



COUNTY HEALTH ORDER

MANDATORY SHELTER IN PLACE

Sonoma County
is under a
MANDATORY
shelter-in-place
health order to
reduce the spread
of COVID-19.

You are **REQUIRED** to stay home except to seek essential services or perform essential activities. When out, practice social distancing and stay at least 6 feet from people who are not members of your household.

Do not attend public or private gatherings.
Do not visit parks - all parks in Sonoma County are closed.

Stay home. Stop the spread. Save lives.

WHAT DOES THIS MEAN?



EVERYONE must stay home except to get food, care for a relative or friend, get necessary health care, or go to an essential job.



IT IS OK to enjoy some outdoor activities close to home, as long as you practice social distancing. For example, go on neighborhood walks, runs or bike rides, work in your garden and play in the yard.



ESSENTIAL government functions are continuing, including law enforcement services.



DO NOT gather with people outside of your household. Don't host visitors or meet up with friends. Bars, nightclubs and gyms are closed. Restaurants are open for take-out only.



DO NOT drive or take public transit to recreation areas. All Sonoma County parks are closed until further notice.



DO NOT participate in team sports or pick-up games. All playgrounds, sports fields and athletic courts are closed, including those on school grounds.

IMPORTANT: If you are an older adult or have a serious chronic medical condition, you are at a higher risk of severe illness from COVID-19 and are urged to **STAY HOME** as much as possible.

STAY INFORMED: Visit [SoCoEmergency.org](https://www.socoemergency.org).
CALL 2-1-1 for non-medical information and resources.