# Spring/Summer 2020

# Department of Leisure Services OAKWOOD COMMUNITY CENTER

**105 Patterson Road ~ Oakwood Ohio 45419 ~ Phone: 937-298-0775** 

Email: occ@oakwood.oh.us ~ Leisure Line: 297-2935 ~ Website: http://www.oakwoodohio.gov





# PARKS and RECREATION THE BENEFITS ARE ENDLESS...



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HORTICULTURIST Brian Caldwell

SECRETARY Lori Stanley

PART-TIME SECRETARIES Joni Boyer Marvel Ellcessor Jayne Morgan Corrie Taylor

CUSTODIAN Greg Snowden

# Dear Friends,

Happy Spring and Summer! Please browse through our exciting brochure as we offer a number of spring and summer activities for everyone to enjoy.

As spring approaches, take a stroll through our natural areas and enjoy the wildflowers that are scattered throughout these areas. What a spectacular sight you will see! Then walk to Smith Gardens and enjoy the gorgeous display of colorful spring bulbs, blooming shrubs and trees and a pond filled with goldfish...a beautiful place to take a picture.

The Friends of Smith Gardens will be having their annual perennial sale on the 17th and 18th of April at the OCC. Over 100 varieties of plants will be available for you to choose from. The prices are great so hurry in while the selection is good.

Please join us this summer for the 2020 Friends of Smith Gardens blanket concert series. This year's concert lineup promises to be one of the most enjoyable, filled with wonderful live entertainment for the whole family. Please see the brochure for the dates of the concerts. Each concert begins at 7:00 P.M. at Smith Gardens. In case of rain, the event will be held at the OCC. Hope to see you there!

Be sure to check our brochure for all of our new camps and programs we have planned for the summer months. A lot of fun is promised for all ages.

Sincerely,



Carol Collins, Director

# mission

The purpose of Leisure Services is to enhance the quality of life of Oakwood residents by offering a activities variety that encourage overall wellness, cultural opportunities fellowship with neighbors. Its mission includes building upon the natural beauty of the city through the improvement, care maintenance of parks, public gardens, boulevards and right-of-ways.

# **OCC** business office

 Monday-Thursday
 7:30 A.M. - 9:00 P.M.

 Friday
 7:30 A.M. - 7:00 P.M.

 Saturday
 8:00 A.M. - 2:00 P.M.

 Sunday
 12:00 P.M. - 5:00 P.M.

# **OCC** health center

Monday-Thursday 6:30 A.M. - 9:00 P.M. Friday 6:30 A.M. - 7:00 P.M. Saturday 8:00 A.M. - 2:00 P.M. Sunday 12:00 P.M. - 5:00 P.M. See Business Office for class schedule and closed hours.

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# **OCC** holiday hours



# Don't Let a Good Class Die!!!

Nothing kills a course quicker than waiting until the last minute to register. Coming on the day of the class won't save it...so please register early!!!!

# MEMORIAL DAY WEEKEND Saturday, May 23

Business Office, Health Center Sunday, May 24 Business Office, Health Center

Monday, May 25 All areas

FOURTH OF JULY
Friday, July 3
All areas
Saturday, July 4
All areas

# LABOR DAY WEEKEND

Friday, September 4
Business Office, Health Center
Saturday, September 5
Business Office, Health Center
Sunday, September 6
All areas
Monday, September 7
All areas

**Regular hours** 8:00 A.M. - 2:00 P.M. **Regular hours** 12:00 - 5:00 P.M.

**CLOSED** 



CLOSED

**CLOSED** 

**Regular hours** 6:30 A.M. - 7:00 P.M. **Regular hours** 8:00 A.M. - 2:00 P.M.

**CLOSED** 

CLOSED



# FRIENDS OF SMITH GARDENS PERENNIAL SALE



The annual Friends of Smith Gardens "Perennial Sale" will be held on Friday, April 17th and Saturday, April 18th at the Oakwood Community Center, 105 Patterson Road, in Oakwood. The hours are from 3:00 P.M. - 8:00 P.M. on Friday and 9:00 A.M. - 3:00 P.M. on Saturday. The prices are great so hurry in to purchase your plants!

A wide variety of perennials, herbs, everlastings, ornamental grasses, wildflowers, hostas, ferns and daylilies will be available. A listing of plant material will be available from the OCC beginning Monday, March 2, 2020. For further information or for a complete listing of plants, please call 937-298-0775.



# **DOOR PRIZES!!!**

Volunteers are needed to help with the sale.
Anyone interested in helping,
please call Carol Collins at 937-298-0775.





# FAMILY KITE NITE

Celebrate spring with your family at Old River Sports Complex by flying a kite! Kite Nite is a chance for you and the family to show off your flying skills or try flying a kite for the first time. You will need to provide your own kite for this event. There will be no kites provided. Bring your kite to fly or just come to enjoy the evening while watching others fly their kites. We can't guarantee weather conditions; there is no rain date for this program. Call the Leisure Line at 937-297-2935 for program updates!

**Date:** Sunday, April 26 **Time:** 4:00 - 6:00 P.M.

Fees: FREE

**Location: Old River Sports Complex** 

Family

Fum

# FATHER/DAUGHTER DANCE

Saturday, April 25th from 7:30 - 9:00 P.M.

Dads, want to spend a night out with your best gal? Then how about the dance floor of the OCC? Come dressed in your best and spend a memorable evening with your "little princess". Join us for dancing and refreshments. This dance is open to all Oakwood dads and granddads with daughters and granddaughters between the ages of 5 and 11 years. Tickets are limited and must be purchased in advance at the Oakwood Community Center and are <a href="mailto:non-transferable">non-transferable</a>.

A photographer will be on site to take pictures for an additional fee.

Activity #: 336650-04

**Fees:** \$17 per couple (M); \$25 per couple (NM)

**Location: OCC Great Room** 

And dads, if you have more than one "best gal", no problem . . . \$7 per extra daughter (M) and (NM)

# Dad & Me, Mother's Day Cake Decorating

Come and decorate a Mother's Day cake for Mom! Miss Riley's Cookies will be on hand to instruct the participants on icing and decorating tips. Dad and kids can have fun making this Mother's Day gift for Mom that she is sure to remember.

Activity #: 336170-05

**Date:** Thursday, May 7th **Time:** 6:45 - 7:45 P.M.

Fee: \$20 (M), \$30 (NM), \$40 (NR)
Instructor: Marvel from Miss Riley's Cookies

Location: OCC Large Classroom

All materials and goodies will be provided.

Limited space, so sign up early!



# Pre-School STORY HOUR AT SMITH GARDENS

The Leisure Services Department in conjunction with the Wright Memorial Public Library is pleased to present another fun season of "Pre-School Story Hour at Smith Gardens". Spend a magical morning in the Gardens with Wright Library Youth Services Staff as they read enchanting stories with your preschooler in mind. In case of rain, meet in the Garden House.

**Dates:** Friday, June 26

Friday, July 31 Friday, August 28

**Time:** 10:30 A.M.

Fee: Free to everyone! Location: Smith Gardens





# <u>MARK YOUR</u> <u>CALENDARS!</u>

Activities for 'THAT DAY IN MAY' are now being planned for Saturday, May 16th. More

detailed information about this community event will appear later in local newspapers and the Oakwood Scene. Please see schedule and times of events on the back of the enclosed insert.

# FAIRY PRINCESS

# GARDEN TEA PARTY (ages 3 - 7)

Moms, bring your Fairy Princess and join us for an enchanted afternoon full of magical moments and memories at Smith Gardens. Together you will create fun Fairy Princess crafts, learn a special dance and enjoy Fairy Princess snacks and teas. Wear your princess outfit to this wonderful event that you will not want to miss.

Activity#: 105210-06

**Date:** Saturday, June 13 **Times:** 12:30 - 2:00 P.M. **Fee:** \$25 (M), \$37 (NM), \$50 (NR)

Instructor: Shawnah Tibbs-Sergent

**Location:** Smith Gardens

In case of rain it will be held in the OCC. \$5 material fee due at registration. Checks made out to Shawnah Tibbs-Sergent

Registration Deadline: Wednesday, June 10 at 9:00 P.M.

# TEDDY BEAR PICNIC IN SMITH GARDENS

ages 3 - 5 (age 2 welcome if parent or guardian stays)

Girls and boys join us for a magical morning at Smith Memorial Gardens. Bring your favorite Teddy Bear! We'll create a special craft, play games including a bear scavenger hunt, have fun during teddy bear time and enjoy a beary special snack and drink.

**Activity #: 105180-07 Day/Date:** Friday, July 17 **Time:** 10:00 - 11:30 A.M.

Fee: \$20 (M), \$30 (NM), \$40 (NR) Instructor: Shawnah Tibbs-Sergent

Location: Smith Gardens - In case of rain it will be held in the OCC Large Classroom.



# Annual Ice Cream Social

# Sunday, August 9th at Shafor Park

The Oakwood "Ice Cream Social" is a tradition held before school resumes in the fall. Families gather at Shafor Park for food, community entertainment, games and prizes for children of all ages. Rain or shine!!!

Activity#: 105010-08

Date: Sunday, August 9

Times: 3:30 P.M. Games Open 4:30 - 6:30 P.M. Dinner Served

7:00 P.M. Games and Social Close

Rain location: Oakwood Community Center

ATTENTION: Oakwood Clubs and Organizations...

Another feature of the Ice Cream Social is the "Avenue of Organizations". Non-profit groups may set up tables to share information, recruit members and introduce fundraisers. Call Karen Earley at 937-298-0775 for more information.



The Southern Ohio Flying K9s (SOFK9s) is a non-profit group of disc (Frisbee) dog trainers and their canine athletes who conduct demos and performances and compete across the country in the sport of canine disc. They have multiple World Finalists in their club as well as World Champions.

When not competing, their members love to show how much fun the sport of canine disc is by performing demos and performances at local festivals, business functions and sports halftime shows. They have recently performed at a Cincinnati Bengals half time show!

SOFK9's will be showing freestyle demonstrations, a learning segment to show guests how to get started with their dog, a mini toss and fetch competition (boys vs girls) with guest judges pulled from the crowd and finally a meet and greet following each performance. Bring the whole family to Old River Sports Complex to enjoy this show!

Only the performing dogs will be allowed at the show. No other dogs will be allowed to be brought in to the field area.

**Day/Date:** Saturday, July 18

**Time:** Dog Show Times: 3:00 - 3:30 P.M. and 4:30 - 5:00 P.M.

Event Time: 3:00 - 5:00 P.M.

Fee: Free

**Location:** Old River Sports Complex



# FRIENDS OF SMITH GARDENS 2020 BLANKET CONCERT SERIES

The Friends of Smith Gardens and the City of Oakwood are pleased to present the "2020 Blanket Concert Series". The series is a community favorite and this year's schedule offers something for everyone. Bring your blanket and join us at Smith Gardens, located in the 800 block of Oakwood Avenue at the corner of Walnut Lane. Parking is available on Oakwood Avenue, side streets and around the City Building. In case of rain, the concerts will be held at the Oakwood Community Center, 105 Patterson Road. These concerts are FREE and open to the public.

# Sunday, June 14 at 7:00 P.M.

# ~ Madcap Puppets ~ "Pinocchio"

Madcap Puppets is based in Cincinnati, Ohio and is nationally recognized for engaging audiences through their original children's theatre productions that include life size puppets. They work to entertain and educate children and adults. For this show you will join Geppetto's beloved puppet on a thrilling quest to become a real boy. Pinocchio is lured into every prank and scheme imaginable as giant puppets and audience participation are woven into this cherished classic tale. This life size play is sure to delight audiences of all ages. Bring the whole family to enjoy!

# Sunday, July 19 at 7:00 P.M. ~ Murphy/Kelch ~

After playing locally in numerous bands for decades, Steve Kelch (hand percussion / vocals) and Jim Murphy (guitar / vocals) have been entertaining folks for the past six years as an acoustic duo. They have and currently are playing at local beer and wine venues, restaurants, festivals, private parties and fundraising events. Their repertoire consists of classic rock, folk and blues songs that everyone will recognize and want to sing along to. You don't want to miss this performance!

# Sunday, August 2 at 7:00 P.M.

# ~ The Blue Leaf's Band ~

The Blue Leaf's, a rising star of the Dayton music scene, is a 4-piece rock band reviving the sounds of the 60's, 70's and 80's for modern audiences. The Blue Leaf's brand of 'Throwback Rock N Roll' has been described as a marriage of artists like Queen, Billy Joel and the Beatles into an unforgettable showcase of the classic rock sound.

The Blue Leaf's are proud of their ability to capture magic in their music. Praised by fans for their ability to pull off difficult harmonies in songs like "Bohemian Rhapsody", "Hey Jude" and "My Girl", The Blue Leaf's feature their vocals above all else. These harmonies have been perfected over years of rehearsing and professional training. While vocals take the forefront, instrumental proficiency follows close behind, with songs like "Great Balls of Fire", "Wipeout!" and "While My Guitar Gently Weeps" prominently featuring displays of instrumental mastery likely to entertain anyone.

With over 80 shows to date across venues like Stubbs Park, the Greene, the Troy Strawberry Festival, the Tipp City Mum Festival, Hammond Indiana's Beatles Fest, Lake City Michigan's Greatest 4th in the North and many other venues in the tristate area, The Blue Leaf's are constantly improving and expanding the ability of their live shows, turning up the heat!

In case of rain, concerts will be held in the OCC Great Room, 105 Patterson Road. Leisure Line - 937-297-2935.

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# **ORCHARDLY PARK CRAFTS**

# **Orchardly Park Shelter**

Projects are most appropriate for ages 3 - 6, but all ages are welcome.

Free!

FREEE

**Dates:** Wednesdays, June 3, July 1 & August 5

**Time:** 1:00 - 3:00 P.M.

Materials available for first 50 children. A parent or guardian must be in the park while the child participates in this activity.

Location: Orchardly Park shelter.

**Instructors: OCC Summer Camp Staff** 



# **FRIDAY NIGHT FUN**

Parents are you looking for a night without the kids?? The OCC has the answer! Kids join us for a night of games, crafts, pizza and snacks. The night will end with a movie. Parents enjoy a night to yourselves while your kids have a Friday night full of fun activities. Children ages 4 to 10. **Space is limited to the first 15 children.** 

 Activity #:
 305140-04
 Activity #:
 105140-05

 Date:
 Friday, April 10
 Date:
 Friday, May 15

 Time:
 7:00 - 10:00 P.M.
 Time:
 7:00 - 10:00 P.M.

**Deadline:** Wed., April 8 at 9:00 P.M. **Deadline:** Wed., May 13 at 9:00 P.M.

Fees: 1st child \$22 (M), \$33 (NM), \$44 (NR)

2nd child \$17 (M), \$26 (NM), \$34 (NR)

**Location:** OCC Great Room/Teen Center



# **SHAFOR PARK GAME DAYS**

# **Shafor Park Shelter**

Ages 4 - 10, but all ages are welcome.

Parent or guardian must be in the park while child participates.

Dates: Mondays, June 1, June 29 & August 3

**Time:** 2:00 - 4:00 P.M.

Come to Shafor Park to play some pick-up basketball or kick the kickball or hit a homerun playing whiffle ball! The Summer Camp Staff will be there to organize some fun games to play and compete in. There might even be some prizes given away to the winning team/players!

**Instructors: OCC Summer Day Camp Staff** 

# MARTIAL ARTS DEMO DAYS (all ages)

# Mondays, July 20, 27 & Aug. 10 from 5:30 - 6:30 P.M.

Interested in learning what our monthly Martial Arts class has to offer? Then make sure to come to one of our Martial Arts Demo Days at the Oakwood Community Center! We will have our instructor here giving examples of what the upcoming classes will be like and what to expect from these offerings. He will explain his philosophies behind teaching the class and what you can expect to learn from taking these classes throughout the year. This is a great opportunity to see if this is a class you, your children or your whole family would like to participate in. This is a free class but make sure to call the OCC at 937-298-0775 to register!

 Activity #: 155390-7A
 Activity #: 155390-7B
 Activity #: 155390-08

 Date:
 July 20
 Date:
 July 27
 Date:
 August 10

Time: 5:30 - 6:30 P.M Fee: FREE (Pre-Registration Required)

**Location:** OCC Great Room **Instructor:** David Schwab

About the Instructor: David Schwab is a 4th degree black belt in Tae Kwon Do and a Brown Belt in Judo. He has trained under local Master Chung for 20 years.



# Attention All Artists & Future Artists!!

# Oakwood's 5th Annual Pro-Am Art & Photography Exhibition

The Oakwood Community Center will be hosting our 5th Annual Pro-Am Art and Photography Exhibition. This event is for both current professionals and amateurs. Come and enjoy some of the great artistic talent we have in this community. We will have refreshments while you walk around and enjoy the artwork on display. There will be a private showing for only the artists that submitted their work to this exhibition on Sunday, November 8 from 12:00 - 1:00 P.M. This private showing is a great opportunity for all the artists, professionals and amateurs to come together and network. Your artwork will be displayed to the public at the Exhibition on Saturday, November 7 from 11:00 A.M. - 1:30 P.M. and Sunday, November 8 from 1:00 - 4:00 P.M. Artwork registration forms can be picked up at the OCC, 105 Patterson Road beginning Tuesday, September 1.

# Artwork is due Monday, November 2, 2020 by 9:00 P.M.

Exhibition: Saturday, November 7 from 11:00 A.M. - 1:30 P.M. & Sunday, November 8 from 1:00 - 4:00 P.M. Private Showing (for artists only): Sunday, November 8 from Noon - 1:00 P.M.

If you would like to volunteer to help out with this event contact Thomas Hayes at the OCC at 937-298-0775.

# City of Oakwood Hollinger Tennis Center

The Oakwood Community Center is now taking membership applications for the City of Oakwood Hollinger Tennis Center, located at 201 Shafor Boulevard. This facility offers quality tennis for the whole family on seven clay courts which have been regarded as the best in the region. The 2020 membership season runs from April 15th through October 15th. Benefits of the membership include seven clay courts; seven months of play; no court fees; social groups for women, men and mixed doubles and an air conditioned clubhouse. A great opportunity for family, single or junior memberships. If you are an OCC member, you will receive a discount on membership rates. Membership applications are available at the OCC. If you have questions about the Hollinger Tennis Center, please send an hollingertennis@gmail.com visit or at www.hollingertennis.com.

# Hollinger Tennis Membership Rates

Patron (payment less membership fee is tax deductible donation) \$1,000 Single \$415 (donation of \$585) Family \$570 (donation of \$430)

Family \$610

**Single** (26 and over) **\$450** 



# Orchardly Park Splash Pad

- Open daily 10:00 A.M. 7:00 P.M.
- The splash pad at Orchardly Park is for children 10 and under. Children under 7 must be accompanied by an adult.
- Open weather permitting.





# POLICIES FOR GARDNER POOL

- 1. You must be a resident of the City of Oakwood to have a pool membership.
- 2. Membership cards must be shown *each time you come to the pool* and will be kept with the gate attendant for admittance each visit.
- 3. Report lost cards immediately to the pool manager. Replacement cards may be purchased for \$2.00 at the OCC.
- 4. Guests of members must purchase a guest pass each visit. Member must be present for the entire length of visit.
- 5. Babysitters of members must have a babysitter pass. (member must purchase)

# THERE WILL BE NO EXCEPTIONS TO THE ABOVE POLICIES.

# Pool Membership Cards (purchase at the OCC)

Pool passes will be issued to each member. Individual passes must be shown and given to attendant <u>each time you</u> <u>come to the pool</u>. No one will be admitted unless they have a pass or pay a \$6 guest fee. Passes may be picked up at the OCC front office beginning Monday, May 11th if you have already purchased your pass. Only an adult parent or guardian will be able to pick up the passes for the family. **NO PASSES WILL BE GIVEN TO CHILDREN**. Passes purchased after May 13th will take 2-3 days to process. We will not be passing out passes at the OCC after

Noon on Friday, May 22nd. If you did not pick up your pass before that time, they will be available at the pool front gate beginning Saturday, May 23rd. Members will be required to sign for their card.

# Pool Babysitter Pass (purchase at the pool)

Pool members may purchase a pass for their child's babysitter, which is good for 10 visits. The babysitter must be at least 16 years of age and responsible for children ages 10 and under.

Monday - Sunday - Sun

Fees: \$25

# **Pool Houseguest Pass (purchase at the pool)**

A pool member may purchase a houseguest pass for individuals visiting and staying in the member's home. The member must always accompany the houseguest. The pass is good for seven consecutive days.

Fees: \$30 for up to three people \$35 for more than three people

Gardner Pool
Open Swim Hours
Daily
Monday - Sunday
2:00 Noon - 8:00 P.M.

# WEEKDAY HOURS BEGINNING AUGUST

August 10-14 · open 3:00-8:00 P.M. August 17-21 · open 3:00-8:00 P.M.

August 24-28 - open 3:00-8:00 P.M.

August 31-September 4 - open 3:00-8:00 P.M.

# INFORMATION FOR YOUTH SWIM LESSONS

Beginning Memorial Day weekend, the staff at Gardner Pool will be available to pre-test your child to determine what level of swim lesson is best suited for the swimmer's needs. Testing will be done during adult swim or by prior arrangement with the management staff at the pool.

If we do not meet the minimum enrollment required for a class, we may have to combine classes which would result in the transfer to a different class than you may have registered for.

Please note: Registration for all swim lesson sessions will begin on Monday, June 1st at 9:00 A.M. at the OCC.

YOU MUST BE A GARDNER POOL MEMBER IN ORDER TO REGISTER FOR SWIM LESSONS.

As always, the mission of the Department of Leisure Services is to provide parents and participants positive experiences as well as beneficial instruction.

# SWIM LESSONS - \$30/SESSION

All lessons are Red Cross certified and taught by our certified lifeguard staff. Classes are held Monday - Thursday with Friday being a make-up day if inclement weather occurs. You must be a Gardner Pool member to participate in lessons.

**Registration:** Registration for swim lessons begins Monday, June 1st at 9:00 A.M. at the OCC.

# TODDLER SWIM LESSONS

(ages 18 - 36 months)

Class is limited to 8 toddlers and 8 parents.

Parents will be in the water with their toddler during this class. Toddlers will be gently introduced to the water to help develop a level of comfort in and around water. This course is not designed to teach toddlers to swim, but to prepare them for lessons beginning at age 3.

Activity #	<b>Sessions</b>	<u>Dates</u>	<u>Times</u>
110450-2A	II	July 6 - July 16	10:30 - 11:00 A.M.
110450-3A	III	July 20 - July 30	10:30 - 11:00 A.M.
Fees:	30 includes one toddler	and parent/caregiver; (Gardner	Pool member) \$5/extra child

# 3 YEAR OLD SWIM LESSONS

This class is offered to swimmers that are 3 years of age at the time the class starts. No exceptions will be made. Class will be limited to 10 students per class.

Activity #	Sessions	<u>Dates</u>	<u>Times</u>
110300-2A	II	July 6 - July 16	11:00 - 11:30 A.M.
110300-3A	III	July 20 - July 30	11:00 - 11:30 A.M.

# PRE-SCHOOL AQUATIC PROGRAM

(pre-school, 4 & 5 year olds)

To develop in young children a high comfort level in and around the water and a readiness to swim. This course does not teach children to be accomplished swimmers or to survive in water.

Activity #	<b>Sessions</b>	<u>Dates</u>	<u>Times</u>
110350-1A	Ī	June 15 - June 25	10:00 - 10:30 A.M.
110350-1B	I	June 15 - June 25	11:00 - 11:30 A.M.
110350-2A	II	July 6 - July 16	10:00 - 10:30 A.M.
110350-3A	III	July 20 - July 30	10:00 - 10:30 A.M.

Don't forget the Early Bird Discount Ends Thursday, April 30th!! Save some money...stop in today!

# \$30/session

# LEVEL I - Introduction To Water Skills (AGES 5 & UP)

This level will help students become comfortable in and around the water. Learn basic water safety rules, front and back float and alternating arm action.

Activity #	<b>Sessions</b>	<u>Dates</u>	<b>Times</b>
110301-1A	I	June 15 - June 25	10:00 - 10:30 A.M.
110301-1B	I	June 15 - June 25	10:30 - 11:00 A.M.
110301-2A	II	July 6 - July 16	10:00 - 10:30 A.M.
110301-2B	II	July 6 - July 16	11:00 - 11:30 A.M.
110301-3A	III	July 20 - July 30	10:30 - 11:00 A.M.
110301-3B	III	July 20 - July 30	11:00 - 11:30 A.M.



# LEVEL II - FUNDAMENTAL AQUATIC SKILLS (AGES 6 & UP)

Gives students experience with the fundamental swimming skills; front and back float, rolling over and arm and leg combination.

Activity #	Sessions	Dates	Times
110302-1A	Ī	June 15 - June 25	10:00 - 10:30 A.M.
110302-1B	I	June 15 - June 25	10:30 - 11:00 A.M.
110302-2A	II	July 6 - July 16	10:30 - 11:00 A.M.
110302-2B	II	July 6 - July 16	11:00 - 11:30 A.M.
110302-3A	III	July 20 - July 30	10:00 - 10:30 A.M.
110302-3B	III	July 20 - July 30	11:00 - 11:30 A.M.



## LEVEL III - STROKE DEVELOPMENT (AGES 6 & UP)

Learn survival float, the elementary backstroke and coordinate the front crawl. Students will be introduced to the scissors kick and dolphin kick and will build on fundamentals of treading water and other skills.

Activity #	<u>Sessions</u>	<u>Dates</u>	<u>Times</u>
110303-1A	I	June 15 - June 25	10:00 - 10:30 A.M.
110303-1B	I	June 15 - June 25	10:30 - 11:00 A.M.
110303-2A	II	July 6 - July 16	10:00 - 10:30 A.M.
110303-2B	II	July 6 - July 16	10:30 - 11:00 A.M.
110303-3A	III	July 20 - July 30	10:00 - 10:30 A.M.



**LEVEL IV - STROKE IMPROVEMENT (AGES 7 & UP)** Helps to develop confidence in the strokes learned thus far and to improve other aquatic skills. Students will increase their skills and improve their endurance by swimming front crawl and backstroke for greater distances. The back crawl and the breaststroke are introduced in this level as well as the basics of turning at a wall.

Activity #	<b>Sessions</b>	<u>Dates</u>	<u>Times</u>
110304-1A	Ī	<u>June 1</u> 5 - June 25	11:00 - 11:30 A.M.
110304-2A	II	July 6 - July 16	11:00 - 11:30 A.M.
110304-3A	III	July 20 - July 30	11:00 - 11:30 A.M.



### LEVEL V - STROKE REFINEMENT (AGES 7 & UP)

Objective of this level is to coordinate and refine strokes (front crawl, back crawl, butterfly, breaststroke, elementary backstroke and sidestroke) and increase distance. Flip turns on front and back are introduced.

Activity # 110305-1A	<u>Sessions</u> I	<u>Dates</u> June 15 - June 25	<u>Times</u> 11:00 - 11:30 A.M.
110305-2A	II	July 6 - July 16	11:00 - 11:30 A.M.
110305-3A	III	July 20 - July 30	11:00 - 11:30 A.M.





# **SWIM LESSON MINI-SESSION**

Fees: \$27.00 per person for the mini-sessions (Gardner Pool Members only)

Parents and swimmers have liked the mini-session classes as a finish to their summer. We are offering these sessions again this summer. Limited to 10 swimmers per class.

Classes will be 45 minutes in length and will meet Monday through Friday. Students enrolling in Levels I-V must be the correct age for each level at the start of the session.

Activity #	<u>Sessions</u>	<u>Dates</u>	<u>Times</u>
110350-4A	Pre-School	August 3 - 7	9:30 - 10:15 A.M.
110301-4A	Level I	August 3 - 7	9:30 - 10:15 A.M.
110302-4A	Level II	August 3 - 7	9:30 - 10:15 A.M.
110300-4B	3 Yr. Olds	August 3 - 7	10:30 - 11:15 A.M.
110303-4B	Level III	August 3 - 7	10:30 - 11:15 A.M.
110304-4B	Level IV	August 3 - 7	10:30 - 11:15 A.M.
110305-4B	Level V	August 3 - 7	10:30 - 11:15 A.M.



# DEEP WATER WORKOUT with Kathy Hensley

This is a basic deep-water exercise class. Benefits include no impact, improved flexibility, improved muscle strength and cardiovascular fitness. It is recommended that you bring your own equipment but noodles and water weights will be available. *OPEN TO GARDNER POOL MEMBERS ONLY*. Kathy has been certified with the Aquatics Exercise Association for 14 years and has taught water exercise since 1986.

Activity #	<b>Sessions</b>	<u>Days</u>	<u>Dates</u>	<u>Times</u>
110150-06 110150-6A 110150-07 <b>Fees:</b> \$48 (3	Session I Session II Session III 3 weeks)	Mon. & Wed. Mon. & Wed. Mon. & Wed.	June 1 - June 17 June 22 - July 8 July 13 - July 29	8:30 - 9:30 A.M. 8:30 - 9:30 A.M. 8:30 - 9:30 A.M.
110150-08 Fees: \$32 (	Session IV  2 weeks)	Mon. & Wed.	Aug. 3 - Aug. 12	8:30 - 9:30 A.M.

# WATER AEROBICS with Karen Hochwalt

Boost the intensity of your fitness routine by adding a water workout! Water aerobics provides all the benefits of a land aerobic workout without the pounding of the hard floor. Water provides a natural resistance that increases cardiovascular conditioning and muscle toning. *OPEN TO GARDNER POOL MEMBERS ONLY*.

Karen Hochwalt has been certified with American Council on Exercise since 1987 and has been teaching at Gardner Pool since 1982.

Session I		Session II	
Activity #:	110200-06	Activity #:	110200-07
Days:	Mon. & Wed.	Days:	Mon. & Wed.
Dates: Time:	June 1 - July 1 7:00 - 8:00 P.M.	Dates:	July 13 - August 19 (no class July 27 & 29)
Fees:	\$80 (5 weeks)	Time: Fees:	7:00 - 8:00 P.M. \$80 (5 weeks)

# OAKWOOD DOLPHINS SWIM TEAM

# Miami Valley Swim Association League June 1 - July 10 (Championship week July 20 - 24)

The program goal is to provide a fun, positive swim team experience for swimmers of all skill levels in an inclusive and team building environment. Swimmers can expect the coaching staff to provide large group endurance training, some technical instruction and team coaching at meets. Swim lessons are strongly encouraged for swimmers of all ages who want and/or need individualized instruction. Swim team should not be viewed as a substitute for group swim lessons.

Each family must provide one parent worker for every home meet in which you have a participating swimmer.

For the 2020 season, Jessi Herwig and Eileen Simon will be the Swim Team Parent Representatives.

### **PLEASE NOTE:**

All <u>new</u> swimmers 6 years of age and younger must have a safety evaluation done prior to registering for swim team. The safety evaluation will look for swimmer's confidence and ability to be safe in the water. This is not a stroke evaluation. Safety evaluations can be done anytime the pool is open by the Pool Manager on duty. The safety evaluation will be reviewed by the Recreation Supervisor and families will be contacted with a recommendation.

Activity #	<u>Ages</u>	<u>Days</u>	<u>Times</u>
110107-06	10	Mon Fri.	8:00 - 8:30 A.M.
110106-06	8 - 9	Mon Fri.	8:30 - 9:00 A.M.
110105-06	7 & under	Mon Fri.	9:00 - 9:30 A.M.
110108-06	11 - 12	Mon Fri.	9:30 - 10:15 A.M.
110109-06	13 & over	Mon Fri.	10:15 - 11:00 A.M.

Fees:	\$65 -	REGISTRATION FEE	(Gardner Po	ol Members Only)
		payable to the OCC upor	registration.	This fee does not
		include championship enti	ry fee.	-

- **\$25 TEAM FEE** (required) per family payable to the Oakwood Dolphins before the first swim meet.
- **\$25 CHAMPIONSHIP MEET ENTRY FEE** (optional) per swimmer payable to the swim team parents' organization on or before July.
- \$50 Approximate cost for team suit (optional), cap, goggles, etc.

<b>Important Dates:</b>	May 14	Parent Organization Meeting*** (parents only)
important Dates.	1 <b>11</b> ay 17	Tarent Organization Meeting (parents only)

May 31 Registration Deadline at the OCC (\*\$15 late fee after this date)

May 31 Deadline to register on Swimtopia

(Please visit https://oakwooddolphins.swimtopia.com and click on "Registration". (Registration is a two step process, please

register both at the OCC and on Swimtopia).

June 1 Practice Begins

July 20-24 Championship Week (meet TBA)
July 26 Awards Picnic and Pool Party

\*\*\*Parent Organization Meeting:
Wednesday, May 14th from 7:00 - 8:00 P.M. at the OCC\*\*\*

**Lower Level Teen Center** 

# **BICYCLE SAFETY CAMPS**

Classes are taught by an Oakwood Public Safety Officer and are designed for the beginning rider. All participants must have the appropriate safety gear prior to the beginning of each session. There are two sessions of Beginning Riding. Sessions are the same.

# Oakwood Community Bicycle Extravaganza

Bicycle riding is a fun family activity that the whole family can enjoy. The City of Oakwood is such a great community to ride your bicycle in and notice the sights and sounds that you often miss when driving or riding in a car. Bicycling can give you a whole new perspective on your environment in the community. Also, it is a great form of exercise and has a lot of health benefits. Bring the family, call the neighbors and come to the Smith Elementary School parking lot to enjoy a morning of bicycling activities. Don't forget your bikes, helmets and safety gear.

K & G Bike Shop personnel will be on hand to help with minor repairs and adjustments.

Oakwood Safety Officers will be registering bicycles.

Dayton Cycling Club members will help adjust helmets and demonstrate safe-cycling techniques and etiquette. They will also lead a family fun ride, along with Oakwood safety officers, to Orchardly Park. Safe, proper riding techniques will be emphasized and followed. Everyone - children and adults - must wear helmets to participate in the ride. A limited supply of helmets will be available.

Date: Saturday, May 2 (Rain Date: Saturday, June 6)

**Times:** 9:30 - 11:00 A.M. Bicycle maintenance/registration/helmet adjustments.

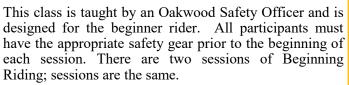
11:00 A.M. - 12:00 P.M. Family Fun Ride (ride will leave from Smith Elementary School parking lot at 11:00 A.M.) **EVERYONE MUST WEAR A HELMET TO** 

PARTICIPATE IN THE RIDE, CHILDREN AND ADULTS!

Fees: FREE!

Location: Edwin D. Smith Elementary School parking lot

# BEGINNING RIDING (ages 5 - 10)



This class will provide age appropriate education and skills for the beginner riders. The children will be

instructed on safety issues, equipment and basic handling skills. All participants must be able to ride a bike before the session begins. There will be a bike ride at the end of class. Participants need to bring their bicycle and all safety equipment. Also, participants must be allowed to cross streets.

**Topics to be covered include:** Adjusting a bike to fit size - bike inspections and minor repairs - safety equipment - legal issues - sidewalk safety - crossing streets - mounting and braking skills.

The class will be completed in one evening. Held rain or shine, if inclement weather there will be no bicycle ride. Please bring bike and helmet to camp.

Activity #: 115151- 04 Activity #: 115151- 05

 Date:
 Thursday, April 16
 Date:
 Thursday, May 14

 Time:
 4:30 - 5:30 P.M.
 Time:
 4:30 - 5:30 P.M.

Fees: \$7 (M), \$10 (NM), \$14 (NR)

**Location: OCC Teen Center** 

Registration Deadlines: Tuesday, April 14 at 9:00 P.M.

Tuesday, May 12 at 9:00 P.M.

# Kids Trivia Game Days

(ages 7-12)

Join the OCC summer staff for Trivia Days! During trivia days, kids will be able to compete against each other by answering fun-filled trivia questions. The questions may involve different tasks or just the fastest answer. There will be different categories to choose from, such as movies, music and sports. Take a break from the heat to compete against your friends in some fun trivia. Snacks will be available along with special prizes for the winners!

ACTIVITY # DATES 115380-06 Friday, June 5

**115380-07** Friday, July 10

**115380-08** Friday, August 7

Time: 1:00 - 3:00 P.M.

Fees: \$8 (M), \$12 (NM), \$16 (NR)

Instructors: OCC Staff
Location: OCC Teen Center



# **ULTIMATE FRISBEE CAMP** (ages 9-11)

Sign up for this unique, fun and exciting sport! We'll focus on teaching fundamentals of the sport including all the throws and techniques for catching the disc. Also, emphasis on teamwork and sportsmanship, in addition to learning the game, will be stressed. The primary goal will be to learn a fun, life-long game and get some exercise at the same time. Teams will be coed and no prior experience with the sport is required. Every session will conclude with a pickup game.

# **About Ultimate Frisbee:**

Ultimate Frisbee is a non-contact, self-refereed team sport. It's sometimes referred to as Frisbee football and similarly, one team advances the disc (175 gram Frisbee) toward their goal while the other attempts to intercept and move toward the opposite goal. Size of the field is approximate to the length of a football field but narrower. The sport was founded in New Jersey in 1968 and has a chance to be added as an Olympic event as early as 2024 (Paris) or 2028 (Los Angeles).

Activity#: 115420-06

Days/Dates/Times: TBA

Fees: \$35 (M), \$52 (NM), \$70 (NR)

Instructor(s): Andy Altenburg and other experienced Ultimate Frisbee Players

Location: **Old River Sports Complex** 

Andy Altenburg has 20 plus years experience playing in league and pickup ultimate games in Chicago and Dayton area.



# **IRISH DANCE CAMP**

(ages 5 and up)

A fun dance experience for girls and boys ages 5 and up. Attendees will learn the basic footwork and fundamentals of Irish Dance as well as a fun traditional group dance. The camp is run by certified and experienced instructors and dancers from the Richens/Timm Academy of Irish Dance. We will wrap up the week with a performance on Friday to showcase our new talent! All attendees will receive a camp shirt at the end of the week.

**DRESS:** Athletic shorts and t-shirt. Any type of flexible shoes, ballet slippers, jazz slippers or even socks would suffice for footwear. Hair should be pulled up and away from the face.

115370-06 Activity#:

Days: Monday - Friday **Dates:** June 1 - 5

Time: 11:00 A.M. - 11:45 A.M

Fees: \$55 (M), \$83 (NM), \$110 (NR)

OCC Great Room Location:

115370-07 Activity#: Days: Monday - Friday Dates: July 27 - July 31 Time:

11:00 A.M. - 11:45 A.M.

**Instructor:** Richens/Timm Academy of Irish Dance

# **CAMP ZENTANGLE**

(Ages 8 & older - Adults are welcome!)

Zentangle is a new, fun way to show off your creative side by creating art that is imaginative as well as structured and balanced. All you need is a pen, paper, a spark of creativity and a little bit of time.

Activity#: 124010-08 Day: Thursday Date August 6 4:00 - 5:30 P.M. Time:

\$7 (M), \$11 (NM), \$14 (NR) Fees: **Location: OCC Large Classroom** 

Jane Brennan, OCC Art Instructor, will provide you instruction and guidance; you supply the creativity and imagination. This is a fun and relaxing way to create beautiful images and drawings.

# SKYHAWKS SPORTS CAMPS

Skyhawks programs are the centerpiece in delivering quality sports programs that not only equip the athlete with physical skills, but also teach life skills through athletics! Skyhawks programs develop skills, refine talents and prepare young athletes for future endeavors and competition. Skyhawks staff members are always experienced in the sport they support and have been trained to share that knowledge with a young audience. Skyhawks level programs teach the fundamentals in an appropriately competitive environment where winning and losing are not everything but are a simple part of the game on the field and in life. These programs are designed for beginner to intermediate level players. Each camp includes quality instruction, t-shirt and a merit award.

Skyhawks participants should bring a snack, a water bottle, shoes (running shoes are fine) and sunscreen to each camp. Please put your child's name and phone number on all personal belongings. For more information about the Skyhawks programs, visit their website at <a href="https://www.skyhawks.com">www.skyhawks.com</a>.

# MINI-HAWK MULTI SPORT (ages 4-7)

This multi-sport program was developed to give young children, ages 4 - 7, a positive first step into athletics. The essentials of baseball, flag football and soccer are taught in a safe, structured environment with lots of encouragement and a big focus on fun. Our Mini-hawk games and activities were designed to allow campers to explore balance, movement, hand/eye coordination and skill development at their own pace. Skyhawks staff are trained to handle the specific needs of these young athletes. The participant-to-coach ratio is approximately 8:1. All campers will receive a t-shirt and a merit award!

Participants should bring: Appropriate clothing, shin guards (encouraged), baseball glove (encouraged), two snacks, water bottle, running shoes and sunscreen.

Activity#: 115290-6A Activity#: 115290-7A

**Day/Date:** Monday - Friday, June 1 - 5 **Day/Date:** Monday - Friday, July 27 - 31

**Time:** 9:00 A.M. - Noon **Time:** 9:00 A.M. - Noon

 Fees:
 \$119 (M), \$178 (NM), \$238 (NR)
 Fees:
 \$119 (M), \$178 (NM), \$238 (NR)

 Location:
 Old River Sports Complex
 Complex

# MULTI-SPORT ~ SOCCER, FLAG FOOTBALL & BASEBALL (ages 6 - 12)

Multi-sports camps are designed to introduce young athletes to a number of different sports in one camp. Sports sampling will allow them to learn, have fun and begin to formulate their passion for a particular sport. Designed to motivate children to lead a healthy active lifestyle while giving them the fundamental skill sets needed to succeed and grow in whichever sport they choose. The participant-to-coach ratio is approximately 12:1. All campers will receive a t-shirt and a merit award!

Participants should bring: Appropriate clothing, shin guards, lunch and a snack, water bottle, running shoes and sunscreen.

Activity#: 115290-7B

 Day/Date:
 Monday - Friday, July 6 - 10
 Time:
 9:00 A.M. - 3:00 P.M.

 Fee:
 \$159 (M), \$238 (NM), \$318 (NR)
 Location:
 Old River Sports Complex

# new!

# TINY-HAWK CAMP (Baseball & Soccer) (ages 3 - 4)

The essentials of Baseball and Soccer are introduced in a fun, safe environment with lots of encouragement. Campers must be between 3 and 4 years of age and toilet trained in order to participate. Children will learn balance, body movement, hand/eye coordination and skill development through a series of sport-specific games. All campers will receive a t-shirt and a merit award!

Participants should bring: Appropriate clothing, running shoes, water bottle and sunscreen

Activity#: 115290-6B Activity#: 115290-7C

**Day/Date:** Monday - Friday, June 1 - 5 **Day/Date:** Monday - Friday, July 27 - 31

**Time:** 12:15 - 1:15 P.M. **Time:** 12:15 - 1:15 P.M.

Fees: \$65 (M), \$97 (NM), \$130 (NR) Fees: \$65 (M), \$97 (NM), \$130 (NR) Location: Old River Sports Complex Complex

# new!

# BEGINNING GOLF CAMP (ages 5 - 9)

Skyhawks Golf focuses on building the confidence of young athletes through proper technique and refining the essential skills of the game. Golf is a challenging and lifelong sport, so young athletes need proper focus on the fundamentals of form, swinging, putting and body positioning. To assist in this training, Skyhawks has adopted the SNAG (Starting New At Golf) system to its curriculum. SNAG is specifically designed for the entry-level player; SNAG simplifies instruction so that young players can make an easy and effective transition onto the golf course. No need to bring your own clubs, all equipment is provided. All campers will receive a t-shirt and a merit award!

**Participants should bring:** Appropriate clothing, running shoes, water bottle and sunscreen

Activity#: 115290-6C

**Day/Date:** Monday - Friday, June 22 - 26 **Time:** 9:00 A.M. - Noon

Fees: \$119 (M), \$178 (NM), \$238 (NR) Location: Old River Sports Complex



# **KIDDIE KAMP** (ages 4-6)

Kiddie Kamp is a magical time for children, ages 4 - 6. This camp, designed with Pre-K and Kindergarten kids in mind. We will provide a wide variety of activities that will keep them moving, laughing and enjoying the summer. The camp will meet Monday through Thursday in Shafor Park. Each camper will receive an email before the start of camp with important information that will need to be filled out and turned in to the counselors on the first day of camp. Please make sure you provide your email upon registering. Space is limited, so register early to be sure your child doesn't miss the fun!!!

### **Theme: Wild Wild West**

Bring your cowboy/cowgirl hats and boots as we head to the Wild Wild West this week for Kiddie Kamp! Campers will get to make their own sheriff badges and learn how to wrangle some cattle. Counselors will have some Wild Wild West games for everyone to play during the week. See ya'll this week for a fun time!

**Activity#:** 115100-6A **Dates:** June 8 - 11

**Days:** Monday - Thursday **Time:** 10:00 - 11:30 A.M.



# Theme: Disney

This week is full of Disney Magic. Campers will get to learn all about their favorite Disney movies and characters! Counselors will have some fun crafts lined up this week to make based around some of the best Disney movies. Campers will also get prizes for knowing some Disney trivia. You won't want to miss out on this magical fun week of Disney Camp!

 Activity #:
 115100-6B

 Dates:
 June 15 - 18

 Days:
 Monday - Thursday

 Time:
 10:00 - 11:30 A.M.



# Theme: Ooey Gooey

Be prepared to get messy! Campers will get to have some Ooey Gooey fun this week at camp. Everyone will get to make all kinds of different slime and make some Ooey Gooey food to take home with them. Campers will also get to play some Ooey Gooey games. Make sure to dress accordingly for this fun week of camp.

**Activity #:** 115100-7A **Dates:** July 6 - 9

Days: Monday - Thursday
Time: 10:00 - 11:30 A.M.



# **Theme: Medieval Times**

Ever wanted to dress up as a knight in shining armor or a princess? All this week campers will go back in time to the Medieval Times to craft up some Medieval outfits and play some Medieval games. Campers will be sure to have a lot of fun at this camp!

**Activity** #: 115100-7B **Dates:** July 13 - 16

Days: Monday - Thursday
Time: 10:00 - 11:30 A.M.



### Theme: Wild Animals

Lions, Tigers and Bears...OHH MY!! All week campers will get to learn about all the different wild animals around the world. Campers will share about their favorite animals and there will be plenty of animal crafts all week long! This will be a fun, wild week of camp!

Activity#: 115100-7C | Dates: July 20 - July 23 | Monday - Thursday | Time: 10:00 - 11:30 A.M.

Fees for each camp: \$40 (M), \$60 (NM), \$80 (NR) Location: Shafor Park



# **CAMP SHAFOR** (ages 7-10)

Here comes another fun season of Camp Shafor! This recreational camp gives children an opportunity to enjoy a wide variety of activities including field trips, crafts, games and lots of fun! Our Friday field trip will take us to exciting new locations each session. You will need to plan on dropping off and picking up your child from the Friday location. Each camper will receive an email before the start of camp with important information that will need to be filled out and turned in to the counselors on the first day of camp. Please make sure you provide your email upon registration! Space is limited so register early!

### CAMPS ARE MONDAY THROUGH FRIDAY.

### Theme: Star Wars

Campers get ready to defeat the dark side this week as you blast off into space to save the universe. At camp this week you will get to make your own lightsabers and learn how to become a Jedi! You will use the force to make some fun, cool Star Wars crafts. At the end of the week campers will be traveling down to Old River to test out all their new Star Wars moves. May the Force be with you!

Activity #: 115250-6A Dates: June 8 - 12

Time: 12:30 P.M. - 3:30 P.M.

Old River Sports Complex\*

Trip: Old River Sports Complex\*\*



### **Theme: Superheroes**

This week campers will get to save the world and defeat the bad guys as a superhero. Campers will get to choose their own super powers and make their own superhero costume. You will also get to make and design your own superhero comic book! You will not want to miss out on this fun filled week. On Friday, campers will go to Houk Stream to show off their superhero skills!

Activity #: 115250-6B

Dates: June 15 - 19

Time: 12:30 - 3:30 P.M.

Trip: Houk Stream\*\*



# **Theme: Mad Science**

Who's ready to do some fun, crazy science experiments? This week campers will get to learn what happens when you put Mentos in soda and see how a volcano erupts! Beware, this week may get a little messy but will be full of fun as you try different science experiments all week. On Friday campers will get to go down to Old River to test out some more fun mad science experiments.

Activity #: 115250-7A Dates: July 13 - 17 Time: 12:30 - 3:30 P.M.

Trip: Old River Sports Complex\*\*



### **Theme: Secret Agents**

Campers get ready to go under cover this week as a secret agent! All week campers will get to learn some fun tricks that secret agents use such as writing invisible ink and learning your own code words. Campers will get to pick out their own secret agent names and make disguises. This is sure to be a fun filled week full of surprises! On Friday, campers will get to go to Orchardly Park to have some fun.

Activity #: 115250-7B
Dates: July 20 - 24
Time: 12:30 - 3:30 P.M.
Trip: Orchardly Park\*\*



\*\*Parents will need to drop off and pick up children from field trip locations \*\*

Fees for each camp:

\$55 (M), \$82 (NM), \$110 (NR)

**Location: Shafor Park** 



# SUMMER CAMPS

# CAMP HODGE PODGE

ages 8 - 13

\*\*Parents will need to drop off and pick up children from field trip locations \*\*

These one day camps are designed for older campers. Each of these mini-camps is different and allows children to try new things. Sign up for one or all six!

# Theme: Comic Book Design

Campers will get to make and design their own comic books during this camp. We will provide the materials you just come up with the superheroes!

Activity #: 115450-6A Monday, June 22
Time: 1:00 - 3:00 P.M.
Instructor: OCC Staff
Location: OCC Teen Center

# Theme: Nerf Gun Wars

This camp will take place at Old River Sports Complex where we will be having nerf gun battles. Who can survive the longest in this fun camp of nerf gun wars? Campers will need to supply their own nerf guns to participate in this camp. (weather dependent)

Activity #: 115450-6B

Date: Wednesday, June 24

Time: 1:00 - 3:00 P.M.

Instructor: OCC Staff

Location: Old River Sports Complex\*\*

Fees for 1 Day Camp: \$15 (M), \$22 (NM), \$30 (NR)

# Theme: Bake Off - Desserts

Looking to be the next big chef when you grow up? Come test your baking/cooking skills at this camp. Campers will get to make their favorite dessert dish and then we will have Oakwood Staff judge the dishes to determine a winner who will receive a prize. Make sure to pick up the Bake Off form when you register. The camp fills up fast so make sure to sign up soon.

Activity#: 115450-6C

Date: Friday, June 26

Time: 1:00 - 3:00 P.M.

Instructor: OCC Staff

Location: OCC Large Classroom

# Theme: Scavenger Hunt/Hike

This camp will meet down at Houk Stream and campers will get to explore the outdoors in Oakwood. Campers will enjoy a nice group hike while finding items for their scavenger hunt. Winners will receive prizes! (weather dependent)

Activity#: 115450-7A
Date: Monday, July 27
Time: 12:00 - 2:00 P.M.
Instructor: OCC Staff

Location: Houk Stream\*\*



# Theme: Soccer Fun

This camp will take place at our Old River Sports Complex where we will have a bunch of soccer fields set up for campers to play on. We will be playing a bunch of different, fun soccer games at this camp. (weather dependent)

Activity#: 115450-7B

Date: Wednesday, July 29 Time: 12:00 - 2:00 P.M. Instructor: OCC Staff

**Location:** Old River Sports Complex\*\*



# Theme: Bake Off - Appetizers

Looking to be the next big chef when you grow up? Come test your baking/cooking skills at this camp. Campers will get to make their favorite appetizer dish and then we will have Oakwood Staff judge the dishes to determine a winner who will receive a prize. Make sure to pick up the Bake Off form when you register. The camp fills up fast so make sure to sign up soon.

 Activity #:
 115450-7C

 Date:
 Friday, July 31

 Time:
 12:00 - 2:00 P.M.

 Instructor:
 OCC Staff

**Location:** OCC Large Classroom



# **Kidz Home Alone**

(entering grades 4th - 6th)

This course is designed to teach children about being home alone. It is an avenue to begin discussions between parent and child regarding possible situations that may arise. At the end of the class, students feel more confident, learn to THINK and ACT appropriately if an unusual situation should occur while they are home alone. Students must attend both classes to complete the class.

## Students will learn:

- \* The importance of having emergency phone numbers
- \* First Aid & Safety
- \* Why it's necessary to have "house rules"
- \* Severe weather planning

\* The reasons to call 911

\* The Self Heimlich Maneuver

\* Fire escape planning

Activity#: 136090-06

**Days:** Tuesday & Thursday **Dates:** June 2 & 4 **Time:** 12:00 - 2:00 P.M.

Fees: \$75 (M), \$112 (NM), \$150 (NR)

Instructor: Enriching Kidz, Inc. Location: OCC Teen Center

# SUMMER CAMPS

# **Summer Dance Camps with Miss Camille**



**Summer Camps 2020** 

with Miss Camille

Pack your dancing shoes and head to Oakwood Ballet for some exciting summer ballet fun! We have lively mid-week camps for the new and experienced dancer, ages 4 through grade 5. Beat the heat and join us for one of our afternoon camps including the *new* Ballet, Books & Brunch or our long-standing favorite, Young Dancers Ballet Camp. Beautiful live piano inspires dancers entering grades 3-5 in

the *new* Jump Start Young Intermediate. Our *new* Evening Creative Movement Camp joins the popular Evening Mini Ballet Camp to offer your daughter or son some fantastic dancing fun at a convenient early evening time.

Oakwood Ballet is proud to include the American Ballet Theatre's National Training Curriculum. Miss Camille is an ABT @ Certified Teacher in all levels. Please visit: oakwoodballet.com.

National Training Curriculum



# NEW!!

# **BALLET, BOOKS & BRUNCH**

(ages 4 - 5 and entering Kindergarten)

We start each day in this stimulating camp for both girls and boys, by dancing with joy! After munching brunch (student provides) with our new friends, we listen to beautiful classical ballet stories and bring to life the leading dancers with colorful markers, decorations and stickers. And of course, we save time for everyone's favorite: the surprise and delight that fills Magic Prop Box! **DRESS CODE:** Girls - pink tights, pink leotard (Bloch #C5402) pink leather split-sole ballet shoes (Bloch or Capezio). Long hair should be in a ponytail or braid. Boys - Plain white tee shirt, black or dark blue shorts, white crew socks, white or black ballet (Bloch

or Capezio).

Activity #: 115409-06

**Days:** Tuesday - Thursday

(Cookie Farewell on Thursday)

**Dates:** June 23 - 25 **Time:** 11:30 - 2:00 P.M. **Location: OCC Great Room**  Activity #: 115409-08

**Days:** Tuesday - Thursday

(Cookie Farewell on Thursday)

Dates: August 4 - 6
Time: 11:30 - 2:00 P.M.
Location: OCC Great Room

# JUMP START YOUNG INTERMEDIATE

(entering grades 3-5)

A three-day intensive class designed to refresh/introduce Young Intermediate dancers to barre, center work and traveling combinations across the floor. Each day is jam-packed with multiple ways to inspire your study of classical ballet, including Technique Focus, Graceful Glossary and Ballet Journaling. Pack a snack to enjoy with your friends during your creative time to write/draw/color in your Ballet Journal (provided). Miss Melanie Danford accompanies this camp with beautiful live music.

### **DRESS CODE:**

Light blue cap-sleeved leotard (Bloch #C5402); pink tights, pink split-sole ballet shoes (Bloch or Capezio); Hair is required to be in a proper bun every day.

**Activity #:** 115408-07 **Dates:** August 4 - 6

**Days:** Tuesday - Thursday **Times:** 2:00 - 5:00 P.M.

2:00 - 5:00 P.M. (Cookie Farewell on Thursday)

Fees: \$95 (M), \$137 (NM), \$190 (NR)

Location: OCC Great

\*\$5.00 Material fee payable to Camille Morris due first day of camp.

# YOUNG DANCERS CAMP

(entering grades 1 & 2)

Created for the budding ballet enthusiast, our daily dancing is inspired by beautiful live piano accompaniment. Next, we make a ballet themed project or decorate a beautiful ballet picture to take home as souvenirs. Enjoy a snack with your friends (student provided) then have fun with The Magic Prop Box; we wrap up our camp on Thursday with a Cookie Farewell. *Miss Melanie Danford accompanies this camp with beautiful live music*.

### **DRESS CODE:**

Girls: Pink footed tights, pink leotard (Bloch #CL5402), pink split-sole ballet shoes (Bloch or Capezio); pink chiffon skirt (Capezio #N1417C). Hair is required to be in a bun or pony tail. Boys: Plain white tee shirt, black or dark blue shorts, white crew socks, white or black ballet shoes (Bloch or Capezio).

**Activity #: 115402-07 Dates:** July 28 - 30

Days: Tuesday - Thursday

**Times:** 2:15 - 4:30 P.M.

(Cookie Farewell on Thursday)

Fees: \$70 (M), \$105 (NM), \$140 (NR)

**Location:** OCC Great Room

\*\$5.00 Material fee payable to Camille Morris due first day of camp.

# **New!** EVENING CREATIVE MOVEMENT CAMP

(ages 6 - 8)

Start each evening learning the fundamentals of modern dance. Then let the fun that defines the Imagination Rotation Game inspire you to create your own expressive movement ideas. And of course, 'cause it's Summer, we have a couple of surprises too. Experienced dancers as well as beginners are invited to sign up and discover all the fun things in store!

**DRESS CODE**: Girls - pink footless tights (no shoes), pink leotard (Bloch #CL5402). Long hair should be in a pony tail, or braid. Boys – Plain white tee shirt, black or dark blue shorts (no shoes).

Session I

**Activity #:** 115401-06 **Dates:** June 23 - 25

Days: Tuesday, Wednesday & Thursday 5:15 - 6:45 P.M.

(Cookie Farewell on Thursday)

Session II

Activity #: 115401-07 Dates: July 21 - 23

Tuesday, Wednesday & Thursday 5:15 - 6:45 P.M.

(Cookie Farewell on Thursday)

Fees: \$45 (M), \$68 (NM), \$90 (NR)

Location: OCC Great Room \*\$5.00 Material fee payable to Camille Morris due first day of camp.



# Back by Popular Demand! EVENING MINI DANCE CAMP (ages 4-6)

Join us at this convenient early evening time as we listen to some beautiful ballet stories, color our own ballet pictures and have lots of dancing fun! We top off our Camp with a Cookie Farewell on Thursday!

**DRESS CODE**: Girls - pink footed tights, pink leotard (Bloch #CL5402), pink leather split-sole ballet shoes (Bloch or Capezio), long hair should be in a ponytail or braid. Boys - solid white tee shirt, black or dark blue shorts, white crew socks, white or black ballet shoes (Bloch or Capezio).

Session I

Activity #: 115406-06 Dates: June 9 - 11

Days: Tuesday, Wednesday & Thursday 5:30 P.M. - 6:45 P.M.

(Cookie Farewell on Thursday)

Session II

**Activity #:** 115406-07 **Dates:** July 28 - 30

Tuesday, Wednesday & Thursday 5:30 P.M. - 6:45 P.M.

(Cookie Farewell on Thursday)

Fees: \$35 (M), \$53 (NM), \$70 (NR)

Location: OCC Great Room

\*\$5.00 Material fee payable to Camille Morris due first day of camp.



# <u>ENRICHING KIDZ ~ BETTER BABYSITTERS</u>

(entering grades 5th - 8th)

This course was designed by nurses, teachers and parents. The goal of the class is to teach students the advanced expertise to become a Better Babysitter. Not only are these classes interactive and fun, it also gives the students an opportunity to expand their empowerment, decision making, interviewing and marketing skills.

Fun & Interactive Course Curriculum

\* Job professionalism \*

\* First aid & safety

\* Important safety information

\* Marketing plan\* Growth and development

\* How to handle emergencies \*\* Creative problem solving \*

\* Infant & toddler care \* Choking & CPR

\* Care of the choking child & infant

Students Receive Hands-On Practice In:

Diapering, bottle feeding, infant care

Creating age appropriate activities

Interviewing

\* Infant & child CPR with mannequins

Preparing a marketing flyer

Activity #: 136030-06 Day: Tuesday/Thursday Date: June 23 & June 25 Time: 12:00 - 4:30 P.M.

Location: OCC Teen Center Fees: \$105 (M), \$157 (NM), \$210 (NR)



# ART CAMP (ages 8 - 12)

This camp is going to be a lot of fun! If you are an aspiring artist or just wanting to explore artwork then be sure to sign up for this camp! Jane will be teaching the different techniques and methods of artwork and how to paint like the pros. Students will use different art media to complete your projects. Every day will be something new and exciting to learn so make sure you bring your creativeness to this camp!!!

Monday - Campers will use crayons, salt & cut stencils to complete water color paintings.

Tuesday - Campers will get to use acrylic paints to complete pictures.

Wednesday - Campers will use pencils to learn about shadows and a light source.

Thursday - Campers will draw pictures with oil pastels using figures as the center of interest.

<u>Friday</u> - Campers will get to complete designs using cut paper to work on collages.

Activity #: 115300-08

Days: Monday - Friday
Dates: August 3 - 7
Time: 9:30 - 11:00 A.M.

Fees: \$32 (M), \$48 (NM), \$64 (NR)

**Instructor: Jane Brennan** 

**Location:** OCC Lower Level Teen Center



REGISTRATION DEADLINE: Sunday, August 2 at 5:00 P.M.

**Supply Fee:** \$5 (Cash please) due first day of class to instructor.

# New! LIFE SKILLS 101 (entering grades 4 - 6)

Teaching your kids to be kind and respectful? Enriching Kidz will reinforce your efforts! This is a really fun class! Through interactive role play and fun hands-on activities, students will learn the meaning of manners and respectful behavior. Topics include table manners at home and at a nice restaurant (complete with Italian music and fancy menus). Learning how to be an attentive listener and how to have a conversation is part of the fun! We will also explore manners in public places. We will help them understand personal space and how to respect people who have disabilities. Other topics will also include manners when hosting or attending a party, playdate or sleepover and how to write a thank you note! Your kids will come home excited to set the table and tell you what they learned! Students will learn:

- Manners around the dinner table at home and preparing for a meal
- Manners at a fancy restaurant
- Listening skills
- The art of conversation tools
- Manners when on an elevator or escalator
- Manners at public spaces, such as at the movies or at a sporting event
- How and when to write a thank you note

Activity #: 136410-06

**Date:** Monday, August 3 & Wednesday, August 5

**Time:** 12:00 P.M. - 2:00 P.M.

Fees: \$75 (M), \$112 (NM), \$150 (NR)

**Location: OCC Teen Center** 



# FENCING CAMPS (ages 7 and up)

Fencing gives all athletes a great exercise experience. The main goal of fencing is to develop and improve balance, coordination and focus, benefiting the athlete both physically and mentally. Students will be introduced to techniques and strategies in different fencing situations based on their confidence regardless of level or experience. Fencers will learn proper footwork and blade work based on the Italian Fencing School method, recognized worldwide as safe, efficient and elegant. Fencing is a good activity for all ages, youth and adult alike. All the participants will use fencing jackets, masks, gloves, swords (foil). Camps will be organized by level: ABC Level 1 Camp, I.D.E.A.S Level 2 Camp and Competitive Camp.

# ABC Fencing Camp Level 1 - Session I

**Activity #:** 115260-6A **Dates:** June 1 - 5 **Time:** 3:00 - 4:00 P.M.

# I.D.E.A.S Fencing Camp Level 2 - Session I

**Activity #:** 115261-6A **Dates:** June 1 - 5 **Time:** 4:00 - 5:00 P.M.

# Competitive Fencing Camp - Session I

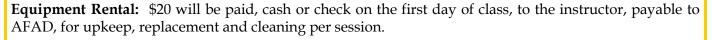
Activity #: 115262-6A

Dates: June 1 - 5

Time: 5:00 - 6:00 P.M.

**Fees:** \$45 (M), \$68 (NM), \$90 (NR)

**Location: Great Room** 



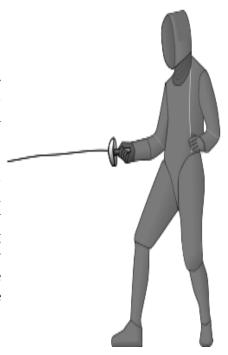
A parent is required to sign forms at the first class of every session.



# **Instructors and Coaches:**

Mrs. Toni Brenner - USA fencer began fencing 5 years ago, registered with USFA. Mrs. Brenner will assist coaching, teaching and coordinating the camps, working with beginners on basic knowledge and fencing techniques. Her expertise is in foil.

Mr. Lorenzo Padrichelli – Italian fencer and licensed master. Experienced in teaching Italian fencing school, Mr. Padrichelli began fencing in Italy at the age of 8. Licensed (AIMS) in Italy and Europe in all three weapons as recognized by USA Fencing (USFA), and current FIS and FIE member. Has represented Italy in international tournaments and world cups. He has experience in teaching individual lessons and group class in Italy and the US.



# YOUTH SUMMER THEATRE CAMP with Teresa Connair

(ages 8 - 13)

Explore the far reaches of your imagination! We will focus on creating a show, talk about how to decorate a set and what to wear for costumes. Students will also memorize lines and blocking. This camp will culminate in a performance for family and friends on the last day in the Great Room at the OCC. Those interested should prepare a one minute memorized monologue or poem for auditions the first day.

Activity#: 125300-06

Rehearsals

**Date/Time:** Monday, July 27 - Friday, July 31 from 5:15 - 6:15 P.M.

**Performance** 

Date/Time: Friday, July 31, 2020 starting at 5:15 P.M.

Fees: \$50 (M), \$75 (NM), \$100 (NR)

Instructor: Teresa Connair Location: OCC Teen Center

Registration Deadline: Sunday, July 26th at 5:00 P.M.

Since a script must be selected in advance, there will be no late registration accepted.





Tracey Williams, owner of Thyme 2 Get Cooking and Healthy Hands Cooking Certified Instructor is pleased to offer Healthy Hands Cooking. A fun and educational cooking program for kids. Tracey's passion is to teach healthy cooking to anyone willing to learn. Her goal is to encourage cooks of all ages to gain confidence in the kitchen, try new foods, and be inspired to develop healthy habits.

# KIDS COOKING CLASSES - A TASTE OF HHC (ages 6-15)

Activity #: 136360-04 Day/Date: Sat., Apr. 25 Time: 11:00 A.M. - 1:00 P.M.

<u>Have a Souper Day:</u> It's always a Souper Day when soup is on the menu! We'll discuss the many healthy ingredients that we can add to soup. Then we'll make a delicious taco soup, veggie tortellini soup and a tasty cold strawberry soup. Your young chef will be asking to make these soups at home again and again!

Registration Deadline: Wednesday, April 22, 9:00 P.M.

**Activity #: 136360-05 Day/Date:** Sat., May 16 **Time:** 11:00 A.M. - 1:00 P.M.

Mexican Fiesta: It's Fiesta Time! In class, we will discuss the importance of eating a healthy, balanced diet. Then we'll make a Fiesta Burrito Bowl and homemade cinnamon tortilla chips with Mexican chocolate dipping sauce!

Registration Deadline: Wednesday, May 13, 9:00 P.M.

**Activity #: 136360-06 Day/Date:** Sat., June 6 **Time:** 11:00 A.M. - 1:00 P.M.

<u>Growing and Cooking with Herbs:</u> Cooking with fresh and dried herbs can add pizzazz to almost any dish! We'll discuss how herbs are chock-full of healthy compounds and have health benefits! Then we'll use an assortment of different herbs to make some delicious recipes!

Registration Deadline: Wednesday, June 3, 9:00 P.M.

**Activity #: 136360-08 Day/Date:** Sat., Aug. 15 **Time:** 11:00 A.M. - 1:00 P.M.

<u>Healthy Lunch Bento Box - Canadian Eh!:</u> It's Back-to-School time! Your kids will love learning to make this Canadian inspired Bento Healthy Lunch. Bento lunches consist of a balance of food groups, colors and textures. Included in this exciting cooking class is a Canadian Bagel Sandwich, Maple Berry Crumble and Quick Spinach Salad.

Registration Deadline: Wednesday, Aug. 12, 9:00 P.M.

Cost: \$45 (M) \$67 (NM) \$90 (NR) Instructor: Tracey Williams

Location: Kitchen/Large Classroom

# y of Oakwood Hollinger Tennis Cen

The Oakwood Community Center is now taking new membership applications for the City of Oakwood Hollinger Tennis Center, located at 201 Shafor Boulevard. This facility offers quality tennis for the whole family on seven clay courts which have been regarded as the best in the region. The 2020 membership season runs from April 15th through October 15th. Benefits of the membership include seven clay courts; seven months of play; no court fees; social groups for women, men and mixed doubles and an air conditioned clubhouse. A great opportunity for family, single or junior memberships. If you are an OCC member, you will receive a discount on membership rates. Membership applications are available at the OCC. If you have questions about the Hollinger Tennis Center, please send an email to hollingertennis@gmail.com or visit their website at www.hollingertennis.com.Please see page 10 for more information.

# TENNIS LESSONS AT ORCHARDLY PARK TENNIS COURTS

Lessons will be taught by the excellent staff of the Kettering Tennis Center & Quail Run. The pro staff of KTC/Quail Run is known for consistently producing some of the areas finest champions, while teaching hundreds of youth and adults the joy of developing a lifelong sport. Their pros have created a complete and comprehensive program to enable all students to reach their maximum potential. Please review the skill level explanations before registering. Ages are only suggested and not required for the skill level groups. Please place your child in the group based on his skill level and experience.

Youth Levels \* Instructor may suggest a different skill level class after first lesson.

This program is designed for young children, usually between the ages 5 - 7 years old, with no experience at all. Emphasis is on hand-eye coordination, developing motor skills, learning stroke skills and fun!

This program is for players with little or no tennis experience. Emphasis is on learning stroke skills, the rules of play, sportsmanship and fun!

This program is for a player who has reached an advanced beginner level of play. This class is designed to further improve technique and stroke production. This player can sustain a rally of slow pace.

# **Adult Levels**

### Adult Beginner:

This class is designed to further improve technique and stroke production. This player can sustain a rally of slow pace.

# Adult Advanced Beginner:

This program is for the player who has improved stroke dependability and direction. The emphasis will be on technical training and strategies of singles and doubles.

## Cancellations and make-up policy

- Class will **not** be made up for classes missed for personal reasons (illness, vacation, schedule conflicts, etc.)
- Classes will **not** be made up due to weather conditions.
- Private lessons need to be cancelled 24 hours before the lesson. If the instructors are not notified 24 hours prior, the student will be fully charged for the scheduled lesson.
- Participants will be responsible for setting up private lesson time once the pro has contacted them.
- Must have written receipt for private lessons, purchased at the front desk of the OCC.
- The OCC MUST be notified before August 31 if private lessons are not completed to get full refund!

Adult and youth private tennis lessons will be available beginning June 1, 2020. The sessions will be scheduled individually with a tennis pro. You will need to inform the OCC front office of your interest in private lessons. Once the OCC is informed, they will contact KTC to have a tennis pro schedule a time with you. Once the times have been scheduled, you can pay for the lesson prior to the lesson. Receipts must be presented to the instructor before the lesson begins or the instructor will not be able to conduct the lesson. Private lessons will be held at Ochardly Tennis Courts. The OCC MUST be notified by August 31, 2020 if private lessons are not completed to receive a full refund!

Activity #: Youth - 120650 Adult - 120700 **Day & Time:** To be scheduled with tennis pro.

Fees: \$30 (M/NM-Res) or \$60 (NR) per 1/2 hour session for one person - \$5.00 per additional person up to 2 \$55 (M/NM-Res) or \$110 (NR) per 1-hour session for one person - \$10.00 per additional person up to 2

# **YOUTH TENNIS**

Youth classes are held Monday through Thursday in two-week sessions. All lessons will be held at Orchardly Park Tennis Court.

Students need to bring their own racquet and water bottle to each class.

Two Week Session Fees: \$60 (M), \$90 (NM), \$120 (NR)

Activity	Skill Level	Dates	Times
120050-1A	Beginner	June 1 - June 11	8:00 A.M 8:55 A.M.
120050-2A	Beginner	June 15 - June 25	8:00 A.M 8:55 A.M.
120050-3A	Beginner	July 6 - July 16	8:00 A.M 8:55 A.M.
120050-4A	Beginner	July 20 - July 30	8:00 A.M 8:55 A.M.
			-
120150-1B	Level 1	June 1 - June 11	9:00 A.M 9:55 A.M.
120150-2B	Level 1	June 15 - June 25	9:00 A.M 9:55 A.M.
120150-3B	Level 1	July 6 - July 16	9:00 A.M 9:55 A.M.
120200-4B	Level 1 - 2	July 20 - July 30	9:00 A.M 9:55 A.M.
	-		
120050-1C	Beginner	June 1 - June 11	10:00 A.M 10:55 A.M.
120050-2C	Beginner	June 15 - June 25	10:00 A.M 10:55 A.M.
120150-3C	Level 1	July 6 - July 16	10:00 A.M 10:55 A.M.
120200-4C	Level 1 - 2	July 20 - July 30	10:00 A.M 10:55 A.M.
120150-1D	Level 1	June 1 - June 11	11:00 A.M 11:55 A.M.
120150-2D	Level 1	June 15 - June 25	11:00 A.M 11:55 A.M.
120200-3D	Level 1 - 2	July 6 - July 16	11:00 A.M 11:55 A.M.
120200-4D	Level 1 - 2	July 20 - July 30	11:00 A.M 11:55 A.M.
120200-1E	Level 1 - 2	June 1 - June 11	12:00 P.M 12:55 P.M.
120200-2E	Level 1 - 2	June 15 - June 25	12:00 P.M 12:55 P.M.
120250-3E	Level 2	July 6 - July 16	12:00 P.M 12:55 P.M.
120250-4E	Level 2	July 20 - July 30	12:00 P.M 12:55 P.M.

# **ADULT TENNIS**

Adult classes are held on Mondays and Wednesdays in two-week sessions. All lessons will be held at the Orchardly Park Tennis Court. Students need to bring their own racquet and water bottle to each class.

Two Week Session Fees: \$60 (M), \$90 (NM), \$120 (NR)

Adult 17 + unle	Adult 17 + unless approved by instructor				
Activity	Skill Level	Dates/Days (All sessions Monday/Wednesday)	Times		
120300-1A	Adult Beginner	June 1 - June 10	6:00 P.M 7:00 P.M.		
120300-2A	Adult Beginner	June 15 - June 24	6:00 P.M 7:00 P.M.		
120300-3A	Adult Beginner	July 6 - July 15	6:00 P.M 7:00 P.M.		
120300-4A	Adult Beginner	July 20 - July 29	6:00 P.M 7:00 P.M.		
120350-1A	Adult Adv. Beginner	June 1 - June 10	7:00 P.M 8:00 P.M.		
120350-2A	Adult Adv. Beginner	June 15 - June 24	7:00 P.M 8:00 P.M.		
120350-3A	Adult Adv. Beginner	July 6 - July 15	7:00 P.M 8:00 P.M.		
120350-4A	Adult Adv. Beginner	July 20 - July 29	7:00 P.M 8:00 P.M.		

# STREET SOCCERI presented by the OCC and the Oakwood United Soccer Club

All children ages 7-14 are welcome! Oakwood United Soccer Club will have a representative on site each night.

# **Street Soccer Philosophy**

The game is the teacher. - Players will learn to play all on their own. By design, no formal coaching will be offered. Let the children develop the skills of learning within the game.

The game is for kids. - This program is offered to let children play and they don't need adults to do that. Adult involvement will be minimal and will focus on safety. Let the children develop skills of making their own decisions. **The structure is informal.** - Beyond setting up some goals, laying out some cones and helping to make teams: no formal organization or coaching will be done. Let the children develop the skills of organizing their own fun.

# **Drop-In Soccer Details:**

- Players should warm-up on their own. Late comers will be added to games or formed on new teams.
- All efforts will be made to have friends play together, however the object is to play and not have too many on a team.
- No planned periods of play are defined. If the players decide that a water break is necessary, it should be taken. The break times should be kept short (1-2 minutes at most). **Don't forget to bring a water bottle!**
- There are no strict requirements on attire. Shin guards are required, cleats are optional and appropriate clothing for the weather is strongly suggested.
- Players can leave as needed. Teams will adjust.

7-14, (This is a drop in class, parent or guardian should remain on site.) Ages:

Days/Dates: Mondays, July 6, 13, 20, & 27

Time: 6:00 - 7:15 P.M.

Fee: Free

**Location: Old River Sports Complex** 

# NO REGISTRATION REQUIRED!

# Youth volleyball Clinic

(grades 3, 4, 5 & 6)

Volleyball is a fast paced and exciting sport. This Volleyball Clinic is for boys and girls in grades 3rd through 6th. Players will learn the fundamental techniques of volleyball on Monday - Thursday; then a mini tournament on the Friday. Instructor, Cara Leedy, will make this a fun way to learn volleyball.

Activity # **Grades** 332253-03 Grade 3 332254-03 Grade 4 332255-03 Grade 5 332256-03 Grade 6

Monday - Friday Davs: Time: 3:30 - 4:30 P.M.

Dates: May 4 - 8

**Fees:** \$28 (M), \$42 (NM), \$56 (NR) Location: Edwin D. Smith Elementary

**Registration Deadline:** Sunday, May 3, 2020 at 5:00 P.M.

\$15 late fee after deadline!

# **THANK YOU**

to all Youth Basketball and **Youth Soccer Coaches!!!** 

The City of Oakwood would like to recognize its volunteer coaches and parents. Your time and effort to provide quality programs is greatly appreciated.

# OAKWOOD YOUTH RECREATIONAL COED-SOCCER

Each team will practice once during the week, Wednesdays at 6:00 P.M., and games will be on Saturday mornings at 11:00 A.M. - 12:00 P.M. This league is focused on fun, education, sportsmanship and teamwork. **Teams will be coed 7-on-7.** 

<u>Location</u> - All practices and games take place at Old River Sports Complex, 1421 Old River Dr. Schedules and rosters will be emailed prior to the first practice.

Dates - Saturday, August 29th - Saturday, October 24th, 2020

REGISTRATIONS RECEIVED AFTER THIS DATE WILL BE SUBJECT TO A \$15.00 LATE FEE and will be placed on teams as space permits. There is no guarantee for late placements. Registrations may be dropped off in person or mailed to the OCC at 105 Patterson Rd., Oakwood, OH 45419. Mailed registrations must have a postmark on or before the deadline.

Volunteer coaches needed!! Please fill out a coach's application at the OCC if interested in coaching. Coaches will be referees.

Coaches always coach their own children and siblings are placed together unless otherwise requested. All other special requests are not guaranteed.

A mandatory coaches meeting will be Wednesday, August 26th, 2020 at the OCC from 6:00 - 6:30 P.M. Rules, rosters and schedules will be handed out at this meeting.

Please Note: A coach will contact players after the coaches meeting. Complete team schedules will be emailed prior to the first practice.

PLEASE MAKE SURE WE GET A VALID EMAIL ADDRESS. No requests for team placement or schedule considerations will be honored.

This is a recreational league, coaches and parents will be asked to referee. For more information, please call Thomas Hayes at the OCC, 937-298-0775.

# REGISTRATION DEADLINE: SUNDAY, AUGUST 23rd at 5:00 P.M.

<u>Girls</u>		Boys	
Activity Numbers	Grades	<b>Activity Numbers</b>	Grades
231050-01	1	230050-01	1
231050-02	2	230050-02	2
231050-03	3	230050-03	3
231050-04	4	230050-04	4
231050-05	5	230050-05	5
231050-06	6	230050-06	6
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Fees: \$50 (M),75 (NM), \$100 (NR) Location: Old River Sports Complex





# **Outdoor Soccer** (ages 4, 5 & 6)

Designed especially for children in between pre-school indoor soccer and youth Co-Ed soccer. Participants who meet the multiple age requirements for more than one OCC soccer program must choose only **one program**. Participants must be at least 4 by the first day of the program to be enrolled. **No exceptions**.

Emphasis is on fun, education, sportsmanship and teamwork. No league or individual standings or statistics will be maintained. Teams will be co-ed 6-on-6 on a shortened field.

Practices and games will be held at 10:00 - 11:00 A.M.. on Saturday mornings in September and October at the Old River Sports Complex soccer fields. 1421 Old River Dr. (Make up games may be played on a weekday.) Children are required to wear shin guards and cleats are recommended.

<u>Volunteer coaches needed!!</u> Please fill out a coach's application at the OCC if interested in coaching. Coaches always coach their own children and siblings are placed together unless otherwise requested. **All other requests are not guaranteed.** 

\*\*A Mandatory coaches meeting will be Wednesday, August 26, 2020 at the OCC from 6:00 to 6:30 P.M. Rules, rosters and schedules will be handed out at this meeting.

Please Note: A coach will contact players after the coaches meeting. Complete team schedules will be emailed prior to the first practice. PLEASE MAKE SURE WE GET A VALID EMAIL ADDRESS. No request for team placement or schedule considerations are guaranteed.

This is a recreational league, coaches and parents will be asked to referee. For more information, please call Thomas Hayes at the OCC, 937-298-0775.

**Activity #:** 

Age 4: 229054-09 Age 5: 229055-09 Age 6: 229056-09

**Dates:** Saturdays, August 29 - October 24

**Time:** 10:00 - 11:00 A.M.

Fees: \$30 (M), \$45 (NM), \$60 (NR) Location: Old River Sports Complex

\$15 LATE FEE AFTER REGISTRATION DEADLINE.



**Registration Deadline:** 

Sunday, August 23rd at 5:00 P.M.

# PRE-TEEN SIXTH GRADE DANCE

Bring your classmates or meet new friends! Friday, April 24th - 8:00 - 9:30 P.M.

Location: OCC Great Room



# **ORCHARDLY PARK CRAFTS**

**Orchardly Park Shelter** 

Projects are most appropriate for ages 3 - 6, but all ages are welcome.

**Dates:** Wednesdays, June 3, July 1 & August 5

**Time:** 2:00 - 4:00 P.M.

Materials available for first 50 children. A parent or guardian must be in the park

while the child participates in this activity. **Location: Orchardly Park Shelter Instructors: OCC Summer Camp Staff** 



(grades 1-6) Jane Brennan is the instructor for the Youth Art Classes at the OCC. Jane has taught all age levels, elementary through college. She has taught at schools in this area, the Dayton Art Institute and Rosewood Arts Centre.

April Art Class - We will learn to fold and cut paper to make designs.

324100-04 Activity #:

Wednesday Day: Dates: April 15, 22 & 29

4:00 - 5:00 P.M. Time: OCC Lower Level Teen Center Location:

Fees:

\$22 (M), \$33 (NM), \$44 (NR) \$3.00 supply fee payable to instructor the first day of class.

May Art Class - We will go outside to draw what we see or if weather is not nice we will draw in pencil from pictures.

Activity #: 124100-05

Wednesday Day: Dates: May 6, 13 & 20

4:00 - 5:00 P.M. Time: Location: OCC Lower Level Teen Center

\$22 (M), \$33 (NM), \$44 (NR) Fees:

\$3.00 supply fee payable to instructor the first day of class. Bring a paint shirt to class!

# AMERICAN RED CROSS BABYSITTING COURSE



For ages 11 and older, this one-day class teaches boys and girls how to be the best babysitters in Oakwood. Class topics include baby care, first aid, safe play activities, Shaken Baby Syndrome & SIDS and how to handle emergencies. Each student must bring a baby doll and age appropriate toy. Instructors are certified by the American Red Cross and students who successfully complete the class receive a Red Cross certificate and will be able to download the Red Cross babysitting handbook, emergency reference guide, business card, resume template and an organizer complete with activities, games, crafts and recipes. Students should bring their own snack.

Activity # 335200-05 Ti<u>me</u> Day Date

8:30 A.M. - 12:30 P.M. Saturday May 2

Fees: \$52 (M), \$78 (NM), \$104 (NR)

Instructor: OCC Large Classroom Rory Korzan Location:

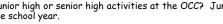
### JUNIOR AND SENIOR HIGH TEEN BOARDS

Want to plan special events for the junior high or senior high activities at the OCC? Junior and Senior Teen Board Members work with the OCC staff planning fun and exciting events throughout the school year.

Junior Teen Board - Appointments are made in August. Males and females from both Smith and Harman Elementary Schools will be selected to serve on the board during their 7th and 8th grade years.

Senior Teen Board - Appointments are made in August and they will serve a two-year term.

If you are interested, please send a written statement giving your name, address, phone number, grade in school and tell us why you would like to serve and why you should be appointed. Mail or drop off your statements to Karen Earley at the OCC.



# PICKLE-BALL AT ORCHARDLY PARK

The City of Oakwood has added Pickle-ball courts to the Orchardly Tennis Courts. The Pickle-ball court is placed on both courts. What is Pickle-ball? It's a fun sport that combines many elements of tennis, badminton and ping-pong. Pickle-ball is easy to learn and play whether you're five, eighty-five or somewhere in between. Pickle-ball is played on a badminton-sized court with special paddles, made of wood or graphite material. The ball used is similar to a whiffle ball, but slightly smaller. The OCC has equipment you can borrow to try out this exciting sport. Stop by the OCC front office or call 937-298-0775 for more information. Official rules are also located at the OCC.

Pickle-ball is for players ages 10 & up, singles, doubles and mixed doubles. Everyone can play. Please limit game to 30 minutes if people are waiting.

# **Cooking Classes with Kirsten Madaus**

# Instant Pot Salads

Are you ready to add some new recipes to your Instant Pot regular rotation? Let's keep the kitchen cool while eating well this summer by using the electric pressure cooker to quickly cook proteins and grains for healthy summer salads. In this class we'll make and eat Instant Pot Chicken Caprese Salad, Southwest Shrimp and Corn Salad and Wild Rice Greek Salad. Handout with additional recipes and electric pressure cooking tips provided.

165590-04 Activity #:

Dates: Wednesday, April 29 Time: 6:00 P.M. - 8:00 P.M.

Materials Fee: \$5 paid at the beginning of the class

\$25 (M), \$37 (NM), \$50 (NR) Fees:

(\$5 Material fee paid to instructor at beginning of the class)

Location: OCC Kitchen / Large Classroom



# Lemonade and Cupcake Social

**BROWN BAG BOOK BOOGIE** Come enjoy a hot summer evening with us. We will have fresh squeezed lemonade and delicious cupcakes. Enjoy summertime classic music and do the BROWN BAG BOOK BOOGIE with us. Please bring 2 books; each one enclosed in a brown paper bag. The adventure is in the music and the surprise.

If you have books you would like to donate, please bring them with you and we will donate them to an assisted living

community.

Time Activity# Day Date 150610-06 6:00 - 7:30 P.M. Wednesday June 24

Free: Pre-registration is required. REGISTRATION DEADLINE: Saturday, June 20th at 2:00 P.M.

Terry Vandeberg, CDP Location: Shafor Park Shelter (rain location: OCC Large Classroom) Instructor:

# MAKE AN AMERICANA DOOR DECORATION

Come enjoy a hot summer evening with us. We will have fresh squeezed lemonade and delicious cupcakes. Enjoy summertime classic music and learn how to make a Simple Americana Themed Door Decoration. This class will be very low key and allows for all skill sets to enjoy socializing and creating a decoration to be admired by all who come to visit. This event will also be a donation opportunity. *If you have old magazines or* newspapers that you want to get rid of please bring them with you and we will be dropping them at the local schools for craft projects.

Activity# Time Day Date

150610-07 Wednesday July 8 6:00 - 7:30 P.M.

Pre-registration is required. REGISTRATION DEADLINE: Thursday, July 2nd at 9:00 P.M. Free. **Instructor:** Terry Vandeberg, CDP **Location:** Shafor Park Shelter (rain location: OCC Large Classroom)

About Terry Vendeberg, Founder, Advanced Elder Advocacy & Consulting: Terry has a diverse healthcare background working in the greater Dayton area for 20+ years. Terry's passion for advocating for patients and their families helps each family navigate the health care continuum while maintaining dignity, independence and safety in their homes, wherever their home may be or transition to.

# **AARP SMART DRIVER**

AARP is adapting to the changing driving landscape by introducing the new **AARP Smart Driver Course**. This reinforces their commitment to providing a program that remains relevant and helpful in keeping drivers safe, confident and mobile. **SMART DRIVER** is the product of nearly two years of research studies with experts in transportation, education and driver safety. Class includes proven strategies that can reduce the likelihood of having a crash.

- Understand the links among the driver, vehicle and road environments.
- Cover new content including "brain health", difficult situations and technology.
- Learn how aging, medication, alcohol and other issues affect driving ability.
- Enjoy new visual instruction and participant guide with 88 illustrations, 5 knowledge checks, pre-course and post-course self-graded quizzes.
- Discover the Online Driving Resource Center.

Many insurance companies offer multi-year vehicle premium discounts to those who complete this class. Check with your agent. No discount? What you learn might save you money by preventing a traffic ticket or a costly collision. Designed especially for drivers over 50, any licensed driver may enroll in this four hour class and benefit from it.

Pre-registration is required. There is a \$15 per person fee for AARP members; \$20 for others. All participants will receive a Certificate of Completion after finishing the class. Take your driver's license and AARP membership card to class.

Activity #: 345300-04

**Date**: Wednesday, April 15, 2020 **Time**: 12:00 P.M. - 4:00 P.M.

**Fees:** \$15 - for AARP members & \$20 for non-members

Make checks payable to AARP

Location: OCC Large Classroom

**REGISTRATION DEADLINE**:

SATURDAY, APRIL 11th AT 2 P.M.

# **COFFEE AND CLASS WITH THE EXPERTS**

Mature Adults

# Local Community Food Security and Support - Presented by Haley Carretta

In Montgomery County, over 90,000 people are food insecure and 19% of census tracts have no access to fresh, healthy foods. Haley Carretta will discuss Montgomery County's new initiative to improve community food security in Montgomery County and what you can do to support your local food system.

Haley is the Food Systems Project Manager for Public Health - Dayton & Montgomery County. She serves as the project manager for the Montgomery County Food Equity Coalition, which aims to improve community food security within Montgomery County. Prior to serving in this role, Haley was the manager for Communities Preventing Chronic Disease, a grant supporting chronic disease and health disparity initiatives, including the Healthy Corner Store Initiative and client choice food pantries. Haley has a Masters of Public Health degree from Wright State University and is a Certified Health Education Specialist (CHES). Haley also serves as a board member for the Ohio Society for Public Health Education and The Hearth Community Place, a food pantry serving East Dayton.

Activity# Day Date Time

**345180-04** Wednesday April 8 6:00 - 7:00 P.M.

Free: Pre-registration is required.

Instructor: Haley Carretta Location: OCC Large Classroom

FREE!
Call 298-0775
to register.

# How Functional Limitations are Derailing our loved ones Quality of Life - Presented by Terry Vandeberg, CDP

With the buzz phase "Social Determinants of Health" it is apparent that more and more people are looking at improving their quality of life in multiple areas of their life. This presentation will look at what we are overlooking when we talk about quality of life. The functional limitations that are prohibiting our loved ones from enjoying their best life. The presentation will help you identify 5 functional limitations that are often overlooked by our health care providers and how we can help our loved ones over come these limitations and live more autonomously. The last half hour will be Q and A and will give you an opportunity to ask questions and receive community resources for helping you help your loved one obtain resources to alleviate functional limitations.

Terry has a diverse healthcare background working in the greater Dayton area for 20+ years. Terry's passion for advocating for patients and their families helps each family navigate the health care continuum while maintaining dignity, independence and safety in their homes, wherever their home may be or transition to. Terry believes that Aging should not be looked at as a ticking time bomb but as a beautiful ever evolving transformation. That transformation should not be one you have to journey alone.

Activity# Day Date Time

**145180-05** Wednesday May 13 6:00 - 7:00 P.M.

Free: Pre-registration is required.

Instructor: Terry Vandeberg Location: OCC Large Classroom

# Salute to Seniors Luncheon

Mark your calendars now for the annual Salute to Seniors Luncheon! The event is open to any area senior and is free for Oakwood senior residents, 60 years and older. The activities planned include entertainment, door prizes and of course, a wonderful *LUNCH!* Space is limited, so call the OCC at 937-298-0775 to reserve your place.

Activity #: 150070-05

Date: Wednesday, May 6, 2020

Time: 11:30 A.M.

Fee: FREE for Oakwood Senior Residents

60 years of age or older

\$6 for non-senior guests or non-residents

Location: OCC Great Room



FREE!!! Call 937-298-0775 to

register!

# FRIDAY NIGHT YOUTH/ADULT/FAMILY OPEN FIELDS

at Old River Sports Complex

Looking for something to do this summer on Friday nights? Come down to the Old River Sports Complex for Youth Open Soccer, Adult Open Fields and Family Open Fields.

**Youth Open Soccer**. Take this opportunity to bring your children to Old River Sports Complex to practice on their soccer skills. These open fields give boys and girls the opportunity to play, practice and learn the sport of soccer without being coached. Coaches/Parents are encouraged to provide the equipment and supervise but should not coach children. This allows children to learn at their own pace while having fun. If children are under the age of 10, parents are required to stay and older children's parents are encouraged to stay as well.

Adult Open Fields. Stop by Old River Sports Complex for a pickup game of soccer or ultimate frisbee. This is a great way to unwind on a Friday night.

*Family Open Fields*. Bring the whole family down to Old River Sports Complex and enjoy some family bonding time by passing a football, kicking around a soccer ball, or breaking in the new baseball glove. This is a great way to start your weekend.

<u>Not to be used for team practice.</u> Oakwood United soccer games may be scheduled on Fridays and fields may be closed due to inclement weather.

**Dates:** Fridays, April 4 - October 31 **Time:** 5:30 - 8:00 P.M. (Dusk)

**Location: Old River Sports Complex, 1421 Old River Dr.** 



# Health Center

Regular exercise has been proven to reduce the chance of heart attack, stroke, osteoporosis and other age related diseases. Memberships to the OCC Health Center are available to anyone 16 years of age or older. Precor S-line dual strength machines are easy to use and deliver a great workout. Thomas Hayes, Recreation Supervisor, will be available during regular business hours and by appointment other hours to show members how to use these machines and what muscle groups are being used. For more information call the OCC at 937-298-0775 or just stop in and take a look. Please watch for day time class schedules which may limit usage. Signs are posted in the Health Center and are available at the front office of the OCC.

### **Health Center Features**

Magnum

 Weight Assisted Chin Up/ Pull Up/Dips

• Preacher Curl Bench

**Precor S-line Dual Machines** 

- Leg Press/Calf Extension
- Leg Curl/Leg Extension
- Lat Pull Down/Low Row
- Multi Press-Shoulder/Bench/

Incline Bench

Concept II Rower 2 Precor Treadmill 956 Precor Stair Climber 2 Precor EFX Elliptical Crosstrainer

2 Precor EFX Elliptical Crosstrain Precor Standard Bicycle Precor Recumbent Bicycle

Day Use Lockers & Showers

Time: Monday - Thursday

Friday Saturday Sunday Assorted Free Weights 2 AbEx Abdominal Trainers Precore Torso Machine Nautilus Nitro Abdominal Machine Nautilus Nitro Lower Back Machine Co-ed Sauna

6:30 A.M. - 9:00 P.M. 6:30 A.M. - 7:00 P.M. 8:00 A.M. - 2:00 P.M. Noon - 5:00 P.M.

Membership rates and information are listed on the inserted membership form.

The Circuit class is held in the Health Center, limiting times for open use. Please note the class times as listed below and watch the bulletin board for any out of the ordinary changes in scheduling.

Closed: Tuesday/Thursday from 9:00 - 10:00 A.M. for Circuit Training



**Drop-In "Token" Health Center Policy** 

Single visit drop-in tokens may be purchased by anyone wishing to use the Health Center facilities without paying a full membership. The tokens are non-refundable, but have no expiration date. Participants must sign a standard "Release and Indemnity Agreement" and will be issued a token which must be presented at each visit to the Health Center. Tokens must be purchased during business hours only and may be used during any Health Center open hours.

**Activity #: 155055** Five token purchase: \$15 (M), \$25 (NM/NR)

**Activity #: 155051 One token purchase:** \$5 (M), \$8 (NM/NR)

CLASS PASS Circuit Training, Super Abs and Fusion Strength classes are offering more fitness opportunities. You have no excuse for not getting into shape this year. You can purchase a drop-in class pass which can be used for one, three or five classes. Class passes are available for use by only one person; the person listed on the pass. They are non-refundable and non-transferable and must be used within the current session. The expiration date will be marked on your pass. You must take your pass with you to class and present it to instructor.

Class pass

Activity #: 155060 One (1) Class

Fees: \$7 (M), \$10 (NM), \$14 (NR)

Activity #: 155061 Three (3) Classes

Fees: \$21 (M), \$30 (NM), \$42 (NR)

Activity #: 155062 Five (5) Classes

Fees: \$35 (M), \$50 (NM), \$70 (NR)

Come when it is convenient for you. No more excuses...get fit for life!

# **Health Center Orientation**

Are you interested in joining the Health Center but unsure of how to get started on the equipment? Let the Health Center staff show you how to use the equipment for your best workout benefit. Scheduled by appointment, the session is a free service offered as part of your new membership to the Health Center.

Free for new members!



Zumba is a class designed to bring people together to sweat it on. We take the "work" out of workout by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you'll see why Zumba Fitness classes are often called exercise in disguise.

Benefits include total workout, combining all elements of fitness - cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.

Activity #:	<u>Days</u>	<u>Dates</u>	<u>Time</u>
155090-05	Mon. & Wed.	May 11 - June 17	6:45 - 7:30 A.M.
155090-06 155090-08	Mon. & Wed. Mon. & Wed.	(no class May 25 & 27) June 22 - July 22 Aug. 3 - Sept. 2	6:45 - 7:30 A.M. 6:45 - 7:30 A.M.

Fees: \$50 (M), \$75 (NM), \$100 (NR) Instructor: Hannah Holder

Location: OCC Great Room

Hannah Holder is the class instructor. She has been a Zumba instructor since June 2018 and absolutely loves teaching Zumba classes. She is currently licensed to teach Zumba Basic 1 and Zumba Gold.

# Beginners Tai Chi (16 years and older)

Introduction to Tai Chi and Qigong (Chi Kung) principles and form through Tai Chi Easy™, a form created by Roger Jahnke, O.M.D. to make Tai chi accessible and fun for everyone. Harvard School of Integrative Medicine tells us that the slow meditative movements, deep breathing, and relaxation that is characteristic of Tai Chi practice create a special biological state that activates our own capacity for body/mind wellness and healing. Great for stress relief, post-illness or with managing a chronic health condition. Improves coordination, balance and attention. Facilitates cardiac rehab, lowers blood pressure and helps maintain strong bones. Becoming one of the most recommended exercises by physicians. \*\* Classes start over every 10 weeks.

Activity #	Day	Dates	Time
155800-04	Tuesday Tuesday	April 21 - May 19 (5 weeks	s) 7:00 - 8:00 P.M.
155800-05	Tuesday	May 26 - Juné 23 (5 weeks	s) 7:00 - 8:00 P.M.
155800-06	Tuesday	June 30 - July 28 (5 weeks	s) 7:00 - 8:00 P.M.

Fees: \$22 (M), \$33 (NM), \$44 (NR)

Judy Wilson COCC Great Room Instructor: Location:

# Intermediate Tai Chi (16 years and older)

Continuing to go deeper into the Tai Chi principles and form, adding movements to the basic Tai Chi Easy™ form to learn Integral Tai Chi, the Beijing 24 Form. Continuing to add Qigong movements for health and wellness. Moving deeper into the meditative aspects of Tai Chi and Qigong.

Activity #	Day	Dates	Time
155801-05	Thursday	April 23 - May 21 (5 weeks)	7:00 - 8:00 P.M.
155801-06	Thursday	May 28 - June 25 (5 weeks)	7:00 - 8:00 P.M.
155801-07	Thursday	Julý 2 - July 30 (5 weeks)	7:00 - 8:00 P.M.

\$22 (M), \$33 (NM), \$44 (NR) Fees:

Judy Wilson Instructor: OCĆ Great Room Location:

About Judy Wilson:

Judy is a certified instructor having graduated from the Institute of Integral Qigong and Tai Chi where the philosophy is to make Tai Chi and Qigong accessible to all. She continues to study with the Institute Director, Roger Jahnke, O.M.D. Over the past 14 years she has also trained with various teachers from Tama Martial Arts School in Dayton, OH. She is an active professional member of the National Qigong Association and participates regularly in their continuing education. Her training now includes a trip to China to study with Masters of Tai Chi and Qigong. She is a licensed mental health counselor in Centerville, OH in practice for over 25 years with specialties in stress reduction and mindfulness training which allows her to bring a holistic health maintenance perspective to her teaching.

# OOR CYCL

Sit, sprint, jump and climb your way through a calorie-burning HIIT workout on a bike! Music will guide you through a mixed interval heart-pounding workout so you'll feel energized, excited, sweaty and exhausted at the end of each class. Classes run 50-60 minutes and will be followed by brief stretches on or next to the bike. Bring your water bottle, towel and be ready to work!

Activity #	<u>Days</u>	<u>Dates</u>	<u>Time</u>
155310-05	Mon./Wed.	May 11 - June 17 (no class May 25 & 27)	6:30 - 7:30 P.M.
155310-06	Mon./Wed.	June 22 - July 22	6:30 - 7:30 P.M.
155310-07	Mon./Wed.	July 27 - Aug. 26	6:30 - 7:30 P.M.

\$60 (M), \$90 (NM), \$120 (NR) OCC Lower Level Teen Center Location: Instructors: Nate Buckner/Christine Russo



# STROLLERS IN MOTION

Strollers in Motion is a stroller-based workout for moms and caregivers with little ones. Each total body workout incorporates power walking and running, strength training, balance work and toning. Strollers in Motion is an awesome way for moms to get fit and meet other moms...all while having fun! Note: Make up days due to weather will be made after the last week on the next Thursday or during the session weeks on another day.

Activity #	<u>Day</u>	<u>Dates</u>	<u>Time</u>
155380-05	Thursdays	May 21, 28 & June 4, 11	9:30 - 10:30 A.M.
155380-06	Thursdays	June 25 & July 2, 9, 16	9:30 - 10:30 A.M.
155380-07	Thursdays	July 30 & Aug. 6, 13, 20	9:30 - 10:30 A.M.

Fees Per Session: \$35 (M), \$52 (NM), \$70 (NR)

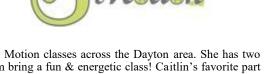
# **Strollers in Motion Class Pass:**

(This pass allows you to come to this class any four days you choose during the months between May and August. Just present the pass to the Instructor each time and it will be marked off. You can purchase additional passes within the same months).

Activity #: 155410

\$43 (M), \$64 (NM), \$86 (NR) Caitlin Elliot Fees:

Instructor: Shafor Park Location:



Caitlin is Strollercize and CPR certified and nearing her fourth year teaching Strollers in Motion classes across the Dayton area. She has two girls, Hadley, age 6 and Collins, age 3, who love to stroll along with her & help their mom bring a fun & energetic class! Caitlin's favorite part of the Stroller in Motion community is not only the interactive workout and making personal friendships but watching other moms & their children build lasting friendships of their own.

# (ages 16 & up)

This class combines mindful movements with conscious breathing. Each class will include a mixture of strength, flexibility and balance. Class will end with meditation. All levels welcome.

Activity #	Day	Dates	Time
155170-05	Tuesday	May 12 - June 9	6:00 - 6:45 P.M.
155170-06	Tuesday	June 16- July 14	6:00 - 6:45 P.M.
155170-07	Tuesday	July 21 - August 18	6:00 - 6:45 P.M.

\$50 (M), \$75 (NM), \$100 (NR) Fees:

Angèla Kim Instructor: **OCC Teen Center** Location:



Angela Yim is a 200 hour Registered Yoga Teacher. She enjoys teaching about slowing down, meditation and intentional breathing in our fast-paced world!

Check out our Health and Fitness Classes! We've done our best to give you a variety of classes to help get you or keep you in shape...the rest is up to you!! We offer drop-in classes as well as registered classes in the mornings and in the evenings. Each class is described below. Please see the schedule on the next two pages for dates and times.

# **Dancercize**

You'll be in great shape! Begin with a 30 - 40 minute aerobic workout using choreographed routines. Followed with a body sculpting cool down using light hand weights and conclude with floor work to increase strength and flexibility. New students need to bring their own weights.

INSTRUCTOR: Karen Hochwalt, certified by the American Council on Exercise

# Circuit Training

Circuit Training is the only class conducted in the Health Center using the aerobic and weight machines along with free weights. It provides cross training at its best to help you build your muscle and burn fat. A personal trainer will help you adapt the variety of circuit patterns to your fitness level. For more information and a free trial class contact the OCC at 937-298-0775.

INSTRUCTOR: Carol Messer, Certified Personal Trainer & certified by the American Council on Exercise

# Easy Exercise

Yes, exercise can be easy and fun. This class is for beginners, seniors or anyone just returning to an exercise program. Each hour includes warm-up, low impact and low intensity aerobics, strength and toning exercises and cool-down. Stop in for

INSTRUCTOR: Lois Milligan, R.N. is certified by the American Council on Exercise

**Fusion Strength** 

De-stress and get strong! Combine resistance training, pilates and yoga to create the ultimate sculpting class. Fusion strength focuses on deep muscle contractions, core development and elongating stretches using hand weights, balls and bands. Challenging and relaxing, you will leave this class feeling like you just had a massage.

INSTRUCTOR: Carol Messer, Certified Personal Trainer & Carolidad by the American Causail on Eversion

certified by the American Council on Exercise

TITLE	DAYS	TIME	ACTIVITY #	DATES	FEES
<b>Dancercize</b> No class May 25; July 3, 6, 8, 10, 27, 29 & 31	M/W/F	8:45 - 10:00 A.M.	155350	Drop-in	10 Tokens = \$80 (M/HCM); \$120 (NM); \$160 (NR) Individual Tokens \$8 (M/HCM); \$12 (NM); \$16 (NR)
Easy Exercise No class May 12 & 14	T/TH	8:00 - 9:15 A.M.	155450-05	April 28 - June 25	\$40
	T/TH	8:00 - 9:15 A.M.	155450-07	June 30 - Aug. 20	\$40
Circuit Training	T/TH	9:00 - 10:00 A.M.	355550-04	April 14 - April 30	\$30 (M/HCM); \$45 (NM); \$60 (NR)
	T/TH	9:00 - 10:00 A.M.	155550-05	May 5 - May 28	\$40 (M/HCM); \$60 (NM); \$80 (NR)
	T/TH	9:00 - 10:00 A.M.	155550-06	June 9 - June 30	\$35 (M/HCM); \$53 (NM); \$70 (NR)
	T/TH	9:00 - 10:00 A.M.	155550-07	July 14 - July 30	\$30 (M/HCM); \$45 (NM); \$60 (NR)
	T/TH	9:00 - 10:00 A.M.	155550-08	Aug. 4 - Aug. 27	\$40 (M/HCM); \$60 (NM); \$80 (NR)
Fusion Strength	T/TH	10:00 - 10:45 A.M.	355251-04	April 14 - April 30	\$30 (M/HCM); \$45 (NM); \$60 (NR)
	T/TH	10:00 - 10:45 A.M.	155251-05	May 5 - May 28	\$40 (M/HCM); \$60 (NM); \$80 (NR)
	T/TH	10:00 - 10:45 A.M.	155251-06	June 9 - June 30	\$35 (M/HCM); \$53 (NM); \$70 (NR)
	T/TH	10:00 - 10:45 A.M.	155251-07	July 14 - July 30	\$30 (M/HCM); \$45 (NM); \$60 (NR)
	T/TH	10:00 - 10:45 A.M.	155251-08	Aug. 4 - Aug. 27	\$40 (M/HCM); \$60 (NM); \$80 (NR)

# SHELTER RENTALS

Shafor and Orchardly Park Shelters are available by reservation for neighborhood parties, reunions, ball games or family picnics. Spots go quickly so plan your next outing now! Stop by the OCC and fill out a reservation form today!

# **Shelter Rental Fees:**

9:00 A.M. - 3:00 P.M. \$30 (R), \$40 (NR)

3:00 P.M. - Dark \$30 (R), \$40 (NR)

9:00 A.M. - Dark \$50 (R), \$60 (NR)

Note: We regret that we can not refund fees due to inclement

weather.

# **PICNIC KITS**

Add some excitement to your next family or neighborhood gathering by checking out a Picnic Kit from the OCC. Available April through October, the kits include a volleyball and net, bats, balls, bases and other equipment designed to make your party the sporting event of the season. The kits are reserved on a first come/first serve basis.



Call 937-298-0775 today to reserve yours!

# "LEISURE LINE"

The Easy Way to Check

Attention all OCC program participants! Are you involved in a program that may be cancelled due to inclement weather? To make checking on your program easier, the Department of Leisure Services provides the *Leisure Line*. Instead of calling the OCC, just call 937-297-2935 for updates on all your weather dependent programs. Youth soccer, youth and adult basketball, adult volleyball, tennis and swimming lessons, Junior High dances and all other programs that may be cancelled due to bad weather will be listed. The message will be updated throughout the day with the latest details concerning weather cancellations. Be sure to check the *Leisure Line* as close to your program starting time as possible. Please note: no other program information will be available at this number (i.e. registration information or class status) nor will messages be retrieved from this line. Please call the OCC directly for any other information not related to weather decisions.

Leisure Line 937-297-2935

# **OCC** Rental

The OCC is available for private rentals. If you are interested, please call Karen Earley at 937-298-0775.

Do you have an idea for a class?

Let us know!

Call the DCC at 937-298-0775

# Gift Certificates

Can't decide
on a gift????
Purchase a Gift
Certificate from the
OCC!!! They are
available in any
amount you choose!!!

# 2020 SUMMER EMPLOYMENT

Applications are being accepted at the OCC for summer employment with the Department of Leisure Services. Positions available: lifeguards, pool concession workers, camp leaders, facilities supervisors, park and boulevard maintenance, Smith Gardens, teen monitors, Pool Manager and Assistant Pool Manager.

# **POLICIES**

# **Registration Information**

To better accommodate our valued patrons and to aid in the processing of registrations, our registration policy is first come, first served with payment only. No phone registrations will be accepted at this time; you are considered registered when payment is made in full. You will be notified by phone if classes are full or cancelled.

Please complete the registration form below for mail-in or on-site registrations. Be sure to use the eight-digit numerical code to identify the class or program desired. It is imperative that all spaces are completed in order to process the registration. Be certain to sign and date the Program Release Statement. A late fee of \$15 will be assessed after first class or registration deadline with instructor's permission to join the class.

(M) = OCC member rate, (NM) = non-member rate, (NR) = non-resident rate. If you have any questions, please call us at 298-0775.

Mail to: Oakwood Community Center, 105 Patterson Road, Oakwood, OH 45419

Checks should be made payable to the City of Oakwood.

Department of Leisure Services Transfer and Refund Policy

Transfers or refunds will be issued upon written request through the first day of the activity and prior to the second meeting, minus a \$5 administrative fee. A refund or transfer cannot be granted if by doing so results in below minimum registration causing cancellation of that activity. Memberships to the Oakwood Community Center, Health Center and Gardner Pool are not refundable or transferable.

\*Transfers or \*\*refunds will be issued upon completing a "Request for Refund/Transfer" form prior to the second meeting of any activity. Sorry, no transfers or refunds will be made after that time. A full refund will be issued if the activity is cancelled by the OCC due to low enrollment.

\*Transfers may be made to any activity published in the current quarterly brochure; a \$5 administrative fee is charged at the time the transfer is made.

\*\*Refunds will follow the Finance Department's payment schedule which may take up to 21 days. There will be no cash refunds and a \$5 administrative fee will be charged.

All prices in this brochure are believed to be correct. However, if a typographical error occurs, the price listed at the OCC Business Office prevails.

OCC Ac	tivity Reg	gistration	Form - F	Please Pri	nt and Fi	II Out Com	pletely	·   F	lous	ehold ID#		
t u	Last Name	Firs	First Name MI									
Adult Parent Or Guardian	Address											
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Are you an Oakwood resident? □Yes □No Are you an OCC member? □Yes □No Total Amt Enclosed \$												
Waiver for Participant and/by Parent In consideration of your accepting my or my child's entry, I hereby, for myself, my child, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I or my child may have against the City of Oakwood and its representatives, successors and assigns for any and all injuries suffered by myself or my child on any activity sponsored by these groups. I do hereby grant and give these groups the right to use my or my child's photograph or image with or without my child's name both single and in conjunction with other persons or objects for any and all purposes including, but not limited to private or public presentations, advertising, publicity and promotion relating thereto. I warrant that I have the right to authorize the foregoing uses and do hereby agree to hold the City of Oakwood Leisure Services Department harmless of and from any and all liability of whatever nature which may arise out of result from such uses. For the consideration stated above, I further agree that in the event that my child repudiates or attempts to repudiate such release, I will personally indemnify and save harmless the City of Oakwood Leisure Services Department, its successors and assigns, for any and all loss and damage occasioned thereby.										vity con- o. I oility udi-		
Signature				<del></del>	Date			Please check how you would you like your receipt:				t:
My relationship to participant(s): ☐ Parent ☐ Guardian ☐ Participant ☐ E-Mail or ☐ Regular Mail												

# Oakwood Community Center 105 Patterson Road Oakwood, OH 45419

# Smith Gardens 2020 Blanket Concert Series

The Friends of Smith Gardens and the City of Oakwood are pleased to present the "2020 Blanket Concert Series". The series is a community favorite and this year's schedule offers something for everyone. Bring your blanket and join us at Smith Gardens, located in the 800 block of Oakwood Avenue at the corner of Walnut Lane. Parking is available on Oakwood Avenue, side streets and around the City Building. In case of rain, the concerts will be held at the Oakwood Community Center, 105 Patterson Road. These concerts are FREE and open to the public.

# Sunday, June 14 at 7:00 P.M.

# ~ Madcap Puppets ~ "Pinocchio"

Madcap Puppets is based in Cincinnati, Ohio and is nationally recognized for engaging audiences through their original children's theatre productions that include life size puppets. They work to entertain and educate children and adults. For this show you will join Geppetto's beloved puppet on a thrilling quest to become a real boy. Pinocchio is lured into every prank and scheme imaginable as giant puppets and audience participation are woven into this cherished classic tale. This life size play is sure to delight audiences of all ages. Bring the whole family to enjoy!

# Sunday, July 19 at 7:00 P.M.

# ~ Murphy/Kelch ~

After playing locally in numerous bands for decades, Steve Kelch (hand percussion / vocals) and Jim Murphy (guitar / vocals) have been entertaining folks for the past six years as an acoustic duo. They have and currently are playing at local beer and wine venues, restaurants, festivals, private parties and fund raising events. Their repertoire consists of classic rock, folk and blues songs that everyone will recognize and want to sing along too. You don't want to miss this performance!

# Sunday, August 2 at 7:00 P.M.

# ~ The Blue Leaf's Band ~

The Blue Leaf's, a rising star of the Dayton music scene, is a 4-piece rock band reviving the sounds of the 60's, 70's and 80's for modern audiences. The Blue Leaf's brand of 'Throwback Rock N Roll' has been described as a marriage of artists like Queen, Billy Joel and the Beatles into an unforgettable showcase of the classic rock sound.

The Blue Leaf's are proud of their ability to capture magic in their music. Praised by fans for their ability to pull off difficult harmonies in songs like "Bohemian Rhapsody", "Hey Jude" and "My Girl", The Blue Leaf's feature their vocals above all else. These harmonies have been perfected over years of rehearsing and professional training. While vocals take the forefront, instrumental proficiency follows close behind, with songs like "Great Balls of Fire", "Wipeout!" and "While My Guitar Gently Weeps" prominently featuring displays of instrumental mastery likely to entertain anyone.