

Information available through the MetLife Mobile App or web site

Viewing your insurance plan just got easier with MyBenefits. Logging into MyBenefits is a quick and easy way for you to get the information you need about your MetLife Benefits- all in one place.

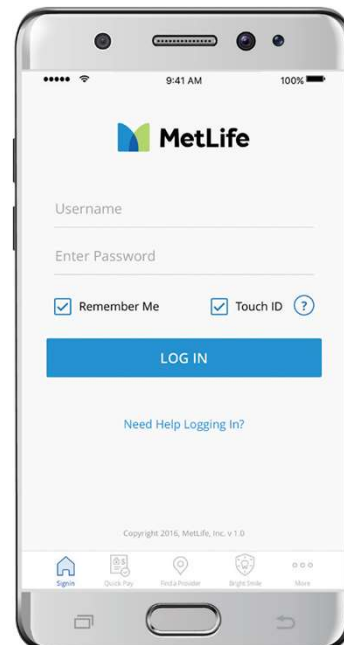
MyBenefits features include:

- Searching for a Provider in the network
- Forms and documents that you may need are available for download and can be located in the "Tools & Resources" area
- View your plan summary
- View/Submit your claims- online claims tracking and notification EAlerts

It's easy! Search "MetLife" at iTunes App Store or Google Play to download the MetLife US Mobile App, or scan the QR codes. Search our network of thousands of dentists and specialists to find a provider near you.

Or log-in to MyBenefits to access your plan information.¹

It's available 24 hours a day, seven days a week.



1. To use the MetLife mobile app, employees can choose to register at metlife.com/mybenefits from a computer or directly through the app. Certain features of MetLife US Mobile App are not available for some MetLife Plans.

Like most group benefit programs, benefit programs offered by MetLife and its affiliates contain certain exclusions, exceptions, waiting periods, reductions, limitations and terms for keeping them in force. Please contact MetLife or your plan administrator for complete details.