

City of San Rafael
Proclamation in Recognition of
MENTAL HEALTH AWARENESS MONTH, MAY 2024

- WHEREAS,** Mental health is an essential component of overall well-being, and recognizing its significance contributes to a healthier, more compassionate society; and
- WHEREAS,** The challenges and adversities faced by individuals struggling with mental health conditions deserve our understanding, support, and empathy; and
- WHEREAS,** Fostering awareness and understanding of mental health not only reduces stigma but also promotes inclusivity, acceptance, and access to appropriate resources and treatment; and
- WHEREAS,** Acknowledging the prevalence of trauma and its profound impact on mental health is crucial in fostering a trauma-informed approach to care and advocacy; and
- WHEREAS,** Our public safety first responders are often the first to engage with those in crisis; and the SAFE (Specialized Assistance for Everyone) program was introduced as one of San Rafael’s mental health initiatives. Offering tailored responses to crises ensures that our approach to mental health is both compassionate and effective; and
- WHEREAS,** Our partner agencies, including Marin County Behavioral Health and Recovery Services, along with numerous other County departments, community-based organizations, and healthcare providers, also play a critical role in addressing mental health needs by contributing resources, expertise, and collaborative efforts to better serve our community; and

This collective commitment underscores the importance of collaboration in our ongoing mental health initiatives, reinforcing that each business, school, government agency, healthcare provider, organization, and resident has a responsibility to promote mental health and well-being for all;

Striving to create environments that nurture healing, prioritize mental well-being, and uphold the dignity and rights of all individuals is a priority. Together, we can build a more resilient, supportive, and empathic community for everyone.

NOW, THEREFORE, BE IT RESOLVED that the Mayor and City Council of the City of San Rafael do hereby proclaim May 2024 as Mental Health Month. As the formal leaders within the City, I also call upon our residents, government agencies, public and private institutions, businesses, and schools in San Rafael to commit our community to increasing awareness and understanding of mental health, the steps our community members can take to protect their mental health, and the need for appropriate and accessible services for all people with mental illnesses.




Kate Colin
Mayor