

# Spring / Summer 2019

## Department of Leisure Services OAKWOOD COMMUNITY CENTER

105 Patterson Road ~ Oakwood Ohio 45419 ~ Phone: 937-298-0775

Email: [occ@oakwood.oh.us](mailto:occ@oakwood.oh.us) ~ Leisure Line: 297-2935 ~ Website: <http://www.oakwoodohio.gov>



Like us on Facebook: <http://www.facebook.com/cityofoakwoodohio>



**PARKS and RECREATION**  
**THE BENEFITS ARE ENDLESS...**



**SPRING**

**into**

**SUMMER**



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Jayne Morgan  
Corrie Taylor

**CUSTODIAN**  
Greg Snowden

*Dear Friends,*

*Happy Spring and Summer! Please browse through our exciting brochure as we offer a number of spring and summer activities for everyone to enjoy.*

*As spring approaches, take a stroll through our natural areas and enjoy the wildflowers that are scattered throughout these areas. What a spectacular sight you will see! Then walk to Smith Gardens and enjoy the gorgeous display of colorful spring bulbs, blooming shrubs and trees and a pond filled with goldfish...a beautiful place to take a picture.*

*The Friends of Smith Gardens will be having their annual perennial sale on the 26th and 27th of April at the OCC. Over 100 varieties of plants will be available for you to choose from. The prices are great so hurry in while the selection is good.*

*Please join us this summer for the 2019 Friends of Smith Gardens blanket concert series. This year's concert lineup promises to be one of the most enjoyable, filled with wonderful live entertainment for the whole family. Please see the brochure for the dates of the concerts. Each concert begins at 7:00 P.M. at Smith Gardens. In case of rain, the event will be held at the OCC. Hope to see you there!*

*Be sure to check our brochure for all of our new camps and programs we have planned for the summer months. A lot of fun is promised for all ages.*

*Sincerely,*

*Carol*

*Carol Collins, Director*

# MISSION

The purpose of Leisure Services is to enhance the quality of life of Oakwood residents by offering a variety of activities that encourage overall wellness, cultural opportunities and fellowship with neighbors. Its mission includes building upon the natural beauty of the city through the improvement, care and maintenance of parks, public gardens, boulevards and right-of-ways.

## OCC business office

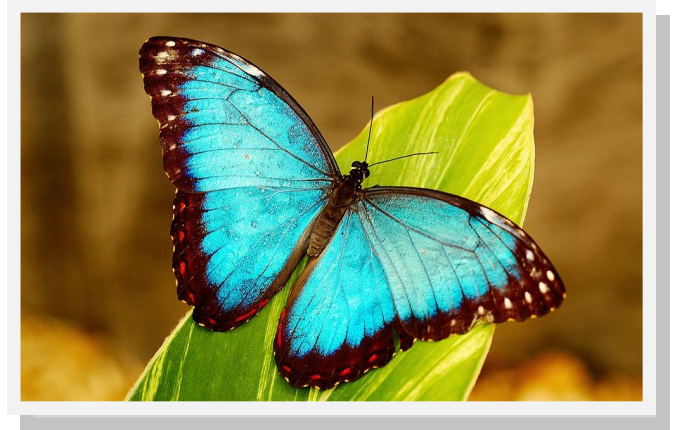
Monday-Thursday 8:00 A.M. - 9:00 P.M.  
 Friday 8:00 A.M. - 7:00 P.M.  
 Saturday 8:00 A.M. - 2:00 P.M.  
 Sunday 12:00 P.M. - 5:00 P.M.

## OCC health center

Monday-Thursday 6:30 A.M. - 9:00 P.M.  
 Friday 6:30 A.M. - 7:00 P.M.  
 Saturday 8:00 A.M. - 2:00 P.M.  
 Sunday 12:00 P.M. - 5:00 P.M.  
*See Business Office for class schedule and closed hours.*

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## OCC holiday hours



### MEMORIAL DAY WEEKEND

**Saturday, May 25**  
 Business Office, Health Center  
**Sunday, May 26**  
 Business Office, Health Center

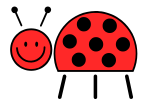
**Regular hours**  
 8:00 A.M. - 2:00 P.M.  
**Regular hours**  
 12:00 - 5:00 P.M.

**Monday, May 27**  
 All areas

CLOSED

**FOURTH OF JULY**  
**Thursday, July 4**  
 All areas

CLOSED



### LABOR DAY WEEKEND

**Friday, August 30**  
 Business Office, Health Center  
**Saturday, August 31**  
 Business Office, Health Center  
**Sunday, September 1**  
 All areas  
**Monday, September 2**  
 All areas

**Regular hours**  
 6:30 A.M. - 7:00 P.M.  
**Regular hours**  
 8:00 A.M. - 2:00 P.M.

CLOSED

CLOSED



**Don't Let a Good Class Die!!!**  
**Nothing kills a course quicker than waiting until the last minute to register. Coming on the day of the class won't save it...so please register early!!!!**





# FRIENDS OF SMITH GARDENS

## PERENNIAL SALE



The annual Friends of Smith Gardens "Perennial Sale" will be held on Friday, April 26th and Saturday, April 27th at the Oakwood Community Center, 105 Patterson Road, in Oakwood. The hours are from 3:00 P.M. - 8:00 P.M. on Friday and 9:00 A.M. - 3:00 P.M. on Saturday. The prices are great so hurry in to purchase your plants!

A wide variety of perennials, herbs, everlastings, ornamental grasses, wildflowers, hostas, ferns and daylilies will be available. A listing of plant material will be available from the OCC beginning Friday, March 1, 2019. For further information or for a complete listing of plants, please call 298-0775.



**DOOR PRIZES!!!**

**Volunteers are needed to help with the sale.  
Anyone interested in helping,  
please call Carol Collins at 298-0775.**



**SPECIAL EVENTS**



### FAMILY KITE NITE

Celebrate spring with your family at Old River Sports Complex by flying a kite! Kite Nite is a chance for you and the family to show off your flying skills or try flying a kite for the first time. You will need to provide your own kite for this event. There will be no kites provided. Bring your kite to fly or just come to enjoy the evening while watching others fly their kites. We can't guarantee weather conditions; there is no rain date for this program. Call the Leisure Line at 297-2935 for program updates!

**Date:** Sunday, April 28  
**Time:** 4:00 - 6:00 P.M.  
**Fees:** FREE  
**Location:** Old River Sports Complex

### FATHER/DAUGHTER DANCE

Saturday, May 4th from 7:30 - 9:00 P.M.

Dads, want to spend a night out with your best gal? Then how about the dance floor of the OCC? Come dressed in your best and spend a memorable evening with your "little princess". Join us for dancing and refreshments. This dance is open to all Oakwood dads and granddads with daughters and granddaughters between the ages of 5 and 11 years. Tickets are limited and must be purchased in advance at the Oakwood Community Center and are non-refundable/non-transferable.

*A photographer will be on site to take pictures for an additional fee.*

**Activity #:** 336650-04  
**Fees:** \$17 per couple (M); \$25 per couple (NM)  
**Location:** OCC Great Room



And dads, if you have more than one "best gal", no problem . . . \$7 per extra daughter (M) and (NM)



# Dad & Me, Mother's Day Cake Decorating

Looking for a great gift idea for Mother's Day? Come and decorate a Mother's Day cake for Mom! Ashley's Pastry Shop will be on hand to instruct the participants on icing and decorating tips. Dad and kids can have fun making this Mother's Day gift for Mom that she is sure to remember.

**Activity #:** 336170-05  
**Date:** Thursday, May 9th  
**Time:** 6:45 - 7:45 P.M.  
**Fee:** \$18 (M), \$27 (NM), \$36 (NR)  
**Instructor:** Teresa from Ashley's Pastries  
**Location:** OCC Large Classroom



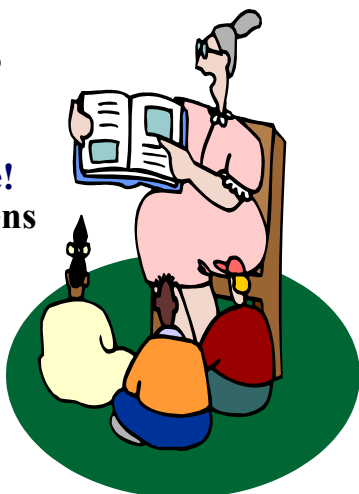
## Pre-School STORY HOUR AT SMITH GARDENS

The Leisure Services Department in conjunction with the Wright Memorial Public Library is pleased to present another fun season of "Pre-School Story Hour at Smith Gardens". Spend a magical morning in the Gardens with Wright Library Youth Services Staff as they read enchanting stories with your preschooler in mind. All dates are the fourth Fridays of the month during the summer. In case of rain, meet in the Garden House.

**Dates:** Friday, June 28  
 Friday, July 26  
 Friday, August 23

**Time:** 10:30 A.M.

**Fee:** Free to everyone!  
**Location:** Smith Gardens



### MARK YOUR CALENDARS!

Activities for 'THAT DAY IN MAY' are now being planned for Saturday, May 18th. More detailed information about this community event will appear later in local newspapers and the Oakwood Scene. Please see schedule and times of events on the back of the enclosed insert.

## FAIRY PRINCESS

### GARDEN TEA PARTY (ages 3 - 7)

Moms, bring your Fairy Princess and join us for an enchanted afternoon full of magical moments and memories at Smith Gardens. Together you will create fun Fairy Princess crafts, learn a special dance and enjoy Fairy Princess snacks and teas. Wear your princess outfit to this wonderful event that you will not want to miss.

**Activity#:** 105210-06  
**Date:** Saturday, June 8  
**Times:** 12:30 - 2:00 P.M.  
**Fee:** \$25 (M), \$37 (NM), \$50 (NR)  
**Instructor:** Shawnah Tibbs-Sergent  
**Location:** Smith Gardens

In case of rain it will be held in the OCC.  
 \$5 material fee due at registration.  
 Checks made out to Shawnah Tibbs-Sergent



**Registration Deadline:** Wednesday, June 5 at 9:00 P.M.

## TEDDY BEAR PICNIC in SMITH GARDENS

ages 3 - 5 (age 2 welcome if parent or guardian stays)

Girls and boys join us for a magical morning at Smith Memorial Gardens. Bring your favorite Teddy Bear! We'll create a special craft, play games including a bear scavenger hunt, have fun during teddy bear time and enjoy a beary special snack and drink.

**Activity #:** 105180-07  
**Day/Date:** Saturday, July 20  
**Time:** 10:00 - 11:30 A.M.  
**Fee:** \$20 (M), \$30 (NM), \$40 (NR)  
**Instructor:** Shawnah Tibbs-Sergent  
**Location:** Smith Gardens - In case of rain it will be held in the OCC Large Classroom.

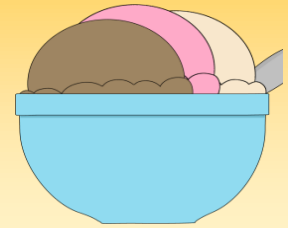


## ANNUAL ICE CREAM SOCIAL

**Sunday, August 11th at Shafor Park**

The Oakwood "Ice Cream Social" is a tradition held before school resumes in the fall. Families gather at Shafor Park for food, community entertainment, games and prizes for children of all ages. Rain or shine!!!

**Activity#:** 105010-08  
**Date:** Sunday, August 11  
**Times:** 3:30 P.M. Games Open  
 4:30 - 6:30 P.M. Dinner Served  
 7:00 P.M. Games and Social Close



**Rain location:** Oakwood Community Center

**ATTENTION: Oakwood Clubs and Organizations...**

Another feature of the Ice Cream Social is the "Avenue of Organizations". Non-profit groups may set up tables to share information, recruit members and introduce fundraisers. Call Karen Earley at 298-0775 for more information.

## Southern Ohio Flying K9s Dog Show Performance

The Southern Ohio Flying K9s (SOFK9s) is a non-profit group of disc (Frisbee) dog trainers and their canine athletes who conduct demos and performances and compete across the country in the sport of canine disc. They have multiple World Finalists in their club as well as World Champions.

When not competing, their members love to show how much fun the sport of canine disc is by performing demos and performances at local festivals, business functions and sports halftime shows. They have recently performed at a Cincinnati Bengals half time show!

SOFK9's will be showing freestyle demonstrations, a learning segment to show guests how to get started with their dog, a mini toss and fetch competition (boys vs girls) with guest judges pulled from the crowd and finally a meet and greet following each performance. Bring the whole family to Old River Sports Complex to enjoy this show!

Only the performing dogs will be allowed at the show. No other dogs will be allowed to be brought in to the field area.

**Day/Date:** Saturday, July 20  
**Time:** Dog Show Times: 3:00 - 3:30 P.M. and 4:30 - 5:00 P.M.  
 Event Time: 3:00 - 5:00 P.M.  
**Fee:** Free  
**Location:** Old River Sports Complex

NEW!



# FRIENDS OF SMITH GARDENS 2019 BLANKET CONCERT SERIES

The Friends of Smith Gardens and the City of Oakwood are pleased to present the “2019 Blanket Concert Series”. The series is a community favorite and this year’s schedule offers something for everyone. Bring your blanket and join us at Smith Gardens, located in the 800 block of Oakwood Avenue at the corner of Walnut Lane. Parking is available on Oakwood Avenue, side streets and around the City Building. In case of rain, the concerts will be held at the Oakwood Community Center, 105 Patterson Road. These concerts are **FREE** and open to the public.

**Sunday, June 9 at 7:00 P.M.**

**~ Madcap Puppets ~**

**“The Wonderful Wizard of Oz: Adapted by Dylan Shelton”**

Madcap Puppets is based in Cincinnati, Ohio and nationally recognized for engaging audiences through their original children’s theatre productions that include life size puppets. They work to entertain and educate children and adults. For this show you will travel down the Yellow Brick Road with Dorothy, Toto and their best friends; Scarecrow, Cowardly Lion and Tin Man. Madcap brings this epic adventure to life with breathtaking puppets in this enchanting, family-friendly classic. This life size play is sure to delight audiences of all ages. Bring the whole family to enjoy!

**Sunday, July 14 at 7:00 P.M.**

**~ Dave Greer’s Classic Jazz Stompers ~**

The Classic Jazz Stompers have been around since the early 1980’s and have played in jazz clubs and at jazz festivals in a wide variety of venues in and out of the country. They can be heard on the first Tuesday of each month at Jimmy’s Ladder 11 on Warren Street. The band plays jazz, blues, hot dance music and small band swing from the 1920’s and 1930’s. The Classic Jazz Stompers have performed at the new Levitt Pavillion in downtown Dayton. This performance will be sure to have you dancing along to the music so bring the family out to enjoy a great night of Jazz music.

**Sunday, August 4 at 7:00 P.M.**

**~ Puzzle of Light ~**

Puzzle of Light is a group of musicians with individual musical backgrounds and experience ranging from jazz and rock to ethnic and world music. Their music is both technically exciting and emotionally deep, earning the quintet standing ovations everywhere. Puzzle of Light’s original and experimental music demonstrates their respect for nature, as well as world cultures and thus they are sought-after by colleges performing arts venues, nature centers and outdoor garden amphitheaters. One of the band members, Michael Bashaw, will be putting together a sculpture to celebrate the 45th anniversary of Smith Gardens prior to the performance. This performance will also include audience participation so be sure not to miss this concert!

*In case of rain, concerts will be held in the OCC Great Room, 105 Patterson Road. Leisure Line - 937-298-0775.*

# 45TH ANNIVERSARY CELEBRATION!

**SPECIAL EVENTS**

**7**



**Free!**

## ORCHARDLY PARK CRAFTS

**Free!**

### Orchardly Park Shelter

Projects are most appropriate for ages 3 - 6,  
but all ages are welcome.

**Dates:** Wednesdays, June 5, July 10 & August 7

**Time:** 2:00 - 4:00 P.M.

Materials available for first 50 children. A parent or guardian must be in the park while the child participates in this activity.

**Location:** Orchardly Park shelter.

**Instructors:** OCC Summer Camp Staff



## FRIDAY NIGHT FUN

Parents are you looking for a night without the kids?? The OCC has the answer! Kids join us for a night of games, crafts, pizza and snacks. The night will end with a movie. Parents enjoy a night to yourselves while your kids have a Friday night full of fun activities. Children ages 4 to 10. [Space is limited to the first 15 children.](#)

**Activity #:** 305140-04

**Date:** Friday, April 12

**Time:** 7:00 - 10:00 P.M.

**Deadline:** Wed., April 10 at 9:00 P.M.

**Fees:** 1st child \$22 (M), \$33 (NM), \$44 (NR)  
2nd child \$17 (M), \$26 (NM), \$34 (NR)

**Location:** OCC Great Room/Teen Center

**Activity #:** 105140-05

**Date:** Friday, May 17

**Time:** 7:00 - 10:00 P.M.

**Deadline:** Wed., May 15 at 9:00 P.M.

## SHAFOR PARK GAME DAYS

### Shafor Park Shelter

Ages 4 - 10, but all ages are welcome.

Parent or guardian must be in the park while child participates.

**Dates:** Mondays, June 3, July 1 & August 5

**Time:** 2:00 - 4:00 P.M.

**FREE!**

Come to Shafor Park to play some pick-up basketball or kick the kickball or hit a homerun playing whiffle ball! The Summer Camp Staff will be there to organize some fun games to play and compete in. There might even be some prizes given away to the winning team/players!

**Instructors:** OCC Summer Day Camp Staff



# SELF-DEFENSE CLASS (for adults only)

## BUILD YOUR CONFIDENCE, AWARENESS AND SELF-DEFENSE SKILLS

During this class you will work on:

Situational awareness — How to stop an attack before it happens — Getting out/away if someone grabs you — Standard and unorthodox striking — Using pressure points and joint locking effectively.

If you have ever had the self-defense question, “What If?”, now is the time to ask!

**Activity #:** 136850-07

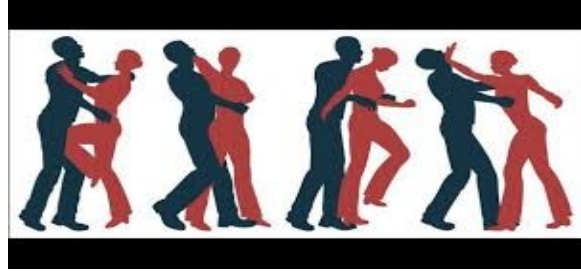
**Dates:** Saturdays, June 22 and July 20

**Time:** 11:00 A.M. - 2:00 P.M.

**Fees:** \$30 (M), \$45 (NM), \$60 (NR)

**Instructor:** Master Steven Schwab, Chung’s Academy

**Location:** OCC Great Room



## Attention All Artists & Future Artists!!

## Oakwood’s 4th Annual Pro-Am Art & Photography Exhibition

The Oakwood Community Center will be hosting our 4th Annual Pro-Am Art and Photography Exhibition. This event is for both current professionals and amateurs. Come and enjoy some of the great artistic talent we have in this community. We will have refreshments while you walk around and enjoy the artwork on display. There will be a private showing for only the artists that submitted their work to this exhibition on Sunday, November 3 from 12:00 - 1:00 P.M. This private showing is a great opportunity for all the artists, professionals and amateurs to come together and network. Your artwork will be displayed to the public at the Exhibition on Saturday, November 2 from 11:00 A.M. - 1:30 P.M. and Sunday, November 3 from 1:00 - 4:00 P.M. Artwork registration forms can be picked up at the OCC, 105 Patterson Road beginning Saturday, September 1.

**Artwork is due Monday, October 28, 2019 by 9:00 P.M.**

Exhibition: Saturday, November 2 from 11:00 A.M. - 1:30 P.M. & Sunday, November 3 from 1:00 - 4:00 P.M.

Private Showing (for artists only) Sunday, November 3 from Noon - 1:00 P.M.

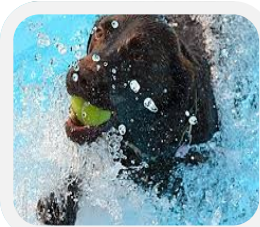
If you would like to volunteer to help out with this event contact Thomas Hayes at the OCC at 298-0775.

# ARF!!

## DOG SPLASH

at Gardner Pool  
Sunday, September 8th  
1:00 - 3:00 P.M.

# ARF!!



The Department of Leisure Services is currently working on plans to hold the annual dog splash event at Gardner Pool after the season ends on September 2nd.

As plans are finalized, more information will be available at the front desk at Gardner Pool and the OCC.



Watch for registration information in our fall brochure.

**Each dog must be pre-registered with current vaccination record information.**

SPECIAL EVENTS

# City of Oakwood Hollinger Tennis Center

The Oakwood Community Center is now taking new membership applications for the City of Oakwood Hollinger Tennis Center, located at 201 Shafor Boulevard. This facility offers quality tennis for the whole family on seven clay courts which have been regarded as the best in the region. The 2019 membership season runs from April 15th through October 15th. Benefits of the membership include seven clay courts; seven months of play; no court fees; social groups for women, men and mixed doubles and an air conditioned clubhouse. A great opportunity for family, single or junior memberships. If you are an OCC member, you will receive a discount on membership rates. Membership applications are available at the OCC. If you have questions about the Hollinger Tennis Center, please send an email to [hollingertennis@gmail.com](mailto:hollingertennis@gmail.com) or visit their website at [www.hollingertennis.com](http://www.hollingertennis.com).

## Hollinger Tennis Membership Rates

**Patron** (payment less membership fee is tax deductible donation) **\$1,000**

**Single \$415** (donation of \$585) **Family \$570** (donation of \$430)

**Family \$610**

**Single (26 and over) \$450**

**Junior (under 26) \$250**

**Friends of Hollinger** (formerly Associate) **\$100** (tax deductible)

**Trial Membership 30 Days \$30** *NEW MEMBERS ONLY*

**Guest Pass Book of 5 \$50**

**Guest Pass Book of 10 \$100**





# Orchardly Park Splash Pad

- Open daily 10:00 A.M. - 7:00 P.M.
- The splash pad at Orchardly Park is for children 10 and under. Children under 7 must be accompanied by an adult.
- Open weather permitting.

**Free!**



## POLICIES FOR GARDNER POOL

1. You must be a resident of the City of Oakwood to have a pool membership.
2. Membership cards must be shown each time you come to the pool and will be kept with the gate attendant for admittance each visit.
3. Report lost cards immediately to the pool manager. Replacement cards may be purchased for \$2.00 at the OCC.
4. Guests of members must purchase a guest pass each visit. Member must be present for the entire length of visit.
5. Babysitters of members must have a babysitter pass. (member must purchase)

**THERE WILL BE NO EXCEPTIONS TO THE ABOVE POLICIES.**

### Pool Membership Cards (purchase at the OCC)

Pool passes will be issued to each member. Individual passes must be shown and given to attendant each time you come to the pool. No one will be admitted unless they have a pass or pay a \$6 guest fee. Passes may be picked up at the OCC front office beginning Monday, May 13th if you have already purchased your pass. Only an adult parent or guardian will be able to pick up the passes for the family. **NO PASSES WILL BE GIVEN TO CHILDREN.** Passes purchased after May 13th will take 2-3 days to process. We will not be passing out passes at the OCC after Noon on Friday, May 24th. If you did not pick up your pass before that time, they will be available at the pool front gate beginning Saturday, May 25th. Members will be required to sign for their card.

### Pool Babysitter Pass (purchase at the pool)

Pool members may purchase a pass for their child's babysitter, which is good for 10 visits. The babysitter must be at least 16 years of age and responsible for children ages 10 and under.

Fees: \$25

### Pool Houseguest Pass (purchase at the pool)

A pool member may purchase a houseguest pass for individuals visiting and staying in the member's home. The member must always accompany the houseguest. The pass is good for seven consecutive days.

Fees: \$30 for up to three people      \$35 for more than three people

**Gardner Pool  
Open Swim Hours  
Daily  
Monday - Sunday  
12:00 Noon - 8:00 P.M.**

**WEEKDAY HOURS  
BEGINNING AUGUST  
August 12-16 - open 3:00-8:00 P.M.  
August 19-23 - open 3:00-8:00 P.M.  
August 26-30 - open 3:00-8:00 P.M.**

**AQUATICS**

## INFORMATION FOR YOUTH SWIM LESSONS

Beginning Memorial Day weekend, the staff at Gardner Pool will be available to pre-test your child to determine what level of swim lesson is best suited for the swimmer's needs. Testing will be done during adult swim or by prior arrangement with the management staff at the pool.

**Please note: Registration for all swim lesson sessions will begin on Monday, June 3rd at 9:00 A.M. at the OCC.**  
**YOU MUST BE A GARDNER POOL MEMBER IN ORDER TO REGISTER FOR SWIM LESSONS.**

As always, the mission of the Department of Leisure Services is to provide parents and participants positive experiences as well as beneficial instruction.

# SWIM LESSONS - \$30/SESSION

All lessons are Red Cross certified and taught by our certified lifeguard staff. Classes are held Monday - Thursday with Friday being a make-up day if inclement weather occurs. **You must be a Gardner Pool member to participate in lessons.**

**Registration:** Registration for swim lessons begins Monday, June 3rd at 9:00 A.M. at the OCC.

## TODDLER SWIM LESSONS

(ages 18 - 36 months)

**Class is limited to 8 toddlers and 8 parents.**

Parents will be in the water with their toddler during this class. Toddlers will be gently introduced to the water to help develop a level of comfort in and around water. This course is not designed to teach toddlers to swim, but to prepare them for lessons beginning at age 3.

<u>Activity #</u>	<u>Sessions</u>	<u>Dates</u>	<u>Times</u>
110450-2A	II	July 8 - July 18	10:30 - 11:00 A.M.
110450-3A	III	July 22 - Aug. 1	10:30 - 11:00 A.M.

**Fees:** \$30 includes one toddler and parent/caregiver; (Gardner Pool member) \$5/extra child

## 3 YEAR OLD SWIM LESSONS

This class is offered to swimmers that are 3 years of age at the time the class starts. No exceptions will be made. Class will be limited to 10 students per class.

<u>Activity #</u>	<u>Sessions</u>	<u>Dates</u>	<u>Times</u>
110300-2A	II	July 8 - July 18	11:00 - 11:30 A.M.
110300-3A	III	July 22 - Aug. 1	11:00 - 11:30 A.M.

## PRE-SCHOOL AQUATIC PROGRAM

(pre-school, 4 & 5 year olds)

To develop in young children a high comfort level in and around the water and a readiness to swim. This course does not teach children to be accomplished swimmers or to survive in water.

<u>Activity #</u>	<u>Sessions</u>	<u>Dates</u>	<u>Times</u>
110350-1A	I	June 17 - June 27	10:00 - 10:30 A.M.
110350-1B	I	June 17 - June 27	11:00 - 11:30 A.M.
110350-2A	II	July 8 - July 18	10:00 - 10:30 A.M.
110350-3A	III	July 22 - Aug. 1	10:00 - 10:30 A.M.

**Don't forget the Early Bird Discount  
Ends Tuesday, April 30th!!**

**Save some money...stop in today!**



# MONDAY - THURSDAY LESSONS

**\$30/session**

## LEVEL I - INTRODUCTION TO WATER SKILLS (AGES 5 & UP)

This level will help students become comfortable in and around the water. Learn basic water safety rules, front and back float and alternating arm action.

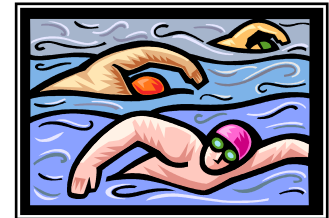
<u>Activity #</u>	<u>Sessions</u>	<u>Dates</u>	<u>Times</u>
110301-1A	I	June 17 - June 27	10:00 - 10:30 A.M.
110301-1B	I	June 17 - June 27	10:30 - 11:00 A.M.
110301-2A	II	July 8 - July 18	10:00 - 10:30 A.M.
110301-2B	II	July 8 - July 18	11:00 - 11:30 A.M.
110301-3A	III	July 22 - Aug. 1	10:30 - 11:00 A.M.
110301-3B	III	July 22 - Aug. 1	11:00 - 11:30 A.M.



## LEVEL II - FUNDAMENTAL AQUATIC SKILLS (AGES 6 & UP)

Gives students experience with the fundamental swimming skills; front and back float, rolling over and arm and leg combination.

<u>Activity #</u>	<u>Sessions</u>	<u>Dates</u>	<u>Times</u>
110302-1A	I	June 17 - June 27	10:00 - 10:30 A.M.
110302-1B	I	June 17 - June 27	10:30 - 11:00 A.M.
110302-2A	II	July 8 - July 18	10:30 - 11:00 A.M.
110302-2B	II	July 8 - July 18	11:00 - 11:30 A.M.
110302-3A	III	July 22 - Aug. 1	10:00 - 10:30 A.M.
110302-3B	III	July 22 - Aug. 1	11:00 - 11:30 A.M.



## LEVEL III - STROKE DEVELOPMENT (AGES 6 & UP)

Learn survival float, the elementary backstroke and coordinate the front crawl. Students will be introduced to the scissors kick and dolphin kick and will build on fundamentals of treading water and other skills.

<u>Activity #</u>	<u>Sessions</u>	<u>Dates</u>	<u>Times</u>
110303-1A	I	June 17 - June 27	10:00 - 10:30 A.M.
110303-1B	I	June 17 - June 27	10:30 - 11:00 A.M.
110303-2A	II	July 8 - July 18	10:00 - 10:30 A.M.
110303-2B	II	July 8 - July 18	10:30 - 11:00 A.M.
110303-3A	III	July 22 - Aug. 1	10:00 - 10:30 A.M.



## LEVEL IV - STROKE IMPROVEMENT (AGES 7 & UP)

Helps to develop confidence in the strokes learned thus far and to improve other aquatic skills. Students will increase their skills and improve their endurance by swimming front crawl and backstroke for greater distances. The back crawl and the breaststroke are introduced in this level as well as the basics of turning at a wall.

<u>Activity #</u>	<u>Sessions</u>	<u>Dates</u>	<u>Times</u>
110304-1A	I	June 17 - June 27	11:00 - 11:30 A.M.
110304-2A	II	July 8 - July 18	11:00 - 11:30 A.M.
110304-3A	III	July 22 - Aug. 1	11:00 - 11:30 A.M.



## LEVEL V - STROKE REFINEMENT (AGES 7 & UP)

Objective of this level is to coordinate and refine strokes (front crawl, back crawl, butterfly, breaststroke, elementary backstroke and sidestroke) and increase distance. Flip turns on front and back are introduced.

<u>Activity #</u>	<u>Sessions</u>	<u>Dates</u>	<u>Times</u>
110305-1A	I	June 17 - June 27	11:00 - 11:30 A.M.
110305-2A	II	July 8 - July 18	11:00 - 11:30 A.M.
110305-3A	III	July 22 - Aug. 1	11:00 - 11:30 A.M.



**AQUATICS**

# SWIM LESSON MINI-SESSION

**Fees: \$27.00 per person for the mini-sessions (Gardner Pool Members only)**

Parents and swimmers have liked the mini-session classes as a finish to their summer. We are offering these sessions again this summer. Limited to 10 swimmers per class.

Classes will be 45 minutes in length and will meet Monday through Friday. Students enrolling in Levels I – V must be the correct age for each level at the start of the session.

<u>Activity #</u>	<u>Sessions</u>	<u>Dates</u>	<u>Times</u>
110350-4A	Pre-School	August 5 - 9	9:30 - 10:15 A.M.
110301-4A	Level I	August 5 - 9	9:30 - 10:15 A.M.
110302-4A	Level II	August 5 - 9	9:30 - 10:15 A.M.
110300-4B	3 Yr. Olds	August 5 - 9	10:30 - 11:15 A.M.
110303-4B	Level III	August 5 - 9	10:30 - 11:15 A.M.
110304-4B	Level IV	August 5 - 9	10:30 - 11:15 A.M.
110305-4B	Level V	August 5 - 9	10:30 - 11:15 A.M.



## DEEP WATER WORKOUT *with Kathy Hensley*

This is a basic deep-water exercise class. Benefits include no impact, improved flexibility, improved muscle strength and cardiovascular fitness. It is recommended that you bring your own equipment but noodles and water weights will be available. ***OPEN TO GARDNER POOL MEMBERS ONLY.*** Kathy has been certified with the Aquatics Exercise Association for 14 years and has taught water exercise since 1986.

### Session I

**Activity #:** 110150-06  
**Days:** Mon. & Wed.  
**Dates:** June 3 - June 19  
**Time:** 8:45 - 9:45 A.M.  
**Fees:** \$48 (3 weeks)

### Session II

**Activity #:** 110150-07  
**Days:** Mon. & Wed.  
**Dates:** June 24 - July 17  
 (No classes July 1 & 3)  
**Time:** 8:45 - 9:45 A.M.  
**Fees:** \$48 (3 weeks)

### Session III

**Activity #:** 110150-08  
**Days:** Mon. & Wed.  
**Dates:** July 22 - August 7  
**Time:** 8:45 - 9:45 A.M.  
**Fees:** \$48 (3 weeks)

## WATER AEROBICS *with Karen Hochwalt*

Boost the intensity of your fitness routine by adding a water workout! Water aerobics provides all the benefits of a land aerobic workout without the pounding of the hard floor. Water provides a natural resistance that increases cardiovascular conditioning and muscle toning. ***OPEN TO GARDNER POOL MEMBERS ONLY.***

Karen Hochwalt has been certified with American Council on Exercise since 1987 and has been teaching at Gardner Pool since 1982.

### Session I

**Activity #:** 110200-06  
**Days:** Mon. & Wed.  
**Dates:** June 3 - June 26  
**Time:** 7:00 - 8:00 P.M.  
**Fees:** \$64 (4 weeks)

### Session II

**Activity #:** 110200-07  
**Days:** Mon. & Wed.  
**Dates:** July 15 - July 31  
**Time:** 7:00 - 8:00 P.M.  
**Fees:** \$48 (3 weeks)

### Session III

**Activity #:** 110200-08  
**Days:** Mon. & Wed.  
**Dates:** Aug. 5 - Aug. 21  
**Time:** 7:00 - 8:00 P.M.  
**Fees:** \$48 (3 weeks)



# OAKWOOD DOLPHINS SWIM TEAM

Miami Valley Swim Association League

June 3 - July 12

(Championship week July 15 - 19)

The program goal is to provide a fun, positive swim team experience for swimmers of all skill levels in an inclusive and team building environment. Swimmers can expect the coaching staff to provide large group endurance training, some technical instruction and team coaching at meets. **Swim lessons are strongly encouraged for swimmers of all ages who want and/or need individualized instruction. Swim team should not be viewed as a substitute for group swim lessons.**

Each family must provide one parent worker for every home meet in which you have a participating swimmer.

For the 2019 season, Melissa Kidney and Jessi Herwig will be the Swim Team Parent Representatives.

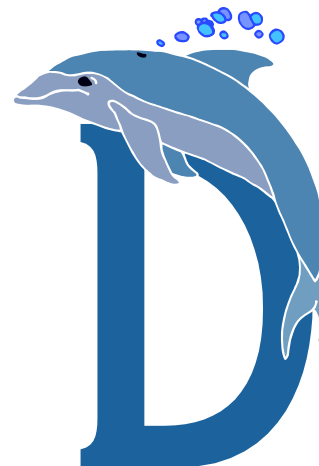
**PLEASE NOTE:**

All new swimmers 6 years of age and younger must have a safety evaluation done prior to registering for swim team. The safety evaluation will look for swimmer's confidence and ability to be safe in the water. This is not a stroke evaluation. Safety evaluations can be done anytime the pool is open by the Pool Manager on duty. The safety evaluation will be reviewed by the Recreation Supervisor and families will be contacted with a recommendation.

<u>Activity #</u>	<u>Ages</u>	<u>Days</u>	<u>Times</u>
110105-06	8 & under	Mon. - Fri.	8:45 - 9:30 A.M.
110106-06	9 - 10	Mon. - Fri.	8:00 - 8:45 A.M.
110107-06	11 - 12	Mon. - Fri.	9:30 - 10:15 A.M.
110108-06	13 & over	Mon. - Fri.	10:15 - 11:00 A.M.
110109-06	Special*	Mon. - Fri.	11:00 - 11:30 A.M.

\*Special needs as assigned by coaches.

- Fees:**
- \$60 - REGISTRATION FEE (Gardner Pool Members Only)** payable to the OCC upon registration. *This fee does not include championship entry fee.*
  - \$25 - TEAM FEE** per family payable to the Oakwood Dolphins before the first meet.
  - \$25 - CHAMPIONSHIP MEET ENTRY FEE** (optional) per swimmer payable to the Oakwood Dolphins on or before July.
  - \$50 -** Approximate cost for team suit (optional), cap, goggles, etc.



- Important Dates:**
- May 21** Parent Organization Meeting\*\*\* (parents only)
  - June 2** Registration Deadline at the OCC (\*\$15 late fee after this date)
  - June 2** Deadline to register on Swimtopia (Please visit <https://oakwooddolphins.swimtopia.com> and click on "Registration". (Registration is a two step process, please register both at the OCC and on Swimtopia).
  - June 3** Practice Begins
  - July 15-19** Championship Week (meet TBA)
  - July 21** Awards Picnic and Pool Party

**\*\*\*Parent Organization Meeting:  
Tuesday, May 21st from 7:00 - 8:00 P.M. at the OCC\*\*\*  
Lower Level Teen Center**

**AQUATICS**

## BICYCLE SAFETY CAMPS



Classes are taught by an Oakwood Public Safety Officer and are designed for the beginning rider. All participants must have the appropriate safety gear prior to the beginning of each session. There are two sessions of Beginning Riding. Sessions are the same.

### Oakwood Community Bicycle Extravaganza

Bicycle riding is a fun family activity that the whole family can enjoy. The City of Oakwood is such a great community to ride your bicycle in and notice the sights and sounds that you often miss when driving or riding in a car. Bicycling can give you a whole new perspective on your environment in the community. Also, it is a great form of exercise and has a lot of health benefits. Bring the family, call the neighbors and come to the Smith Elementary School parking lot to enjoy a morning of bicycling activities. Don't forget your bikes, helmets and safety gear.

K & G Bike Shop personnel will be on hand to help with minor repairs and adjustments.

Oakwood Safety Officers will be registering bicycles.

Dayton Cycling Club members will help adjust helmets and demonstrate safe-cycling techniques and etiquette. They will also lead a family fun ride, along with Oakwood safety officers, to Orchardly Park. Safe, proper riding techniques will be emphasized and followed. Everyone - children and adults - must wear helmets to participate in the ride. A limited supply of helmets will be available.

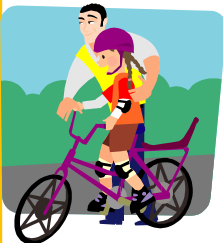
**Date:** Saturday, May 4 (*Rain Date: Saturday, June 15*)

**Times:** 9:30 - 11:00 A.M. Bicycle maintenance/registration/helmet adjustments.  
11:00 A.M. - 12:00 P.M. Family Fun Ride (ride will leave from Smith Elementary School parking lot at 11:00 A.M.) **EVERYONE MUST WEAR A HELMET TO PARTICIPATE IN THE RIDE, CHILDREN AND ADULTS!**

**Fees:** **FREE!**

**Location:** Edwin D. Smith Elementary School parking lot

### BEGINNING RIDING (ages 5 - 10)



This class is taught by an Oakwood Safety Officer and is designed for the beginner rider. All participants must have the appropriate safety gear prior to the beginning of each session. There are two sessions of Beginning Riding; sessions are the same.

This class will provide age appropriate education and skills for the beginner riders. The children will be instructed on safety issues, equipment and basic handling skills. All participants must be able to ride a bike before the session begins. There will be a bike ride at the end of class. Participants need to bring their bicycle and all safety equipment. Also, participants must be allowed to cross streets.

**Topics to be covered include:** Adjusting a bike to fit size - bike inspections and minor repairs - safety equipment - legal issues - sidewalk safety - crossing streets - mounting and braking skills.

The class will be completed in one evening. Held rain or shine, if inclement weather there will be no bicycle ride. Please bring bike and helmet to camp.

<b>Activity #:</b> 115151- 04	<b>Activity#:</b> 115151- 05
<b>Date:</b> Thursday, April 18	<b>Date:</b> Thursday, May 16
<b>Time:</b> 4:30 - 6:00 P.M.	<b>Time:</b> 4:30 - 6:00 P.M.
<b>Fees:</b> \$7 (M), \$10 (NM), \$14 (NR)	
<b>Location:</b> OCC Teen Center	

**Registration Deadlines:** Tuesday, April 16 at 9:00 P.M.  
Tuesday, May 14 at 9:00 P.M.

# Kids Trivia Game Days

(ages 7-12)

Join the OCC summer staff for Trivia Days! During trivia days, kids will be able to compete against each other by answering fun-filled trivia questions. The questions may involve different tasks or just the fastest answer. There will be different categories to choose from, such as movies, music and sports. Take a break from the heat to compete against your friends in some fun trivia. Snacks will be available along with special prizes for the winners!

<u>ACTIVITY #</u>	<u>DATE</u>
115380-06	Friday, June 7
115380-07	Friday, July 12
115380-08	Tuesday, August 6

**Time:** 1:00 - 3:00 P.M.  
**Fees:** \$8 (M), \$12 (NM), \$16 (NR)  
**Instructors:** OCC Staff  
**Location:** OCC Teen Center





## ULTIMATE FRISBEE CAMP (ages 9-11)

Sign up for this unique, fun and exciting sport! We'll focus on teaching fundamentals of the sport including all the throws and techniques for catching the disc. Also, emphasis on teamwork and sportsmanship, in addition to learning the game, will be stressed. The primary goal will be to learn a fun, life-long game and get some exercise at the same time. Teams will be coed and no prior experience with the sport is required. Every session will conclude with a pickup game.

### About Ultimate Frisbee:

Ultimate Frisbee is a non-contact, self-refereed team sport. It's sometimes referred to as Frisbee football and similarly, one team advances the disc (175 gram Frisbee) toward their goal while the other attempts to intercept and move toward the opposite goal. Size of the field is approximate to the length of a football field but narrower. The sport was founded in New Jersey in 1968 and has a chance to be added as an Olympic event as early as 2024 (Paris) or 2028 (Los Angeles).

**Activity#:** 115420-06  
**Days/Dates:** Monday - Friday, June 17 - 21  
**Time:** 10:30 A.M. - Noon  
**Fees:** \$35 (M), \$52 (NM), \$70 (NR)  
**Instructor(s):** Andy Altenburg and other experienced Ultimate Frisbee Players  
**Location:** Old River Sports Complex



Andy Altenburg has 20 plus years experience playing in league and pickup ultimate games in Chicago and Dayton area.

## IRISH DANCE CAMP

(ages 5 and up)

A fun dance experience for girls and boys ages 5 and up. Attendees will learn the basic footwork and fundamentals of Irish Dance as well as a fun traditional group dance. The camp is run by certified and experienced instructors and dancers from the Richens/Timm Academy of Irish Dance. We will wrap up the week with a performance on Friday to showcase our new talent! All attendees will receive a camp shirt at the end of the week.

**DRESS:** Athletic shorts and t-shirt. Any type of flexible shoes, ballet slippers, jazz slippers or even socks would suffice for footwear. Hair should be pulled up and away from the face.

**Activity#:** 115370-06  
**Days:** Monday - Friday  
**Dates:** June 3 - 7  
**Time:** 11:00 A.M. - 12:00 P.M.



**Activity#:** 115370-08  
**Days:** Monday - Friday  
**Dates:** July 29 - August 2  
**Time:** 11:00 A.M. - 12:00 P.M.

**Fees:** \$55 (M), \$83 (NM), \$110 (NR)  
**Location:** OCC Great Room

**Instructor:** Richens/Timm Academy of Irish Dance

## CAMP ZENTANGLE

(Ages 8 & older - Adults are welcome!)

Zentangle is a new, fun way to show off your creative side by creating art that is imaginative as well as structured and balanced. All you need is a pen, paper, a spark of creativity and a little bit of time.

**Activity#:** 124010-08  
**Day:** Thursday  
**Date:** August 8  
**Time:** 4:00 - 5:30 P.M.  
**Fees:** \$7 (M), \$11 (NM), \$14 (NR)  
**Location:** OCC Large Classroom



Jane Brennan, OCC Art Instructor, will provide you instruction and guidance; you supply the creativity and imagination. This is a fun and relaxing way to create beautiful images and drawings.

# SKYHAWKS SPORTS CAMPS

Skyhawks programs are the centerpiece in delivering quality sports programs that not only equip the athlete with physical skills, but also teach life skills through athletics! Skyhawks programs develop skills, refine talents and prepare young athletes for future endeavors and competition. Skyhawks staff members are always experienced in the sport they support and have been trained to share that knowledge with a young audience. Skyhawks level programs teach the fundamentals in an appropriately competitive environment where winning and losing are not everything but are a simple part of the game on the field and in life. These programs are designed for beginner to intermediate level players. Each camp includes quality instruction, t-shirt and a merit award.

Skyhawks participants should bring a snack, a water bottle, shoes (running shoes are fine) and sunscreen to each camp. Please put your child's name and phone number on all personal belongings. For more information about the Skyhawks programs, visit their website at [www.skyhawks.com](http://www.skyhawks.com).

## MINI-HAWK MULTI SPORT

(ages 4-7)

This multi-sport program was developed to give young children, ages 4 - 7, a positive first step into athletics. The essentials of baseball, flag football and soccer are taught in a safe, structured environment with lots of encouragement and a big focus on fun. Our Mini-hawk games and activities were designed to allow campers to explore balance, movement, hand/eye coordination and skill development at their own pace. Skyhawks staff are trained to handle the specific needs of these young athletes. The participant-to-coach ratio is approximately 8:1. All campers will receive a t-shirt and a merit award!

Participants should bring: appropriate clothing, shin guards (encouraged), baseball glove (encouraged), two snacks, water bottle, running shoes and sunscreen.

**Activity#:** 115290-6A

**Day/Date:** Monday - Friday, June 3 - 7

**Fee:** \$104 (M), \$156 (NM), \$208 (NR)

**Time:** 9:00 A.M. - Noon

**Location:** Old River Sports Complex

## MULTI-SPORT ~ SOCCER, FLAG FOOTBALL & BASEBALL (ages 6 - 12)

Multi-sports camps are designed to introduce young athletes to a number of different sports in one camp. Sports sampling will allow them to learn, have fun and begin to formulate their passion for a particular sport. Designed to motivate children to lead a healthy active lifestyle while giving them the fundamental skill sets needed to succeed and grow in whichever sport they choose. The participant-to-coach ratio is approximately 12:1. All campers will receive a t-shirt and a merit award!

Participants should bring: appropriate clothing, shin guards, lunch and a snack, water bottle, running shoes and sunscreen.

**Activity#:** 115290-7B

**Day/Date:** Monday - Friday, July 8 - 12

**Fee:** \$149 (M), \$223 (NM), \$298 (NR)

**Time:** 9:00 A.M. - 3:00 P.M.

**Location:** Old River Sports Complex

# new!

## OLD RIVER CAMP

(ages 8 - 13)

Join our amazing Camp Counselors at Old River Sports Complex for a week full of fun sports and games. The counselors will be setting up different games for campers to play throughout the week including soccer, dodgeball, Ultimate Frisbee and many more! Make sure to wear your athletic wear and bring a water bottle. This is a great opportunity to enjoy being outside during the summer and getting some exercise in. Take a break from the video games to enjoy this fun filled camp! (Camp will be held at the OCC in case of bad weather.)

**Activity#:** 115430-06

**Day:** Monday - Friday

**Date:** June 24 through June 28

**Time:** 10:00 A.M. - Noon

**Fees:** \$45 (M), \$67 (NM), \$90 (NR)

**Location:** Old River Sports Complex







## KIDDIE KAMP (ages 4-6)

Kiddie Kamp is a magical time for children, ages 4 - 6. This camp, designed with Pre-K and Kindergarten in mind, will provide a wide variety of activities that will keep them moving, laughing and enjoying the summer. The camp will meet Monday through Thursday in Shafor Park. Each camper will receive an email before the start of camp with important information that will need to be filled out and turned in to the counselors on the first day of camp. Please make sure you provide your email upon registering. Space is limited, so register early to be sure your child doesn't miss the fun!!!

### Theme: Fiesta

Fiesta, Fiesta, Fiesta! Come ready to party for this week's camp. Campers will be creating Hispanic party treats throughout the week and will be learning new dance moves. Campers will make their own mini piñatas and will have an opportunity to swing at a full size piñata at the end of the week. Be ready to have a lot of fun at this week long fiesta camp!

**Activity#:** 115100-6A  
**Dates:** June 10 - 13  
**Days:** Monday - Thursday  
**Time:** 10:00 - 11:30 A.M.



### Theme: Pirates & Mermaids

Come explore the open seas as pirates and mermaids. This week we will be looking for treasure and seashells! Campers will get to make their own treasure and sea creatures. Camp counselors will be doing a treasure hunt full of surprises. You won't want to miss this adventure camp.

**Activity #:** 115100-6B  
**Dates:** June 17 - 20  
**Days:** Monday - Thursday  
**Time:** 10:00 - 11:30 A.M.



### Theme: Rockstars

Get ready to rock out this week at camp as we have fun listening and playing fun rock songs. This camp will be full of dancing and singing. There will be plenty of air-guitar playing this week. Campers will get to make their own rockstar outfits and rockstar instruments. Get ready to rock and roll all week at this camp.

**Activity #:** 115100-7A  
**Dates:** July 8 - 11  
**Days:** Monday - Thursday  
**Time:** 10:00 - 11:30 A.M.



### Theme: Superheroes

Ever wanted to dress up as your favorite superhero, well this is the week to do that! All week you will get to come dressed as your favorite superhero. Campers will get to make their own superhero shields and gadgets. Camp counselors will also have superhero games for the kids to play throughout the week. Be prepared to save the world this week at superhero camp!

**Activity #:** 115100-7B  
**Dates:** July 22 - 25  
**Days:** Monday - Thursday  
**Time:** 10:00 - 11:30 A.M.



### Theme: Full of Art

Campers will get to be as creative and imaginative as they can be, doing all kinds of fun art projects. Art projects will consist of rock art, spray art, sculpture art and much more! Camp counselors will have all different types of ways to create your art pieces to take home. Make sure to bring your art clothes because this camp is sure to get messy as kids use their imagination to create their favorite art pieces.

**Activity#:** 115100-7C  
**Dates:** July 29 - August 1  
**Days:** Monday - Thursday  
**Time:** 10:00 - 11:30 A.M.



**Fees for each camp:**  
**\$40 (M), \$60 (NM), \$80 (NR)**  
**Location: Shafor Park**

## CAMP SHAFOR (ages 7-10)

Here comes another fun season of Camp Shafor! This recreational camp gives children an opportunity to enjoy a wide variety of activities including field trips, crafts, games and lots of fun! Our Friday field trip will take us to exciting new locations each session. Each camper will receive an email before the start of camp with important information that will need to be filled out and turned in to the counselors on the first day of camp. Please make sure you provide your email upon registration! Space is limited so register early!

**CAMPS ARE MONDAY THROUGH FRIDAY.**

### Theme: Jungle Trek

Lions, tigers and bears ohh my!! This week campers will be exploring the deep depths of the jungles where they will be making their own jungle animals to take home and swinging from tree to tree like Tarzan playing different jungle themed games. You won't want to miss the fun filled trip at the end of the week to visit Houk Stream and explore Oakwood's own jungle.

**Activity #:** 115250-6A  
**Dates:** June 10 - 14  
**Time:** 12:30 P.M. - 3:30 P.M.  
**Trip:** Houk Stream



### Theme: Desert Oasis

Who wants to come explore all the adventures that a desert has to offer? You will have the opportunity to learn all about the animals and plants that live in the desert. You will also get to make your own desert survival packs and create some fun sand art. Camp counselors will have plenty of fun games for you to play throughout the week. At the end of the week campers will be traveling to Old River Sports Complex to take part in some fun activities.

**Activity #:** 115250-6B  
**Dates:** June 17 - 21  
**Time:** 12:30 - 3:30 P.M.  
**Trip:** Old River Sports Complex



### Theme: Space Exploration

Get ready to launch off into space for this camp and explore all the exciting things that space has to offer! Campers will get to build their own rocket ships and play space games in the park. You won't want to miss the field trip for this camp where we will be traveling to Moraine Rec Department to be a part of several different fun programs that day.

**Activity #:** 115250-7A  
**Dates:** July 15 - 19  
**Time:** 12:30 - 3:30 P.M.  
**Trip:** MVRAC Field Day (Moraine Rec)



### Theme: Deep Blue Ocean

This week campers will be diving into some fun learning all about the deep blue ocean. Campers will be learning about all the different creatures that live in the ocean and will get to make their own ocean crafts to take home. At the end of the week campers will get to spend the day at the Orchardly Water Park playing games and cooling down in the water features.

**Activity #:** 115250-7B  
**Dates:** July 22 - 26  
**Time:** 12:30 - 3:30 P.M.  
**Trip:** Orchardly Water Park



**\*\*Parents will need to drop off and pick up children from field trip locations except for the MVRAC Field Day\*\***

**Fees for each camp:**  
**\$55 (M), \$82 (NM), \$110 (NR)**  
**Location: Shafor Park**

# Summer Fun!

SUMMER CAMPS

# CAMP HODGE PODGE

ages 8 - 13

These one day camps are designed for older campers. Each of these mini-camps is different and allows children to try new things. Sign up for one or all six!

SUMMER CAMPS

## Theme: Bake-Off!

Looking to be the next big chef when you grow up? Come test your baking/cooking skills at this camp. Campers will get to make their favorite dish and then we will have Oakwood Staff judge the dishes to determine a winner. Make sure to pick up the Bake Off form when you register. The camp fills up fast so make sure to sign up soon. **Max of 8 students!**

**Activity #:** 115450-7B  
**Date:** Monday, June 24  
**Time:** 1:00 - 3:00 P.M.  
**Instructor:** OCC Staff  
**Location:** OCC Teen Center

## Theme: Nerf Gun Wars

This camp will take place at Old River Sports Complex where we will be having nerf gun battles. Who can survive the longest in this fun camp of nerf gun wars? Campers will need to supply their own nerf guns to participate in this camp. *(weather dependent)*

**Activity #:** 115450-7A  
**Date:** Wednesday, June 26  
**Time:** 1:00 - 3:00 P.M.  
**Instructor:** OCC Staff  
**Location:** Old River Sports Complex

## Theme: Card Game Chaos

Crazy 8's, Go Fish, Hand and Foot, Euchre...we will play them all! Learn a new card game or teach us one of your favorites. We may even have a trick up our sleeve!!

**Activity#:** 115450-6A  
**Date:** Friday, June 28  
**Time:** 1:00 - 3:00 P.M.  
**Instructor:** OCC Staff  
**Location:** OCC Teen Center

## Theme: Scavenger Hunt/Hike

This camp will meet down at Houk Stream and campers will get to explore the outdoors in Oakwood. Campers will enjoy a nice group hike while finding items for their scavenger hunt. *(weather dependent)*

**Activity#:** 115450-7C  
**Date:** Monday, July 29  
**Time:** 12:00 - 2:00 P.M.  
**Instructor:** OCC Staff  
**Location:** Houk Stream

## **Fees for 1 Day Camp:**

**\$15 (M),  
\$22 (NM),  
\$30 (NR)**

## Theme: Whiffleball Tournament

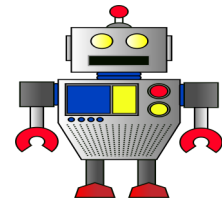
Sign up for this camp to join in on a fun game of backyard whiffleball. Campers will be separated into teams and let the homeruns begin. Enjoy some halftime snacks and drinks before heading back out onto the field for the last few innings.  
*(weather dependent)*

**Activity#:** 115450-8A  
**Date:** Wednesday, July 31  
**Time:** 12:00 - 2:00 P.M.  
**Instructor:** OCC Staff  
**Location:** OCC Teen Center

## Theme: Robotics

Ever wanted to make your own robot? Well this camp will allow you the opportunity to build your own robot to take home. Make sure to sign up early for this class before it fills up!

**Activity #:** 115450-8B  
**Date:** Friday, August 2  
**Time:** 12:00 - 2:00 P.M.  
**Instructor:** OCC Staff  
**Location:** OCC Teen Center



## Kidz Home Alone (entering grades 4th - 6th)

This course is designed to teach children about being home alone. It is an avenue to begin discussions between parent and child regarding possible situations that may arise. At the end of the class, students feel more confident, learn to THINK and ACT appropriately if an unusual situation should occur while they are home alone. Students must attend both classes to complete the class.

Students will learn:

- \* The importance of having emergency phone numbers
- \* First Aid & Safety
- \* Why it's necessary to have "house rules"
- \* Severe weather planning
- \* The reasons to call 911
- \* The Self Heimlich Maneuver
- \* Fire escape planning

**Activity#:** 136090-06  
**Days:** Tuesday & Thursday      **Dates:** June 4 & 6      **Time:** 12:00 - 2:00 P.M.  
**Fees:** \$75 (M), \$112 (NM), \$150 (NR)  
**Instructor:** Enriching Kidz, Inc.      **Location:** OCC Teen Center



# Summer Dance Camps with Miss Camille



## Summer Camps 2019 with Miss Camille

Please join us this Summer to explore the beautiful art form of classical ballet! We have some exciting new camps including a mid-week version of the popular Mini Dance Camp, offered at a *convenient early evening time*. Back by popular demand is **Ballet Lunch Bunch**, exclusively for your three or young four-year old son or daughter. Experienced dancers entering grades 3-5 get an edge for Fall with our **Jr. Classical Ballet Camp**. And for the women who make it all happen, a limited evening offering just for you, **Ballet Barre & Wellness Stretch**. Whether this is your first time to take ballet or, you are returning for yet again another summer, Oakwood Ballet camps are packed with an array of stimulating learning opportunities, beautiful live piano accompaniment, and FUN!

Oakwood Ballet is proud to include the American Ballet Theatre's National Training Curriculum. Miss Camille is an ABT @ Certified Teacher in all levels. Please visit: [oakwoodballet.com](http://oakwoodballet.com).



## MINI DANCE CAMP (ages 4 - 5 and entering Kindergarten)

Enjoy dancing, listening to famous ballet stories, and creating your own Dance Book in this popular camp for young dance enthusiasts. Pack a snack each day to enjoy with your friends and get ready for a great week wrapped up with a Cookie Farewell! Dress Code: **Girls** -pink tights, pink leotard (Bloch #C5402) pink leather split-sole ballet shoes (Bloch or Capezio). Long hair should be in a ponytail or braid. **Boys**- Plain white tee shirt, black or dark blue shorts, white crew socks, white or black ballet (Bloch or Capezio).

**Activity #:** 115400-06

**Dates:** June 25 - 28 **Days:** Tuesday - Thursday

**Times:** 12:45 - 3:15 P.M. **Friday - 12:45 - 2:40 P.M. Open House at 1:45**

**Fees Per Session:** \$65 (M), \$98 (NM), \$130 (NR) **\*\*Material fee payable to Miss Camille \$10.00 due first day of camp.**

## JUNIOR CLASSICAL BALLETT CAMP

(entering grades 3-5)

This camp, packed with fun, is a great bridge to Fall ballet classes! Incoming third graders are introduced to *barre work*, while 4th and 5th graders hone familiar steps and master new ones. Each student is provided with a journal to record French ballet terminology and create and decorate drawings of choice. Summertime fun includes snacks (student provides) and ballet games with your friends. Get ready to perform for family and friends at our special Friday presentation followed by a Cookie Farewell!

### DRESS CODE:

Light blue cap-sleeved leotard (Bloch #C5402); pink tights, pink split-sole ballet shoes (Bloch or Capezio); matching blue chiffon skirt (Theatricals #TH5110C). Hair is required to be in a proper bun every day.

**Activity #:** 115407-07

**Dates:** July 29 - August 2

**Days:** Monday - Thursday

**Times:** 1:15 - 4:30 P.M.

**Friday - 1:15 - 3:30 P.M.**

**Open House at 2:30**

**Fees:** \$85 (M), \$128 (NM), \$170 (NR)

**Location:** OCC Great

**\*Material fee payable to Miss Camille \$10.00 due first day of camp.**

**NEW!!**

## YOUNG DANCERS CAMP

(entering grades 1 & 2)

Young Dancers Camp begins with the beauty of classical ballet in our daily lesson. Explore your creative ideas to make cool stuff during our arts and crafts time. Have some dancing fun and make up your own dance! Enjoy a snack and a drink (student provides) to enjoy with your friends Monday-Thursday. On Friday, we will have an Open House and celebrate with a Cookie Farewell!

### DRESS CODE:

**Girls:** Pink footed tights, pink leotard (Bloch #CL5402), pink Bloch split-sole ballet shoes; pink chiffon skirt (Capezio #N1417C). Hair is required to be in a bun or pony tail.

**Boys:** Plain white tee shirt, black or dark shorts, white crew socks, white or black ballet shoes (Bloch or Capezio).

**Activity #:** 115402-07

**Dates:** July 22 - 26

**Days:** Monday - Thursday

**Times:** 3:15 - 4:30 P.M.

**Friday - 3:15 -4:30 P.M.**

**Open House at 3:45**

**Fees:** \$70 (M), \$105 (NM), \$140 (NR)

**Location:** OCC Great Room

**\*Material fee payable to Miss Camille \$10.00 due first day of camp.**

SUMMER CAMPS

# BALLET LUNCH BUNCH (ages 3 & young 4's)

This lively camp offers an exciting mid-week activity for independent girls and boys. In addition to fun with movement and music, **Ballet Lunch Bunch** sneaks in social and interpersonal skills through a variety of imaginative and engaging activities. Each day includes dancing fun, lunch with our friends (student provides), ballet story time and special surprises with The Magic Prop Box. We say goodbye on Thursday with a Cookie Farewell!

Dress Code: **Girls**- pink footless tights (no shoes), pink leotard (Bloch C5402). Long hair pulled off face in pony tail, or braid. **Boys** – Plain white tee shirt, black or dark blue shorts (no shoes).

## Session I

**Activity #:** 115405-07  
**Dates:** July 9 - July 11  
**Days:** Tuesday, Wednesday & Thursday 11:00 A.M. - 1:00 P.M.

## Session II

**Activity #:** 115405-08  
**Dates:** August 6 - August 8  
 Tuesday, Wednesday & Thursday 11:00 A.M. - 1:00 P.M.

**Fees:** \$40 (M), \$60 (NM), \$80 (NR)

**Location:** OCC Great Room

\*Material fee payable to Miss Camille \$5.00 due first day of class.



# EVENING MINI DANCE CAMP (ages 4 - 6)

A twist on our popular Mini Dance Camp with a convenient early evening time. We meet on three consecutive evenings to listen to some beautiful ballet stories, color our own ballet pictures, and have lots of dancing fun! We top off our Camp with a Cookie Farwell on Thursday!

Dress Code: **Girls** - pink footed tights, pink leotard (Bloch #CL5402), pink leather split-sole ballet shoes (Bloch or Capezio), long hair should be in a ponytail or braid. **Boys** - solid white tee shirt, black or dark blue shorts, white crew socks, white or black ballet shoes (Bloch or Capezio).

## Session I

**Activity #:** 115406-07  
**Dates:** July 9 - July 11  
**Days:** Tuesday, Wednesday & Thursday 5:30 P.M. - 6:45 P.M.

## Session II

**Activity #:** 115406-08  
**Dates:** August 6 - August 8  
 Tuesday, Wednesday & Thursday 5:30 P.M. - 6:45 P.M.

**Fees:** \$30 (M), \$45 (NM), \$60 (NR)

**Location:** OCC Great Room

**Material Fee:** \$5 payable to Camille Morris due first day of camp.



# ENRICHING KIDZ ~ BETTER BABYSITTERS

(entering grades 5th - 8th)

This course was designed by nurses, teachers and parents. The goal of the class is to teach students the advanced expertise to become a Better Babysitter. Not only are these classes interactive and fun, it also gives the students an opportunity to expand their empowerment, decision making, interviewing and marketing skills.

## Fun & Interactive Course Curriculum

- \* Job professionalism
- \* Marketing plan
- \* Growth and development
- \* First aid & safety
- \* How to handle emergencies
- \* Creative problem solving
- \* Important safety information
- \* Infant & toddler care
- \* Choking & CPR
- \* Care of the choking child & infant

## Students Receive Hands-On Practice In:

- \* Diapering, bottle feeding, infant care
- \* Creating age appropriate activities
- \* Interviewing
- \* Infant & child CPR with mannequins
- \* Preparing a marketing flyer

**Activity #:** 136030-06

**Date:** June 25 & June 27

**Location:** OCC Teen Center

**Day:** Tuesday/Thursday

**Time:** 12:00 - 4:30 P.M.

**Fees:** \$105 (M), \$157 (NM), \$210 (NR)





# ART CAMP (ages 8 - 12)

This camp is going to be a lot of fun! If you are an aspiring artist or just wanting to explore artwork then be sure to sign up for this camp! Jane will be teaching the different techniques and methods of artwork and how to paint like the pros. Students will use different art media to complete your projects. Every day will be something new and exciting to learn so make sure you bring your creativeness to this camp!!!

**Monday** - Campers will use all kinds of tools to print your own pictures.

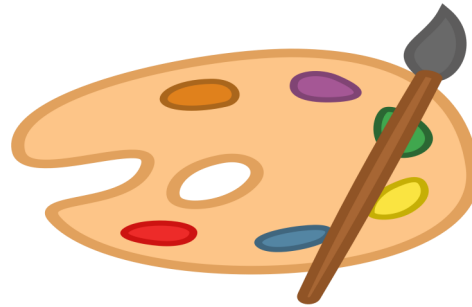
**Tuesday** - Campers will get to use charcoal and chalk pastels to complete their drawings. They will discuss still life set-ups to draw.

**Wednesday** - Campers will use colored paper and white paper to make 3-D cards for many seasons of the year.

**Thursday** - Campers will draw figures with pencils.

**Friday** - Campers will draw action figures with markers and colored pencils.

**Activity #:** 115300-08  
**Days:** Monday - Friday  
**Dates:** August 5 - 9  
**Time:** 9:30 - 11:30 A.M.  
**Fees:** \$32 (M), \$48 (NM), \$64 (NR)  
**Instructor:** Jane Brennan  
**Supply Fee:** \$5 (Cash please) due first day of class.  
**Location:** OCC Lower Level Teen Center



**REGISTRATION DEADLINE: Sunday, August 4th at 5:00 P.M.**

## New!

## LIFE SKILLS 101 (entering grades 4 - 6)

Teaching your kids to be kind and respectful? Enriching Kidz will reinforce your efforts! This is a really fun class! Through interactive role play and fun hands-on activities, students will learn the meaning of manners and respectful behavior. Topics include table manners at home and at a nice restaurant (complete with Italian music and fancy menus). We will also explore manners in public places. We will help them understand personal space and how to respect people who have disabilities. Other topics will also include manners when hosting or attending a party, playdate or sleepover and how to write a thank you note! Your kids will come home excited to set the table and tell you what they learned! Students will learn:

- Manners around the dinner table at home and preparing for a meal
- Manners at a fancy restaurant
- Listening skills
- The art of conversation tools
- Manners when on an elevator or escalator
- Manners at public spaces, such as at the movies or at a sporting event
- How and when to write a thank you note

**Activity #:** 136410-06  
**Date:** Monday, June 10 & Wednesday, June 12  
**Time:** 10:00 A.M. - 12:00 P.M.  
**Fees:** \$75 (M), \$112 (NM), \$150 (NR)  
**Location:** OCC Teen Center



# FENCING CAMPS (ages 7 and up)

Fencing gives all athletes a great exercise experience. The main goal of fencing is to develop and improve balance, coordination and focus, benefiting the athlete both physically and mentally. Students will be introduced to techniques and strategies in different fencing situations based on their confidence regardless of level or experience. Fencers will learn proper footwork and blade work based on the Italian Fencing School method, recognized worldwide as safe, efficient and elegant. Fencing is a good activity for all ages, youth and adult alike. All the participants will use fencing jackets, masks, gloves, swords (foil). Camps will be organized by level: ABC Level 1 Camp, IDEAS Level 2 Camp and Competitive Camp.

## ABC Fencing Camp Level 1 - Session I

**Activity #:** 115260-6A  
**Dates:** June 3 - 7  
**Time:** 3:00 - 4:00 P.M.

## ABC Fencing Camp Level 1 - Session II

**Activity #:** 115260-6B  
**Dates:** June 24 - 28  
**Time:** 3:00 - 4:00 P.M.

## I.D.E.A.S Fencing Camp Level 2 - Session I

**Activity #:** 115261-6A  
**Dates:** June 3 - 7  
**Time:** 4:00 - 5:00 P.M.

## I.D.E.A.S. Fencing Camp Level 2 - Session II

**Activity #:** 115261-6B  
**Dates:** June 24 - 28  
**Time:** 4:00 - 5:00 P.M.

## Competitive Fencing Camp - Session I

**Activity #:** 115262-6A  
**Dates:** June 3 - 7  
**Time:** 5:00 - 6:00 P.M.

## Competitive Fencing Camp - Session II

**Activity #:** 115262-6B  
**Dates:** June 24 - 28  
**Time:** 5:00 - 6:00 P.M.

**Fees:** \$45 (M), \$68 (NM), \$90 (NR)

**Location:** Great Room

**Equipment Rental:** \$20 will be paid, cash or check on the first day of class, to the instructor, payable to AFAD, for upkeep, replacement and cleaning per session.

A parent is required to sign forms at the first class of every session.

### Instructors and Coaches:

**Mrs. Toni Brenner** - USA fencer began fencing 5 years ago, registered with USFA. Mrs. Brenner will assist coaching, teaching and coordinating the camps, working with beginners on basic knowledge and fencing techniques. Her expertise is in foil.

**Mr. Lorenzo Padrichelli** - Italian fencer and licensed master. Experienced in teaching Italian fencing school, Mr. Padrichelli began fencing in Italy at the age of 8. Licensed (AIMS) in Italy and Europe in all three weapons as recognized by USA Fencing (USFA), and current FIS and FIE member. Has represented Italy in international tournaments and world cups. He has experience in teaching individual lessons and group class in Italy and the US.





# YOUTH SUMMER THEATRE CAMP *with Teresa Connair*

(ages 8 - 13)

Explore the far reaches of your imagination! We will focus on creating a show, talk about how to decorate a set and what to wear for costumes. Students will also memorize lines and blocking. This camp will culminate in a performance for family and friends on the last day in the Great Room at the OCC. Those interested **should prepare a one minute memorized monologue or poem for auditions the first day.**

Activity#: 125300-06

## Rehearsals

Date/Time: Monday, June 10 - Thursday, June 13 from 5:00 - 6:00 P.M.

## Performance

Date/Time: **Friday, June 14th starting at 5:00 P.M. and will run until 6:30 P.M.**

Fees: \$60 (M), \$90 (NM), \$120 (NR)

Instructor: Teresa Connair

Location: OCC Great Room



**Registration Deadline: Sunday, June 9th at 5:00 P.M.**  
Since a script must be selected in advance, there will be no late registration accepted.

*Spend Your  
Summer at the OCC!*

## OAKWOOD BOY'S AND GIRL'S YOUTH LACROSSE CAMP

(grades 3 - 7)

OCC Lacrosse Camp is back. These will be instructional camps teaching the fundamentals of the game. Both camps will have Oakwood high school players, current and past, helping out. The camps will cover fundamentals such as passing, catching, cradling, shooting and basic gameplay. Monday - Thursday will be instructional and Friday will be more game oriented! Full equipment is required for the boy's camp: a helmet, mouth guard, shoulder pads, arm pads, gloves and a stick. The girl's camp will require a stick, mouth guard and goggles. Cleats are recommended for both camps. Some equipment may be available for rent by the instructors. Contact the OCC at 298-0775 for more information on equipment if needed. Upon registration give your shirt size because each camper will receive a camp T-shirt!

Lacrosse combines the basic skills used in soccer, basketball and hockey into one fast paced, high scoring game. Athletes will learn all the fundamentals of stick handling, cradling, passing and shooting. Come experience the excitement of Oakwood's newest sport!

Boy's Activity#: 115070-6A      Girl's Activity#: 115070-6B

Day/Date: Monday - Friday, July 15 - July 19

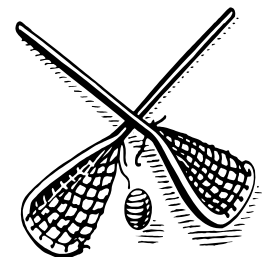
Time: 10:00 - 11:30 A.M.

Fees: \$45 (M), \$68 (NM), \$90 (NR)

Instructor: Oakwood Lacrosse Players and Coaches

Location: Lane Stadium

**NEW**  
**GIRLS CAMP!**



**SUMMER CAMPS**

# City of Oakwood Hollinger Tennis Center

The Oakwood Community Center is now taking new membership applications for the City of Oakwood Hollinger Tennis Center, located at 201 Shafor Boulevard. This facility offers quality tennis for the whole family on seven clay courts which have been regarded as the best in the region. The 2019 membership season runs from April 15th through October 15th. Benefits of the membership include seven clay courts; seven months of play; no court fees; social groups for women, men and mixed doubles and an air conditioned clubhouse. A great opportunity for family, single or junior memberships. If you are an OCC member, you will receive a discount on membership rates. Membership applications are available at the OCC. If you have questions about the Hollinger Tennis Center, please send an email to [hollingertennis@gmail.com](mailto:hollingertennis@gmail.com) or visit their website at [www.hollingertennis.com](http://www.hollingertennis.com). Please see page 10 for more information.

TENNIS

## TENNIS LESSONS AT SHAFOR TENNIS COURTS

Lessons will be taught by the excellent staff of the Kettering Tennis Center & Quail Run. The pro staff of KTC/Quail Run is known for consistently producing some of the areas finest champions, while teaching hundreds of youth and adults the joy of developing a lifelong sport. Their pros have created a complete and comprehensive program to enable all students to reach their maximum potential. Please review the skill level explanations before registering. Ages are only suggested and not required for the skill level groups. Please place your child in the group based on his skill level and experience.

**Youth Levels** \* Instructor may suggest a different skill level class after first lesson.

### **Beginners:**

This program is designed for young children, usually between the ages 5 - 7 years old, with no experience at all. Emphasis is on hand-eye coordination, developing motor skills, learning stroke skills and fun!

### **Level 1:**

This program is for players with little or no tennis experience. Emphasis is on learning stroke skills, the rules of play, sportsmanship and fun!

### **Level 2:**

This program is for a player who has reached an advanced beginner level of play. This class is designed to further improve technique and stroke production. This player can sustain a rally of slow pace.

### **Adult Levels**

#### **Adult Beginner:**

This class is designed to further improve technique and stroke production. This player can sustain a rally of slow pace.

#### **Adult Advanced Beginner:**

This program is for the player who has improved stroke dependability and direction. The emphasis will be on technical training and strategies of singles and doubles.

### **Cancellations and make-up policy**

- \* Class will **not** be made up for classes missed for personal reasons (illness, vacation, schedule conflicts, etc.)
- \* Classes will **not** be made up due to weather conditions.
- \* Private lessons need to be cancelled 24 hours before the lesson. If the instructors are not notified 24 hours prior, the student will be fully charged for the scheduled lesson.
- \* Participants will be responsible for setting up private lesson time once the pro has contacted them.
- \* Must have written receipt for private lessons, purchased at the front desk of the OCC.

## YOUTH TENNIS

Youth classes are held Monday through Thursday in two-week sessions. Majority of lessons will be held at the Shafor Tennis Court. The following classes will be held at Hollinger Tennis Courts: June 13, 27, July 18 & Aug. 1.

**Students need to bring their own racquet and water bottle to each class.**

**Two Week Session Fees: \$60 (M), \$90 (NM), \$120 (NR)**

Activity	Skill Level	Dates	Times
120050-1A	Beginner	June 3 - June 13	8:00 A.M. - 8:55 A.M.
120050-2A	Beginner	June 17 - June 27	8:00 A.M. - 8:55 A.M.
120050-3A	Beginner	July 8 - July 18	8:00 A.M. - 8:55 A.M.
120050-4A	Beginner	July 22 - August 1	8:00 A.M. - 8:55 A.M.
120150-1B	Level 1	June 3 - June 13	9:00 A.M. - 9:55 A.M.
120150-2B	Level 1	June 17 - June 27	9:00 A.M. - 9:55 A.M.
120150-3B	Level 1	July 8 - July 18	9:00 A.M. - 9:55 A.M.
120200-4B	Level 1 - 2	July 22 - August 1	9:00 A.M. - 9:55 A.M.
120050-1C	Beginner	June 3 - June 13	10:00 A.M. - 10:55 A.M.
120050-2C	Beginner	June 17 - June 27	10:00 A.M. - 10:55 A.M.
120150-3C	Level 1	July 8 - July 18	10:00 A.M. - 10:55 A.M.
120200-4C	Level 1 - 2	July 22 - August 1	10:00 A.M. - 10:55 A.M.
120150-1D	Level 1	June 3 - June 13	11:00 A.M. - 11:55 A.M.
120150-2D	Level 1	June 17 - June 27	11:00 A.M. - 11:55 A.M.
120200-3D	Level 1 - 2	July 8 - July 18	11:00 A.M. - 11:55 A.M.
120200-4D	Level 1 - 2	July 22 - August 1	11:00 A.M. - 11:55 A.M.
120200-1E	Level 1 - 2	June 3 - June 13	12:00 P.M. - 12:55 P.M.
120200-2E	Level 1 - 2	June 17 - June 27	12:00 P.M. - 12:55 P.M.
120250-3E	Level 2	July 8 - July 18	12:00 P.M. - 12:55 P.M.
120250-4E	Level 2	July 22 - August 1	12:00 P.M. - 12:55 P.M.

## ADULT TENNIS

Adult classes are held on Mondays and Wednesdays in two-week sessions. Majority of lessons will be held at the Shafor Tennis Court. The following classes will be held at Hollinger Tennis Courts: June 12, 26, July 17, 31.

**Students need to bring their own racquet and water bottle to each class.**

**Two Week Session Fees: \$60 (M), \$90 (NM), \$120 (NR)**

<b>Adult 17 + unless approved by instructor</b>			
Activity	Skill Level	Dates/Days (All sessions Monday/Wednesday)	Times
120300-1A	Adult Beginner	June 3 - June 12	6:00 P.M. - 7:00 P.M.
120300-2A	Adult Beginner	June 17 - June 26	6:00 P.M. - 7:00 P.M.
120300-3A	Adult Beginner	July 8 - July 17	6:00 P.M. - 7:00 P.M.
120300-4A	Adult Beginner	July 22 - July 31	6:00 P.M. - 7:00 P.M.
120350-1A	Adult Adv. Beginner	June 3 - June 12	7:00 P.M. - 8:00 P.M.
120350-2A	Adult Adv. Beginner	June 17 - June 26	7:00 P.M. - 8:00 P.M.
120350-3A	Adult Adv. Beginner	July 8 - July 17	7:00 P.M. - 8:00 P.M.
120350-4A	Adult Adv. Beginner	July 22 - July 31	7:00 P.M. - 8:00 P.M.



# PRIVATE TENNIS LESSONS

Adult and youth private tennis lessons will be available beginning June 1st. The sessions will be scheduled individually with a tennis pro. You will need to inform the OCC front office of your interest in private lessons. Once the OCC is informed, they will contact KTC to have a tennis pro schedule a time with you. Once the times have been scheduled, you can pay for the lesson prior to the lesson. Receipts must be presented to the instructor before the lesson begins or the instructor will not be able to conduct the lesson. Private lessons will be held at Shafor Tennis Courts.

**Activity #:** Youth - 120650    Adult - 120700    **Day & Time:** To be scheduled with tennis pro.  
**Fees:** \$30 (M/NM-Res) or \$60 (NR) per 1/2 hour session for one person - \$5.00 per additional person up to 2  
\$55 (M/NM-Res) or \$110 (NR) per 1-hour session for one person - \$10.00 per additional person up to 2

## STREET SOCCER!

presented by the OCC and the Oakwood United Soccer Club  
(ages 7 - 14)

All children ages 7-14 are welcome! Oakwood United Soccer Club will have a representative on site each night.

### Street Soccer Philosophy

**The game is the teacher.** - *Players will learn to play all on their own. By design, no formal coaching will be offered. Let the children develop the skills of learning within the game.*

**The game is for kids.** - *This program is offered to let children play and they don't need adults to do that. Adult involvement will be minimal and will focus on safety. Let the children develop skills of making their own decisions.*

**The structure is informal.** - *Beyond setting up some goals, laying out some cones and helping to make teams: no formal organization or coaching will be done. Let the children develop the skills of organizing their own fun.*

### Drop-In Soccer Details:

- Players should warm-up on their own. Late comers will be added to games or formed on new teams.
- All efforts will be made to have friends play together, however the object is to play and not have too many on a team.
- No planned periods of play are defined. If the players decide that a water break is necessary, it should be taken. The break times should be kept short (1-2 minutes at most). **Don't forget to bring a water bottle!**
- There are no strict requirements on attire. Shin guards are required, cleats are optional and appropriate clothing for the weather is strongly suggested.
- Players can leave as needed. Teams will adjust.

**Ages:** 7 - 14, (This is a drop in class, parent or guardian should remain on site.)

**Days/Dates:** Mondays, July 1, 8, 15, 22 & 29

**Time:** 6:00 - 7:15 P.M.

**Fee:** Free

**Location:** Old River Sports Complex

**NO REGISTRATION REQUIRED!**



## THANK YOU

**to all Youth Basketball and Youth Soccer Coaches!!!**

The City of Oakwood would like to recognize its volunteer coaches and parents. Your time and effort to provide quality programs is greatly appreciated.



## OAKWOOD YOUTH RECREATIONAL COED-SOCCER

Each team will practice once during the week, Wednesdays at 6:00 P.M., and games will be on Saturday mornings at 11:00 A.M. - 12:00 P.M. This league is focused on fun, education, sportsmanship and teamwork. **Teams will be coed 7-on-7.**

**Location** - All practices and games take place at Old River Sports Complex, 1421 Old River Dr. Schedules and rosters will be emailed prior to the first practice.

**Dates** - Wednesday, September 4 – Saturday, October 26, 2019

**Registration** - Forms will be available at the OCC front office and will be accepted through Sunday, August 25th at 5:00 P.M. **REGISTRATIONS RECEIVED AFTER THIS DATE WILL BE SUBJECT TO A \$15.00 LATE FEE** and will be placed on teams as space permits. There is no guarantee for late placements. Registrations may be dropped off in person or mailed to the OCC at 105 Patterson Rd., Oakwood, OH 45419. Mailed registrations must have a postmark on or before the deadline.

**Volunteer coaches needed!!** Please fill out a coach's application at the OCC if interested in coaching. Coaches will be referees.

Coaches always coach their own children and siblings are placed together unless otherwise requested. **All other special requests are not guaranteed.**

A mandatory coaches meeting will be Wednesday, August 28, 2019 at the OCC from 6:00 - 6:30 P.M. Rules, rosters and schedules will be handed out at this meeting.

Please Note: A coach will contact players after the coaches meeting. Complete team schedules will be emailed prior to the first practice. **PLEASE MAKE SURE WE GET A VALID EMAIL ADDRESS.** No requests for team placement or schedule considerations will be honored.

*This is a recreational league, coaches and parents will be asked to referee. For more information, please call Thomas Hayes at the OCC, 298-0775.*

### REGISTRATION DEADLINE: SUNDAY, AUGUST 25th at 5:00 P.M.

<u>Girls</u>		<u>Boys</u>	
Activity Numbers	Grades	Activity Numbers	Grades
231050-01	1	230050-01	1
231050-02	2	230050-02	2
231050-03	3	230050-03	3
231050-04	4	230050-04	4
231050-05	5	230050-05	5
231050-06	6	230050-06	6

**Fees:** \$50 (M), 75 (NM), \$100 (NR)      **Location:** Old River Sports Complex



**YOUTH SPORTS**

## **LITTLE KICKERS**

### Outdoor Soccer (ages 4, 5 & 6)

Designed especially for children in between pre-school indoor soccer and youth Co-Ed soccer. Participants who meet the multiple age requirements for more than one OCC soccer program must choose only **one program**. Participants must be at least 4 by the first day of the program to be enrolled. **No exceptions.**

Emphasis is on fun, education, sportsmanship and teamwork. No league or individual standings or statistics will be maintained. Teams will be co-ed 6-on-6 on a shortened field.

Practices and games will be held at 10:00 - 11:00 A.M.. on Saturday mornings in September and October at the Old River Sports Complex soccer fields. 1421 Old River Dr. **(Make up games may be played on a weekday.)** Children are required to wear shin guards and cleats are recommended.

**Volunteer coaches needed!!** Please fill out a coach's application at the OCC if interested in coaching

Coaches always coach their own children and siblings are placed together unless otherwise requested. **All other requests are not guaranteed.**

**\*\*A Mandatory coaches meeting will be Wednesday, August 28, 2019 at the OCC from 6:00 to 6:30 P.M. Rules, rosters and schedules will be handed out at this meeting.**

Please Note: A coach will contact players after the coaches meeting. Complete team schedules will be emailed prior to the first practice. **PLEASE MAKE SURE WE GET A VALID EMAIL ADDRESS.** No request for team placement or schedule considerations are guaranteed.

*This is a recreational league, coaches and parents will be asked to referee. For more information, please call Thomas Hayes at the OCC, 298-0775.*

**Activity #:**

<b>Age 4:</b>	229054-09
<b>Age 5:</b>	229055-09
<b>Age 6:</b>	229056-09

**Dates:** Saturdays, September 7 - October 26



<b>Time:</b>	10:00 - 11:00 A.M.
<b>Fees:</b>	\$30 (M), \$45 (NM), \$60 (NR)
<b>Location:</b>	Old River Sports Complex

**Registration Deadline:**  
**Sunday, August 26th at 5:00 P.M.**

**\$15 LATE FEE AFTER REGISTRATION DEADLINE.**

# PRE-TEEN SIXTH GRADE DANCE

Bring your classmates or meet new friends!  
 Friday, May 3rd - 8:00 - 9:30 P.M.  
 Fees: \$5  
 Location: OCC Great Room



**Free!**

## ORCHARDLY PARK CRAFTS

Orchardly Park Shelter

Projects are most appropriate for ages 3 - 6, but all ages are welcome.

**Dates:** Wednesdays, June 5, July 10 & August 7

**Time:** 2:00 - 4:00 P.M.

Materials available for first 50 children. A parent or guardian must be in the park while the child participates in this activity.

**Location:** Orchardly Park Shelter

**Instructors:** OCC Summer Camp Staff

**Free!**



**KIDSSSTUFF**

# YOUTH ART CLASS

(grades 1-6) Jane Brennan is the instructor for the Youth Art Classes at the OCC. Jane has taught all age levels, elementary through college. She has taught at schools in this area, the Dayton Art Institute and Rosewood Arts Centre.

### April Art Class - Using pens and markers to complete drawings of buildings.

**Activity #:** 324100-04

**Day:** Wednesday

**Time:** 4:00 - 5:00 P.M.

**Fees:** \$22 (M), \$33 (NM), \$44 (NR)

**Dates:** April 10, 17 & 24

**Location:** OCC Lower Level Teen Center

*\$3.00 supply fee payable to instructor the first day of class. Bring a paint shirt to class!*

### May Art Class - Draw pictures with pencils of the OCC and Park areas.

**Activity #:** 124100-05

**Day:** Wednesday

**Time:** 4:00 - 5:00 P.M.

**Fees:** \$22 (M), \$33 (NM), \$44 (NR)

**Dates:** May 8, 15 & 22

**Location:** OCC Lower Level Teen Center

*\$3.00 supply fee payable to instructor the first day of class. Bring a paint shirt to class!*



## AMERICAN RED CROSS BABYSITTING COURSE



For ages 11 and older, this one-day class teaches boys and girls how to be the best babysitters in Oakwood. Class topics include baby care, first aid, safe play activities, Shaken Baby Syndrome & SIDS and how to handle emergencies. Each student must bring a baby doll and age appropriate toy. Instructors are certified by the American Red Cross and students who successfully complete the class receive a Red Cross certificate and will be able to download the Red Cross babysitting handbook, emergency reference guide, business card, resume template and an organizer complete with activities, games, crafts and recipes. Students should bring their own snack.

<b>Activity #</b>	<b>Day</b>	<b>Date</b>	<b>Time</b>
335200-05	Saturday	May 11	8:30 A.M. - 12:30 P.M.

**Fees:** \$52 (M), \$78 (NM), \$104 (NR)

**Instructor:** Becky Grushon **Location:** OCC Large Classroom



## JUNIOR AND SENIOR HIGH TEEN BOARDS

Want to plan special events for the junior high or senior high activities at the OCC? Junior and Senior Teen Board Members work with the OCC staff planning fun and exciting events throughout the school year.

**Junior Teen Board** - Appointments are made in August. Males and females from both Smith and Harman Elementary Schools will be selected to serve on the board during their 7th and 8th grade years.

**Senior Teen Board** - Appointments are made in August and they will serve a two-year term.

If you are interested, please send a written statement giving your name, address, phone number, grade in school and tell us why you would like to serve and why you should be appointed. Mail or drop off your statements to Karen Earley at the OCC.



# BALLET BARRE & WELLNESS STRETCH

(Just for Women)

Miss Camille's Ballet Barre & Wellness Stretch is based on the synergetic connection of movement to music using easy-to-follow classical ballet vocabulary. This mutually supportive class is non-competitive, allowing each participant the opportunity to experience balance, strength and grace, inherent to this beautiful art form, at her own pace. We will be dancing to Miss Melanie Danford's beautiful, live piano accompaniment. Beginners are welcome.

**Dress Code:** Yoga pants and top, or any comfortable, flexible clothing that allows freedom of movement. Ballet shoes or socks. Towel or exercise mat for stretching.

Each Triptych is 3 consecutive classes. Sign up for one or maximize your summer enrichment and do both!

## Triptych 1:

**Activity #:** 115440-7A  
**Dates:** July 16 - July 18  
**Days:** Tuesday, Wednesday & Thursday 5:45 P.M. - 6:45 P.M.

## Triptych 2:

**Activity #:** 115440-7B  
**Dates:** July 23 - July 25  
**Days:** Tuesday, Wednesday & Thursday 5:45 P.M. - 6:45 P.M.

**Fees:** \$36 (M), \$54 (NM), \$72 (NR)  
**Location:** OCC Great Room

**NEW!!**

## Cooking Classes with Kirsten Madaus

### Instant Pot Basics: Intro aka Instant Pot Appetizers

You've heard about this new kitchen appliance. Maybe you got one as a gift but haven't yet opened the box. Now is the time! In this introductory class my goal is to get you comfortable with your electronic pressure cooker. We'll be making and eating appetizers like deviled eggs from Easy Peel Hard Cooked Eggs, Fast Rosemary 'Roasted' Potatoes and Cocktail Meatballs. We'll talk about the pressure cooker terminology and share ideas for how you can best utilize your Instant Pot in your household meal planning.

**Activity #:** 165590-04  
**Dates:** Monday, April 29  
**Time:** 6:00 P.M. - 7:30 P.M.  
Materials Fee: \$5 paid at the beginning of the class  
**Fees:** \$25 (M), \$37 (NM), \$50 (NR)  
**Location:** OCC Kitchen / Large Classroom

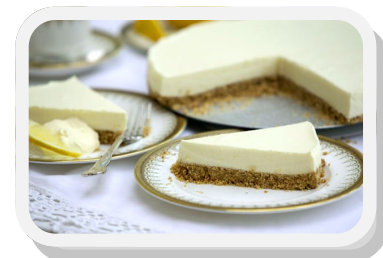
**NEW!!**



### Instant Pot Basics: Pot in Pot Cooking You've got an Instant Pot

You may have some staple recipes you make time and again, but are you PiP curious? In this class we'll delve into Pot-in-Pot cooking in the electronic pressure cooker. From Sous Vide Sausage & Egg Bites to Individual Steel Cut Oatmeal to my personal favorite—Instant Pot New York Style Cheesecake— we'll make and eat our way to being comfortable using this terrific kitchen tool.

**Activity #:** 165590-05  
**Dates:** Thursday, May 2  
**Time:** 6:00 P.M. - 7:30 P.M.  
**Fees:** \$25 (M), \$37 (NM), \$50 (NR)  
Materials Fee: \$5 paid at the beginning of the class.  
**Location:** OCC Kitchen / Large Classroom



**PRE-TEEN/TEEN**

# AARP SMART DRIVER

AARP is adapting to the changing driving landscape by introducing the new **AARP Smart Driver Course**. This reinforces their commitment to providing a program that remains relevant and helpful in keeping drivers safe, confident and mobile. **SMART DRIVER** is the product of nearly two years of research studies with experts in transportation, education and driver safety. Class includes proven strategies that can reduce the likelihood of having a crash.

- Understand the links among the driver, vehicle and road environments.
- Cover new content including “brain health”, difficult situations and technology.
- Learn how aging, medication, alcohol and other issues affect driving ability.
- Enjoy new visual instruction and participant guide with 88 illustrations, 5 knowledge checks, pre-course and post-course self-graded quizzes.
- Discover the Online Driving Resource Center.



Many insurance companies offer multi-year vehicle premium discounts to those who complete this class. Check with your agent. No discount? What you learn might save you money by preventing a traffic ticket or a costly collision. Designed especially for drivers over 50, any licensed driver may enroll in this four hour class and benefit from it.

Pre-registration is required. There is a \$15 per person fee for AARP members; \$20 for others. All participants will receive a Certificate of Completion after finishing the class. Take your driver’s license and AARP membership card to class.

**Activity #:** 345300-04  
**Date:** Wednesday, April 17, 2018 **Time:** 12:00 P.M. - 4:00 P.M.  
**Fees:** \$15 - for AARP members & \$20 for non-members  
Make checks payable to AARP  
**Location:** OCC Large Classroom  
**Registration Deadline:** Sunday, April 14th at 5:00 P.M.

## COFFEE AND CLASSES WITH THE EXPERTS Mature Adults

**About Oak Tree Corner** - Presented by Vicki Braun, President CEO.

Vicki will be speaking about the local non-profit organization, Oak Tree Corner., and what they offer to the community’s children and teens. She will also be providing information on how you can help volunteer for this great organization. Oak Tree Corner was formed in 1996 and has helped over 1,000 kids. Come learn about this great organization and what it has to offer to the community.

**Activity#** 345180-04 **Day** Wednesday **Date** April 3 **Time** 6:00 - 7:00 P.M.  
**Free:** **Pre-registration is required.**  
**Instructor:** Vicki Braun  
**Location:** OCC Large Classroom

**Fight Cancer Back!** - presented by Karen Wonders, Ph. D., FACSM

Karen will be speaking about her organization, Maple Tree Cancer Alliance and the benefits of exercising during and following a cancer diagnosis. She will also provide a “getting started” guide to help them along with the process. Karen has a Ph.D. in Exercise Physiology and has worked as a Professor of Exercise Science at Wright State University for the last 13 years and the last 9 years serving as the Program Director for the Sports Science program. In 2011 she started Maple Tree Cancer Alliance. By the time May rolls around, they will have expanded to at least 14 locations across the US, serving hundreds of patients every year!

**Activity#** 145180-05 **Day** Wednesday **Date** May 8 **Time:** 6:00 - 7:00 P.M.  
**Free:** **Pre-registration is required.**  
**Instructor:** Karen Wonders  
**Location:** OCC Large Classroom

**FREE!**  
**Call 298-0775**  
**to register.**

# Salute to Seniors Luncheon

Mark your calendars now for the annual Salute to Seniors Luncheon! The event is open to any area senior and is free for Oakwood senior residents, 60 years and older. The activities planned include entertainment, door prizes and of course, a wonderful **LUNCH!** Space is limited, so call the OCC at 298-0775 to reserve your place.

**Activity #:** 150070-05  
**Date:** Wednesday, May 1, 2019  
**Time:** 11:30 A.M.  
**Fee:** **FREE** for Oakwood Senior Residents  
60 years of age or older  
\$6 for non-senior guests or non-residents  
**Location:** OCC Great Room

**FREE!!!**  
**Call 298-0775 to**  
**register!**



## FRIDAY NIGHT YOUTH/ADULT/FAMILY OPEN FIELDS

at Old River Sports Complex

Looking for something to do this summer on Friday nights? Come down to the Old River Sports Complex for Youth Open Soccer, Adult Open Fields and Family Open Fields.

**Youth Open Soccer.** Take this opportunity to bring your children to Old River Sports Complex to practice on their soccer skills. These open fields give boys and girls the opportunity to play, practice and learn the sport of soccer without being coached. Coaches/Parents are encouraged to provide the equipment and supervise but should not coach children. This allows children to learn at their own pace while having fun. If children are under the age of 10, parents are required to stay and older children's parents are encouraged to stay.

**Adult Open Fields.** Stop by Old River Sports Complex for a pickup game of soccer or ultimate frisbee. This is a great way to unwind on a Friday night.

**Family Open Fields.** Bring the whole family down to Old River Sports Complex and enjoy some family bonding time by passing a football, kicking around a soccer ball, or breaking in the new baseball glove. This is a great way to start your weekend.

**Not to be used for team practice.** Oakwood United soccer games may be scheduled on Fridays and fields may be closed due to inclement weather.

**Dates:** Fridays, April 5 - October 25 (No Open Field on May 26)  
**Time:** 5:30 - 8:00 P.M. (Dusk)  
**Location:** Old River Sports Complex, 1421 Old River Dr.





# Health Center

Regular exercise has been proven to reduce the chance of heart attack, stroke, osteoporosis and other age related diseases. Memberships to the OCC Health Center are available to anyone 16 years of age or older. Precor S-line dual strength machines are easy to use and deliver a great workout. Thomas Hayes, Recreation Supervisor, will be available during regular business hours and by appointment other hours to show members how to use these machines and what muscle groups are being used. For more information call the OCC at 298-0775 or just stop in and take a look. Please watch for day time class schedules which may limit usage. Signs are posted in the Health Center and are available at the front office of the OCC.

## Health Center Features

- |   |  |
|---|--|
| <b>Magnum</b><br><ul style="list-style-type: none"> <li>• Weight Assisted Chin Up/ Pull Up/Dips</li> <li>• Preacher Curl Bench</li> </ul> | <b>Precor S-line Dual Machines</b><br><ul style="list-style-type: none"> <li>• Leg Press/Calf Extension</li> <li>• Leg Curl/Leg Extension</li> <li>• Lat Pull Down/Low Row</li> <li>• Multi Press-Shoulder/Bench/ Incline Bench</li> </ul> |
|---|--|

**Concept II Rower**  
**2 Precor Treadmill 956**  
**Precor Stair Climber**  
**2 Precor EFX Elliptical Crosstrainer**  
**Precor Standard Bicycle**  
**Precor Recumbent Bicycle**  
**Day Use Lockers & Showers**

**Assorted Free Weights**  
**2 AbEx Abdominal Trainers**  
**Precore Torso Machine**  
**Nautilus Nitro Abdominal Machine**  
**Nautilus Nitro Lower Back Machine**  
**Co-ed Sauna**

<b>Time:</b>	Monday - Thursday	6:30 A.M. - 9:00 P.M.
	Friday	6:30 A.M. - 7:00 P.M.
	Saturday	8:00 A.M. - 2:00 P.M.
	Sunday	Noon - 5:00 P.M.

The Circuit class is held in the Health Center, limiting times for open use. Please note the class times as listed below and watch the bulletin board for any out of the ordinary changes in scheduling.

**Closed: Tuesday/Thursday from 9:00 - 10:00 A.M. for Circuit Training**



**Membership rates and information are listed on the inserted membership form.**

### Drop-In "Token" Health Center Policy

Single visit drop-in tokens may be purchased by anyone wishing to use the Health Center facilities without paying a full membership. The tokens are non-refundable, but have no expiration date. Participants must sign a standard "Release and Indemnity Agreement" and will be issued a token which must be presented at each visit to the Health Center. Tokens must be purchased during business hours only and may be used during any Health Center open hours.

**Activity #:** 155055  
**Five token purchase:** \$15 (M), \$25 (NM/NR)  
**Activity #:** 155051  
**One token purchase:** \$5 (M), \$8 (NM/NR)

### Health Center Orientation

Are you interested in joining the Health Center but unsure of how to get started on the equipment? Let the Health Center staff show you how to use the equipment for your best workout benefit. Scheduled by appointment, the session is a free service offered as part of your new membership to the Health Center. Orientation is to be scheduled with the OCC's Certified Personal Trainer.

**Free for new members!**

### CLASS PASS Circuit Training, Super Abs and Fusion

Strength classes are offering more fitness opportunities. You have no excuse for not getting into shape this year. You can purchase a drop-in class pass which can be used for one, three or five classes. Class passes are available for use by only one person; the person listed on the pass. They are non-refundable and non-transferable and must be used within the current session. The expiration date will be marked on your pass. **You must take your pass with you to class and present it to instructor.**

**Class pass**  
**Activity #:** 155060 One (1) Class  
**Fees:** \$7 (M), \$10 (NM), \$14 (NR)  
**Activity #:** 155061 Three (3) Classes  
**Fees:** \$21 (M), \$30 (NM), \$42 (NR)  
**Activity #:** 155062 Five (5) Classes  
**Fees:** \$35 (M), \$50 (NM), \$70 (NR)

**Come when it is convenient for you.  
No more excuses...get fit for life!**

## One-On-One Personal Training

Work with a personal trainer for advice, guidance or assistance in your fitness program. You may schedule a one-time appointment or as many as 3 times per week, depending on your personal needs. The fee is for up to 2 people per appointment. Please check with your physician before registering.

**Activity #:** 155200  
**Day & Time:** To be scheduled with our Instructor.  
**Fees:** \$50/session (HCM only)  
**Instructor:** Carol Messer

## MEET OUR INSTRUCTORS

**Karen Hochwalt** is certified by the American Council on Exercise and has taught at the OCC for over 30 years.

**Carol Messer** is a certified Personal Trainer and certified by the American Council on Exercise and has taught at the OCC for over 25 years.

**Lois Milligan, R.N.**, is certified by the American Council on Exercise and is trained in Healing Touch therapy.

**Christina Russo** has an M.S. in Exercise Science with professional experience in recreation, health & fitness and health education.

**Judy Wilson** is a certified Tai Chi instructor having graduated from the Institute of Integral Qigong and Tai Chi and continues to study with the Institute Director.

**Elissa Dinsmore** has completed over 200 hours for Yoga Teacher Training and has enjoyed teaching vinyasa, restorative, kids and gentle yoga classes.

### Beginners Tai Chi (16 years and older)

Introduction to Tai Chi and Qigong (Chi Kung) principles and form through Tai Chi Easy™, a form created by Roger Jahnke, O.M.D. to make Tai chi accessible and fun for everyone. Harvard School of Integrative Medicine tells us that the slow meditative movements, deep breathing, and relaxation that is characteristic of Tai Chi practice create a special biological state that activates our own capacity for body/mind wellness and healing. Great for stress relief, post-illness or with managing a chronic health condition. Improves coordination, balance and attention. Facilitates cardiac rehab, lowers blood pressure and helps maintain strong bones. Becoming one of the most recommended exercises by physicians. \*\* Classes start over every 8 weeks.

Activity #	Day	Dates	Time
155800-05	Tuesday	May 7 - May 28 (4 weeks)	7:00 - 8:00 P.M.
155800-06	Tuesday	June 4 - June 25 (4 weeks)	7:00 - 8:00 P.M.
155800-07	Tuesday	July 9 - July 30 (4 weeks)	7:00 - 8:00 P.M.
155800-08	Tuesday	Aug. 6 - Aug. 27 (4 weeks)	7:00 - 8:00 P.M.

Fees: \$18 (M), \$27 (NM), \$36 (NR)

Instructor: Judy Wilson

Location: OCC Great Room

### Intermediate Tai Chi (16 years and older)

Continuing to go deeper into the Tai Chi principles and form, adding movements to the basic Tai Chi Easy™ form to learn Integral Tai Chi, the Beijing 24 Form and The Wudang 18 Form. Continuing to add Qigong movements for holistic wellness and moving deeper into the meditative aspects of Tai Chi and Qigong.

Activity #	Day	Dates	Time
155801-05	Thursday	May 9 - June 6 (5 weeks)	7:00 - 8:00 P.M.
155801-06	Thursday	June 20 - July 25 (5 weeks) (no class July 4)	7:00 - 8:00 P.M.
155801-08	Thursday	Aug. 1 - Aug. 29 (5 weeks)	7:00 - 8:00 P.M.

Fees: \$22 (M), \$33 (NM), \$44 (NR)

Instructor: Judy Wilson

Location: OCC Great Room

About Judy Wilson:

Judy is a certified instructor having graduated from the Institute of Integral Qigong and Tai Chi where the philosophy is to make Tai Chi and Qigong accessible to all. She is an active professional member of the National Qigong Association and participates regularly in their continuing education. Her training now includes trip to China to study with Masters of Tai Chi and Qigong. She is a licensed mental health counselor in Centerville, OH with specialties in stress reduction and mindfulness training which allows her to bring a holistic health maintenance perspective to her teaching.



# INDOOR CYCLING

Sit, sprint, jump, and climb your way through a calorie-burning HIIT workout on a bike! Music will guide you through a mixed interval heart-pounding workout so you'll feel energized, excited, sweaty and exhausted at the end of each class. Classes run 50-60 minutes and will be followed by brief stretches on or next to the bike. Bring your water bottle, towel and be ready to work!



Activity #	Days	Dates	Time
155310-05	Mon./Wed.	May 20 - June 5 (no class May 27)	6:30 - 7:45 A.M.
155310-06	Mon./Wed.	June 10 - June 26	6:30 - 7:45 A.M.
155310-07	Mon./Wed.	July 15 - July 31	6:30 - 7:45 A.M.

Fees: \$36 (M), \$54 (NM), \$72 (NR) - 3 weeks

Instructor: Christina Russo  
Location: OCC Lower Level Teen Center

Meet our Instructor:

My name is Christina Russo, I'm an Oakwood resident and have been a certified Spin Instructor since 2003. I have an M.S. in Exercise Science and my professional experience is in recreation, health & fitness, and health education. I'd describe my style as mixed interval with Top 40/popular music you've probably heard on the radio. I use the music to guide the class; when it speeds up - we speed up, when it's strong and heavy - we're climbing, and so on. I want each participant to feel energized, and excited, and at the same time, sweaty and exhausted at the end of a

## NEW!! BALLET BARRE & WELLNESS STRETCH NEW!! (Just for Women)

Miss Camille's Ballet Barre & Wellness Stretch is based on the synergetic connection of movement to music using easy-to-follow classical ballet vocabulary. This mutually supportive class is non-competitive, allowing each participant the opportunity to experience balance, strength and grace, inherent to this beautiful art form, at her own pace. We will be dancing to Miss Melanie Danford's beautiful, live piano accompaniment. Beginners are welcome.

**Dress Code:** Yoga pants and top, or any comfortable, flexible clothing that allows freedom of movement. Ballet shoes or socks. Towel or exercise mat for stretching.

Each Triptych is 3 consecutive classes. Sign up for one or maximize your summer enrichment and do both!

**Triptych 1:**  
Activity #: 115440-7A  
Dates: July 16 - July 18  
Days: Tuesday, Wednesday & Thursday 5:45 P.M. - 6:45 P.M.

**Triptych 2:**  
Activity #: 115440-7B  
Dates: July 23 - July 25  
Days: Tuesday, Wednesday & Thursday 5:45 P.M. - 6:45 P.M.

Fees: \$36 (M), \$54 (NM), \$72 (NR)  
Location: OCC Great Room



## YOGA (ages 16 & up)

This class begins with yoga Vinyasa flow and ends in seated meditation. This class will work on physical strength, flexibility, balance and mental strength.

Activity #	Day	Dates	Time
155170-05	Tuesday	May 14 - June 4	5:45 - 6:30 P.M.
155170-06	Tuesday	June 11 - July 9 (no class July 2)	5:45 - 6:30 P.M.
155170-07	Tuesday	July 16 - August 6	5:45 - 6:30 P.M.

Fees: \$40 (M), \$60 (NM), \$80 (NR)\* (4 weeks)

Instructor: Elissa Dinsmore Location: OCC Teen Center





**Check out our Health and Fitness Classes!** We've done our best to give you a variety of classes to help get you or keep you in shape...the rest is up to you!! We offer drop-in classes as well as registered classes in the mornings and in the evenings. Each class is described below. Please see the schedule on the next two pages for dates and times.

### Dancercize

You'll be in great shape! Begin with a 30 - 40 minute aerobic workout using choreographed routines. Followed with a body sculpting cool down using light hand weights and conclude with floor work to increase strength and flexibility. New students need to bring their own weights.

**INSTRUCTOR:** Karen Hochwalt, certified by the American Council on Exercise

### Circuit Training

Circuit Training is the only class conducted in the Health Center using the aerobic and weight machines along with free weights. It provides cross training at its best to help you build your muscle and burn fat. A personal trainer will help you adapt the variety of circuit patterns to your fitness level. For more information and a free trial class contact the OCC at 298-0775.

**INSTRUCTOR:** Carol Messer, Certified Personal Trainer & certified by the American Council on Exercise

### Easy Exercise

Yes, exercise can be easy and fun. This class is for beginners, seniors or anyone just returning to an exercise program. Each hour includes warm-up, low impact and low intensity aerobics, strength and toning exercises and cool-down. Stop in for fitness and fun.

**INSTRUCTOR:** Lois Milligan, R.N. is certified by the American Council on Exercise

### Fusion Strength

De-stress and get strong! Combine resistance training, pilates and yoga to create the ultimate sculpting class. Fusion strength focuses on deep muscle contractions, core development and elongating stretches using hand weights, balls and bands. Challenging and relaxing, you will leave this class feeling like you just had a massage.

**INSTRUCTOR:** Carol Messer, Certified Personal Trainer & certified by the American Council on Exercise

TITLE	DAYS	TIME	ACTIVITY #	DATES	FEES
<b>Dancercize</b> No class May 27; July 5, 8, 10, 12; Sept. 2	M/W/F	8:45 - 10:00 A.M.	155350	Drop-in	10 Tokens = \$80 (M/HCM); \$120 (NM); \$160 (NR) Individual Tokens \$8 (M/HCM); \$12 (NM); \$16 (NR)
<b>Easy Exercise</b> No class June 20 & July 4	T/TH	8:00 - 9:15 A.M.	155450-05	May 14 - July 11	\$40
No class Aug. 6 & 8	T/TH	8:00 - 9:15 A.M.	155450-07	July 16 - Sept. 12	\$40
<b>Circuit Training</b>	T/TH	9:00 - 10:00 A.M.	355550-04	April 2 - April 30	\$45 (M/HCM); \$68(NM); \$90 (NR)
	T/TH	9:00 - 10:00 A.M.	155550-05	May 2 - May 30	\$45 (M/HCM); \$68(NM); \$90 (NR)
	T/TH	9:00 - 10:00 A.M.	155550-06	June 4 - June 27	\$40 (M/HCM); \$60(NM); \$80 (NR)
No class July 4	T/TH	9:00 - 10:00 A.M.	155550-07	July 2 - July 18	\$25 (M/HCM); \$38(NM); \$50 (NR)
	T/TH	9:00 - 10:00 A.M.	155550-08	Aug. 6 - Aug. 22	\$30 (M/HCM); \$45 (NM); \$60 (NR)
<b>Fusion Strength</b>	T/TH	10:00 - 10:45 A.M.	355251-04	April 2 - April 30	\$45 (M/HCM); \$68(NM); \$90 (NR)
	T/TH	10:00 - 10:45 A.M.	155251-05	May 2 - May 30	\$45 (M/HCM); \$68(NM); \$90 (NR)
	T/TH	10:00 - 10:45 A.M.	155251-06	June 4 - June 27	\$40 (M/HCM); \$60(NM); \$80 (NR)
No class July 4	T/TH	10:00 - 10:45 A.M.	155251-07	July 2 - July 18	\$25 (M/HCM); \$38(NM); \$50 (NR)
	T/TH	10:00 - 10:45 A.M.	155251-08	Aug. 6 - Aug. 22	\$30 (M/HCM); \$45(NM); \$60 (NR)

## SHELTER RENTALS

Shafor and Orchardly Park Shelters are available by reservation for neighborhood parties, reunions, ball games or family picnics. Spots go quickly so plan your next outing now! Stop by the OCC and fill out a reservation form today!

### Shelter Rental Fees:

9:00 A.M. - 3:00 P.M. \$30 (R), \$40 (NR)

3:00 P.M. - Dark \$30 (R), \$40 (NR)

9:00 A.M. - Dark \$50 (R), \$60 (NR)

**Note:** *We regret that we can not refund fees due to inclement weather.*

## PICNIC KITS

Add some excitement to your next family or neighborhood gathering by checking out a Picnic Kit from the OCC. Available April through October, the kits include a volleyball and net, bats, balls, bases and other equipment designed to make your party the sporting event of the season. The kits are reserved on a first come/first serve basis.

# FREE!

Call 298-0775 today to reserve yours!

## “LEISURE LINE”

### The Easy Way to Check

Attention all OCC program participants! Are you involved in a program that may be cancelled due to inclement weather? To make checking on your program easier, the Department of Leisure Services provides the *Leisure Line*. Instead of calling the OCC, just call **297-2935** for updates on all your weather dependent programs. Youth soccer, youth and adult basketball, adult volleyball, tennis and swimming lessons, Junior High dances and all other programs that may be cancelled due to bad weather will be listed. The message will be updated throughout the day with the latest details concerning weather cancellations. Be sure to check the *Leisure Line* as close to your program starting time as possible. Please note: no other program information will be available at this number (i.e. registration information or class status) nor will messages be retrieved from this line. Please call the OCC directly for any other information not related to weather decisions.

# Leisure Line 297-2935

## OCC Rental

The OCC is available for private rentals. If you are interested, please call Karen Earley at 298-0775.

*Do you have an  
idea for a class?  
Let us know!  
Call the OCC  
at 298-0775.*

## Gift Certificates

**Can't decide  
on a gift????  
Purchase a Gift  
Certificate from the  
OCC!!! They are  
available in any  
amount you choose!!!**

## 2019 SUMMER EMPLOYMENT

Applications are being accepted at the OCC for summer employment with the Department of Leisure Services. Positions available: lifeguards, pool concession workers, camp leaders, facilities supervisors, park and boulevard maintenance, Smith Gardens, teen monitors, Pool Manager and Assistant Pool Manager.

# POLICIES

## Registration Information

To better accommodate our valued patrons and to aid in the processing of registrations, our registration policy is first come, first served with payment only. No phone registrations will be accepted at this time; you are considered registered when payment is made in full. You will be notified by phone if classes are full or cancelled.

Please complete the registration form below for mail-in or on-site registrations. Be sure to use the eight-digit numerical code to identify the class or program desired. It is imperative that all spaces are completed in order to process the registration. Be certain to sign and date the Program Release Statement. A late fee of \$15 will be assessed after first class or registration deadline with instructor's permission to join the class.

(M) = OCC member rate, (NM) = non-member rate, (NR) = non-resident rate. If you have any questions, please call us at 298-0775.

Mail to: Oakwood Community Center,  
105 Patterson Road, Oakwood, OH 45419

Checks should be made payable to the  
City of Oakwood.

## Department of Leisure Services Transfer and Refund Policy

Transfers or refunds will be issued upon written request through the first day of the activity and prior to the second meeting, minus a \$5 administrative fee. A refund or transfer cannot be granted if by doing so results in below minimum registration causing cancellation of that activity. Memberships to the Oakwood Community Center, Health Center and Gardner Pool are not refundable or transferable.

\*Transfers or \*\*refunds will be issued upon completing a "Request for Refund/Transfer" form prior to the second meeting of any activity. Sorry, no transfers or refunds will be made after that time. A full refund will be issued if the activity is cancelled by the OCC due to low enrollment.

*\*Transfers may be made to any activity published in the current quarterly brochure; a \$5 administrative fee is charged at the time the transfer is made.*

*\*\*Refunds will follow the Finance Department's payment schedule which may take up to 21 days. There will be no cash refunds and a \$5 administrative fee will be charged.*

All prices in this brochure are believed to be correct. However, if a typographical error occurs, the price listed at the OCC Business Office prevails.



OCC Activity Registration Form - Please Print and Fill Out Completely

HOUSEHOLD ID#

<b>Adult Parent Or Guardian</b>	Last Name		First Name		MI
	Address				
	City	State	Zip	E Mail	
	<b>Phone Numbers</b>				
	Home	Cell	Work	Emergency	

Activity Number	Start Mo./Day	Participant's Name		Birth Date M / D / Y	Sex	Activity Name & Starting Time	Fees
		Last	First				
	/			/ /			
	/			/ /			
	/			/ /			
	/			/ /			
	/			/ /			

Form of Payment:  Cash (Do not mail cash)  Check  (Visa/Mastercard accepted in person at the OCC only)

Are you an Oakwood resident?  Yes  No Are you an OCC member?  Yes  No Total Amt Enclosed \$

### Waiver for Participant and/by Parent

In consideration of your accepting my or my child's entry, I hereby, for myself, my child, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I or my child may have against the City of Oakwood and its representatives, successors and assigns for any and all injuries suffered by myself or my child on any activity sponsored by these groups. I do hereby grant and give these groups the right to use my or my child's photograph or image with or without my child's name both single and in conjunction with other persons or objects for any and all purposes including, but not limited to private or public presentations, advertising, publicity and promotion relating thereto. I warrant that I have the right to authorize the foregoing uses and do hereby agree to hold the City of Oakwood Leisure Services Department harmless of and from any and all liability of whatever nature which may arise out of result from such uses. For the consideration stated above, I further agree that in the event that my child repudiates or attempts to repudiate such release, I will personally indemnify and save harmless the City of Oakwood Leisure Services Department, its successors and assigns, for any and all loss and damage occasioned thereby.

Signature \_\_\_\_\_ Date \_\_\_\_\_

My relationship to participant(s):  Parent  Guardian  Participant

### RECEIPT

Please check how you would you like your receipt:  E-Mail or  Regular Mail





## **SPECTACULAR & BEAUTIFUL FLOWER CONTAINERS SEMINAR** by HORTICULTURAL EXPERT BILL COLLINS Thursday, April 25<sup>th</sup> at 6:30pm

Please join the Oakwood Community Center and the Friends of Smith Gardens for an evening of learning about container growing and how to choose plant material to make your containers spectacular throughout the summer season. Mr. Bill Collins, retired Horticulturist and head of Horticulture for Kingwood Center in Maysfield, Ohio will demonstrate and create gorgeous containers for your garden. Bill was in charge of designing and planting all the containers and planting beds at Kingwood. This event will take place on Thursday, April 25, 2019 at 6:30 p.m. at the Oakwood Community Center, 105 Patterson Road. Don't miss out on this seminar as it promises to be an evening of enjoyment and learning about how to create beautiful containers.

**FREE AND OPEN TO THE PUBLIC!**

# **Smith Gardens 2019 Blanket Concert Series**

Sunday, June 9 at 7:00 P.M.

~ Madcap Puppets ~

**“The Wonderful Wizard of Oz: Adapted by Dylan Shelton”**

Madcap Puppets is based in Cincinnati, Ohio and nationally recognized for engaging audiences through their original children's theatre productions that include life size puppets. They work to entertain and educate children and adults. For this show you will travel down the Yellow Brick Road with Dorothy, Toto and their best friends; Scarecrow, Cowardly Lion and Tin Man. Madcap brings this epic adventure to life with breathtaking puppets in this enchanting, family-friendly classic. This life size play is sure to delight audiences of all ages. Bring the whole family to enjoy!

Sunday, July 14 at 7:00 P.M.

~ Dave Greer's Classic Jazz Stompers ~

The Classic Jazz Stompers have been around since the early 1980's and have played in jazz clubs and at jazz festivals in a wide variety of venues in and out of the country. They can be heard on the first Tuesday of each month at Jimmy's Ladder 11 on Warren Street. The band plays jazz, blues, hot dance music and small band swing from the 1920's and 1930's. The Classic Jazz Stompers have performed at the new Levitt Pavillion in downtown Dayton. This performance will be sure to have you dancing along to the music so bring the family out to enjoy a great night of Jazz music.

Sunday, August 4 at 7:00 P.M.

~ Puzzle of Light ~

Puzzle of Light is a group of musicians with individual musical backgrounds and experience ranging from jazz and rock to ethnic and world music. Their music is both technically exciting and emotionally deep, earning the quintet standing ovations everywhere. Puzzle of Light's original and experimental music demonstrates their respect for nature, as well as world cultures and thus they are sought-after by colleges performing arts venues, nature centers and outdoor garden amphitheaters. One of the band members, Michael Bashaw, will be putting together a sculpture to celebrate the 45th anniversary of Smith Gardens prior to the performance. This performance will also include audience participation so be sure not to miss this concert!

*In case of rain, concerts will be held in the OCC Great Room, 105 Patterson Road. Leisure Line - 937-298-0775.*

## **45TH ANNIVERSARY CELEBRATION!**