



Guardian Teledentistry

It is important to ensure our members have access to dental care – and teledentistry helps make that happen.

That's why Guardian is helping to provide an easy-to-use teledentistry option for when you or your family need urgent care and you don't have a dentist or your dentist is not available.*

Simply schedule an appointment and you will receive a secure, password-protected video conference link to use. Guardian Teledentistry is covered by your dental plan.**

During your virtual visit, a dental care professional can help you:

- Determine if you have a serious condition that requires urgent treatment
- Suggest things you can do at home to relieve your symptoms
- Assess toothaches, infections, and provide prescription medications if needed
- Offer guidance and advice
- Refer you to a Guardian network dentist if further care is needed

To get started, simply visit www.virtudent.com/guardianteledentistry or call 1-800-506-8305.



What are some concerns you can get help with?

- A loose or lost crown
- Breaking a tooth or a filling
- Bleeding or swollen gums
- Pain or tooth sensitivity
- Tooth discoloration
- Grinding or clenching your teeth
- Muscle soreness or discomfort while chewing
- Oral sores or lesions

Ask your employer for more information.

The Guardian Life Insurance
Company of America

New York, NY

guardianlife.com

2020-110101 (10/22)

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