kelly Brunarski
 "The Stool in the Corner
 of the Room"

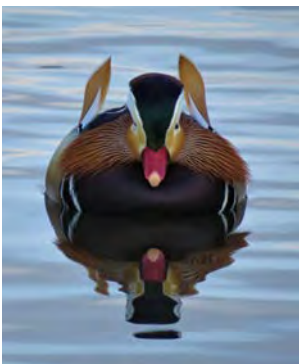
The public was given the opportunity to see the photos before the awards event at an informal reception on April 1 and April 2 at Terwilliger Lodge.

Congratulations to the Student Winners:

Joe Hallquist Loveland High School "The Forsaken"
Morgan Heinrich Roger Bacon High School "Mother's Calling"
Bailey Hautzenroder Sycamore High School "Don't Look Into the Light"
Lindsey Knight Mason High School "Orange Eyed Beauty"
Ava Otto Roger Bacon High School "Olivia"
Zachary Egleston Lakota East High School "Up Close and Personal"
Trevor Ogilvie Roger Bacon High School "End of the Line"
Alex Schmidt Kings High School Walking "Through Life"
Ruthie Timmon Loveland High School "Puddles"

Congratulations to the Adult Winners:

Jim Barrett "Summer in Sitges [Spain]"
Giulia Palazzo "Reflections"
Alane Schloemer Shoemaker "Intriguing Jerusalem Passageway"
Paul Snider "Tibetan Monk"
Emily Underwood "Untitled [Pink Installation]"
Joel Belsky "Original Cut in the Hill"
Laura Cameron "Vegas Waterway"
Jeff Darpel "Looking Up"
Neville Duffield "Sea Side Fun"



People's Choice Adult Winner
Jennie Malone
 "Mandarin Duck"



People's Choice Student Winner
Tanvi Mayya
 "Saharan Shadows"

Two **People's Choice Awards** were presented to one adult and one student winner.

"Mandarin Duck" by Jennie Malone won the People's Choice award in the adult category and "Saharan Shadows" by Tanvi Mayya won in the student category.

The photo contest is presented by the Montgomery Arts Commission.

For a slide show of winning entries, go to montgomeryohio.gov.

SPRING SHREDDING EVENT - MAY 20!

The Environmental Advisory Commission will hold a free **Document Shredding Event** on **Saturday, May 20**, in conjunction with the monthly cardboard recycling event. This event is held from 10:00 a.m. to 1:00 p.m. at the Public Works Facility at 7315 Cornell Road (across from Sycamore High School).

For more efficiency, each person in line can have a maximum of three boxes (copy paper size or similar), and you must be present.

Volunteers will be available to assist. Materials are shredded onsite.



Please remove paper from notebooks and binders. Paper clips and staples DO NOT have to be removed. No binder clips, please. CDs or DVDs cannot be shredded.

RECYCLING JUST GOT EASIER!

Do you find recycling confusing? It can be, because items that may have been recyclable before, may not be anymore, and have been replaced with new ones. Why? Items cannot be recyclable unless there is a vendor who can use the raw material to create a new product.

So how do you know which items can be recycled?

Scan this QR Code and save for reference. The QR code directly links to the acceptable items for recycling page on Rumpke's website.



Or, you can access the City of Montgomery website using the link below:

www.montgomeryohio.gov/recycling-details/

The link will take you to the Recycling Details webpage.

Below the heading *Acceptable Items for Recycling* is a Blue Button. Click on the Blue Button and it will directly link to the acceptable items for recycling page on Rumpke's website.

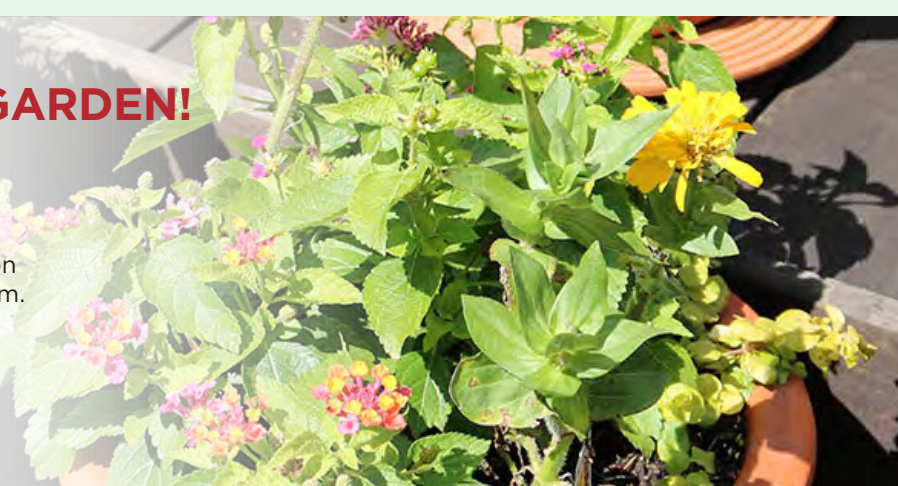
Submitted by Alice Aguilar, Environmental Advisory Commission Member.



WE WANT TO SEE YOUR GARDEN!

Montgomery's Beautification and Tree Commission is holding their annual Garden Tour in June. If you have a traditional, unique, newly planted or well-established garden and would like to be included on the tour contact Darla Hall at darlahall16@gmail.com.

The tour is scheduled for Sunday, June 25, from 2:00 - 6:00 p.m. The Garden Tour features six to eight neighborhood gardens. Admission is free.



MAY 11 COMMUNITY MENTAL HEALTH PRESENTATION

Youth Mental Health: ADHD, Depression, Anxiety, and What To Do About It

Ever get that feeling that something just isn't right? How about with your child? Sometimes we all have a rough or challenging day, but sometimes the challenges just don't stop. The most common concerns we hear are:

- Being tired or fatigued half way through the day
- Feeling distracted or losing interest in a topic
- Moodiness ranging from irritable/angry outbursts, to anxiety/worry about the small (and big) stuff, to a lack of enjoyment/numbness about things we love
- Concerned about how to get all needed things (homework, chores, extra-curricular activities) done in the time allotted without feeling stressed or constantly overwhelmed

If this sounds like you or a child in your life, come join us for an overview on how you can tell what might be just a rough day, and what might be ADHD, Depression, Anxiety, or a combination of any of the three. Learn how these

symptoms can look different based on age or gender, as well as signs and symptoms that are cause for concern, what treatments are available to you, and how you can help in daily life.



Join Dr. Brittany Barber, Licensed Psychologist, and Molly Bernosky, School Psychologist from The Affinity Center about these areas and to answer any questions you might have about what to do next!

Please feel welcomed to bring your questions or concerns in these areas to be answered.



The presentation will be held on Thursday, May 11 at 7:00 p.m. at Terwilligers Lodge, 10530 Deerfield Road. To register please go to www.montgomeryohio.gov/mentalhealth

****Intended Audience Disclaimer:** This presentation is intended for parents/caregivers of school-aged children, adolescents, teenagers, and young adults as well as school-aged individuals who fit this description. However, all are welcome to attend and participate.*



APRIL MENTAL HEALTH FAIR - THANKS TO ALL

In recognition of the first Mental Health Fair held by The City of Montgomery, City staff wishes to extend many thanks, gratitude, and appreciation to our partners:

- Twin Lakes Life Enriching Communities
- TriHealth
- Sycamore Schools

The City would also like to thank the organizations who presented on vital topics related to mental health and mental illness as well as those who participated as vendors to offer resources to all those who attended:

- 1N5
- Lindner Center of Hope
- Hotel California By The Sea
- Affinity Center
- NAMI
- Cincinnati Center for DBT
- Black Sheep Performance Gym
- Beyond Your Valley
- UC Mobile Crisis Center

- Mental Health America (CIT Team)
- Blue Ridge Vista Health & Wellness
- Path Neuropsychology
- New Horizons Recovery Centers
- Daniel Smith-The Panic Pack
- Montgomery Safety Services
- Beckett Springs
- Companions on a Journey
- Alzheimer's Association
- Brightview
- Cincinnati Childrens Hospital

Special thank you to State Representative Jessica Miranda and Hamilton County Commissioner Denise Driehaus who attended and are great friends and partners to the City of Montgomery.

Thank you to all those who attended and contributed to the success of this event. Look for more mental health presentations coming soon! Visit our website at www.montgomeryohio.gov/mental-health.

WE'RE LOOKING FOR VETERANS FOR THE JULY 3 PATRIOTIC CONCERT

It's a Montgomery tradition to honor our veterans. During the Blue Ash Montgomery Symphony Concert on July 3, veterans will be recognized for their service. In addition, during opening remarks, a few veterans will be honored as the mayor reads about their lives. If you are a veteran or know of a veteran who lives in the Montgomery/Blue



Ash area and may be interested in being honored at this event, please contact Recreation Director Julie Machon (513-792-8316 or jmachon@montgomeryohio.gov.) The City of Montgomery would like to honor them for their service to the country.

JOIN THE ANNUAL INDEPENDENCE DAY PARADE!

Strike up the band, put your marching shoes on, design a float or decorate classic cars in patriotic fashion for Montgomery's long-time tradition. The annual Independence Day Parade is Tuesday, July 4, and parade entry applications can be found online at montgomeryohio.gov.

Residents, neighborhood associations, and local businesses are invited to be a part of Montgomery's Independence Day Celebration, a day filled with patriotism, community pride, and memories that will last a lifetime.



ENTRY APPLICATIONS DUE JUNE 15

Applications for parade entries are due no later than Friday, June 15. For more information or questions, please contact Julie Machon at 513-792-8316 or by email at jmachon@montgomeryohio.gov.

MONTGOMERY KIWANIS

FISHING CONTEST

SATURDAY JUNE 3 9:00 - 11:00 AM

AGES 1 - 15

Prizes awarded for biggest fish, smallest fish and most fish caught in each age group.

TODD POND AT SWAIM PARK

This contest is a fun family activity, sponsored by the City of Montgomery and the Montgomery Kiwanis. The contest is catch and release. The City stocks the pond with bluegill, bass and channel catfish. Registration is not required.

FUN FOR ALL AGES!

BIG RIG GIG

TOUCH - HONK - EXPLORE

FREE ADMISSION

JUNE 1 9AM-12PM

FOR MORE INFO VISIT
www.montgomeryohio.gov

SPONSORED BY:

CITY OF MONTGOMERY A CHARMING PAST. A GLOWING FUTURE.

The Myers Y. Cooper Company REAL ESTATE INVESTMENT DEVELOPERS | SINCE 1892

CELEBRATE MONTGOMERY QUARTER!

Please join the City of Montgomery and our development partners Brandicorp, Neyer Properties, CASTO, and Jeffrey R. Anderson Real Estate, as we proudly celebrate Montgomery Quarter.

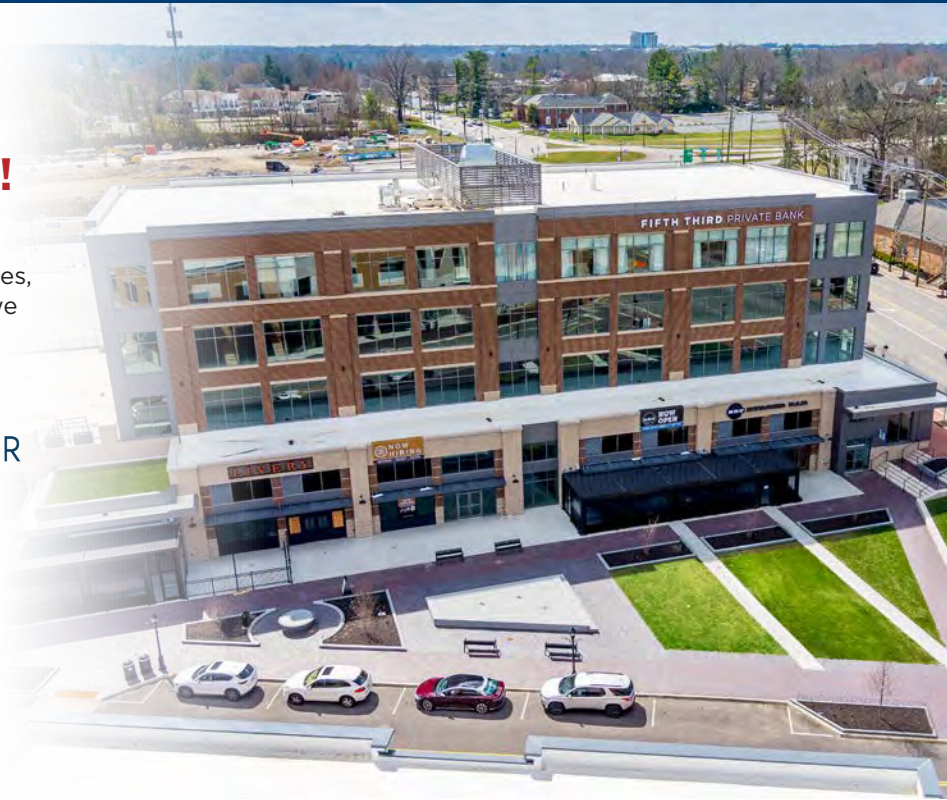
MQ MONTGOMERY QUARTER

Friday, May 19

6:00 - 9:30 p.m.

Montgomery Quarter Park

The celebration includes a dedication, live music, food, giveaways, and a few surprises! The 150 million dollar development includes restaurants: BruBurger Bar, Kozue, Livery, and Kitchen Social. Along with retail shop Hellman's Fine Mens Clothier. Fifth Third Private Banking and Unlimited Systems. Montgomery Quarter also features luxury apartments, and a boutique hotel named The Hotel Rambler.



JOIN US ON
June 17th 2023
ULTIMATE 80s
DORA

6pm - 10pm
Come in your
best 80s attire

**LIVE BAND - THE
CASSETTE JUNKIES**

Cooper and
Montgomery Rd.

montgomeryohio.gov

City of Montgomery
A CHARMING PAST. A GLOWING FUTURE.

All American Independence Day!

- ★ **Blue Ash Montgomery Symphony Concert**
Monday, July 3, 7:30 p.m.
Montgomery Park
- ★ **Parade** Tuesday, July 4, 10 a.m.
Cooper & Montgomery Roads
- ★ **Festival** Tuesday, July 4, 11 - 2 p.m.
Montgomery Park

Call 513-792-8316 for more information.



Spotlight

ON MONTGOMERY BUSINESSES

MONTGOMERY BRIDAL MOVES TO NEW HOME

Visit Montgomery Bridal in their new home at 10014 Montgomery Road in Schoolhouse Plaza. Owner Martha says her goal is to give each bride the experience she deserves.

"We pride ourselves on our excellent service and attention to detail," said Martha. "Every bride's special moment is most important to us. With our gowns starting at an amazing \$700, we have a dress for everyone!"

Call Montgomery Bridal at 513-852-1980 or book your appointment on the business' website at montgomerybrides.com.



Montgomery
BRIDAL



Montgomery Needs a 2023 Top Dog!



Dee
2022
Top Dog



Homer
2021
Top Dog



Bea
2019
Top Dog



TELL US IN 150 WORDS OR LESS
WHY YOUR DOG SHOULD BE THE
2023 TOP DOG!



The winner gets the coveted "Top Dog" title and is featured in the Montgomery Bulletin!

Written descriptions and photos are accepted through June 30 and can be dropped off at City Hall or send to Julie Machon at jmachon@montgomeryohio.gov

Hawaiian Luau

Friday, June 9
6:00-11:00 PM

Montgomery Community Pool

Sponsored by:
LEGACY BUILDERS GROUP
DESIGN | BUILD | REMODEL

Join us for the fun!
Live Steel Drum Band
Games & Prizes
sno-cones, pizza
Movie at Dusk: The Mitchells vs. The Machines
Fire Juggler Performing



Soirée en Blanc

A refined, elegant social event for ages 21+ honoring the friendship between the City of Montgomery and our Sister City, Neuilly-Plaisance, France.

June 3
7:00 – 9:30 p.m.
Montgomery Quarter

Tickets are sold by the table

Table for 8 – \$200

Table for 4 – \$100

Drink Tickets – \$6 for beer or \$8 for wine
 (must be pre-ordered)

Tickets include table with white linen tablecloth, padded white chairs, entertainment, and one drink per person for the kick-off toast.

Participants should plan to dress in all white and provide their own table settings (white plates, utensils and decorations), food and non-alcoholic beverages.

Sponsored by:



Details & Registration at montgomeryohio.gov

STORMWATER MANAGEMENT

Stormwater management plays an important role in reducing the chance of flooding inside your home. Homeowners should be aware of the drainage system on their property to ensure that it is properly functioning. Most residential lots utilize a swale system to move water away from and around the home. Below are some key factors to understanding your drainage system.

Drainage swales:

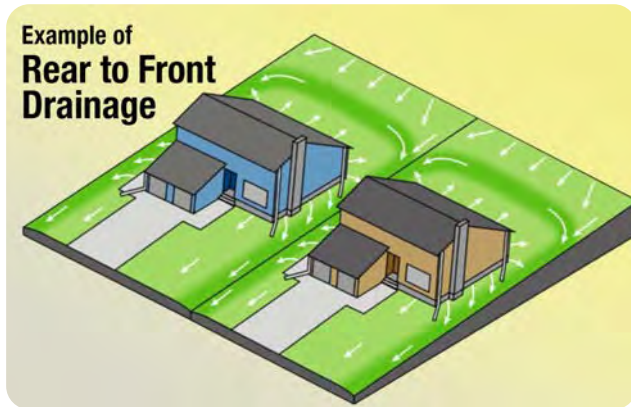
- Are shallow-sided, sloped ditches designed to carry surface run-off from a property, towards the nearest street, catch basin or storm water retention basin.

- Are typically located along common property lines and sometimes at the back of a lot.
- Should be graded and maintained in accordance with the approved lot grading plan.
- Swales must be unobstructed and free draining. Residents are encouraged not to place sheds, landscaping or any other object in a drainage swale.
- Do not plant trees in a swale, as over time, a large tree can impact drainage.
- Keep fences at least six inches above the bottom of a swale to allow water and small debris to pass under it.

There are generally two types of lot drainage:

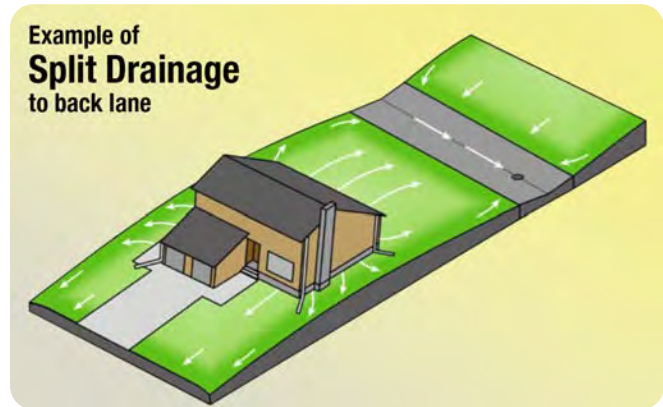
1. Rear-to-front drainage

- The rear lot line is the high point on the lot.
- Surface water on the property is drained to side yard swales along the common lot line and out the front of the property toward the street.



2. Split drainage to a rear yard swale

- The highest elevation is set near the midpoint on the property.
- Surface drainage then flows to the street and to the rear lot line onto a rear yard swale.



Officer Alexis's Top 10 Scams

Learn How to Outsmart the Scammers

Tuesday, May 23

2:00 p.m.

Twin Lakes Davies Center

(9840 Montgomery Road)

Learn the tricks scammers use to try and get your money.
We'll show you how to outsmart them.



Register at montgomeryohio.gov or call
Amy Frederick at 513-792-8358



OUR VOLUNTEERS SHINE!

Thank you to the record number of volunteers who turned out to help plant the 380 hanging baskets that make Montgomery such a beautiful city! Along with the City Public Works staff, these volunteers spent a morning preparing flower baskets that will continue to grow in the City's greenhouse until the weather gets warmer. This event is sponsored by the Beautification and Tree Commission.



UPCOMING VOLUNTEER OPPORTUNITIES

Beautification Day (Families, Groups, Anyone!)

When: Saturday, May 13, 9:00 - 11:00 a.m.

What: Help plant the beautiful flower beds throughout the City streets and parks.

Independence Day Parade & Festival

When: Tuesday, July 4

Location: Montgomery Park

What:

Parade Float Organizers (adults) 8:30 a.m. - 10:00 a.m.

Games (great for students, families, or adults)
10:45 a.m. - 2:15 p.m.

Beer Booth (adults 21+) 10:45 a.m. - 2:15 p.m.

Ticket Booth (adults) 10:45 a.m. - 2:15 p.m.

Visit montgomeryohio.gov/volunteer for more details or to sign up. If you have questions or if you can't remember your log-in information, please contact Wendy Grethel wgrethel@montgomeryohio.gov or 513-891-2424.



Get the coolest t-shirt in town!
We're giving a T-shirt to our shining volunteers. Just volunteer at two City events and get a T-shirt.



FAMILY CHALLENGE WINNERS

Congratulations to the Johnston Family who won our Family Pool Membership! The Johnstons had two entries into the drawing for completing all twelve challenges. Some of the notable items on their checklist were completing several blankets for the Linus Project, assembling Valentine treat packs for families staying at the Ronald McDonald House, and volunteering at Matthew 25 Ministries and at the Freestore Foodbank.

Even completing just one of the challenges makes for a better community - we hope you had fun bringing a warm glow of light to others!



MAY IS STROKE AWARENESS MONTH

Five Ways to Prevent Stroke

1

Lower your blood pressure

A leading cause of stroke is high blood pressure, so by lowering it, you could reduce your chances.

2

Stop smoking

Smoking doubles the risk of a stroke as nicotine in cigarettes raises blood pressure, and carbon monoxide in smoke lowers the amount of oxygen your blood can carry.

3

Reduce your alcohol intake

Too much alcohol raises your blood pressure as well as your triglycerides and can lead to stroke.

4

Exercise

Not exercising can lead to obesity, high cholesterol, diabetes, and high blood pressure, which is a recipe for stroke.

5

Eat healthy

Eat lots of healthy foods such as fruit and veggies, and cut down on foods high in saturated fats and salt as they can clog your arteries.

What are the signs and symptoms?

An easy way to remember the most common signs of stroke and how to respond is with the acronym F.A.S.T.:

F
A
S
T

Face drooping: Ask the person to smile. Does one side droop?

Arm weakness: Ask the person to raise both arms. Does one arm drift downward?

Speech difficulty: Ask the person to repeat a simple sentence. Are the words slurred?

Time to call 9-1-1: If the person shows any of these signs, call 9-1-1 immediately. Stroke treatment can begin in the ambulance.

Other common signs of stroke are

- Sudden dizziness, trouble walking, or loss of balance or coordination
- Sudden trouble seeing in one or both eyes
- Sudden severe headache with no known cause
- Sudden numbness of the face, arm, or leg
- Sudden confusion or trouble understanding others

If you think that you or someone you know is having a stroke, call 9-1-1 immediately. Stroke is a medical emergency, and stroke treatment and outcomes depend on how fast you get to the hospital and the type of stroke you had. When you are transported by

ambulance, first responders may be able to start your treatment right away and can alert the hospital that a stroke patient is on the way. This notification gives the hospital's medical team time to prepare equipment and medicines you may need.

Information provided by the Center for Disease Control and Prevention

JOIN US FOR A HISTORIC WALKING TOUR TO CELEBRATE HISTORIC PRESERVATION MONTH

Celebrate Historic Preservation month with Assistant City Manager Tracy Henao.

Stroll down the brick-lined sidewalks in Historic Montgomery and learn about the City's rich history and Landmark buildings.

The City of Montgomery was founded in 1795 by settlers from Montgomery, New York. The City has retained many historical buildings, designating 33 as local landmarks. In addition, six of these buildings are also listed on the National Register of Historic Places.

National Historic Preservation Month was established in 1973 and is celebrated throughout the United States. The City recognizes the importance of historic preservation and continues to foster this through the Landmarks Commission as well as working with the Montgomery Historic Preservation Association.



When:

Friday, May 26
at 10:00 a.m.

Where:

Universalist Church,
corner of Montgomery
& Remington Roads

It's free:

Registration
is not required



GROUP FITNESS

Registration for **2023 - Session C** of fitness classes is open. Please visit the fitness page at montgomeryohio.gov for class descriptions, important information and registration.

Please contact City Hall by calling 513-891-2424 with any questions you may have.

Group Fitness Class Schedule 2023 - Session C

Day	Class Name	Dates of Session	No Class	Session Length	Time of Class	Res.	Non-Res.
Mon.	Mixed Level Yoga	5/15-7/10	5/29, 7/3	7 classes	9:30-10:30 a.m.	\$35	\$40
Mon.	Chair Yoga	5/15-7/10	5/29, 7/3	7 classes	11:00 a.m.-12:00 p.m.	\$35	\$40
Tue.	Cardio Strength and Stretched	5/16-7/11	4-Jul	8 classes	9:00-10:00 a.m.	\$40	\$45
Tue.	Tai Chi	5/16-7/11	4-Jul	8 classes	10:20-11:20 a.m.	\$80	\$90
Tue.	Pilates	5/16-7/11	4-Jul	8 classes	6:00-7:00 p.m.	\$40	\$45
Wed.	Mixed Level Yoga	5/17-7/12	5-Jul	8 classes	9:30-10:30 a.m.	\$40	\$45
Wed.	Beginner Level Yoga	5/17-7/12	5-Jul	8 classes	11:00-12:00 a.m.	\$40	\$45
Wed.	Bootcamp	5/17-7/12	5-Jul	8 classes	6:00-7:00 p.m.	\$40	\$45
Thur.	Cardio Strength and Stretched	5/18-7/13	6-Jul	8 classes	9:00-10:00 a.m.	\$40	\$45
Thur.	Restorative Yoga	5/18-7/13	6-Jul	8 classes	11:00 - 12:00 p.m.	\$40	\$45
Thur.	Pilates	5/18-7/13	6-Jul	8 classes	6:00-7:00 p.m.	\$40	\$45

LEARN TO SAVE A LIFE WITH THE MONTGOMERY FIRE DEPARTMENT

The Montgomery Fire Department offers quarterly American Heart Association BLS Heartcode; HeartSaver CPR/AED, and First Aid, Certification Classes for those 11 years old and up.

The next class is on May 13 at the Montgomery Safety Center.

- **BLS Heartcode** (Health Care Workers ONLY) 8:00 a.m. - 10:00 a.m.
- **HeartSaver CPR and AED** (Non-Health Care Workers) 10 a.m. - noon
- **HeartSaver First Aid** (First aid is an optional addition to the CPR class with a small monetary upcharge. You Cannot take First aid by itself.) noon - 2:00 p.m.

There is a monetary fee to cover the cost of E-Cards and Equipment. Cash or Check (City of Montgomery) is due on class day.

For more information or to sign up, please call 513-985-1633.





10101 Montgomery Road
Montgomery, Ohio 45242

Emergency
911
Non-Emergency
• **Police Dept.**
513-985-1600
• **Fire Dept.**
513-985-1633

Public Works
513-792-8355
**Planning/Zoning/
Building**
513-792-8309
City Hall
513-891-2424

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MAY 2023 EVENTS

All event dates are subject to change or cancellation. Check the website and social media for the most up-to-date information.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
 May is Mental Health Awareness Month	Spring brush collection for residents with Friday trash pickup Beautification and Tree Commission, Public Works Facility, 9:00 a.m. Planning Commission, City Hall, 7:00 p.m.	May is National Historic Preservation Month					Spring Plant Swap, Montgomery Farmers Market, Montgomery Elementary School Parking Lot 9:00 a.m. – 12:30 p.m.
		Public Service Recognition Week				Beautification Day, 9:00 – 11:00 a.m. CPR/First Aid Certification Class, Montgomery Safety Center, 10:00 a.m. – 2:00 p.m.	
		Environmental Advisory Commission, City Hall, 5:00 p.m.	Landmarks Commission, City Hall, 7:00 p.m.	Parks and Recreation Commission, Montgomery Park, 6:30 p.m.		Armed Forces Day Beautification Day, 9:00 – 11:00 a.m. (rain date) Document Shredding and Cardboard Recycling, 7315 Cornell Road, 10:00 a.m. – 1:00 p.m.	
Mother's Day	Planning Commission, City Hall, 7:00 p.m.	Sister Cities Commission, City Hall, 6:30 p.m.	National Police Week		Back Yard Composting Presentation, Swaim Lodge, 6:30 p.m.	Celebrate Montgomery Quarter, Montgomery Quarter Park 6:00 p.m. – 9:30 p.m.	
	Arts Commission, City Hall, 5:00 p.m.	Officer Alexis's Top Scams, Twin Lakes, 2:00 p.m. Diversity and Inclusion Commission, City Hall, 4:00 p.m. Board of Zoning Appeals, City Hall, 7:00 p.m.	National Public Works Week			Montgomery Community Pool Opens, 10:00 a.m.	
	Memorial Day BAMS Memorial Day Concert, Blue Ash Towne Square, 7:00 p.m.	City Offices closed, Trash pick up as usual				Arbor Day	