

# VIAL OF L.I.F.E

## Lifesaving Information for Emergencies

The Vial of L.I.F.E. program was specifically designed to provide necessary medical information to emergency personnel when you are unable. By minimizing vital seconds needed during medical emergencies, Vial of L.I.F.E. can protect and save your life.

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### 1. Fill out the Vial of L.I.F.E. form

- Pull out the forms provided with the plastic bag.
- Answer as many questions as you can.
- Don't answer any question you don't want to.



### 2. Return forms to the Vial of L.I.F.E.

- Place the forms you filled out into the bag.
- Seal the top of the bag.

You may also want to consider adding:

- ❖ Copy of EKG tracing
- ❖ Advance Directives documents
- ❖ Medical Power of Attorney documents
- ❖ Recent picture of yourself



### 3. Place the bag on your refrigerator or with medications

- If placing on refrigerator, use tape to secure the bag to the outside of your refrigerator.

### 4. Call Petaluma Fire Headquarters

- Call our Headquarters at 707-778-4390 to let us know Vial of Life is secured to refrigerator or with your medications.
- If you reach PFD voicemail, leave name, address, location of bag and phone number.

