

November 2019

Mon	Tue	Wed	Thu	Fri
<u>BOUNCED CHECKS</u> For all return checks (bounced checks) due to insufficient funds or otherwise, a \$20.00 return check fee will be imposed. The customer is not permitted to re-pay for the fee or program without the collection of this additional fee.				1 9:30 am: Mah Jong 10:30 am: Yoga w/Deb 12:00 pm: Lunch - Grilled Chicken over Gorgonzola Salad
4 9:00 am: Fitness w/Tiffany 9:30 am: Mah Jong 12:00 pm: Lunch - Baked Salmon 1:00 pm Tai Chi	5 9:00 am: Fitness of Tiffany 10:00 am Painting Instruction w/Kathy 12:00 pm: Lunch - Tuna Salad on Roll	6 Outing: Tina Turner Musical on Broadway - Bus departs AJP at 10:00 a.m. 12:00 pm: Lunch - Hot Dogs 1:30 pm Tai Chi	7 9:00 am: Fitness w//Jodi 10:30 am: Membership Meeting & Medicare Minute 12:00 pm: Veteran's Day Celebration - Oven Baked Chicken	8 9:30 am: Mah Jong 10:30 am: Yoga w/Deb 12:00 pm: Lunch - Broccoli & Cheese Quiche
11 Veterans Day Holiday Center Closed	12 9:00 am: Fitness of Tiffany 9:30-10:30 am: Blood Pressure Screening 10:00 am Painting Instruction w/Kathy 12:00 pm: Lunch - Hot Open Faced Roast Beef	13 Outing: Westchester Broadway Theatre - "An American in Paris" - Bus departs AJP at 10:45 a.m. 12:00 pm: Lunch - Ravioli 1:30 pm Tai Chi	14 9:00 am: Fitness w//Jodi 10:30 am: Art Lecture w/Mike Norris 12:00 pm: Lunch - Baked Ham 12:45 pm BINGO!	15 9:30 am: Mah Jong 10:30 am: Yoga w/Deb 12:00 pm: Lunch - Beef Tacos
18 9:00 am: Fitness w/Tiffany 9:30 am: Mah Jong 12:00 pm: Lunch - BBQ Spareribs 1:00 pm Tai Chi	19 9:00 am: Fitness of Tiffany 10:00 am Painting Instruction w/Kathy 12:00 pm: Lunch - Breaded Pork Chop	20 Outing: Woodbury Commons—Bus departs AJP at 9:30 a.m. 12:00 pm: Lunch - Eggplant Parmagiana 1:30 pm Tai Chi	21 9:00 am: Fitness w//Jodi 12:00 pm: Lunch - Stuffed Filet of Sole 12:45 pm BINGO!	22 9:30 am: Mah Jong 10:30 am: Yoga w/Deb 12:00 pm: Lunch - Pizza
25 9:00 am: Fitness w/Tiffany 9:30 am: Mah Jong 12:00 pm: Lunch - Broccoli & Cheese Quiche 1:00 pm Tai Chi	26 9:00 am: Fitness of Tiffany 10:00 am Painting Instruction w/Kathy 12:00 pm: Thanksgiving Celebration —Roasted Turkey w/Gravy	27 Outing: Stew Leonards Trip—Bus departs AJP at 9:45 am 12:00 pm: Lunch - Hamburger 1:30 pm Tai Chi 5:30 pm: Paint Night & Pizza	28 Thanksgiving Holiday Center Closed	29 Thanksgiving Holiday Center Closed