

Spring/Summer 2018

LIVE LIFE LOCALLY

SAN RAFAEL COMMUNITY SERVICES DEPARTMENT



It's that time of year! Check out our fun camps and aquatics programs along with our great classes for all ages including fitness, sports, arts & crafts and more!

lifelocally.org



Falkirk
CULTURAL CENTER

2018 Art Exhibitions

MARCH 9 - APRIL 19

***The Falkirk Galleries
Spring Open Juried Show***
Opening Reception
Friday, March 9 • 6pm - 8pm

JULY 13 - August 9

***Falkirk's 130th Anniversary
Celebration Exhibition***
Featuring a collection of works inspired by Falkirk
Mansion as well as a historical showcase of the Mansion
and of City of San Rafael's Sister City - Falkirk, Scotland

MAY 12 - JUNE 23

***2018 Marin Open Studios Special
Exhibition Marin Open Studio Days***
Saturday, May 5 & Sunday, May 6 • 10am - 5pm
Saturday, May 13 & Sunday, May 14 • 10am - 5pm
Artist Reception Friday, May 11 • 6pm - 8pm

SEPTEMBER 14 - OCTOBER 25

Terra Linda Ceramics Group Exhibition
Opening Reception
Friday, September 14 • 6pm - 8pm

NOVEMBER 2 - DECEMBER 20

Día de Los Muertos - Day of the Dead Artist Exhibition
Opening Reception • Friday, November 9 • 6pm - 8pm

1408 MISSION AVE, SAN RAFAEL | 415.485.3328
www.FALKIRKCULTURALCENTER.org

ACTIVITIES GUIDE



SAN RAFAEL
THE CITY WITH A MISSION

Registration Information

Register online anytime, or in-person during business hours at one of our friendly community centers. You can also mail, email or fax your form. See contact information below.

Online Registration

Our improved system makes it easier to view and register for recreational programs, classes and activities and to request facility rentals. You'll also be able to efficiently manage your online account. Visit www.livelifelocally.org to register online.

Payment Options

We accept Cash, Check, Visa, Discover and MasterCard.

Community Centers

San Rafael Community Center

618 B Street
(415) 485-3333 Fax (415) 485-3186
community.services@cityofsanrafael.org

Terra Linda Community Center & Pool

670 Del Ganado Road
(415) 485-3344 Fax (415) 485-3345
Pool (415) 485-3346
terralindapool@cityofsanrafael.org

Albert J. Boro Community Center

50 Canal Street
(415) 485-3077 Fax (415) 485-3186
community.services@cityofsanrafael.org

Falkirk Cultural Center

1408 Mission
(415) 485-3328
falkirk.rentals@cityofsanrafael.org



What you'll find inside

- 5 Message from City Manager
- 6 Albert J. Boro Community Center
- 6 San Rafael Community Center
- 6 Terra Linda Community Center
- 7 Falkirk Cultural Center

8-16 Camps

17-21 Preschool

22 Child Care

23-28 Youth

29-38 Adults

39-40 Seniors

39 Special Events

40 Travel

41-51 Aquatics

53-54 Facility and Picnic Area Rentals

- 55 San Rafael Parks
- 56 Legend
- 57 Library Events & Activities
- 58 Registration Form

Location Codes

ABCC	Albert J. Boro, Community Center	SRCC	San Rafael Community Center
FCC	Falkirk Cultural Center	TLCC	Terra Linda Community Center
HP	Hamilton Pool	TLCP	Terra Linda Community Pool
PP	Pickleweed Park		

El departamento de Servicios Comunitarios - Parques y Recreaciones ofrece programas para todas las edades durante todo el año en nuestros centros. Durante el año escolar, ofrecemos programas después de escuela en las escuelas de Vallecito, Coleman, Glenwood, Mary Silveira, Dixie, Sun Valley y Davidson y durante el verano, ofrecemos varios campamentos para sus hijos al igual de clases de natación!

¿Busca un lugar para sus actividades? Tenemos una gran variedad de instalaciones de alquiler disponibles: Auditorios, Salas de reunión grandes y pequeñas, áreas de BBQ/Picnic para grupos, gimnasios y campos atléticos. Para más información acerca de todo lo que ofrecemos puede ir a nuestra página web www.livelifelocally.org o en persona a nuestros centros comunitarios.



TRY OUR ONLINE REGISTRATION SYSTEM

We're excited to offer a user friendly and convenient online registration system to better serve you.

- Simplified registration process, with the ability to quickly search and filter activities by age range, activity type, or location.
- Easy access to your online account, including records of receipts, activity schedules, and rental contracts.
- A mobile responsive interface that shows the best view regardless of screen size.

www.livelifelocally.org

Other Ways to Register

You can also mail, fax or email the registration form, located at the back of this guide, or walk-in to any of our four Community Centers. See the previous page for addresses and contact information.

If you are registering by mail, please include payment for the full amount. We accept checks payable to the City of San Rafael. Other forms of payment include Visa, MasterCard & Discover by phone. A registration cannot be processed without payment.

Quality Assurance If after attending the first class, you are not happy with the quality of the program, please contact us right away. We welcome your feedback. If you call before the second class, we will give you a full refund. There are no credits for non-attendance, one day workshops, trips or material fees. Our refund policy is different for Summer Camps and Theatre.

Albert Park Improvement Project

The City of San Rafael is currently working with local residents, including the B Team and the Gerstle Park Neighborhood Association, to help improve the Albert Park playground area. The City is providing \$600,000 for the project.

To add more playground features to the park; the B Team is currently fundraising in the community with a goal of \$100,000. So far their efforts have earned over \$24,000 and are gaining momentum.

Want to get involved? Contact the B Team or follow the project on Facebook for more information. Albert Park Playground Redesign Facebook Page: www.facebook.com/AlbertParkPlaygroundRedesign

B Team Facebook Page: www.facebook.com/Bstbeautification

Want a tax-deductible donation? Donate online, by mail, or in person. Details on the Project Web Site: www.livelifelocally.org/albertparkplaygroundredesign



Community Gardens

Canal Community Garden – Plots are currently available for rent. The garden is located at the corner of Bellam Blvd/ Windward Way, next to Picante. Please call (415) 485-3328 or email risadeferrari@cityofsanrafael.org for more information.

Terra Linda Community Garden – Plots are currently available for rent. The garden is located at 360 Nova Albion Way, next to Dixie School District Administration offices. Please call (415) 485-3344 or email terralindapool@cityofsanrafael.org for more information.



Message from City Manager



There is a significant change coming to how your local government works, and I want to make sure you are aware of it. The City of San Rafael has officially started the process of transitioning its election system from at-large, where City

Councilmembers are elected citywide, to a district-based system, where each Councilmember is elected from one of four defined geographic areas within the City, also known as districts. Under this proposed system, the Mayor would continue to be separately elected, and would serve at-large.

You may be wondering: Why now and what's the urgency? Well, this past November, the City received a letter from an attorney alleging "racially-polarized" voting patterns in San Rafael that stem from our current at-large election system. Under the California Voting Rights Act, the City could change to district elections or face a very expensive lawsuit. The process to change to district elections is specific and has strict deadlines.

The City has until April 16, 2018 to create the four district boundaries - and we need your input. From February through mid-April, the City Council will hold five public hearings before officially transitioning to a district-based election system. These hearings, as well as our website, provide an engagement opportunity to discuss topics such as: how are the two systems different, what will change, the composition of the districts, the preparation of draft maps, and the sequence of the elections. To learn more about the transition to district-based elections and to provide feedback on the process, visit www.cityofsanrafael.org/district-elections.

Your City Manager,

Jim Schutz

EVENTS 2018



SAN RAFAEL
THE CITY WITH A MISSION

Downtown San Rafael Market
April through September
Every Thursday 6pm-9pm • Fourth St.
www.sanrafaelmarket.org • 415 717 8077



Art Works Downtown presents
2nd Friday Art Walk
Monthly (2nd Friday)
Fourth St. • 5pm-9pm • 415.451.8119
artworksdowntown.org



Marin County Half Marathon
10k & 5k • Sunday, April 29
www.sustainablesports.org



DocLands Film Festival
May 3-6 • 415.383.5256
www.doclands.com



May Madness Car Show
Saturday, May 12 • Fourth St.
www.MayMadnessSanRafael.com



Italian Street Painting Marin
June 23: 10am-8pm • June 24: 10am-6pm
www.italianstreetpaintingmarin.org
415.884.2423



Toyota San Rafael Sunset
Criterium
July 28 • 2pm-9pm • Fourth St.
www.sanrafaelsunset.com



Marin County Business Showcase
Sep.12 • 4-7pm • Peacock Gap Clubhouse
www.srchamber.com • 415-454-4163

For further information & updates check our website:

City of San Rafael

www.cityofsanrafael.org/events or call 415.485.3465

San Rafael Chamber www.srchamber.com • 415.454.4163

San Rafael Business Improvement District
415.261.7560 • www.downtownsanrafael.org

Falkirk Cultural Center
www.falkirkculturalcenter.org/events-new • 415.485.3328

Albert J. Boro Community Center

50 Canal Street San Rafael
(415) 485-3077

community.services@cityofsanrafael.org

Canal Arts

Arts & crafts projects for the whole family! Join us in the Albert J. Boro Community Center Art Room from 10:30 am to 12:30 pm on April 14, June 9, July 14, and August 11 for food, art and music! This program is brought to you by the Canal Youth & Family Council and the San Rafael Community Services Department. Each class will feature a different art project or holiday theme. FREE TO ALL PARTICIPANTS.



Boro Community Center Open Gym Sports

The Gymnasium in the Albert J. Boro Community Center is open Monday, Wednesday and Friday evenings for drop-in basketball and/or volleyball. Admission is \$2.00 per person and everyone must sign in. No program on City holidays. Schedule is subject to change. Contact the Albert J. Boro Community for exact days and times.

Pickleweed Advisory Board

The Pickleweed Advisory Board is looking for new members. Are you someone who uses this wonderful facility? Perhaps you have used the Pickleweed Park Community Center Gymnasium or soccer fields, taken a class, used the library or participated in one of the many events held at the Center. The Pickleweed Advisory Board decides on the right combination of programs to meet the needs of the community. The Board meets on the first Wednesday of each month. For more information please contact the Albert J. Boro Community Center at 485-3077.

San Rafael Community Center

618 B Street (415) 485-3333

community.services@cityofsanrafael.org

The San Rafael Community Center offers a variety of classes and activities for all ages, from tiny tots to the San Rafael Goldenaires, our older adults program. We provide classes, activities and events including martial arts, dance, creative movement, fitness and theater programs for children, adults and older adults. We also host a Christmas Craft Fair and several theater productions each year. We offer rentals for meetings, seminars, banquets, weddings, fundraisers and more.

Terra Linda Community Center

670 Del Ganado Road (415) 485-3344

terralindapool@cityofsanrafael.org

The Terra Linda Community Center & Pool offers a variety of classes and activities for all ages, including a community pool and adjacent park. The pool is seasonal and usually opens in April and closes in September. Come and enjoy the park, which features a children's playground, basketball court and picnic area with charcoal grills. Rooms are available to rent for parties, classes or receptions.

2ND FRIDAY

Art Walk

downtown San Rafael, 5-8pm

FREE EVENT FOR ALL AGES!

Enjoy galleries, open studios, art exhibits, live music and refreshments throughout downtown San Rafael on the second Friday of each month. For venue listings, visit www.awdartwalk.com during the week of the Art Walk.

- Friday, March 9
- Friday, April 13
- Friday, May 11
- Friday, June 8
- Friday, July 13
- Friday, August 10
- Friday, September 14
- Friday, October 12
- Friday, November 9
- Friday, December 11

Falkirk Cultural Center

1408 Mission Avenue, San Rafael • (415) 485-3328 • www.falkirkculturalcenter.org

Risa De Ferrari, Recreation Coordinator • risa.deferrari@cityofsanrafael.org • (415) 485-3328

2018 Spring & Summer Art Exhibitions

2018 Spring Open Juried Show In The Falkirk Galleries

March 23 - April 26

Opening Reception: Friday, March 23 from 5pm-8pm

Falkirk's Juried Exhibits draw hundreds of Bay Area artists working in all media. Artwork by both established and emerging artists is selected by jurors who are professionals in their field, from curators and educators to artists and gallerists. Jurors are asked to choose from a diverse range of media and themes. These exhibits provide a great opportunity for wide exposure of your art. The openings draw several hundred attendees, and the exhibitions remain on view for 6 weeks.

Our Juror for the 2018 Spring Show is: Lynn Sondag, BFA, MFA, Chair, Associate Professor, Department of Art, Art History, and Design, Dominican University of California

2018 Marin Open Studios Special Exhibition

May 12 - June 23

Falkirk Cultural Center is proud to partner with Marin Open Studios in featuring five outstanding professional artists. We are excited to welcome these artists and to feature an all women show!

Participating Artists: Dorallen Davis, Jessica Green, Cynthia Tom Elaine West & Arlene Whiting

Opening Reception & 2nd Friday Art Walk in Downtown San Rafael

Friday, May 11 from 5pm-8pm

Marin Open Studio Days At Falkirk Mansion

Saturday, May 5 & Sunday May 6 • 11am-6pm

Saturday May 12 & Sunday May 13 • 11am-6pm

Falkirk Mansion Historical Showcase

July 13 - August 9

We'll feature a historical showcase of the Falkirk Mansion, including stories about those that lived here, and architectural and design details. We will also display important from the establishing of Sister City to the City of San Rafael, Falkirk Scotland which is celebrating its 30th anniversary this year.

Opening Reception & 2nd Friday Art Walk in Downtown San Rafael

Friday, July 13 from 5pm-8pm

For more information, please contact us at falkirkart@cityofsanrafael.org or call (415) 485-3328

Activities at Falkirk Cultural Center

Every Thursday, 12pm-1pm

Talk of the Town Toastmasters International

Toastmasters International is a world leader in communication and leadership development. Talk of the Town Toastmasters at Falkirk Cultural Center provides a supportive and positive learning experience in which members are empowered to develop communication and leadership skills, resulting in greater self-confidence and personal growth. First two meetings are free to attend. Prorated annual membership fees required to join.

Every 3rd Thursday Monthly thru May 2018, 7pm-9pm

Free Poetry Reading Series

Hosted by Marin Poetry Center, these readings invite all members of the public to come listen to prominent, nationally recognized poets.

Suggested \$5 donation

Every 4th Thursday Monthly, 7pm-9pm

Free Poetry Workshop

Hosted by Marin Poetry Center, this ongoing poetry workshop is open to the public and invites everyone, from beginners to advanced, to join in sharing, learning, and enhancing the art of poetry.

FREE to public with suggested \$5 donation.

FREE Upcoming Events & Plant Sales

April 14: Native Plant Sale

Marin Master Gardeners & Marin Chapter of The Native Plant Society are bringing back this co-sponsored sale.

May 5: Eco-Friendly Garden Tour of Marin Master Gardener Demonstration Gardens

This event is sponsored by Marin Municipal Water District including Marin and Sonoma Counties. Garden Designers are the Marin Master Gardeners who have established a variety of official demonstration gardens at Falkirk Cultural Center. Before and after photos and planting plans will be available in the historic greenhouse for viewing. Plant lists will be on site and plants are labeled.

May 12: Sexy Succulent Plant Sale

Marin Master Gardeners are hosting their annual succulent sale, on the day before Mother's Day. This sale happens just in time to buy succulents or containers full of succulents for gifts. Visit www.falkirkculturalcenter.org/gardens for more information.

Mondays From 9am-12pm: Free Garden Work Parties With The Experts

The UC MMGs hold work parties every week during the spring and summer at Falkirk Cultural Center. The public is welcome to join and work side by side with the experts in caring and maintaining our official demonstration gardens.

Every 2nd Saturday Monthly, 9am-12pm: Free Workshops & Educational Talks

UC Marin Master Gardeners offer a Continuing Education Talk and Demonstration each month at Falkirk Cultural Center. It's a wonderful way to learn, gain hands-on experience, meet other Master Gardeners, and simply enjoy the beautiful gardens. \$5 suggested donation.

Camps

ARTS AND CRAFTS

Carpentry for Kids Summer Camp

Carpentry for Kids is an education enrichment program for K-6 designed to teach boys and girls practical woodworking skills with an emphasis on the safe use of hand tools. These skills include measuring, fractions, sawing, drilling, rasping, fastening, sanding, shaping, and assembly. In the process of learning these skills, students will have an opportunity to create fun, functional and beautiful projects, and will be exposed to a variety of valuable concepts such as abstract reasoning, applied mathematics, problem solving, craftsmanship, fine motor skills, respect for tools, and patience. This rich opportunity for learning is created by the students' motivation to use tools, and create fun projects. Additional \$60 materials fee paid directly to instructor upon first day of camp. INSTRUCTOR Nat Davis and the Carpentry for Kids Staff have been teaching carpentry skills to K-8 for 14 years and he established Carpentry for Kids in 2008.

Age: 5Y-13Y

DAY	DATE	TIME	FEE	LOC	COURSE
M-F	June 18-22	9:00am-12:00pm	\$190R/\$209N	SRCC	2464
M-F	June 18-22	1:00pm-4:00pm	\$190R/\$209N	SRCC	2465



AQUATICS

Junior Lifeguard Camp

Looking for a few good Junior Lifeguards! Learn what it takes to be a lifeguard. Train to be a Lifeguard. Junior Lifeguards will learn the skills needed to help and respond in emergencies. An introduction into water rescues, entries, head and back injuries and first aid will be covered. Junior lifeguards will work on their swimming skills and endurance so they can be the best they can be when it's time to respond! Junior Lifeguards will learn how to teach swim lessons and will get a chance to shadow a lifeguard and swim instructor and serve as extra eyes on the pool. Games, team building and new fun challenges daily. Participants must be able to swim at least two lengths of the pool and be able to submerge to the bottom of the pool with little assistance. Participants should pack a lunch, swim suit and towel along with closed toed shoes and sunscreen. This program is for those that enjoy being at the pool, working with others and want to learn what it takes to be a lifeguard.

Age: 10Y-12Y

DAY	DATE	TIME	FEE	LOC	COURSE
M-F	June 25-29	8:30am-2:30pm	\$150R/\$165N	TLCC	2651
M-F	July 23-27	8:30am-2:30pm	\$150R/\$165N	TLCC	2649
M-F	July 30-Aug 3	8:30am-2:30pm	\$150R/\$165N	HCP	2650
M-F	Aug 6-10	8:30am-2:30pm	\$150R/\$165N	HCP	2652



Splash Camp

Summer camp and swim lessons all rolled into one. Games, arts and crafts, playground time, supervised pool time and sports all packed into a week full of fun in the sun. In addition children will receive four thirty minute swim lessons. Children will be assigned to a swim level and instructor based on swimming experience. Please have your child pack a snack, lunch, swim suit, towel and closed toed shoes they can run in. Camp is held outside so please have your child wear and pack sunscreen. Sign up for more than one week and receive \$5 off each week registered. To qualify for discount, multiple sessions must be registered for at the same time. Discount does not automatically apply online, so you must register through the Terra Linda Community Center to receive the multiple session discount. **Entering 1st grade to entering 2nd grade.**



DAY	DATE	TIME	THEME	FEE	LOC	COURSE
M-F	June 18-22	8:00am-1:30pm	Under The Sea	\$165R/\$180N	TLCP	2653
M-F	June 25-29	8:00am-1:30pm	Disney	\$165R/\$180N	TLCP	2654
M-F	July 9-13	8:00am-1:30pm	Wizard Academy	\$165R/\$180N	TLCP	2655
M-F	July 30-Aug 3	8:00am-1:30pm	Super Hero	\$165R/\$180N	TLCP	2656
M-F	Aug 6-10	8:00am-1:30pm	Wild Wild West	\$165R/\$180N	TLCP	2657
M-F	June 18-22	8:00am-1:30pm	Under The Sea	\$165R/\$180N	HP	2658
M-F	June 25-29	8:00am-1:30pm	Disney	\$165R/\$180N	HP	2659
M-F	July 9-13	8:00am-1:30pm	Wizard Academy	\$165R/\$180N	HP	2660
M-F	July 16-20	8:00am-1:30pm	Spy School	\$165R/\$180N	HP	2661
M-F	July 23-27	8:00am-1:30pm	Hawaiian Vacation	\$165R/\$180N	HP	2662
M-F	July 30-Aug 3	8:00am-1:30pm	Super Hero	\$165R/\$180N	HP	2663

COOKING

Cooking Camp

Learn to chop, stir and sauté! Young Chefs will learn cooking techniques and skills to create a variety of dishes to share with friends and family. No need to bring a lunch or snacks to camp as campers will prepare their own food at camp and enjoy it during or at the end of the day! There will be an emphasis on healthy yet tasty foods and campers will take home their very own cookbook at the end of camp. INSTRUCTOR Cynthia Easterday has worked in after school programming for the last 10 years and has recently begun a new career as an elementary school teacher. Cooking has always brought about wonderful memories for her as a child, from helping her grandmother knead bread to creating holiday cookie baskets with her mom. She believes in the importance of guiding children through the joy of being creative in cooking with an emphasis on healthy choices and fresh foods.

Age: 7Y-12Y

DAY	DATE	TIME	FEE	LOC	COURSE
M-F	June 25-29	9:00am-1:00pm	\$200R/\$210N	SRCC	1989
M-F	July 9-13	9:00am-1:00pm	\$200R/\$210N	SRCC	1990



Cooking Camp - Advanced

Already have some cooking camp experience under your belt and want to dive deeper? Learn more about creating your own dishes by choosing ingredients you want to use, learn the chemistry in cooking and baking, and build on prior knowledge in order to become a true master chef! Campers will be using chefs' tools and working around ovens and stove tops, so kitchen safety is a must. Join us on a culinary adventure! INSTRUCTOR Cynthia Easterday has worked in after school programming for the last 10 years and has recently begun a new career as an elementary school teacher. Cooking has always brought about wonderful memories for her as a child, from helping her grandmother knead bread to creating holiday cookie baskets with her mom. She believes in the importance of guiding children through the joy of being creative in cooking with an emphasis on healthy choices and fresh foods.

Age: 10Y-12Y

DAY	DATE	TIME	FEE	LOC	COURSE
M-F	July 23-27	9:00am-1:00pm	\$200R/\$210N	SRCC	1991

DANCE

Kid Dance Brigade, World Dance

The KDB 'World Dance' Summer Camp offers an exploration of the dances of Europe, the Pacific Islands, North Africa and South Asia for incoming 1st- 5th graders. Campers will jingle tambourines in the Italian Tarantella, stomp their feet in the Haka - a New Zealand Maori warrior dance, kick up their heels in the Indian Bollywood and proudly twirl canes and scarves in the dances of Egypt. Camp days will also include art projects and outdoor activities. There will be an informal performance on Friday June 22nd at 3:00pm. INSTRUCTORS Tom Maycock is the Director of the Kid Dance Brigade After School Program and Summer Camp. Hannah Romanowsky is the director of DanceVersity, a multicultural youth arts education program, and on faculty with the Ballet Afsaneh. Both Hannah and Tom are popular teachers of eastern and western dance for all ages.

Age: 6Y-10Y

Sun Valley Elementary School

DAY	DATE	TIME	FEE	COURSE
M-F	June 18-22	9:00am-3:00pm	\$334/R/\$350N	2298

Ballet Camp/Sleeping Beauty

Sleeping Beauty: Music by Tchaikovsky. A familiar favorite ballet. The premise: The King and his Queen have welcomed their first child, Princess Aurora, and declare a grand christening ceremony to honor her. Six fairies are invited to the ceremony to bestow gifts on the child. Each fairy represents a virtue or positive trait, such as beauty, courage, sweetness, musical talent, and mischief. The theme of fairies will be very prominent during this week!

Age: 6Y-8Y

DAY	DATE	TIME	FEE	LOC	COURSE
M-F	Aug 13-17	9:00am-2:00pm	\$400R/\$440N	TLCC	2746

GOOD TIMES CAMPS

Camp Lemonade

Come and join us for a fun first camp experience! Camp Lemonade emphasizes learning through experiences in arts and crafts, movement games, songs and stories. Camp fees include: daily snack and camp T-shirt. Camp Lemonade is based at the beautiful Falkirk Mansion. Children must be 3 years old and potty-trained to participate in camp!

Age: 3Y-5Y

DAY	DATE	TIME	FEE	LOC	COURSE
M-F	June 18-22	9:00am-12:00pm	\$140R/\$147N	FCC	2299
M-F	June 25-29	9:00am-12:00pm	\$140R/\$147N	FCC	2300

Kindergarten Camp

Kindergarten Camp is a fun-filled, child centered camp run by Kindergarten teachers. Our program is designed to introduce your child to the Kindergarten environment in a stress-free way that will build friendships and chase away the first day butterflies! Please note: these programs are offered for Kindergarteners enrolled in the following schools: Coleman, Glenwood, and Sun Valley. Please be sure to register your child in the camp where your child will be attending Kindergarten for the 2018-2019 School Year! In the camp session, we will provide fun projects and activities that will engage the imagination and promote creativity. With activity centers like letter and number practice, outdoor games, drawing and painting...there will be something for every child to do! The activities will vary greatly from day to day to keep the children excited and engaged!

Age: 4Y-6Y

Sun Valley Elementary School

DAY	DATE	TIME	FEE	COURSE
M-F	Aug 13-17	9:00am-12:00pm	\$200R/\$226N	2266

Glenwood Elementary School

DAY	DATE	TIME	FEE	COURSE
M-F	Aug 13-17	9:00am-12:00pm	\$200R/\$226N	2266

Coleman Elementary School

DAY	DATE	TIME	FEE	COURSE
M-F	Aug13-17	9:00am-12:00pm	\$200R/\$226N	2266



Outdoor Adventures

Outdoor Adventures is a great way for your 'expert camper' to discover the unique features of the Bay Area. Our experienced camp counselors lead daily outings such as: Trips to favorite spots like Stinson Beach, Samuel P Taylor Park, Rebounderz Indoor Trampolines, Cal Skate, Scandia, and Exploring San Francisco. Outdoor Adventurers will meet each morning at the San Rafael Community Center, located at 618 B Street, and head out 'on location' for the camp day. Camp weekly itineraries will be available in early June and we will be offering some different trips this summer. Space is limited, register soon!

Age: 8Y-12Y

DAY	DATE	TIME	FEE	LOC	COURSE
M-F	July 9-13	9:00am-3:00pm	\$275R/\$289N	SRCC	2256
M-F	July 16-20	9:00am-3:00pm	\$275R/\$289N	SRCC	2257
M-F	Aug 6-10	9:00am-3:00pm	\$275R/\$289N	SRCC	2258

IMAGINATION & INVENTION

Techsplosion - Minecraft Challenge

Spawn into the curious world of Minecraft Learn the fundamentals of video game design as you create epic worlds with the help of your fellow campers and command-line coding in World-Edit, make awesome screen-casts like your favorite YouTubers, and during free time, compete in Minecraft Hunger Games, Sky Wars, and More. This is the Minecraft summer camp you've been waiting for! Please Note: there will be no camp held on Wednesday, July 4, 2018 in observance of Independence Day.

Age: 7Y-12Y

DAY	DATE	TIME	FEE	LOC	COURSE
M-F	July 2-6	9:00am-4:00pm	\$350R/\$368N	SRCC	1980

Techsplosion - Minecraft Animated

Get ready to use cameras and Minecraft characters to create amazing stop-motion animation movies. Whether your story is about fighting the wither, going on an adventure, or building the coolest pixel art in the overworld, you'll have an opportunity to tell it at Minecraft, Animated. We'll create real-life sets as we learn about stop-motion animation (think Wallace and Gromit!), then film, edit, and upload our creations to YouTube.

Age: 5Y-7Y

DAY	DATE	TIME	FEE	LOC	COURSE
M-F	July 16-20	9:00am-12:00pm	\$215R/\$226N	SRCC	1983

Techsplosion - Xtreme Minecraft

It's time to take your craft to the next level. We'll learn the basics of coding mods using Java and Eclipse IDE, and dive deep into video production and game design concepts. We'll focus on what makes great games, screen-casts and mods great. We'll learn to use a variety of powerful tools to help make our ideas a reality.

Age: 10Y-14Y

DAY	DATE	TIME	FEE	LOC	COURSE
M-F	July 30-Aug 3	9:00am-4:00pm	\$470R/\$494N	SRCC	1988



Techsplosion - YouTube Stars

Do you get excited about trick shots, game reviews, vlogs, or something even cooler? At YouTube Stars, we'll work together to plan, film, edit, upload, and promote our own videos on YouTube! We'll learn how to use Android smartphones and readily available software to go from start to finish without using a computer. PARENT ACTION REQUIRED: Visit techsplosion.org/youtube to configure your child's YouTube channel and learn about how we keep your kids safe online.

Age: 7Y-12Y

DAY	DATE	TIME	FEE	LOC	COURSE
M-F	July 16-20	1:00pm-4:00pm	\$250R/\$263N	SRCC	1987

STEM Exploration Camp

Incoming students in grades 1-3 will enjoy a variety of STEAM (Science, Technology, Engineering, Art and Math) activities. We will incorporate reading, math, science and even a little reader's theatre as we explore the chemistry of invisible ink, the engineering of #D structures, computer coding, snap circuits, ice orbs, crafting bath bombs, and other fun activities. INSTRUCTOR: Maribeth Davies has had over 15 years of classroom experience and specializes in multi-age instruction.

Age: 6Y-8Y

Glenwood Elementary School

DAY	DATE	TIME	FEE	COURSE
M-F	Aug 13- 17	9:00am-12:00pm	\$220R/\$240N	2301

LANGUAGE

Around the World in Spanish

Total immersion summer program in Spanish. All of our students will take a weekly journey to discover a variety of Latin American countries. When the student "arrives" in the designated country of the week, Spanish will be the only language spoken. All lessons, games, sports, entertainment, and even lunch time will be in Spanish. Camp is held at the beautiful Falkirk Mansion.

Age: 5Y-12Y

DAY	DATE	TIME	FEE	LOC	COURSE
M-F	July 9-13	9:00am-3:00pm	\$335R/\$352N	FCC	2250
M-F	July 23-27	9:00am-3:00pm	\$335R/\$352N	FCC	2251



SPORTS AND GAMES

Basketball Clinic with Coach Jim

Get ready for the upcoming basketball season! Boys and girls in grades 3-6 will work hard and feel good about themselves in a disciplined highly structured, motivated environment of fun! Positive encouragement and fundamental focus are the trademarks for these skill sessions. Players will learn to work together in a teaching setting. Daily work will be directed toward the hands, feet and body balance. The majority of the time will be spent with drills designed to teach the fundamentals of basketball. Please be sure to wear appropriate shoes. And bring a lunch and water bottle every day. INSTRUCTOR Jim Hallroan has been coaching youth basketball for the past 8 years and at the High School level for the past 3 years. Jim played basketball through high school and played on the 1982 Drake High State Championship basketball team.

Age: 8Y-12Y

Glenwood Elementary School

DAY	DATE	TIME	FEE	COURSE
M-F	July 16-20	9:00am-3:00pm	\$220R/\$231N	2715

Glenwood Sports -O- Rama

Girls and boys team together to learn sports skills, play games and compete in tournaments with Glenwood's Coach Jim! Self-confidence, good sportsmanship and FUN are emphasized. Don't miss Coneball, Capture the Flag, Gaga Ball, Dr. Dr. Dodgeball, Home Run Derby, Flag Football and much more! Campers will need to bring a bag lunch, water bottle and wear appropriate shoes to camp each day. INSTRUCTOR Jim Hallroan has been working with youth in camps, afterschool, coaching and P.E. settings for over 20 years in San Rafael.

Age: 5Y-12Y

Glenwood Elementary School

DAY	DATE	TIME	FEE	COURSE
M-F	June 18-22	9:00am-3:00pm	\$220R/\$231N	2716
M-F	July 30-Aug 3	9:00am-3:00pm	\$220R/\$231N	2717
M-F	Aug 13-17	9:00am-3:00pm	\$220R/\$231N	2718

Kick It Camp

Kick It Camp is four hours of soccer fun for campers ages 6-12. A typical day includes a warm-up, tag games, relay races, team building activities, and partner, individual and group activities concluding in a game of World Cup! Kick It Camp is a great way for your camper to build confidence and learn team work while improving their soccer skills. INSTRUCTORS: All Super Soccer Stars coaches share two passions: a passion for soccer and a passion with working with children. Within this frame work, our coaches bring an eclectic mix of talents and backgrounds: collectively, they are artists, musicians, teachers, students, and more. Such diversity allows each coach to bring a unique patience, energy, and creative flair to every class.

Age: 6Y-12Y

Albert Park Field

DAY	DATE	TIME	FEE	LOC	COURSE
M-F	June 25-29	9:00am-1:00pm	\$240R/\$252N	APF	2714

Marin Juniors Volleystart Summer Camp

Come and join us at our 10th Annual Camp designed for incoming 2nd - 6th graders. This intensive, fast-paced camp that develops the skills and love needed for the game of Volleyball! We'll offer games, contests, prizes, and a bunch of other fun activities in the best coach to player ratio, 4-1, of any camp in Marin. Simply Marin's best volleyball camp! Instructors Led by former Championship winning UC-Berkley Head Men's Volleyball Coach and USA Indoor Professional League coach, Kevin Seeley, and assisted by head Women's coach at College of Marin and former College standout, Lisa Gera.

Age: 7Y-12Y

DAY	DATE	TIME	FEE	LOC	COURSE
M-F	June 18-22	9:00am-3:00pm	\$375R/\$395N	ABCC	2112
M-F	July 9-13	9:00am-3:00pm	\$375R/\$395N	ABCC	2113



Marin Juniors Club Summer Camp

This camp is designed for Incoming 5th - 6th graders. Intensive Skills and Advanced Fast-Paced Play for Club Level Volleyball players only. This camp has age/grade groups specifically set up for each camp, please see below for more information. Instructors Led by former Championship winning UC-Berkley Head Men's Volleyball Coach and USA Indoor Professional League coach, Kevin Seeley, and assisted by head Women's coach at College of Marin and former College standout, Lisa Gera.

Age: 9Y-14Y

Incoming 5th & 6th Graders

DAY	DATE	TIME	FEE	LOC	COURSE
M-F	June 25-29	9:00am-3:00pm	\$400R/\$420N	ABCC	2114

Incoming 13's (7th Graders)

DAY	DATE	TIME	FEE	LOC	COURSE
M-F	July 16-20	9:00am-11:45am	\$200R/\$210N	ABCC	2115

Incoming 14's (8th Graders)

DAY	DATE	TIME	FEE	LOC	COURSE
M-F	July 16-20	12:15pm-3:00pm	\$200R/\$210N	ABCC	2116



Sports, Crafts & More with Susan Huffman!

Join us for a five-day sports and crafts camp. Kids will learn a variety of creative and athletic skills. It will be a fun-filled, action packed week full of adventures including basketball, volleyball, frisbee, parachute games, and more! After some fun in the sun, campers can cool down with some arts and crafts. All crafts are easy to learn with terrific results that you'll definitely want to hang on the fridge! *A \$10 materials fee will need to be paid to the instructor on the first day of camp. INSTRUCTOR Camp Director, Susan Huffman, is currently a physical education teacher at Sun Valley Elementary School and is a credentialed teacher with 10 years teaching experience and almost 20 years of experience in coaching.

Age: 6Y-11Y

DAY	DATE	TIME	FEE	LOC	COURSE
M-F	July 9-13	9:00am-12:00pm	\$170R/\$179N	SVE	2196



Sun Valley Summer Camp

Join Coach Jackson for Dodge Ball, Soccer, Water Pistols, Tag Games and a Pizza Lunch on Fridays! The focus of this camp will be on sportsmanship and teamwork, personal athletic growth, confidence and body control. Instructor Jackson Lombardi is the PE Instructor at Sun Valley School.

Age: 5Y-12Y

Sun Valley Elementary School

DAY	DATE	TIME	FEE	LOC	COURSE
M-F	June 18-22	9:00am-3:00pm	\$290R/\$305N	SVE	2199
M-F	June 25-29	9:00am-3:00pm	\$290R/\$305N	SVE	2207

Z-Experience Fishing Camp

This program offers boys and girls a chance to enjoy and explore the wonder of the outdoors. The camp is for fishing enthusiasts who would like to learn or improve on basic / advanced techniques for fishing Lakes, Ocean and Bay waters. Campers will be hiking to remote fishing spots and endure rugged conditions to find that trophy fish! One day of camp will be spent on the 50-foot New Rayann, a chartered fishing boat fishing the Bay or Ocean! The total fees for this course have increased to \$550 (residents of San Rafael) due to the raised cost of the boat charter and materials fees. INSTRUCTOR Zane Wiley has worked with children for 40 years. He is currently the Athletic Director and Physical Education teacher at Brandeis Marin. Zane has developed and directed youth programs all over Marin County and the Bay Area.

Age: 8Y-15Y

DAY	DATE	TIME	FEE	LOC	COURSE
M-F	June 18-22	9:00am-4:00pm	\$550R/\$578N	SRCC	2252
M-F	June 25-29	9:00am-4:00pm	\$550R/\$578N	SRCC	2253
M-F	July 23-27	9:00am-4:00pm	\$550R/\$578N	SRCC	2254
M-F	July 30-Aug 3	9:00am-4:00pm	\$550R/\$578N	SRCC	2255



Triathlon Camp at Hamilton Pool

Kids will have FUN learning and improving upon their ability to swim, bike and run as well as learning about bike safety, bike maintenance and how to quickly transition between swimming, biking and running during a race. All kids at all levels are welcome. The goal is for kids to have fun and learn something they can do for life that will help their self-empowerment, their fitness and their discipline. Please bring a sack lunch, sun screen, a water bottle, a bicycle with gears, a bike helmet, swim goggles, bathing suit, 1-2 towels and running shoes. INSTRUCTOR Graham Balch is an All-American triathlete, triathlon coach, college runner and high school teacher and Meredith Cox college swimmer, cross country coach and middle school teacher

Age: 6Y-15Y

DAY	DATE	TIME	FEE	LOC	COURSE
M-F	June 18-22	9:00am-1:00pm	\$190R/\$209N	HP	2666

PERSONAL GROWTH

Babysitter University

Babysitter University is geared for those who are entering 6th to entering 8th grades. Become a role model for children! This camp is an action-packed week where you will learn skills that can help you become a great babysitter! At the end of the week you will be American Red Cross certified in Babysitter Training including Pediatric First Aid and CPR. In addition, in this course we will learn how to safely build your babysitting business as well as how to facilitate a safe play environment, prevent accidents, and respond to emergencies. We'll cover basic caregiving, age appropriate games, play and activities. We will also learn First Aid and CPR for Infants and Children, both of which will make you a knowledgeable babysitter. Games, team building exercises and plenty of fun in the sun! Course fee includes handbook, CD-Rom to keep for future use and reference. Participants must pass a written and skills test to be certified in First Aid and CPR.

Age: 11Y-14Y

DAY	DATE	TIME	FEE	LOC	COURSE
M-F	June 18-22	8:30am-2:30pm	\$175R/\$192N	TLCC	2664
M-F	June 25-29	8:30am-2:30pm	\$175R/\$192N	TLCC	2665

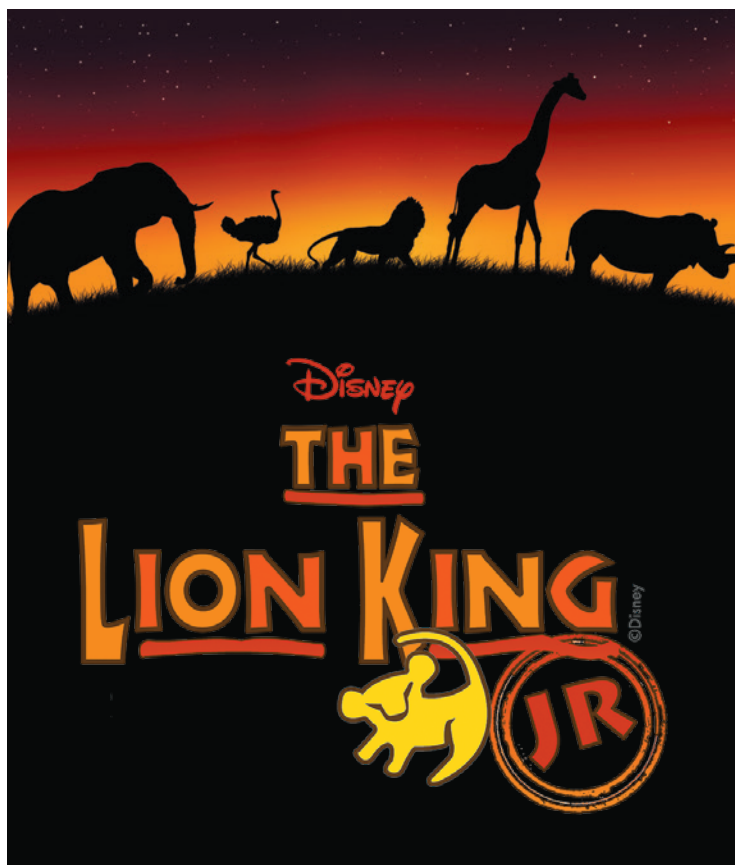
THEATER

Summer Theatrical Camp, Disney's The Lion King, Jr.

This summer be a part of the beloved musical "The Lion King" featuring favorite numbers such as "Circle of Life" and "Can You Feel the Love Tonight". Simba our hero, must overcome his fear and self-doubt along with his friends Timon, Pumbaa, Nala and more. Auditions will be held Wednesday April 4th & Friday April 6 from 3:30 - 5:30pm at the San Rafael Community Center. A \$50 non-refundable Audition fee is due at auditions and should be made payable to Pied Piper Productions. Rehearsals will be held at the San Rafael Community Center, 618 B Street, Monday - Thursday from 1:00pm- 3:30pm beginning June 18 through July 22, 2018. Performance will be held at the Marin Showcase Theater July 20, 21, & 22. Director Sonia Perozzi is a singer and actress who has been involved in theatre productions, films and voice-over projects throughout the Bay Area and Los Angeles. She received her BA in Music & Vocal Performance from SSU and has had the joy of teaching and working with youth theatre.

Age: 7Y-12Y

DAY	DATE	TIME	FEE	LOC	COURSE
M-F	June 18-July 19	9:00am-3:00pm	\$525R/\$552N	SRCC	2466





Summer Theatrical Camp, HAIR

HAIR! celebrates the 60's counter culture in all its barefoot, long haired, bell bottomed glory! With its infectious energetic rock music this show wows audiences with songs such as Aquarius, Good Morning Sunshine, and Hair. Under the direction of Sharon Boucher, students ages 12 -19 years will be introduced to music, dance, and acting, culminating in a series of performances for the community. Auditions will be held on Wednesday March 21 from 5 :00 7:00pm at the San Rafael Community Center. Call backs will be on Friday March 23 from 5:00 - 7:00pm. A \$50 non-refundable placement fee will be charged at auditions payable to Pied Piper Productions. Rehearsals will be held at the San Rafael Community Center, 618 B Street, Monday through Thursday from 3:30 - 6:00pm beginning June 25 -July 26. Performances will be held at the Marin Center Showcase Theater July 27, 28, & 29. Due to the mature nature of this production, parental discretion advised.

Age: 12Y-18Y

DAY	DATE	TIME	FEE	LOC	COURSE
M-F	June 25-July 26	9:00am-3:00pm	\$525R/\$552N	SRCC	2467

Preschool

Arts & Crafts

Jumping Jacks

San Rafael Community Center

Jumping Jacks is an hour-long class that consists of activities that encourage creative movement, balance and hand-eye coordination. These activities are done in a high-energy, fun-filled atmosphere. The first half of each class is free play-parents/ caretakers are expected to have fun interacting with their child/ children. The last half hour of class is group time, have fun dancing with scarves, playing with the parachute and of course popping bubbles! Come & check out this fun program! Call 485-3333 for details!

Tuesdays and Thursdays

Jump-up Class: 9:30am-10:30am is for children crawling to 26 months
High Jump: 10:45am-11:45am is for children 26 months - 4 years Fees: 6 classes for \$54, 12 classes for \$96. Drop-in fee is \$10. There is a 25% sibling discount available. Age: 6M-4Y

Jumping Jacks Art & Sensory Workshop

San Rafael Community

Come and get messy at this fun first art class with all of your Jumping Jacks friends! Annie will provide a playful, nurturing and process oriented environment where little hands can explore and experiment with a variety of materials and tools. This class is parent/guardian participation... Just like Jumping Jacks! Come get creative with your little one! Babies are welcome, but most activities will be appropriate for children 18 months-4 years old. No class on March 2, April 20 & 27, 2018. INSTRUCTOR: Theresa Odisio is a 2nd grade teacher at Bacich Elementary School in Kentfield and mom to 1 1/2 year old, Grayson. She has been teaching for five years and has more than 10 years' experience working with children in recreation. She loves following the children's lead, letting them explore and even get a little messy!

Fridays 9:30am - 11:00am

Fees: 6 classes for \$54, 12 classes for \$96.
Drop-in fee is \$10. There is a 25% sibling discount available.

Athletics

Sports Kick & Play

Caregiver/Child Participation Class

Kick & Play is a parent-child pre-soccer and movement program specifically designed for toddlers between 12 and 24 months. Our experienced instructors along with our puppet friends, Mimi & Pepe, take you and your little one through a world of exciting physical activity. Individual attention, positive reinforcement, and engaging original music help to develop pre-soccer skills that will have your toddler learning to balance, run, kick and play-all while having a blast! Parent participation required.

Age: 12M-24M

DAY	DATE	TIME	FEE	LOC	COURSE
Su	April 8-June 24	9:50am-10:30am	\$235R/\$247N	SRCC	2339
Su	July 1-29	9:50am-10:30am	\$115R/\$121N	SRCC	2340
Su	Aug 5-26	9:50am-10:30am	\$95R/\$100N	SRCC	2341

Preschool Programs

Parkside Children's Center is located at 51 Albert Park Lane near downtown San Rafael. This state-licensed preschool program serves 48 children between the ages of 3 and 5. Parkside Preschool provides a developmentally appropriate, play-based program that focuses on exploration, discovery, and social interaction. Activities are planned and presented to spark a child's sense of curiosity and wonder. The stimulating and supportive environment, coupled with caring professionals, nurtures a love for learning with an emphasis on problem solving, self-regulation, and creativity. For more information please call 485-3388.

Pickleweed Preschool is located in the Pickleweed Children's Center, 40 Canal Street at the Pickleweed Community Center. Pickleweed Preschool is a State-funded, part-day preschool program that readies low-income children for their first year of elementary school. We are a Montessori based Preschool program that offers a range of experiences in activity centers that encourage and foster children's play and independence. Children will participate in movement and circle activities, receive academic support and learn practical life skills, social skills and play. All activities will encourage Children's English Language Development. For eligibility requirements and an application please call 485-3101.





Soccer Development Class

Every 2-3 year old Super Soccer Stars class includes an introduction to physical activities, rich language exposure, and movements such as running, hopping, jumping and changing directions. The focal point of this age group is to improve your child's natural development through our fun, physical learning experience allowing your child to improve their natural ability.

Age: 2Y-3Y

DAY	DATE	TIME	FEE	LOC	COURSE
Su	April 8-June 24	10:35am-11:15am	\$235R/\$247N	SRCC	2342
Su	July 1-July 29	10:35am-11:15am	\$115R/\$121N	SRCC	2343
Su	Aug 5-Aug 26	10:35am-11:15am	\$95R/\$100N	SRCC	2344

Soccer Development Class

The focal point of this age group is for your child to become comfortable with the ball by developing soccer skills such as dribbling, shooting and the introduction of passing. Every class includes dynamic activities, which involve dribbling technique, and moves to promote confidence with the ball. The primary focus will be body movement with the ball and your child will be introduced to juggling and other skill-building activities. The concepts of teammates and teamwork are also introduced.

Age: 3Y-5Y

DAY	DATE	TIME	FEE	LOC	COURSE
Su	April 8-June 24	9:00am-9:45am	\$235R/\$247N	SRCC	2345
Su	July 1-July 29	9:00am-9:45am	\$115R/\$121N	SRCC	2346
Su	Aug 5-26	9:00am-9:45am	\$95R/\$100N	SRCC	2347



Dance

Pre-Ballet Ages 2-3

Moms, dads & caregivers are encouraged to participate in this fun introduction to creative movement & dance. This playful class improves motor skills & social skills; develops musicality and builds self-confidence. Children learn to follow the teacher in rhythm to a variety of music. They hop like frogs, tip toe like mice and have a fun time with props like balls & scarves. Wear comfortable clothing that is easy to move in. Children must be 2-years-old by the first day of class. INSTRUCTOR Matrisha Person is trained in ballet, tap & theater arts. She has been teaching dance to young children for over 20 years. With her creative and nurturing technique she inspires children to dance & learn while having fun. Visit matrishadance.com for information & class schedule options.

Age: 2Y-3Y

DAY	DATE	TIME	FEE	LOC	COURSE
Tu	April 17-May 22	9:45am-10:30am	\$84R/\$92N	TLCC	2372

Ballet Classes by Jacqueline Lowe

The ballet classes below are taught by Jacqueline Lowe who has taught ballet and creative dance to children and adults for more than thirty-eight years throughout schools in Marin and San Francisco. In 2008, Jacqueline opened the Joy of Dance Ballet School. Her teaching style supports each child's technical growth in ballet while also taking care to preserve the child's own special way of moving. She teaches classical ballet with discipline, focus, creativity, and FUN to sustain a child's natural "Joy of Dance." Jacqueline supports every child to their fullest potential. Using her professional background as a modern/ballet dancer, as well as a choreographer, she has choreographed many creative and beautiful recitals to showcase her young dancers' talents.

Earliest Ballet

This Mommy/Daddy/Caregiver and ME!" class is a toddler's dance class designed to give you and your toddler a creative, fun way to dance together in the studio and at home. This class is a wonderful introduction to creative movement, improvisation, and rhythm. These wee ones will have a safe, fun, and exciting introduction to dance, and will develop basic comprehension of movement choreographed to music. This class helps develop fine and gross motor skills that are so important and also creates in your child a curiosity and excitement for dance. No Class 8/14.

Ages: 2Y-3Y

DAY	DATE	TIME	FEE	LOC	COURSE
Tu	July 10-Aug 21	10:30am-11:15am	\$90R/\$99N	TLCC	2675

Ballet/Creative Dance

This ballet class is designed to give your young child a wonderful introduction and strong foundation in classical ballet technique with an emphasis on musicality, rhythm, and placement. In this class, students will refine their skills in marching, skipping and leaping, and learn short ballet combinations and choreography. This class is appropriate for children new to ballet and those with previous ballet experience. No Class 8/14.

Ages: 3Y-4Y

DAY	DATE	TIME	FEE	LOC	COURSE
Tu	July 10-Aug 21	11:30am-12:15pm	\$90R/\$99N	TLCC	2676

Ballet/Modern Dance

This children's dance class provides comprehensive ballet as well modern dance training. We emphasize developing core strength through proper alignment and posture. These are all necessary building blocks to ensure a child's safety as the choreography becomes more sophisticated. Through repetition and encouragement, students will build an understanding of the fundamental principles of ballet and modern dance. Each child will be encouraged to reach her or his highest potential. No Class 8/14.

Ages: 4Y-5Y

DAY	DATE	TIME	FEE	LOC	COURSE
Tu	July 10-Aug 21	2:00pm-2:45pm	\$90R/\$99N	TLCC	2678



Birthday Party Packages

Terra Linda Community Center

670 Del Ganado Road, San Rafael

(415) 485-3344 terralindapool@cityofsanrafael.org

Come enjoy your birthday at the community center, which offers access to the park and pool.

BOUNCE HOUSE PARTY

For ages 3 years and older



Children will enjoy a fun-filled party while playing in a bounce house! Package includes a reserved party room with tables and chairs for 3 hours and a bounce house of your choice set up just outside your party room. It is the responsibility of the guests to supervise the use of the bounce house. Maximum of 25 children. Fee: \$340 Refundable Deposit \$100

MARTIAL ARTS PARTY

For ages 3 years and older

The first half of your party will be fast-paced and action-packed, for all guests in a positive, fun and safe environment. Instructor Greg Le Moi will teach your kids basic martial arts techniques in a fun-filled, nonstop 45-minute "workout" that emphasizes courtesy, respect, self control and discipline followed by another 45 minutes of games and activities. Birth-day child will receive a souvenir wooden demo board. Your party package includes reserved party room including tables and chairs for 2.5 hours. Maximum of 20 children. Fee: \$300 Refundable Deposit: \$100

TERRA LINDA POOL PARTY



Your party package includes two reserved tables under a shade structure, pool entry, in & out privileges and free entry for the party organizer and birthday person. Pool parties can be booked during public swim times. Park picnic area available for a minimal fee for pool parties. Please note, for children under 10 years of age, we require the presence of minimum of 2 adults for every 10 children. For patrons between the ages 10 and 18 years we require 2 adults for every 20 children. Fee: \$38/per hour & \$4/per person Refundable De-posit: \$50



Martial Arts

Taekwondo-Kicking Cubs

Our Kicking Cubs program is designed to help children improve their motor skills and enhance their ability to pay attention and follow instructions. All students will experience a safe, fun and exciting learning environment. Le Moi's Martial Arts focuses on each person as an individual and invites them to be the best they can be! A \$40 uniform fee is due to the instructor. INSTRUCTOR Greg Le Moi has been involved with Martial Arts for over 30 years. He has a background in Taekwondo, Jujitsu & Karate. He has taught children & adults of all ages including those with physical and/or developmental disabilities. Le Moi's strives to create tomorrow's leaders, one black belt at a time.

Age: 3Y-4Y

DAY	DATE	TIME	FEE	LOC	COURSE
Tu, Th	April 3-May 24	4:15pm-4:45pm	\$122R/\$134N	TLCC	2187
Tu, Th	June 5- July 26	4:15pm-4:45pm	\$122R/\$134N	TLCC	2188
Tu, Th	Aug 7-Sep 27	4:15pm-4:45pm	\$122R/\$134N	TLCC	2189



Family Capoeira

In these classes we engage children and parents to interact as peers and learn something together, but each one respecting each other's limitations in a very fun and light way. Capoeira movements are complicated for first learners no matter what age you are, so the idea is for child and parent to try something challenging and fun together in a safe environment. This class helps youth to be more outgoing. The musical instruments are another rich part of this class. For more information about our organization and instructors please go to www.abadamarin.com. \$30 Drop-in available.

Age: 3Y & UP

DAY	DATE	TIME	FEE	LOC	COURSE
Sa	June 23-Aug 4	10:00am-11:00am	\$175R/\$184N	SRCC	2418



Toddler Capoeira

Toddlers are introduced to Capoeira in a play-based and nurturing format with musical elements to make them feel comfortable while simultaneously inspiring them to exercise and learn new movements. By incorporating body movement, percussion, music, and singing, Capoeira helps develop balance, coordination, fitness, flexibility, and rhythm. For more information about our organization & instructors please visit www.abadamarin.com. INSTRUCTOR Diego Freitas 'Instructor Prego' has more than 20 years of experience in the art of Capoeira. He is originally from Rio de Janeiro and has taught extensively in Brazil & New York and now trains and works under the guidance and support of ABADÁ-Capoeira San Francisco. \$20 drop-in fee available.

Age: 2.5Y-5Y

DAY	DATE	TIME	FEE	LOC	COURSE
Tu	April 3-May 15	4:15pm-4:45pm	\$96R/\$108N	SRCC	2319
Sa	April 7- June 2	9:00am-9:30am	\$128R/\$135N	SRCC	2422
Tu	May 22-June 26	4:15pm-4:45pm	\$80R/\$90N	SRCC	2320
Tu	July 10-Aug 7	4:15pm-4:45pm	\$80R/\$90N	SRCC	2321

Music

Capoeira Instrument Class

The classes are hands on percussion instruments/rhythm. We will work on the basic skills incorporating improvisation and variations on each instrument. The instruments of Capoeira are the berimbau, atabaque, pandeiro, agogô, clapping and the singing is also part of their experience. Some days the focus will be on one or two instruments only and others the whole "bateria" or grupo. For more information about our organization and instructors please go to www.abadamarin.com. \$30 Drop-in available.

Age: 3Y and UP

DAY	DATE	TIME	FEE	LOC	COURSE
Sa	April 21-May 12	11:30am-12:30pm	\$72R/\$76N	SRCC	2423



Language

Canta Conmigo

To learn a second language was never so fun!! Join our Family Spanish class, Canta Conmigo! designed for kids 1- 4 years old with parent or guardian participation. During the session we will provide tools to parents to encourage the use of Spanish outside of the classroom. This 45-minute class will allow families to interact with Spanish through songs, stories, games and engaging activities. This class is for either first introductions to the language, or to help native, Spanish-speaking families foster continued use of the language. INSTRUCTOR Guadalupe is originally from the Bajio region of Mexico and is the founder of Early Childhood Spanish program of Colors of Spanish. She holds a master in Spanish Language with an emphasis in Early Language acquisition and has pursued numerous music and movement training as she has learned the benefits of this as a vehicle to language learning.

Age: 1Y-4Y

DAY	DATE	TIME	FEE	LOC	COURSE
M	April 16-May 21	9:30am-10:15am	\$150R/\$158N	SRCC	2314
M	April 16-May 21	10:30am-11:15am	\$150R/\$158N	SRCC	2315





School-Age Child Care

Serving the San Rafael and Dixie School Districts, the City of San Rafael offers state-licensed, year-round child care to children in Kindergarten through 5th grade. The centers provide a safe, enriching, and enjoyable atmosphere where school-age children can learn and grow through positive experiences. Our professional staff provides a wide variety of group and individual activities to support and enhance your child's physical, social and emotional development.

Whether you are looking for a part day play experience or full time child care, each center offers a variety of flexible schedules to meet your needs. Please note that our centers have a licensed capacity and program enrollment is first-come first-served, so please contact us early and inquire about rates and availability.

Coleman Children's Center

Coleman Elementary School
800 Belle Avenue, San Rafael 94901
Director: Theresa Fullmer
Phone: 485-3121

Dixie Children's Center

Dixie Elementary School
1175 Idylberry Road, San Rafael 94903
Director: Gaby Farias
Phone: 485-3189

Glenwood Children's Center

Glenwood Elementary School
25 W.Castlewood Drive, San Rafael 94901
Director: Jocelyn Hallroan
Phone: 485-3102

Mary Silveira Children's Center

Mary Silveira Elementary School
375 Blackstone Drive, San Rafael 94903
Director: Angie Stunz
Phone: 485-3190

Parkside Children's Center

51 Albert Park Lane, San Rafael 94901
Director: Sonda Sockolov
Phone: 485-3387

Vallecito Children's Center

Vallecito Elementary School
50 Nova Albion Way, San Rafael 94903
Directors: Trisha Cerutti-Saylors & Jannette Braa
Phone: 485-3103

Venetia Valley Children's Center

Venetia Valley Elementary School
177N San Pedro Road, San Rafael 94903
Director: Diana Muller
Phone: 485-3105



WE'RE HIRING!

Make a difference and come work for the City of San Rafael Childcare Department

www.livelifelocally.org/child-care-jobs/

To learn more about working with us, contact Kelly Albrecht at (415) 485-3386.

Youth

Arts & Crafts

Clay Time

Join this artistic group of children who love creating in clay. Students will learn slab building, coiling and sculpting. A new project is demonstrated each class and individual expression is encouraged. There will be many opportunities to explore glazing. All levels are welcome. Bring a notebook with your ideas to first class. Sign up early class size is limited. There is a \$20 material fee due to the instructor during the first class. INSTRUCTOR Nadia Tarzi-Saccardi is an award-winning ceramic artist from Marin County. Originally from Europe, she began ceramics and sculpture 35 years ago in Strasbourg, France. For the past 10 years she has been teaching ceramics to adults and children across the Bay Area and at the Terra Linda Community Center with Susan Hontalas.

Age: 6Y-8Y

DAY	DATE	TIME	FEE	LOC	COURSE
Tu	May 8-June 5	3:30pm-4:25pm	\$55R/\$61N	TLCC	1361
Tu	July 17-Aug 14	3:30pm-4:25pm	\$55R/\$61N	TLCC	2414



Mud Masters/Teen Clay

Join this artistic group of teens and preteens who love creating in clay. Students will learn slab building, coiling and sculpting. A new project is demonstrated each class and individual expression is encouraged. There will be many opportunities to explore glazing. All levels are welcome. Bring a notebook with your ideas to first class. Sign up early class size is limited. There is a \$20 material fee due to the instructor during the first class. INSTRUCTOR Nadia Tarzi-Saccardi is an award-winning ceramic artist from Marin County. Originally from Europe, she began ceramics and sculpture 30 years ago in Strasbourg, France. For the past 10 years she has been teaching ceramics to adults and children across the Bay Area and at the Terra Linda Community Center with Susan Hontalas.

Age: 9Y-17Y

DAY	DATE	TIME	FEE	LOC	COURSE
Tu	May 8-June 5	4:30pm-6:00pm	\$70R/\$77N	TLCC	1363
Tu	July 17-Aug 14	4:30pm-6:00pm	\$70R/\$77N	TLCC	2413





Canal Arts at Albert J. Boro Community Center

Canal Arts

Arts & crafts projects for the whole family! Join us in the Albert J. Boro Community Center Art Room from 10:30 am to 12:30 pm on April 14, June 9, July 14, and August 11 for food, art and music! This program is brought to you by the Canal Youth & Family Council and the San Rafael Community Services Department. Each class will feature a different art project or holiday theme. **FREE TO ALL PARTICIPANTS.**

Programa gratis! Cada clase presentará un proyecto de arte diferente. Las clases se ofrecerán cada Segundo Sábado del mes, de 10:30 am a 12:30 pm el 14 de abril, el 9 de junio, el 14 de julio y el 11 de agosto para comida, arte y música en el Salón de Arte del Centro Comunitario del Albert J. Boro. Este programa, financiado por donaciones de familias e individuos, es posible gracias a la colaboración del Concilio de Jóvenes y Familias del Canal y el Departamento de Servicios Comunitarios de San Rafael.

Athletics

Youth Volleyball

Looking for a fun environment to learn how to play volleyball, improve skills, or become more competitive? Try Volleystart.

Volleystart

Founded in 2009 by Kevin Seeley and Craig Wong, Volleystart has been one of the most popular and successful youth volleyball programs in Northern California the past few years. The program was designed to fill the gaps of instruction commonly occurring in 7-12 year olds in Marin County. Prior to starting Volleystart, Kevin was the Championship-Winning head coach for UC-Berkeley's Men's Volleyball Team, won numerous championships as a high school volleyball head coach, and was named the 2013 Offensive Coordinator for the famed NorCal Premier Team, which is one of the 11 men's professional teams in the only professional volleyball league in the USA. Kevin is both a former standout college volleyball player and beach volleyball player. He holds a Master's Degree in Education and loves to bring a passion for volleyball to all players he coaches. Class size: Min. 12 / Max 28 players.

Age: 7Y-12Y

Beginner/Advanced (No class April 10)

DAY	DATE	TIME	FEE	LOC	COURSE
Tu	Mar 20-May 8	4:00pm-5:20pm	\$220R/\$240N	ABCC	1946

Intermediate/Advanced (No class April 12)

DAY	DATE	TIME	FEE	LOC	COURSE
Th	Mar 22-May 10	4:00pm-5:20pm	\$220R/\$240N	ABCC	1947



Soccer

Canal Mini Soccer League

In this fun, recreation program, parents and children will bond together as they enjoy the popular game of soccer in Pickleweed Park. Sessions are Saturdays from 2:00 to 4:30pm and Mondays from 4:30pm-6:00pm. Pickleweed Park Field 2

This is purely a recreational program organized and taught by Concilio parents and volunteers. Instruction is primarily in Spanish. Program provided in connection with volunteers from Voces Del Canal. Additional \$20 material fee due at registration. Registration Dates: Friday May 18 or May 25, 6:30pm at the Albert J. Boro Community Center.

Age: 5Y-9Y

DAY	DATE	TIME	FEE	LOC	COURSE
M	June 16-Aug 11	4:30pm-6:30pm	\$25	PP	2289
Sa	June 16-Aug 11	2:00pm-4:30pm	\$25	PP	2289

Soccer Development Class

The focal point at this age group is to improve your child's elementary capacity through fun games, technical skill development and group activities like small-sided games to goals. Every Kindergarten-1st Grade Super Soccer Stars class emphasizes spatial awareness, engaging with teammates, and encouraging teamwork. Repetitious ball skill activities are used to promote muscle memory and build confidence. Located at the San Rafael Community Center Albert Park Grass Area.

Age: 5Y-7Y

DAY	DATE	TIME	FEE	COURSE
Su	April 8-June 24	11:20am-12:20pm	\$235R/\$247N	2348
Su	July 1-29	11:20am-12:20pm	\$115R/\$121N	2349
Su	Aug 5-26	11:20am-12:20pm	\$95R/\$100N	2350



Dance

Ballet Classes by Jacqueline Lowe

The following ballet classes are taught by Jacqueline Lowe who has taught ballet and creative dance to children and adults for more than thirty-eight years throughout schools in Marin and San Francisco. In 2008, Jacqueline opened the Joy of Dance Ballet School. Her teaching style supports each child's technical growth in ballet while also taking care to preserve the child's own special way of moving. She teaches classical ballet with discipline, focus, creativity, and FUN to sustain a child's natural "Joy of Dance." Jacqueline supports every child to their fullest potential. Using her professional background as a modern/ballet dancer, as well as a choreographer, she has choreographed many creative and beautiful recitals to showcase her young dancers' talents.



Ballet

This children's dance class provides comprehensive ballet training. There is an emphasis on developing core strength through proper alignment and posture. These are all necessary building blocks to ensure a child's safety as the choreography becomes more sophisticated. Through repetition and encouragement, students will build an understanding of the fundamental principles of ballet. The children will learn creative, beautiful, and fun choreography and will be encouraged to reach her or his highest potential. These dance lessons are appropriate for children new to ballet and those with previous ballet experience. No Class 8/14

Age: 5Y-6Y

DAY	DATE	TIME	FEE	LOC	COURSE
Tu	July 10-Aug 21	3:00pm-3:45pm	\$90R/\$99N	TLCC	2679

Primary Ballet/Modern Dance I & II

This dance class is designed for your older children and provides a solid foundation in the principles of classical ballet and modern dance focusing on technique with an emphasis on musicality, rhythm, and placement. The children will learn creative, beautiful, and fun choreography and will be encouraged to reach her or his highest potential. These dance lessons are appropriate for children new to ballet/modern dance and those with previous dance experience. No Class 8/14.

Age: 6Y-8Y

DAY	DATE	TIME	FEE	LOC	COURSE
Tu	July 10-Aug 21	4:00pm-4:45pm	\$90R/\$99N	TLCC	2680

Children's Flamenco Dance Class

In Spanish Flamenco, we incorporate the rhythms of clapping and stomping our feet to flamenco guitar and use stylized arms, which build strength. Spring 2018 performances will be at Coleman School International Fest on May 19 and Larkspur Country Mart on June 2. Registration for April & May 2018 is open to only continuing students. Please watch for the next open course in Sept 2018 to join the fun! INSTRUCTOR Andrea La Canela's lifetime flamenco career includes performing in Spain, Mexico, New York City, North Carolina, Oregon, and 25 years in California. She has provided lessons for children and adults, beginners to professionals while teaching in studios throughout California. Andrea was also a grade school artist-in-residence for five years in Santa Cruz and a guest teacher at San Jose State and West Valley College. She has now been teaching in Marin for three years. For information call Andrea at 805-708-2621.

Age: 5Y-9Y

DAY	DATE	TIME	FEE	LOC	COURSE
W	April 4-May 30	4:00pm-4:45pm	\$135R/\$153N	SRCC	2333

Martial Arts

Canal Karate

Learn and improve control, discipline, respect and increase self-esteem while earning your belt. This international award winning self-defense program will help students achieve improved focus and strength while having fun doing it. Various class levels to match student's Karate experience. There is a \$10 discount for multiple siblings. Please note the separate time schedules for the different age groups: Canal Karate Youth, who are 4 to 6 years old is from 5:00pm-6:00pm; Canal Karate Beginning who are age 7 years to adults is from 6:00pm-7:00pm; Canal Karate Intermediate (Blue and Green Belts) is from 7:00pm-8:00pm; Canal Karate Advance (Brown and Black Belts) is from 8:00am-9:00pm. Classes are taught primarily in Spanish.

Age: 4Y & Up

DAY	DATE	TIME	FEE	LOC	COURSE
Tu, Th	Mar 27-May 3	5:00pm-9:30pm	\$70R/\$77N	ABCC	1086
Tu, Th	May 8-June 14	5:00pm-9:30pm	\$70R/\$77N	ABCC	2241
Tu, Th	June 19-July 26	5:00pm-9:30pm	\$70R/\$77N	ABCC	2243
Tu, Th	July 31-Sep 6	5:00pm-9:30pm	\$70R/\$77N	ABCC	2244

Youth Capoeira Classes

Capoeira is a unique martial art that offers countless benefits to children with respect to both physical and mental development. By incorporating body movement, percussion, music and singing, capoeira helps develop balance, coordination, fitness flexibility, and rhythm. Capoeira is a powerful way to teach young people valuable life skills including confidence, leadership, goal-setting, teamwork, cooperation & respect. Capoeira is truly a holistic approach to youth development. Capoeira also builds social skills, a sense of community and self-esteem through creative expression. Visit www.abadamarin.com for more information. INSTRUCTOR Diego Freitas 'Instructor Prego' is a world-class competitor and has performed in many capoeira productions and exhibitions. Lisa Willoughby 'Graduada Ciranda' is the founder and co-director of ABADA Capoeira Marin and teaches capoeira to all ages. She participated in ABADA 'S Jogos Mundiais in 2009, 2011, 2013 and 2015.*

All students are invited to ABADÁ Capoeira Marin's Annual Graduation Ceremony on JUNE 10, 2018. Save the date!

Age: 6Y-12Y

Youth Capoeira Classes at Albert J. Boro Community Center

DAY	DATE	TIME	FEE	LOC	COURSE
W	April 4-May 9	5:30pm-6:30pm	\$30R/\$33N	ABCC	2134
W	May 16-June 27	5:30pm-6:30pm	\$36R/\$40N	ABCC	2170
W	July 11-Aug 8	5:30pm-6:30pm	\$30R/\$33N	ABCC	2171

Youth Capoeira Classes at San Rafael Community Center

DAY	DATE	TIME	FEE	LOC	COURSE
Tu	April 3-May 15	5:00pm-6:00pm	\$95R/\$108N	SRCC	2322
Sa	April 7-June 2	9:45am-10:45am	\$128R/\$210N	SRCC	2419
Tu	May 22-June 26	5:00pm-6:00pm	\$80R/\$90N	SRCC	2323
Tu	July 10-Aug 7	5:00pm-6:00pm	\$80R/\$90N	SRCC	2324

Teen and Adult Capoeira

The focus of this class is to build and/or refine capoeira technique skills amongst teens and adults. A typical class consists of a guided warm-up using capoeira movements followed by practicing sequences of capoeira movements both individually and in partners and general physical conditioning exercises to build strength, balance, and agility. On most occasions, class ends with a game of capoeira open to all students. All levels are welcome. Both beginners and more advanced students will be appropriately challenged according to their skill level. For more information about our organization & instructors please go to www.abadamarin.com. Drop-in \$20.

Classes at the Albert J. Boro Community Center

Teens pay half price on full session registration!

Age: 13Y & up

DAY	DATE	TIME	FEE	LOC	COURSE
W	Apr 4-May 9	6:30pm-8:00pm	\$80R/\$88N	ABCC	2173
W	May 16-June 27	6:30pm-8:00pm	\$96R/\$106N	ABCC	2192
W	July 11-Aug 8	6:30pm-8:00pm	\$80R/\$88N	ABCC	2193

Classes at the San Rafael Community Center

Age: 12Y & up

DAY	DATE	TIME	FEE	LOC	COURSE
Tu	April 3-May 15	6:30pm-8:00pm	\$96R/\$108N	SRCC	2325
Tu	May 22-June 26	6:30pm-8:00pm	\$80R/\$90N	SRCC	2326
Tu	July 10-Aug 7	6:30pm-8:00pm	\$80R/\$90N	SRCC	2327
Sa	April 7-June 2	9:45am-11:15am	\$128R/\$135N	SRCC	2420

Taekwondo Classes for Youth

The Taekwondo classes listed below are taught by Greg Le Moi who has been involved with Martial Arts for over 30 years. He has a background in Taekwondo, Jujitsu, and Karate and has taught children and adults of all ages including those with physical and/or developmental disabilities. Le Moi's Martial Arts strives to create tomorrow's leaders, one black belt at a time.

Taekwondo-Tiny Tigers

Our Tiny Tigers program is designed to help children improve their motor skills and enhance their ability to pay attention and follow instructions. All students will experience a safe, fun and exciting learning environment. Members of this class are invited to attend Tuesday Sparring as it is scheduled. Speak to your instructor for more details. A \$40 uniform fee is due to the instructor.

Age: 4Y-6Y

DAY	DATE	TIME	FEE	LOC	COURSE
M, W	April 2-May 23	3:30pm-4:00pm	\$122R/\$134N	SRCC	2764
Tu, Th	April 3-May 24	4:45pm-5:15pm	\$122R/\$134N	TLCC	2184
M, W	June 4-July 25	3:30pm-4:00pm	\$122R/\$134N	SRCC	2765
Tu, Th	June 5-July 26	4:45pm-5:15pm	\$122R/\$134N	TLCC	2185
M, W	Aug 6-Sep 26	3:30pm-4:00pm	\$122R/\$134N	SRCC	2766
Tu, Th	Aug 7-Sep 27	4:45pm-5:15pm	\$122R/\$134N	TLCC	2186

Taekwondo-Youth-Beginning

White-Camo Belt- There are many reasons for kids to become involved in the Martial Arts. Our Beginning classes are based on a lifetime learning concept in addition to technical skills. The building blocks for our system are the Life Skills, which we use as our monthly themes. Members of this class are invited to Tuesday Sparring as scheduled. Speak with your instructor for more details. A \$40 uniform fee is due to the instructor.

Age: 7Y-14Y

DAY	DATE	TIME	FEE	LOC	COURSE
M, W	April 2-May 23	4:45pm-5:30pm	\$149R/\$163N	SRCC	2770
Tu, Th	April 3-May 24	5:15pm-6:00pm	\$149R/\$163N	TLCC	2180
M, W	June 4-July 25	4:45pm-5:30pm	\$149R/\$163N	SRCC	2771
Tu, Th	June 5-July 26	5:15pm-6:00pm	\$149R/\$163N	TLCC	2182
M, W	Aug 6-Sep 26	4:45pm-5:30pm	\$149R/\$163N	SRCC	2772
Tu, Th	Aug 7-Sep 27	5:15pm-6:00pm	\$149R/\$163N	TLCC	2183

Taekwondo-Youth-Advanced

Green-Black Belt: There are many reasons to become involved in the Martial Arts. Our Advanced classes are based on a lifetime learning concepts in addition to technical skills. The building blocks for our system are the life skills, which we use as our monthly themes. Members of this class are invited to Tuesday Sparring as scheduled. Speak to your instructor for more details. A \$45 uniform fee is due to the instructor.

Age: 7Y-12Y

DAY	DATE	TIME	FEE	LOC	COURSE
M, W	April 2-May 23	4:00pm-4:45pm	\$149R/\$163N	SRCC	2767
Tu, Th	April 3-May 24	6:00pm-6:45pm	\$149R/\$163N	TLCC	2181
M, W	June 4-July 25	4:00pm-4:45pm	\$149R/\$163N	SRCC	2768
Tu, Th	June 5-July 26	6:00pm-6:45pm	\$149R/\$163N	TLCC	2178
M, W	Aug 6-Sep 26	4:00pm-4:45pm	\$149R/\$163N	SRCC	2769
Tu, Th	Aug 7-Sep 27	6:00pm-6:45pm	\$149R/\$163N	TLCC	2179

Taekwondo-Black Belt Class

All students with the rank of 1st degree recommended and above any may attend this class. Each student is trained to do their best and is looked at as an individual, never compared to anyone else. A few of the benefits you can expect from your training are: physical fitness, self-defense, self-confidence, coordination and flexibility. Members of this class are invited to attend Tuesday sparring as scheduled. Additional class material fees may apply. Speak to your instructor for more details.

All Ages

DAY	DATE	TIME	FEE	LOC	COURSE
Tu, Th	April 3-May 24	6:45pm-7:30pm	\$149R/\$163N	TLCC	2175
Tu, Th	June 5-July 26	6:45pm-7:30pm	\$149R/\$163N	TLCC	2176
Tu, Th	Aug 7-Sep 27	6:45pm-7:30pm	\$149R/\$163N	TLCC	2177



Personal Growth

Child and Babysitting Safety

Are you a babysitter? Do you want to start babysitting? Take our Child & Babysitting Safety CABS course. Class teaches CPR & choking, water hazards, fun activities to entertain children of various age groups, infant & child feeding, diapering procedures, providing emergency care, basic first aid care & much more! Class includes a certification card to show parents that you are a certified CABS babysitter, and a book to review everything you will learn in the class. Book & card included in fee. Please bring a lunch to class. All instructors are EMTs, RNs, Respiratory Therapists & have taught for many years. www.cpr-etc.com.

Age: 11Y-16Y

DAY	DATE	TIME	FEE	LOC	COURSE
Sa	June 9	9:00am-1:00pm	\$50R/\$55N	TLCC	2836
Sa	Aug 11	9:00am-1:00pm	\$50R/\$55N	TLCC	2837

Community CPR

This 3-hour class includes: Recognizing a life-threatening emergency; Activating the EMS system; Anatomy of heart and lungs; Definitions of heart attack/stroke; Risk factors; Symptoms; AEDs Automatic External Defibrillators; Good Samaritan laws; Standard precautions. Adult, child & infant CPR & Heimlich maneuver for choking victims. Video demonstration of CPR for all age groups with group manikin practice between video segments; Video demonstration of FBAO airway obstruction; Heimlich techniques for all age groups followed by group practice with participants pairing up for simulated practice for conscious adult & manikin practice for unconscious for all age groups. The certification is through ASHI, American Safety & Health Institute and it is valid for 2 years. All instructors are EMTs, RNs, Respiratory Therapists. They have all taught for many years. www.cpr-etc.com.

Age: 11Y & up

DAY	DATE	TIME	FEE	LOC	COURSE
Th	April 18	6:00pm-9:00pm	\$50R/\$55N	TLCC	2838
Th	July 17	6:00pm-9:00pm	\$50R/\$55N	TLCC	2839

NEW INSTRUCTOR OPEN CALL!

Do you teach a class or have
an idea for a new class?
We're looking for instructors
at our community centers.



Contact Us! 415.485.3333
community.services@cityofsanrafael.org



Adult

Arts & Crafts

Acrylic Painting Tole

Open lab for acrylic painters. This is an opportunity to paint and be inspired by other painters. INSTRUCTOR Shirley Macpherson has held classes at the Terra Linda Community Center for more than 20 years. She is a member of the National Society of Decorative Painters and attends seminars and conferences throughout the U.S. to keep up with new trends and ideas. Two of her original design ornaments are part of the permanent collection of the Smithsonian Institute.

Fridays - 9:30am-12:30pm • Lab is weekly through June 1st
Drop-In fee \$5.00 per class •Terra Linda Community Center

Canal Arts

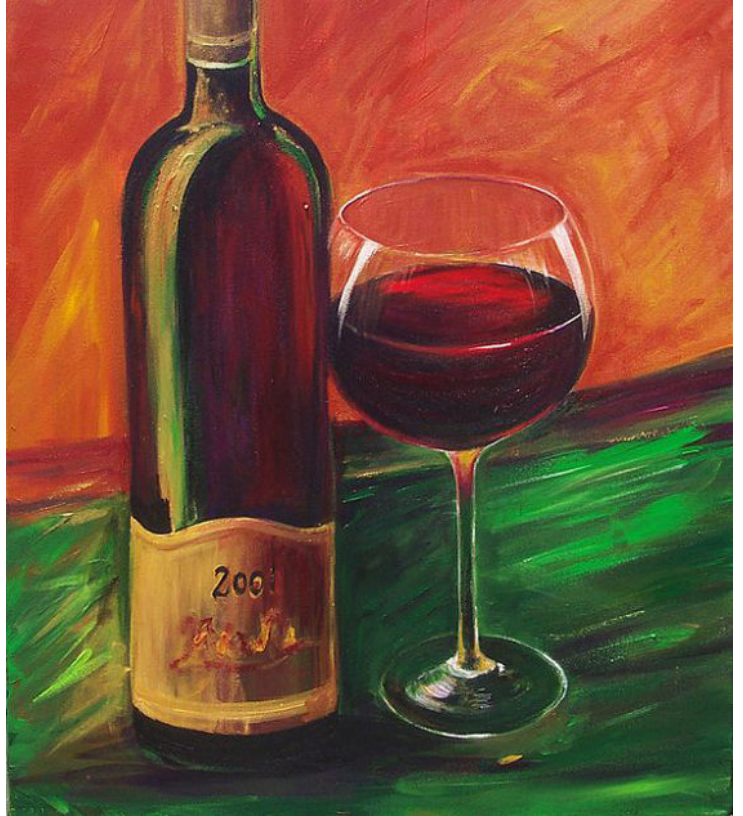
Arts & crafts projects for the whole family! Join us in the Albert J. Boro Community Center Art Room from 10:30am-12:30pm on April 14, June 9, July 14 & August 11 for food, art and music! This program is brought to you by the Canal Youth & Family Council and the San Rafael Community Services Department. Each class will feature a different art project or holiday theme. **FREE TO ALL PARTICIPANTS.**

Programa gratis! Cada clase presentará un proyecto de arte diferente. Las clases se ofrecerán cada Segundo Sábado del mes, de 10:30am-12:30pm el 14 de abril, 9 de junio, 14 de julio y el 11 de agosto para comida, arte y música en el Salón de Arte del Centro Comunitario del Albert J. Boro. Este programa, financiado por donaciones de familias e individuos, es posible gracias a la colaboración del Concilio de Jóvenes y Familias del Canal y el Departamento de Servicios Comunitarios de San Rafael.

Japanese Flower Arranging-Sogetsu Ikebana with Rachel Johnson

Develop creative self-expression, and explore the beauty of nature, as you learn this exquisite art form. The dynamic art of Ikebana reveals the power of line and use of space. Each class includes a demonstration of various Ikebana arrangements, followed by student practice time, and individual assistance, in a relaxed atmosphere. Students may expect to purchase textbooks, tools, and additional supplies. *This 5-week course is designed for new/beginning students only. After this introductory class, you can register for another 5 classes to complete the first full session. Beginning and continuing students at all levels are welcome to attend this combined course. INSTRUCTOR Rachel's Ikebana practice brings together her interests in Asian philosophy, the creative arts and the natural world. She loves to teach and share Ikebana with others and regularly exhibits her work in the San Francisco Bay Area.

DAY	DATE	TIME	FEE	LOC	COURSE
F	April 20-June 29	11:00am-2:00pm	\$200R/\$210N	SRCC	2335





Terra Linda Ceramics

Learn how to sculpt, slab build, use drape and push molds, make decorative plates, bowls, boxes, mosaic tiles, jewelry and more. Wheels are available for students with prior knowledge of throwing, wheel demonstrations are given on request. We offer a wide selection of low fire clays, beautiful and fun low fire glazes, underglazes, stains, cold finishes & more. Opportunities for specialty firings (luster, decals, pit fires) are also available.

Students are welcome to participate in bi-yearly student shows. Bring a notebook and \$25 materials fee to the instructor at the first class. Sign up early – class size is limited! INSTRUCTOR Nadia Tarzi-Saccardi is an award winning ceramic artist from Marin County. Originally from Europe, she began ceramics and sculpture 35 years ago in Strasbourg, France. For the past 10 years she has been teaching ceramics to adults and children across the Bay Area and at the Terra Linda Ceramics Program. Susan Hontalas has a BFA from the SF Art Institute in ceramic sculpture. She has shown her work in SF and Marin and has had been teaching ceramic sculpture at the Terra Linda Community Center for over 20 years.

All Levels

DAY	DATE	TIME	FEE	LOC	COURSE
Tu	May 8 -June 26	6:30pm-9:30pm	\$140R/\$154N	TLCC	2402
W	May 9-June 27	6:30pm-9:30pm	\$140R/\$154N	TLCC	1376
Th	May 10-June 28	6:30pm-9:30pm	\$140R/\$154N	TLCC	1365
Tu	July 17- Sep 4	6:30pm-9:30pm	\$140R/\$154N	TLCC	2403
W	July 18-Sep 5	6:30pm-9:30pm	\$140R/\$154N	TLCC	2395
Th	July 19- Sep 6	6:30pm-9:30pm	\$140R/\$154N	TLCC	2065



Intermediate/Advanced

Intermediate/Advanced classes must have one session of Ceramics with Nadia or Susan and have their consent to enroll.

DAY	DATE	TIME	FEE	LOC	COURSE
Tu	May 8-June 26	9:00am-12:00pm	\$140R/\$154N	TLCC	1383
Tu	July 17-Sep 4	9:00am-12:00pm	\$140R/\$154N	TLCC	2397

Advanced

DAY	DATE	TIME	FEE	LOC	COURSE
W	May 9-June 27	9:00am-12:00pm	\$140R/\$154N	TLCC	1074
W	July 18-Sep 5	9:00am-12:00pm	\$140R/\$154N	TLCC	2406

Terra Linda Ceramics Lab

Ceramics Lab is offered to those students who are enrolled in Nadia or Susan's Ceramic classes. There is no instruction given during the open lab. Bring your own tools and clay. The consent of the instructor is required. Lab fee is \$2.25/hr. Please purchase a pre-paid lab card from the Terra Linda Community Center office prior to attending lab. Located at the Terra Linda Community Center.

Sunday	Mar 18, April 8	12:00pm-4:00pm
Wednesday	May 9-June 27	12:00pm-3:00pm
Thursday	May 10-June 28	10:00am-2:00pm
Friday	May 11-June 29	1:00pm-4:00pm
Sunday	June 10	12:00pm-4:00pm
Wednesday	July 18-Sept 5	12:00pm-3:00pm
Thursday	July 19-Sept 6	10:00am-2:00pm
Friday	July 20-Sept 7	1:00pm-4:00pm

Watercolor in Action

No wishy-washy watercolors here! Learn to paint intense, glowing colors instead of 'muddy' washed-out tones. Students learn to mix clean and vibrant colors both on the palette and with wet-in-wet techniques. This comprehensive class caters to beginning and advanced watercolorists. Beginners will work on basic techniques such as wet-in wet, mixing color, washes, and familiarizing themselves with paint. Advanced students will work from studio still life and assigned projects. Students are encouraged to work on their own projects and consult with the instructor. A supply list will be available upon registration. Please bring any watercolor supplies you have to the first class. Materials will be discussed in class and students are responsible for purchasing their own supplies. INSTRUCTOR Melissa Adkison's watercolors have received numerous awards at National and International shows. Her work was published in The National Magazine, Watercolor Magic and Best of Watercolor. She has been teaching in Marin for over 20 years. Melissa participates in Marin Open Studios at her home studio in Novato. Her other activities include conducting demonstrations and workshops, writing columns for art magazines & judging shows in Northern California. No Class 5/28.

DAY	DATE	TIME	FEE	LOC	COURSE
M	April 30-June 11	10:30am-12:30pm	\$100R/\$110N	TLCC	2784
M	June 18-July 23	10:30am-12:30pm	\$100R/\$110N	TLCC	2785
M	July 30-Aug 28	10:30am-12:30pm	\$85R/\$95N	TLCC	2786



Athletics

Spring Adult Basketball Leagues 2018

The deadline for league registration is March 15. The cost is \$750 per team if submitted by March 9 and \$775 if submitted after that date until March 15. Please make payment by calling Jason at (415) 485-3338 or in person/by mail at 618 B Street, San Rafael, 94901. Please go to www.livelifelocally.org/adult-athletic-programs to download the registration/waiver forms.

If you're an individual player and want to be placed in a league, please contact Jason Fong at (415) 485- 3338. We look forward to seeing you on the court! Leagues play March - June at Hall Middle School, Larkspur.

18 Years and Older League

Tuesdays, 7:30pm-10:00pm

35 Years and Older League

Thursdays, 6:15pm-9:15pm

Boro Community Center Open Gym Sports

The Gymnasium in the Albert J. Boro Community Center is open Monday, Wednesday & Friday evenings for drop-in basketball and/or volleyball. Admission is \$2 per person and everyone must sign in. No program on City holidays. Schedule is subject to change. Contact the Center at 485-3077 for exact days & times.

Marin Bocce Federation

The Marin Bocce Federation operates ten state-of-the-art synthetic courts on B Street adjacent to the San Rafael Community Center. To sign-up for their leagues or to reserve a court for open drop-in play, contact them at 485-5583.

Intro to Pickleball at the Albert J Boro Community Center

CenterCome learn the fastest growing sport in America! Pickleball combines many elements of tennis, badminton and ping-pong. It's played on a badminton-sized court with a slightly lower tennis net, a solid paddle and a plastic ball with holes. It can also be played as doubles or singles. Fun and easy to learn - join us! Drop-in fee is \$15. Please see our website for updated dates and times. www.livelifelocally.org.

Pickleweed Drop-in Pickleball

Pickleweed Pickleball is a great way to hone your game while making new friends. Have fun exercising while playing the fastest growing sport in America.

Mondays and Wednesdays 10:15am – 12:15pm

(excluding holidays) March 1 – March 28.

\$5 per day, payable at the door.

Intro to Pickleball at Albert Park Tennis Courts

Come learn the fastest growing sport in America! Pickleball combines many elements of tennis, badminton and ping-pong. It's played on a badminton-size court with a slightly lower tennis net, a solid paddle and a plastic ball with holes. It can also be played as doubles or singles. Fun and easy to learn - join us!

DAY	DATE	TIME	FEE	LOC	COURSE
Th	March 22-April 5	5:30pm-6:30pm	\$45R/\$55N	PP	2774
Th	April 19-May 10	5:30pm-6:30pm	\$60R/\$73N	PP	2777
Th	May 17-June 7	5:30pm-6:30pm	\$60R/\$73N	PP	2783
Th	July 19-Aug 9	5:30pm-6:30pm	\$60R/\$73N	PP	2781
Th	Aug 16-Sep 6	5:30pm-6:30pm	\$60R/\$73N	PP	2782

Computers

Basic Computer Education in Spanish Level 1

Are you an adult who finds PC Computers challenging or intimidating? If you need to start from scratch by learning how to use a Windows computer then this class is right for you. Course topics will include how to: use a mouse to navigate a Windows computer, create an e-mail account and manage your e-mail, search for information on the Internet use Word to design a flyer and how to build a résumé. No previous computer experience is required. Classes taught primarily in Spanish.

¿Es usted un adulto que necesita ayuda para usar un computador con Windows? Si usted necesita empezar de cero para aprender a usar un computador con Windows esta clase es para usted. Los temas serán como usar el mouse para manejar el sistema operativo Windows, crear y usar su correo electrónico, como buscar información en Internet como usar Word para diseñar un volante y Como construir su resume No se necesita experiencia.

DAY	DATE	TIME	FEE	LOC	COURSE
W, Th	May 30-July 5	7:00pm-10:00pm	\$45R/\$50N	ABCC	900

Basic Computer Education in Spanish-Level 2

Do you understand the basics of PC computers like Email and the Internet but want to take the next step? In this class, the topics will include: using Google Docs to create and store documents online; advanced job search techniques using Craigslist; how to stay safe on the Internet; how to troubleshoot minor computer hardware problems; all about online financial and library resources; and how to use social media.

DAY	DATE	TIME	FEE	LOC	COURSE
W, Th	March 14-April 18	7:00pm-10:00pm	\$45R/\$50N	ABCC	1078
W, Th	July 11-Aug 15	7:00pm-10:00pm	\$45R/\$50N	ABCC	1081

Android Basics 1: Getting to Know Your Device

You finally got your very own smart phone or tablet! There is only one problem; you have no idea how to use it! This course is specifically designed for Android products. In this personalized, two week course, you'll be guided through how to make calls, send emails, take pictures, download music and add applications. A course for those new to the smart phone/wireless device world each session provides one-on-one help and comes with instructional handouts so you can practice at home. Don't let that amazing technology sit in its box any longer! For Android devices only, including Samsung and LG.

DAY	DATE	TIME	FEE	LOC	COURSE
Th	May 24-31	10:30am-12:30pm	\$65R/\$72N	TLCC	2672

Android Basics 2: Apps You Need to Know

Have you been using a smart phone or tablet for a little while but still feel like you don't know what you are doing? Need to review some of the basic features of your device and see what else it can do? This course will review some of the basics of using your device such as Email, texting and photo storage and also show you a few of the apps that come built in that you might have missed or are afraid to try. We will show you how to get the most out of your built-in apps including Photo Editing, Calendar, Maps/GPS, Google Play and more! We'll introduce the steps to find and install new apps, and show you how to update, delete and organize your apps for easy access.

DAY	DATE	TIME	FEE	LOC	COURSE
Th	Mar 8 & 15	1:00pm-3:00pm	\$65R/\$72N	TLCC	1012

Turn Your Photos into PowerPoint Pizzazz

Ditch Photoshop, use PowerPoint! In this unique class, Dr. Debby will show you how to quickly turn a large number of photos into a PowerPoint presentation, and then how to easily resize, crop, tint, stylize, frame, and remove backgrounds from any of those pictures. No prior knowledge of PowerPoint is necessary.

DAY	DATE	TIME	FEE	LOC	COURSE
M	June 11	7:00pm-9:00pm	\$25R/\$28N	ABCC	2237
M	July 9	7:00pm-9:00pm	\$25R/\$28N	ABCC	2238
M	Aug 20	2:00pm-4:00pm	\$25R/\$28N	ABCC	2239

iPad/iPhone Basics 1: Getting to Know Your Device

Congratulations, you finally got your very own iPhone or iPad! There is only one problem; you have no idea how to use it! In this personalized, two day course, you'll be guided through how to make calls, send emails, send texts, and manage applications. A course for those new to the smart phone/wireless device world each session provides one-on-one help and comes with instructional handouts so you can practice at home. Don't let that amazing technology sit in its box any longer! Bring your Apple iPhone or iPad to class along with your apple ID and password.

DAY	DATE	TIME	FEE	LOC	COURSE
Th	June 14-21	10:30am-12:30pm	\$65R/\$72N	TLCC	2671

Managing Your Photos

You've taken all these great photos on your camera or phone, now what do you do with them? In this class, you will learn how to get photos from your digital camera and smartphones to your computer and print them. You will also learn how to take in old photos, how to organize and catalog photos, and basic photo editing to fix color problems, crop, remove red-eye and other similar repairs. Bring your digital camera or smartphone - and necessary cables and power cords, along with printed photos to class.

DAY	DATE	TIME	FEE	LOC	COURSE
Th	July 19-26	10:30am-12:30pm	\$65R/\$72N	TLCC	2673

Managing Your Healthcare: Online tools & tips

Do you wish you could record your doctor visits so you could remember what was said? Do you feel frustrated trying to get your medical information online? Have you tried using your healthcare provider's app? Much of the healthcare world is moving on-line which leaves many of us in the dark or cut off from the valuable information. This class will unlock the how-to's of getting access to your personal healthcare information and using some online tools to help you stay informed. We will explore a few healthcare apps and show you how to navigate them to see lab results, make appointments or email your doctor. We also show you how to share medical updates with loved ones for folks dealing with long term health issues. Let us help you get the information you need to manage your health! Class taught by Technology4Life.

DAY	DATE	TIME	FEE	LOC	COURSE
Th	Aug 9 & 16	10:30am-12:30pm	\$65R/\$72N	TLCC	2674



Dance

Joy of Dance

This women's dance class is designed to bring joy and ease of movement. We'll explore different dance styles from belly dance to African. Come enjoy a dance class where you can make friends and be part of a community. Enjoy learning new dance styles and have fun while learning the basics. If you have any questions, call Siham at 497-4714 or email selias49@aol.com Drop-in Fee \$11. No class 5/28.

DAY	DATE	TIME	FEE	LOC	COURSE
M	April 2-30	7:15pm-8:15pm	\$50R/\$55N	TLCC	2667
M	May 7-June 11	7:15pm-8:15pm	\$50R/\$55N	TLCC	2668

Tap Dance: Beginning/Intermediate

Put a spring in your step with this non-stop, fun-filled class. Learn simple tap steps and entire routines to the rhythms of the 30's up to the present in a non-competitive atmosphere. Individualized attention allows students to progress at their own level. Tap vocabulary, steps, dance routines, as well as warm-up exercises and stretching are covered. A great way to get in shape! Just bring your tap shoes and a smile. Previous dance experience is helpful but not necessary. INSTRUCTOR Lucy Simon has studied many dance forms in the San Francisco Bay area, including Tap, Jazz, African, Hip Hop and Modern. She has danced and performed with the College of Marin, The San Francisco Jazz Dance Company and Rock My Soul. She enjoys sharing her love of dance through teaching. Lucy has been teaching in Marin County since 1985. Drop in fee \$11. No class 5/28.

Age: 15Y & Up

DAY	DATE	TIME	FEE	LOC	COURSE
M	April 2-30	6:00pm-7:00pm	\$50R/\$55N	TLCC	2368
M	May 7-June 11	6:00pm-7:00pm	\$50R/\$55N	TLCC	2369
M	June 18-July 23	6:00pm-7:00pm	\$50R/\$55N	TLCC	2370

Fitness

Awareness through Movement

Regain a sense of your youthful self as you lie on the floor exploring gentle movement sequences. Be surprised at how well you walk, reach, turn & bend easily, painlessly. Improve your balance, flexibility, coordination and wellbeing. Lessons are based on what you want to learn to make yourself comfortable in your daily life and in the activities you love. INSTRUCTOR Celeste Binnings has been studying the Feldenkrais Method for over 23 years and teaching Awareness through Movement ATM classes since 1995. A Guild Certified Feldenkrais Practitioner, Celeste's great joy is in supporting people in learning to move with ease & grace utilizing group classes or one-on-one private lessons. Drop-in \$12

DAY	DATE	TIME	FEE	LOC	COURSE
F	Apr 6-May 18	12:30pm-1:30pm	\$70R/\$84N	SRCC	2364
F	June 1-June 29	12:30pm-1:30pm	\$50R/\$60N	SRCC	2365
F	July 20-Aug 24	12:30pm-1:30pm	\$50R/\$60N	SRCC	2366



Beginning Pilates Mat Class for Those with Back Pain (or not)

Pilates is designed to stretch, strengthen and balance the body and is one of the best exercise modalities for overall conditioning and back pain. This Mat class focuses on muscles in the center of the body, toning and building core strength. Many feel invigorated after class. Modifications for each exercise can be made to accommodate all fitness levels. Please bring a mat or a large towel if you have one. Preregistration requested. \$20 discount if enrolled in both Monday and Wednesday sections. INSTRUCTOR Dot Spaet is a Certified Personal Trainer with more than 20 years of fitness experience and has been teaching Pilates Mat to adults for 12 years and specializes in healing back pain. Dot has a passion for fitness and likes to make classes accessible to as many people as possible. Please visit www.getoutofbackpain.com for more information. No class 5/28. Drop-in \$17.

Age: 15Y & Up

DAY	DATE	TIME	FEE	LOC	COURSE
M	May 7-June 25	7:00pm-8:15pm	\$109R/\$120N	TLCC	2775
M	July 2-Aug 27	7:00pm-8:15pm	\$109R/\$120N	TLCC	2776

Beginning Pilates Mat Class

Pilates is designed to stretch, strengthen & balance the body and is one of the best exercise modalities for weight loss and back pain. This Mat class focuses on muscles in the center of the body, toning & building core strength. Many feel invigorated after class. Class is suitable for beginners and intermediates. Modifications for each exercise can be made to accommodate all fitness levels. Please bring a mat or a large towel if you have one. Pre-registration requested. \$20 discount if enrolled in Mon & Wed sessions. INSTRUCTOR Dot Spaet is a Certified Personal Trainer with over 20 years of fitness experience & has been teaching Pilates Mat to adults for 10 years, specializing in healing back pain. Dot has a passion for fitness & likes to make classes accessible to as many people as possible. Check her out at www.fitnessbydot.com. Drop-in \$15.

Age: 15Y & Up

DAY	DATE	TIME	FEE	LOC	COURSE
W	May 2-June 27	6:30pm-7:45pm	\$99R/\$109N	TLCC	2778
W	July 11-Aug 29	6:30pm-7:45pm	\$99R/\$109N	TLCC	2780



Jazzercise

Get To Know The New Jazzercise! Dance Mixx classes are held on-going at both the San Rafael and Terra Linda Community Centers. Torch fat, sculpt lean muscle and crush calories with this high intensity workout that mixes cardio calories with strength training. Fresh moves and music transform your body while boosting your mood and energy. Check Out Jazzercise.com or San Rafael Jazzercise on Facebook! For more information, contact Tina at tinaljazz@gmail.com or (415) 246-7139.

Terra Linda Community Center

Monday/Wednesday/Friday, 9:15am-10:30am
Thursday 9:00am

San Rafael Community Center

Tuesday/Thursday, 6:15pm-7:15pm
Saturday 8:30am-9:30am

Games

Introduction to Contract Bridge

Come learn the fascinating game of contract bridge. There are many benefits to playing duplicate bridge including mental, social, and even physical (google benefits of playing duplicate bridge) but mostly it's fun! To grow into a strong bridge player you need a strong foundation. Start at the very beginning in this thorough introduction for true beginners. In these classes we will look at Pat Harrington's Beginning Bridge series. Using her curriculum as a guide, players will learn and practice basic bridge techniques for declarer play, defense, and bidding. For flexibility of scheduling the lessons have been broken into two six week sessions. Every lesson contains several hands that students will play to demonstrate each new concept. Students will take turns as declarer and defender so everyone gets to try everything. There is plenty of time to talk about what worked and what didn't and why. Drop-In fee \$25.00 per class. No Class 4/5.

Duplicate Bridge at the Terra Linda Community Center

Duplicate is organized bridge in a competitive atmosphere. Pairs play against many other pairs in the course of the game & the same deals are played at other tables. The cards you get do not determine whether you win but rather the way you play the cards you are dealt! Reservations not required but a partner is necessary. Improve your play & meet other bridge players! Questions about duplicate bridge please call Peggy Tatro 492-1784 or visit www.marinbridge.com.

DAY	DATE	TIME	LOC
Th, F, Su, M, W	Ongoing	12:00pm-3:30pm	TLCC

Duplicate Bridge at the Albert J. Boro Community Center

Duplicate is organized bridge in a competitive atmosphere. Pairs play against many other pairs in the course of the game & the same deals are played at other tables. The cards you get do not determine whether you win, but rather the way you play the cards you are dealt! Reservations not required, but a partner is. Improve your play & meet other bridge players! Director: Michael Hartnett.

DAY	DATE	TIME	FEE	LOC
M,Tu	Ongoing	11:45am-3:00pm	\$10	ABCC

Non ACBL Duplicate Bridge at the Albert J. Boro Community Center

Bring a sack lunch and a partner and join us every Wednesday for Non ACBL Duplicate Bridge. If you need a partner call Leona at 453-1430. Come join us. We have fun!

DAY	DATE	TIME	FEE	LOC
W	Ongoing	10:30am-2:30pm	\$5	ABCC

Martial Arts

Canal Karate

Learn and improve control, discipline, respect and increase self-esteem while earning your belt. This international award winning self-defense program will help students achieve improved focus and strength while having fun doing it. Various class levels to match student's Karate experience. There is a \$10 discount for multiple siblings. Please note the separate time schedules for the different age groups: Canal Karate Youth, who are 4-6 years old is from 5:00pm-6:00pm; Canal Karate Beginning, ages 7 years to adults is from 6:00pm-7:00pm; Canal Karate Intermediate (Blue & Green Belts) is from 7:00pm-8:00pm; Canal Karate Advance (Brown & Black Belts) is from 8:00am-9:00pm. Classes are taught primarily in Spanish.

Age: 4Y & Up

DAY	DATE	TIME	FEE	LOC	COURSE
Tu, Th	March 27-May 3	5:00pm-9:30pm	\$70R/\$77N	ABCC	1086
Tu, Th	May 8-Jun14	5:00pm-9:30pm	\$70R/\$77N	ABCC	2241
Tu, Th	June 19-July 26	5:00pm-9:30pm	\$70R/\$77N	ABCC	2243
Tu, Th	July 31-Sep 6	5:00pm-9:30pm	\$70R/\$77N	ABCC	2244

Tai Chi

INSTRUCTOR Scott Jensen is an International gold Medalist in Tai Chi famous for both his sword performances and competitions. Rachel Jensen provides clear instruction and patient demonstrations and practice.

Tai Chi for Health, Balance and Longevity

In this class you will learn Yang Style Tai Chi Long Form. This sequence of movements is beautiful to watch and enjoyable to practice. The Harvard Medical Journal reported that over 600 medical studies have overwhelmingly proven the health benefits of Tai Chi. It's all gain and no pain. \$20 Drop-in available.

Age: 13Y & Up

DAY	DATE	TIME	FEE	LOC	COURSE
M	April 9-Aug 27	6:30pm-7:15pm	\$256R/\$272N	SRCC	2328

Tai Chi Sword is Fun!

Tai Chi Sword is Tai Chi practiced holding a Chinese Straight Sword. Beautiful, graceful, and elegant it is an excellent way to deepen and expand your Tai Chi practice and for improving balance and building strength. It's a super fun way to exercise! Open to all students. No prior Tai Chi experience is required. \$20 drop-in available.

Age: 13Y & Up

DAY	DATE	TIME	FEE	LOC	COURSE
M	April 9-Aug 27	7:15pm-8:00pm	\$256R/\$272N	SRCC	2330

Tai Chi Push Hands for Self Defense

Push Hands are exercises done with a partner teaching you how to use the art of Tai Chi for self-defense. Learn how to avoid the opponent's strength and easily off balance them. Jensen's approach to Push Hands is practical, tactical and logical. This includes precise instruction in posture, position & timing. Jensen also teaches the hidden joint locks and tricks of Push Hands. Students will have the opportunity to attend Push Hands tournaments as either a competitor or observer. \$20 Drop-in available.

Age: 13Y & Up

DAY	DATE	TIME	FEE	LOC	COURSE
M	April 9-Aug 27	7:15pm-8:00pm	\$256R/\$272N	SRCC	2332

Teen and Adult Capoeira

Capoeira is a unique Afro-Brazilian discipline that combines martial art movements with music. The focus of this class is to build and refine capoeira technique and basic skills. Although every class is different, a typical class consists of a guided warm-up using Capoeira movements followed by practicing sequences of Capoeira movements both individually and in partners. General physical conditioning exercises build strength, balance, and agility. Basic classes also introduce Capoeira music and most of the time ends with a Capoeira Roda open to all students. Basic classes are appropriate for students of all levels and are a great place for new students to start. Advanced students often continue to take basic classes to work on the foundation of their technique. Capoeira also builds self-confidence and endurance and is an inclusive activity for youth, teens, adults and older adults. For more information about our organization and instructors please go to www.abadamarin.com. \$20 Drop-in available.

Classes at the Albert J. Boro Community Center

Age: 13Y & Up

Teens pay half price on full session registration!

DAY	DATE	TIME	FEE	LOC	COURSE
W	April 4-May 9	6:30pm-8:00pm	\$80R/\$88N	ABCC	2173
W	May 16-June 27	6:30pm-8:00pm	\$96R/\$106N	ABCC	2192
W	July 11-Aug 8	6:30pm-8:00pm	\$80R/\$88N	ABCC	2193

Classes at the San Rafael Community Center

Age: 11Y & Up

DAY	DATE	TIME	FEE	LOC	COURSE
Tu	April 3-May 15	6:30pm-8:00pm	\$96R/\$108N	SRCC	2325
Tu	May 22-June 26	6:30pm-8:00pm	\$80R/\$90N	SRCC	2326
Tu	July 10-Aug 7	6:30pm-8:00pm	\$80R/\$90N	SRCC	2327
Sa	April 7-June 2	9:45am-11:15am	\$128R/\$135N	SRCC	2420

Capoeira Instrument Class for Ages 3 & Up

The classes are hands on percussion instruments/rhythm. We will work on the basic skills incorporating improvisation and variations on each instrument. The instruments of Capoeira are the berimbau, atabaque, pandeiro, agogô, clapping and singing. Some days the focus will be on one or two instruments only and others the whole "bateria" or grupo. For more information about our organization and instructors please go to www.abadamarin.com. \$30 Drop-in available.

DAY	DATE	TIME	FEE	LOC	COURSE
Sa	April 21-May 12	11:30am-12:30pm	\$72 R/\$76N	SRCC	2423

Family Capoeira

The main focus of these classes is to engage children and parents to interact as peers and learn something together, but each one respecting each other's limitations in a very fun and light way. Capoeira movements are complicated for first learners no matter what age you are, so the idea is for child and parent to try something challenging and fun together in a safe environment. This class helps youth to be more outgoing. The musical instruments are another rich part of this class. For more information about our organization and instructors please go to www.abadamarin.com. \$30 drop-in available.

DAY	DATE	TIME	FEE	LOC	COURSE
Sa	June 23-Aug 4	10:00am-11:00am	\$175R/\$184N	SRCC	2418

Miscellaneous

Summer and Fall Hive Management

Late summer can bring a variety of problems including increasing mite counts, yellow jacket attacks and lack of forage. Learn to identify the signs and symptoms and how you can assist the colony during difficult times. Your bees have already started getting ready for winter and so should you: how and when to reduce colony size, determining how much honey to remove, how to extract the honey and more.

Field day is Saturday, August 4, location TBA and will include sugar rolls for mite testing, identifying food stores & colony needs, and how to "read" your monitoring board. Drop-in is available for classroom sessions only at \$30/day.

Age: 10Y & Up

DAY	DATE	TIME	FEE	LOC	COURSE
W, Sa	July 18-Aug 4	6:30pm-8:30pm	\$99	SRCC	2334



Personal Growth

Voice-Overs...Now Is Your Time! Live Online Course

In what could be one of the most enlightening two hours you've ever spent, this class will show you how YOU could actually begin using your speaking voice for commercials, films, videos and more. Most people go about it the wrong way. In this class, you will learn about a unique, outside-of-the-box way to cash in on one of the most lucrative full or part-time careers out there! This is a business that you can handle on your own terms, on your own turf, in your own time, and with practically no overhead. And NOW is the best time to make this happen as new companies are looking for new voices like never before. This exciting and fun class could be the game changer you've been looking for. We encourage you to join us for one of our online, interactive classes which includes a live Q&A session. To participate in this class you will either need a computer which has speakers built in or you may participate via telephone. A webcam is not needed. Participants will be provided with log on information after registering and prior to the date of the class.

DAY	DATE	TIME	FEE	LOC	COURSE
T	March 20	6:00pm-8:00pm	\$25R/\$28N	Online	775
Th	April 12	5:00pm-7:00pm	\$25R/\$28N	Online	776
T	June 12	6:00pm-8:00pm	\$25R/\$28N	Online	1697
M	July 16	5:00pm-7:00pm	\$25R/\$28N	Online	1698

Mindfulness & Meditation for the Busy Professional

This 6-week course on meditation and mindfulness practices will help keep stress in check and boost wellbeing and creativity. INSTRUCTOR Tony Saccardi is a certified Mindfulness and Meditation Teacher from the McLean Meditation Institute in Sedona, Arizona and from the Shree Mahesh Heritage in Rishikesh, India. Having worked for Fortune 500 companies as a software architect for the last 25 years, Tony has had first-hand experience with the high demands placed on technology leaders and the pitfalls of chronic stress. Tony's interest in meditation started in 2013 when he became a volunteer for a Wellness program. Seeing the benefits of meditation practice on stress and anxiety he decided to learn more about it and make it available to his co-workers. In 2014 he organized weekly meditation classes followed by an 8 week mindfulness program in 2016 which benefited hundreds of employees in San Francisco and several other locations across the US. Today, Tony's goal is to share the techniques he learned with all the other professionals who live stressful lives and give them the tools to realize themselves while avoiding the pitfall of chronic stress.

DAY	DATE	TIME	FEE	LOC	COURSE
W	April 4-May 5	7:00pm-8:15pm	\$100R/\$110N	TLCC	2682

Elder Yoga & Meditation

Gentle Yoga will energize your body and meditation will quiet your mind. You will have peace, energy and enthusiasm for your daily life's challenges. INSTRUCTOR Libby Sherwood possesses a MA in Psychology, and is longtime group leader for Women's Empowerment and Yoga.

DAY	DATE	TIME	FEE	LOC	COURSE
Th	May 17-June 21	7:00pm-8:00pm	\$90R/\$95N	SRCC	2338

Heart Coherence Class

Would you like to have more mental clarity, reduce your stress levels, make better decisions and be able to influence and support your loved ones and your community taking responsibility for your own energy? This class will provide you the basics of how the heart plays a very important role not only as a muscle that pumps blood through the body but as the energetic center by which we are connected to a higher intelligence. These exercises will help you reach a balance between mind and heart, which is the state of Coherence of the Heart. Join our groups and learn simple scientifically proven breathing and visualization techniques that will help you reach this coherence state that will helping you improve different areas in your life. This class will be in English and Spanish.

DAY	DATE	TIME	FEE	LOC	COURSE
T	April 3-May 1	10:00am-11:30am	\$64R/\$72N	ABCC	2229
F	May 4-25	7:00pm-8:30pm	\$64R/\$72N	ABCC	2297
T	May 8-29	10:00am-11:30am	\$64R/\$72N	ABCC	2233
T	June 5-26	10:00am-11:30am	\$64R/\$72N	ABCC	2235

Public Speaking with Ease & Clarity

Let's boost your public speaking skills and work with the fear of speaking in public. Use methods such as laughter yoga, dynamic meditation visualization, and improv to make presenting a fun experience.

DAY	DATE	TIME	FEE	LOC	COURSE
Sat	April 21 & 28	8:00am-12:00pm	\$60R/\$66N	TLCC	2683





threatening emergency; Activating the EMS system; Anatomy of heart & lungs; Definitions of heart attack/stroke; Risk factors; Symptoms; AEDs Automatic External Defibrillators; Good Samaritan laws; Standard precautions. Adult child & infant CPR & Heimlich maneuver for choking victims. Video demonstration of CPR for all age groups with group manikin practice between video segments; Video demonstration of FBAO airway obstruction; Heimlich techniques for all age groups followed by group practice with participants pairing up for simulated practice for conscious adult & manikin practice for unconscious for all age groups. The certification is through ASHI, American Safety & Health Institute and it is valid for 2 years. All instructors are EMTs, RNs, Respiratory Therapists. They have all taught for many years. www.cpr-etc.com

Age: 11Y & Up

DAY	DATE	TIME	FEE	LOC	COURSE
Th	April 18	6:00pm-9:00pm	\$50R/\$55N	TLCC	2838
Th	July 17	6:00pm-9:00pm	\$50R/\$55N	TLCC	2839

The Time is Now!

A women's discussion group affirming our strength and courage to acknowledge the abuses, personal or business, we may have suffered as women by men. To clear our minds and hearts and reach forgiveness and compassion for ourselves and those whose social model is/was Power Over! Participants will learn energization exercises and meditation practices. INSTRUCTOR Libby Sherwood possesses a MA in Psychology and is a longtime group leader for Women's Empowerment and Yoga.

DAY	DATE	TIME	FEE	LOC	COURSE
F	April 6-May 11	7:00pm-8:00pm	\$90R \$95N	SRCC	2337



Resilient Neighborhoods: Be Part of the Climate Solution- FREE

Join Resilient Neighborhoods to reduce your carbon footprint and get prepared for emergencies. During this FREE 5-session workshop you will take simple actions like trimming energy, and waste, conserving water, and choosing smarter transportation options that can save money too. You'll see the positive results of your efforts and help build a stronger and safer community. Nearly 1,000 Marin residents have already reduced 5 million pounds of CO2 pollution through Resilient Neighborhoods. This program is ideal for anyone who is concerned about climate change and has a desire to join with other community members to create a better future. All you need to participate is access to a computer and your utility bills. Plan to attend all 5 workshop dates. If necessary you can make-up a missed class at another location with advance notice. Website: www.resilientneighborhoods.org

DAY	DATE	TIME	FEE	LOC	COURSE
Th	April 19- May 17	7:00pm-9:00pm	FREE	SRCC	2316

Seniors

San Rafael Goldenaires

The San Rafael Goldenaires Senior Citizen Organization meets at the San Rafael Community Center, 618 B Street. The club offers adults over the age of 62 the opportunity to meet & socialize with other people. The membership fee is \$30 per year. Classes include exercise programs, woodcarving, painting, mahjong, computer classes, bocce, bridge, and poker. Special events include monthly trips around the Bay Area, Reno, Indian Casinos, Broadway theatre productions, and extended tours throughout the state, country and Europe. Other events include monthly themed luncheons, dinner dances and a craft fair. For a brochure call (415) 485-3348. Office hours are Monday through Friday, 9:00am-3:00pm.

BINGO GAMES We offer weekly Bingo games with a hot meal provided by Good Earth Natural Foods on each Wednesday of the month, except the third Wednesday. Please call (415) 457-4636 on the Thursday prior for a reservation. Lunch is served from 11:00am-11:30am. Bingo to follow at 12 noon. There is a \$3 donation/\$6 donation for seniors under 60 years old.

Monday Night Bingo • April 16 & August 13

San Rafael Community Center, 618 B Street, San Rafael
Doors open at 5:30pm,
Buffet Dinner 6:00pm-6:45pm
Bingo games begin promptly at 7:00pm
Advance reservation is \$20 per person
At the door is \$25 per person
Bingo only is \$10 per person



Includes dinner, one (1) Bingo pack & dauber
Deadline for reservations is
Thursday, April 13 & Thursday, August 10

Special Events

SUNDAY DANCES

April 29, May 27, June 24, July 29 & August 26
2:00pm to 5:00pm

**San Rafael Community
Center 618 B St., San Rafael**

Open to the public. Come and enjoy the sounds of big band and pop music by THE MANNY GUTIERREZ BAND.

Tickets at the door are \$10 per person. Cost includes snacks, refreshments & raffle prizes.

We offer plenty of parking, air conditioning, a wooden floor & mixers. For more information call (415) 485-3348.



Terra Linda Seniors

The Terra Linda Senior Citizen Organization meets at the Terra Linda Community Center, 670 Del Ganado Road from 9:30am-12:30pm every Tuesday. Activities include weekly bingo games and occasional luncheons and plenty of time to socialize. Adults 55 years and older are welcome to join the group for a fee of \$15 per year. For more information call 485-3344/3341.



Albert J. Boro Community Center Multi-Cultural Older Adult Programs

Older adults of all ethnicities in Marin are welcome to come to the Albert J. Boro Community Center-Pickleweed Park where we provide one with opportunities for socialization and integration. The group meets every Wednesday from 11am-12pm.

Good Earth Natural Foods provides a hot, nutritional lunch program served at 12 noon for a donation of \$3 for those over 60 years of age and a \$6 fee for those under 60 years of age. Reservations for lunch may be made by calling (415) 457-4636 by the Thursday before.

Join in on the activities and meet new friends. Bring your ideas of what type of programs & activities you would like to start at the Center. Our largest populations at present are Hispanic/Latino and Vietnamese, although we welcome all older adults. For more information contact the Whistlestop at 456-9062 or the San Rafael Community Services Department at 485-3341.

Additional multicultural programs are held at the Whistlestop which include: Spanish Discussion Group, Persian Social Club, German Social Club, French Social Club, ESL (English As A Second Language) Classes, Citizenship Classes, Spanish Class, Knitting & Jewelry Classes and Consultation Services.



Seniors continued



Travel

Come and explore the wonders of the world. San Rafael Goldenaires and San Rafael Community Services have planned many wonderful adventures for you to enjoy. Brochures available by calling the San Rafael Goldenaires at (415) 485-3348.



TALBOT TOURS

North Carolina & Outer Banks

September 16 - 25, 2018

The Big "E" The Largest Fair on the East Coast

September 17 - 25, 2018

Upstate New York & Hudson Valley

October 6 - 12, 2018

At Home With Presidents

October 10 - 16, 2018

Imperial Splendors and Oberammergau

September 14 - 26, 2020

COLLETTE TOURS

Canyon Country

April 12 - 20, 2018

CRUISES THROUGH BARBARA'S TRAVEL

For brochures or details call Barbara Nelson at 1-866-462-7887.

Panama Canal for 15 nights

February 19, 2018

Wine Cruise on Amawaterways

Sail to Alaska from San Francisco

June 25- July 5, 2018.



Terra Linda Pool
 670 Del Ganado Road, San Rafael
 Office (415) 485-3344 Pool (415) 485-3346



Hamilton Pool
 203 El Bonito Road, Novato
 Office (415) 485-3344 Pool (415) 883-7126

AQUATICS

SPECIALTY INSTRUCTION

For more information call (415) 485-3344, email terralindapool@cityofsanrafael.org

TERRA LINDA POOL

Lifeguard Training – Blended Learning

Age: 15Y & UP

Lifeguard Training Course will teach lifeguard candidates the skills and knowledge needed to prevent and respond to aquatic emergencies. Certification includes ARC Lifeguard Training, First Aid & CPR/AED for the Professional Rescuer.

Prerequisites To be eligible for the LGT course, candidates must be 15 years of age on or before the final scheduled session of the course and have access to a computer to do the online components required for class completion. Candidates must successfully complete various swimming prerequisites. Attendance is mandatory. No refunds or make-up classes are offered. Students not passing the course are not eligible for a refund or a discounted price on another session. Class requires tablet or computer technology.

FEES \$235 residents/\$282 non-residents Books are available on loan at no additional cost. If you wish to purchase a book please contact the office at (415) 485-3344.

SCHEDULE

Fridays 4:00pm-9:00pm
 Saturdays & Sundays 8:30am-5:30pm

DAY	DATE	CODE
Friday	March 23	2371
Saturday & Sunday	March 24 & 25	
Friday	April 13	2827
Saturday & Sunday	April 14 & 15	
Friday	April 27	2828
Saturday & Sunday	April 28 & 29	
Friday	May 25	2829
Saturday & Sunday	May 26 & 27	
Friday	June 1	2830
Saturday & Sunday	June 2 & 3	
Friday	July 13	2831
Saturday & Sunday	July 14 & 15	
Friday	August 17	2832
Saturday & Sunday	August 18 & 19	
Friday	August 24	2833
Saturday & Sunday	August 25 & 26	

TERRA LINDA & HAMILTON POOLS

Jr. Guards

Age: 12Y-14Y

Do you enjoy being at the pool? Ready to serve in a volunteer role; working alongside the Terra Linda pool lifeguards? Jr. Guards will be assigned specific weeks and times to volunteer, based on availability and interest in the program. Interested applicants should contact the Terra Linda Community Center for an application or to find out more about the program. This is a great program for those who have a great attitude, like to be part of a team, and want to help at their community pool this summer. Call (415) 485-3344 or email terralindapool@cityofsanrafael.org.

Aquatic Aide Institute

Age: 12Y-14Y

Enjoy being poolside, in a high energy environment surrounded by kids? This is your chance to make a difference while having fun and gaining on-the-job experience. Become an Aquatic Aide and volunteer/train alongside American Red Cross Lifeguards, swim instructors, and our very own Splash Camp Counselors.

Each participant receives a free season pass to the Terra Linda or Hamilton Pool - based on where they choose to volunteer, a certificate of completion, and a letter verifying volunteer hours. A manual provided during Orientation, which will provide training and tools.

Aquatic Aides are assigned to work a minimum of one session, Monday - Friday, 8:00am to 1:30pm or Monday-Thursday 10:15am-12:15pm. Times may vary. We invite all swim aides to enjoy our end-of-season celebration.

Prerequisites Must be able to swim 150 yards, tread water enjoy working with young children, and commit to a minimum of one full session.

Application Deadline Candidates must complete an application, which is due Friday, May 4. If accepted, fee is \$36

Birthday Party Packages

Terra Linda Community Center

670 Del Ganado Road, San Rafael

(415) 485-3344 terralindapool@cityofsanrafael.org

Come enjoy your birthday at the community center, which offers access to the park and pool.

TERRA LINDA POOL PARTY



Your party package includes two reserved tables under a shade structure, pool entry, in & out privileges and free entry for the party organizer and birthday person. Pool parties can be booked during public swim times.

Park picnic area available for a minimal fee for pool parties. Please note, for children under 10 years of age, we require the presence of minimum of 2 adults for every 10 children. For patrons between the ages 10 and 18 years we require 2 adults for every 20 children. Fee: \$38/per hour & \$4/per person Refundable De-posit: \$50



EXERCISE CLASSES

Terra Linda & Hamilton Pools

WaterGym

WaterGym™ is a fun, sports-oriented water aerobics work-out that teaches you to use water as a powerful gym. You'll mimic sports workouts and exercises in the water, such as running, biking, weight lifting, and kick boxing, without impact or wear and tear on your joints! You'll get the benefits of weights, aerobics and stretching all in one workout, while focusing on calorie burning and improving all 5 aspects of physical fitness. WaterGym™ classes have been held in Marin County for over 25 years. Come join us! \$12 drop-in. No class on holidays. QUESTIONS: visit www.watergym.com or call (415) 388-5099. No class May 28, July 4 & September 3

Terra Linda Pool - May 7-Sept 26

Mondays & Wednesdays • 10-11:00am

Hamilton Pool - June 19-Aug 28

Tuesdays • 9:30am-10:30am

HAMILTON POOL

Aqua Zumba

Aqua Zumba is a pool party you wouldn't want to miss! It is dance in the water with Zumba styles such as Salsa, Mambo, Cha-Cha and more. This class is low impact with high energy and every step helps tone your muscles. Aqua Zumba is combined with fast and slow rhythms and has a natural resistance that the water creates. Come burn calories while having fun! **AGE 13 & up** NOTE: No class June 28 & July 5.

June 21 - August 30

Thursdays • 9:15-10:15am

TERRA LINDA POOL

DAILY ADMISSION RATES

RESIDENT RATES For Terra Linda Pool you must be a San Rafael resident or work in San Rafael.
For Hamilton Pool you must be a Novato resident or work in Novato.
Proof of residency or employment is required for resident rate.

	Resident	Non-Resident
YOUTH RATES 12 months-15 years	\$4	\$7
ADULT RATES 16 years and older	\$5	\$9
SWIM PUNCH CARD	\$67	\$71

SEASON PASSES

Includes unlimited admission plus 4 Guest Passes.
Additional passes for pass holders are 5 for \$20 and 10 for \$35
For the Family Rate - family members must share the same household.
Additional family members after 5 persons is \$40/per person.

TERRA LINDA SEASON PASS RATES

EARLY BIRD RATES - BEFORE MAY 28

Type	Resident	Non-Resident
Individual	\$190	\$201
Couple	\$245	\$258
Senior Citizen	\$126	\$133
Senior Couple	\$190	\$201
Family of 3	\$280	\$294
Family of 4	\$315	\$332
Family of 5	\$345	\$363

FULL SEASON RATES - MAY 29 & AFTER

Type	Resident	Non-Resident
Individual	\$211	\$222
Couple	\$272	\$286
Senior Citizen	\$141	\$148
Senior Couple	\$211	\$222
Family of 3	\$308	\$323
Family of 4	\$350	\$369
Family of 5	\$367	\$385

TERRA LINDA/HAMILTON JOINT SEASON PASS Access to both pools

EARLY BIRD RATES - BEFORE MAY 28

Type	Resident	Non-Resident
Individual	\$250	\$261
Couple	\$325	\$338
Senior Citizen	\$178	\$185
Senior Couple	\$262	\$273
Family of 3	\$376	\$390
Family of 4	\$422	\$439
Family of 5	\$464	\$482

FULL SEASON RATES - MAY 29 & AFTER

Type	Resident	Non-Resident
Individual	\$271	\$282
Couple	\$352	\$366
Senior Citizen	\$193	\$200
Senior Couple	\$283	\$294
Family of 3	\$404	\$419
Family of 4	\$457	\$476
Family of 5	\$486	\$504

HAMILTON POOL

DAILY ADMISSION RATES

RESIDENT RATES For Terra Linda Pool you must be a San Rafael resident or work in San Rafael.
For Hamilton Pool you must be a Novato resident or work in Novato.
Proof of residency or employment is required for resident rate.

	Resident	Non-Resident
YOUTH RATES 12 months-15 years	\$4	\$7
ADULT RATES 16 years and older	\$5	\$9
SWIM PUNCH CARD	\$67	\$71

SEASON PASSES

Includes unlimited admission plus 4 Guest Passes.
Additional passes for pass holders are 5 for \$20 and 10 for \$35
For the Family Rate - family members must share the same household.
Additional family members after 5 persons is \$40/per person.

HAMILTON SEASON PASS RATES

EARLY BIRD RATES - BEFORE MAY 28

Type	Resident	Non-Resident
Individual	\$150	\$165
Couple	\$200	\$220
Senior Citizen	\$130	\$143
Senior Couple	\$150	\$165
Family of 3	\$240	\$264
Family of 4	\$275	\$300
Family of 5	\$305	\$335

FULL SEASON RATES - MAY 29 & AFTER

Type	Resident	Non-Resident
Individual	\$165	\$182
Couple	\$220	\$242
Senior Citizen	\$143	\$157
Senior Couple	\$165	\$182
Family of 3	\$264	\$290
Family of 4	\$300	\$320
Family of 5	\$335	\$368

TERRA LINDA/HAMILTON JOINT SEASON PASS Access to both pools

EARLY BIRD RATES - BEFORE MAY 28

Type	Resident	Non-Resident
Individual	\$250	\$261
Couple	\$325	\$338
Senior Citizen	\$178	\$185
Senior Couple	\$262	\$273
Family of 3	\$376	\$390
Family of 4	\$422	\$439
Family of 5	\$464	\$482

FULL SEASON RATES - MAY 29 & AFTER

Type	Resident	Non-Resident
Individual	\$271	\$282
Couple	\$352	\$366
Senior Citizen	\$193	\$200
Senior Couple	\$283	\$294
Family of 3	\$404	\$419
Family of 4	\$457	\$476
Family of 5	\$486	\$504

TERRA LINDA & HAMILTON SWIM LESSONS

Private Swim Lessons Children & Adults

Please call 485-3344 to request a private lesson.

We offer private, 30-minute swim lessons with a one-on-one student-to-teacher ratio or you may sign up for a semi private lesson, which is designed for two students at a similar swim level, assigned to one instructor.

Private lessons allow you the flexibility to schedule lessons around your availability. An instructor is assigned based on your needs and will coordinate lessons based on your availability.

Schedule An instructor will only wait ten minutes. If you are late for your lesson, you will still be charged for the full lesson and if the instructor has scheduled a lesson after your lesson, you may not receive your allotted lesson time.

Fees You may sign up for one lesson or a block of five lessons at a discounted rate. Please note -- you must pay for your lesson in advance. Refunds are not available for no-shows.

Private Lessons for One Student

One Lesson \$37 residents/\$40 non-residents
Five Lessons \$137 residents/\$150 residents

Semi-Private Lessons for Two Students at Similar Swim Level

\$58 residents /\$63 non-residents
\$187 residents /\$206 non-residents

HAPPY FISH SWIM SCHOOL SWIM LESSONS

We offer a wide variety of group lessons for children as young as six months to 14 years old. The Happy Fish Swim School emphasizes fun and safety in the aquatic environment through guided instruction by a professional swim instructor. It's never too late to start thinking about skills that are not only fun but could also save you or your child's life.

Lessons begin as early as mid-April and continue through the summer! Our intensive summer swim program starts June 18, 2018.

GROUP SWIM LESSON POLICIES

Swim Levels If you sign your child up for a level that they have successfully mastered, we will transfer your child to another level at no charge to you. During the lesson, instructors may move your child up or down a level to accommodate your swimmer's abilities. If a level does not meet the minimum registration, we may combine levels of students with similar skill ability. Once your child has successfully demonstrated all required skills in his/her lessons, he or she is eligible to move to the next level.

Instructor Requests Unfortunately, we cannot take requests for specific instructors for group lessons. If you would like a specific instructor, please inquire about private lessons.

Refunds, credits or transfers may be requested at a minimum of two working days prior to the start of a session. No refunds, credits or transfers will be provided less than two working days in advance. Transfer requests from different session dates will be assessed a \$5 transfer fee. Requests must be done in writing or in person.

Stay & Play Student in lesson can stay and swim for no charge for that day. If other family members or friends would like to stay and swim, they must pay the daily admission fee or have a season pass. Children who are three and under or are not potty-trained must wear an approved Swim Diaper.

GROUP SWIM LESSON FEES

Parent Tot - Level 4

Three-Day Session: \$34 Resident / \$38 Non-Resident
Four-Day Session: \$44 Resident / \$48 Non-Resident

Levels 5-7

Three-Day Session: \$44 Resident / \$48 Non-Resident
Four-Day Session: \$55 Resident / \$60 Non-Resident

SWIM LEVEL CHART

Parent Tot - Water Baby Advanced 30 mins

Instructor/Student Ratio 1:12

- Blowing bubbles, jumping, basic arm swim skills
- Slight submersion practiced
- Begins to swim with instructor
- Songs & Games
- Parent participation required
- Best for kids 6 - 36 months
- This is a water adjustment class
- Child comfortable in water with instructor for short periods
- Child must want to be there and has fun playing in the water

Level 1 30 mins

Instructor/Student Ratio 1:3

- How to enter and exit water safely
- Learns basic water safety
- Actively interacts with instructor
- "Swimming is Fun!" emphasized with games
- No parent participation
- Good beginning class for kids age 3 or older
- Child is mainly on steps for entire class period
- Fully comfortable in water with instructor for entire class period
- Child is excited & pushes the learning process to try harder

Level 2 30 mins

Instructor/Student Ratio 1:3

- Fundamental water skills and aquatic safety taught
- Full Face Submersion Introduced
- Floating Back & Front
- Wall Push Offs on Back & Front
- Explores entire pool
- Supported alternating arm circles and kicking together
- Child pushes off wall alone on tummy
- Child jumps to instructor alone
- Must be able to use flotation device unsupported for 2 body lengths
- Must be able to float on back & front unsupported

Level 3 30 mins

Instructor/Student Ratio 1:3

- Practices alternating arm circles and kicking together
- Begins discussion of side breathing
- beginning backstroke
- Streamline swimming introduced
- Breaststroke arms and legs introduced separately
- Jumps in and swims directly to wall
- Fully submerges face 3 times with bobs
- Swims front crawl 2 body lengths
- Able to push off wall on back and float 2 body lengths

Level 4 30 mins

Instructor/Student Ratio 1:4

- Builds swimming stamina
- Begins work on treading water & sitting/kneeling dives
- Works on streamline kick on back
- Ample practice time on breaststroke & backstroke
- Some refreshing of front crawl with side-breathing
- Begins dolphin kicking practice
- General technique work on front crawl, back and breast
- Able to swim front crawl at least 13 yards
- Able to streamline kick for 10 yards w/o kickboard
- Able to swim backstroke three body lengths
- Able to swim breaststroke three body lengths
- Recognizable side-breathing

Level 5 40 mins

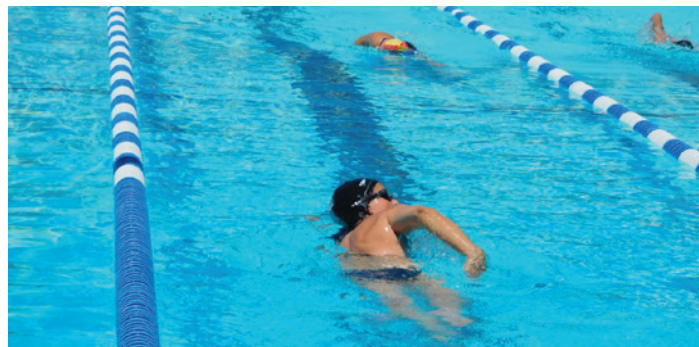
Instructor/Student Ratio 1:5

- Builds up to 25 yards front crawl with side-breathing
- Practices front crawl, breaststroke, backstroke & treading water
- Learns full butterfly
- Introduced to standing dives
- Builds stamina and technique on all strokes
- Able to swim 25 yards front crawl, 25 yards backstroke, 10 yards breaststroke and a recognizable butterfly for 2 body lengths
- Able to dive unperfected

Level 6/7 40 mins

Instructor/Student Ratio 1:6

- Works on swimming 50 yards front crawl
- Practices swimming refined strokes
- Begins work on flip turns
- Practice and stamina emphasized
- Students should swim multiple laps during lesson with instruction in between
- Provides skills needed to start a swim team.
- Able to swim multiple laps during lesson with breaks in between
- Swim strokes are all recognizable but need refinement
- Able to maintain streamline and balance in water



TERRA LINDA SWIM LESSONS

Monday & Wednesday Classes

Session 1 4/16, 4/18, 4/23, 4/25		
Level 1	3:30pm-4:00pm	2028
Level 2	4:05pm-4:35pm	2082
Level 3	4:40pm-5:10pm	2144

Session 2 4/30, 5/2, 5/7, 5/9		
Level 1	3:30pm-4:00pm	2030
Level 2	4:05pm-4:35pm	2083
Level 3	4:40pm-5:10pm	2145

Session 3 5/14, 5/16, 5/21, 5/23		
Level 1	3:30pm-4:00pm	2033
Level 2	4:05pm-4:35pm	2084
Level 3	4:40pm-5:10pm	2146

Saturday Classes

Session 1 6/2, 6/9, 6/16, 6/23		
Level 1	2:50pm-3:20pm	2034
Level 2	3:25pm-3:55pm	2085
Level 3	4:00pm-4:30pm	2147
Level 4	4:35pm-5:05pm	2268
6&UP Lev 2	5:10pm-5:40pm	2133
6&UP Lev 3	5:10pm-5:40pm	2213

Session 2 7/7, 7/14, 7/21, 7/28		
Parent Tot	9:10am-9:40am	2404
Level 1	10:55am-11:25am	2035
Level 2	10:20am-10:50am	2086
Level 3	9:45am-10:15am	2148
Level 4	9:45am-10:15am	2269
Level 5	11:30am-12:10pm	2373
Level 6/7	11:30am-12:10pm	2388
6&UP Lev 2	10:55am-11:25am	2135
6&UP Lev 3	10:20am-10:50am	2214

Session 3 8/4, 8/11, 8/18, 8/25		
Parent Tot	9:10am-9:40am	2405
Level 1	10:55am-11:25am	2036
Level 2	10:20am-10:50am	2087
Level 3	9:45am-10:15am	2149
Level 4	9:45am-10:15am	2270
Level 5	11:30am-12:10pm	2374

Level 6/7	11:30am-12:10pm	2389
6&UP Lev 2	10:55am-11:25am	2136
6&UP Lev 3	10:20am-10:50am	2215

Sunday Classes

Session 1 4/15, 4/22, 4/29		
Level 1	10:55am-11:25am	2037
Level 2	10:20am-10:50am	2090
Level 3	9:45am-10:15am	2150
Level 4	9:10am-9:40am	2271
Level 5	11:30am-12:10pm	2375

Session 3 7/8, 7/15, 7/22, 7/29		
Parent Tot	9:10am-9:40am	2408
Level 1	10:55am-11:25am	2039
Level 2	10:20am-10:50am	2092
Level 3	9:45am-10:15am	2152
Level 4	9:10am-9:40am	2273
Level 5	11:30am-12:10pm	2378
Level 6/7	11:30am-12:10pm	2391

Session 4 8/5, 8/12, 8/19, 8/26		
Parent Tot	9:10am-9:40am	2409
Level 1	10:55am-11:25am	2040
Level 2	10:20am-10:50am	2093
Level 3	9:45am-10:15am	2153
Level 4	9:10am-9:40am	2274
Level 5	11:30am-12:10pm	2379
Level 6/7	11:30am-12:10pm	2392

Summer Intensive Swim Lessons

Monday - Thursday

Session 1	June 18-June 21
Session 2	June 25-June 28
Session 3	July 9-July 12
Session 4	July 16-July 19
Session 5	July 23-July 26
Session 6	July 30-August 2
Session 7	August 6-August 9

Session 1 June 18-June 21		
Level 1	10:30am-11:00am	2044
Level 1	11:05am-11:35am	2045
Level 1	11:40am-12:10pm	2047
Level 2	10:30am-11:00am	2094
Level 2	11:05am-11:35am	2095
Level 2	11:40am-12:10pm	2096
Level 3	10:30am-11:00am	2154
Level 3	11:05am-11:35am	2155
Level 3	11:40am-12:10pm	2156
Level 4	10:30am-11:00am	2276
Level 4	11:05am-11:35am	2277
Level 4	11:40am-12:10pm	2278
Level 5	10:20am-11:00am	2380
Level 6/7	10:20am-11:00am	2393
6&UP Lev 2	11:05am-11:35am	2137
6&UP Lev 3	11:40am-12:10pm	2216

Session 2 June 25-June 28		
Parent	11:05am-11:35am	2410
Level 1	10:30am-11:00am	2048
Level 1	11:05am-11:35am	2049
Level 1	11:40am-12:10pm	2050
Level 2	10:30am-11:00am	2097
Level 2	11:05am-11:35am	2098
Level 2	11:40am-12:10pm	2099
Level 3	10:30am-11:00am	2157
Level 3	11:05am-11:35am	2158
Level 3	11:40am-12:10pm	2159
Level 4	10:30am-11:00am	2279
Level 4	11:05am-11:35am	2280
Level 4	11:40am-12:10pm	2281
Level 5	10:20am-11:00am	2381
Level 6/7	10:20am-11:00am	2394
6&UP Lev 2	11:05am-11:35am	2138
6&UP Lev 3	11:40am-12:10pm	2217

Session 3 July 9-July 12		
Level 1	10:30am-11:00am	2051
Level 1	11:05am-11:35am	2052
Level 1	11:40am-12:10pm	2053
Level 2	10:30am-11:00am	2100
Level 2	11:05am-11:35am	2102
Level 2	11:40am-12:10pm	2103
Level 3	10:30am-11:00am	2160
Level 3	11:05am-11:35am	2161

Evening Summer Intensive Swim Lessons

Monday - Thursday

Level 3	11:40am-12:10pm	2162
Level 4	10:30am-11:00am	2282
Level 4	11:05am-11:35am	2283
Level 4	11:40am-12:10pm	2284
Level 5	10:20am-11:00am	2383
Level 6/7	10:20am-11:00am	2396
6&UP Lev 2	11:05am-11:35am	2139
6&UP Lev 3	11:40am-12:10pm	2218

Session 4 July 16-July 19		
Parent	11:05am-11:35am	2411
Level 1	10:30am-11:00am	2054
Level 1	11:05am-11:35am	2055
Level 1	11:40am-12:10pm	2056
Level 2	10:30am-11:00am	2104
Level 2	11:05am-11:35am	2105
Level 2	11:40am-12:10pm	2106
Level 3	10:30am-11:00am	2163
Level 3	11:05am-11:35am	2164
Level 3	11:40am-12:10pm	2165
Level 4	10:30am-11:00am	2285
Level 4	11:05am-11:35am	2286
Level 4	11:40am-12:10pm	2287
Level 5	10:20am-11:00am	2384
Level 6/7	10:20am-11:00am	2398
6&UP Lev 2	11:05am-11:35am	2140
6&UP Lev 3	11:40am-12:10pm	2288

Session 5 July 23-July 26		
Level 1	10:30am-11:00am	2057
Level 1	11:05am-11:35am	2058
Level 1	11:40am-12:10pm	2059
Level 2	10:30am-11:00am	2117
Level 2	11:05am-11:35am	2118
Level 2	11:40am-12:10pm	2119
Level 3	10:30am-11:00am	2166
Level 3	11:05am-11:35am	2167
Level 3	11:40am-12:10pm	2168
Level 4	10:30am-11:00am	2290
Level 4	11:05am-11:35am	2291
Level 4	11:40am-12:10pm	2292
Level 5	10:20am-11:00am	2385
Level 6/7	10:20am-11:00am	2399
6&UP Lev 2	11:05am-11:35am	2141
6&UP Lev 3	11:40am-12:10pm	2219

Session 6 July 30-August 2		
Parent	11:05am-11:35am	2412
Level 1	10:30am-11:00am	2070
Level 1	11:05am-11:35am	2071
Level 1	11:40am-12:10pm	2072
Level 2	10:30am-11:00am	2120
Level 2	11:05am-11:35am	2121
Level 2	11:40am-12:10pm	2122
Level 3	10:30am-11:00am	2200
Level 3	11:05am-11:35am	2201
Level 3	11:40am-12:10pm	2202
Level 4	10:30am-11:00am	2351
Level 4	11:05am-11:35am	2352
Level 4	11:40am-12:10pm	2353
Level 5	10:20am-11:00am	2386
Level 6/7	10:20am-11:00am	2400
6&UP Lev 2	11:05am-11:35am	2142
6&UP Lev 3	11:40am-12:10pm	2220

Session 7 August 6 - August 9		
Level 1	10:30am-11:00am	2073
Level 1	11:05am-11:35am	2074
Level 1	11:40am-12:10pm	2075
Level 2	10:30am-11:00am	2123
Level 2	11:05am-11:35am	2124
Level 2	11:40am-12:10pm	2125
Level 3	10:30am-11:00am	2203
Level 3	11:05am-11:35am	2204
Level 3	11:40am-12:10pm	2205
Level 4	10:30am-11:00am	2354
Level 4	11:05am-11:35am	2355
Level 4	11:40am-12:10pm	2356
Level 5	10:20am-11:00am	2387
Level 6/7	10:20am-11:00am	2104
6&UP Lev 2	11:05am-11:35am	2413
6&UP Lev 3	11:40am-12:10pm	2221



Session 1 7/9-7/12		
Level 1	5:15pm-5:45pm	2076
Level 2	5:50pm-6:20pm	2126
Level 3	6:25pm-6:55pm	2206
Level 4	7:00pm-7:30pm	2357

Session 2 7/16-7/19		
Level 1	5:15pm-5:45pm	2077
Level 2	5:50pm-6:20pm	2127
Level 3	6:25pm-6:55pm	2208
Level 4	7:00pm-7:30pm	2358

Session 3 7/23-7/26		
Level 1	5:15pm-5:45pm	2078
Level 2	5:50pm-6:20pm	2128
Level 3	6:25pm-6:55pm	2209
Level 4	7:00pm-7:30pm	2359

Session 4 7/30-8/2		
Level 1	5:15pm-5:45pm	2079
Level 2	5:50pm-6:20pm	2129
Level 3	6:25pm-6:55pm	2210
Level 4	7:00pm-7:30pm	2360

Monday & Wednesday

Session 1 8/13, 8/15, 8/20, 8/22		
Level 1	3:30pm-4:00pm	2080
Level 2	4:05pm-4:35pm	2130
Level 3	4:40pm-5:10pm	2211
Level 4	5:15pm-5:45pm	2361

Session 2 8/27, 8/29, 9/5		
Level 1	3:30pm-4:00pm	2081
Level 2	4:05pm-4:35pm	2131
Level 3	4:40pm-5:10pm	2212
Level 4	5:15pm-5:45pm	2362

HAMILTON SWIM LESSONS



Tuesday & Thursday

Session 2 5/22, 5/24, 5/29, 5/31		
Level 1	3:30pm-4:00pm	2424
Level 2	4:05pm-4:35pm	2458
Level 3	4:40pm-5:10pm	2520

Weekend Swim Lessons

Saturday

Session 1 6/2, 6/9, 6/16, 6/23		
Parent Tot	9:10am-9:40am	2639
Level 1	10:55am-11:25am	2425
Level 2	10:20am-10:50am	2459
Level 3	9:45am-10:15am	2526
Level 4	9:45am-10:15am	2561
Level 5	11:30am-12:10pm	2594
Level 6/7	11:30am-12:10pm	2607
6&UP Lev 2	10:55am-11:25am	2620
6&UP Lev 3	10:20am-10:50am	2629

Session 2 7/7, 7/14, 7/21, 7/28		
Parent Tot	9:10am-9:40am	2640
Level 1	10:55am-11:25am	2426

Level 2	10:20am-10:50am	2460
Level 3	9:45am-10:15am	2527
Level 4	9:45am-10:15am	2562
Level 5	11:30am-12:10pm	2595
Level 6/7	11:30am-12:10pm	2608
6&UP Lev 2	10:55am-11:25am	2621
6&UP Lev 3	10:20am-10:50am	2630

Session 3 8/4, 8/11, 8/18, 8/25		
Parent Tot	9:10am-9:40am	2641
Level 1	10:55am-11:25am	2427
Level 2	10:20am-10:50am	2461
Level 3	9:45am-10:15am	2528
Level 4	9:45am-10:15am	2563
Level 5	11:30am-12:10pm	2596
Level 6/7	11:30am-12:10pm	2609
6&UP Lev 2	10:55am-11:25am	2622
6&UP Lev 3	10:20am-10:50am	2631

Sunday

Session 2 7/8, 7/15, 7/22, 7/29		
Parent Tot	9:10am-9:40am	2643
Level 1	10:55am-11:25am	2429
Level 2	10:20am-10:50am	2463
Level 3	9:45am-10:15am	2530

Level 4	9:10am-9:40am	2565
Level 5	11:30am-12:10pm	2598
Level 6/7	11:30am-12:10pm	2611

Session 3 8/5, 8/12, 8/19, 8/26		
Parent Tot	9:10am-9:40am	2644
Level 1	10:55am-11:25am	2430
Level 2	10:20am-10:50am	2468
Level 3	9:45am-10:15am	2560
Level 4	9:10am-9:40am	2566
Level 5	11:30am-12:10pm	2599
Level 6/7	11:30am-12:10pm	2612

HP Summer Intensive Swim Lessons

Starts Monday, June 18	
Session 1	6/18-6/21
Session 2	6/25-6/28
Session 3	7/9-7/12
Session 4	7/16-7/19
Session 5	7/23-7/26
Session 6	7/30-8/2
Session 7	8/6-8/9

Session 1 6/18-6/21		
Parent	11:05am-11:35am	2645
Level 1	10:30am-11:00am	2431
Level 1	11:05am-11:35am	2432
Level 1	11:40am-12:10pm	2433
Level 2	10:30am-11:00am	2477
Level 2	11:05am-11:35am	2487
Level 2	11:40am-12:10pm	2488
Level 3	10:30am-11:00am	2533
Level 3	11:05am-11:35am	2534
Level 3	11:40am-12:10pm	2535
Level 4	10:30am-11:00am	2567
Level 4	11:05am-11:35am	2568
Level 4	11:40am-12:10pm	2569
Level 5	10:20am-11:00am	2600
Level 6/7	10:20am-11:00am	2613
6&UP Lev 2	11:05am-11:35am	2623
6&UP Lev 3	11:40am-12:10pm	2632

Session 2 6/25-6/28		
Level 1	10:30am-11:00am	2434
Level 1	11:05am-11:35am	2435
Level 1	11:40am-12:10pm	2436
Level 2	10:30am-11:00am	2478
Level 2	11:05am-11:35am	2479
Level 2	11:40am-12:10pm	2480
Level 3	10:30am-11:00am	2536
Level 3	11:05am-11:35am	2537
Level 3	11:40am-12:10pm	2538
Level 4	10:30am-11:00am	2570
Level 4	11:05am-11:35am	2571
Level 4	11:40am-12:10pm	2572
Level 5	10:20am-11:00am	2601
Level 6/7	10:20am-11:00am	2614
6&UP Lev 2	11:05am-11:35am	2624
6&UP Lev 3	11:40am-12:10pm	2633

Session 3 7/9-7/12		
Parent	11:05am-11:35am	2646
Level 1	10:30am-11:00am	2437
Level 1	11:05am-11:35am	2438
Level 1	11:40am-12:10pm	2439
Level 2	10:30am-11:00am	2481
Level 2	11:05am-11:35am	2482
Level 2	11:40am-12:10pm	2483
Level 3	10:30am-11:00am	2539
Level 3	11:05am-11:35am	2540
Level 3	11:40am-12:10pm	2541
Level 4	10:30am-11:00am	2573
Level 4	11:05am-11:35am	2574
Level 4	11:40am-12:10pm	2575

Level 5	10:20am-11:00am	2602
Level 6/7	10:20am-11:00am	2615
6&UP Lev 2	11:05am-11:35am	2723
6&UP Lev 3	11:40am-12:10pm	2634

Session 4 7/16-7/19		
Level 1	10:30am-11:00am	2440
Level 1	11:05am-11:35am	2441
Level 1	11:40am-12:10pm	2442
Level 2	10:30am-11:00am	2484
Level 2	11:05am-11:35am	2485
Level 2	11:40am-12:10pm	2486
Level 3	10:30am-11:00am	2542
Level 3	11:05am-11:35am	2543
Level 3	11:40am-12:10pm	2544
Level 4	10:30am-11:00am	2576
Level 4	11:05am-11:35am	2577
Level 4	11:40am-12:10pm	2578
Level 5	10:20am-11:00am	2603
Level 6/7	10:20am-11:00am	2616
6&UP Lev 2	11:05am-11:35am	2625
6&UP Lev 3	11:40am-12:10pm	2635

Session 5 7/23-7/26		
Parent	11:05am-11:35am	2647
Level 1	10:30am-11:00am	2443
Level 1	11:05am-11:35am	2444
Level 1	11:40am-12:10pm	2445
Level 2	10:30am-11:00am	2489
Level 2	11:05am-11:35am	2490
Level 2	11:40am-12:10pm	2491
Level 3	10:30am-11:00am	2545
Level 3	11:05am-11:35am	2546
Level 3	11:40am-12:10pm	2547
Level 4	10:30am-11:00am	2579
Level 4	11:05am-11:35am	2580
Level 4	11:40am-12:10pm	2581
Level 5	10:20am-11:00am	2604
Level 6/7	10:20am-11:00am	2619
6&UP Lev 2	11:05am-11:35am	2626
6&UP Lev 3	11:40am-12:10pm	2636

Session 6 7/30-8/2		
Level 1	10:30am-11:00am	2446
Level 1	11:05am-11:35am	2447
Level 1	11:40am-12:10pm	2448
Level 2	10:30am-11:00am	2492
Level 2	11:05am-11:35am	2493
Level 2	11:40am-12:10pm	2494
Level 3	10:30am-11:00am	2548
Level 3	11:05am-11:35am	2549

Level 3	11:40am-12:10pm	2550
Level 4	10:30am-11:00am	2582
Level 4	11:05am-11:35am	2583
Level 4	11:40am-12:10pm	2584
Level 5	10:20am-11:00am	2605
Level 6/7	10:20am-11:00am	2618
6&UP Lev 2	11:05am-11:35am	2627
6&UP Lev 3	11:40am-12:10pm	2637

Session 7 8/6-8/9		
Parent	11:05am-11:35am	2648
Level 1	10:30am-11:00am	2449
Level 1	11:05am-11:35am	2450
Level 1	11:40am-12:10pm	2451
Level 2	10:30am-11:00am	2495
Level 2	11:05am-11:35am	2496
Level 2	11:40am-12:10pm	2497
Level 3	10:30am-11:00am	2551
Level 3	11:05am-11:35am	2552
Level 3	11:40am-12:10pm	2553
Level 4	10:30am-11:00am	2585
Level 4	11:05am-11:35am	2586
Level 4	11:40am-12:10pm	2587
Level 5	10:20am-11:00am	2606
Level 6/7	10:20am-11:00am	2617
6&UP Lev 2	11:05am-11:35am	2628
6&UP Lev 3	11:40am-12:10pm	2638

Evening Summer Intensive Swim Lessons

Monday - Thursday

Session 1 7/9-7/12		
Level 1	5:15pm-5:45pm	2452
Level 2	5:50pm-6:20pm	2507
Level 3	6:25pm-6:55pm	2554
Level 4	7:00pm-7:30pm	2588

Session 2 7/16-7/19		
Level 1	5:15pm-5:45pm	2453
Level 2	5:50pm-6:20pm	2508
Level 3	6:25pm-6:55pm	2555
Level 4	7:00pm-7:30pm	2589

Session 3 7/23-7/26		
Level 1	5:15pm-5:45pm	2454
Level 2	5:50pm-6:20pm	2510
Level 3	6:25pm-6:55pm	2556
Level 4	7:00pm-7:30pm	2590

Session 4 7/30-8/2		
Level 1	5:15pm-5:45pm	2455
Level 2	5:50pm-6:20pm	2514
Level 3	6:25pm-6:55pm	2557
Level 4	7:00pm-7:30pm	2591

Wednesday & Thursday

Session 1 8/15, 8/16, 8/22, 8/23		
Level 1	3:30pm-4:00pm	2456
Level 2	4:05pm-4:35pm	2515
Level 3	4:40pm-5:10pm	2558
Level 4	5:15pm-5:45pm	2592

Session 2 8/29, 8/30, 9/5, 9/6		
Level 1	3:30pm-4:00pm	2457
Level 2	4:05pm-4:35pm	2518
Level 3	4:40pm-5:10pm	2559
Level 4	5:15pm-5:45pm	2593



WE'RE HIRING FOR AQUATICS POSITIONS!

Enjoy your job at our two fun pools in San Rafael or Novato
WWW.CALOPPS.ORG/CITY-OF-SAN-RAFAEL

ARE YOU PREPARED FOR A WILDFIRE?



The summer fire season is just around the corner and the San Rafael Fire Department would like to remind all residents to enhance their seasonal yard maintenance in accordance with fire-safe vegetation management standards. As a resident, it is your year-round responsibility to maintain the vegetation on your property in a condition so that it doesn't contribute to the spread of a fire.

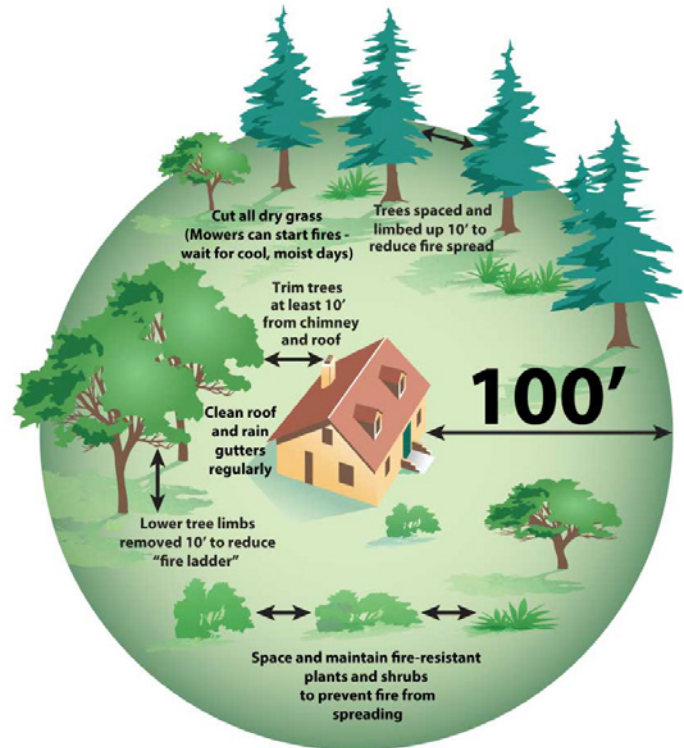
BUILD DEFENSIBLE SPACE

Defensible space is essential to improve your home's chance of surviving a wildfire. It's the buffer you create between a building on your property and the grass, trees, shrubs, or any wildland area that surround it. This space is needed to slow or stop the spread of wildfire and it protects your home from catching fire – either from direct flame contact or radiant heat. Defensible space is also important for the protection of the firefighters defending your home.

Vegetation management goes beyond trimming your trees away from structures and pulling seasonal grasses. To create defensible space:

- Remove dead, dying and accumulated growth from all areas of the property;
- Clean out roof gutters of all combustible materials; and
- Space shrubs and trees both horizontally and vertically to prevent fire from spreading.

By doing this we can work together to increase fire safety while reducing individual risk and liabilities.



WILDLAND URBAN INTERFACE PROPERTY INSPECTIONS

Beginning late spring of each year, the San Rafael Fire Department Vegetation Management Division will inspect properties located within and near the *Wildland Urban Interface* to determine compliance with the regulations outlined in the Vegetation Management Standards 4.12. To find out if you are within the Wildland Urban Interface, please go to www.firesafemarin.org/wui.

RESIDENTIAL FIRE HAZARD ASSESSMENT REQUEST FORM

Over 8,600 parcels and lots in San Rafael are located in the High Fire Hazard - Wildland Urban Interface (WUI). The San Rafael Fire Department offers residents located within the WUI a Residential Fire Hazard assessment. The assessment will help residents and the fire department identify risks and challenges to their homes and landscaping from wildfires.

- For the online form and to learn more, please visit www.cityofsanrafael.org/vegetation-management/
- For questions or assistance, please call the **San Rafael Fire Vegetation Management Division** at **(415) 458-5002**.

VEGETATION MANAGEMENT PROGRAM

San Rafael Fire Department, Public Works and the Police Department utilize Measure A tax revenue to fund vegetation management activities throughout the community. Of the proposed total expenditures, 40 percent supports vegetation management in the City of San Rafael. Each activity focuses on a different aspect of open space safety or preservation. Thanks to these funds, the City of San Rafael has been able to undertake high quality inspections, public education campaigns, and other activities designed to prevent costly and damaging wildfires for years.



Facility and Picnic Area Rentals



Albert J. Boro Community Center

50 Canal Street, 485-3077

This beautiful facility offers state-of-the-art rental space for meetings, seminars, workshops, weddings and parties. It features three multi-purpose classrooms with large dry erase boards and projection screens, an art room, and a large community room that can accommodate up to 425, assembly-style. The community room features round tables, a sound system with podium, stage and a beautiful redwood deck overlooking the park and bay. Enjoy our 8,300 square foot gymnasium with basketball and volleyball, as well as two outdoor sports fields. The facility is accessible for disabled persons.

Falkirk Mansion

1408 Mission Avenue, 485-3328,

“The most beautiful wedding spot in San Rafael” This wonderful facility is a 19th century country estate listed on the National Register of Historic Places. The property consists of an 1888 Queen Anne Victorian, and a 1927 greenhouse as well as a gardener’s cottage situated on 11 acres of sloping lawns, sunny gardens and a wooded hillside. Located in downtown San Rafael, Falkirk is available to rent for weddings, private parties, fundraisers, business seminars and meetings. Renters have use of the main floor, a foyer, parlor, dining room and kitchen, as well as a large verandah, second floor dressing room and a lovely ceremonial garden. The house offers spacious sun-filled rooms with graceful curves, unexpected angles and an abundance of charming detail including floor to ceiling art glass windows and hand-crafted fireplaces. Maximum capacity is 125. Rates are seasonal and the facility is accessible for disabled persons. Falkirk is open for viewing Tuesday–Friday from 1-5pm and Saturdays from 10-1pm. Email: falkirk.rentals@cityofsanrafael.org.

Falkirk Reduced Rental Rates!

Falkirk has reduced its rental rates on Sundays to accommodate special events as well as weddings. If you’re planning you’re 50th birthday, a family reunion, reception or retreat, Falkirk might be just the place for you. Sunday rates have been reduced to \$100 per hour with a four hour minimum. For more info on all weekday and weekend rates, Email: falkirk.rentals@cityofsanrafael.org.

San Rafael Community Center

618 B Street, 485-3333, fax 485-3186

This community center has been designed as a multi-use facility to accommodate groups of all ages, from tiny tots to senior citizens. Individuals, groups, or organizations are welcome to rent any part of the facility for meetings, weddings, seminars, banquets, fundraisers or any other events. The center is complete with auditorium/theater, commercial-size kitchen, a complete lobby, separate lounge and four full size meeting rooms – three of which can be opened up to one large room. The auditorium/theater, with a capacity 600 (assembled) 400 (seated) and 300 (dinner seating) can accommodate large groups. The adjacent kitchen contains four ovens, a large stove, refrigerator, sinks, ice machine and dishwasher. Additionally some of the meeting rooms contain kitchenettes. Enclosed patios surround the facility. The facility is accessible for disabled persons. For more information call the center.

San Rafael Community Center - Kitchen

Is your kitchen being remodeled? Are you being displaced from the kitchen you usually use? If you need a kitchen for a day, month or longer, we can help. Rent the San Rafael Community Center kitchen for a day. The cost is only \$45/hour. Call 485-3333 to find out more.

Terra Linda Community Center

670 Del Ganado Road, 485-3344, fax 485-3345

This community center has three large clubrooms that can serve up to three different groups at one time or open up for a great peaceful facility for a wedding reception, baptism, birthday party, etc. Each individual clubroom can accommodate 30-40 people and the entire hall can accommodate up to 100 people. We provide chairs and tables at no additional cost. Close to the clubrooms is the kitchen with refrigerator, sink, oven and plenty of counter space for food preparation.

Picnic Area Rentals

Picnic areas at Gerstle, Sun Valley, Santa Margarita, Terra Linda and Victor Jones Park may be reserved for group picnics, barbecues or children’s parties by contacting 485-3333. See our Picnic Area Rentals section for more details.

PLEASE NOTE: Alcohol is not allowed in any of our City parks except for the Redwood Grove at Gerstle Park with proof of liability insurance. Also, outside equipment such as tables, chairs or grills are not allowed unless previously approved. The Community Services – Parks and Recreation Department is working on allowing jumpers in designated areas but they are currently not allowed. Please check in with us when making your reservation to see if they will be available for your rental.

Picnic Area Rentals

Gerstle Park

Location: San Rafael Avenue @ Clark Street 3 rental areas are available.

The Redwood Grove picnic area accommodates 100-125 people and includes an arbor with two tables. Alcohol is permitted with pre-approval. Insurance is required.

Areas 1 & 2 are adjacent to the playground and the basketball court. Area 1 accommodates 10-16 people and includes 1 BBQ & 2 tables. Area 2 accommodates 35-50 people and includes 1 BBQ & 6 tables.



Santa Margarita Park (Terra Linda)

Location: Del Ganado Road to De La Guerra Road. Park at the end of De La Guerra.

The picnic area contains a grill and four tables for your event. There is also a basketball court along with two playgrounds. Restrooms are available. The picnic area accommodates 32-36 people.

Sun Valley Park

Location: End of Solano Street

Sun Valley Park accommodates 24 people and is handicap accessible. There are three covered picnic tables for use. Basketball court, playground and large grassy area available for use. The Upper Gazebo Area is non-reservable.



Victor Jones Park

Location: Enter on Robinhood or Maplewood Drive

The Lower Area of Victor Jones Park has a shaded area near a basketball court and ball field. Two large grills available. The picnic area accommodates 60 to 70 people. The Upper Area accommodates 20 to 30 people, but does not have a grill



Terra Linda Park (Terra Linda)

Location: 670 Del Ganado Road.

The picnic tables adjacent to the playground, along with a grill, are reservable. There is also a basketball court and a swimming pool next to the picnic area. Other grills and tables in the park are first come, first served.

Pickleweed Park

Location: 50 Canal Street

Picnic tables and three large grills are available for use. The picnic area accommodates 80-96 people. This is a large park setting with a playground and a soccer field. Bathrooms are available.



San Rafael Parks

For locations, please visit www.livelifelocally.org/departments/parks/

City Park Sites

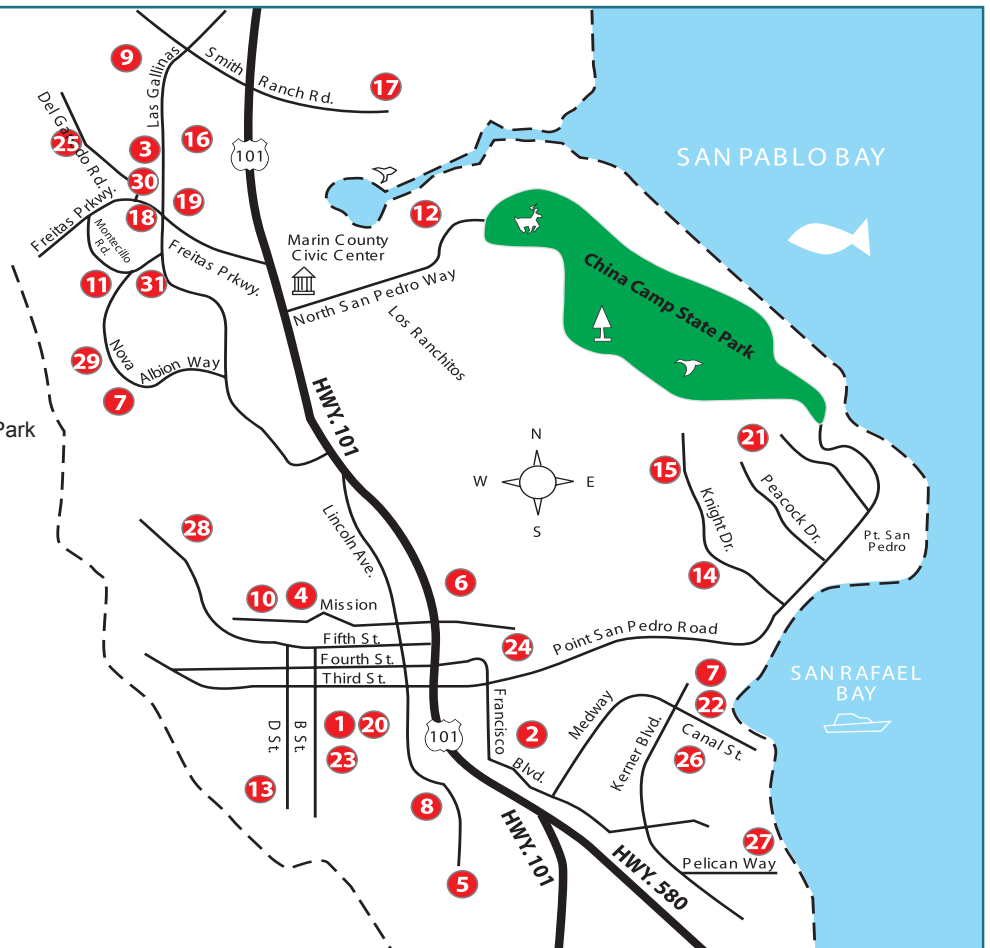
- 1 Albert Park
- 2 Beach Park
- 3 Bernard Hoffman Field
- 4 Boyd Park
- 5 Bret Harte Park
- 7 Community Garden Site
- 11 Freitas Memorial Park
- 13 Gerstle Park
- 18 Munson Park
- 19 Oleander Park
- 21 Peacock Park
- 22 Pickleweed Park
- 25 Santa Margarita Park
- 26 Schoen Park
- 27 Jean and John Starkweather Shoreline Park
- 28 Sun Valley Park
- 30 Terra Linda Park
- 15 Victor Jones Park

Community Center Facilities

- 23 San Rafael Community Center
- 22 Albert J. Boro Community Center
- 30 Terra Linda Community Center
- 10 Falkirk Cultural Center

Child Care Sites

- 6 Coleman Children's Center
- 9 Dixie Children's Center
- 12 Venetia Valley Children's Center
- 14 Glenwood Children's Center
- 16 Mary Silveira Children's Center
- 20 Parkside Children's Center
- 22 Pickleweed Children's Center
- 28 Sun Valley Children's Center
- 31 Vallecito Children's Center



Park	Ball Diamond	Grassy Area	Picnic/ BBQ	Tennis Courts	Pool	Bocce Courts	BasketBall COURT	Play Ground	Other Facilities
Albert Park	•	•		•		•		•	Community Center, two Pickleball courts
Beach Park						•		•	A play structure for children, seating
Bernard Hoffman Field	•	•							
Boyd Park			•					•	Hiking
Bret Harte Park							•	•	
Freitas Memorial Park		•	•					•	Water feature
Freitas Tennis Court				•					
Gerstle Park		•	•	•			•	•	Open space
Jean & John Starkweather Shoreline Park									3-mile walkway on the waterfront
Jerry Russom Memorial Park									Open space, walking trail
Munson Park		•	•						
Oleander Park		•	•					•	
Peacock Park		•	•					•	Par course, hiking
Peacock Tennis Courts				•					
Pickleweed Park		•	•					•	Community Center, Soccer Fields
Santa Margarita Park							•	•	Open space
Schoen Park				•				•	
Sun Valley Park		•	•				•	•	
Terra Linda Park		•	•		•		•	•	Community Center
Victor Jones Park									Volleyball, shuffleboard, hiking

Legend

Facilities

Albert J. Boro Community Center

50 Canal Street San Rafael
(415) 485-3077 Fax (415) 485-3186
community.services@cityofsanrafael.org

Falkirk Cultural Center

1408 Mission San Rafael (415) 485-3328
falkirk.rentals@cityofsanrafael.org

San Rafael Community Center

618 B Street San Rafael
(415) 485-3333 Fax (415) 485-3186
community.services@cityofsanrafael.org

Terra Linda Community Center & Pool

670 Del Ganado Road San Rafael Office:
(415) 485-3344
Pool: (415) 485-3346
Fax (415) 485-3345
terralindapool@cityofsanrafael.org

San Rafael City Council

Gary Phillips
Mayor

Maribeth Bushey

Kate Colin

John Gamblin

Andrew McCullough

Jim Schutz
City Manager

Park and Recreation Commission

Eric Holm
Chair

Tom Oblatz
Vice Chair

Mark Bustillos

Jeff Jones

Stacy Laumann

Mark Machado

Ralph Mihan

Cicily Emerson
Alternate Commissioner

Community Services Department Staff

Susan Andrade-Wax
Director

Kelly Albrecht
Senior Supervisor - Child Care

Rochelle Grechman-Dibley
Senior Supervisor - Youth Services

Ashley Howe
*Senior Supervisor - San Rafael
Community Center & Athletics*

Steve Mason
*Senior Supervisor - Albert J. Boro
Community Center*

Debbie Younkin
*Senior Supervisor - Terra Linda
Community Center & Aquatics Facility*

Risa De Ferrari
*Program Coordinator - Falkirk Cultural
Center*

Jason Fong
Program Coordinator - Youth Services

Tiffany Haley
*Program Coordinator - Terra Linda
Community Center & Aquatics Facility*

Laura Washburn
Program Coordinator - Marketing

Becky Ordin
Senior Administrative Assistant

Mary Ryan
Administrative Assistant

Sharon Lange
Bookkeeper - Child Care

Chris Master, Juan Carlos Sorto
Custodians

Phone Numbers To Know

Senior Organization

Goldenaires Senior Organization
485-3348

Sports/Fields

Community Services Sports – Game
Schedules, Rain check/field
closures, Sports Check Line 485-3349

Children's Centers

Coleman	485-3121
Dixie	485-3189
Venetia Valley	485-3105
Glenwood	485-3102
Mary Silveira	485-3190
Pickleweed	485-3101
Parkside Preschool	485-3388
Parkside School Age	485-3387
Vallecito	485-3103
Sun Valley	485-3350
Bookkeeper	485-3119
Bookkeeper Fax	458-5009

Sports Groups

St Isabella's/CYO Sports
507-2000

Dixie Little League
www.eteamz.com/DTLLL

Dixie Youth Soccer League
<http://dixiesoccer.org>

San Rafael Girls Softball
www.maringirlssoftball.org

San Rafael Little League
www.eteamz.com/srll.org

San Rafael Youth Soccer
www.sanrafaelsoccer.org

Orca Swim Team
www.tlorca.org

Marin Bocce Federation
485-5583

Pacifics Baseball
www.pacificsbaseball.com

Library Events & Activities

Please check <https://srpubliclibrary.org/events/> for the most up-to date information.

Baby Time!

Tuesday Mornings @ 10:30am-11am, with some breaks during holiday weeks. .

Baby Time! uses material from Mother Goose on the Loose, a fun-filled, thirty minute interactive session that uses rhymes, songs, puppets, musical instruments, and more to stimulate the learning process of babies and toddlers. Designed for children birth to 18 months with a parent or caregiver. Families must have at least one child aged 18 months or younger to participate.

Family Storytime

Wednesday and Thursday Mornings @ 10:30am-11am, with some breaks during holiday weeks.

An action-packed storytime with stories, songs, fingerplays, puppets, flannelboard stories and Mother Goose. Perfect for children from birth to 5 years old, accompanied by a parent or caregiver.

Stay and Play

Now after every Baby Time and Family Storytime we are offering 30 minutes of Stay and Play for children and their caregivers. All toys are brought to us with funds from the Friends of the San Rafael Public Library.

Family Blanket Fort Storytime

Thursday Evenings @ 6-6:45pm, Dates TBA.

This is ideal for families with children birth to eight years old. Join us for a cozy evening storytime at the Library and building blanket forts together. We'll provide the supplies; feel free to bring extra flashlights.

Read to a Dog

Saturday @ 11am-12pm, Monthly, Dates TBA.

Readers aged 5 and older are invited to book an appointment to read to a dog at the San Rafael Public Library! Dogs are ideal reading partners, providing comfort and unconditional acceptance that can allow children to focus better and read with greater confidence. The Marin Humane Society's SHARE a Book program is designed to help children improve their literacy skills, and to offer an opportunity for them to have fun reading – to dogs! Registration is required.

Builders' Club

Dates and Times, TBA

Children ages five and older are invited to join us at Builders Club. We provide the Legos, you bring the ideas and imagination. Participants can both build freely and participate in a Lego Quest challenge. Registration is required.

Reading Buddies

Dates and Times, TBA

Reading Buddies pairs adult and teen volunteers with children in 1st – 3rd grades for 20 minute appointments. During the appointment, the child will practice reading with their Reading Buddy one-on-one, and receive help and guidance with difficult words, comprehension, and other reading skills. We also have bilingual volunteers available who can help in both English and Spanish. Registration is required.

Math Club

Dates and Times, TBA

Math Club will provide students in 4th – 7th grades the opportunity to practice and train their math skills in a fun and non-competitive atmosphere. They will work on the level-appropriate assigned work to strengthen their foundation and learn useful tricks. Registration is required.

Volunteers Enhance the Quality of Life in San Rafael!

You too can participate: help in a City department, at events or in the Library, join a board or commission, spruce up parks and paths. Check out the many opportunities for you to be involved at www.sanrafaelvolunteers.org!



Volunteer Opportunity- Reading Buddy at San Rafael's Pickleweed Library

Make a difference in a child's life by volunteering to assist new readers build their skills and confidence and to share your enthusiasm about reading. Volunteers encourage new readers to engage with library

books at a new level by assisting with pronunciation, helping with difficult words, introducing new words, posing and answering questions to increase comprehension and general concepts. Our new readers are generally children in elementary school. Inquire today! Volunteers read with children at the Pickleweed Library for 1 hour per week on Tuesday evening from 5 pm to 7 pm. We ask for a minimum 3 month commitment. Qualifications include patience; ability to explain meanings; calm attitude; clear pronunciation; enthusiasm for reading; love of books and reading; experience working with children.

For more information visit www.sanrafaelvolunteers.org

Program Registration Form



HOW TO REGISTER

Easy Online Registration with Visa, MasterCard or Discover at www.livelifelocally.org

Or you may mail, email or register in person at any one of the City's community centers.

San Rafael Community Center
618 B Street, San Rafael, CA 94901
community.services@cityofsanrafael.org
(415) 485-3333

Albert J. Boro Community Center
50 Canal Street, San Rafael, CA 94901
community.services@cityofsanrafael.org
(415) 485-3077

Terra Linda Community Center
670 Del Ganado Drive, San Rafael, CA 94901
terralindapool@cityofsanrafael.org
(415) 485-3344

CONTACT INFORMATION (Please Print)

Name of Primary Contact _____

Street Address _____ City _____ Zip _____

Home Phone (____) _____ Mobile Phone (____) _____ Work Phone (____) _____

Email Address _____

Emergency Contact Name _____ Phone _____

Emergency Contact's Relationship to Participant _____

PARTICIPANT AND COURSE INFORMATION (Please Print)

Participant's Name	Date of Birth (under 18)	Course Title	Course Code	Day/Time	Fee

Quality Assurance

If after attending the first class you are not happy with the quality of the program, please contact us immediately. We welcome your feedback. If you call before the second class, we will give you a full refund or credit. There are no refunds or credits for non-attendance, one-day workshops, trips or materials fees.

Swim Lesson Transfers

Requests for transfers must be done in writing or in person at the Terra Linda Community Center and must be at least two working days prior to the start of a session.

HOLD HARMLESS AND RELEASE AGREEMENT

The undersigned on behalf of himself/herself and on behalf of any child enrolled by the undersigned in the program, in consideration of participation in this program, agrees to indemnify and hold harmless, and to release, waive, and discharge, the City of San Rafael out of or in any way connected with participation by the undersigned or the enrolled child in this program, including injuries due to the active or passive negligence of the City, its offices, and employees. I HAVE READ THE ABOVE HOLD HARMLESS AND RELEASE AGREEMENT AND FULLY UNDERSTAND THAT I ASSUME RISKS FOR ANY INJURIES AND PROPERTY DAMAGE SUFFERED. I also certify that I (or my children) are knowledgeable as to all rules of conduct appropriate to the above-mentioned activity. Neither I nor my child has any physical illnesses, conditions, disabilities or weaknesses that would interfere with safe participation in the activity. I recognize that bodily injury and/or property damage may be sustained through participation in this activity and acknowledge that I/we voluntarily accept all risks of injury to persons or property.

Applicant's Signature's _____ **Date** ____/____/____

By initialing, I do also hereby give my permission to the City of San Rafael to use any and/or all photographs of myself and/or my children for future agency publications. I understand that my name or my children's name(s) will not be published at any time in any publications. I give my permission for a photograph of my child to be used for City of San Rafael marketing purposes. _____ **Initial**

PAYMENT INFORMATION

Check (Please make your check payable to "City of San Rafael")

Visa **MasterCard** **Discover** **Card Number** _____ **CRV Code** _____

Exp. Date _____

PARK-A-MONTH VOLUNTEER PROGRAM



Join in our fun family-friendly volunteer program and help keep our local parks in great shape! Come with your friends or meet new people while spreading mulch, cleaning play area equipment and picnic barbecues, weeding and more. We'll provide hand tools and gloves or bring your own. Cleanups held rain OR shine!

GERSTLE PARK APRIL 21 | SUN VALLEY PARK MAY 5
PEACOCK GAP PARK JUNE 23 | FREITAS PARK JULY 21
PICKLEWEED PARK AUGUST 18

FREE Family Fun Day IN THE PARKS

SUMMER KICK OFF
SATURDAY, JUNE 16 • 5:00PM-7:30PM

Live Music-Sonic Steps • Games • Bounce Houses
Food and Fun

MOVIE NIGHTS

Movies begin close to sunset
There's nothing like enjoying a summertime
movie under the stars!

Check our website in May for dates & times.

www.livelifelocally.org



San Rafael Young Performers Theatre



Disney
**THE
LION KING**
JR

AUDITIONS

April 4 & 6 • 3:30pm-5:30pm • San Rafael Community Center

This summer, be a part of the beloved musical The Lion King featuring favorite numbers such as Circle of Life and Can You Feel the Love Tonight. Simba, our hero, must overcome his fear & self-doubt along with his friends Timon, Pumba, Nala & more.

PERFORMANCES

Marin Center Showcase Theater • July 20, 21, & 22



LET THE
SUN
SHINE IN

HAIR

AUDITIONS

March 21 • 5:00pm-7:00pm • San Rafael Community Center

HAIR, celebrates the 60's counter culture in all its barefoot, long haired, bell bottomed glory! With its infectious energetic rock music, this show wows audiences with songs such as Aquarius, Good Morning Sunshine, and Hair.

PERFORMANCES

Marin Center Showcase Theater • July 27, 28, & 29

LET'S SPEND SUMMER TOGETHER!

Join us for new camps along with your favorites

Swimming
 Fishing
 Carpentry
 Language
 Technology
 Theater
 Outdoor Adventure
 Babysitter University
 Junior Lifeguards
 Cooking
 and more . . .

Our Child Care
Kid's Camps
 include
 weekly field trips,
 swimming days,
 cooking,
 arts & crafts
 and lots of fun activities!
 Flexible scheduling
 Seven licensed facilities
 Professional, caring &
 enthusiastic staff



Two great pools, one cool summer!

TERRA LINDA

- Swim Lessons
- Junior Lifeguard
- Splash Camp
- Tot Pool • Mighty Medley
- Lifeguard Training

HAMILTON

- Lap Swim • Swim Lessons
- Water Slide • Water Gym
- Junior Lifeguard
- Pool Party Packages
- Lifeguard Training