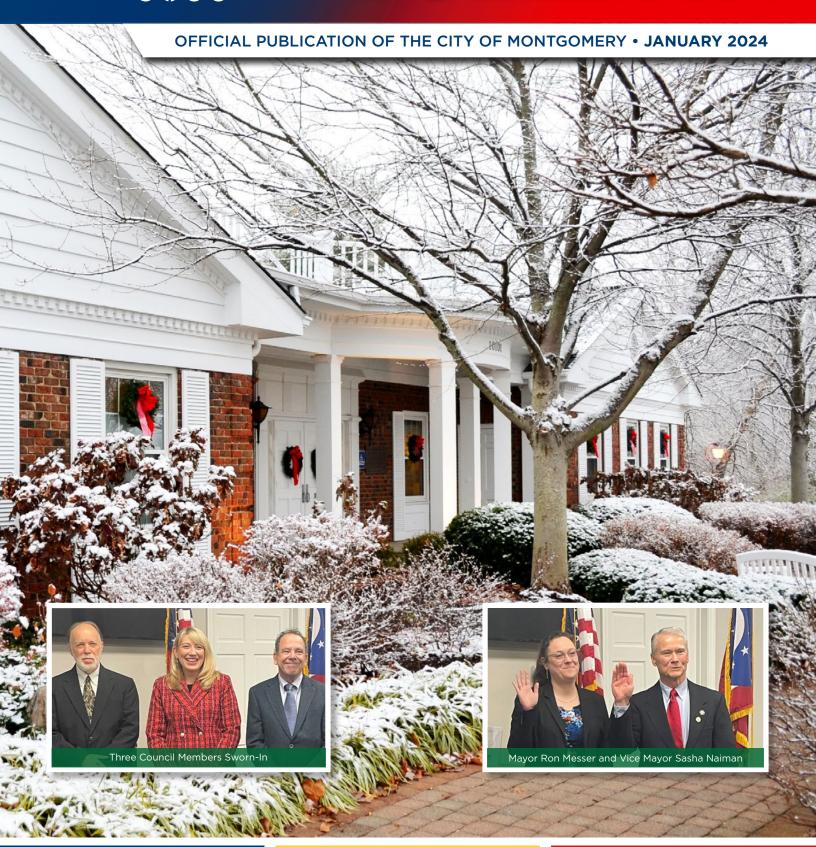


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# MONTGOMERY BUILTE



# STARTING ANEW **BY KEN SUER**

2024—Another year! What will we do with it? What will it do to us? There are many possibilities—some good, some not so good. New Year's resolutions are a recurring feature of our lives. Lots of good intentions, but-80% of resolutions fail within the first month, according to Forbes magazine. You may need some new ideas. You could, for instance:

- Purge junk—you could investigate and find out what is in your garage, basement, closets, drawers, trunk, purse, and/ or wallet and reduce the clutter.
- You could resolve to finish just one home improvement project you started and abandoned in the past five years.
- You could actually put on a full outfit for Zoom calls from your home office (or just put on an outfit).
- You could avoid food waste by eating the whole package of (cookies, chips, ice cream, etc.) in one setting or—
- You could lose weight by putting it somewhere you'll never find it (like your basement or garage).
- You could build up your biceps by increasing morning reps of doughnut curls.
- You could spend less than \$8000.00 per year at Starbucks.
- You could try to drive closer to the speed limit and start stopping at ALL of the stop signs in Montgomery. (If more people did this it would be a miracle).
- You could resolve to learn the names of all of the dogs in your neighborhood and start addressing them by name. (Dogs like this—some have told me so) or—you could resolve to learn the names of some of your human neighbors as well.

Of course, you could design resolutions for yourself at any time of the year but it is convenient to think in terms of yearly chunks. Having goals is good—accomplishing goals is even better. It's up to you!

And just what will Council be doing in 2024? Well, the seven of us will carry on the tradition of working cooperatively to shape the vision of the City and produce tangible results. We will not spend time feuding and fighting or trying to advance partisan agendas. Statewide and nationwide, there will be a lot of nasty rhetoric and behavior leading up to the 2024 election.

Our Council has no time for that—we have serious City work to do, and we intend to do it—in a dignified, non-partisan, professional way. Treating people considerately so that they feel included, listened to, seen, and respected is one of our ongoing goals.

One of the great strengths of Montgomery is that many people get involved doing constructive things to better themselves and the community. What can YOU contribute in 2024?

Have a safe, happy, and productive new year!

# COUNCIL MEMBERS



Mayor Ron Messer



Vice Mayor Sasha Naiman



Member Lee Ann Bissmeyer



Member Chris Dobrozsi



Member



Member Craig Margolis Catherine Mills-Reynolds



Member Ken Suer





# THREE MONTGOMERY CITY COUNCIL MEMBERS **SWORN INTO NEW TERMS OF OFFICE**

## Mayor and Vice Mayor elected by peers

Three Montgomery City Council members were sworn into office at the ceremony and reorganization meeting held on December 6 at Montgomery City Hall.

Council members Ken Suer and Craig Margolis were re-elected in November and sworn in on December 6 to serve on the Montgomery City Council, each for a fouryear term. Council Member Catherine Mills-Reynolds was elected and sworn into her first term.

Ohio Supreme Court Justice Patrick K. Fischer swore in the three Council members, requiring them to "uphold the constitution and laws of the United States and Ohio, the charter and laws of the City of Montgomery, and fairly and faithfully perform the duties of their office."

At the meeting, City Council voted Ron Messer to serve as Mayor and Sasha Naiman to serve as Vice Mayor. Both will serve two year terms.

"Becoming Montgomery's Mayor is not only an honor and privilege, but also a responsibility to which I will

enthusiastically dedicate my time and energy," said Mayor Ron Messer. "I look forward to working with our talented volunteers and excellent city employees and colleagues in keeping the City of Montgomery the safe and thriving city it is today and for future generations."

"I am truly grateful for the opportunity to serve this City as Vice Mayor, and I look forward to working together with my colleagues on Council," said Vice Mayor Sasha Naiman, "I am also grateful for our city staff, who improve our residents' lives, day in and day out, with passion, knowledge, diligence, and creativity. When I look at everything that has happened in the City of Montgomery recently, it's impressive. We have great parks and activities; we are in a strong financial position; we have important improvements happening in the Montgomery Quarter and Vintage Club; and so much more. We do this all as a partnership with residents, staff, and council members. I am really excited to continue partnering with all of you and to step into the Vice Mayor role."

# MILLS-REYNOLDS JOINS MONTGOMERY CITY COUNCIL



Catherine Mills-Reynolds grew up in Montgomery and is a graduate of the Sycamore School District. She received her BA in International Relations from the University of Cincinnati and her MA in Public Policy and Management from The Ohio State University. Catherine has served as a member on the Board of Zoning Appeals for the City of Montgomery and has volunteered and sat on several boards and committees throughout her professional life. She, her husband and two children enjoy spending time in Montgomery's parks and experiencing all the events and attractions Montgomery has to offer.

Catherine is the Director of Government Relations and Industry Standards for the American Fence Association. Her expertise lies in reading and evaluating local codes, which allows her to provide guidance to communities in areas where they feel they need it. She is happy to have the opportunity to use these skills to benefit her hometown and to continue Montgomery's legacy of being a thriving, welcoming and livable community long into the future.



# **DECEMBER 20, 2023 WORK SESSION**

Montgomery City Council met in its regular monthly Work Session on Wednesday, December 20, 2023, at City Hall. Meetings begin at 6:00 p.m., with public comment welcomed on each item before City Council.

# **Pending Legislation**

No Pending Legislation

### **New Legislation**

A Resolution Authorizing The City Manager To Enter Into A Contract With Ford Development Corporation to construct the Montgomery Road Sidewalk Addition (#9840-#10040 Montgomery Road)

A Resolution Authorizing The City Manager To Enter into a Contract with Bansal Construction, Inc. to complete the Montgomery Road Traffic Signal Improvements (North System) Project

A Resolution Authorizing the City Manager to enter into a contract with Penn Care Incorporated for the purchase of a 2024 Braun E450 Chief XL Type III Ambulance

An Ordinance To Modify Appropriations for Current Expenses and Other Expenditures of the City of Montgomery, State of Ohio, During the Fiscal Year Ending December 31, 2023

### RECENT COUNCIL ACTION

# **Approved Legislation**

### December 6, 2023

### **RESOLUTION 36 2023**

A Resolution Authorizing The City Manager To Contract With National Inspection Corporation For Professional Services To Serve As Building Official And To Provide Plan Review And Field Inspection Authority And Services For The City's Building Department For The Calendar Year 2024 (passed 6-0)

### **RESOLUTION 37 2023**

A Resolution Authorizing The City Manager To Enter Into A Contract With CT Consultants, Inc. For Professional Services Related To General Engineering And Architectural Services For Calendar Year 2024 (passed 6-0)

### **RESOLUTION 38 2023**

A Resolution Declaring A Moratorium On The Collection Of Building And Zoning Permit Fees For Solar Installations (passed 6-0) RESOLUTION 39 2023

A Resolution dopting A Five-Year Capital Improvement Program For The City Of Montgomery (passed 5-yea, 1-abstain) RESOLUTION 40 2023

A Resolution A Resolution Establishing City Contributions For Healthcare Benefits (passed 6-0)

### **RESOLUTION 41 2023**

A Resolution Authorizing The City Manager To Enter Into A Contract With Community Insurance Company D/B/A Anthem Blue Cross And Blue Shield To Provide Medical Insurance And Dental Insurance For Full-Time Employees (passed 6-0)

### **RESOLUTION 42 2023**

A Resolution Accepting A Bid And Authorizing The City Manager To Enter Into A Contract With Rumpke Of Ohio, Inc. For Waste Collection Services In The City Of Montgomery For Calendar Year 2024 (passed 6-0)

### **ORDINANCE 13 2023**

An Ordinance Rezoning a Portion of the Vintage Club Planned Unit Development District from Single-Family Residential A District to Multi-family Residential D-3 District (passed 6-0)

### **ORDINANCE 14 2023**

An Ordinance To Make Appropriations for Current Expenses and Other Expenditures of the City of Montgomery, State of Ohio During the Fiscal Year Ending December 31, 2024 (passed 5-yea, 1-abstain)

### **ORDINANCE 15 2023**

**An Ordinance** Amending Chapter 44.1, Income Tax, To Comply With Mandates Required By The Ohio General Assembly These pieces of approved legislation can be reviewed on the City's website at www.montgomeryohio.gov or in the Safety Center vestibule at 10150 Montgomery Road, Montgomery Ohio 45242.



# 2023 WINTER COLORING CONTEST WINNERS ANNOUNCED

More than 180 wildly creative and artistic entries were received in the City's annual winter coloring contest and were displayed at Universalist Church at the Holiday in the Village event. Some of the entries were adorned with glitter and beads. Thank you to all who entered the contest. Mayor Craig Margolis and Santa awarded the prizes to all the winners at the tree-lighting ceremony during the Holiday in the Village event. The Brasse Family had three winners in the contest and Eleanor, Alex, and Emily were selected as the grand prize winners. Together they flipped the switch to light the Christmas tree. It was a great night to share the spirit of the holiday season together in Montgomery. The coloring contest was generously sponsored by Bethesda North Hospital, Besl, Baden and Jones, EXP Realty, and ICI Studio School of Art.

Please visit montgomeryohio.gov to view all the winning artwork from this year's Winter **Coloring Contest.** 



**Most Creative** Alex Brasse



**Best Use of Color Emily Brasse** 



**Most Creative** Eleanor Brasse

	Most Creative	Best Use of Color	Overall Skill	
Pre-School	Millie Caffaro	Luca Brown	Pearl Searcy	
Kindergarten	Eleanor Brasse	Millie Langhals	Ella Rabatic	
1st and 2nd Grade	Alex Brasse	Eleanor Stanley	Ella Meier	
3rd and 4th Grade	Penny Degenhardt	Emily Brasse	Colin Kasper	
5th and 6th Grade	Rebecca Todd	Anvita Sahni	Lucy Degenhardt	



# YOUNG ARTIST CONCERTO **COMPETITION CONCERT**

On Sunday, March 17 at 7:00 PM, the Blue Ash/Montgomery Symphony Orchestra will present "From the Top XII", featuring winners of the Jack and Lucille Wonnell Memorial Young Artist Concerto Competition, with Suzanne Bona, WGUC radio host. The Orchestra will also play additional works. The concert will take place at St. Barnabas Episcopal Church, 10345 Montgomery Road in Montgomery. The concert is free.

# SERVE THE CITY YOU LOVE, **VOLUNTEER FOR A COMMISSION OR BOARD**



The Board of Zoning Appeals is comprised of members who examine zoning ordinances and land-use regulations. The board provides a fair and impartial forum for property owners and developers who challenge zoning decisions. Seven volunteers appointed by the Montgomery City Council compose the Board of Zoning Appeals.

The Commission meets at 7:00 p.m. on the fourth Tuesday of the month at Montgomery City Hall, 10101 Montgomery Road.



The Environmental Advisory Commission develops practical ways in which City Council and City residents can responsibly use our resources so that Montgomery, Ohio is an environmentally conscious community in which to live.

The Commission meets on the second Tuesday of the month at Montgomery City Hall at 5:00 p.m., 10101 Montgomery Rd, Montgomery, Ohio 45242.



The Parks and Recreation Commission improves the quality of life of Montgomery citizens through development and maintenance of an integrated park system and comprehensive recreational program. The Commission develops a long-term plan for the City's park system while focusing on current safety standards, reviewing the recreation program and monitoring the pool policy.

The Commission meets on the second Thursday of the month at 6:30 p.m. Meeting locations vary.



The Sister Cities Commission works towards "bringing the world together one friendship at a time." Montgomery's Sister City is Neuilly-Plaisance, France. Seven volunteers appointed by the Montgomery City Council compose the Commission. Members sponsor and assist with Bastille Day along with several other events.

The Commission meets on the third Tuesday of the month at 6:30 p.m.

No special qualifications are required to volunteer for any Montgomery board or commission.

For further information on a board or commission, visit the City's website at montgomeryohio.gov. To apply contact Connie Gaylor at 513-792-8314 or cgaylor@montgomeryohio.gov.



# **UNLIMITED YARD WASTE CONTINUES, AND HOLIDAY GREENERY PICK UP BEGINS**

The weekly unlimited yard waste pick-up will resume once again on January 6 when it will be collected along with holiday greenery. Christmas trees, wreaths and swags can be placed at the curb along with yard waste. Residents will not be required to have a yard waste sticker attached to them. Please place all waste at the curb on Friday evening prior to the Saturday pick-up.

Rumpke will collect all greenery and any remaining yard waste on one of the following three Saturdays:

Saturday, January 6 Saturday, January 13 Saturday, January 20

Each item must be completely free of all plastic, flocking, tinsel, and decorations. All yard waste must be placed in bags in the event of snow, due to freezing.

As a reminder, regular yard waste collection will resume the first week in March.

# 2024 MENTAL HEALTH SERIES BEGINS ON **JANUARY 30 WITH A PRESENTATION ABOUT GRIEF**

The topic of grief is something that will touch us all at some point in our life and following the holidays, the winter months can become a very depressing time for anyone dealing with the difficulties of grief. The City is partnering with Sheila Munafo-Kanoza, Founder of Companions on a Journey, to bring a powerful presentation to our community on this very

personal topic.



Sheila acutely knows the heartache associated with loss. At the age of 37, she lost her husband, Vince, following his 10-year battle with cancer. His death shattered her whole world. As she picked up the pieces, Sheila realized that beauty could come from brokenness.

"Out of my pain came my purpose, and out of my purpose came my passion," said Sheila Munafo-Kanoza, Founder of Companions on a Journey.

"Hope, strength, and healing can be found by being vulnerable with others about the struggles and joys you experience after the death of a loved one."

It was this realization that propelled Sheila to found Companions on a Journey Grief Support Services in 1997. Twenty-six years later, her passion for walking alongside others in their grief journey has only grown. She holds numerous certifications, is an instructor, and nationally published author in Bereavement Education and Support.



This presentation will be held on January 30 at Terwilliger Lodge, 10530 Deerfield Road, beginning at 7:00 p.m. To register, log on to the City website at www.montgomeryohio.gov.







Hometown Americana community events help make Montgomery truly unique.

Many sponsorship opportunities are available to organizations of any size.

Businesses interested in 2024 sponsorship opportunities may contact Julie Machon at imachon@montgomeryohio.gov or at 513-792-8316.

# THINGS YOU SHOULD NEVER THROW AWAY IN THE GARBAGE



Batteries can cause fires when crushed in trash compactors or waste management facilities.



Important and Sensitive Documents should be shredded and recycled. Documents shredded at home can be placed in a clear plastic bag and put in the Rumpke recycling bin. This is the only time a plastic bag may be placed in the recycling bin!



CFL Light Bulbs and Fluorescent Tube Lights contain mercury, a very toxic chemical.



Rumpke does not accept oil-based paint, varnishes, and stains. Water-based paint can be put into Rumpke's trash bin after taking the lid off the can and allowing the paint to completely dry.



Cleaning Solutions, Pesticides, and Yard Chemicals are toxic to humans and animals. Rumpke does not accept liquid waste.



Motor Oil is a massive threat to the ecosystem, and it is illegal to dispose of it in any unofficial manner.



Electronics are loaded with hazardous chemicals and minerals that become more toxic when left to break down in the heat of harsh sunlight. Instead of throwing out electronic devices, send them to a specialty electronics recycling center. If your device is still functional and in good shape, consider donating it to a local charity. Remember to thoroughly wipe the hard drives before recycling or donating computers.



Prescription Medications and Medical Waste such as syringes, needles, inhalers, and bandages are not accepted by Rumpke. Never flush medications down the toilet. Any form of medication can cause harmful effects on waterways and local wildlife.

To properly dispose of these items and other hazardous waste, go to Hamilton County's Recycling and Waste Reduction website at www.hamiltoncountyr3source.org. The website lists facilities that will accept these and other hazardous waste items. Check the Montgomery Bulletin for special events hosted by the Montgomery Environmental Advisory Commission.

Article by Donna Schwartz, EAC member. Information from/www.rumpke.com/newsroom/blogpost/thoughts/2022/07/19/8things-you-should-never-throw-away-in-the-garbage





Pictured: Mattew Vanderhorst, Information and Services Director, presents a grant check to Amy Miller of You to the Rescue

# **CITY SEEKS APPLICANTS** FOR SERVICE AND **ENGAGEMENT GRANT**

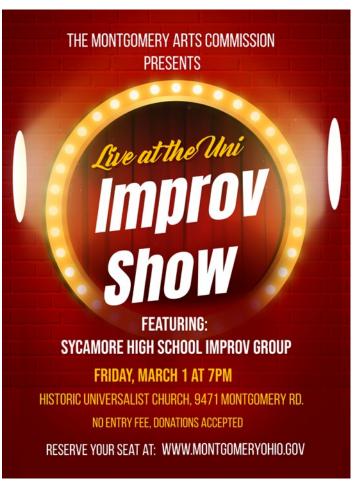
The City of Montgomery is now accepting Service and Engagement Grant applications. This grant is open to all not-for-profit and local service organizations with innovative ideas and the skills necessary to execute creative community projects that benefit or engage Montgomery residents.

A maximum of \$2,500 may be awarded to any one applicant. Past grant recipients include the Montgomery Farmers' Market, You to the Rescue, Operation Give Back, and Sycamore Junior High.

We have streamlined the application. For more information or to apply, visit montgomeryohio.gov, and search "Service and Engagement Grant." Applications are due by 4:00 p.m. on Friday, March 1, 2024.

For more information, contact Matthew Vanderhorst, Community and Information Services Director, at mvanderhorst@montgomeryohio.gov or 513-792-8323.





# WINTER HEATING SAFETY TIPS FOR YOUR HOME

As the winter chill sets in, ensuring your home is warm and cozy becomes a top priority. While heating systems provide comfort, it's crucial to prioritize safety to prevent potential hazards. Here are some essential winter heating safety tips for your home.

**Inspect Your Heating System:** Regularly check your heating system for any signs of damage or malfunction. Ensure that furnaces, fireplaces, and space heaters are in good working condition. Schedule professional inspections if needed.

Install Carbon Monoxide Detectors: Carbon monoxide is a colorless, odorless gas that heating systems can produce. Install carbon monoxide detectors in key areas of your home, especially near bedrooms. Test them regularly to ensure they are functioning correctly.

Keep Flammable Items Away: Maintain a safe distance between heating equipment and flammable materials. Keep curtains, blankets, and furniture away from space heaters, fireplaces, and radiators to reduce the risk of fires.

**Use Space Heaters Safely:** If using space heaters, choose models with automatic shut-off features. Keep them at least three feet away from anything that can catch fire, such as furniture or curtains. Avoid using extension cords; plug heaters directly into outlets.

Supervise Fireplaces: When using your fireplace, use a fireplace screen to prevent sparks from escaping. Never leave a fire unattended, and make sure the fire is completely out before going to bed or leaving the house.

Practice Electrical Safety: Inspect electrical cords for wear and tear and replace any damaged ones immediately.



Avoid overloading outlets and use surge protectors where necessary.

Keep Ventilation Clear: Ensure that heating vents and chimneys are clear of debris, snow, or any blockages. Proper ventilation is crucial for the safe operation of heating systems.

Set a Timer for Space Heaters: If you use space heaters while sleeping, set a timer to ensure they automatically turn off after a certain period. This reduces the risk of overheating and potential fire hazards.

Educate Family Members: Make sure everyone in your household knows heating safety practices. Establish and discuss a fire escape plan, and ensure that all family members know how to use firefighting equipment, such as fire extinguishers.

Following these winter heating safety tips can create a warm and secure environment for your family during the colder months. Prioritizing safety ensures that your heating systems operate efficiently without compromising the well-being of your loved ones.



# SAVE A LIFE, LEARN FIRST AID/CPR

The Montgomery Fire Department offers quarterly American Heart Association HeartSaver First Aid/CPR certification classes.

The next class is scheduled for Saturday, February 10 from 8:00 am - 2:00 pm

Basic Life Support for Healthcare Workers 8:00 - 10:00 am HeartSaver CPR and AED 10:00 am - 12:00 pm HeartSaver First Aid 12:00 - 2:00 pm

There is a nominal fee to cover the cost of materials.

For more information or to sign up, please call 513-985-1633.





The Johnston Family 2023 Family Challenge Winners

# **CHALLENGE YOUR FAMILY THIS** WINTER, AND YOU COULD WIN A PASS TO THE POOL!

Spreading good cheer isn't just for the holidays! Reinforce the gift of helping others well into the new year.

We're challenging Montgomery families to spread kindness by volunteering. The second Montgomery Family Challenge kicks off on February 1.

Please choose from our 12 challenges at montgomeryohio.gov, then work with your family to complete them.

Complete 4 Challenges = 1 raffle ticket for the family pool pass Complete 8 Challenges = 2 raffle tickets for the family pool pass Complete 12 Challenges = 3 raffle tickets for the family pool pass

Challenges include donating toys, food, and other items, making cards for seniors, giving an unexpected gift to someone, or helping a neighbor. Challenge cards with activities, instructions, and information are available at montgomeryohio. gov and City Hall. For more information, contact Wendy Grethel at

wgrethel@montgomeryohio.gov or call 513-891-2424.

The challenge ends March 31 at 4:30 pm.

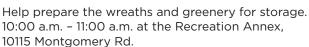
# OUR VOLUNTEERS SHINE!

Thank you to all our volunteers who helped make Holiday in the Village such a fun and festive occasion!

# **Upcoming Volunteer** Opportunity!

## Thursday, January 4

**Holiday Decoration Takedown and Storage** 





Scan the QR Code to sign up to volunteer. If you have an account but can't remember your login information, contact Volunteer Coordinator Wendy Grethel at wgrethel@montgomeryohio.gov or call 513-891-2424





# **FALL 2023 SEASONS OF** BEAUTY AWARD WINNER

The City of Montgomery Beautification and Tree Commission has awarded the fall 2023 Seasons of Beauty award to Jeff and Keli Womeldorff. The beautiful home on Campus Lane was a striking feature for both Halloween and the fall season.

The Womeldorff home was crawling with large spiders and blooming annuals that complimented this contemporary house's black and white façade. Decorative black spiders greeted guests from the front columns of the home, with white mums flanking the front steps. The flowers were highlighted with fall pumpkins and gourds in a variety of colors, which all blended seamlessly with the home's newer landscaping of yellow and green junipers, variegated liriope, boxwoods, and other evergreens. Taking in the sights of both the changing fall colors and trick-or-treaters, a family of skeletons was found relaxing on the front porch with their skeleton dog.

The Seasons of Beauty award recognizes homes and businesses in Montgomery with special front yards, window boxes, and planters that peak during certain



seasons as well as those homes and businesses with decorative features that celebrate the "season" or holiday.

Nominate your home or neighbor's home by emailing a photo and short description to aaronkellenberger@ gmail.com. The winter award winner will be selected this January and announced in the March Bulletin.



Pictures from the 2023 Garden Tour

# **CALLING ALL GARDENERS:** WE'RE LOOKING FOR GARDENS FOR OUR TOUR

If you're already thinking about your summer garden, make plans to show it off on our garden tour! Each year, Montgomery's Beautification and Tree Commission hosts a Garden Tour in June, which features 6-8 residential gardens. The tour allows people who visit each garden to get ideas for their own yards.

This year's tour is June 23, from 2 - 6 pm. Montgomery's Beautification and Tree Commission is looking for a wide range of traditional, unique, well-established, or newly planted gardens. Admission for the tour is free.

Contact Darla Hall (darlahall16@gmail.com) for questions or to have your home landscaping on the tour.



# LEGO ANIMATION MOVIE PRODUCTION







Monday, February 19 9 am to 3 pm **Ages 7-14** Terwilliger Lodge, Dulle Park

Lights, camera, action for LAMP CAMP

Lego Animation Movie Production Camp where campers design and create their sets. Film and edit their own Lego mini figure animated movie, inspired by an actual movie. (Avengers, Batman, Harry Potter or Star Wars).

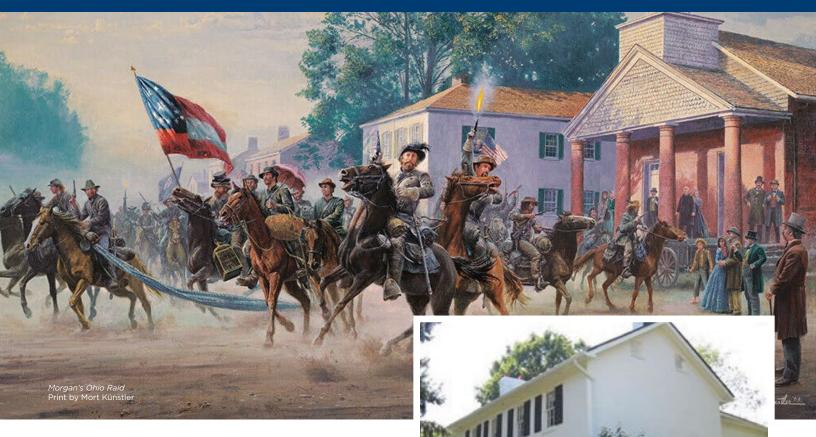
Using iPads campers will learn various stop motion animation techniques and visual effects editing. All movies will be uploaded to a Google Cloud Drive for additional viewing by friends and family.

Each camper should bring their own mini figure set to use in their LAMP Camp production.

Program fee is \$100 and includes a pizza lunch, snack and drink. This program has a minimum of 10 campers and a maximum of 30.

Register online at www.montgomeryohio.gov by February 12. For more information contact Lisa Lorenz at 513 792-8317





# DID YOU KNOW THAT **RESIDENTS OF MONTGOMERY** PLAYED A SIGNIFICANT ROLE IN THE CIVIL WAR?

At the beginning of the Civil War, Montgomery men enlisted in several Union Army cavalry and infantry regiments, most with the 4th and 5th cavalries. The cavalries trained at Camp Dennison, named for Governor William Dennison, which was one of three major training sites for Ohio soldiers. More than 50,000 Union soldiers were mustered in or out of services at Camp Dennison and as many as 12,000 men occupied the camp at one time. Doctor John Naylor, a Montgomery resident, served as a surgeon in Camp Dennison before serving as a village doctor after the war. The military hospital at Camp Dennison had over 200 beds in a series of wooden barracks.

In the summer of 1863, Confederate General John Hunt Morgan, and his cavalry of approximately 2,000 men rode through Montgomery during their nineteen-day raid across Indiana and southern Ohio. At the time, militia in Symmes and Sycamore Townships were to report to C. Constable in Montgomery. While the militia concentrated on the southern portions of Hamilton County, the Raiders swept through the northeastern areas, including Montgomery and Blue Ash, virtually unopposed, looking for fresh horses, food, and drink. Montgomery residents were creative in protecting their horses and property; however, the Raider's looted homes, stole horses and spread panic throughout Montgomery.

Many believe that the Grover-Kiellenberg House located at 10305 Montgomery Road was part of the Underground Railroad during the Civil War. The home has a large basement at a height that allows for standing and two fireplaces, which was highly unusual for the period. There were Underground Railroad networks throughout the country; however, due to its location. Ohio had the most active network of any other state with around 3000 miles of routes.

Grover-Kjellenberg House

Civil War Veterans buried at Hopewell Cemetery: Jacob Addison, Mannin Apgar, Henry Bolser, Samuel Carnes, Fred Carney, Alex Constable, Fred Cruger, William Doepke, Fred Deffinger, James Frame, George Freising, Charles Graham, Joseph Gray, Thomas Groover, Samuel E. Huston, William Henry Jones, Sgt. Lloyd Irwin, James D. Irwin, Robert Isdell, Thomas Isdell, Thomas Jenkins, David Johnston, John A. Jones, Willet Lepley, David Lind, W. Malsbary, James Mullen, Dr. John Naylor, John Phillips, James Radabaugh, John Ralston, Daniel Ready, John G. Riker, Daniel Riker, Joseph Roosa, Sylvester Roosa, William Smethurst, Jacob Snider, Tyler Snider, Henry Stowder, David Sutton, Foster Todd, Maxwell Vorhis, Sam Vorhis, Benjaminn Wines, Christopher Weller, John B. Weller, John W. Weller.

# GROUP FITNESS

Group Fitness Class Schedule 2024 - Session A								
Day	Class Name	Dates of Session	Session Length	Time of Class	Res.	Non-Res.		
Mon.	Mixed Level Yoga	1/15 - 3/4	8 classes 9:30 - 10:30 a.m.		\$40	\$45		
Mon.	Chair Yoga	1/15 - 3/4	8 classes	8 classes 11:00 a.m 12:00 p.m.		\$45		
Mon.	Yang Style Tai Chi	1/15 - 3/4	8 classes	7:00 p.m 8:00 p.m.	\$80	\$90		
Tue.	Cardio Strength and Stretched	1/16 - 3/5	8 classes	:lasses 9:00 - 10:00 a.m.		\$45		
Tue.	Tai Chi	1/16 - 3/5	8 classes 10:20 - 11:20 a.m.		\$80	\$90		
Tue.	Pilates	1/16 - 3/5	8 classes	6:00 - 7:00 p.m.	\$40	\$45		
Wed.	Mixed Level Yoga	1/17 - 3/6	8 classes	9:30 - 10:30 a.m.	\$40	\$45		
Wed.	Beginner Level Yoga	1/17 - 3/6	8 classes	11:00 - 12:00 a.m.	\$40	\$45		
Wed.	Bootcamp	1/17 - 3/6	8 classes	6:00 - 7:00 p.m.	\$40	\$45		
Thur.	Cardio Strength and Stretched	1/18 - 3/7	8 classes	9:00 - 10:00 a.m.	\$40	\$45		
Thur.	Restorative Yoga	1/18 - 3/7	8 classes	11:00 - 12:00 p.m.	\$40	\$45		
Thur.	Pilates	1/18 - 3/7	8 classes	6:00 - 7:00 p.m.	\$40	\$45		

Please visit the fitness page at montgomeryohio.gov for class descriptions, important information and registration.

# CRANE FLYING QI GONG WORKSHOP

# BY RALPH DEHNER

Qi Gong is a system of coordinated body posture and movement, breathing, and meditation. It is an excellent self-care practice that tunes the body's energy system, strengthens the body, and calms the mind. Crane Flying Qi Gong is one of the most practiced styles of Qi Gong taught in China.

The workshop's objective is to work to become independent to enable daily self-care. One-hour teaching sessions will be followed by independent and group practice sessions.

### Workshop details:

February 9, 10 and 11 6:30 - 8:30 p.m. on Friday, and 9 a.m. - 5 p.m. on Saturday and Sunday

Cost: \$200 for residents and \$220 for non-residents

Minimum 10, Maximum 25

Register at www.montgomeryohio.gov Registration closes February 2nd

### **About Ralph Dehner**

Ralph Dehner has been studying Qi Gong all his life, with serious practice and teaching beginning in the 1990s. He is also a certified occupational therapy practitioner. He brings the healing benefits of tai chi and qi gong to medical and therapeutic settings, working with patients and training allied health professionals to use tai chi and qi gong as part of their practice.



Ralph is an experienced teacher and trainer, balancing traditional Qi Gong curriculum with encouraging step-by-step instruction that builds confidence and success for students just beginning and those with many years of tai chi experience.

Ralph started his study of Flying Crane Qi Gong in 1990 with Master Wang Jiwu and received a lineage to teach in 1997. It has been the cornerstone of his daily practice since 1990. He has taught ai gong in medical and wellness centers across greater Cincinnati and Northern Kentucky.

As a passionate promoter of tai chi and qi gong, Ralph has been a keynote speaker and a frequent presenter at state and regional conferences, including the International Tai Chi for Health Conference in Seoul, South Korea, in 2006. He is frequently interviewed for radio, television, and newspapers on health and wellness and has won multiple awards for "Excellence in Continuing Education" from the Ohio Occupational Therapy Association.



10101 Montgomery Road Montgomery, Ohio 45242 Non-Emergency Police Dept. 513-985-1600

**Emergency** 

• Fire Dept. 513-985-1633 **Public Works** 513-792-8355

513-891-2424

Planning/Zoning/ Building 513-792-8309 City Hall

**PRESORTED** STANDARD U.S. POSTAGE PAID PERMIT #2417 CINCINNATI, OH



**Mental Health Presentation:** Coping with Grief January 30 at 7:00 pm Terwilliger Lodge

Register at montgomeryohio.gov



# **JANUARY 2024 EVENTS**

All event dates are subject to change or cancellation. Check the website and social media for the most up-to-date information.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
o		Trash	delayed one day for the ent		Holiday Decorating Takedown,	Christmas Tree/Wreath Pick up, Unlimited Yard Waste Pick up
	New Year's Day City offices closed		Council Business Session, City Hall, 6:00 p.m.	Holiday Decorating Takedown, Annex Building, 10:00 a.m.	Annex Building, 10:00 a.m. (rain date)	No stickers required, remove all tinsel and other decorations
7	8	Beautification and Tree Commission, Public Works, 9:00 a.m.	10	11	12	13 Christmas Tree/Wreath Pick up,
		Environmental Advisory Commission, City Hall, 5:00 p.m.	Landmarks Commission, City Hall, 6:00 p.m.	Parks and Recreation Commission, City Hall, 6:30 p.m.		Unlimited Yard Waste Pick up No stickers required, remove all tinsel and other decorations
14	15	16	17	18	19	Cardboard Recycling, 7315 Cornell Road, 10:00 a.m. – 1:00 p.m. Christmas Tree/Wreath Pick up,
	Martin Luther King Jr. Day, City offices closed, trash pickup as usual	4th Qtr. City Taxes Due Sister Cities Commission, City Hall, 6:30 p.m.	City Council Work Session, City Hall, 6:00 p.m.			Unlimited Yard Waste Pick up No stickers required, remove all tinsel and other decorations.
21	22	23	24	25	26	27
	Arts Commission, City Hall, 5:00 p.m. Planning Commission, City Hall, 7:00 p.m.	Diversity & Commission, City Hall, 4:00 p.m. Board of Zoning Appeals, City Hall, 7:00 p.m.				
28	29	30	31			
		Mental Health Presentation, Terwilliger Lodge, 7:00 p.m.				







