



CITY OF
MONTGOMERY
A CHARMING PAST. A GLOWING FUTURE.



BULLETIN

OFFICIAL PUBLICATION OF THE CITY OF MONTGOMERY • MARCH 2024



Be Kind to Your Mind

The 2nd Annual Mental Health Fair

Register now for this free Information Fair - Page 7

New Know Your
Neighbor Presentation

6

Montgomery Quarter
Update

9

Introducing the
Montgomery Food Tour

10

COUNCIL MESSAGE

SPRING IS COMING TO MONTGOMERY

BY LEE ANN BISSMEYER

Spring is a time for renewal and much like the weather you will see exciting projects taking shape in the City of Montgomery. We are all watching as Montgomery Quarter continues to evolve. Construction is progressing on the Hotel Rambler boutique hotel, which includes Sidecar Bar + Kitchen. The hotel will begin welcoming guests this time next year. In addition to such favorites as Livery, BruBurger Bar, and Kitchen Social, Montgomery Quarter will also welcome Deeper Roots Coffee and Kozue ramen/sushi. Apartments will lead the Phase Two construction on the development's south side.

An illuminated obelisk and landscaping will fill the roundabout at Montgomery Road and Cross County, welcoming guests to the City of Montgomery while welcoming residents back home.

Meanwhile, on the City's north end, the Vintage Club is preparing to welcome a new residence option that may be available as early as next year. Bespoke, a unique independent living option for those 65 and older, will contain 144 boutique units. There will be many common areas that include restaurants and shops open to the public for everyone to enjoy.

Traffic concerns have been high on the list of priorities, so we will be doing expanded street resurfacing this summer and upgrading six traffic lights along Montgomery Road so that traffic can move in the most efficient way possible.

Council and staff have been diving into the strategic plan. We use your responses as our guide to plan for future enhancements to the City. We've been working with a consulting firm that specializes in inspecting our City with a microscope and fresh eyes, then providing scenarios for us to consider, moving the City in the direction the residents want it to go. I'm excited about the new possibilities and hope to write about them in my next article.

City Staff has been busy planning everyone's favorite annual events and some new happenings for us to try out. The Young Artist Concerto Competition Concert on March 17 will again fill St. Barnabas Church with beautiful music. The Mental Health Fair at Twin Lakes on Saturday, April 6, will once again connect people to information and providers. See page 10 for more information on our second annual Mental Health Fair. New this year, save the date to walk and explore Montgomery while tasting some of our restaurants. The Montgomery Food Tour on April 27 allows you to sample food from 5-7 local restaurants. We will also offer DORA events in spring and summer, as well as yoga and movies on the lawn at Montgomery Quarter.

I hope you join us at these city-wide events, and as always, please reach out to Council and staff with any ideas you have to make the City the glowing future of our motto!

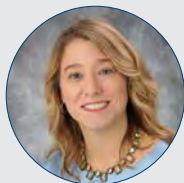
COUNCIL MEMBERS



Mayor
Ron Messer



Vice Mayor
Sasha Naiman



Member
Lee Ann Bissmeyer



Member
Chris Dobrozsi



Member
Craig Margolis



Member
Catherine Mills-Reynolds



Member
Ken Suer



COUNCIL CORNER

FEBRUARY 21, 2024 WORK SESSION

Montgomery City Council met in its regular monthly Work Session on Wednesday, February 21, 2024, at City Hall. Meetings begin at 6:00 p.m., with public comment welcomed on each item before City Council.

Pending Legislation

No Pending Legislation

New Legislation

A Resolution Accepting A Bid And Authorizing The City Manager To Enter Into A Contract with John R. Jurgensen Company For The 2024 Street Resurfacing Program

RECENT COUNCIL ACTION

Approved Legislation

February 7, 2024

No Legislation was presented or passed

These pieces of approved legislation can be reviewed on the City's website at www.montgomeryohio.gov or in the Safety Center vestibule at 10150 Montgomery Road, Montgomery Ohio 45242.

ADMINISTRATION



City Manager
Brian Riblet



Assistant City Manager
Tracy Henao



Clerk of Council
Connie Gaylor

Emergency
911
Non-Emergency
• Police Dept.
513-985-1600
• Fire Dept.
513-985-1633

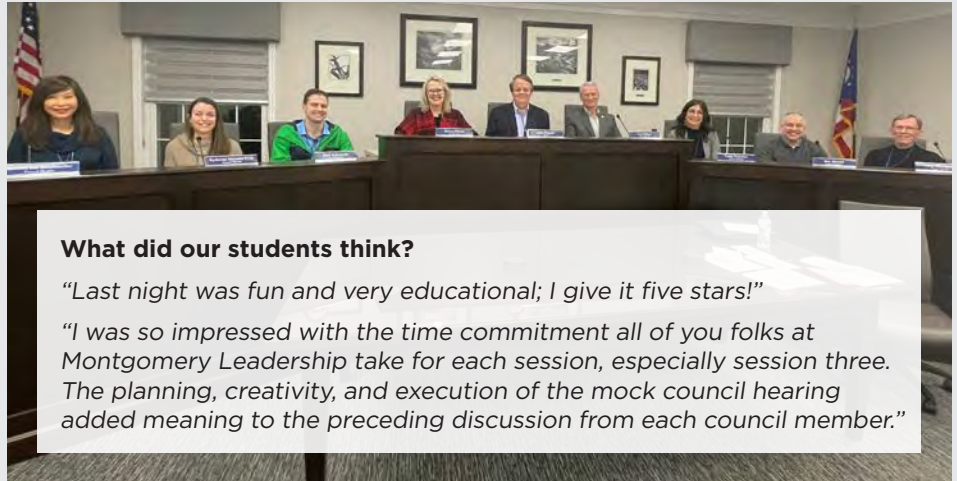
Public Works
513-792-8355
**Planning/Zoning/
Building**
513-792-8309
City Hall
513-891-2424

MCLA IS A ONE OF A KIND, HANDS-ON EXPERIENCE

Have you ever wondered what serving on Montgomery City Council is like? Our 25 Montgomery Citizens Leadership Academy students were given a feel for what it's like.

During our Session Three: Montgomery, Our Town, USA, students were assigned roles, including Mayor, City Manager, Council Members, and residents, as we walked through a mock city council meeting.

If you'd like to register for MCLA 2025, contact Amy Frederick at afrederick@montgomeryohio.gov or call 513-792-8358.



TAX FILING REMINDER

As a reminder, Montgomery tax returns are due by April 15, 2024, unless you have filed for a Federal Extension. The City of Montgomery partnered with the Regional Income Tax Agency (RITA) beginning October 1, 2023. For the quickest, easiest methods to file your return, please go to www.ritaohio.com and use Fast File and MyAccount. Tax Office staff are available for



questions or assistance submitting returns to RITA. You may visit the Tax Office in person or submit your tax documents by mail to 10101 Montgomery Road (45242). All mailed returns will be forwarded to RITA for processing. For questions or information, please call the Tax Office at 513-792-8333 or email us at tax@montgomeryohio.gov.

SERVE THE CITY YOU LOVE, SERVE ON A COMMISSION



Members promote visual and performing arts within our City. The Commission proposes and supervises programs, submits an annual budget, and reports its progress on projects and activities annually. Programs and events include Exposure Montgomery Photo Contest, Live at the Uni Concert Series, July 3 Patriotic Concert, and other projects.

Meetings are held on the fourth Monday of each month at 5:00 p.m.



The Landmarks Commission provides for the preservation of Montgomery's historical, architectural and archaeological heritage. The commission makes recommendations to the Planning Commission and City Council on matters of legislation and development that may affect the City's landmarks. The Commission also provides continuing education and promotes awareness of the City's heritage.

Meetings are held on the second Wednesday of each month at 6:00 p.m.

No special qualifications are required to volunteer for any Montgomery board or commission.

For further information on the respective board or commissions visit the City's website at montgomeryohio.gov. To apply contact Connie Gaylor at 513-792-8314 or cgaylor@montgomeryohio.gov.

EVELYN DUMONT RETIRES

After spending 34 years of dedicated service in local government, Evelyn Dumont, Community Development Customer Support and Office Manager, has retired.

Evelyn began working for the City of Montgomery in August 2001 and, since that time, has served several different roles at City Hall. Before working for the City of Montgomery, Evelyn worked for Amberley Village.

“What I have enjoyed most about my job in Montgomery is the people I have come to know both internally and throughout the community, and I will miss that interaction



very much,” said Evelyn. “I’m very grateful and feel extremely blessed to have been given this opportunity.”

Evelyn and her husband Jay plan to travel as much as possible and adhere to an exercise regimen.

This may not be the last we see of Evelyn. She plans to return to the City and volunteer at events and the front desk when needed. We sure hope she does!

Congratulations Evelyn! Enjoy your retirement.



MEET AMY SMITH

As we say goodbye to Evelyn Dumont, The City of Montgomery proudly welcomes a familiar face to City Hall. Amy Smith served as a Police Clerk at the Safety Center for the last five years. She has now moved to the role of Community Development Specialist.

“I decided to make the move because I wanted a new challenge and wanted to learn more about how the City operates on the City Hall side,” said Amy. “The thing I’m looking forward to the most is, of course, my new coworkers and learning a new department!”

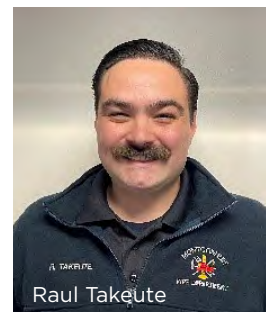
Amy enjoys spending time with her horses, Dude and Ziggy, and hiking with her two dogs, Winston and Bandit.

The next time you’re at City Hall, stop by and say Hi to Amy, who is now working at the front desk.

WELCOME TO MONTGOMERY

Please join the City of Montgomery in celebration, as we proudly welcome three new Firefighter/Paramedics to our department. Jeffrey Wurtz, Tyler Billman, and Raul Takeute. Chief Paul Wright and Assistant Chief Ben Shaprio head the Fire Department, which includes 22 Firefighter/Paramedics, a Firefighter/Lieutenant Inspector, and a customer service representative.

Please welcome Jeffrey, Tyler, and Raul. We are glad you are here!



EQUASION'S "COMPASSION THROUGH ACTION" MOBILIZING CINCINNATI'S INTERFAITH COMMUNITY

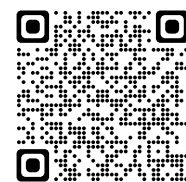
Leaders of the nonprofit, EquaSion ("Equality. Spirituality. Inclusion."), featuring several members of Montgomery's Diversity & Inclusion Commission, will give a presentation on their efforts to organize and activate Cincinnati's broad interfaith community.



Compassion Through Action
Tuesday, March 19 at 6:30 p.m.
Terwilliger Lodge, 10530 Deerfield Road
Free

In recent years, EquaSion has engaged local Christians, Jews, Muslims, Hindus (along with local Baha'is, Buddhists,

Zoroastrians, Jains, Unitarian Universalists, Pagans, Sikhs, Indigenous/Natives, Rastafarians, and New Thought Unity) to work together for an inclusive, equitable, and just community for everyone. Best known for its annual Cincinnati Festival of Faiths, EquaSion's activities include programs promoting interfaith understanding and respect, dialogue, and racial and environmental justice. The presentation will include a discussion of EquaSion's role in addressing the local repercussions from the current conflict between Israel and Hamas. <https://equasion.org/>



Please register for this event at MontgomeryOhio.gov, call City Hall at 513-891-2424, or scan the QR Code.

KEEP MORE ITEMS OUT OF THE LANDFILL

April 11
6:30 - 8:00 p.m.
Swaim Lodge, 7650 Cooper Road
Free! Register at montgomeryohio.gov

Billions of pounds of plastic, clothing, and other unwanted items end up in landfills each year. How much of that can we reuse or recycle? Find out!

Join the Hamilton County ReSource for a new discussion and presentation on Reuse! We'll talk about items you can keep out of the trash, what to do with them, and how those unwanted items can ultimately save you money!



YARD WASTE COLLECTION RESUMES MARCH 4

Beginning Monday, March 4, weekly yard waste collection will resume at no charge for all one and two-family residential homes.

The program limits collection to three bags, cans, or bundles at each residence (or one 90-gallon yard waste toter). Additional bags, cans or bundles require one \$4.00 Rumpke waste sticker per item. Additional 90-gallon toter's will require three stickers each after the first toter. Stickers are available at Montgomery City Hall during regular business hours.

- Loosely place yard waste in trash cans or in paper yard waste bags which are commonly available at grocery or hardware stores. **Do not** place bags in the curb lane on the street. **If the material is being placed in a garbage can or toter, please label it as "yard waste"** so it is not inadvertently collected as trash. **Do not** dispose of plants

in plastic planter tubs, separate plants for yard waste and plastic for recycling.

- Place yard waste on the opposite side of the driveway from regular trash. Leave the lids off cans containing yard waste. Freezing conditions seal the lids which does not allow for easy removal of yard waste. **No plastic bags will be accepted.**
- Place your cans, bags or bundles at the curb no earlier than 5:00 p.m. the night before your pickup and remove your containers by 9:00 p.m. the day of your pickup.
- Brush should be bundled in sizes up to 4 feet in length and 2 feet in diameter. The material should be fastened with cotton twine (No wire or plastic ties, please).
- Limbs need to be cut into 4 foot lengths and no larger than 6 inches in diameter.

Please see the City's website for more information montgomeryohio.gov



MONTGOMERY HOSTS 2ND ANNUAL MENTAL HEALTH FAIR

In partnership with Twin Lakes Life Enriching Communities, the City is hosting a Mental Health Fair on **Saturday, April 6 from 9:00 to 11:30 a.m.** at the Twin Lakes Davies Center located at 9840 Montgomery Road.

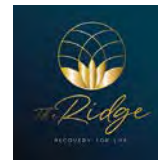
The Fair will feature the following speakers and topics:

- Care Solace presenting on Community Based Mental Health Care Assistance
- Twin Lakes and Alzheimer's Association presenting on Elder Care and Dementia
- Montgomery Police presenting on Crisis Intervention Training and Peer Support

- Mindfully Therapy and Counseling Services presenting on Effects of Social Media

Representatives from these organizations and a host of other area clinicians, treatment centers, and mental health organizations will be on hand to answer questions and share information.

For more information and to register for the event please visit the City website at montgomeryohio.gov/mental-health/, call City Hall at 513-891-2424 or scan the QR code.



MARK YOUR CALENDAR: SAFETY VILLAGE REGISTRATION STARTS IN APRIL

This summer, Montgomery Police Officer Rasheed Kassem heads up our Safety Village program. The program, held at Montgomery Elementary School, is for five- and six-year-old children entering kindergarten in the fall.

Officer Rasheed will help children learn about pedestrian and traffic safety rules, personal safety, school bus riding, fire safety, and more.

Registration for Montgomery residents begins Monday, April 8 at 8:00 a.m. and April 22 for non-residents. There is a \$25 fee for non-residents.

Please choose a week and a morning or afternoon session:

- June 3-7: 9:00 a.m. - noon or 1:00 - 4:00 p.m.
- June 10-14: 9:00 a.m. - noon or 1:00- 4:00 p.m.
- June 17-21: 9:00 a.m. -noon or 1:00-4:00 p.m.

Register at montgomeryohio.gov or call City Hall at 513-891-2424.



We're looking for Safety Village Assistants to help Officer Rasheed! Volunteers must be middle or high school students. We encourage our volunteers to sign up with a friend. Sign up at Montgomeryohio.gov/volunteer or scan the QR Code.



YOUTH SUMMER CAMPS | 2024

	<p>LEGO ROBOTICS</p> <p>SWAIM PARK LODGE</p> <p>AGES 6-14</p> <p>JUNE 3-7</p>	<p>LEGO STOP MOTION ANIMATION</p> <p>SWAIM PARK LODGE</p> <p>JUNE 10-14 AGES 6-9</p> <p>JULY 8-12 AGES 6-14</p>	<p>LEGO ROBOTICS</p> <p>SWAIM PARK LODGE</p> <p>AGES 6-14</p> <p>JUNE 17-21</p>	<p>ROBLOX</p> <p>SWAIM PARK LODGE</p> <p>AGES 6-14</p> <p>JUNE 24-28</p>	<p>FLAG FOOTBALL</p> <p>WELLER PARK</p> <p>AGES 6-14</p> <p>JUNE 25-28</p>
<p>SOCCER</p> <p>WELLER PARK</p> <p>AGES 5-12</p> <p>JULY 16-19</p>	<p>ART CAMP</p> <p>SWAIM PARK LODGE</p> <p>AGES 6-12</p> <p>JULY 15-19 JULY 22-26</p>	<p>BASKETBALL</p> <p>MONTGOMERY PARK</p> <p>AGES 5-12</p> <p>JULY 23-26</p>	<p>MOTION GRAPHICS</p> <p>SWAIM PARK LODGE</p> <p>AGES 10-14</p> <p>JULY 29-AUG 2</p>	<p>REGISTRATION BEGINS FEBRUARY 14</p> <p>VISIT MONTGOMERYOHIO.GOV FOR DETAILS AND TO REGISTER</p> <p>The Pickleball Camp will not be hosted</p> <p>FOR QUESTIONS CALL LISA LORENZ AT 513-792-8317</p>	



MQ MONTGOMERY QUARTER

MONTGOMERY QUARTER UPDATE: FREQUENTLY ASKED QUESTIONS ABOUT THE QUARTER

Progress continues at Phase I of the mixed-use Montgomery Quarter at the southern gateway to Historic Montgomery. The development team of Brandicorp, Neyer Properties, and Jeffery R. Anderson Real Estate, Inc. is working to bring this premier \$150 million mixed-use development project to life. With construction continuing, residents have a lot of questions about what is happening at Montgomery Quarter, so here are some answers to your most frequently asked questions.

What office and retail tenants are coming to Montgomery Quarter? Fifth Third Private Bank, Unlimited Systems, Creative Planning, AHEAD, PepsiCo, and Hellman Clothiers all have locations at Montgomery Quarter.

What brand is the hotel, and when will it open? The development team has secured The Tapestry by Hilton brand for the boutique hotel, which will be named The Rambler Hotel. The boutique hotel will feature multiple event spaces, a uniquely designed lobby bar named Sidecar, and luxury guest rooms.

Construction of the hotel is underway, with a targeted open date of the third quarter of 2025.

What restaurants are coming to the Quarter, and when will they open? Three restaurants, including Bru Burger, and Kitchen Social, are open in Montgomery Quarter. Kozue, which will feature sushi, ramen noodles, and other Japanese cuisine, is also targeted to open in March 2024. Deeper Roots Coffee will also come to the Quarter along Main Street, next to Kitchen Social. The development team is working on a lease for another restaurant that will hopefully be announced soon.



L I V E R Y

Livery, and Kitchen Social, are open in Montgomery Quarter. Kozue, which will feature sushi, ramen noodles, and other Japanese cuisine, is also targeted to open in March 2024. Deeper Roots Coffee will also come to the Quarter along Main Street, next to Kitchen Social. The development team is working on a lease for another restaurant that will hopefully be announced soon.

What is happening with Phase 2 of the development? Work has begun on-site utilities in Phase 2, along with clearing the site to make way for the next phase of development.

Base asphalt has also been put down for a new street to connect the project to the roundabout at Montgomery Road and Cross-County Ronald Reagan Highway. Phase 2 of the project will include additional apartments, restaurants, entertainment, and more.

Do you have questions about Montgomery Quarter? Send your questions to Amy Frederick at afrederick@montgomeryohio.gov, and we'll answer them in a Montgomery Insider Podcast, debuting in May.

YOUNG ARTIST CONCERTO COMPETITION CONCERT

On Sunday, March 17 at 7:00 p.m., the Blue Ash/Montgomery Symphony Orchestra will present "From the Top XII", featuring winners of the Jack and Lucille Wonnell Memorial Young Artist Concerto Competition, with WGUC radio host Suzanne Bona. The Orchestra will also play additional works. The concert will take place at St. Barnabas Episcopal Church, 10345 Montgomery Road in Montgomery. The concert is free.



NEW! Downtown Montgomery Walking Food Tour

With its array of standout restaurants, Montgomery has become a destination for food lovers across the region.

Enjoy a taste of signature items from 5-7 restaurants in the inaugural guided walking food tour of downtown Montgomery. Between delectable bites at restaurant stops, you'll also be treated to a taste of history while strolling through Montgomery's Heritage District and Montgomery Quarter.

Food tours run approximately 1.5 to 2 hours

Saturday, April 27th

Tour times: 1:00pm or 3:00pm

\$39 per person (21 and over)

Each tour is limited to 15 people

Register at www.montgomeryohio.gov beginning March 1



**Presented by
the Montgomery Arts Commission**

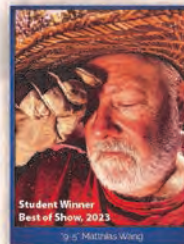
36th Annual

EXPOSURE:



MONTGOMERY

Photography Competition



Exhibition

Terwilliger Lodge, Montgomery Ohio

Sat, May 4 from 12-4

Sun, May 5 from 1-3

Awards Presentation

Sun, May 5

Judges:

Allie Blankenship Cincinnati Art Museum
Arabeth Balasko Cincinnati Museum Center
H. Michael Sanders UC Blue Ash

**Adult & Student
Entries Accepted
April 1-30**

Competition rules
and requirements:
montgomeryohio.gov



SPONSORSHIP OPPORTUNITIES



**CITY OF
MONTGOMERY**
A CHARMING PAST. A GLOWING FUTURE.

Hometown Americana
community events help make
Montgomery truly unique.

Many sponsorship opportunities
are available to organizations
of any size.

Businesses interested in 2024 sponsorship opportunities may contact
Julie Machon at jmachon@montgomeryohio.gov or at 513-792-8316.



SOLAR ECLIPSE PARTY

We're planning a Solar Eclipse Party at Montgomery Quarter and Weller Park! The eclipse is Monday, April 8. Watch for more details in the April Bulletin and MontgomeryOhio.gov.

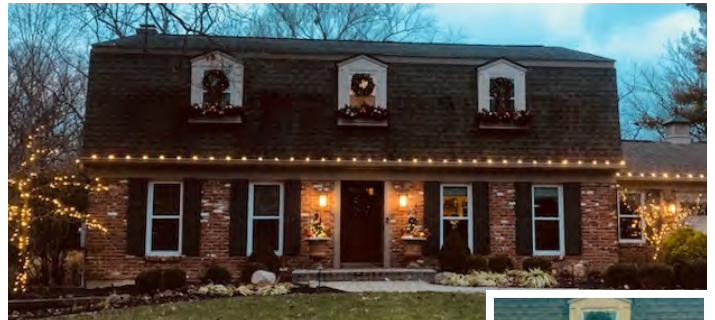
WINTER 2023 SEASONS OF BEAUTY AWARD WINNER

The City of Montgomery's Beautification and Tree Commission has awarded Patrick and Ruth Richter the winter 2023 *Seasons of Beauty* Award. The Richter's traditional home was beautifully and tastefully decorated in November, December, and January.

The home was stunning for the winter and holiday seasons (and maybe even a touch of the fall season), with a unique color scheme and an abundance of greenery and lighting. Sets of flower boxes on the upper windows and large urns flanking the front door were decorated with evergreens, glimmering ornaments, ribbon, and dried plants that were red, green, gold, and orange. Wreaths complimented a beautiful wreath on the front door hung above each flowerbox, and a lamppost was decorated in corresponding colors. At night, the home was perfectly lit with miniature white bulbs running across the lower roofline and bookended by two trees on the left and right of the house in similar lighting.

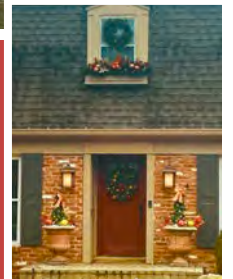
The *Seasons of Beauty* award recognizes homes and businesses in Montgomery with special front yards, window boxes, and planters that peak during certain seasons, as well as those homes and businesses with decorative features that celebrate the "season" or holiday.

Nominate your home or a neighbor's home by emailing a photo and short description to aaronkellenberger@gmail.com. The spring award winner will be selected this March or April and announced in the May Bulletin.



Add your garden to the B&T Commission's Annual Garden Tour. We're looking for all kinds of gardens.

The annual Garden Tour is Sunday, June 23 from 2-6 p.m. Contact Darla Hall at Darlahall16@gmail.com for more information.



WHAT IS A RAIN GARDEN AND WHY YOU'LL WANT ONE!

The Beautification and Tree Commission invites you to our B&T Talks: Water, Every Drop Matters!

Tuesday, April 9

7:00 p.m. at Terwilliger Lodge

FREE!

Presented by Aaron Habig, Conservation Program Specialist - Hamilton County Soil & Water Conservation District

Aaron Habig will walk you through what a rain garden is, how to build one, and the benefits of having a rain garden. This informative event will also cover general stormwater topics and how to deal with stormwater in your yard. You'll also learn about conserving water and other natural resources around your house.

Aaron assists landowners with drainage and erosion issues and ensures compliance with the Hamilton County Earthwork Regulations by performing site inspections and Recycling.

Space is limited to 75 attendees. RSVP is required at montgomeryohio.gov or call City Hall at 513-891-2424.



Photo credit: Creating Sustainable Landscapes

OUR VOLUNTEERS SHINE!

Family Volunteer Challenge

Spread some kindness to help brighten somebody's day! You have the whole month of March to complete some challenges to enter the drawing for a Montgomery Pool Pass.

All our 2024 volunteer opportunities are available online to sign up.

Mark your calendar for these volunteer opportunities:

Basket Planting

Tuesday, April 16, 2024, at 9:00 a.m. at Public Works, 7315 Cornell Rd.

Do you have Spring fever? Are you ready to start playing in the garden? Help plant the flower baskets that decorate Montgomery City Streets. Baskets will be stored in our greenhouse until the plants mature and the weather turns warm. Watch your baskets come alive with an abundance of flowers as they grace the city streets.



Beautification Day

Saturday, May 11, from 9:00 a.m. to 11:00 a.m.

Help plant the flower beds along the main thoroughfares and parks of Montgomery. This is a great activity for groups, families, and individuals.



For more information or to sign up, visit montgomeryohio.gov/volunteer or contact Wendy Grethel wgrethel@montgomeryohio.gov or 513-891-2424.



WARMER WEATHER BRINGS TRAVELING THIEVES

Every spring and summer, traveling thieves arrive in affluent suburban cities with crime on their minds. Some of these thieves are looking for easy opportunities, such as garage doors left open or unlocked doors. Meanwhile, others pose as home improvement workers going door to door, offering to pave or seal driveways, cut trees, and do other jobs for a cheap price. These thieves want payment upfront. Most homeowners who hire traveling workers experience shoddy work with substandard materials.

Here's what you should watch out for:

- Residents working in the yard with open garage doors are prime targets.
- If confronted, they will be looking for a dog, looking for directions, or asking for a glass of water.
- Mostly, they are not violent unless they are trapped inside your house. In that case, they use whatever force is necessary to escape.
- They tend to prefer SUVs and have out-of-state license plates.
- They may use diversion techniques, where a resident is approached by one person who starts a conversation while a second person is selecting your best jewelry.

To minimize becoming a victim:

- Lock all doors, even when working in the yard.
- Do not store valuables in predictable places.
- Be alert to your surroundings and challenge people walking through your neighbor's yards.
- Do not try to detain or overtake these people.

If you see something suspicious, get a detailed description of the subject and their vehicle and call Montgomery Police immediately.



HANDLING MEDICAL EMERGENCIES – WHEN TO CALL 911

It's important to know what to do in a medical emergency—it can save a life. One of the first questions to ask is whether the situation you are dealing with is truly an emergency that requires a trip to the emergency department. According to the American College of Emergency Physicians, these are all warning signs of a medical emergency:

- Bleeding that will not stop
- Breathing problems (difficulty breathing, shortness of breath)
- Change in mental status (such as unusual behavior, confusion, difficulty arousing)
- Chest pain or pressure
- Choking
- Coughing up or vomiting blood
- Fainting or loss of consciousness
- Any loss of movement of your leg, arm or face
- Any loss of coordination or problems with balance
- Suicidal feelings
- Head or spine injury
- Severe or persistent vomiting or diarrhea
- Sudden injury due to a motor vehicle accident, burns or smoke inhalation, near drowning, deep or large wound, etc.
- Sudden, severe pain anywhere in the body
- Sudden dizziness, weakness, or change in vision
- Swallowing a poisonous substance
- Upper abdominal pain or pressure

Call 911 if the person you are helping:

- Is unconscious, gasping for air or not breathing, experiencing an allergic reaction, having chest pain, having uncontrollable bleeding, or any other symptoms that require immediate medical attention
- Could be injured if they are moved (such as if they have been in a motor vehicle accident or have a neck injury)



Call 911 if you are experiencing a medical emergency and are alone. Do not drive yourself to the hospital if you are having severe chest pain or severe bleeding, if you think you might faint or if your vision is impaired.

For certain medical emergencies, such as a heart attack or stroke, taking an ambulance is safer because paramedics can deliver life-saving care on the way to the hospital.

Note: If you are not sure whether the situation is truly an emergency, call 911, and let the dispatcher decide whether you need emergency help. The 911 dispatcher will be able to tell you what to do until help arrives, such as providing step-by-step instructions to help someone who needs CPR or first aid, or who is choking.

To prepare yourself and your family for an emergency, here are steps to take:

- Know where the closest emergency department is and the fastest way to get there.
- Post emergency phone numbers by the phone, such as the poison control center, your doctors' phone numbers, and contacts for neighbors or nearby friends or relatives.
- If you have a chronic medical condition, wear a medical ID tag.





Spotlight

ON MONTGOMERY BUSINESSES

IV WELLNESS MOVES TO NEW LOCATION

IV Wellness has moved to its new, permanent location at 9707 Montgomery Road. The business says it offers transformative benefits of Intravenous (IV) hydration, a cutting-edge wellness solution to replenish the body's vital nutrients and restore balance.

"Say goodbye to fatigue, dehydration, and sluggishness as our expertly formulated IV drips infuse your system with a powerful blend of essential vitamins, minerals, and electrolytes," said Becki Hackett, IV Wellness. "Experience the rejuvenating effects firsthand as you enjoy increased energy levels, improved mental clarity, and enhanced hydration from the inside out."

Hackett says IV Wellness's healthcare professionals ensure a comfortable, personalized experience, tailoring IV hydration treatments to meet their clients' needs.

"Feel the difference as your body absorbs the nutrients directly, bypassing the digestive system for faster and more efficient results," said Hackett.

IV Wellness also now offers a spray tanning experience that is UV-free.

For more information, including hours of operation, go to iv-wellness.com



STORMWATER MANAGEMENT

Stormwater management is vital in reducing the chance of flooding inside your home. Homeowners should be aware of their property's drainage system to ensure it is properly functioning. Most residential lots utilize a swale system to move water away from and around the home. Below are some key factors to understanding your drainage system.

Drainage swales:

- These are shallow sided, sloped ditches designed to carry surface run-off from a property toward the nearest street, catch basin, or stormwater retention basin.

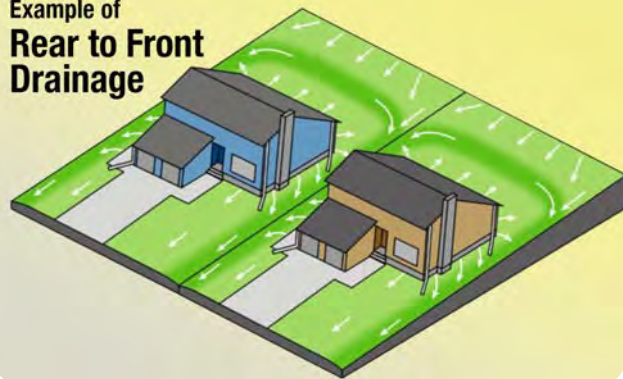
- They are typically located along shared property lines and sometimes at the back of a lot.
- It should be graded and maintained in accordance with the approved lot grading plan.
- Swales must be unobstructed and free draining. Residents are encouraged not to place sheds, landscaping, or any other object in a drainage swale.
- Do not plant trees in a swale, as over time, a large tree can impact drainage.
- Keep fences at least six inches above the bottom of a swale to allow water and small debris to pass under it.

There are generally two types of lot drainage:

1. Rear-to-front drainage

- The rear lot line is the high point on the lot.
- Surface water on the property is drained to side yard swales along the common lot line and out the front of the property toward the street.

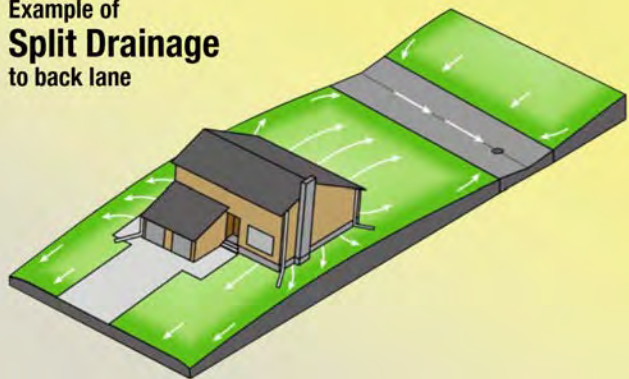
Example of
**Rear to Front
Drainage**



2. Split drainage to a rear yard swale

- The highest elevation is set near the midpoint on the property.
- Surface drainage then flows to the street and to the rear lot line onto a rear yard swale.

Example of
**Split Drainage
to back lane**





GROUP FITNESS

Group Fitness Class Schedule 2024 - Session B

Day	Class Name	Dates of Session	Session Length	No Class	Time of Class	Res.	Non-Res.
Mon.	Mixed Level Yoga	3/11 - 4/29	7 classes	25-Mar	9:30-10:30 a.m.	\$42	\$56
Mon.	Chair Yoga	3/11 - 4/29	8 classes		11:00 a.m.-12:00 p.m.	\$48	\$64
Mon.	Yang Style Tai Chi	3/11 - 4/29	8 classes		7:00-8:00 p.m.	\$80	\$90
Tue.	Cardio Strength and Stretched	3/12 - 4/30	8 classes		9:00-10:00 a.m.	\$48	\$64
Tue.	Tai Chi	3/12 - 4/30	8 classes		10:20-11:20 a.m.	\$80	\$90
Tue.	Pilates	3/12 - 4/30	8 classes		6:00-7:00 p.m.	\$48	\$64
Wed.	Mixed Level Yoga	3/13 - 5/1	7 classes	27-Mar	9:30-10:30 a.m.	\$42	\$56
Wed.	Beginner Level Yoga	3/13 - 5/1	7 classes	27-Mar	11:00 a.m.-12:00 p.m.	\$42	\$56
Wed.	Bootcamp	3/13 - 5/1	8 classes		6:00-7:00 p.m.	\$48	\$64
Thur.	Cardio Strength and Stretched	3/14 - 5/2	8 classes		9:00-10:00 a.m.	\$48	\$64
Thur.	Restorative Yoga	3/14 - 5/2	8 classes		11:00 a.m.-12:00 p.m.	\$48	\$64
Thur.	Pilates	3/14 - 5/2	8 classes		6:00-7:00 p.m.	\$48	\$64

Please visit the fitness page at montgomeryohio.gov for class descriptions, important information and registration.

SWIM TEAM REGISTRATION BEGINS IN MARCH

One of the best summer traditions in Montgomery is the Montgomery Makos Summer Swim Team. The team welcomes swimmers of all levels and abilities, ages 5-18, to join. The season focuses on technique, teamwork, and having fun.

Sign-ups for returning families start on March 6 and open to the community on March 20.



The team practices daily and has weekly meets against teams in the Tri-County Swim League before concluding the season at Championships. It's a ton of fun for everyone!

We look forward to seeing everyone at the pool this summer!

Visit montgomeryohio.gov for more details.



Emergency
911
Non-Emergency
• **Police Dept.**
513-985-1600
• **Fire Dept.**
513-985-1633

Public Works
513-792-8355
**Planning/Zoning/
Building**
513-792-8309
City Hall
513-891-2424

PRESORTED
STANDARD
U.S. POSTAGE
PAID
PERMIT #2417
CINCINNATI, OH



MARCH 2024 EVENTS

All event dates are subject to change or cancellation. Check the website and social media for the most up-to-date information.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 2024 Park Shelter Reservations Open Live at the Uni, Improv Show, 7 p.m., Universalist Church	2
3	4 Yard waste collection resumes Beautification and Tree Commission, Public Works, 8:30 a.m. Planning Commission, City Hall, 7:00 p.m.	5	6 Pool Memberships on Sale Council Business Session, City Hall, 6:00 p.m.	7	8	9
10 Daylight Savings time begins, spring ahead one hour, change smoke alarm batteries.	11	12 Environmental Advisory Commission, City Hall, 5:00 p.m.	13 Landmarks Commission, City Hall, 6:00 p.m.	14 Parks and Recreation Commission, City Hall, 5:30 p.m.	15	16 Cardboard Recycling, 7315 Cornell Road, 10:00 a.m. – 1:00 p.m.
17 BAMSO Young Artist Concerto Competition Concert, St Barnabas Episcopal Church, 7:00 p.m.	18 Planning Commission, City Hall, 7:00 p.m.	19 Sister Cities Commission, City Hall, 6:30 p.m.	20 City Council Work Session, City Hall, 6:00 p.m.	21	22	23
24 31	25 Arts Commission, City Hall, 5:00 p.m.	26 Diversity & Inclusion Commission, City Hall, 4:00 p.m. Board of Zoning Appeals, City Hall, 7:00 p.m.	27	28	29	30