

RYE BROOK SENIORS

FALL WEEKLY CLASS SCHEDULE

MONDAY	9:00 AM	CHAIR YOGA	\$5 PER CLASS
	11:00 AM	PICKLEBALL W/GAIL	MEMBERS FREE
	1:00 PM	TAI CHI W/DOMINGO	\$5 PER CLASS
TUESDAY	9:00 AM	FITNESS W/TIFFANY	MEMBERS FREE
	4:00 PM	STRENGTH W/JODI	\$12 PER CLASS
WEDNESDAY	1:00 PM	TAI CHI W/DOMINGO	\$5 PER CLASS
THURSDAY	9:00 AM	FITNESS W/JODI	MEMBERS FREE
FRIDAY	FLOOR YOGA W/DEB AT 9:00 AM		\$5 PER CLASS
	CHAIR YOGA W/DEB AT 10:15 AM		\$5 PER CLASS

MUST BE A PAID MEMBER TO PARTICIPATE IN CLASSES
 RYE BROOK RESIDENTS GET PRIORITY IF CLASS IS FULL
 REFER TO MONTHLY CALENDAR

Rye Brook Senior Center

911

Remembrance Ceremony Breakfast

JOIN US FOR THE
23RD
COMMEMORATION

Wednesday, Sept. 11th
 9-15 AM Sharp

AJP Community Center
 32 Garibaldi Place.

Call to RSVP
 939-7904

We Will Never Forget

Rye Brook Seniors

PICKLEBALL w/Gail

COME JOIN US!
 Men's & Woman's
 Doubles
 Mixed Doubles
Upstreet

MONDAYS
 Sept 7th - Oct 28th
 11:00 a.m. - 12:30 p.m.
 RYE HILLS PARK

Learn to be a skilled player, get some exercise and make new friends!

Call 914-939-7904 to sign up!

RYE BROOK SENIORS

PIZZA & PAINT NIGHT

WEDNESDAY
SEPTEMBER 25TH
5:30 PM



© AJP Community Center
 32 Garibaldi Place, Rye Brook

FEE: \$25 Pay in Advance!

RSVP 914-939-7904 or
 EROTFFELD@RYEBROOK.ORG

Lectures w/ Evan Weiner

TUE
11/12
12:30 PM

Boston and Massachusetts: Where America Began

THURS
12/6
12:30 PM

Woodrow Wilson is an invalid after suffering a stroke on Oct. 2, 1919 and there is a coverup by his wife and physician. The USA goes dry as Prohibition begins and most women in the USA get the right to vote. There is a Presidential election. America goes down the road of isolation. The NFL starts, the Babe is sold to the New York Yankees and so much more!

THURS
5/1
12:30 PM

It's 1924 and immigrants no longer have easy access to settling in America. Hitler goes to jail and is released in Germany. Vladimir Lenin dies and is replaced by Joseph Stalin. Wyoming elects a woman governor; the flappers are doing the Charleston and drinking alcohol as Prohibition continues. Calvin Coolidge is re-elected President, Gershwin writes a Rhapsody and Macy's throws a Christmas parade in New York.



FAMOUS WOMAN ARTISTS

Join Professor Susan Courtney for an exciting look at the bold women who have shaped art history.

This class (lecture/power point presentation) is an exploration of the art, personal life, and artistic impact of six famous women artists: Mary Cassatt, Berthe Morisot, Camille Claudel, Georgia O'Keeffe, and Frida Kahlo.

FRIDAYS
at 12:30 p.m.
OCTOBER 4th,
11th, 18th, & 25th

SIGN UP NOW

Hunterdon Hills Playhouse Shows

WED. DEC 18TH \$82
CHRISTMAS AT THE PLAYHOUSE

As always, our Christmas show is unique and original - written especially for us throughout the year. Each show promises lots of your favorite Christmas songs, maybe some new ones, or maybe even some you've forgotten!



WED. APRIL 9TH \$82
SWING!

Swing celebrates the music of the Swing era of jazz (1930's -1946) including artists like Duke Ellington, Count Basie, Benny Goodman and others. It combines high energy dancing, singing and acrobatics which give us various forms of swing dancing such as the Lindyhop or Jitterbug from Harlem or the Whip from Houston.



Make checks payable to:
Rye Brook Seniors

Bus departs AJP at 8:45 am

To register and make payment
please call (914) 939 -7904

Amy Ahlert returns with a music program featuring

FALL COLORS

Week 1 - Doo Wop
Week 2 British Invasion
Week 3 - Inspirational Songs
Week 4 - Amy will play YOUR favorite song!

Tuesdays, October 1st, 8th, 15th & 22nd
at 1:00 PM at Rye Brook Senior Center



Inspirational
Songs

WHAT'S YOUR
FAVORITE
SONG?



Call 939-7904 to sign up!