

September/October 2021

Current Covid Policy **Masks are Required**

In response to the updated guidance from the Center for Disease Control and the enhanced spread of COVID-19 due to the Delta variant, the Village of Rye Brook and the Rye Brook Senior Citizen Center has updated its mask policy to reflect the following:

**Be aware that these guidelines will change as we continue to move forward.*

Regardless of vaccination status:

Everyone must enter the building wearing a mask, have their temperature read and sign in each day.

Masks ARE required when:

Riding on our Village Bus or Mini Van to and from AJP and on Trips
Walking through the building
When physical social distance is unable to be maintained.

Masks are NOT required for those that are Vaccinated when:

In the multi-purpose room behind plexi glass during meal time
Activities that are outdoors

NON VACCINATED

Masks ARE required at ALL times;

Regardless of whether activity is Outside or Social Distance is maintained.

Although the risk of infection among fully vaccinated people remains relatively low, being in an indoor setting for a significant amount of time could increase your risk. Being with others that are providing care for younger grandchildren could increase your risk, being in crowded areas or when social distance is not able to be maintained could increase your risk.

If you have not already done so, please bring your vaccination card in to be copied for our files!

Your Best Precaution is to wear a well fitted mask, cover sneezes and coughs, wash hands often and stay home if you are not feeling well.



Classes

Fit with Tiffany will now be held on Tuesday at 9am

Strength Training with Jodi on Thursdays at 9am

Tai Chi with Domingo Mondays & Wednesday at 1pm

Painting Instruction on Tuesdays with Kathy from 10-12

Yoga with Deb on Fridays at 10:30am

Please see calendar and also check our front desk for any calendar changes and/or cancellations!

Home Delivered Meals

Call the office at 939-7904. We are happy to deliver meals to those that are homebound and **do not drive**. The cost is \$4 per meal for Rye Brook residents only.

Transportation

Please call the office at 939-7904 if you need a ride. Please do not call the Bus Driver.

Dues

We are now collecting dues for the 2021-22 Year. Rye Brook Resident Fee is \$15 and Non Resident Fee is \$30 for the year. Please make all checks payable to: Rye Brook Seniors.

New Trip Sign Up Policy (Please read!)

Due to limits on trips, we can no longer take reservations over the phone. Dues paying members must sign up and pay in person. We will maintain a wait list in case we get any cancellations.

Bus Trip Etiquette

When traveling aboard our senior bus there are a few rules we need to reiterate. 1. Masks must be worn at all times; 2. No walking or standing while the bus is in motion; 3. Please use the restroom before you board the bus and 4. Please do not give the bus driver unsolicited advice with regard to driving directions.

Virtual Bingo

Please join us for Virtual Bingo every Friday at 10am with Angie! Can't Zoom? No problem you can participate by phone.