

**Lunch Fee \$4 Order by Friday at Noon**

# November 2021

Mon	Tue	Wed	Thu	Fri
<p><b>1</b> 9-3:30 Games/Cards– Reserve a Table 12:00 pm: Lunch - Knockwurst 1:00 pm Tai Chi w/Domingo in MP Room</p>	<p><b>2</b> 9-3:30 Games/Cards– Reserve a Table 9:00 am: Fitness w/Tiffany in MP Room 10:00 am Painting Instruction w/Kathy 12:00 pm: Lunch - Chicken Cutlet Fran- caise 12:30 pm <b>Movie: POMS</b></p>	<p><b>3</b> <b>Outing: Ridge Hill Shopping Spree</b>, bus departs AJP at 9:30 a.m. 12:00 pm: Lunch - Sweet &amp; Sour Tropical Pork 1:00 pm Tai Chi w/Domingo in MP Room</p>	<p><b>4</b> 9-3:30 Games/Cards– Reserve a Table 9:00 am: Fitness w/Jodi in MP Room 10:30 am: <b>Bingo!</b> 12:00 pm: Lunch - Eggplant Parmigiana</p>	<p><b>5</b> 9-3:30 Games/Cards– Reserve a Table 10:30 am: Yoga w/Deb—in MP Room 12:00 pm: Lunch - Baked Tilapia</p>
<p><b>8</b> 9-3:30 Games/Cards– Reserve a Table 12:00 pm: Lunch - Veal &amp; Mushrooms 1:00 pm Tai Chi w/Domingo in MP Room</p>	<p><b>9</b> 9:00 am: Fitness w/Tiffany in MP Room 10:00 am Painting Instruction w/Kathy 12:00 pm: <b>Veteran’s Day Celebration— Stuffed Shells—Vets eat FREE but MUST RSVP!</b></p>	<p><b>10</b> <b>Outing: Breakfast at IHOP</b>, bus departs AJP at 9:30 a.m. 12:00 pm: Lunch - Spinach Quiche 1:00 pm Tai Chi w/Domingo in MP Room</p>	<p><b>11</b> <b>Veteran’s Day Holiday Center Closed</b></p>	<p><b>12</b> 9-3:30 Games/Cards– Reserve a Table 10:30 am: Yoga w/Deb—in MP Room 12:00 pm: Lunch - Crispy Baked Fish</p>
<p><b>15</b> 9-3:30 Games/Cards– Reserve a Table 12:00 pm: Lunch - Salisbury Steak 1:00 pm Tai Chi w/Domingo in MP Room</p>	<p><b>16</b> 9-3:30 Games/Cards– Reserve a Table 9:00 am: Fitness w/Tiffany in MP Room 10:00 am Painting Instruction w/Kathy 10:30 am <b>Bingo!</b> 12:00 pm: Lunch - Macaroni &amp; Cheese</p>	<p><b>17</b> <b>Outing: Arthur Avenue—</b>Bus departs 9:30 a.m. 12:00 pm: Lunch - Herb Roasted Chicken 1:00 pm Tai Chi w/Domingo in MP Room</p>	<p><b>18</b> 9-3:30 Games/Cards– Reserve a Table 9:00 am: Fitness w/Jodi in MP Room 10:15 am: <b>1963 Lecture w/Evan Weiner</b> 9:30 –11 am: <b>Blood Pressure Screening</b> 12:00 pm: Lunch - Sole Florentine</p>	<p><b>19</b> 9-3:30 Games/Cards– Reserve a Table 10:30 am: Yoga w/Deb—in MP Room 12:00 pm: Lunch - Cheese Ravioli</p>
<p><b>22</b> 9-3:30 Games/Cards– Reserve a Table 12:00 pm: Lunch - Baked Flounder 1:00 pm Tai Chi w/Domingo in MP Room</p>	<p><b>23</b> 9-3:30 Games/Cards– Reserve a Table 9:00 am: Fitness w/Tiffany in MP Room 10:00 am Painting Instruction w/Kathy 12:00 pm: <b>Thanksgiving Celebration Lunch - Roast Turkey w/Gravy</b></p>	<p><b>24</b> <b>NO TRIP—CENTER CLOSING AT 2PM</b> 12:00 pm: Lunch– Quiche Lorraine 1:00 pm Tai Chi w/Domingo in MP Room</p>	<p><b>25</b> <b>Thanksgiving Holiday Center Closed</b></p>	<p><b>26</b> <b>Thanksgiving Holiday Center Closed</b></p>
<p><b>29</b> 9-3:30 Games/Cards– Reserve a Table 12:00 pm: Lunch - Italian Chicken Sausage <b>No Tai Chi</b></p>	<p><b>30</b> 9-3:30 Games/Cards– Reserve a Table 9:00 am: Fitness w/Tiffany in MP Room 10:00 am Painting Instruction w/Kathy 12:00 pm: Lunch - Pasta w/Broccoli &amp; White Beans</p>		<p><b>Center Hours</b> Monday through Friday 9:00 a.m to 4:00 p.m. unless otherwise specified.</p>	<p><b>Transportation</b> Everyone requiring transportation must make a daily reservation with Angie by calling (914) 939-7904. Please do not call the Bus Driver, call ANGIE.</p>

**Lunch Fee \$4 Order by Friday at Noon**

# December 2021

Mon	Tue	Wed	Thu	Fri
<p><b>Center Hours</b> Monday through Friday 9:00 a.m to 4:00 p.m. unless otherwise specified.</p>	<p><b>Transportation</b> Everyone requiring transportation must make a daily reservation with Angie by calling (914) 939-7904. Please do not call the Bus Driver, call ANGIE.</p>	<p><b>1</b> <b>Outing: Sono Shopping Spree, Norwalk, CT.</b> bus departs AJP at 9:30 am 12:00 pm: Lunch - Beef Sauerbraten 1:00 pm Tai Chi w/Domingo in MP Room</p>	<p><b>2</b> 9-3:30 Games/Cards– Reserve a Table 10:30 am: <b>Bingol</b> 9:00 am: Fitness w/Jodi in MP Room 12:00 pm: Lunch - Chicken Ratatouille</p>	<p><b>3</b> 9-3:30 Games/Cards– Reserve a Table 10:30 am: Yoga w/Deb—in MP Room 12:00 pm: Lunch - Pizza 1:00 pm: Viewing of “Hamilton” on Disney</p>
<p><b>6</b> 9-3:30 Games/Cards– Reserve a Table 12:00 pm: Lunch - Eggplant Parmigiana 1:00 pm Tai Chi w/Domingo in MP Room</p>	<p><b>7</b> 9-3:30 Games/Cards– Reserve a Table 9:00 am: Fitness w/Tiffany in MP Room 10:00 am Painting Instruction w/Kathy 12:00 pm: Lunch - Salisbury Steak</p>	<p><b>8</b> <b>Rye Brook Seniors Holiday Party—Doors open at 11am.</b> <i>Space is limited to 60 people.</i> <i>No home delivered meals.</i></p>	<p><b>9</b> 9:00 am: Fitness w/Jodi in MP Room 10:15 am: <b>Decorate your own Gingerbread house</b> 12:00 pm: Lunch - Cheese Lasagna</p>	<p><b>10</b> 9-3:30 Games/Cards– Reserve a Table 10:30 am: Yoga w/Deb—in MP Room 12:00 pm: Lunch - Meatloaf w/Gravy</p>
<p><b>13</b> 9-3:30 Games/Cards– Reserve a Table 12:00 pm: Lunch - Stuffed Pepper w/ Gravy 1:00 pm Tai Chi w/Domingo in MP Room</p>	<p><b>14</b> 9-3:30 Games/Cards– Reserve a Table 9:00 am: Fitness w/Tiffany in MP Room 10:00 am Painting Instruction w/Kathy 10:30 am: <b>Bingol</b> 12:00 pm: Lunch - Honey Garlic Chicken &amp; Broccoli</p>	<p><b>15</b> <b>Outing: Danbury Mall, Danbury , CT</b> bus departs AJP at 9:30 a.m. 12:00 pm: Lunch - Vegetable &amp; Cheese Frittata 1:00 pm Tai Chi w/Domingo in MP Room</p>	<p><b>16</b> 9-3:30 Games/Cards– Reserve a Table 9:00 am: Fitness w/Jodi in MP Room 9:30 –11: Blood Pressure Screening 12:00 pm: Lunch - Boneless Breaded Pork Chop</p>	<p><b>17</b> 9-3:30 Games/Cards– Reserve a Table 10:30 am: Yoga w/Deb—in MP Room 12:00 pm: Lunch - Baked Ziti w/Ground Beef</p>
<p><b>20</b> 9-3:30 Games/Cards– Reserve a Table 12:00 pm: Lunch - Macaroni &amp; Cheese 1:00 pm Tai Chi w/Domingo in MP Room 5:00 pm: <b>Holiday Lights Tour and Pizza</b></p>	<p><b>21</b> 9-3:30 Games/Cards– Reserve a Table 9:00 am: Fitness w/Tiffany in MP Room 10:00 am Painting Instruction w/Kathy 12:00 pm: Lunch - Spaghetti &amp; Meatballs 12:30 pm: <b>Movie: Queen Bees!</b></p>	<p><b>22</b> <b>Outing: Trader Joe’s, Larchmont,</b> bus departs AJP at 9:30 a.m. 12:00 pm: Lunch– Chicken Cordon Bleu 1:00 pm Tai Chi w/Domingo in MP Room</p>	<p><b>23</b> 9:00 am: Fitness w/Jodi in MP Room 10:15 am: <b>Decorate your own Holiday Cookies!</b> 12:00 pm: Lunch - Baked Flounder Oregonata</p>	<p><b>24</b> <b>Holiday Center Closed</b></p>
<p><b>27</b> 9-3:30 Games/Cards– Reserve a Table 12:00 pm: Lunch - Knockwurst 1:00 pm Tai Chi w/Domingo in MP Room</p>	<p><b>28</b> 9-3:30 Games/Cards– Reserve a Table 9:00 am: Fitness w/Tiffany in MP Room 10:00 am Painting Instruction w/Kathy 12:00 pm: Lunch - Chicken Cutlet Francaise</p>	<p><b>29</b> <b>Outing: Walmart &amp; Cracker Barrel, Fishkill, NY</b> <b>Bus departs AJP at 9am</b> 12:00 pm: Lunch– Crispy Baked Fish 1:00 pm Tai Chi w/Domingo in MP Room 5:30 pm <b>Pizza &amp; Paint Night</b></p>	<p><b>30</b> 9-3:30 Games/Cards– Reserve a Table 9:00 am: Fitness w/Jodi in MP Room 10:30 am: <b>Bingol</b> 2:00 pm: Lunch - Eggplant Parmigiana</p>	<p><b>31</b> <b>Holiday Center Closed</b></p>