**SENIOR TRANSPORTATION OPTIONS**

[**RideConnect of Westchester County (rideconnectwestchester.org)**](http://rideconnectwestchester.org/)

**(914) 242-7433 is main # or, because they are working from home you can call 914-708-7519 and ask for Marietta**

**Call Ride Connect and ask for Nicole Brunale to get other transportation options.**

**Sprye** is another option but they have to pay a membership fee. (Marie Johnson)  director@sprye.org

**PRIVATE PAY TRANSPORTATION**

Royal Medical Transportation/Non Medical Wheelchair Assessible

914-250-8307

Medicalroyal14@gmail.com

They are very good and affordable!

[Bee-Line ParaTransit (westchestergov.com)](https://transportation.westchestergov.com/bee-line/paratransit)

Then there is para transit which you have to register for but it doesn’t cost much which is good

If you have any questions to please contact Anna Masopust at (914) 995-2959 or Flora Wu at (914) 995-2955.

**Bee-Line Car Services (not sure about this if its working or not)**A car service program is underway in designated areas of Westchester County. These trips are assigned in conjunction with our traditional service by our reservation staff.

**Hours of Operation**Service will be provided during the following hours, though service may not be available in all areas at all times.

Monday - Friday: 5 a.m. to 1:54 a.m.
Saturday: 5:30 a.m. to 1:54 a.m.
Sunday: 5:30 a.m. to 1:04 a.m.

**Rye Brook Seniors 939-7904** *(Rye Brook residents only)*

Our Senior Van is an option on Tuesday and Thursday but really between 9am and 3pm.

**Community Resources**

* [511 NYRideshare](http://www.511nyrideshare.org/)New York State’s free traffic, travel and transit source.
* [AARP](http://www.aarp.org/)The American Association of Retired Persons provides advocacy, events, and resources for older adults.
* [Alzheimer’s Association](http://www.alz.org/hudsonvalley)The Alzheimer’s Association provides support and resources for patients and families affected by Alzheimer’s Disease and related dementias.
* [American Cancer Society](http://www.cancer.org/)Events, educational opportunities, and tips on staying fit and healthy through every stage of life.
* [American Diabetes Association](http://www.diabetes.org/)A resource for diabetes information and prevention, fitness, and cooking tips and recipes.
* [American Heart Association](http://www.heart.org/)Listing of events in your community and information about heart disease and prevention.
* [Bee Line Bus Service](http://transportation.westchestergov.com/bee-line)
* [Cancer Support Team](http://www.cancersupportteam.org/)
* [Community Discounts for Older Adults](http://rideconnectwestchester.org/docs/seniordiscounts.pdf)
* [Department of Transportation - Mobility Management](http://www.dotmobility.nyc/)
* [Dickstein Cancer Treatment Center at White Plains Hospital](http://www.wphospital.org/Programs-Services/Cancer-Program/Dickstein-Cancer-Treatment-Center)
* [DOROT](http://www.dorotusa.org/) alleviates social isolation among the elderly and provides services to help them live independently as valued members of the community. They serve the Jewish and wider community, bringing the generations together in a mutually beneficial partnership of elders, volunteers and professionals.
* [Drugwatch](https://www.drugwatch.com/seniors/) A resource for seniors who are, or know someone currently taking medication. Comprehensive guides on general health, medications, devices and side effects are listed on the site for elders.
* [Eastchester Senior Programs and Services](http://www.eastchester.org/departments/senior_programs_and_services/)
* [Family Services of Westchester](http://www.fsw.org/)Makes a difference in the lives of families through a broad range of services that strengthen and support parents, children and individuals at every stage of life.
* [Greenburg (Town of)](http://www.greenburghny.com/)
* [The Ken Hamilton Caregivers Center at Northern Westchester Hospital](http://nwhc.net/for-patients-and-visitors/ken-hamilton-caregivers-center)
* [Lewisboro Senior Recreation](http://www.lewisborogov.com/community/page/seniors)
* [Livable Communities of Westchester](http://seniorcitizens.westchestergov.com/livable-communities)
* [Mamaroneck (Town of)](http://www.townofmamaroneck.org/)
* [Memoirs Plus](http://www.memoirsplus.com/) Memoirs Plus is created to engage seniors with sophisticated cultural, intellectual and creative activities which will enable them to tell their life stories in the form of a memoir book, film or other media.
* [Medicare](http://www.medicare.gov/)Official site for information on the Medicare system.
* [National Multiple Sclerosis Society](http://www.nationalmssociety.org/)Find information on MS, local chapters, advocacy efforts and more.
* [New Castle (Town of) Senior Citizens](http://www.mynewcastle.org/)
* [New Rochelle Office for the Aging](http://www.newrochelleny.com/index.aspx?NID=257)
* [New York StateWide Senior Action Council](http://www.nysenior.org/)We work to improve the lives of seniors through our Patieints Rights, Medicare Counseling and Medicae/Medicaid Fraud Prevention Helplines. We have chapters throughout the state made up of seniors and caregivers and presentations are made in the community. All services are free.
* [New York State Office for the Aging](http://www.aging.ny.gov/)The mission of the New York State Office for the Aging is to help older New Yorkers to be as independent as possible for as long as possible through advocacy, development and delivery of person-centered, consumer-oriented, and cost-effective policies, programs and services which support and empower the elderly and their families.
* [North Salem (Town of)](http://www.northsalemny.org/)
* [NURide](http://www.nuride.com/)Helps match riders and drivers for car and vanpooling to work.
* [ParaTransit](http://transportation.westchestergov.com/bee-line/paratransit)
* [Pound Ridge Recreation Department](http://www.townofpoundridge.com/recreation)
* [Senior Helpers Westchester](http://www.seniorhelpers.com/newyorkwestchester-ny) Provides professionally trained caregivers to care for your loved ones at home. Services range from conversation to transportation to meal preparation and housekeeping services as well as monitoring of bathing and dressing. Services include a few hours at a time or 24-hour care services on a short or long term basis.
* [Touro Dental Health](https://dental.touro.edu/patient-care/location--hours/) As the teaching facility of Touro College of Dental Medicine, Touro Dental Health is a new option for advanced and affordable dental care in the Hudson Valley. They offer a full range of oral healthcare services for both adults and children at a savings of 20-50%.
* [Westchester County Department of Senior Programs and Services](http://www.seniorcitizens.westchestergov.com/)Offers seminars and activities throughout the year plus has a wealth of information on programs and services for older adults.
* [Westchester County Department of Transportation](http://www.westchestergov.com/transportation)Provides information on buses and transit services in Westchester County.
* [Westchester Library System](http://www.westchesterlibraries.org/)
* [Westchester Public Private Partnership for Aging Services](http://www.westchesterpartnership.org/)provides programs and services to help seniors age independently in their home communities.