



## First Responder Specialty Program

Support. Just When You Need It.



First Responders often face extreme stressors in the course of their duties. Those traumatic events can result in profound, long-lasting effects.



**85%** Of firefighters, police, EMTs are exposed to trauma.

**85%** Experience symptoms related to emotional health issues.

## You talked, we listened.

When First Responders want help, they deserve to work with a counselor who understands them and can provide them with the support they need.

In response, Concern developed a specialty panel of counselors to address the specific challenges experienced by First Responders

## First Responder Specialty Panel

- Trauma trained specialists
- Years of experience working with First Responders
- Many are former First Responders
- Many are vetted by First Responder peer review panels
- Located throughout central and northern California
- All are passionate about supporting First Responders and will quickly make themselves available to schedule appointments
- Understanding the likelihood of repeated exposure to traumatic events, our program not only offers10 sessions, but also allows for additional case openings in a year to support First Responders

Employees and eligible dependents can request Concern counseling and work/life services 24/7 by calling or visiting our website.

Call: 800.344.4222 employees.concernhealth.com