1 HOUR 2 GET READY

60 minutes to improve personal and community preparedness
Objectives

• Understand why individual preparedness is essential
• 60 minutes here + 60 minutes at home = more prepared.
  • Be informed and engaged
  • Have a plan
  • Have supplies
Hazards
Emergency vs. Disaster

- Emergency Management works to supplement the day to day systems when large events overwhelm.

- Limited first responders mean YOU must be ready and able to help neighbors.
  - “...first responders will be overwhelmed. Most victims will be rescued by their neighbors”
    - Dr. Lucy Jones, *The Big Ones*
San Rafael Emergency Management

- Emergency Operations Center (EOC)
- Incident Command System (ICS)
- Collaboration with County and other jurisdictions
- Emergency Operations Plan (EOP)
**Mitigation:** Minimize impacts

**Preparedness:** Plan & practice

**Response:** Stay, Go, Help

**Recovery:** Find new community normal
3 steps to Preparedness

1. Be informed & engaged
2. Have & practice a plan
3. Gather & organize supplies
1. Be informed & engaged
Nixle: Text zip code to 888-777 (SRPD)
Alert Marin: alertmarin.org (SRFD & Marin County)
PG&E Alerts: PGE.com/wildfiresafety

Be Informed and Engaged

Sign up for all areas you live, work, & play
Be Informed and Engaged

• Alerts
• Rumors

Share only verified info
911 is not an info hotline
Be Informed and Engaged

CERT
ReadyMarin.org
Engage your Neighbors

- Who will need help
- Who has resources
- Meeting place

*Neighborhood Response Teams*
2. Have & practice a plan
Create
Share
Practice

1.

DISASTER PLAN
Sheltering in Place

• Why Shelter in Place
  • Outside more dangerous than inside
  • Hazardous material spill
  • No/Minimal damage
  • No safe egress
  • Order issued

• Disaster Kit
• Stay informed

If you feel unsafe evacuate
Evacuating

• Why/When Evacuate
  - Fire
  - Tsunami threat
  - Structure unsafe
  - Predicted flooding
  - Order issued

• 2 ways out
• Leave early
• ID Meeting Place
Create

• Roles & Responsibilities
• Communication Plan
• Meeting locations
Share

- Local & Out of State
- Where items are
- Roles & Responsibilities
- Know School Plans
Practice

• Engage everyone
• Create a ready culture
• Review & update
Practice Earthquake Safety
3. Gather & organize supplies
Prepare what you’ll need, so you have time to find what you want.

• Go Bag & Kits
• Grab & Go List
• Home Safety
Go Bag vs Survival Kit

Go Bag:
- Short-Term survival & comfort
- Easy to transport
- Multiple bags
  - Work
  - Home
  - Car

Survival Kit:
- Long-Term survival
- Bulky
- Stored at home
• Water & snacks
• 1st aid kit & extra medications
• Cash
• Flashlight & batteries
• Battery powered or crank radio
• Dust mask (N-95) & gloves
• Phone chargers & powerbanks
• Toiletries
• Maps & Important documents
• Clothing & shoes
Disaster Kits

• Long term survival
• 3+ days of food and water
  • 1 Gallon/person/day
• Include PET supplies (food, water, medications, leash, ID, etc.)
• Child needs (diapers, toys, formula)
• Change of clothing & shoes
• Can opener & items to prepare food
Kelley: I grabbed an entire container of zip ties...

Carole: Crazy, but after I got my 2 dogs and two cats in the car, the dogs brush, God forbid the dogs needed their grooming! Nuts huh?

Dave: An antique potato peeler. I have two new ones that aren't worth anything... They just don't make things like the used to.

Briana: My four year old took his T-ball trophy

Jury Duty notice paper work for next day

Kristen: My husband packed all our wine and his beer. Lol.

Brent: Daughters piggy bank. Like $2.35 in it. Lol

"My dirty laundry!"

Jen: My camo painting pants and heels-vous know in case I needed to paint a house and dash off to a dinner.

Karan Angell: My husband grabbed a Frisbee 😊

Ginger: The keys to my son's car that we left parked in front of our house!

Laura: All of our raincoats??
Grab & Go List

• “Need” items should be in Go Bag & kit
• Establish list of “Want” items
• Organize by priority or location
• Practice loading into car
  • Does it all fit?
  • How long did it take?
Home Safety
Defensible Space & Hardening Your Home

- Cut all dry grass (Mowers can start fires - wait for cool, moist days)
- Trim trees at least 10' from chimney and roof
- Clean roof and rain gutters regularly
- Lower tree limbs removed 10' to reduce "fire ladder"
- Space and maintain fire-resistant plants and shrubs to prevent fire from spreading

100'

Harden Your Home

FLYING EMBERS CAN DESTROY HOMES UP TO A MILE FROM A WILDFIRE.
HARDEN YOUR HOME BY USING FIRE RESISTANT BUILDING MATERIALS.
3 steps to Preparedness

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Resources

• SROES.org
• ReadyMarin.org
• Ready.Gov
• Earthquakecountry.org
• Firesafemarin.org
• OES@cityofsanrafael.org
1 HOUR 2
GET READY
60 minutes to better disaster preparedness