

RYE BROOK SENIOR CENTER POST COVID REOPENING PLAN

ENTRANCE REQUIREMENTS

All persons coming to the Rye Brook Senior Center must have signed up in advance for either a program, lunch or activity at least 30 minutes prior to an event. **ABSOLUTELY NO WALK INS.** Unfortunately, we will have to turn anyone without a prior reservation away. Please understand that we **MUST** be consistent.

All must follow the social distancing markers on the floor.

All must wear a facemask at all times except when eating.

All must use hand sanitizer as needed.

All must get their temperature checked, read and answer covid related questions and wear a sticker to show that they have been screened.

Everyone must enter and exit through the main door, unless there is an evacuation emergency.

NEW SCHEDULE

A schedule has been created for the month of October. We will do this on a monthly basis and change it accordingly. Participants may only be in the Center for the programs indicated on the schedule, there will be no walk-ins permitted.

RESERVATIONS

Any time a resident plans to enter our facility to participate in an exercise class, art class, bingo or table games, they must call and make a reservation at least 30 minutes before. For those wishing to participate in the nutrition program, residents must register the Friday before each week. For those wishing to utilize our senior bus for transportation they must make a reservation as close to 24 hours in advance. All reservations must be made by calling 939-7904.

NON RESIDENT MEMBERS

Due to the pandemic, we are only able to open at a limited capacity. Since our programs are funded by Rye Brook taxpayers, we must provide programs to Rye Brook residents first. For the time being, the programs that are onsite will only be for Rye Brook residents. Non-residents are welcome and encouraged to participate in any virtual programs that we offer. **This will be re-evaluated on a month to month basis.**

SIGN UP AND PAYMENT METHODS

As outlined above, there are no walk-ins during the pandemic. You may call to sign up for a program and pay when you arrive, or send a check made payable to Rye Brook Seniors. No cash will be taken over \$20. All in person transactions must be made at the front entryway desk or via the sliding partition in the reception area.

DUES

At this time, we will hold off on the collection of dues for the 2020-2021 year.

TRANSPORTATION

Transportation will be available on Monday, Tuesday, Wednesday and Thursday. Medical Appointments and Shopping errands will also be offered as well as transportation to and from the senior center. For those wishing to utilize our senior bus for transportation they must make a reservation as close to 24 hours in advance. All reservations must be made by calling 939-7904. Do not communicate this with the bus driver. We must keep a strict record of bus usage during the pandemic.

Participants may only sit in the designated seats. The bus driver must sanitize the seats and railing after each drop off. We will space out appointments so that we can sanitize the Bus in between.

LUNCH PROGRAM

Pre-wrapped lunches will be offered 5 days a week by advance registration only. As in the past, all lunch orders must be in on Friday by 2pm for the following week.

Monday/Wednesday/Friday we will only be providing TO GO Meals (must be picked up between 12 and 12:30)

Tuesday and Thursday we will be providing pre packed meals to be eaten at the Senior Center and will be served promptly at 12:00 p.m. If you are not here by 12:30, your lunch will be discarded and no refund given.

Only 4 people per round table behind plexi glass separators while eating lunch.

All lunches will be prewrapped and handed to each participant with pre-wrapped utensils.

We are currently evaluating a home delivered meal option solely for residents who are homebound and do not drive.

COFFEE/SNACKS

For the time being, there will be no self-serve coffee stations or sharing of snacks. During lunch, staff will pass by with a coffee cart and hand out coffee during lunch and/or bingo, where members will be safe behind plexi glass sneeze guards. Bottled water can be brought by members to drink to stay hydrated.

RESTROOM USAGE

Restroom availability is imperative to public health, and will therefore be open. Please be sure to limit bathroom use to 2 people at a time in the restroom. If you attempt to use the bathroom and there is already someone inside waiting, please step back outside and wait until another person exits the bathroom.

FITNESS CLASSES

All classes will be by reservation only. Payment can be made in advance or on the day of said class. All classes will require masks and social distancing. Chairs will be placed on the floor for Fitness, Tai Chi and Yoga and will determine the appropriate social distance space. Yoga participants must bring their own mat, blanket, and strap. We will assign each of you a block to bring home. Each week you can bring your own personal yoga back of supplies to class. No food or drinking in classes other than a water bottle to stay hydrated. Fitness is limited to 18 people, Yoga is limited to 10 people and Tai Chi is limited to 15.

PAINTING CLASSES

Painting Classes is by reservation only. All classes will require masks and social distancing. No food or drinking in classes other than a water bottle to stay hydrated. The room will be sanitized before class on Tuesday and after class has ended. Tuesday classes are limited to 8 participants utilizing the plexi sneeze guards. New rules will be implemented when a Paint Night event occurs.

TABLE GAMES (Cars, Board Games, Mah Jong)

4 people per table for these types of games will be permitted. Residents must make a reservation. No card tables as there is not sufficient room to distance so we will limit game play to our round tables. We will also have plexi sneeze guards at each table when applicable.

BINGO

4 people per table for Bingo with a total limit of 20 residents. Anyone wishing to participate in Bingo must make a reservation. Bingo will be played utilizing paper Bingo Cards and markers that we will provide. We will also have plexi sneeze guards at each table.

POOL TABLE USE

Pool Table play is by appointment only and will be held on Tuesday, and Fridays between 10am and 1pm. Residents must call 939-7904 to register to book the table for a 1 hour slot. Jesus will sanitize after each use. ***No Food or Drink permitted in pool room.***

COMPUTER USE

Computer use is by appointment only and will be held on Mondays and Thursday between 10am and 1pm. Residents must call 939-7904 to register to book a computer for use for a 1 hour slot. We will put plastic over the keyboards as well as use a plexi sneeze guard. Jesus will sanitize after each use. ***No Food or Drink permitted in the Computer area.***

VIRTUAL PROGRAMS

Virtual programs will continue and may be expanded as seniors begin to feel more comfortable utilizing technology and programs over the telephone.

TRIPS

All trips are on hold during the pandemic.

LECTURES

Any lectures will be by sign up only and all participants will be socially distance. No food or drink (other than bottled water) during lectures. We may try to conduct a lecture via video, where we will connect on our large screen tv with a live person and invite residents to participate with via zoom at home or on site at the senior center socially distanced.

SANITIZING

Jesus has a strict cleaning schedule will be adjusted from time to time. A Purell Sanitizing Station complete with individually wrapped masks will be available upon entry. No touch sanitizing stations will be placed on all tables for members to use.