

SAN RAFAEL

ACTIVITIES GUIDE | SPRING/SUMMER 24



Online, Walk-In, &
Mail Registration
Begins March 6

Sign-Up For
Summer Camps
Pages 2, 7-12

We're Hiring!
See pages
15, 22 & 38



www.cityofsanrafael.org

Summer Camps!

ARTS & CRAFTS

AQUATICS

SPORTS AND GAMES

TECHNOLOGY

and lots more!

See our **Camps Section**
and register today!



Kid's Camp provides a fun-filled, action-packed summer where children can explore on great field trips like Rebounderz, Oakland Zoo, Samuel P. Taylor Park and much more! They'll also enjoy weekly swim days at Terra Linda Pool.

Your child will have the opportunity to create, explore, swim, play, and just enjoy being a kid!

KID'S CAMP

June 17 - August 15

8:00am - 5:30pm

Ages 5 - 11

OUTDOOR ADVENTURES

CREATIVE ARTS

SPORTS AND GAMES

EXPLORATION



Holiday closure dates are June 19, July 4, and July 5. Weekly rate is \$365.00 per child, and a registration fee of \$77.00 is required for new families. A 30-day cancellation notice is required. No credit for non-attendance.

Please contact the individual centers for more information:

Lucas Valley Children's Center (415) 485-3189
gabriela.farias@cityofsanrafael.org

Parkside Children's Center (415) 485-3387
sonda.sockolov@cityofsanrafael.org

Vallecito Children's Center (415) 485-3103
trisha.cerutti-saylors@cityofsanrafael.org



IMPORTANT REGISTRATION DATES

REGISTRATION

Online, Walk-In and Mail-In Registration begins at 9:00am on Wednesday, March 6
www.cityofsanrafael.org/recreation

Our Activities Guide can also be viewed online at:
www.cityofsanrafael.org/recreation

CITY HOLIDAYS

Most Library & Recreation Department facilities and programs are closed on the following City holidays:

MEMORIAL DAY: Monday, May 27

JUNETEENTH: Wednesday, June 19

INDEPENDENCE DAY: Thursday, July 4

ACCESS & INCLUSION

The City of San Rafael invites people with and without disabilities to enjoy our sites, facilities, and programs. Do you have any special needs that require specific accommodations, so you can fully participate in one of the City's programs? If so, please contact our Library & Recreation Department office at (415) 485-3333.

Community Centers

Albert J. Boro Community Center

50 Canal Street
(415) 485-3077
abc.counter@cityofsanrafael.org

San Rafael Community Center

618 B Street
(415) 485-3333
recreation@cityofsanrafael.org

Terra Linda Community Center & Pool

670 Del Ganado Road
Office: (415) 485-3344
Pool: (415) 485-3346
terralindapool@cityofsanrafael.org

Cultural Center

Falkirk Cultural Center

1408 Mission Avenue
(415) 485-3328
falkirk@cityofsanrafael.org

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How To Read The Class Information

1234	Sa	9:30am-10:10am	10/7-12/16	\$185/\$203
↓	↓	↓	↓	↓
CLASS CODE	DAY OF WEEK	START-END TIME	BEGIN/END DATE	RESIDENT FEE/ NON-RESIDENT FEE



Visit Friends Books

Located at 1016 C Street,
a short walk from the Downtown Library

Shop at the Friends of the Library's used bookshop to pick up travel books, nature guides and foreign language books for summer vacation ideas. Select a few paperbacks to take on the road or to tuck into your carry-on bag. Stock up on children's books at budget prices.

Browse through a wide selection in your favorite categories of art, history, poetry, cooking, gardening, and spirituality. Get some great books while benefitting the San Rafael libraries!



Open 10:30am-4:30pm, Tuesday through Saturday

Call (415) 453-1443 or (415) 485-3104 for more information or to join the volunteers who staff the shop.

San Rafael is a thriving age-friendly community: inclusive, accessible, and collaborative.

Join the Age-Friendly San Rafael Community Partnership today.

San Rafael is designated as an "Age-Friendly" city by the World Health Organization (WHO) and AARP and is a member of the worldwide Network of Age-Friendly Communities.

The City enables older adults to:

- age safely in a place that is right for them.
- be economically secure.
- continue to develop personally.
- continue to contribute to the community while retaining autonomy, health, and dignity.

The work of the Age-Friendly San Rafael Community Partnership is focused on housing, employment, civic and social engagement, outdoor spaces and community building, and community preparedness. Learn more: www.cityofsanrafael.org/departments/age-friendly

We are a group of older adult volunteers that work closely with the City and community organizations. Please join us in our work! Contact Sparkie Spaeth at oksparkie@aol.com or Diana Lopez at dlopez1052@gmail.com.





SAN RAFAEL
THE CITY WITH A MISSION

CITY COUNCIL

Kate Colin, *Mayor*

Maribeth Bushey, *Councilmember*

Maika Llorens Gulati, *Councilmember*

Eli Hill, *Councilmember*

Rachel Kertz, *Councilmember*

City Council meetings are held the first and third Monday of each month at 6:00pm.

CITY MANAGER

Cristine Alilovich

PARK AND RECREATION COMMISSION

Kela Cabrales

Cicity Emerson

Ariel Gutierrez

Andrei Pasternak

Robert Sandoval

Park and Recreation Commission meetings are held the third Thursday of each month at 6:00pm.

BOARD OF LIBRARY TRUSTEES

Lawrence Andow

Jaimi Cortes

Mary Kyle

Sunny Lee

Alex Vahdat

Board of Library Trustees meetings are held the second Tuesday of each month at 6:00pm.

Message from City Manager

Dear San Rafael Community Members,

When I see all the incredible activities, events, and programs in this edition of the Activity Guide, it reminds me that we have an abundance of reasons to celebrate our vibrant city - whether you're looking for a place to live, to play... or to work!



In fact, the City of San Rafael was recently voted as one of the top 3 cities to work for in the United States according to Engaging Local Government Leaders. This is thanks to our amazing employees who are driven by innovation and have a passion for working alongside our community to get things done. Staff are encouraged to take risks, try new approaches, and embrace a collaborative atmosphere where employees work together to help solve our biggest challenges.

We're committed to creating a workplace where everyone feels a sense of belonging and where the diverse perspectives and experiences of our team members are celebrated.

We believe in fostering a culture of inclusivity and ongoing learning; ensuring that each team member has the tools and opportunities to thrive. It's our amazing team that propels our community programs and projects forward, making San Rafael an even more remarkable place to call home.

With all of this in mind, we're hiring! Whether by serving in a public safety role protecting our community, as a childcare worker, as a lifeguard, or as an engineer helping complete capital improvement projects, you'll have the chance to be part of building our community. I invite you to explore our current job opportunities by visiting our website:

www.cityofsanrafael.org/jobs/.

We can't wait to welcome you to our team!

Your City Manager,

Cristine Alilovich

Discover, play, learn at your library!

Did you know that the San Rafael Public Library has partnered with the Miller Creek and San Rafael City School Districts since 2019 to provide library cards to each and every student? This school year, SRPL distributed 1,215 library cards to all newly enrolled students as part of our annual school library card program. We also went green by partnering with a local copy shop to print the cards on cardstock instead of using plastic!

The school library card program is a great way to make sure every student in our community has access to all the services that the library has to offer. This includes our physical collections, which are so much more than books and include things like video games and passes to state and local parks, and a plethora of events and online resources. Students can get live tutoring through Brainfuse, local artists and writers can submit works to our San Rafael Creates collection, indie authors can format books with Pressbooks, and so much more! All of our resources are available to all library card holders—always free.

For events, services, online resources, and more, visit us online:

srpubliclibrary.org



Downtown
415-485-3323
1100 E Street

Pickleweed
415-485-3483
50 Canal St

Northgate
415-890-5670
Northgate Mall

Summer Camps

Camp Registration Begins March 6.

No camps Wednesday, June 19 (Juneteenth Holiday) and Thursday, July 4th (Independence Day).

Facilities closed in observance of holidays.

HOW TO READ THE CLASS INFORMATION				
1234	Sa	9:30am-10:10am	10/7-12/16	\$185/\$203
↓	↓	↓	↓	↓
CLASS CODE	DAY OF WEEK	START-END TIME	BEGIN/END DATE	RESIDENT FEE/ NON-RESIDENT FEE

ARTS & CRAFTS CAMPS

Summer Fun with Clay

Age: 6Y-12Y

Location: Terra Linda Community Center

Summer outdoor fun with clay and crafts! Use your imagination and explore the amazing world of clay, paint with beautiful and colorful glazes, play and tell stories in exploring the world of collaging and other fun crafts. INSTRUCTOR: Award winning artist, Nadia Tarzi-Saccardi, is the director for the Terra Linda Ceramic Artists program since 2017. Nadia first studied ceramics and sculpture forty years ago in Strasbourg, France and for the last 15 years has been teaching ceramics to adults & children across the Bay Area. She was recently awarded the Best of Marin 2020 and 2021 for "Best Art Instructor" and "Best Art Studio". Visit: <http://www.terralindaceramicartists.com>

A \$30 materials fee will need to be paid to the instructor on the first day of camp.

7187	M-F	9:00am-12:00pm	6/24-6/28	\$450/\$475
7188	M-F	9:00am-12:00pm	8/5-8/9	\$450/\$475

Comic Book Creations Camp

Age: 8Y-12Y

Location: San Rafael Community Center

Get ready to bring your imagination to life! Our camp is perfect for those who want to create and illustrate unique characters and master the art of storytelling with a strong beginning, middle, and end. We will guide each student through the process of making their very own comic book – from start to finish. With an emphasis on character drawing and compelling storytelling, this camp offers an exciting adventure for all. *A \$27.50 materials fee will need to be paid to the instructor on the first day of camp and campers will receive individual art supplies, including comic books.

A \$27.50 materials fee will need to be paid to the instructor on the first day of camp and campers will receive individual art supplies, including comic books.

7396	M/W/F	1:00pm-4:00pm	7/1-7/5	\$220/\$231
7397	M/W/F	1:00pm-4:00pm	7/22-7/26	\$275/\$288

ART CLASSES BY NIKKI CONTINI

Nikki Contini is an experienced art instructor with expertise in fused glass, polymer clay, and mixed media. Her playful and warm teaching style, coupled with an abundance of unique art supplies, make her after-school art classes and workshops engaging for both children and adults alike. Nikki's primary mission is to inspire creative expression while fostering confidence and joy in her students. To learn more, visit FusingFunArt.com

Art Wonder Camp

Age: 7Y-12Y

Location: San Rafael Community Center

Students will explore Nikki's collection of recyclables, clay, wood, glass, wire, paper, and other found objects to craft distinctive art projects of various shapes and sizes. This camp is all about following the wonder and using a wide variety of expressive mediums to spark creativity and imagination. Each day, campers will focus on different materials and techniques, drawing inspiration from contemporary artists and will be encouraged to create from their ideas and interests using the materials provided. The possibilities are endless, from sculpture and painting to masks, jewelry, treasure boxes, unique structures, animals, and fantasy creations. We will listen to music while we engage in art creation, exploration, laughter, and allow our sense of wonder to shine through. We will also have breaks for snacks and movement outside.

7393	M-F	9:00am-12:30pm	7/8-7/12	\$375/\$394
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Jewelry Making Camp

Age: 7Y-13Y

Location: San Rafael Community Center

Get your bling on! In this creative and fun camp, we will use traditional and not-so-traditional materials to create unique jewelry. Students will be able to choose from a treasure of new and vintage beads and learn to make their own using upcycled materials and other materials. Students will learn how to use jewelry making tools, work with wire and develop their skills for making beautiful jewelry. There will be lessons with examples on a variety of customized jewelry masterpieces to inspire! Necklaces, bracelets, earrings, (clip-ons too), pins, and more ideas to choose from- plus display and jewelry box making. All materials included. Campers will be making many works of wearable art to wear and share with their family and friends! We will listen to music, create, make friends and have breaks for snacks and movement outside.

7395	M-F	9:00am-12:00pm	7/22-7/26	\$350/\$367
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Oven Baked Clay & Eco Art Camp

Age: 7Y-12Y

Location: San Rafael Community Center

Join us for a delightful camp experience where students will create their own tiny creatures, miniatures, jewelry, and other collectibles using polymer/Sculpey clay, which can be baked in a kitchen oven. Although we provide instructions, project ideas, and guidance, we encourage students to unleash their creativity and let their imaginations soar. With ample space for exploration, invention, and collaboration, campers will have the opportunity to experiment with different mediums and materials and make entire sets of characters and props for their imaginative stories. Additionally, students will have access to a wide range of recyclable supplies and art materials to complete their projects. Get ready for a fun-filled camp where you can follow your curiosity and express yourself through art!

7394	M-F	9:00am-12:00pm	7/15-7/19	\$375/\$394
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AQUATICS CAMP

Junior Lifeguard Camp

Age: 10Y-12Y

Location: Terra Linda Community Center & Pool

Junior Lifeguards will learn the skills needed to help and respond in emergencies. An introduction into water rescues, entries, head and back injuries and first aid will be covered. Junior lifeguards will work on their swimming skills and endurance so they can be the best they can be when it's time to respond! Junior Lifeguards will learn how to teach swim lessons and will get a chance to shadow a lifeguard and swim instructor and serve as extra eyes on the pool. Games, team building and new fun challenges daily. Participants must be able to swim at least two lengths of the pool and be able to submerge to the bottom of the pool with little assistance. Participants should pack a lunch, swim suit and towel along with closed toed shoes and sunscreen. This program is for those that enjoy being at the pool, working with others and want to learn what it takes to be a lifeguard.

7325	M-F	8:30am-2:00pm	6/24-6/28	\$220/\$243
7326	M-F	8:30am-2:00pm	7/8-7/12	\$220/\$243
7327	M-F	8:30am-2:00pm	7/15-7/19	\$220/\$243
7328	M-F	8:30am-2:00pm	7/22-7/26	\$220/\$243



COOKING CAMPS



Cooking Is Fun with Chef O!

Age: 8Y-13Y

Location: San Rafael Community Center

Do you love cooking, or do you want to learn how to cook? Tired of waiting for your parents to cook? Chef O to the rescue! Come learn the basics of cooking and how to create fun dishes full of flavor with the sensational Chef O! Learn to peel, chop, season and cook. Have a great time with friends, food and fun! We also do our own grocery shopping. Breakfast and lunch provided. To all our future chefs... see you there!

7384	M-F	9:00am-2:00pm	6/17-6/21	\$496/\$520
7385	M-F	9:00am-2:00pm	6/24-6/28	\$620/\$650
7386	M-F	9:00am-2:00pm	7/8-7/12	\$620/\$650
7387	M-F	9:00am-2:00pm	7/15-7/19	\$620/\$650
7388	M-F	9:00am-2:00pm	7/22-7/26	\$620/\$650

Cooking Is Fun with Chef O! - Next Level

Age: 10Y-15Y

Location: San Rafael Community Center

Have you participated in cooking camp in previous summers and need a challenge? Chef O to the rescue and he looks forward to teaching you new techniques and introducing you to new recipes! Come learn next level cooking and how to create fun dishes full of flavor with the sensational Chef O. Breakfast and lunch created each day by campers to consume at camp or bring home to share! Friends, food, and fun!

7389	M-F	9:00am-2:00pm	7/29-8/2	\$620/\$650
7390	M-F	9:00am-2:00pm	8/5-8/9	\$620/\$650

DANCE/THEATER CAMPS

Kid Dance Brigade

Age: 6Y–11Y

Location: Falkirk Cultural Center

The KDB Summer Camps provide one week of fun-filled immersion into popular and easy-to-follow dance routines for incoming 1st-5th graders. Campers will have a blast with Mr. Tom's two outdoor dance classes per day, art-making, outdoor play, and other activities. Located at the Falkirk Cultural Center with ample outdoor space, we will make friends, laugh together and feel great all week!

“ENCANTO” SUMMER CAMP

7379	M-F	9:00am-3:00pm	7/8-7/12	\$350/\$368
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“SING” SUMMER CAMP

7380	M-F	9:00am-3:00pm	7/22-7/26	\$350/\$368
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Theater Camp: Let's Put on a Show!

Age: 6Y–11Y

Location: San Rafael Community Center

This two-week theater camp will guide your young thespian through the entire playmaking process. In collaboration with the teachers and their fellow students, they'll work on playwriting, editing, costume and set designing, staging, producing, and (of course!) acting - all with a performance for parents on the last Friday. The instructor Kristyn majored in theatre at Syracuse University and Circle in the Square on Broadway before going on to write, stage, direct, and produce off-Broadway shows in New York City. She currently teaches art classes at local preschool and elementary schools and is excited to expand into the dramatic arts.

7498	M-Th	9:00am-3:30pm	7/15-7/18	\$890/\$935
	M/T	9:00am-3:30pm	7/22-7/23	
	F	9:00am-12:00pm	7/26	



Dance, Music, Theater Arts & Fitness Camp

Age: 6Y–11Y

Location: Albert J Boro Community Center

Join us for a week of dance, musical theater, and fitness. Children will enjoy classes in various forms of dance, singing and theater. We will explore creating our own choreography and art projects. Additionally, we will explore the fundamentals of Yoga and Pilates. Please bring a bagged lunch, snacks will be provided.

7349	M-F	9:00am-3:00pm	6/24-6/28	\$125/\$138
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7380	M-F	9:00am-3:00pm	7/29-8/2	\$125/\$138
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GAMES & FITNESS CAMPS

Chess Wizards Camp

This camp is designed for campers entering Kindergarten through 2nd grade who are looking to kick back this summer with fun and action-packed activities such as swim time, arts and crafts and outdoor games. So, come join us, bring your water bottle, snack, lunch, and sunscreen and let's make this summer the best one yet! Camp run by Recreation Re-imagined.

Age: 6Y-12Y

Location: San Rafael Community Center

FULL DAY (Note: Campers please bring a lunch)

7381	M-F	9:00 AM-3:00pm	6/24-6/28	\$550/\$575
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HALF DAY - MORNING

7382	M-F	9:00 AM-12:00pm	6/24-6/28	\$390/\$410
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HALF DAY - AFTERNOON

7383	M-F	12:00pm-3:00pm	6/24-6/28	\$390/\$410
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RBA Inc. Chess Camp

Chess camp promotes the growth and development of skills in concentration, logic, decision making, planning, and self-discipline. Participants will play in training games with other participants. Participants should bring a water bottle and snacks. Fee includes an RBA ribbon award at the end of the program.

Age: 5Y-14Y

Location: San Rafael Community Center

7404	M-F	9:15am-12:15pm	6/17-6/21	\$204/\$215
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7405	M-F	9:15am-12:15pm	7/1-7/3	\$155/\$163
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7407	M-F	9:15am-12:15pm	7/29-8/2	\$255/\$268
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Age: 5Y-14Y

Location: Falkirk Cultural Center

7406	M-F	9:15am-12:15pm	7/15-7/19	\$255/\$268
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Reimagined Day Camp

Age: 5Y-7Y

Location: Terra Linda Community Center & Pool

This camp is designed for campers entering Kindergarten through 2nd grade who are looking to kick back this summer with fun and action-packed activities such as swim time, arts and crafts and outdoor games. So, come join us, bring your water bottle, snack, lunch, and sunscreen and let's make this summer the best one yet! Camp run by Recreation Reimagined.

7300	M-F	8:00am-1:00pm	6/24-6/28	\$225/\$242
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7301	M-F	8:00am-1:00pm	7/8-7/12	\$225/\$242
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7302	M-F	8:00am-1:00pm	7/15-7/19	\$225/\$242
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7304	M-F	8:00am-1:00pm	7/22-7/26	\$225/\$242
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7305	M-F	8:00am-1:00pm	7/29-8/2	\$225/\$242
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LEGO® CAMPS

Learn Coding using the LEGO® Spike Prime System

Age: 6Y-9Y

Location: San Rafael Community Center

Build and program robots in this introductory Robotics class using the LEGO® Spike Prime system. Learn basic programming skills using a simple and visual block coding system that will allow kids to grasp new and diverse coding challenges. Join us as we build a variety of different robots using motors, sensors and lights that will make for a fun experience that incorporates both building with LEGO® and coding. This is a great way to prepare young Robotics enthusiasts for our more advanced Robotics programs.

7376	M-F	9:00am-12:00pm	6/17-6/21	\$240/\$264
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Adventures in STEM using LEGO® Materials

Age: 5Y-9Y

Location: San Rafael Community Center

Let your imagination run wild with tens of thousands of LEGO® parts! Build engineer-designed projects and use special pieces to create your own unique designs! Projects are rotated seasonally to ensure that both new and returning students can explore the endless creative possibilities of the LEGO® building system.

7377	M-F	9:00am-12:00pm	7/8-7/12	\$260/\$286
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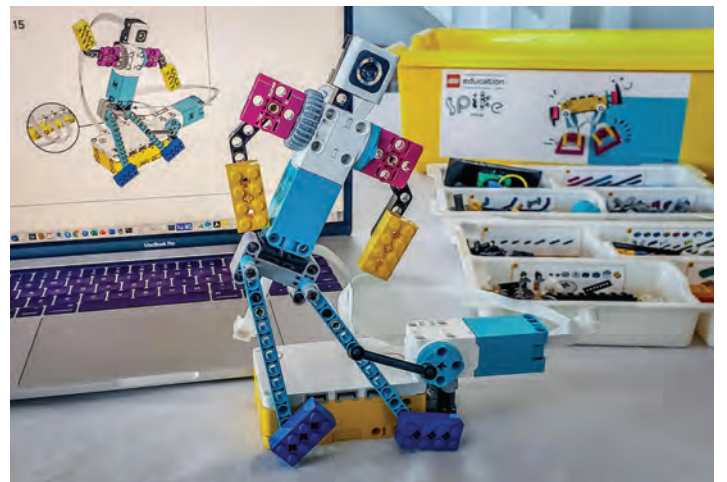
Play-Well Minecraft Master Engineering with LEGO® Materials

Age: 7Y-12Y

Location: San Rafael Community Center

Bring your favorite Minecraft adventures to life with our enthusiastic Play-Well instructors. In a Minecraft world powered by LEGO® resources, we will build shelters to keep out Creepers, craft mystical items that only true masters can wield, and perfect our crossbow skills to stop the Wither from taking over! If you can imagine it, we can build it!

7378	M-F	1:00pm-4:00pm	7/8-7/12	\$260/\$286
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MOVIE MAKING CAMPS

INCREDIFLIX SUMMER CAMPS

These camps are all about the fun and excitement of making movies! Children will work in age-appropriate groups and go through all the steps that Hollywood producers go through from "Action" to "That's a Wrap!" Camps focus on creativity, cooperation, and fun! Your child will be a filmmaker and at the end, you and your child will have a movie they created. \$35 Production fee included in the price of camp. The Flix (digital copy of movie) is emailed within a month after camp ends. www.incrediflix.com.

Age: 7Y-13Y

Location: Falkirk Cultural Center

Special Effects Movie Flix Camp

Explosions, tornados, meteors! In these high intensity live-action movies the special effects will blow your mind. In groups, you'll get to direct, act, and even choose special effects to incorporate into your movies. Make a movie that will surprise all your friends and family!

7398 M-F 9:00am-12:00pm 7/22-7/26 \$350/\$367

Minecraft vs. Roblox Flix Camp

Make a Minecraft MOVIE, a Roblox MOVIE, or make a mashup MOVIE! Work in groups to create a stop-motion movie full of games or challenges for your character to overcome. Students will create their sets out of construction paper, make their Minecraft blocks, film, add some cool effects, and do voice-overs!

7399 M-F 1:00pm-4:00pm 7/22-7/26 \$350/\$367

Special Effects & Minecraft vs. Roblox Flix COMBO Camp - Full Day

Join us for the full-day IncrediFlix combo camp at a discount including supervision during the lunch break from 12noon -1 pm!

7400 M-F 9:00am-4:00pm 7/22-7/26 \$677/\$700

Live Action Flix Camp

Discover your filmmaking talents! You don't have to be an actor to take part, as we'll guide you through the Hollywood process to create, direct, film, act, and more. You won't just make an incredible movie; you'll have the skills to make your own movies with friends.

7401 M-F 9:00am-12:00pm 7/29-8/2 \$350/\$367

LEGO® Flix Camp

Bring LEGO® worlds to life! We provide Legos. You provide your imagination. Work in groups to create a Lego set with LEGO® characters for a stop-motion movie you'll storyboard, shoot, and add voice-over too.

7402 M-F 1:00pm-4:00pm 7/29-8/2 \$350/\$367

Live Action & LEGO® Flix COMBO Camp - Full Day

Join us for the full-day IncrediFlix combo camp at a discount including supervision during the lunch break from 12noon -1 pm!

7403 M-F 9:00am-4:00pm 7/29-8/2 \$677/\$700

MUSIC CAMPS

DJ Scratch Camp with DJ Beats ME

Age: 8Y-13Y

Location: Falkirk Cultural Center

Are you ready to turn it up?! That's what we are going to do at DJ Scratch Camp where you will learn the fundamentals of DJing, scratching and mixing records. You'll also learn the history of the DJ while enjoying a very fun hands on interactive experience! If you've ever wanted to be a DJ, this is the camp for you!!

7391 M-F 9:00am-2:00pm 6/24-6/28 \$530/\$556

7392 M-F 9:00am-2:00pm 7/15-7/19 \$530/\$556



VOENA Singing & Drumming Music Camp

Age: 6Y-13Y

Location: San Rafael Community Center

VOENA's unique programming promotes a style of singing where the singers engage the whole body as the instrument of the voice for fuller expression and emotional connection. Campers will learn VOENA classic songs, drumming and the theory of solfège syllables (do, re, mi, fa, so, la and ti). Please bring your own drum of any kind or a bucket. The week ends with a recital for family and friends. www.voena.org Instructor Macayla Sedenio brings twelve years of performance experience where she was fortunate to travel the world with VOENA, an award-winning world-renowned children's choir that has performed at the White House, Carnegie Hall, Abu Dhabi, Grand Ole Opry, Europe, and theaters throughout the Bay Area. Macayla is passionate about motivating her students. Her exceptional talent for connecting with children and anticipating their distinct needs enables her to establish a positive and fun learning experience for all.

7408 M-F 9:00am-12:00pm 7/15-7/19 \$250/\$262

7409 M-F 9:00am-12:00pm 7/29-8/2 \$250/\$262



SPORTS CAMPS

San Rafael Pacifics Baseball Day Camp

The San Rafael Pacifics one-day baseball camps feature hands on skill building with their team of professional players and coaching staff. Each day there will be skills and drills for hitting, defense, baserunning, and pitching. Let's have some fun and go Pacifics! Parents welcome on the field.

What to bring: Personal baseball equipment - Bat, helmet, glove, cleats, water, snacks, etc.

Ages 6Y-9Y

Location: Albert Park Stadium

7369	M	9:00am-12:00pm	6/3	\$50/\$55
7370	Th	9:00am-12:00pm	6/13	\$50/\$55
7371	M	9:00am-12:00pm	6/17	\$50/\$55
7375	M	9:00am-12:00pm	6/24	\$50/\$55
7372	M	9:00am-12:00pm	7/1	\$50/\$55
7373	M	9:00am-12:00pm	7/8	\$50/\$55
7374	W	9:00am-12:00pm	7/1	\$50/\$55



San Rafael Basketball Academy

The San Rafael Basketball Academy is a fun way to introduce your kids to the world of basketball. With drills and games focused on building motor skills and teaching basic basketball principles such as dribbling, passing, shooting and teamwork, kids will develop a love for the game in a fun, safe enriched setting.

Ages: 5Y-15Y

Location: Albert J. Boro Community Center

7336	M-F	9:30am-9:30pm	7/8-7/12	\$125/\$138
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National Academy of Athletics All Sports Camp

This camp is packed with fun! Whether your child is a beginner or a more advanced player, this multi-sport camp is a perfect place for kids to be introduced to the world of sports, teamwork, and athletics! Games we play may include, baseball, basketball, dodgeball, soccer, flag football, capture the flag, ultimate frisbee, relay & obstacle races and a whole lot more. Your children will learn new skills while having a blast and making new friends.

Ages: 7Y-11Y

Location: Albert J. Boro Community Center

Full DAY CAMP

7262	M-F	9:00am-3:00pm	4/8-4/12	\$260/\$285
7264	M-F	9:00am-3:00pm	6/24-6/28	\$260/\$285

HALF DAY CAMP

7263	M-F	9:00am-12:00pm	4/8-4/12	\$215/\$236
7265	M-F	9:00am-12:00pm	6/24-6/28	\$215/\$236

National Academy of Athletics Basketball Camp

This camp is packed with fun! Whether your child is a beginner or a more advanced player, the drills taught at this camp will help them fall in love with the game. Our basketball camps are the perfect place to learn about the game and fitness while having a blast and making new friends.

Ages: 7Y-11Y

Location: Albert J. Boro Community Center

FULL DAY CAMP

7266	M-F	9:00am-3:00pm	7/29-8/2	\$260/\$285
7269	M-F	9:00am-3:00pm	8/12-8/16	\$260/\$285
7270	M-F	9:00am-3:00pm	8/19-8/23	\$260/\$285

HALF DAY CAMP

7268	M-F	9:00am-12:00pm	7/29-8/2	\$215/\$236
7271	M-F	9:00am-12:00pm	8/12-8/16	\$215/\$236
7272	M-F	9:00am-12:00pm	8/19-8/23	\$215/\$236



Preschool

HOW TO READ THE CLASS INFORMATION

1234 Sa 9:30am-10:10am 10/7-12/16 \$185/\$203

↓ CLASS CODE ↓ DAY OF WEEK ↓ START-END TIME ↓ BEGIN/END DATE ↓ RESIDENT FEE/ NON-RESIDENT FEE

DANCE

Introduction to Classical Ballet

Ages: 4Y-5Y

Location: Albert J. Boro Community Center

This class will be an introduction to classical ballet.

7334	M	4:00pm-4:45pm	3/18-5/6	\$36/\$39
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PERSONAL GROWTH

Little Angels

Ages: 3M-5Y

Location: Terra Linda Community Center

Little Angels provides a safe environment for children of all abilities to explore, imagine, and create connection. Children will enjoy 50 minutes of entertainment and learning including a rotation of art, play time, story time, and much more! Guardians must remain on-site for this program.

Instructor Wendy Calderon's 13 years as a nanny helped her discover a passion for working with others and learn that children live in the moment and connect with joy. As a medical assistant, she valued her connection with clients and loved to see them smile and hear about their families. And so, Wendy combined her experience to create the Little Angels program.

7338	Th	10:40am-12:00pm	3/7-4/4	\$75/\$83
7339	Th	10:40am-12:00pm	4/18-5/30	\$105/\$114
7340	Th	10:40am-12:00pm	6/6-7/18	\$90/\$99
7341	Th	10:40am-12:00pm	7/25-8/29	\$90/\$99



Jumping Jacks

Location: San Rafael Community Center

Fees: \$54-Six classes / \$96-Twelve classes / \$10 drop-in

Jumping Jacks is an hour-long class that consists of activities that encourage creative movement, balance, and hand-eye coordination. These activities are done in a high-energy, fun-filled atmosphere. The first half of each class is free play-parents/caretakers are expected to have fun interacting with their child/children. The last half hour of class is group time... have fun dancing with scarves, playing with the parachute and of course popping bubbles! Call 485-3333 for details!

Age: Crawling-26M

Tu/Th	9:30am-10:30am	ongoing
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Age: 26M-4Y

Tu/Th	11:00am-12:00am	ongoing
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30-minute re-set/disinfecting between sessions

SPORTS

Soccer Stars North Bay

Nickie Rolle-Chu, owner of Soccer Stars North Bay, is a lifelong soccer player, a local Marin County resident and a mom to her own ball-toting 2-year-old. Soccer Stars offers a unique, age-specific curriculum for kids ages one and older.

Super Soccer Stars teaches the fundamentals in a fun, non-competitive, educational environment. Our unique curriculum uses positive reinforcement and a low child-to-coach ratio to make sure each child feels confident in their own abilities, allowing kids to improve at their own rate. No matter their age, Super Soccer Stars has specific and progressive lesson plans built to your child's developmental needs. Many of our program ages overlap so that you and your child can be comfortable with the level of play during your session. Children should have a water bottle, sunscreen, and athletic closed-toe shoes.

Materials Fee (Annual): \$20 due to instructor on first day. Jersey included. Discount: 50% discount offered for siblings.

Location: Alber Park - Grass area next to the San Rafael Community Center

Soccer Stars (Parent & Me)

Ages: 1Y-2.5Y

With parents and caregivers, our coaches and puppet friends Mimi and Pepe, take toddlers through a world of exciting physical activity. We use play-based activities and engaging original music to develop pre-soccer skills in a fun and nurturing environment and use the soccer ball to develop skills, teach teamwork and build confidence.

7212	Sa	9:00am-9:40am	3/16-5/11	\$175/\$192
7201	Su	9:30am-10:10am	3/17-5/12	\$175/\$192
7214	Sa	9:00am-9:40am	6/1-7/13	\$135/\$148
7202	Su	9:30am-10:10am	6/2-7/14	\$135/\$148
7215	Sa	9:00am-9:40am	7/27-8/31	\$135/\$148
7203	Su	9:30am-10:10am	7/28-9/8	\$135/\$148

Soccer Stars (Toddler)

Ages: 2Y-3.5Y

7216	Sa	9:50am-10:30am	3/16-5/11	\$175/\$192
7205	Su	10:20am-11:00am	3/17-5/12	\$175/\$192
7217	Sa	9:50am-10:30am	6/1-7/13	\$135/\$148
7206	Su	10:20am-11:00am	6/2-7/14	\$135/\$148
7218	Sa	9:50am-10:30am	7/27-8/31	\$135/\$148
7207	Su	10:20am-11:00am	7/28-9/8	\$135/\$148



Soccer Stars (Preschool)

Ages: 3Y-4.5Y

7209	F	11:15am-11:55am	3/15-5/10	\$175/\$192
7219	Sa	10:40am-11:20am	3/16-5/11	\$175/\$192
7210	F	11:15am-11:55am	5/31-7/12	\$135/\$148
7220	Sa	10:40am-11:20am	6/1-7/13	\$135/\$148
7211	F	11:15am-11:55am	7/26-8/30	\$135/\$148
7221	Sa	10:40am-11:20am	7/27-8/31	\$135/\$148

Soccer Stars (TK/K)

Ages: 4Y-6Y

7222	Sa	11:30am-12:10pm	3/16-5/11	\$175/\$192
7223	Sa	11:30am-12:10pm	6/1-7/3	\$135/\$148
7224	Sa	11:30am-12:10pm	7/27-8/31	\$135/\$148

Preschool Programs

Parkside Preschool

51 Albert Park Lane, San Rafael 94901

Director: Jackie Newsom

Phone: 485-3388

Parkside Preschool is a year-round, full-time program, which provides a developmentally appropriate play-based program that focuses on exploration, discovery, and social interaction. The two classrooms are set up with a variety of activity centers: art, science, language arts, library, dramatic play, blocks, and math. Activities are planned and prepared to spark a child's sense of curiosity and wonder. The stimulating and supportive environment, coupled with caring professionals, nurtures a love for learning with an emphasis on problem solving, self-regulation skills, and creativity.

Pickleweed Preschool

40 Canal Street, San Rafael 94901

Director: Maria Velarde

Phone: 485-3101

Pickleweed Preschool is a state funded, part-day preschool program. Our highly experienced and caring teachers create an environment that offers a range of experiences to encourage and foster children's independence and academic growth. The children begin to develop self-discipline and the ability to concentrate while exercising their choice of materials in various activity centers during work time. Children will participate in small and large group activities to study and explore their expanding world and will learn practical life and social skills through their work and play. All activities and curriculum will encourage children's English Language Development and Acquisition.





SCAN THE CODE TO SEE
JOB DETAILS AND APPLY TODAY!

WE'RE HIRING!
Come join a great team!
City of San Rafael Childcare Division

Youth Classes

ARTS AND CRAFTS

TERRA LINDA CERAMICS

Award winning artist, Nadia Tarzi-Saccardi, is the director for the Terra Linda Ceramic Artists program since 2017. Nadia first studied ceramics and sculpture forty years ago in Strasbourg, France and for the last 15 years has been teaching ceramics to adults & children across the Bay Area. She was recently awarded the **Best of Marin 2020, 2021, 2022 and 2023 for Best Art Instructor and Best Art Studio.**

Visit: www.terralindaceramicartists.com

Clay Time

Ages: 6Y-8Y

Location: Terra Linda Community Center

Join this artistic group that loves creating in clay. Students learn all about clay, pinch pot, slab building, coiling, sculpting, and glazing. A fun new project is demonstrated in each class and individual expression is encouraged. All levels are welcome. A \$30 material fee is due to the instructor at the first class.

7181	Tu	3:45pm-4:40pm	2/27-3/26	\$125/\$138
7182	Tu	3:45pm-4:40pm	4/23-5/21	\$125/\$138

Mud Masters

Ages: 9Y-12Y

Location: Terra Linda Community Center

Join this artistic group of preteens who love creating in clay. Students will learn slab building, coiling and sculpting. A new project is demonstrated each class and individual expression is encouraged. There will be many opportunities to explore glazing. All levels are welcome. Sign up early as class size is limited. A \$30 material fee is due to the instructor the first class.

7183	Tu	4:45pm-6:00pm	2/27-3/26	\$136/\$150
7184	Tu	4:45pm-6:00pm	4/23-5/21	\$136/\$150

Hang Out with Clay-Teen Class

Ages: 13Y-17Y

Location: Terra Linda Community Center

This after school program is designed to give you the opportunity to express and explore your creative ideas through the amazing medium of clay. You will be taught all the techniques that you need to create what you imagine and encouraged to develop your own style. All levels are welcome. There will be many opportunities to explore glazing and surface decorations as well as working on a portfolio if desired. Sign up early as class size is limited. A \$30 material fee is due to the instructor before the first class.

7185	M	4:15pm-6:15pm	2/26-3/25	\$150/\$165
7186	M	4:15pm-6:15pm	4/22-6/03	\$180/\$198

HOW TO READ THE CLASS INFORMATION

1234	Sa	9:30am-10:10am	10/7-12/16	\$185/\$203
↓	↓	↓	↓	↓
CLASS CODE	DAY OF WEEK	START-END TIME	BEGIN/END DATE	RESIDENT FEE/ NON-RESIDENT FEE



DANCE

Introduction to Ballroom and Latin Dance

Ages: 6Y-12Y

Location: Albert J. Boro Community Center

In this class, students will learn the fundamentals of partner dancing in a fun, relaxed environment. Participants will be introduced to various partner dances such as salsa, bachata, merengue, waltz, and swing.

7335	F	3:30pm-4:15pm	3/22-5/10	\$25/\$28
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Introduction to Classical Ballet

Ages: 4Y-5Y

Location: Albert J. Boro Community Center

This class will be an introduction to classical ballet.

7334	M	4:00pm-4:45pm	3/18-5/6	\$36/\$39
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Introduction to Ballet

Location: Albert J. Boro Community Center

In this class, students will learn the fundamentals of ballet in a fun, relaxed environment.

Ages: 6Y-10Y

7333	W	4:00pm-4:45pm	3/20-5/8	\$25/\$28
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ATHLETICS

NEW! Soccer Stars North Bay

Nickie Rolle-Chu, owner of Soccer Stars North Bay, is a lifelong soccer player, a local Marin County resident and a mom to her own ball-toting 2-year-old. Soccer Stars offers a unique, age-specific curriculum for kids ages one and older.

Soccer Stars teaches the fundamentals in a fun, non-competitive, educational environment. Our unique curriculum uses positive reinforcement and a low child-to-coach ratio to make sure each child feels confident in their own abilities, allowing kids to improve at their own rate. No matter their age, Super Soccer Stars has specific and progressive lesson plans built to your child's developmental needs. Many of our program ages overlap so that you and your child can be comfortable with the level of play during your session.

Materials Fee (Annual): \$20 due to instructor on first day. Jersey included. Discount: 50% discount offered for siblings.

Location: Albert Park - Grass area next to the San Rafael Community Center

Soccer Stars (TK/K)

Ages: 4Y-6Y

7222	Sa	11:30am-12:10pm	3/16-5/11	\$175/\$192
7223	Sa	11:30am-12:10pm	6/1-7/3	\$135/\$148
7224	Sa	11:30am-12:10pm	7/27-8/31	\$135/\$148

Classical Fencing

Location: San Rafael Community Center

Classical Fencing is the art and science of defense. Students will learn the proper structure and form, basic footwork, defenses, and attacks, as well as the etiquette for how to interact with other students and maintain awareness for safety. Masks and gloves must be purchased but are not required for the first couple of lessons. Instructor will provide purchasing information. Students must wear long sleeves, pants, and closed-toe shoes.

Ages: 8Y-13Y

7227	Tu	5:30pm-6:30pm	4/23-5/28	\$100/\$110
7228	Tu	5:30pm-6:30pm	6/11-7/16	\$100/\$110
7229	Tu	5:30pm-6:30pm	7/23-8/27	\$100/\$110

Ages: 14Y & Up

7230	Tu	6:30pm-7:30pm	4/23-5/28	\$100/\$110
7231	Tu	6:30pm-7:30pm	6/11-7/16	\$100/\$110
7232	Tu	6:30pm-7:30pm	7/23-8/27	\$100/\$110

San Rafael Basketball Academy

Ages: 5Y-15Y

Location: Albert J. Boro Community Center

The San Rafael Basketball Academy is a fun way to introduce your kids to the world of basketball. With drills and games focused on building motor skills and teaching basic basketball principles such as dribbling, passing, shooting and teamwork, kids will develop a love for the game in a fun, safe enriched setting.

7337	Sa	11:30am-12:30pm	6/15-7/13	\$25/\$28
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FREE TO ALL PARTICIPANTS



REGISTER ONLINE

Ages: 5Y-17Y

Location: Pickleweed Park Athletic Field

Junior Giants is a free, recreational and coed summer baseball and softball program that brings positive opportunities to over 23,000 boys and girls, ages 5 to 18, in more than 400 cities throughout California, Nevada and Oregon. However, Junior Giants is more than just baseball and softball. Through each child's experiences as part of a team, they will learn the Four Bases of Character Development: Confidence, Integrity, Leadership and Teamwork and the importance of Education, Health and Bullying Prevention, what is called Respect

7342	Tu/Sa	9:30am-11:30am	6/15-8/3	FREE
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REGISTER ONLINE AT www.gojuniorgiants.com

MARTIAL ARTS

Canal Karate

Ages: 5Y & Up

Location: Albert J. Boro Community Center

Learn and improve control, discipline, respect and increase self-esteem while earning your belt. This international award-winning, self-defense program will help students achieve improved focus and strength while having fun doing it. Various class levels to match student's Karate experience. \$10 discount for multiple siblings. Additional material fees due to the instructor for uniform and optional SHOTOKAN KARATEDO INTERNATIONAL-US FEDERATION belt testing/advancement.

Age:	Time:
Beginning (5Y+)	5:00pm-6:00pm
Youth/Intermediate (7Y+)	6:00pm-7:00pm
Adult/Intermediate	7:00pm-8:00pm
Adult/Advanced	8:00pm-9:00pm

Aprende y mejora el control, la disciplina, el respeto y aumenta la autoestima mientras te ganas el cinturón. Este programa de defensa personal, galardonado internacionalmente, ayudará a los estudiantes a lograr un mejor enfoque y fuerza mientras se divierten haciéndolo. Varios niveles de clase para que coincida con la experiencia de Karate del estudiante. \$10 de descuento para varios hermanos. Tarifas de material adicionales debidas al instructor por uniforme y opcional SHOTOKAN KARATE-DO INTERNATIONAL-US FEDERATION cambio de cinta/avance.

Age:	Time:
Juventud/Comienzo (5Y+)	5:00pm-6:00pm
Jóvenes/Intermedios (7Y+)	6:00pm-7:00pm
Adulto/Intermedio	7:00pm-8:00pm
Adulto/Avanzado	8:00pm-9:00pm

7321	Tu/Th	see above times	4/2-5/9	\$80/\$88
7322	Tu/Th	see above times	5/14-6/20	\$80/\$88
7343	Tu/Th	see above times	6/25-8/1	\$80/\$88
7344	Tu/Th	see above times	8/6-9/12	\$80/\$88



Adult Karate on page 33

TAEKWONDO CLASSES FOR YOUTH

The Taekwondo classes listed below are taught by Greg Le Moi who has been involved with Martial Arts for over 30 years. He has a background in Taekwondo, Jujitsu, and Karate and has taught children and adults of all ages including those with physical and/or developmental disabilities. Le Moi's Martial Arts strives to create tomorrow's leaders, one black belt at a time.

Taekwondo Tiny Tigers

Ages: 4Y-6Y

Location: Terra Linda Community Center

Our Tiny Tigers program is designed to help children improve their motor skills and enhance their ability to pay attention and follow instructions. All students will experience a safe, fun and exciting learning environment. Camo belts and above are invited to attend Tuesday Sparring as it is scheduled. Speak to your instructor for more details. A \$40 uniform fee is due to the instructor.

7189	Tu/Th	3:30pm-4:00pm	4/16-6/6	\$134/\$147
7190	Tu/Th	3:30pm-4:00pm	6/18-8/8	\$134/\$147
7191	Tu/Th	3:30pm-4:00pm	8/20-10/10	\$134/\$147

Taekwondo Youth-Beginning

Ages: 7Y & Up

Location: Terra Linda Community Center

Youth Beginning is for ages 7 and up. There are many reasons to become involved in the Martial Arts. Our classes are based on a lifetime learning concept in addition to technical skills. The building blocks for our system are the Lifeskills, which we use as our monthly themes. Camo and Green Belt members are invited to sparring as scheduled. Speak to Instructor for more details. A \$40 uniform fee is due to the instructor.

7192	Tu/Th	4:05pm-4:50pm	4/16-6/6	\$164/\$180
7193	Tu/Th	4:05pm-4:50pm	6/18-8/8	\$164/\$180
7195	Tu/Th	4:05pm-4:50pm	8/20-10/10	\$164/\$180

Taekwondo Youth-Advanced & Black Belt

Ages: 7Y & Up

Location: Terra Linda Community Center

Youth Advanced and Black Belt program is for ages 7 & up. Purple-Black belt rank. Our classes are based on a lifetime learning concept in addition to advanced technical skills. The building blocks for our system are the Life skills, which we use as our monthly themes. This is a combined class. Youth will train until 5:40pm. Black Belts until 6:05pm. A \$40 uniform fee is due to the instructor.

7198	Tu/Th	4:55pm-6:05pm	4/16-6/6	\$164/\$180
7199	Tu/Th	4:55pm-6:05pm	6/18-8/8	\$164/\$180
7200	Tu Th	4:55pm-6:05pm	8/20-10/10	\$164/\$180

MARTIAL ARTS WITH SCOTT JENSEN

Scott Jensen is a traditionally trained Kung Fu and Tai Chi master with more than 40 years of teaching experience and an international gold medalist. He enjoys sharing his love of the martial arts with everyone from beginning to more experienced students. Scott studied with grandmasters of traditional Chinese martial arts, which includes Northern Shaolin, Lohan, Xing Yi Quan and Tai Chi Chuan, as well as Chi Chuan, Xing Yi Quan, Ba Gua Zhang, and Lan Shou Quan with the lineage masters in each style.

NOTE: Please wear loose clothes or a Kung Fu uniform and flat shoes with soft soles, such as skateboarding shoes. Remember to bring a water bottle.

Qigong

Ages: 15Y & Up

Location: San Rafael Community Center

Qi Gong is breathing and stretching exercises based on traditional Chinese medicine and practicing these exercises can dramatically improve your health. Systematically stretch and strengthen every part of your body. Link your breath and movement while you calm your mind. NO CLASSES 2/19, 4/1, 5/27, 6/19 and 9/2.

6776	M/W	6:00pm-6:45pm	2/14-3/13	\$144/\$158
7252	M/W	6:00pm-6:45pm	3/18-4/15	\$144/\$158
7253	M/W	6:00pm-6:45pm	4/17-5/13	\$144/\$158
7254	M/W	6:00pm-6:45pm	5/15-6/12	\$144/\$158
7255	M/W	6:00pm-6:45pm	6/17-7/15	\$144/\$158
7256	M/W	6:00pm-6:45pm	7/17-8/12	\$144/\$158
7357	M/W	6:00pm-6:45pm	8/14-9/11	\$144/\$158

Tai Chi

Ages: 15Y & Up

Location: San Rafael Community Center

Start with learning the first section of the Tai Chi form and improve your health, balance, energy level while relieving stress, making new friends, and having fun. As you progress, you can also learn Tai Chi Sword and Tai Chi Push Hands, which is a stand-up grappling game where both players attempt to use their Tai Chi moves to off balance the other. This safe exercise is a great way to improve your Tai Chi, especially your stances and balance and to learn practical self-defense skills. Push hands is also super fun, and you can compete with our team, if you choose, at local tournaments. Tai Chi Sword helps take your strength, balance, and body awareness to a new level and is also beautiful to perform.

7356	M/W	6:45pm-8:00pm	2/14-3/13	\$160/\$176
6775	M/W	6:45pm-8:00pm	3/18-4/15	\$160/\$176
7247	M/W	6:45pm-8:00pm	4/17-5/13	\$160/\$176
7248	M/W	6:45pm-8:00pm	5/15-6/12	\$160/\$176
7249	M/W	6:45pm-8:00pm	6/17-7/15	\$160/\$176
7250	M/W	6:45pm-8:00pm	7/17-8/12	\$160/\$176
7251	M/W	6:45pm-8:00pm	8/14-9/11	\$160/\$176

Kung Fu

Ages: 15Y & Up

Location: San Rafael Community Center

This Kung Fu class includes Northern Shaolin, Xing Yi Quan, sparring, partner forms and self-defense. Northern Shaolin is extremely athletic with high and flying kicks, ultra-low ground sweeps, acrobatic tumbling and ground rolling, long low stances, and all the classical Kung Fu weapons. During each class we also practice partner forms and sparring. Partner forms are pre-choreographed fights practiced with a partner to develop self-defense skills with and without weapons. Build your skills in this safe and closely supervised program where everyone learns control and accuracy. New students begin with systematic and extensive training in dodging, covering up, and footwork to guarantee excellent defensive skills. As students progress, they learn to use and defend against all levels of kicking, trips, throws, joint locks, and ground defenses.

6777	M/W	6:45pm-8:30pm	2/14-3/13	\$160/\$176
7240	M/W	6:45pm-8:30pm	3/18-4/15	\$160/\$176
7241	M/W	6:45pm-8:30pm	4/17-5/13	\$160/\$176
7353	M/W	6:45pm-8:30pm	5/15-6/12	\$160/\$176
7245	M/W	6:45pm-8:30pm	6/17-7/15	\$160/\$176
7246	M/W	6:45pm-8:30pm	7/17-8/12	\$160/\$176
7352	M/W	6:45pm-8:30pm	8/14-9/11	\$160/\$176

Combined Qigong & Tai Chi or Qigong & Kung Fu

Ages: 15Y & Up

Location: San Rafael Community Center

Please see the respective class descriptions.

6779	M/W	6:00pm-8:30pm	2/14-3/13	\$224/\$246
7257	M/W	6:00pm-8:30pm	3/18-4/15	\$224/\$246
7258	M/W	6:00pm-8:30pm	4/17-5/13	\$224/\$246
7259	M/W	6:00pm-8:30pm	5/15-6/12	\$224/\$246
7260	M/W	6:00pm-8:30pm	6/17-7/15	\$224/\$246
7261	M/W	6:00pm-8:30pm	7/17-8/12	\$224/\$246
7358	M/W	6:00pm-8:30pm	8/14-9/11	\$224/\$246

NEW! Animal Power Kung Fu - Youth Class

Location: San Rafael Community Center

Animal Power is a system to develop strength, flexibility, self-defense skills, and a virtuous character, while having a blast. Derived from the ancient practice of traditional Chinese Kung Fu, Animal Power draws lessons of body and mind from 18 different real animals. Masters of the past observed different skills of these animals and incorporated them into their martial arts. Note: Please wear loose workout clothes. Flat shoes with soft soles like skateboarding shoes are ideal. Bring your own water bottle and hand towel. A \$25 material fee is due to instructor.

Ages: 5Y- 7Y

7172	M/W	3:30pm-4:15pm	3/13-4/10	\$210/\$231
7174	M/W	3:30pm-4:15pm	4/15-5/8	\$210/\$231
7175	M/W	3:30pm-4:15pm	5/13-6/10	\$210/\$231
7177	M/W	3:30pm-4:15pm	6/12-7/10	\$210/\$231
7179	M/W	3:30pm-4:15pm	7/15-8/7	\$210/\$231

Ages: 8Y- 12Y

7502	M/W	4:30pm-4:30pm	3/13-4/10	\$210/\$231
7173	M/W	4:30pm-4:30pm	4/15-5/8	\$210/\$231
7176	M/W	4:30pm-4:30pm	5/13-6/10	\$210/\$231
7178	M/W	4:30pm-4:30pm	6/12-7/10	\$210/\$231
7180	M/W	4:30pm-4:30pm	7/15-8/7	\$210/\$231



Babysitter's Training

Ages: 11Y-15Y

Location: Terra Linda Community Center

In the American Red Cross Babysitters Training course, participants will learn basic childcare, the business of babysitting, become certified in Pediatric CPR and First Aid, and receive an American Red Cross Babysitter Training Certificate. They will also practice decision making skills, learn kid-friendly games and how to communicate with parents. This course will leave future babysitters with the confidence and knowledge to start taking care of little ones. The course is fun and fast-paced with hands-on activities, exciting videos, and lively discussions. You'll learn to be the best babysitter on the block. Join us for a day full of fun while learning what it takes to become a safe and successful babysitter! All participants will receive Red Cross Babysitter Training and Pediatric CPR/First Aid Certification upon completion of the course. Course taught by Recreation Reimagined certified ARC instructors. Participants will learn the following: Pediatric CPR and First Aid, Marketing, Games and activities, What to do in case of an emergency, Communicating with parents, Planning a successful babysitting business. All participants will receive a Red Cross Babysitter Training and CPR/FA Certificates.

7316	M	9:00am-5:00pm	3/11	\$185/\$203
7317	F	9:00am-5:00pm	6/14	\$185/\$203
7318	Sa	9:00am-5:00pm	8/10	\$185/\$203

TECHNOLOGY

VIRTUAL (ONLINE) CODING CLASSES FOR KIDS

Join the following award-winning, top-rated kids coding classes online. The small group classes with a maximum of five students each, along with a live video experience, and awesome teachers set every child up for success. This program was founded by tech experts who were at Google, Uber and Stanford.

FUN ONLINE CLASSES
Code games, robots, mobile apps, and more...

★★★★★

Experts Designed Curriculum
Highly Experienced Teachers
Develop Creativity & Critical Thinking
Have Fun!

Create & Learn Brought to You by Tech & Education Experts from Silicon Valley Google Stanford University Apple

AI Explorers: Units 1, 2, & 3

Ages: 9-12

Location: Virtual Class via Zoom

Beginner Level - No prerequisites

From R2-D2 in Star Wars to Transformers, artificial intelligence (AI) and robots have fascinated children for generations. Now AI is more pervasive than ever and is closer than ever to impacting many parts of our lives. With the latest developments in technology, AI and machine learning can now beat the highest-ranking Go players, compose music, read medical images better than average doctors, and so much more. Join our small group sessions to explore the amazing world of artificial intelligence

Technical Requirements: Students must have a laptop or desktop device with Zoom, a Chrome browser, and high internet connectivity.

7303	Tu	4:00pm-4:55pm	3/5-5/21	\$197/\$216
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Scratch Ninja - Units 1 & 2

Ages: 7Y-11Y

Location: Virtual Class via Zoom

Beginner Level - No prerequisites

This class uses Scratch, a coding platform developed by MIT, as a tool to teach core computer science and coding concepts such as loop, conditional, motion, and sensing. Students will also work on a project in each session ranging from animation, games, to graphic design and storytelling, etc. The class employs a variety of interesting topics to teach logical thinking and inspire creativity, so your kids are not only learning but also creating starting from day one. Kids will be challenged to be creative and solve tough problems while learning the deeper computer science concepts.

Technical Requirements: Students must have a laptop or desktop device with Zoom, a Chrome browser, and high internet connectivity.

7233	Sa	9:30am-10:25am	3/2-4/20	\$138/\$152
7234	M	5:30pm-6:25pm	3/4-4/22	\$138/\$152
7235	M-Th	1:00pm-1:55pm	6/10-6/20	\$138/\$152
7236	M-Th	9:30am-10:25am	6/17-6/27	\$138/\$152
7237	M-Th	11:00am-11:55am	7/8-7/18	\$138/\$152
7239	M-Th	1:00pm-1:55pm	7/29-8/8	\$138/\$152
7238	M-Th	11:00am-11:55am	8/5-8/15	\$138/\$152

Python for AI- Units 1,2 &3

Ages: 10-17

Location: Virtual Class via Zoom

Prerequisites: Strongly recommend Scratch 1-3 with us or equivalent; familiarity with basic coding concepts such as conditional, loop, variable, and events. For students grades 6 or lower, extensive prior coding experiences in platforms like Scratch are required. For grades 7 or older, you can start with Python without prior coding experience, as long as you are willing to spend a moderate amount of extra time to practice.

Students take a deeper dive into coding using Python. Students will transition from block coding, which they learned in Scratch, to text-based coding. They will learn fundamental Python skills as they build creative stories, animations and games. Basic topics will include using Python syntax, variables, loops, functions, and built-in data structures. In these classes, students will begin using Python for AI and data science. We will explore more advanced elements of Python such as dictionaries and files and learn how to employ Python's powerful modules to build games, stories and real-world data projects.

Technical Requirements: Students must have a laptop or desktop device with Zoom, a Chrome browser, and high internet connectivity

7306	M	4:00pm-5:10pm	3/4-5/20	\$246/\$270
7307	Sa	11:00am-12:10pm	3/2-5/18	\$246/\$270
7308	M-Th	2:30pm-3:40pm	6/3-6/20	\$246/\$270
7309	M-F	1:00pm-2:10pm	6/17-7/5	\$246/\$270
7310	M-Th	9:30am-10:40am	7/8-7/25	\$246/\$270
7311	M-Th	11:00am-12:10pm	7/22-8/8	\$246/\$270
7312	M-Th	1:00pm-2:10pm	8/5-8/22	\$246/\$270

NEW! Winter Wonderland Engineering with LEGO® Materials

Ages: 5Y-9Y

Location: San Rafael Community Center

Bundle up, we're creating a spectacular Winter Wonderland! Build bobsleds, design snowplows, and take a ride on the Polar Express. Explore your snow fest ideas and learn STEM concepts with tens of thousands of LEGO® pieces at your mitten-tips and the guidance of an experienced Play-Well instructor Colleen Magill.

7366 Tu-F 9:00am-12:00pm 2/20-2/23 \$200/\$220

NEW! Women Innovators in Stem with LEGO® Materials

Ages: 5Y-9Y

Location: San Rafael Community Center

Learn about influential women in a variety of STEM fields throughout history by building LEGO® projects inspired by their innovations! Let these incredible women inspire YOU to design and build as never before, all with the guidance of an experienced and passionate Play-Well instructor Colleen Magill. This is a one-day workshop.

7365 M 9:00am-12:00pm 3/11 \$50/\$55



LEGOS

School-Age Child Care

Serving the San Rafael and Miller Creek School Districts, the City of San Rafael offers state-licensed, year-round childcare to children in Transitional Kindergarten through 5th grade. The centers provide a safe, enriching, and enjoyable atmosphere where school-age children can learn and grow through positive experiences. Our professional staff provides a wide variety of group and individual activities to support and enhance your child's physical, social, and emotional development.

Whether you are looking for a part-day play experience or full-time childcare, each center offers a variety of flexible schedules to meet your needs. Please note that our centers have a licensed capacity and program enrollment is first-come first-served, so please contact us early and inquire about rates and availability.

Registration Information

Registration for the School-age Child Care Program is conducted at the various school sites.

Coleman Children's Center

Coleman Elementary School
800 Belle Avenue, San Rafael 94901
Director: Diana Muller Phone: 485-3121

Glenwood Children's Center

Glenwood Elementary School
25 W.Castlewood Drive, San Rafael 94901
Director: Jocelyn Hallroan Phone: 485-3102

Lucas Valley Children's Center

Lucas Valley Elementary School
1175 Idylberry Road, San Rafael 94903
Director: Gaby Farias Phone: 485-3189

Mary Silveira Children's Center

Mary Silveira Elementary School
375 Blackstone Drive, San Rafael 94903
Director: Angie Stunz Phone: 485-3190

Parkside Children's Center

51 Albert Park Lane, San Rafael 94901
Director: Sonda Sockolov Phone: 485-3387

Vallecito Children's Center

Vallecito Elementary School
50 Nova Albion Way, San Rafael 94903
Director: Trisha Cerutti-Saylors Phone: 485-3103



SCAN THE CODE TO SEE
JOB DETAILS AND APPLY TODAY!

WE'RE HIRING!

Come join a great team!
City of San Rafael Childcare Division

Adult Classes

ARTS AND CRAFTS

TERRA LINDA CERAMICS

Award winning artist, Nadia Tarzi-Saccardi, is the director for the Terra Linda Ceramic Artists program since 2017. Nadia first studied ceramics and sculpture forty years ago in Strasbourg, France and for the last 15 years has been teaching ceramics to adults & children across the Bay Area. She was recently awarded the **Best of Marin 2020, 2021, 2022 and 2023 for Best Art Instructor and Best Art Studio**. Visit: www.terralindaceramicartists.com.

Registration for Advanced, Intermediate and Intermediate/Advanced classes starting in February opened February 6. April classes will open March 6 at 9am. August classes will open May 22 at 9am. April beginner classes will open March 6 at 9am.

Fundamentals - Introduction of Ceramics

Ages: 18Y & Up

Location: Terra Linda Community Center

This class is dedicated to beginners ONLY and to people who have not done ceramics in many years and need a re-fresher in techniques. After this session is completed, if students want to continue taking classes they must sign up for another session of classes. This class is not a repeat class. \$70 material fee is due to the instructor at the first class.**The requirements to attend an intermediate, intermediate/advanced class are knowing the fundamental building techniques, including and not limited to how to use the slab roller, scoring and slipping, pinching, coiling, using molds, and knowing how to glaze. No exceptions.

7277	W	5:30pm-8:30pm	2/28-4/3	\$240/\$264
7285	W	5:30pm-8:30pm	4/24-6/12	\$240/\$264



HOW TO READ THE CLASS INFORMATION

1234	Sa	9:30am-10:10am	10/7-12/16	\$185/\$203
↓	↓	↓	↓	↓
CLASS CODE	DAY OF WEEK	START-END TIME	BEGIN/END DATE	RESIDENT FEE/ NON-RESIDENT FEE

Ceramics - Advanced & Intermediate

Ages: 18Y & Up

Location: Terra Linda Community Center

The following classes are not designed for a beginner's level. Beginners please sign up for the Wednesday evening class. In these classes, expand your coil, slab, drape, push mold, large or small sculpting techniques and let your imagination soar. The instructor provides a class demonstration the second week of each session and individual artistic and technical support is given throughout the session. A \$70 material fee is due to the instructor at the first class and includes a bag of regular clay.

ADVANCED CERAMICS (Instructor approval required.)

7275	W	9:00am-12:00pm	2/28-4/3	\$240/\$264
7283	W	9:00am-12:00pm	4/24-6/12	\$320/\$352
7291	W	9:00am-12:00pm	8/14-9/18	\$240/\$264

INTERMEDIATE CERAMICS

7274	Tu	6:30pm-9:30pm	2/27-4/2	\$240/\$264
7282	Tu	6:30pm-9:30pm	4/23-6/11	\$320/\$352
7290	Tu	6:30pm-9:30pm	8/13-9/17	\$240/\$264
7278	Th	9:00am-12:00pm	2/29-4/4	\$240/\$264
7286	Th	9:00am-12:00pm	4/25-6/13	\$320/\$352
7293	Th	9:00am-12:00pm	8/15-9/19	\$240/\$264
7280	Sa	9:00am-12:00pm	3/2-4/6	\$240/\$264
7288	Sa	9:00am-12:00pm	4/27-6/15	\$320/\$352
7295	Sa	9:00am-12:00pm	8/17-9/21	\$240/\$264

INTERMEDIATE/ADVANCED CERAMICS

7273	Tu	9:00am-12:00pm	2/27-4/2	\$240/\$264
7281	Tu	9:00am-12:00pm	4/23-6/11	\$320/\$352
7289	Tu	9:00am-12:00pm	8/13-9/17	\$240/\$264
7276	W	1:00pm-4:00pm	2/28-4/3	\$240/\$264
7284	W	1:00pm-4:00pm	4/24-6/12	\$320/\$352
7292	W	1:00pm-4:00pm	8/14-9/18	\$240/\$264
7279	Th	6:00pm-9:00pm	2/29-4/4	\$240/\$264
7287	Th	6:00pm-9:00pm	4/25-6/13	\$320/\$352
7294	Th	6:00pm-9:00pm	8/15-9/19	\$240/\$264

Multimedia Collaborative

Ages: 18Y & Up

Location: Terra Linda Community Center

This program is designed for participants to engage with other artists in a creative environment to learn from each other and share ideas. No formal instruction.

Questions? Email: sandramccreary@sbcglobal.net

7361	Sa	11:00am-3:00pm	3/16	\$25/\$28
7362	Sa	11:00am-3:00pm	4/20	\$25/\$28
7363	Sa	11:00am-3:00pm	5/18	\$25/\$28



Japanese Flower Arranging - Sogetsu Ikebana All Levels

Ages: 18Y & Up

Location: San Rafael Community Center

Materials Fee: \$25 paid to instructor on the first day of class. Fee covers instructor materials for weekly demonstration. Required textbook and additional supplies are available for purchase at class. Please contact instructor Rachel at rachel@simplygrounded.com for any questions about the course.

Beginners welcome! The practice of Ikebana cultivates floral well-being - that sense we feel when our hands, eyes and imaginations are absorbed in the limitless originality of nature. Learn techniques to create simple yet dynamic Ikebana designs. Develop your creative self-expression and explore the beauty of flowers, through this exquisite art form. Each class includes a demonstration, practice time, and individual assistance in a relaxed atmosphere.

6999	Th	11:00am-2:00pm	4/4-6/6	\$300/\$330
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Watercolor Painting - All Levels

Ages: 18Y & Up

Location: Falkirk Cultural Center

Through a combination of review and practice with fundamentals, students will explore methods and techniques to make watercolor paintings interesting, dynamic, fresh, and appealing. Each class starts out with a lesson and then students paint along with the instructor. After class, students are encouraged to email a picture of their piece to the instructor for feedback. You must bring all your own materials. Please email falkirk@cityofsanrafael.org for a materials list.

7166	Tu	10:00am-1:00pm	3/5-3/26	\$110/\$121
7167	Tu	10:00am-1:00pm	4/2-4/23	\$110/\$121
7168	Tu	10:00am-1:00pm	5/7-5/28	\$110/\$121
7541	Tu	10:00am-1:00pm	6/4-6/25	\$110/\$121
7542	Tu	10:00am-1:00pm	7/2-7/23	\$110/\$121
7543	Tu	10:00am-1:00pm	8/6-8/27	\$110/\$121

Pastel Plein Air Drawing Class

Ages: 18Y & Up

Location: Falkirk Cultural Center

Learn soft pastel blending principles. Warm and cool colors will be discussed as well as techniques to create soft edges. Students will learn tips on how to work in changing light and principles of atmospheric perspective. The supply list includes a basic set of Soft Pastels and Pastel Toned Paper. No prior experience is needed, and individual expression is encouraged. Please email falkirk@cityofsanrafael.org for a materials list. Falkirk has easels to borrow. During cold or inclement weather, class will be held indoors.

7194	W	10:00am-12:00pm	3/6-3/27	\$110/\$121
7196	W	10:00am-12:00pm	4/3-4/24	\$83/\$91
7197	W	10:00am-12:00pm	5/1-5/29	\$110/\$121

ATHLETICS

Open Gym Sports **Ages: 16Y & Up**

The Gymnasium in the Albert J. Boro Community Center is open Monday, Wednesday, and Friday evenings for drop-in basketball and/or volleyball. Admission is \$4 per person and everyone must sign in. No program on City holidays. Schedule is subject to change. Contact the Center at (415) 485-3077 for exact days and times.

El Gimnasio en el Centro Comunitario Albert J. Boro está abierto los lunes, miércoles y viernes por la noche para jugar baloncesto y / o voleibol sin cita previa. La entrada cuesta \$4 por persona, y todos deben registrarse. No hay programa en los días festivos de la ciudad. El horario está sujeto a cambios Comuníquese con el Centro al (415) 485-3077 para conocer los días y horarios exactos.

Pickleweed Drop-in Open Gym Pickleball **Ages: 16Y & Up**

Drop-in recreational Pickleball will be available on three courts in the Albert J. Boro Community Center Gymnasium. No supervision or instruction provided. Please bring your own equipment, including balls. Limited rackets are available for those who need to borrow one. Tuesday/Friday, 10am-1pm, 3/5- 5/30. \$4 Drop-in fee.



Marin Bocce Federation www.marinbocce.org

Marin Bocce Federation has multiple day and night leagues. We host a number of local and regional tournaments with a nice blend of competition and social fun. Residents in our county and surrounding areas are invited to join leagues.

We are open to the public for “open play” on certain days of the week. We love teaching new players. We encourage families to join open play—children six years and older are welcome to play.

Join us and see what it’s all about. We will be happy to introduce the game to you. We have clinics and instructional lessons for new players and existing players, to sharpen their skills and improve their game.

Whether it is a beautiful sunny weekday or a magical night under the lights, Marin Bocce Federation is filled with fun, friendship and fair spirited competition.

Bocce is a game for everyone and is guaranteed to provide a lifetime of fun!



Classical Fencing

Ages: 14Y & Up

Location: San Rafael Community Center

Classical Fencing is the art and science of defense. Students will learn the proper structure and form, basic footwork, defenses, and attacks, as well as the etiquette for how to interact with other students and maintain awareness for safety. Masks and gloves must be purchased but are not required for the first couple of lessons (purchasing information will be provided by the instructor). Students must wear long sleeves, pants, and closed toe shoes.

7230	Tu	6:30pm-7:30pm	4/23-5/28	\$100/\$110
7231	Tu	6:30pm-7:30pm	6/11-7/16	\$100/\$110
7232	Tu	6:30pm-7:30pm	7/23-8/27	\$100/\$110

GAMES

Duplicate Bridge - Introduction to No-Trump Systems

Ages: 18Y & Up

Location: Terra Linda Community Center

Finding the perfect contract over your partner's opening no-trump bid is easier with these awesome tools. Explore Stayman, Jacoby Transfers, Gerber, and Quantitative No Trump bids. Everyone will get a turn at defense and declarer play.

INSTRUCTOR: Henry grew up playing cards and rubber bridge with family and continued that with friends in college. After a long hiatus, he began playing duplicate bridge and was quickly hooked by the game and the community. He earned his Life Master and Directors Certificate in 2016.

We will learn the following on each of these dates:

5/16 - Quantitative No-Trump and Gerber

5/23 - The Stayman Convention

5/30 - Jacoby Transfers

7346	Th	6:30pm-8:30pm	5/16-5/30	\$110/\$121
Drop-in: \$40 per class				

Duplicate Bridge

Ages: 18Y & Up

Location: Terra Linda Community Center

Duplicate is organized bridge in a competitive atmosphere. Pairs play against many other pairs during the game and the same deals are played at other tables. The cards you get do not determine whether you win but rather the way you play the cards you are dealt. Reservations not required but a partner is necessary. Improve your play and meet other bridge players.

www.marinbridge.com

Peggy Strong: (415) 299-7511.

Henry Kingdon: (415) 572 9458 or h_kingdon@yahoo.com.

M	12:00pm	Ongoing	Director: Henry Kingdon
W	12:00pm	Ongoing	Director: Henry Kingdon
W	6:00pm	Ongoing	Director: Henry Kingdon
F	12:00pm	Ongoing	Director: Peggy Strong



LANGUAGE

Adult Spanish

Ages: 18Y & Up

Location: San Rafael Community Center

Discover the joy of Spanish in our engaging and interactive classes. Our fun-filled sessions are designed to make language acquisition a delightful experience. Dive into the vibrant world of Latin culture, conversation, and cuisine while building your language skills. Join us for an immersive journey that combines laughter, games, and real-life scenarios to help you speak confidently and have a blast while doing it. Whether you're a beginner or looking to brush up on your skills, our classes promise an enjoyable and educational adventure. While grammatical concepts will be covered, conversation is the primary focus of this course. This way, students receive the essential knowledge that can be applied immediately to their everyday life!

7169	Tu	10:00am-11:00am	3/5-4/16	\$160/\$176
7170	Tu	10:00am-11:00am	4/23-5/28	\$140/\$154



COOKING

AUTHENTIC VIETNAMESE COOKING WITH SARAH DANG HELLMAN

Come learn favorite authentic Vietnamese recipes from an expert! Sarah Dang Hellman is Vietnamese and loves to cook Vietnamese cuisine. She owns a food truck, Lotus Grill - Vietnamese Cuisine. Cooking is one of her passions as food is nourishment to one's soul. She teaches Vietnamese cooking classes in Marin County

Vietnamese Bun Rieu

Ages: 18Y & Up

Location: Terra Linda Community Center

Vietnamese Bun Rieu is a very popular and flavor-packed Vietnamese rice noodle soup with tomatoes, crab and/or shrimp paste, eggs, chicken broth, vermicelli rice noodles and basil. We are not going to deshell and pound any crab and will substitute it with using crab and/or shrimp paste. We will cook this with a relatively easy method with delicious and aromatic results. Please bring a bowl and utensils to eat with and to take some home to share.

7244	Sa	11:00am-1:00pm	7/20	\$68/\$74
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DANCE

NEW! Salsa Class

Ages: 18Y & Up

Location: Albert J. Boro Community Center

Salsa classes are instructional sessions that teach individuals or groups how to dance the energetic and rhythmic Latin dance style. These classes typically cover fundamental footwork, partner connection, and a variety of salsa dance moves, helping participants improve their dancing skills and enjoy the vibrant music and culture associated with Salsa dance. No class 4/11.

7204	Th	9:15am-10:00am	3/7-4/18	\$90/\$99
7208	Th	9:15am-10:00am	4/25-5/30	\$90/\$99

NEW! Bachata Class

Ages: 18Y & Up

Location: San Rafael Community Center

Bachata dance classes are lessons focused on teaching people the sensual and romantic dance style. In these classes, students learn basic steps, partner connection, and various Bachata moves. Bachata classes provide an opportunity to embrace the passionate rhythms of this Latin dance. No class 4/11.

7225	Th	10:15am-11:00am	3/7-4/18	\$90/\$99
7226	Th	10:15am-11:00am	4/25-5/30	\$90/\$99



Dance Away Stress

Ages: 18Y & Up

Location: Terra Linda Community Center

In this class you will have fun, shake and shimmy, and let go of stress and tension immediately. Respectful of your own fitness level, we swing, sway and move with ease. No previous dance background necessary! Claire's instructions are easy to follow and will energize your body, mind and spirit! Claire R Cohn M.A., B.F.A is a movement educator, psychomotor therapist with over 25 years of experience motivating everyone to move and dance with ease.

7314	Sa	11:00am-12:00pm	4/13-5/11	\$127/\$140
7315	Sa	11:00am-12:00pm	5/25-6/29	\$152/\$167

FITNESS

Zumba by Vivalon

Ages: 60Y & Up

Location: Albert J. Boro Community Center

Join us for a fun fitness class designed for older adults with lively music! FREE! No registration Required.

Th	10:00am-10:45am	ongoing	FREE
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Jazzercise

Ages: 18Y & Up

Location: Terra Linda Community Center

Get to know the New Jazzercise, “Cardio Sculpt and Power Sculpt” formerly known as Dance Mixx. Classes are ongoing at Terra Linda Community Center. Jazzercise classes are for all levels and incorporate HIIT cardio dance moves with strength training for the ultimate full-body workout that can help you meet your fitness goals. Torch fat, sculpt lean muscle and crush calories with this high intensity workout that mixes cardio calories with strength training. Fresh moves and music transform your body while boosting your mood and energy. For pricing or more information, check out jazzercise.com or San Rafael Jazzercise on Facebook! No Jazzercise on holidays.

For questions, contact Tina at tinaljazz@gmail.com or 246-7139.

Sign up online at www.jazzercise.com

M/W/F*	9:15am-10:15am
M*	5:30pm-6:30pm
Tu*	5:15pm-6:05pm
Th*	9:00am-10:00am
Sa*	9:00am-10:00am

*No Jazzercise on holidays.

Yoga

Ages: 18Y & Up

Location: Albert Boro Community Center

This yoga class will bring the awareness of your breathing through a flow of poses and body movements. Through a combination of Hatha, Yin, restorative and mindful breath work participants will feel a sense of well-being while improving flexibility

7347	M F	10:00am-11:00am	3/4-4/5	\$35/\$39
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Beginning Pilates Mat Class by Nancy Fox

Ages: 15Y & Up

Location: Terra Linda Community Center

Accessible, approachable, and fun, no matter what shape you're in, you will benefit from doing Pilates. Your balance and posture will improve as you strengthen your core. Classes are taught on multiple levels so it remains a challenge as you progress without being overwhelmed. Bring a mat or large towel.

INSTRUCTOR Nancy Fox has been a certified Pilates instructor for over ten years and teaches mat Pilates in Marin County.

DROP-IN \$15 per class.

6642	W	6:00pm-7:00pm	3/6-4/24	\$104/\$114
6643	W	6:00pm-7:00pm	5/1-6/26	\$104/\$114
6644	W	6:00pm-7:00pm	7/3-8/28	\$104/\$114



Tai Chi with Al Loren

Ages: 55Y & Up

Location: San Rafael Community Center

This Tai Chi class is geared towards the specific needs of seniors with an emphasis on balance enhancement, improved flexibility, and mind to body coordination. It is a gentle and beneficial form of exercise. All physical levels of seniors are welcome and encouraged to participate. Al Loren is the facilitator of this class and has been teaching Tai Chi to seniors in Marin County for 28 years. He has taught over 15,000 classes and is well known for his excellent ability to teach and connect with this demographic.

6437	W	11:00am-11:45am	2/14-3/20	\$65/\$72
6438	W	11:00am-11:45am	3/27-5/1	\$65/\$72
6440	W	11:00am-11:45am	5/8-6/12	\$65/\$72

CLASSES BY DOT SPAET

Dot Spaet is an award-winning trainer and teacher with certifications in Foundation Training, Personal Training, Core Conditioning, Stretching, Flexibility, Yoga, Pilates and many more. Check her out at www.getoutofbackpain.com.

Yoga, Gentle, Monday Night

Ages: 15Y-81Y

Location: Virtual Class via Zoom

This class is for you if you have an injury or challenge that prevents you from going to regular yoga classes. This could be cranky hips, knees, back, neck, shoulders or something else like asthma or arthritis. The instructor teaches on multiple levels so there is almost always a modification that can work. You will learn which moves are good for you and which ones aren't and you'll receive individual attention. This class is also suitable if you do not have any injuries or challenges. Beginner/Intermediate level. The instructor will email the Zoom link.

6665	M	4:30pm-5:45pm	3/4-4/29	\$119/\$130
6666	M	4:30pm-5:45pm	5/6-6/24	\$119/\$130
6667	M	4:30pm-5:45pm	7/1-8/26	\$119/\$130



Strength Training, especially for Osteoporosis Prevention

Ages: 18Y-80Y

Location: Virtual Class via Zoom

Strength training is the best way build bone, whether to prevent Osteoporosis or to reverse your numbers. During this three-month course, the instructor will guide you through the best moves to build bone in a gradual and safe manner. This class comes with weekly recordings so you can practice on your own if you desire. Equipment required: Please use a set of stretchy bands or dumbbells and ankle weights. Dumbbells should be 2, 3, 5 and 8 lbs. and ankle weights should be adjustable up to 7.5 lbs. each leg. More info upon registration or contact Instructor, Dot Spaet at 415-892-6605 with questions. No experience required.

Virtual Class via Zoom

7323	M	12:30pm-1:45pm	4/1-6/24	\$279/\$316
7324	M	12:30pm-1:45pm	7/1-9/30	\$279/\$316

Basic Stretch & Balance Class

Ages: 15Y-81Y

Location: In Person @ Terra Linda Community Center

This class is for you if other exercise classes are too difficult. If you remember that you used to move better, try this class! You'll receive individual attention to address your specific issues. If you want to feel better, younger, and look fantastic, start with this one, balance moves included.

6671	W	4:30pm-5:45pm	3/6-4/24	\$139/\$152
6672	W	4:30pm-5:45pm	5/1-6/26	\$139/\$152
6673	W	4:30pm-5:45pm	7/3-8/28	\$139/\$152



NEW! Chair Yoga

Ages: 18Y & Up

Location: San Rafael Community Center

Welcome to Chair Yoga class, where traditional yoga meets the support and versatility of a chair. This class is designed to provide students with a well-rounded yoga experience that emphasizes balance, strength, flexibility, and relaxation. In this class, you will explore the use of a chair as a prop to enhance and deepen your yoga practice. The chair acts as a stable base, allowing you to perform a wide range of yoga poses with greater ease and comfort. Whether you are a beginner or more experienced yogi, this is a safe way to practice. No class 4/11 and 7/4

7367	Th	11:15am-12:00pm	3/14-4/25	\$90/\$99
7368	Th	11:15am-12:00pm	6/6-7/18	\$90/\$99

Balance, Stretch and Strengthening

Ages: 18Y & Up

Location: San Rafael Community Center

The goals of this class are to increase flexibility and range of motion, improve your balance, and make you stronger, all while having fun! We will spend an hour both standing, as well as seated on chairs, no floor work. We will be working on specific stretches for joints and muscle groups where we experience stiffness and tightness. Exercises to improve balance will also be included. At the end of each class, you will feel stronger, more flexible, as well as energized.

7296	Tu	3:00pm-4:15pm	4/16-5/21	\$96/\$105
7297	Tu	3:00pm-4:15pm	6/4-7/9	\$96/\$105
7298	Tu	3:00pm-4:15pm	7/23-8/27	\$96/\$105

VIRTUAL FITNESS CLASSES BY BETH ZAMICHOW - VIA ZOOM

The following virtual class is taught by Beth Zamichow, an experienced movement and fitness instructor that teaches in locations throughout Marin. She combines her extensive knowledge and background as a Personal Trainer, Pilates Instructor and instructor of various forms of exercise including Pilates, yoga, rehab and dance. This class fills the need for people who still want to exercise with a professional but in the convenience of their homes. To learn more about Beth go to www.thebodycanvas.com.

Tone Up & Get Fit

Ages: 45Y & Up

Location: Virtual Class via Zoom

A class designed to promote full body movement to get you toned and moving! We will isolate and strengthen certain areas of the body as well as promote joint mobility and flexibility. At times the movement will be rhythmic and dynamic, increasing body brain functioning, and at other times we will do specific strengthening moves. Each class incorporates balance work and light weight work and is primarily done standing although some exercises can be geared towards being seated in a chair. The class will conclude with a brief guided visualization meditation geared toward promoting inner and outer well-being. Guaranteed to make you feel good in your body and enjoy more range of motion in your life! We have a nice group, come join us! *Please note: course video will be available for missed classes.*

7000	Tu	8:45am-9:30am	2/20-3/26	\$90/\$99
7001	F	8:45am-9:30am	2/23-3/29	\$90/\$99
7002	Tu	8:45am-9:30am	4/2-5/7	\$90/\$99
7003	F	8:45am-9:30am	4/5-5/10	\$90/\$99
7006	Tu	8:45am-9:30am	5/14-6/18	\$90/\$99
7161	F	8:45am-9:30am	5/17-6/21	\$90/\$99
7162	Tu	8:45am-9:30am	6/25-7/30	\$90/\$99
7163	F	8:45am-9:30am	6/28-8/2	\$90/\$99
7164	Tu	8:45am-9:30am	8/6-9/10	\$90/\$99
7165	F	8:45am-9:30am	8/9-9/13	\$90/\$99



Voice-overs... Now is your time!

Ages: 18Y & Up

Location: Albert J. Boro Community Center

In what could be the most enlightening two hours you've ever spent, this class will show you how you can begin using your speaking voice for commercials, films, videos, and more. In this introductory class, you will learn about a unique, outside-the-box way to break into this creative, fulfilling, and potentially lucrative industry. Voice-overs can be managed on your own terms, on your own turf, in your own time, and with minimal overhead! Whether you choose to pursue voice-overs part-time or full-time, this could be the game changer you've been looking for.

7319 Tu 6:00pm-8:00pm 2/20 \$25/\$28



Have an idea for a great class?

Have an awesome Instructor to refer?

We're always looking to expand our classes and programs.

Contact
recreation@cityofsanrafael.org
 for class and instructor requirements.

MARTIAL ARTS

MARTIAL ARTS WITH SCOTT JENSEN

Scott Jensen is a traditionally trained Kung Fu and Tai Chi master with more than 40 years of teaching experience and is also an international gold medalist. He enjoys sharing his love of the martial arts with everyone from beginning to more experienced students. Scott studied intensely with grandmasters of traditional Chinese martial arts, which includes Northern Shaolin, Lohan, Xing Yi Quan and Tai Chi Chuan, as well as Chi Chuan, Xing Yi Quan, Ba Gua Zhang, and Lan Shou Quan with the lineage masters in each style.

NOTE: Please wear loose clothes or a Kung Fu uniform and flat shoes with soft soles, such as skateboarding shoes. Bring a water bottle.



Qigong

Ages: 15Y & Up

Location: San Rafael Community Center

Qi Gong is breathing and stretching exercises based on traditional Chinese medicine and practicing these exercises can dramatically improve your health. Systematically stretch and strengthen every part of your body. Link your breath and movement while you calm your mind. NO CLASSES 2/19, 4/1, 5/27, 6/19 and 9/2.

6776	M/W	6:00pm-6:45pm	2/14-3/13	\$144/\$158
7252	M/W	6:00pm-6:45pm	3/18-4/15	\$144/\$158
7253	M/W	6:00pm-6:45pm	4/17-5/13	\$144/\$158
7254	M/W	6:00pm-6:45pm	5/15-6/12	\$144/\$158
7255	M/W	6:00pm-6:45pm	6/17-7/15	\$144/\$158
7256	M/W	6:00pm-6:45pm	7/17-8/12	\$144/\$158
7357	M/W	6:00pm-6:45pm	8/14-9/11	\$144/\$158

Tai Chi

Ages: 15Y & Up

Location: San Rafael Community Center

Start with learning the first section of the Tai Chi form and improve your health, balance, energy level while relieving stress, making new friends, and having fun. As you progress, you can also learn Tai Chi Sword and Tai Chi Push Hands, which is a stand-up grappling game where both players attempt to use their Tai Chi moves to off balance the other. This safe exercise is a great way to improve your Tai Chi, especially your stances and balance and to learn practical self-defense skills. Push hands is also super fun, and you can compete with our team, if you choose, at local tournaments. Tai Chi Sword helps take your strength, balance, and body awareness to a new level and is also beautiful to perform.

7356	M/W	6:45pm-8:00pm	2/14-3/13	\$160/\$176
6775	M/W	6:45pm-8:00pm	3/18-4/15	\$160/\$176
7247	M/W	6:45pm-8:00pm	4/17-5/13	\$160/\$176
7248	M/W	6:45pm-8:00pm	5/15-6/12	\$160/\$176
7249	M/W	6:45pm-8:00pm	6/17-7/15	\$160/\$176
7250	M/W	6:45pm-8:00pm	7/17-8/12	\$160/\$176
7251	M/W	6:45pm-8:00pm	8/14-9/11	\$160/\$176

Kung Fu

Ages: 15Y & Up

Location: San Rafael Community Center

This Kung Fu class includes Northern Shaolin, Xing Yi Quan, sparring, partner forms and self-defense. Northern Shaolin is extremely athletic with high and flying kicks, ultra-low ground sweeps, acrobatic tumbling and ground rolling, long low stances, and all the classical Kung Fu weapons. During each class we also practice partner forms and sparring. Partner forms are pre-choreographed fights practiced with a partner to develop self-defense skills with and without weapons. Build your skills in this safe and closely supervised program where everyone learns control and accuracy. New students begin with systematic and extensive training in dodging, covering up, and footwork to guarantee excellent defensive skills. As students progress, they learn to use and defend against all levels of kicking, trips, throws, joint locks, and ground defenses.

6777	M/W	6:45pm-8:30pm	2/14-3/13	\$160/\$176
7240	M/W	6:45pm-8:30pm	3/18-4/15	\$160/\$176
7241	M/W	6:45pm-8:30pm	4/17-5/13	\$160/\$176
7353	M/W	6:45pm-8:30pm	5/15-6/12	\$160/\$176
7245	M/W	6:45pm-8:30pm	6/17-7/15	\$160/\$176
7246	M/W	6:45pm-8:30pm	7/17-8/12	\$160/\$176
7352	M/W	6:45pm-8:30pm	8/14-9/11	\$160/\$176

Combined Qigong and Tai Chi or Qigong & Kung Fu

Ages: 15Y & Up

Location: San Rafael Community Center

Please see the respective class descriptions.

6779	M/W	6:00pm-8:30pm	2/14-3/13	\$224/\$246
7257	M/W	6:00pm-8:30pm	3/18-4/15	\$224/\$246
7258	M/W	6:00pm-8:30pm	4/17-5/13	\$224/\$246
7259	M/W	6:00pm-8:30pm	5/15-6/12	\$224/\$246
7260	M/W	6:00pm-8:30pm	6/17-7/15	\$224/\$246
7261	M/W	6:00pm-8:30pm	7/17-8/12	\$224/\$246
7358	M/W	6:00pm-8:30pm	8/14-9/11	\$224/\$246

Canal Karate

Ages: 5Y & Up

Location: Albert J. Boro Community Center

Learn and improve control, discipline, respect and increase self-esteem while earning your belt. This international award-winning, self-defense program will help students achieve improved focus and strength while having fun doing it. Various class levels to match student's Karate experience. \$10 discount for multiple siblings. Additional material fees due to the instructor for uniform and optional SHOTOKAN KARATEDO INTERNATIONAL-US FEDERATION belt testing/advancement.

Age:	Time:
Beginning (5Y+)	5:00pm–6:00pm
Youth/Intermediate (7Y+)	6:00pm–7:00pm
Adult/Intermediate	7:00pm–8:00pm
Adult/Advanced	8:00pm–9:00pm

Aprende y mejora el control, la disciplina, el respeto y aumenta la autoestima mientras te ganas el cinturón. Este programa de defensa personal, galardonado internacionalmente, ayudará a los estudiantes a lograr un mejor enfoque y fuerza mientras se divierten haciéndolo. Varios niveles de clase para que coincida con la experiencia de Karate del estudiante. \$10 de descuento para varios hermanos. Tarifas de material adicionales debidas al instructor por uniforme y opcional SHOTOKAN KARATE-DO INTERNATIONAL-US FEDERATION cambio de cinta/avance.

Age:	Time:
Juventud/Comienzo (5Y+)	5:00pm–6:00pm
Jóvenes/Intermedios (7Y+)	6:00pm–7:00pm
Adulto/Intermedio	7:00pm–8:00pm
Adulto/Avanzado	8:00pm–9:00pm

7321	Tu/Th	see above times	4/2-5/9	\$80/\$88
7322	Tu/Th	see above times	5/14-6/20	\$80/\$88
7343	Tu/Th	see above times	6/25-8/1	\$80/\$88
7344	Tu/Th	see above times	8/6-9/12	\$80/\$88



NEW! Practical Python

Ages: 18Y & Up

Location: Online Zoom class

Have you always wanted to learn to code, but find it too dry or maybe even a bit intimidating? Come join our Python class and have fun mastering this essential computer programming language. Python opens a whole world of programming possibilities! Python is a high-level coding language used by companies such as Netflix and Google, and it is also used for web development, game development, building apps, machine learning, and so much more. Studies have shown programming with Python to be one of the simplest and most popular coding languages when learning to code. This live online class covers not only the basics of Python coding, but also puts a strong focus on the elements of Python that are most relevant to Artificial Intelligence. Our classes are all project based so you will be building projects throughout the class while learning all the essentials of Python coding.

Technical Requirements: Students must have a laptop or desktop device with Zoom, a Chrome browser, and high internet connectivity.

7364	Sa	11:00am-12:15pm	6/1-8/17	\$315/\$346
7313	Sa	9:30am-10:45am	7/6-9/21	\$315/\$346



Check out youth coding classes like Scratch Ninja and AI Explorers on page 21.

Older Adults

Multicultural Older Adult Program

ALBERT J. BORO COMMUNITY CENTER

50 Canal Street

Age: 50Y & Up

FREE

W 10:00am-1:00pm Ongoing

Older adults of all ethnicities in Marin are welcome to come to the Albert J. Boro Community Center-Pickleweed Park where we provide opportunities for socialization and integration. The group meets every Wednesday from 10:00am-1:00pm. Hot, nutritional lunches are served at 11:30am for a suggested contribution of \$3 for those who are 60 years of age and older. There is no obligation to contribute. To make reservations for lunch, call (415) 457-4636 by the prior Thursday. Funding for the meal portion of the program, at least in part, is made available by the Marin Department of Health and Human Services, Division of Social Services, Aging and Adult Services. Programs are organized by the City of San Rafael Library and Recreation Department.

Join in on the activities and meet new friends. Bring your ideas of what type of programs and activities you would like to start at the Center. Our largest populations at present are Hispanic/Latino and Vietnamese, although we welcome all older adults. For more information contact the Albert J. Boro Community Center at (415) 485-3077.

The Albert J. Boro Community Center and Vivalon partner to bring older adults together for lively activities and events. Vivalon, formerly Whistlestop, helps Marin County's older adults and vulnerable residents thrive through the power of human connection with rides, meals, classes, care, advice and more. We offer new classes and activities for older adults in the areas of healthy aging, outings to county parks and opportunities for social connection. To learn more, call the Albert J. Boro Community Center at 415-485-3077 or Vivalon Guest Services at 415-456-9062. Visit Vivalon.org to learn more about our services for older adults and the Healthy Aging Center in San Rafael.



Programa Multicultural para Adultos Mayores

CENTRO COMUNITARIO DE ALBERT J. BORO

50 Canal Street

Edades: 50 años en adelante

GRATIS

Mie 10:00am-1:00pm En curso

Los adultos mayores de todas las etnias en Marin son bienvenidos a venir al Centro Comunitario Albert J. Boro / Pickleweed Park, donde brindamos oportunidades para la socialización y la integración. El grupo se reúne todos los miércoles de las 10am a 1pm. Se sirven almuerzos calientes y nutritivos a las 11:30am por una contribución sugerida de \$3, para personas mayores de 60 años. No hay obligación de contribuir. Para hacer reservaciones para el almuerzo, llame al (415) 473-INFO (4636) antes del jueves anterior. Este programa es posible gracias a los fondos de la Ley Federal de Mayores Estadounidenses y es administrado localmente por la División de Servicios para Adultos y Ancianos de Salud y Servicios Humanos del Condado de Marin. Los programas son organizados por el Departamento de Biblioteca y Recreación de la Ciudad de San Rafael.

Únete a las actividades y conoce nuevos amigos. Traiga sus ideas de qué tipo de programas y actividades le gustaría comenzar en el Centro. Nuestras poblaciones más grandes latinas y vietnamitas, sin embargo, todos los adultos mayores son bienvenidos. Para obtener más información, comuníquese con el Centro Comunitario Albert J. Boro al (415) 485-3077.

Adicionalmente, el Centro Comunitario Albert J. Boro y Vivalon volverán a asociarse para reunir a los adultos mayores en actividades en vivo y eventos. Vivalon, anteriormente Whistlestop, ayuda a los adultos mayores y a los residentes vulnerables del condado de Marin a prosperar mediante el poder de la conexión humana con viajes, comidas, clases, cuidados, consejos y más. En los próximos meses estaremos ofreciendo nuevas clases y actividades para adultos mayores en las áreas de envejecimiento saludable, salidas a parques del condado y oportunidades de conexión social. Para obtener más información, llame al Centro Comunitario Albert J. Boro al 415-485-3077 o Servicios para huéspedes de Vivalon al 415-456-9062. Visita Vivalon.org para conocer más sobre nuestros servicios para adultos mayores y el Centro de Envejecimiento Saludable en San Rafael.

Terra Linda Older Adults

TERRA LINDA COMMUNITY CENTER

670 Del Ganado Road

Age: 55Y & Up

The Terra Linda Senior Citizen Organization meets from 9:30am-12:30pm every Tuesday. Activities include weekly bingo games and occasional luncheons and plenty of time to socialize. If you are 55 years and older, you are welcome to join the group for a fee of \$15 per year. For more information, please call (415) 485-3344.



San Rafael Goldenaires

SAN RAFAEL COMMUNITY CENTER

618 B Street

Age: 62Y & Up

The San Rafael Goldenaires is a non-profit organization that partners with the San Rafael Library and Recreation Department. The Goldenaires provides its members the opportunity to participate in a wide variety of classes, trips, social activities, and special events. Membership is \$40 per year and is available to all adults 62 years and older.

More information is available at www.srgoldenaires.org or inside the club's monthly newsletter The Newsette. Membership applications are available by calling (415) 485-3348 or at the office located inside the San Rafael Community Center on Monday, Tuesday, Wednesday & Friday, 10:00am-2:00pm.

Please stop by and visit or call and we will be happy to answer any questions.

GOLDENAIRES ONGOING EVENTS

Wednesday Bingo - Open to the public!

Bingo begins at 12:00pm - Doors open at 10:30am

Join us for an afternoon of 15 Bingo games. Prizes range from \$40-\$100. Buy-in \$5-\$10 for regular game packs, Special Games \$1 each. Must be 18 years or older to play. Congregate Meal Program is 11-11:30am. Donation is \$3. Please call (415) 473-4636 for reservations.

No bingo on the third Wednesday of the month.
For more information call (415) 485-3348.

GOLDENAIRES TRAVEL & TRIPS

Come explore the wonders of the world or your own backyard with the Goldenaires. We schedule monthly day trips to local shows and attractions and also offer longer adventures around the country and the world. Pick up a copy of the Newsette or go to www.srgoldenaires.org for the most current listing of trips and find extended trip flyers in the office.



SAN RAFAEL GOLDENAIRES CLASSES, ACTIVITIES & EVENTS

ONGOING CLASSES

NEW! HEALTHY STEPS – Mondays, 12:00pm-1:00pm

Facilitated by Teresa Del Giorno, PTA, CMA, CLM. The Ledbed Method is a therapeutic exercise and movement program to help regain range of motion, strength, endurance and balance. No experience is required, it's non-aerobic and offers a sitting version. Call 415-485-3348 for session dates.

Contract Bridge – Mondays, 10:30am-3:00pm

Players must have some bridge experience. No reservations needed, but you MUST arrive no later than 10:15am and bring your own lunch. Chairperson Bill Nicholson.

Acrylic Painting – Mondays, 11:30am-3:30pm

Practice your painting skills and create new things in a fun-loving, encouraging environment. Bring your own supplies. New persons may join at any time. Artist Yvonne Brown is willing to guide you and/or suggest painting techniques.

Dominoes – Tuesdays, 10:00am-12:00pm

Join us for a morning of dominoes which is a popular game of skill, strategy and some luck! It is a tile-based game played with rectangular "domino" tiles. If you can share your set with a table of 4, please bring it with you.

Watercolor Painting – Tuesdays, 10:30am-3:00pm

Beginner and experienced students are welcome to join this friendly group for a day of painting. Bring your own supplies and instructor Ann Carroll will provide a still life display for you to paint or work on your own subject matter. Students work at their own pace. Instruction is given if desired. A small fee for the instructor's mileage is requested. Instructor: Ann Carroll.

Learn to Play Bridge – Tuesdays, 1:00pm-3:00pm

If you've ever thought about learning to play bridge, there's no better time than now! Bridge has been proven to help maintain mental sharpness, boost immunity, strengthen communication and teamwork skills and provide meaningful social interaction. Players must have some familiarity with card games and we need at least three people present in order to have a game. The program is led/taught by Bill Nicholson, Goldenaires member, bridge player and all-around nice guy!hand-make a wide range of craft items – new ideas are always welcome. Items are always on sale for a reasonable price, so come down and look at the lobby display case in the Goldenaires office. Better yet, if you have a talent you would like to share with the craft group, come on down and join this friendly group.

Mahjong – Tuesdays, 2:00pm-4:00pm

Come learn Chinese Mahjong with a free lesson. Instructors will assist in helping members learn the game. This is an ongoing program using Chinese tiles.

Duplicate Bridge (Non Sanctioned) – Wednesdays, 10:30am-3:00pm

If you are an experienced duplicate bridge player, come join the fun! You must already know how to play as this is not a teaching class. If you would like to join the game, please call the office and we will put you in touch with the group leader.

Wood Carving – Fridays, 9:00am-12:00pm

A great, inexpensive, fun group that promotes a truly rewarding hobby. Beginners welcome! NO FEE. Students help out, teaching each other with techniques and can show you how much fun wood carving can be!

Crafts Boutique – Fridays, 1:00pm-3:00pm

Enjoy the fun of learning new crafts while making new friends. The craft group meets every Friday. Group members create and hand-make a wide range of craft items – new ideas are always welcome. Items are always on sale for a reasonable price, so come down and look at the lobby display case in the Goldenaires office. Better yet, if you have a talent you would like to share with the craft group, come on down and join this friendly group.

SPECIAL EVENTS

San Rafael Community Center, 618 B Street

B STREET BALLROOM – Sunday Dances

February 25, March 24, April 28, May 19, June 30, July 28, August 25

2:00-5:00pm • \$15 at the door - Open to the Public

Join us for a wonderful afternoon of dancing to the sounds of a live band, The Manny Gutierrez Quartet. All ages, singles and couples are welcome! There are plenty of mixers to get everyone out on the dance floor. Come enjoy the music and meet new friends.

FRIDAY THEMED LUNCHEONS

February 23, March 15, April 19, May 17, June 14, July 19, August 16

Each month join us for a delicious meal, entertainment, and socializing. Call office for details (415) 485-3348.

MONDAY NIGHT BINGO

Monday, May 13 and August 12

Doors open 5:30pm / Buffet Dinner 6:00–6:45pm

Everyone 18 years or older is welcome to join us for an awesome night of friends, fun, food and BINGO! Cash prizes \$60-\$150 per game; 16 games played.

DINNER AND BINGO

Includes one 6-on game pack, dauber and dinner

Advanced reservation is \$27 • At the door is \$32
\$10 Bingo only • \$17 Dinner only
Additional packs available for purchase.

For complete event details, go to srgoldanires.org or call (415) 485-3348.

Afternoon BINGO Day • 11am-3pm

Lunch optional

Aquatics

OFF-SEASON ADMISSION RATES

Fees Valid March 4 - March 30.

DAILY DROP-IN

Youth (1-17 yrs)	\$8/Residents	\$11/Non-Residents
Adult (18-61 yrs)	\$11/Residents	\$14/Non-Residents
Older Adult (62 & older)	\$8/Residents	\$11/Non-Residents

REGULAR SEASON ADMISSION RATES

Fees Valid April 2 - September 30.

DAILY DROP-IN

Youth (1-17 yrs)	\$5/Residents	\$8/Non-Residents
Adult (18-61 yrs)	\$7/Residents	\$10/Non-Residents
Older Adult (62 & older)	\$5/Residents	\$8/Non-Residents

15 ADMISSION PUNCH CARD

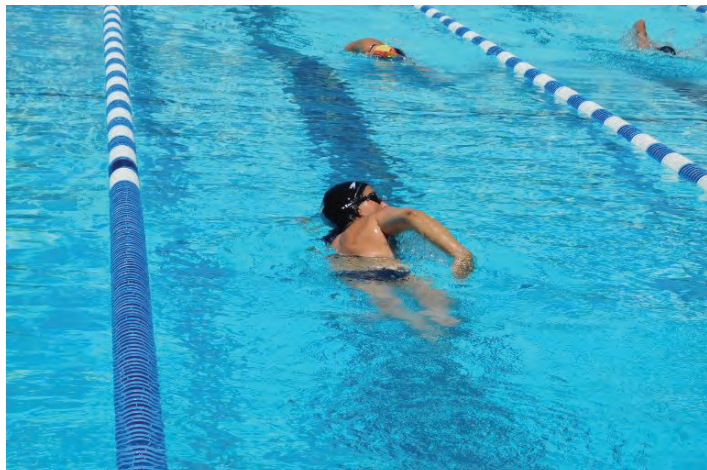
Youth (1-17 yrs)	\$67/Residents	\$107/Non-Residents
Adult (18-61 yrs)	\$94/Residents	\$134/Non-Residents
Older Adult (62 & older)	\$67/Residents	\$107/Non-Residents

SEASON PASSES On sale beginning May 13

Valid for use between May 24 – September 5, 2024.

Youth (1-17 yrs)	\$103/Residents	\$124/Non-Residents
Adult (18-61 yrs)	\$144/Residents	\$165/Non-Residents
Older Adult (62 & older)	\$103/Residents	\$124/Non-Residents

For more information or to purchase a season pass, please go to www.cityofsanrafael.org/pools.



TERRA LINDA POOL
670 Del Ganado Road, San Rafael
Pool (415) 485-3346
terralindapool@cityofsanrafael.org
www.cityofsanrafael.org/pools

Scan the code for information on our admission fees, season passes and pool schedule.

A photograph of the Terra Linda Pool, showing a swimmer in the water, a lifeguard on the pool deck, and a building in the background.

Volunteer Opportunity!

AQUATIC AIDES

Grades: 6-9

Enjoy being poolside, in a high energy environment surrounded by kids? This is your chance to make a difference while having fun and gaining on-the-job experience. Become an Aquatic Aide volunteering alongside swim instructors and/or camp counselors. Weekly sessions available.

AQUATIC AIDES: Serve as an aide for swim lessons. This time commitment is Monday - Thursday, 10:15am- 12:15pm. Includes set up, break down and making certificates with your instructor(s). You must be responsible, professional, reliable, and willing to interact with children.

If accepted, fee is \$50. Each accepted participant will receive a free season pass to the Terra Linda Community Pool, a certificate of completion and a letter verifying volunteer hours.

Apply online by May 30: www.cityofsanrafael.org/pools

Lifeguard Training

This course will teach lifeguard candidates the skills and knowledge needed to prevent and respond to aquatic emergencies. To be eligible, candidates must be 15 years of age on or before the final scheduled session of the course and have access to a computer to do the online components required for class completion. Certification includes ARC Lifeguard Training, First Aid, and CPR/AED for the Professional Rescuer. In addition, candidates must successfully complete various swimming prerequisites. Attendance is mandatory. No refunds or make-up classes offered. Students not passing the course are not eligible for a refund or a discounted price on another session. Books available on loan at no additional cost. Requires tablet or computer technology.

Age: 15Y & Up

Location: Terra Linda Community Pool

7329	F	4:30pm-9:00pm	3/1-3/3	\$255/\$281
	Sa/Su	8:30am-5:30pm		
7547	F	4:30pm-9:00pm	4/5-4/7	\$255/\$281
	Sa/Su	8:30am-5:30pm		
7508	F	4:30pm-9:00pm	5/24-5/26	\$255/\$281
	Sa/Su	8:30am-5:30pm		
7509	F	4:30pm-9:00pm	5/31-6/2	\$255/\$281
	Sa/Su	8:30am-5:30pm		
7510	F	4:30pm-9:00pm	6/7-6/9	\$255/\$281
	Sa/Su	8:30am-5:30pm		

Junior Lifeguard Camp

Junior Lifeguards will learn the skills needed to help and respond in emergencies. An introduction into water rescues, entries, head and back injuries and first aid will be covered. Junior lifeguards will work on their swimming skills and endurance so they can be the best they can be when it's time to respond! Junior Lifeguards will learn how to teach swim lessons and will get a chance to shadow a lifeguard and swim instructor and serve as extra eyes on the pool. Games, team building and new fun challenges daily. Participants must be able to swim at least two lengths of the pool and be able to submerge to the bottom of the pool with little assistance. Participants should pack a lunch, swim suit and towel along with closed toed shoes and sunscreen. This program is for those that enjoy being at the pool, working with others and want to learn what it takes to be a lifeguard.

Age: 10Y-12Y

Location: Terra Linda Community Center & Pool

7325	M-F	8:30am-2:00pm	6/24-6/28	\$220/\$243
7326	M-F	8:30am-2:00pm	7/8-7/12	\$220/\$243
7327	M-F	8:30am-2:00pm	7/15-7/19	\$220/\$243
7328	M-F	8:30am-2:00pm	7/22-7/26	\$220/\$243



Rent a Picnic Site or Party Room at the Pool!



\$43/hour | Residents
\$49/hour | Non-residents



Each Picnic Site includes two tables under a shade structure. Rentals are for a two-hour minimum. Pool entry fees charged separately.

Our indoor Party Room, adjacent to the pool, includes air conditioning, tables and chairs. You may bring your own food or have it delivered. Saturday/Sunday bookings only with a three-hour block between 12-5 pm



\$361 | Residents
\$397 | Non-residents
\$100 refundable deposit
Includes 30 guest entrees

www.cityofsanrafael.org/pools | terralindapool@cityofsanrafael.org | (415) 485-3344

Private & Group Swim Lessons

Private Swim Lessons - Children & Adults

We offer private, 30-minute lessons with a one-on-one student-to-teacher ratio or you may request for a semi-private lesson, which is designed for two students at a similar swim level, assigned to one instructor. Requests for private lessons will be accepted after May 1 and we will offer lessons in June, July and August.

One Lesson \$36 residents / \$41 non-residents
Additional Child \$15 residents / \$19 non-residents

To request private lessons, please fill out the **Private Lessons Request Form** at www.cityofsanrafael.org/private-swim-lessons

Group Swim Lessons

We offer a wide variety of group lessons for children as young as six months to 12 years old. Group Swim Lessons emphasize fun and safety in the aquatic environment through guided instruction by a professional swim instructor. It's never too late to start thinking about skills that are not only fun but could also save you or your child's life.

GROUP SWIM LESSON FEES

Parent Tot – Level 4

Three-Day Session \$46 residents / \$57 non-residents
Four-Day Session \$62 residents / \$76 non-residents

Levels 5 – 7

Three-Day Session \$54 residents / \$63 non-residents
Four-Day Session \$72 residents / \$84 non-residents

GROUP SWIM LESSON POLICIES

Swim Levels

If you sign your child up for a level that they have successfully mastered, we will transfer your child to another level (space permitting) at no charge to you. During the lesson, instructors may move your child up or down a level to accommodate your swimmer's abilities. If a level does not meet the minimum registration, we may combine levels of students with similar skill ability. Once your child has successfully demonstrated all required skills in his/her lessons, he or she is eligible to move to the next level.

If your child is 6 or older and registering for levels 2 or 3, please look for classes that say **6 & up Level 2** or **6 & up Level 3**.

Instructor Requests

Unfortunately, we cannot take requests for specific instructors for group lessons. If you would like a specific instructor, please inquire about private lessons.

Refunds, credits or transfers

Refunds, credits or transfers may be requested at a minimum of two working days prior to the start of a session. No refunds, credits or transfers will be provided less than two working days in advance. Transfer requests from different session dates will be assessed a \$5 transfer fee. Requests must be done in writing or in person.

Stay & Play Student in lesson can stay and swim for no charge for that day. If other family members or friends would like to stay and swim, they must pay the daily admission fee or have a season pass.

Join Our Team!



WE ARE NOW HIRING LIFEGUARDS, SWIM INSTRUCTORS & CASHIERS FOR THE 2024 POOL SEASON.

We provide training and certification to all new hires! This is a great job for a retired person, high school and college students, and adults with flexible schedules. Minimum age to apply is 15 years old.

Please email terralindapool@cityofsanrafael.org

Swim Level Chart

Parent Tot - Water Baby Advanced - 30 mins

Instructor/Student Ratio 1:12

- Blowing bubbles, jumping, basic arm swim skills
- Slight submersion practiced
- Begins to swim with instructor
- Songs and games
- Parent participation required
- Best for kids 6 - 36 months
- This is a water adjustment class
- Child comfortable in water with instructor for short periods
- Child must want to be there and has fun playing in the water

Level 1 - 30 mins

Instructor/Student Ratio 1:3

- How to enter and exit water safely
- Learns basic water safety
- Actively interacts with instructor
- "Swimming is Fun!" emphasized with games
- No parent participation
- Good beginning class for kids age 3 or older
- Child is mainly on steps for entire class period
- Fully comfortable in water with instructor for entire class period
- Child is excited and pushes the learning process to try harder

Level 2 - 30 mins

Instructor/Student Ratio 1:3

- Fundamental water skills and aquatic safety taught
- Full face submersion introduced
- Floating back & front
- Wall push offs on back and front
- Explores entire pool
- Supported alternating arm circles and kicking together
- Child pushes off wall alone on tummy
- Child jumps to instructor alone
- Must be able to use flotation device unsupported for two body lengths
- Must be able to float on back and front unsupported

Level 3 - 30 mins

Instructor/Student Ratio 1:3

- Practices alternating arm circles and kicking together
- Begins discussion of side breathing
- Beginning backstroke
- Streamline swimming introduced
- Breaststroke arms and legs introduced separately
- Jumps in and swims directly to wall
- Fully submerges face three times with bobs
- Swims front crawl two body lengths
- Able to push off wall on back and float two body lengths

Level 4 - 30 mins

Instructor/Student Ratio 1:4

- Builds swimming stamina
- Begins work on treading water and sitting/kneeling dives
- Works on streamline kick on back
- Ample practice time on breaststroke & backstroke
- Some refreshing of front crawl with side-breathing
- Begins dolphin kicking practice
- General technique work on front crawl, back and breast
- Able to swim front crawl at least 13 yards
- Able to streamline kick for 10 yards without kickboard
- Able to swim backstroke three body lengths
- Able to swim breaststroke three body lengths
- Recognizable side-breathing

Level 5 - 40 mins

Instructor/Student Ratio 1:5

- Builds up to 25 yards front crawl with side-breathing
- Practices front crawl, breaststroke, backstroke & treading water
- Learns full butterfly
- Introduced to standing dives
- Builds stamina and technique on all strokes
- Able to swim 25 yards front crawl, 25 yards backstroke, 10 yards breaststroke and a recognizable butterfly for 2 body lengths
- Able to dive unperfected

Levels 6 and 7 - 40 mins

Instructor/Student Ratio 1:6

- Works on swimming 50 yards front crawl
- Practices swimming refined strokes
- Begins work on flip turns
- Practice and stamina emphasized
- Students should swim multiple laps during lesson with instruction in between
- Provides skills needed to start a swim team.
- Able to swim multiple laps during lesson with breaks in between
- Swim strokes are all recognizable but need refinement
- Able to maintain streamline and balance in water



Niveles de la clase de natación en la piscina comunitaria de Terra Linda

Parent Tot- De 6 a 36 meses de edad - 30 mins

Instructor/Student Ratio 1:12

Este es un curso divertido de aclimatación al agua. Se requiere la participación de los padres.

- Canciones y juegos de agua
- Habilidades de confort en el agua
- Asistido de habilidades de movimiento en el agua
- Entrada y salida apropiada debido a la edad
- Inmersión de la cabeza y la cara apropiada debido la edad

Nivel 1 – Edad 3+ - 30 mins

Instructor/Student Ratio 1:3

Buen curso inicial para los pequeños. No se necesita la participación de los padres.

- Habilidades de seguridad y conciencia apropiadas para la edad
- Entrada y salida de agua segura y apropiada para la edad
- Continuación de inmersión de la cabeza y la cara
- Habilidades de flotación apropiadas para la edad
- Habilidades iniciales de patada de aleteo
- Habilidades para iniciarse en la brazada de estilo libre

Nivel 2 - 30 mins

Instructor/Student Ratio 1:3

Buen curso para niños seguros y cómodos en el agua con algunas habilidades muy básicas.

- Flotar y rodar hacia adelante y hacia atrás de forma independiente
- Independientes deslizadores delanteros y traseros
- Entrada y salida seguras y saltar de forma independiente
- Continuación de inmersión de la cabeza y la cara; Movimientos de cabeza y recuperación de objetos bajo el agua
- Practicar la patada de estilo libre y brazada de brazo
- Iniciación a la natación de estilo libre

Nivel 3 - 30 mins

Instructor/Student Ratio 1:3

Buen curso para aprender a nadar con confianza en estilo libre con introducción a otros estilos.

- Habilidades y conciencia continuas sobre seguridad en el agua
- Practicar la patada de aleteo
- Practicar brazada de estilo libre
- Independiente agilización y planeando
- Mecánica de natación de estilo libre; respiración lateral, sincronización, coordinación
- Introducción de algunas habilidades de trazo alternativo; nadar de espalda y de enfrente
- Sentirse cómodo y seguro en lo más profundo, flotar solo, entrada y salida seguras

Nivel 4 - 30 mins

Instructor/Student Ratio 1:4

Buen curso para nadadores de estilo libre cómodos y listos para pasar a nuevas habilidades de brazada alternativa.

- Refrescamiento de la brazada de estilo libre con respiración lateral
- Continuación de la herramientas seguras de acuática, flotar solo, solo y entrada y salida seguras, incluyendo inmersiones de rodillas y nadano bajo agua
- Explora las habilidades de espalda y braza natación
- Habilidad de trazo multiple práctica para desarrollar la experiencia y la resistencia en la natación

Nivel 5 - 40 mins

Instructor/Student Ratio 1:5

Buen curso para nadadores de estilo libre competentes que amplían sus habilidades generales de natación.

- Poder acumlar hasta 25 yardas de estilo libre con respiración lateral
- Actualizar y perfeccionar las habilidades de seguridad en el agua y conocimiento
- Introduce inmersiones de pie en la parte profunda
- Actualizar y desarrolle las habilidades de movimiento de espalda y pecho
- Introduce la brazada de mariposa
- Práctica de múltiples brazadas para desarrollar la experiencia en la carrera y la resistencia a la natación
- Exploración continua del extremo profundo; nadar bajo el agua, saltar y bucear

Niveles 6 and 7 - 40 mins

Instructor/Student Ratio 1:6

Curso ofrece habilidades necesarias para comenzar en un equipo de natación.

- Actualizar y perfeccionar las habilidades de seguridad en el agua
- Trabajar en nadar 50 yardas a estilo libre
- Trabajar en nadar 25 yardas de otras 3 brazadas de natación
- Comienza a trabajar en giros volterables
- Mejorar el buceo profundo e introducir el buceo de carreras
- Practicar, técnica y resistencia enfatizada a lo largo del curso

Group Swim Lesson Sessions

GROUP SWIM LESSON SESSION FEES

Parent Tot – Level 4

Four-Day Session \$62 R / \$76 NR

Levels 5 – 7

Four-Day Session \$72 R / \$84 NR

6 & up Levels 2 – 3

For ages 6 years and older \$62 R / \$76 NR



SUMMER INTENSIVE SWIM LESSONS

Session 1: 6/17-6/20*	Monday–Thursday
Session 2: 6/24-6/27	Monday–Thursday
Session 3: 7/8-7/11	Monday–Thursday
Session 4: 7/15-7/18	Monday–Thursday
Session 5: 7/22-7/25	Monday–Thursday
Session 6: 7/29-8/1	Monday–Thursday
Session 7: 8/5-8/8	Monday–Thursday

SESSION 1		Dates: 6/17-6/20*
Level 1	10:30am-11:00am	7009
Level 1	11:05am-11:35am	7010
Level 1	11:40am-12:10pm	7011
Level 2	10:30am-11:00am	7036
Level 2	11:05am-11:35am	7037
Level 2	11:40am-12:10pm	7038
Level 3	11:05am-11:35am	7061
Level 3	11:40am-12:10pm	7062
Level 4	11:05am-11:35am	7085
Level 4	11:40am-12:10pm	7086
Level 5	10:20am-11:00am	7106
Level 6/7	10:20am-11:00am	7116

* No class on Wednesday, June 19th (Juneteenth)

SESSION 2		Dates: 6/24-6/27
Level 1	10:30am-11:00am	7012
Level 1	11:05am-11:35am	7013
Level 1	11:40am-12:10pm	7014
Level 2	10:30am-11:00am	7039
Level 2	11:05am-11:35am	7040
Level 2	11:40am-12:10pm	7041
Level 3	10:30am-11:00am	7063
Level 3	11:05am-11:35am	7064
Level 3	11:40am-12:10pm	7065
Level 4	10:30am-11:00am	7087
Level 4	11:05am-11:35am	7088
Level 4	11:40am-12:10pm	7089
Level 5	10:20am-11:00am	7107
Level 6/7	10:20am-11:00am	7117
Age 6 years & up:		
Level 2	11:05am-11:35am	7125
Level 2	11:40am-12:10pm	7126
Level 3	11:05am-11:35am	7143
Level 3	11:40am-12:10pm	7144

SESSION 3		Dates: 7/8-7/11
Level 1	10:30am-11:00am	7018
Level 1	11:05am-11:35am	7019
Level 1	11:40am-12:10pm	7020
Level 2	10:30am-11:00am	7045
Level 2	11:05am-11:35am	7046
Level 2	11:40am-12:10pm	7047
Level 3	10:30am-11:00am	7069
Level 3	11:05am-11:35am	7070
Level 3	11:40am-12:10pm	7071
Level 4	10:30am-11:00am	7092
Level 4	11:05am-11:35am	7093
Level 4	11:40am-12:10pm	7094
Level 5	10:20am-11:00am	7109
Level 6/7	10:20am-11:00am	7119
Age 6 years & up:		
Level 2	11:05am-11:35am	7129
Level 2	11:40am-12:10pm	7130
Level 3	11:05am-11:35am	7147
Level 3	11:40am-12:10pm	7148

SESSION 4		Dates: 7/15-7/18
Parent Tot	11:05am-11:35am	7159
Level 1	10:30am-11:00am	7021
Level 1	11:05am-11:35am	7022
Level 1	11:40am-12:10pm	7023
Level 2	10:30am-11:00am	7048
Level 2	11:05am-11:35am	7049
Level 2	11:40am-12:10pm	7050
Level 3	10:30am-11:00am	7072
Level 3	11:05am-11:35am	7073
Level 3	11:40am-12:10pm	7074
Level 4	10:30am-11:00am	7095
Level 4	11:40am-12:10pm	7096
Level 5	10:20am-11:00am	7110
Level 6/7	10:20am-11:00am	7120
Age 6 years & up:		
Level 2	11:05am-11:35am	7131
Level 2	11:40am-12:10pm	7132
Level 3	11:05am-11:35am	7149
Level 3	11:40am-12:10pm	7150



SESSION 5 **Dates: 7/22-7/25**

Level 1	10:30am-11:00am	7024
Level 1	11:05am-11:35am	7025
Level 1	11:40am-12:10pm	7026
Level 2	10:30am-11:00am	7051
Level 2	11:05am-11:35am	7052
Level 2	11:40am-12:10pm	7053
Level 3	10:30am-11:00am	7075
Level 3	11:05am-11:35am	7076
Level 3	11:40am-12:10pm	7077
Level 4	10:30am-11:00am	7097
Level 4	11:05am-11:35am	7098
Level 4	11:40am-12:10pm	7099
Level 5	10:20am-11:00am	7111
Level 6/7	10:20am-11:00am	7121
Age 6 years & up:		
Level 2	11:05am-11:35am	7133
Level 2	11:40am-12:10pm	7134
Level 3	11:05am-11:35am	7151
Level 3	11:40am-12:10pm	7152

SESSION 7 **Dates: 8/5-8/8**

Level 1	10:30am-11:00am	7030
Level 1	11:05am-11:35am	7031
Level 1	11:40am-12:10pm	7032
Level 2	10:30am-11:00am	7057
Level 2	11:05am-11:35am	7058
Level 2	11:40am-12:10pm	7059
Level 3	10:30am-11:00am	7081
Level 3	11:05am-11:35am	7082
Level 3	11:40am-12:10pm	7083
Level 4	10:30am-11:00am	7102
Level 4	11:05am-11:35am	7103
Level 4	11:40am-12:10pm	7104
Level 5	10:20am-11:00am	7113
Level 6/7	10:20am-11:00am	7123
Age 6 years & up:		
Level 2	11:05am-11:35am	7137
Level 2	11:40am-12:10pm	7138
Level 3	11:05am-11:35am	7155
Level 3	11:40am-12:10pm	7156

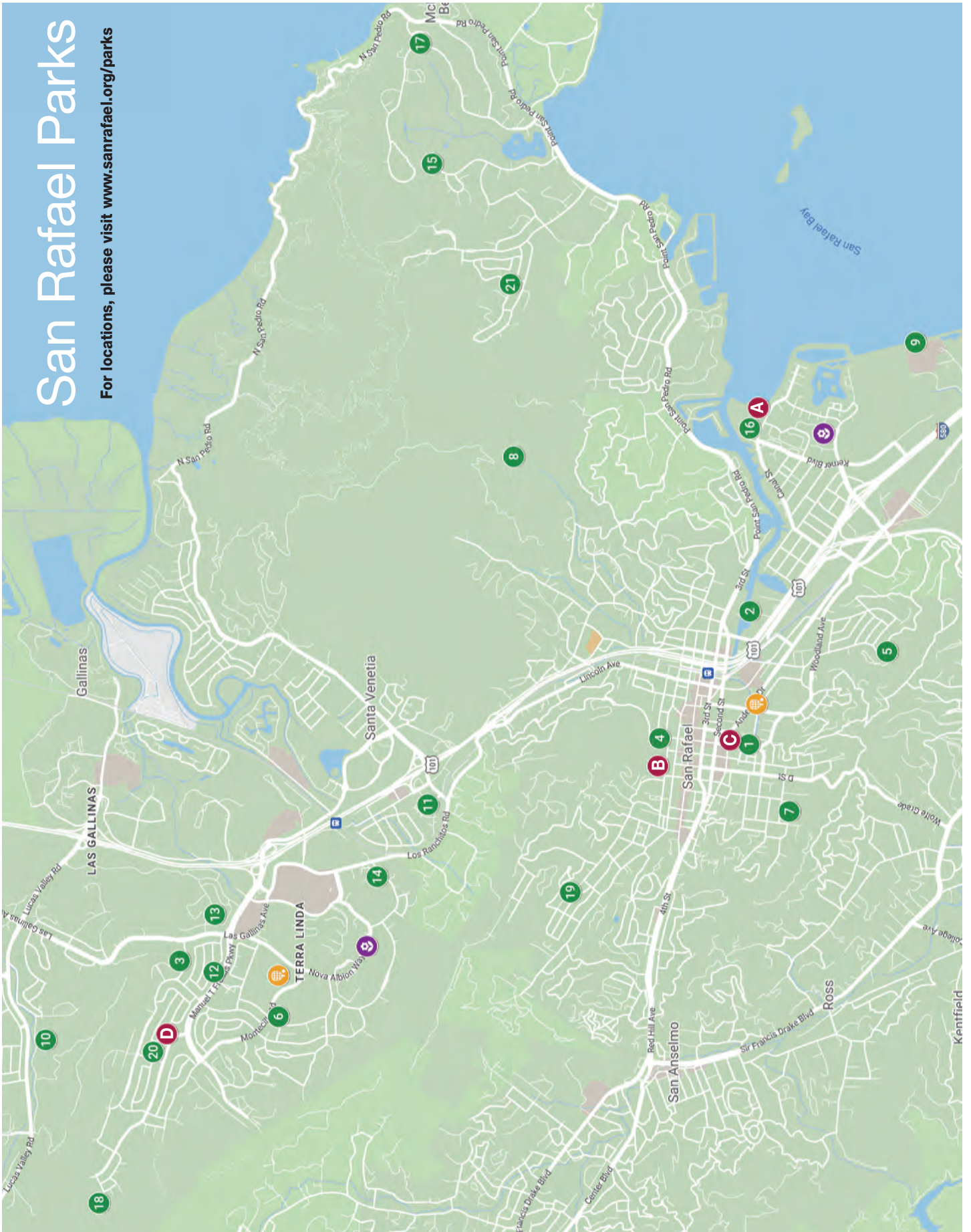
SESSION 6 **Dates: 7/29-8/1**

Parent Tot	11:05am-11:35am	7160
Level 1	10:30am-11:00am	7027
Level 1	11:05am-11:35am	7028
Level 1	11:40am-12:10pm	7029
Level 2	10:30am-11:00am	7054
Level 2	11:05am-11:35am	7055
Level 2	11:40am-12:10pm	7056
Level 3	10:30am-11:00am	7078
Level 3	11:05am-11:35am	7079
Level 3	11:40am-12:10pm	7080
Level 4	10:30am-11:00am	7100
Level 4	11:40am-12:10pm	7101
Level 5	10:20am-11:00am	7112
Level 6/7	10:20am-11:00am	7122
Age 6 years & up:		
Level 2	11:05am-11:35am	7135
Level 2	11:40am-12:10pm	7136
Level 3	11:05am-11:35am	7153
Level 3	11:40am-12:10pm	7154



San Rafael Parks

For locations, please visit www.sanrafael.org/parks



San Rafael Park Amenities

PARKS	PLAY-GROUND	PICNIC TABLES	GRASSY AREA	BASKETBALL COURTS	SPORTS FIELDS	OTHER FACILITIES
1 Albert Park & Stadium	✓	✓	✓		✓	baseball/softball fields, bocce courts
2 Beach Park						currently closed
3 Bernard Hoffman Field			✓		✓	softball field
4 Boyd Park	✓	✓	✓			hiking
5 Bret Harte Park	✓	✓		✓		
6 Freitas Memorial Park	✓	✓	✓			water feature, chess tables
7 Gerstle Park	✓	✓	✓	✓		
8 Harry A. Barbier Memorial Park		✓				open space and trails
9 Jean and John Starkweather Shoreline Park						3-mile trail on the waterfront
10 Jerry Russom Memorial Park		✓				connects to County open space trails
11 Los Ranchitos Park	✓	✓	✓	✓		handball court
12 Munson Park		✓	✓			
13 Oleander Park	✓	✓	✓			
14 Oliver Hartzell Park	✓	✓	✓			
15 Peacock Gap Park	✓	✓	✓			tennis courts, hiking
16 Pickleweed Park	✓	✓	✓		✓	soccer fields
17 Riviera Park	✓	✓	✓			
18 Santa Margarita Park	✓	✓		✓		
19 Sun Valley Park	✓	✓	✓	✓		
20 Terra Linda Park	✓	✓	✓	✓		
21 Victor Jones Park	✓	✓	✓	✓	✓	t-ball, volleyball, shuffleboard, hiking

COMMUNITY CENTERS

- A Albert J. Boro Community Center
- B Falkirk Cultural Center and Grounds
- C San Rafael Community Center
- D Terra Linda Community Center and Pool

✓ Reserve picnic tables at these parks.

TENNIS COURTS

- 🌐 Albert Park Tennis Courts
- 🌐 Freitas Park Tennis Courts

COMMUNITY GARDENS

- 🌱 Canal Community Garden
- 🌱 Terra Linda Community Garden



Picnic Area Rentals

The City of San Rafael Park Picnic Areas listed below are available for rental. Please contact us at 485-3333.

For more information, please see our Picnic and Park Rental Application on our website at www.cityofsanrafael.org/rental-information

PLEASE NOTE: We do not allow alcohol in any of our city parks. Also, outside equipment such as tables, chairs, inflatable bounce houses or grills are not allowed.

PARK	AMENITIES	SEATING CAPACITY
6 FREITAS MEMORIAL PARK 371 Montecillo Rd	Playground, picnic tables/barbecue, restroom, grassy area, water feature	Picnic area - 10
7 GERSTLE PARK San Rafael Avenue at Clark Street	Playground, picnic tables/barbecue, restroom, basketball court, grassy area, walking trail	Redwood Grove picnic area - 126 Dragon Picnic Area - 48 Lower Playground Picnic Area - 48
16 PICKLEWEED PARK 50 Canal Street	Playground, picnic tables/barbecue, restroom, grassy area, community center, soccer fields	Group Picnic Area - 72
18 SANTA MARGARITA PARK At the end of De La Guerra Road	Playground, picnic tables/barbecue, restroom, basketball court, grassy area	Lower Picnic Area - 32
19 SUN VALLEY PARK 144 Solano Street	Playground, picnic tables/barbecue, restroom, basketball court, grassy area	Lower Picnic Area - 24
20 TERRA LINDA PARK 670 Del Ganado Rd.	Playground, picnic tables/barbecue, restroom, basketball court, grassy area, community center, pool	Picnic Area One - 48 Picnic Area Two - 64
21 VICTOR JONES PARK Robinhood Drive	Playground, picnic tables/barbecue, basketball court, grassy area, t-ball diamond	Upper Picnic Area - 32 Lower Picnic Area - 40



Gerstle Park



Terra Linda Park

Facility Rentals

Albert J. Boro Community Center

50 Canal Street, 485-3077
abc.counter@cityofsanrafael.org

This beautiful facility offers rental space for meetings, seminars, workshops, weddings and parties. It features three multi-purpose classrooms with large dry erase boards and projection screens, an art room, and a large community room that can accommodate up to 200 (seated). The community room features round tables, a sound system with podium, stage and a beautiful redwood deck overlooking the park and bay. Enjoy our 8,300 square foot gymnasium with basketball and volleyball, as well as two outdoor sports fields. The facility is accessible for disabled persons.



Albert J. Boro Community Center

San Rafael Community Center

618 B Street, 485-3333
recreation@cityofsanrafael.org

This community center has been designed as a multi-use facility to accommodate groups of all ages, from tiny tots to senior citizens. Individuals, groups, or organizations are welcome to rent any part of the facility for meetings, weddings, seminars, banquets, fundraisers or any other events. The center is complete with auditorium/theater, kitchen, a complete lobby, separate lounge and four full size meeting rooms-three of which can be opened up to one large room. The auditorium/theater with a capacity of 400 (seated/theater) and 300 (dinner seating) can accommodate larger groups. The adjacent kitchen contains four ovens, a large stove, refrigerator, sinks and ice machine. Additionally some of the meeting rooms contain kitchenettes. Enclosed patios surround the facility. The facility is accessible for disabled persons.



San Rafael Community Center

Terra Linda Community Center

670 Del Ganado Road, 485-3344
terralindapool@cityofsanrafael.org

This community center has three large meeting rooms that serve up to three different groups at one time or open up into a large space to accommodate meetings, memorials, birthday parties or other events. Each individual meeting room accommodates 30-40 people, and the entire space accommodates up to 100 people. We provide chairs and tables at no additional cost. The kitchen is close to the meeting rooms and provides a refrigerator, sink, oven, and counter space for food preparation.



Terra Linda Community Center

Falkirk Cultural Center

1408 Mission Avenue • (415) 485-3328 • falkirk@cityofsanrafael.org •  @falkirkculturalcenter



This elegant three-story house is a blend of Queen Anne and Eastlake styles, built in 1888 on 11 acres. In keeping with the style of the period, it has a complex and intriguing roof line of gables and chimneys, variously shaped bays, and plenty of decorative details.

The interior is beautifully rendered in rich redwood panelling, and features ornate mantelpieces, hardwood floors, and elegant wall coverings. The foyer is especially striking with its huge decorative fireplace and floor-to-ceiling stained-glass windows.

The property was most notably owned by the Dollar family from 1906 until the early 1970s. The estate was named Falkirk in honor of Captain Robert Dollar's Scottish birthplace and to celebrate his civic involvement and generous donations to the City of San Rafael.

Facility Rental Information

www.cityofsanrafael.org/falkirk

Falkirk Cultural Center is operated by the City of San Rafael and serves as a historic site, contemporary art gallery, and a popular event venue. When you reserve the venue, you have use of the grounds and entire first floor and access to changing suites on the second floor. Events can be hosted outdoors on the wedding lawn, in the rose garden or on the veranda, or indoors in the parlor.

Facility reservations are accepted one year prior to the date. A rental packet is available online and includes policies and procedures to reserve facilities, sample layouts, helpful resources and an application.

Art Galleries

www.cityofsanrafael.org/falkirk-art-galleries

Our three spacious, light-filled galleries on the second floor of the mansion are open to the public and exhibit a variety of contemporary art throughout the year.

UPCOMING EXHIBITS

Terra Linda Ceramics

March 8 – April 19

Opening Reception/Art Walk:
Friday, March 8
5:00-8:00pm

Marin Open Studios

Artists TBD
May 3 - June 14

Opening Reception:
May 3
5:00-8:00pm

Sue Sommer “Birds of Marin”
Catherin Lee “Untitled”
Noah Gottesman “Homeward”
July 12 – August 23

Opening Reception:
Friday, July 12
5:00-8:00pm



CALL FOR 2025 EXHIBITS

Interested in proposing an exhibit or participating as an individual? Falkirk welcomes exhibition proposals on an ongoing basis. Please find exhibit guidelines and submit proposals online at www.cityofsanrafael.org/falkirk-art-galleries. You can also contact us at falkirk@cityofsanrafael.org for more information.

HOW TO REGISTER

www.cityofsanrafael.org/recreation

REGISTRATION FOR CLASSES BEGINS AT 9:00AM ON WEDNESDAY, MARCH 6

CONTACT US Any questions? Need assistance? Please call (415) 485-3333 or email recreation@cityofsanrafael.org

REGISTRATION INFORMATION

- Only one family per registration form.
- All registrations are taken on a first-come, first-served basis.
- Programs/classes may be canceled if there is a low enrollment.
- Waiting lists will be established if a program is full. If waitlisted, we will notify you if space becomes available. Do not attend the first class if you have not been notified.
- Returned checks will incur a \$25 service charge.
- Registration for the School-age Child Care Program is conducted at the various school sites. For more information, please refer to [page 11](#).

PAYMENTS AND WAYS TO REGISTER

CREDIT CARDS We accept Visa, Mastercard and Discover for online, mail-in and walk-in registration.

CHECKS We accept checks for walk-in and mail-in registration

CASH We only accept cash for walk-in registration.

ONLINE To create a family account, visit the City of San Rafael's registration website at www.cityofsanrafael.org/recreation. We accept credit cards, which are recorded at the completion of the transaction.

MAIL-IN Please do not send cash! We will not call you to confirm your registration; however, we will mail receipts. Mail-in registrations will be processed beginning at 9:00am on Wednesday, August 10, regardless of mail-in date. MAIL TO: San Rafael Community Center 618 B Street San Rafael, CA 94901 ATTN: Registration

WALK-IN REGISTRATION You may register in-person at the following locations during posted business hours.

San Rafael Community Center | 618 B Street
Albert J. Boro Community Center | 50 Canal Street
Terra Linda Community Center | 670 Del Ganado

REFUND POLICY

Full refunds will be issued if the activity is canceled by the Department. Refund requests received at least 14 days prior to the start of the class or program will receive a refund less a \$25 administrative fee, per refund request. No refunds will be issued for requests received less than 14 days prior to the start of the class or program, or for non-attendance, one-day workshops, pool admission, or trips.

Requests to transfer an existing registration to a different class or activity must be received at least 14 days prior to the start of the class or program and will be accommodated based on class availability. We are unable to process transfer requests received less than 14 days in advance of the program.

QUALITY ASSURANCE POLICY

We welcome your feedback. If, after attending the first class, you are dissatisfied with the quality of the class/program, please contact us immediately. If you contact us prior to the second class, we will issue you a full refund.

RESIDENT STATUS

A resident is any person with a residential San Rafael mailing address. A San Rafael P.O. Box or business address will not be accepted as proof of residency. A non-resident is someone who lives in another city.

SCHOLARSHIPS

Limited scholarships available. For more information visit www.cityofsanrafael.org/recreation-scholarship-and-application.

CÓMO REGISTRARSE

Los pagos con tarjeta de crédito se procesan a través de nuestro sistema de registro en: www.cityofsanrafael.org/recreation

También puede pagar con tarjeta de crédito, cheque o efectivo en persona en nuestro centro comunitario. También puede encontrar un formulario rellenable en línea aquí: www.cityofsanrafael.org/classes

How To Read The Class Information

1234	Sa	9:30am-10:10am	10/7-12/16	\$185/\$203
↓	↓	↓	↓	↓
CLASS CODE	DAY OF WEEK	START-END TIME	BEGIN/END DATE	RESIDENT FEE/ NON-RESIDENT FEE

Activity Registration Form

City of San Rafael

The City's Liability Waiver and Photo Release portion must be signed by all parent/guardians or participants 18 and over. Registrations with unsigned waivers will not be processed. Thank you!

1. PRIMARY CONTACT (Adult) COMPLETE ENTIRE FORM

Name of Primary Contact _____ Birthdate _____

Street _____ City _____ Zip _____

Email Address _____

Primary Phone () _____ Secondary Phone () _____ Cell Phone () _____

Emergency Contact _____ Relationship to Participant _____

Emergency Daytime Phone () _____ Emergency Evening Phone () _____

2. ACTIVITY REGISTRATION

PARTICIPANT'S NAME First & Last (1 line per participant)	DATE OF BIRTH (mm/dd/yy)	COURSE NAME	COURSE #	FEE
1.				
2.				
3.				
4.				
5.				

Please note any allergies and/or medications:

I require an ADA accommodation due to a disability to participate in this program.

Total Fees \$ _____
I wish to donate to the Youth Scholarship Fund + \$ _____
Total \$ _____

3. LIABILITY WAIVER & PHOTO RELEASE

HOLD HARMLESS AND RELEASE AGREEMENT The undersigned on behalf of himself/herself and on behalf of any child enrolled by the undersigned in the program, in consideration of participation in this program, agrees to indemnify and hold harmless, and to release, waive, and discharge, the City of San Rafael against any claim, demand, suit, judgment, loss, liability or expense of any kind, including attorney's fees and administrative costs, on account of personal injuries or damages sustained by any person or property arising out of or in any way connected with participation by the undersigned or the enrolled child in this program, including injuries due to the active or passive negligence of the City, its officers, employees, agents, and volunteers. I HAVE READ THE ABOVE HOLD HARMLESS AND RELEASE AGREEMENT AND FULLY UNDERSTAND THAT I ASSUME RISKS FOR ANY INJURIES AND PROPERTY DAMAGE SUFFERED. I also certify that I (or my children) are knowledgeable as to all rules of conduct appropriate to the above-mentioned activity. Neither I nor my child has any physical illnesses, conditions, disabilities, or weaknesses that would interfere with safe participation in the activity. I recognize that bodily injury and/or property damage may be sustained through participation in this activity and acknowledge that I/we voluntarily accept all risks of injury to persons or property.

Applicant's Signature _____ Date _____

PHOTO RELEASE By initialing, I do also hereby give my permission to the City of San Rafael to use any and/or all photographs of myself and/or my children for future agency publications. I understand that my name or my children's name(s) will not be published at any time in any publications. I give my permission for a photograph of my child to be used for City of San Rafael marketing purposes. Initial _____

4. PAYMENT

Credit card payments are processed through our online registration system at www.cityofsanrafael.org/recreation. You may also pay with credit card, check or cash in-person at our community centers.

San Rafael Community Center
618 B Street

Terra Linda Community Center
670 Del Ganado

Albert J. Boro Community Center
50 Canal Street

La porción de exención de responsabilidad y divulgación de fotos de la ciudad debe estar firmada por todos los padres/tutor legal o participantes mayores de 18 años. Las inscripciones con extensiones no firmadas no serán procesadas. ¡Gracias!

1. CONTACTO PRINCIPAL (Adulto)

Complete el formulario

Nombre del Contacto Principal: _____ Fecha de Nacimiento: _____

Dirección: _____ Ciudad: _____ Código Postal: _____

Correo Electrónico: _____

Teléfono Primario: _____ Teléfono Secundario: _____ Teléfono Celular: _____

Contacto de Emergencia: _____ Relación con el Contacto de Emergencia: _____

Teléfono de Emergencia: _____ Teléfono de Emergencia: _____

2. REGISTRO DE ACTIVIDAD

NOMBRE DEL PARTICIPANTE Primer y Apellido (una línea por cada participante)	Fecha de Nacimiento mm/dd/aa	NOMBRE DEL CURSO	# CURSO	PRECIO
1.				
2.				
3.				
4.				
5.				

Por Favor anota cualquier alergias y/o medicamentos:

Requiero un alojamiento ADA por discapacidad para participar en el programa

Precio Total \$ _____
 Quiero donar al fondo Youth de becas para niños + \$ _____
 Total \$ _____

3. Exención de responsabilidad y liberación de fotos

Acuerdo de Liberación y mantenimiento Indemne: El abajo firmante en nombre de sí mismo y en nombre de cualquier niño inscrito por el abajo firmante en el programa, en consideración de la participación en este programa, acuerda indemnizar y mantener indemne, y liberar, renunciar y exonerar a la Ciudad de San Rafael de cualquier manera conectada con la participación por el abajo firmante o del niño inscrito en este programa, incluyendo lesiones a causa de negligencia activa o pasiva de la Ciudad, sus oficiales, y empleados. HE LEÍDO EL ACUERDO DE LIBERACIÓN Y MANTENIMIENTO INDEMNEMENTO Y LO ENTIENDO PERFECTAMENTE Y ASUMO LOS RIESGOS POR CUALQUIER LESIÓN Y CUALQUIER DAÑO SUFRIDO EN LA PROPIEDAD. También certifico que yo (o cualquiera de mis niños) son conocedores de todos los reglamentos de conducta apropiada a la actividad arriba mencionada. Ninguno, yo o mis niños tenemos ninguna lesión física, condición, discapacidad o debilidad que pudiera interferir con la participación segura en la actividad. Yo reconozco que lesiones corporales y daños a la propiedad pueden ser sostenidas mediante la participación en esta actividad y reconozco que yo/nosotros voluntariamente aceptamos los riesgos de lesión a personas o propiedad.

Firma del Apicante _____

Fecha: ____ / ____ / ____

Con mis iniciales, yo doy permiso a la Ciudad de San Rafael de usar cualquier y/o todas las fotografías mías y/o mis niños para futuras publicaciones de la agencia. Yo entiendo que mi nombre o el de mi niño o mis niños no será publicado en ningún momento en ninguna publicación. Yo doy mi permiso de que una fotografía de mi niño(s) sea usada por la Ciudad de San Rafael con propósito de marketing. Iniciales _____

4. PAGO

Los pagos con tarjeta de crédito se procesan a través de nuestro sistema de registro en CityofSanRafael.org/Recreation. También puede pagar con tarjeta de crédito, cheque o efectivo en persona en nuestro centro comunitario.

San Rafael Community Center
618 B Street

Terra Linda Community Center
670 Del Ganado

Albert J. Boro Community Center
50 Canal Street



SAN RAFAEL

THE CITY WITH A MISSION

618 B Street
San Rafael, CA 94901

PRSR STD
US POSTAGE
PAID
SAN RAFAEL, CA
PERMIT #212

*****ECRWSEDDM*****

RESIDENTIAL CUSTOMER

Let's Spend **Summer** Together!

**Join us for new camps
along with your favorites!**

Camp Registration Begins March 6, 2024

Swimming, Language, Technology
Theater, Junior Lifeguards, Cooking
Ceramics, and more . . .

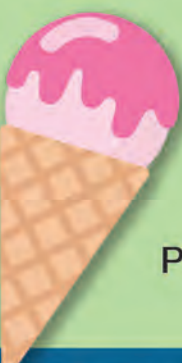
Our Childcare Kid's Camps include

Weekly Field Trips
Swimming Days
Cooking
Arts & Crafts

and lots of other fun activities!

Weekly Sessions
Six School Age Locations

Professional, Caring & Enthusiastic Staff



Terra Linda Pool

Swim Lessons
Camp TL
Pool Party Packages
Tot Pool
Lifeguard Training



Look Inside for Our Summer Camp Programs