

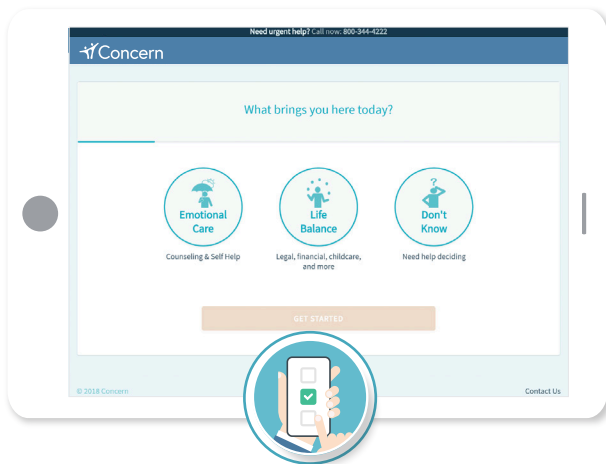


# Concern's Digital Platform

**Easy, timely, and confidential access**  
to personalized counseling, life-balance,  
and self-help resources.

Life is getting busier, and trying  
to juggle work, family, finances,  
and more can be challenging.

Keeping things on track can be stressful.  
Concern's powerful and simple-to-use digital  
platform quickly connects you to the help  
you need to navigate life's ups and downs.



## Help Wherever You Are

Accessible from your phone, tablet or  
computer, the platform is your digital  
front door to everything Concern has to  
offer. It combines technology, counseling,  
self-help tools, life balance resources, and  
compassionate human interaction all in  
one place. Easily get the help you need,  
when you need it, and on your own terms.



### Simple Digital Assessment

Answering a few questions quickly  
leads you to a custom care plan



### Dynamic, Personalized Dashboard

Here, you can request additional help,  
track progress and find the customized  
resources you need in the moment



### Personalized Self-Help Tools & Life Balance Solutions

Guides you to specific resources like apps,  
videos, articles, consultations, and service  
referrals, all customized to your needs



### Client-Counselor Matching

Helps you find a professional you're  
comfortable confiding in from the  
start while maintaining privacy



### Convenient Counseling Choices for Busy Lifestyles

Choose from multiple counseling modes,  
including in-person, video, telephone,  
live chat, and text therapy options

You can count on our platform for  
**confidential, 24/7 access** to the  
Concern services you've always relied on.

## Getting started is simple.

Just visit [employees.concernhealth.com](https://employees.concernhealth.com),  
log in with your company code, and follow  
any of the in-page links to begin. For questions  
about Concern, or for immediate support  
call **800-344-4222**.