

# Safety is # 1

Please be safe when volunteering so we can keep this program active. All injuries are covered by City's Worker's Compensation policy. If any injury requiring medical attention occurs, please notify the project supervisor immediately.

**VOLUNTEER SERVICE AGREEMENTS MUST BE SIGNED BEFORE WORKING**

## PLEASE:

- **Wear gloves and other protective clothing or equipment appropriate to the task.** Wear sturdy soled boots with good traction. Wear hat or sunscreen in sun. Be easily seen - wear reflective clothing or vest.
- **Beware of sharps!** Sometimes they are hidden amongst the garbage and weeds. *Do NOT* pick up needles, syringes or other dangerous or hazardous materials! Notify a supervisor at once if you come across them.
- **Stay out of the street and a safe distance back from traffic.** Always watch for cars and other people – protect yourself and those you are working with.
- **No power tools, ever.** Only use tools you have been trained in & keep safe distance.
  - **Know where the First Aid Kit is** located (usually at check in table)
  - **Use good back mechanics.** Be careful if you already have any pain or injuries. Work uphill on slopes.
  - **Watch for poison oak,** and other dangerous plants and wildlife. Move slowly.
- **Stay away from homeless activity.** Report it immediately to the project supervisor.

**In an emergency, call 9-1-1 immediately.**

**Poison Oak Looks Like This: Beware!**



All volunteers must *completely* fill out & sign a Volunteer Service Agreement before commencing work.

All YOUTH volunteers must have a Volunteer Service Agreement signed by a parent or *legal* guardian prior to volunteering or they cannot volunteer.

**Have you signed your VSA?**

Thank you. City of San Rafael Volunteers – [www.sanrafaelvolunteers.org](http://www.sanrafaelvolunteers.org)