

# ARE YOU READY FOR THE GREAT SHAKEOUT?

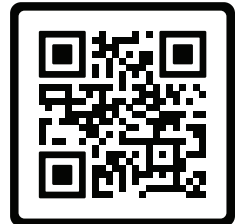
Let's get prepared for an earthquake  
Thursday, Oct 20 • 10:20 am

The Great ShakeOut is an International earthquake drill that gives you the opportunity to practice how to stay safe during earthquakes.

It just takes a few minutes. Follow these steps:

1. **DROP** to the ground if possible
2. Take **COVER** by getting under a sturdy desk or table
3. **HOLD ON** to it until the shaking stops

Register at [ShakeOut.org](http://ShakeOut.org) to be counted.



If possible



Using a cane



Using a walker



Using a wheelchair



Invite others to join the ShakeOut!

Invite friends, family members, and work colleagues to register.

Have a neighborhood gathering to share your experience in the drill.

Download support materials at [Shakeout.org](http://Shakeout.org)

Download the [7 Steps to Earthquake Safety](#)

Visit [ReadyMarin.org](http://ReadyMarin.org) to learn more about getting prepared

Let us know how it went! Share photos and stories on [Facebook](#) and [Instagram](#)

*You can practice anytime, you don't need to wait for October 20!*

