

SAN RAFAEL

ACTIVITIES GUIDE | SPRING 2020



Online Registration
Begins January 29
See page 41

Swim Lessons
Start in April
Pages 25-30

Save the Dates
2020 Events
See page 31



www.livelifelocally.org

BE COUNTED IN THE 2020 CENSUS YOUR RESPONSE MATTERS!

MARIN
CENSUS
2020



When you respond, you ensure funding for your community, education, roads, health care, social services & housing. Information your share in your Census response is 100% confidential.

TO LEARN MORE:

- Text the word "COUNT" to 415-388-9887
- Go to marincensus2020.org

HAGASE CONTAR EN EL CENSO DEL 2020 MERECEMOS SER CONTADOS!

MARIN
CENSUS
2020



Al participar, usted asegura dólares federales para su comunidad, sus escuelas, carreteras, hospitales, guarderías, centros de gente mayor y otros servicios. Sus respuestas están seguras y a salvo. Por ley no pueden ser utilizadas en su contra.

APRENDA MAS:

- Visite el sitio web marincensus2020.org
- Estamos a punto de lanzar la habilidad de recibir textos en Español con información sobre el censo





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What you'll find inside

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Community Centers

Albert J. Boro Community Center
 50 Canal Street
 (415) 485-3077
community.services@cityofsanrafael.org

San Rafael Community Center
 618 B Street
 (415) 485-3333
community.services@cityofsanrafael.org

Terra Linda Community Center & Pool
 670 Del Ganado Road
 Office: (415) 485-3344
 Pool: (415) 485-3346
terralindapool@cityofsanrafael.org

Cultural Center

Falkirk Cultural Center
 1408 Mission
 (415) 485-3328
falkirk.rentals@cityofsanrafael.org

Location Codes

- ABCC** Albert J. Boro, Community Center
- FCC** Falkirk Cultural Center
- HP** Hamilton Pool
- PP** Pickleweed Park
- SRCC** San Rafael Community Center
- TLCC** Terra Linda Community Center
- TLCP** Terra Linda Community Pool

IMPORTANT REGISTRATION DATES

ONLINE REGISTRATION

Begins at 8:30am on Wednesday, January 29
lifelocally.org

WALK-IN REGISTRATION

Begins on Wednesday, February 5

Our Activities Guide can also be viewed online at:
lifelocally.org

ACCESS & INCLUSION

The City of San Rafael invites people with and without disabilities to enjoy our sites, facilities, and programs. Do you have any special needs that require specific accommodations, so you can fully participate in one of the City's programs? If so, please contact our Library & Recreation Department office at (415) 485-3333.

FOR ADDITIONAL REGISTRATION INFORMATION REFER TO PAGES 41-42

ON THE COVER

Our pop-up library at Northgate Mall in Terra Linda is a popular destination for all ages. Come check out books and other media, use



the 3D printer, experience virtual reality, and participate in our fun programs such as our Family Storytime and book club. For library hours, please go to www.srpubliclibrary.org.

Day-Before-Mother's Day



SUCCULENT SALE

These are the perfect plants for drought and fire conditions as they are not thirsty, filled with water and are attractive both planted in the garden and in containers



Saturday, May 9
9:00am - Noon

FALKIRK GREENHOUSE
1408 MISSION AVE



- Hundreds of succulents to complete your collection
- Charming mixed containers, perfect for Mother's Day gifts
- Dozens of four-inch and one-gallon containers (some larger)
- Great prices and most plants grown in the Falkirk Gardens

Cash & Checks accepted. Parking in public lot on Mission at E St
(Please note restrictions on parking lot signs)

Sale hosted by Marin Master Gardeners

Questions? Contact Lillian Tran, greenthumbL@yahoo.com

BALLROOM *Dances* SUNDAYS

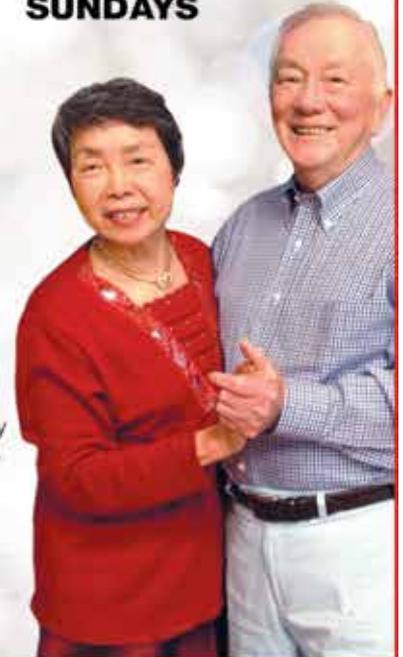
February 23
March 29
April 26
May 31

2:00-5:00 PM

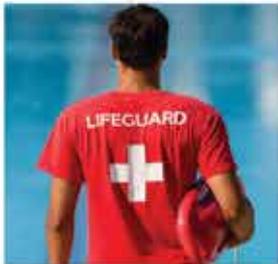
Tickets at the door
\$12.00
per person

Come and enjoy the sounds of big band and pop music by **The Manny Gutierrez Band**. We offer plenty of parking, air conditioning, a wooden floor and mixers.

For more information
please call
(415) 485-3348



SAN RAFAEL COMMUNITY CENTER, 618 B ST.



WE'RE HIRING Swim Instructors & Lifeguards

Must be at least 15 years of age at time of hire. To schedule an interview or for more information: Call (415) 485-3344 or email terralindapool@cityofsanrafael.org.

2ND FRIDAY

Art Walk

downtown San Rafael, 5-8pm



2020 ART WALK DATES

March 13
April 10
May 8
June 12

FREE EVENT FOR ALL AGES!

Enjoy galleries, open studios, art exhibits, live music and refreshments throughout downtown San Rafael on the second Friday of each month. For venue listings, visit www.awdartwalk.com during the week of the Art Walk.

Message from City Manager

Wildfire is a constant threat in California, affecting communities like Marin. With the devastating Kincadee fire that burned an estimated 77,758 acres in 2019, the 2019 Muir fire in West Marin that burned 67 acres, to the ongoing power shutoffs and smoke, it is important for us to be prepared and ready.



Over the past few years, the City has made large strides including the adoption and implementation of the San Rafael Wildfire Prevention and Protection Action Plan.

Evaluations of the defensible space around homes, community outreach, education, and removing highly combustible vegetation (e.g., fuel reduction) work continues as feasible with limited funds. However, wildfire does not know boundaries and we rely on the efforts of our residents and neighboring communities to help keep us safe.

For a more comprehensive response, Marin's fire chiefs, city and town managers, and the County of Marin have worked together to create a single coordinated joint powers authority called the Marin Wildfire Prevention Authority (MWPA) in order to implement a comprehensive wildfire prevention and emergency preparedness initiative with the following goals:

- Improving emergency alert and warning systems ensuring early, organized, and safer evacuations
- Improving evacuation routes and infrastructure to enhance traffic flow in evacuations
- Expanding coordinated efforts to reduce hazardous vegetation
- Expanding and enhancing defensible space and home-hardening evaluations while educating homeowners on how to reduce the ignitability of their home and neighborhood from wildfires
- Providing grants and support to seniors, low-income homeowners and those with access and functional needs who may need assistance maintaining defensible space and making their homes fire resistant
- Creating and sustaining a coordinated and neighborhood wildfire public safety and preparedness program

With longer and hotter fire seasons, Marin needs to be proactive to reduce our vulnerability to wildfires. In October 2019, San Rafael joined 16 other public agencies in Marin that provide fire services in officially creating the MWPA and supporting placing a countywide parcel tax on the March 2020 ballot to fund the identified wildfire preparedness, prevention, and mitigation efforts.

The proposed funding measure would levy up to 10¢ per building sq. ft. and provide approximately \$20 million annually for ten years. The majority of funds will be spent on defensible space, fuel reduction, outreach and education, and improving evacuation routes. All funds generated by the proposed measure would stay in Marin and could not be taken by the state. In fact, the agreement guarantees that funds will be used in the geographic area where generated.

An independent citizens' oversight committee and annual audits would ensure funds are used only for wildfire prevention, preparedness, and mitigation efforts. Additionally, the new revenue source would help Marin qualify for state and federal grants that otherwise will go to other counties. To learn more about MWPA, visit MarinWildfire.org.

Your City Manager,

Jim Schutz



SAN RAFAEL
THE CITY WITH A MISSION

CITY OFFICIALS

Gary Phillips, *Mayor*
Kate Colin, *Vice Mayor*
Andrew Cuyugan McCullough,
Councilmember
Maribeth Bushey, *Councilmember*
Andrew McCullough, *Councilmember*

CITY MANAGER

Jim Schutz

ASSISTANT CITY MANAGER

Cristine Alilovich

PARK AND RECREATION

COMMISSION

Cicily Emerson
Ariel Gutierrez
Jeff Jones
Stacey Laumann
Mark Machado
Tom Obletz
Kathryn Reisinger
Jeren Seibel (Alternate)

BOARD OF LIBRARY TRUSTEES

Jaimi Cortes
Claudia Fromm
Josh Libresco
Robert Ross
Catherine Sumser
Beverly Rose (Alternate)

OFFICIAL CITY MEETINGS

City Council meetings are held the first and third Monday of each month at 7:00pm.

Park and Recreation Commission meetings are held the third Thursday of each month at 6:00pm.

Board of Library Trustees meetings are held the second Tuesday of each month at 6:00pm.

Preschool

Arts and Crafts

Jumping Jacks

Jumping Jacks is an hour-long class that consists of activities that encourage creative movement, balance and hand-eye coordination. These activities are done in a high-energy, fun-filled atmosphere. The first half of each class is free play-parents/caretakers are expected to have fun interacting with their child/children. The last half hour of class is group time... have fun dancing with scarves, playing with the parachute and of course popping bubbles!
INSTRUCTOR Jason Foote. Call 485-3333 for details!

Age: Crawling-26M

San Rafael Community Center

\$54-6 classes / \$96-12 classes / \$10 drop-in

Tu/Th 9:30am-10:30am

Age: 26M-4Y

San Rafael Community Center

\$54-6 classes / \$96-12 classes / \$10 drop-in

Tu/Th 10:45am-11:45am

Jumping Jacks Art and Sensory Workshop

Come and get messy at this fun first art class with all of your Jumping Jacks friends! Theresa will provide a playful, nurturing and process oriented environment where little hands can explore and experiment with a variety of materials and tools. This class is parent/guardian participation, just like Jumping Jacks! Meet us on Fridays to get creative with your little one! Babies are welcome, but most activities will be appropriate for children 18 months-4 years old. INSTRUCTOR Theresa Odisio.

Age: 18M-4Y

San Rafael Community Center

\$54-6 classes / \$96-12 classes / \$10 drop-in

F 9:30am-11:00am



Athletics

Super Soccer Stars: Parent & Me

Parent & Me is a parent-child pre-soccer movement program specifically designed for toddlers between 12 and 24 months. Our experienced instructors along with our puppet friends, Mimi and Pepe, take you and your little one through a world of exciting physical activity. Individual attention, positive reinforcement and engaging original music help to develop pre-soccer skills that will have your toddler learning to balance, run, kick and play - all while having a blast! A \$15 materials fee will be paid directly to Super Soccer Stars Staff at the start of class. No class 4/12 and 5/24.

Age: 12M-24M

San Rafael Community Center

\$276R/\$300N

Su 9:50am-10:30am 3/1-5/31 9269

Super Soccer Stars for 2-3 years old

Every 2-3-year-old Super Soccer Stars class includes an introduction to physical activities, rich language exposure, and movements such as running, hopping, jumping and changing directions. The focal point at this age group is to improve your child's natural development through our fun, physical learning experience allowing your child to improve their natural ability. A \$15 materials fee will be paid directly to Super Soccer Stars Staff at the start of classes. No class 4/12 and 5/24.

Age: 2Y-3Y

San Rafael Community Center

\$276R/\$300N

Su 12:00pm-12:40pm 3/1-5/31 9270

Super Soccer Stars for 3-5 years old

The focal point at this age group is for your child to become comfortable with the ball by developing soccer skills such as dribbling, shooting and the introduction of passing. Every class includes dynamic activities, which involve dribbling technique, and moves to promote confidence with the ball. The primary focus for this age group is body movement with the ball and your child will be introduced to juggling and other skill-building activities. The concepts of teammates and teamwork are also introduced. A \$15 materials fee will be paid directly to Super Soccer Stars Staff at the start of classes. No class 4/12 and 5/24.

Age: 3Y-5Y

San Rafael Community Center

\$276R/\$300N

Su 9:00am-9:45am 3/1-5/31 9268

Martial Arts

Taekwondo-Kicking Cubs

Our Kicking Cubs program is designed to help children improve their motor skills and enhance their ability to pay attention and follow instructions. All students will experience a safe, fun and exciting learning environment. Le Moi's Martial Arts focuses on each person as an individual and invites them to be the best they can be! A \$40 uniform fee is due to the instructor. INSTRUCTOR Greg Le Moi has been involved with Martial Arts for over 30 years. He has a background in Taekwondo, Jujitsu & Karate. He has taught children & adults of all ages including those with physical and/or developmental disabilities. Le Moi's strives to create tomorrow's leaders, one black belt at a time.

Age: 3Y-4Y

Terra Linda Community Center

\$122R/\$134N

Tu/Th 4:15pm-4:45pm 4/2-5/21 9058

Music

Music Together of Marin

Join us for this family style music class! Ding, dance, play and learn in these fun family classes. Music is learned as language is... through immersion. So, join us for a weekly family jam! For more information please visit musictogetherofmarin.com INSTRUCTOR Justine Chadly holds a BA in Music, Vocal Performance and an MA in Music Education. No class 3/31 and 4/14.

Age: 1M-5Y

San Rafael Community Center

\$225R/\$250N

Tu 12:00pm-12:45pm 3/10-5/26 9879



WE'RE HIRING!

Make a difference and come work for the
City of San Rafael Child Care Division
lifelocally.org/child-care-jobs/

To learn more about working with us,
contact Kelly Albrecht at 485-3386



Youth

Arts and Crafts

Canal Arts/Artes en el Canal at Albert J. Boro Community Center

Arts & crafts projects for the whole family! Join us the second Saturday of the month for food, art and music! This program is brought to you by the Canal Youth & Family Council and the San Rafael Library and Recreation Department and is supported by the Bill Graham Supporting Foundation of the Jewish Community Federation and Endowment Fund. Each class will feature a different art project or holiday theme.

Albert J. Boro Community Center Art Room
FREE TO ALL PARTICIPANTS

Second Saturday of the month, 10:30am-12:30pm

February 8, March 14 & April 11*

*10:00am on 4/11

¡Proyectos de arte y artesanía para toda la familia! ¡Acompáñenos el segundo Sábado de cada mes para comida, arte y música! Este programa es patrocinado por el Concilio Juvenil y Familiar del Canal y el Departamento de Biblioteca y Recreación de San Rafael y es apoyado por la Fundación de Apoyo Bill Graham de la Federación de la Comunidad Judía y el Fondo de Dotación. Cada clase contará con un proyecto de arte diferente o tema festivo.

El Salón de Arte del Centro Comunitario Albert J. Boro
GRATIS A TODOS LOS PARTICIPANTES

El segundo Sábado de cada mes, 10:30am-12:30pm

Febrero 8, Marzo 14 y Abril 11*

*10:00am on 4/11



TERRA LINDA CERAMICS

The following ceramics classes are taught by Nadia Tarzi-Saccardi, an award-winning ceramic artist from Marin County. Originally from Europe, she first studied ceramics and sculpture thirty-five years ago in Strasbourg, France. Her focus on the history of ceramics led her to study and publish on the archaeology of Central Asia, with an emphasis on Buddhist Studies. For the last 10 years, she has been teaching ceramics to adults and children across the Bay Area and through the Terra Linda Ceramics program.

Clay Time

Explore this exciting approach to art. Students learn about slab building, coiling, sculpture and glaze application. A new project is demonstrated each session and individual expression is encouraged. Beginning and advanced students are welcome. A \$20 material fee is due to the instructor at the first class. No class 3/31 & 4/7.

Age: 6Y-8Y

Terra Linda Community Center
\$55R/\$61N

Tu 3:30pm-4:25pm 3/10-4/21 9121

Tu 3:30pm-4:25pm 5/12-6/9 9122

Mud Masters

Join this artistic group of preteens who love creating in clay. Students will learn slab building, coiling and sculpting. A new project is demonstrated each class and individual expression is encouraged. There will be many opportunities to explore glazing. All levels are welcome. Sign up early as class size is limited. A \$20 material fee is due to the instructor the first class. No class 3/31 & 4/7.

Age: 9Y-12Y

Terra Linda Community Center
\$70R/\$77N

Tu 4:30pm-6:00pm 3/10-4/21 9123

Tu 4:30pm-6:00pm 5/12-6/9 9124

Hang Out with Clay-Teen Class

This after school program is designed to give you, middle and high school youth the opportunity to express and explore your creative ideas through the amazing medium of clay. You will be taught all the techniques that you need to create what you imagine and encouraged to develop your own style. There will be many opportunities to explore glazing and surface decorations as well as working on a portfolio if desired. Sign up early class size is limited. A \$20 material fee is due to the instructor the first class. No class 4/6 and 5/25.

Age: 13Y-17Y

Terra Linda Community Center
\$85R/\$94N

M 4:30pm-6:00pm 3/9-4/13 9126

M 4:30pm-6:00pm 5/11-6/15 9127

Athletics

Super Soccer Stars for 5-7 years old

The focal point at this age group is to improve your child's elementary capacity through fun games, technical skill development and group activities like small-sided games to goals. Every Kindergarten-1st Grade Super Soccer Stars class emphasizes spatial awareness, engaging with teammates, and encouraging teamwork. Repetitious ball skill activities are used to promote muscle memory and build confidence. A \$15 materials fee will be paid directly to Super Soccer Stars Staff at the start of classes. Located at the San Rafael Community Center Albert Park Grass Area. No class 4/12 and 5/24.

Age: 5Y-7Y

San Rafael Community Center
\$276R/\$300N

Su	11:20am-12:20pm	3/1-5/31	9271
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Canal Mini Soccer League

In this fun, recreation program, parents and children bond together as they enjoy the popular game of soccer in Albert J. Boro Community Center Gymnasium. This is purely a recreational program organized and taught by Concilio parents and volunteers. Instruction is primarily in Spanish. Children are divided into age-appropriate groups. Program provided in connection with volunteers from Voces Del Canal. Additional \$20 material fee due at registration.

REQUIRED Player Registration Date: Friday, February 21 or 28 at 6:30pm at the Albert J. Boro Community Center, Room 5

For registration information, please call 524-1078.

En este divertido programa de recreación, los padres y niños se unirán mientras disfrutan del juego popular de fútbol en el Gimnasio del Centro Comunitario Albert J. Boro. Este programa es solo recreativo organizado y instruido por padres y voluntarios del Concilio. La instrucción es principalmente en español. Programa provisto en conexión con voluntarios de Voces del Canal. Se cobrará un cargo adicional de \$20 por el material al momento de la inscripción.

REQUERIDO fecha de registro del jugador: Viernes 21 de febrero o 28 de febrero a las 6:30 PM en el salon 5 del Centro Comunitario Albert J. Boro

Para información de registro, por favor llame al 524-1078.

Albert J. Boro Community Center
\$25R

Ages 5Y-9Y

M/Sa	4:45pm-6:15pm	3/14-5/9	7476
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CITY OF SAN RAFAEL LIBRARY AND RECREATION DEPARTMENT

JOIN for **FREE**

JUNIOR GIANTS



Non-Competitive SUMMER BASEBALL LEAGUE for Boys and Girls

➔ SIGN UP at GOJRGIANIS.ORG

REQUIRED PLAYER REGISTRATION
Register online at gojrgiants.org or in-person on Friday, April 3rd at 5:30pm at the Albert J. Boro Community Center. The program relies on volunteers to serve as coaches, assistant coaches and team parents. If interested, please call us at (415) 485-3077.

REQUERIDO FECHA DE REGISTRO DEL JUGADOR
Regístrese en línea en gojrgiants.org o en persona el viernes 3 de abril a las 5:30pm. En el Centro Comunitario Albert J. Boro. El programa depende de voluntarios para servir como entrenadores, entrenadores asistentes y padres de equipo. Si está interesado, llámenos al (415) 485-3077.

Dance

Children's Flamenco Dance

Feel the rhythms while clapping and stomping your feet to flamenco guitar and build strength while moving your arms as you learn Spanish Flamenco dancing. Moving across the floor, turns, and freestyle dance add to the fun. A short dance will be included in our routine. There is an option to continue classes for a Spring 2020 children's performance. Class for beginning Flamenco students is from 4:00pm-5:00pm. INSTRUCTOR Andrea La Canela's lifetime flamenco career includes performing in Spain, Mexico, New York City, North Carolina, Oregon, and 25 years in California. She has provided lessons for children and adults, beginners to professionals while teaching in studios throughout California. Andrea was also a grade school artist-in-residence for five years in Santa Cruz and a guest teacher at San Jose State and West Valley College. She has been teaching in Marin for five years. For information, call Andrea at (805) 708-2621. No class 4/21 and 5/26.

Age: 5Y-10Y

San Rafael Community Center
\$75R/\$85N

Tu	4:00pm-5:00pm	2/25-3/24	7790
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Tu	5:00pm-6:00pm	2/25-3/24	8357
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Tu	4:00pm-5:00pm	4/14-5/19	9227
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Tu	5:00pm-6:00pm	4/14-5/19	9272
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Martial Arts

Canal Karate

Learn and improve control, discipline, respect and increase self-esteem while earning your belt. This international award-winning self-defense program will help students achieve improved focus and strength while having fun doing it. Various class levels to match the student's Karate experience. There is a \$10 discount for multiple siblings. Canal Karate Youth, ages 4-6 years old, is from 5:00pm-6:00pm (youth classes will increase to a full hour as the participants improve their skills). Canal Karate Beginning, age 7 years to adult, is from 6:00pm-7:00pm. Canal Karate Intermediate (Blue & Green Belts) is from 7:00pm-8:00pm. Canal Karate Advance (Brown & Black Belts) is from 8:00pm-9:00pm. Classes are taught primarily in Spanish. No class 3/31.

Age: 4Y & Up

Albert J. Boro Community Center
\$80R/\$88N

Tu/Th see times above 3/3-4/14 9319

Tu/Th see times above 4/16-5/26 9320



TAEKWONDO CLASSES FOR YOUTH

The Taekwondo classes listed below are taught by Greg Le Moi who has been involved with Martial Arts for over 30 years. He has a background in Taekwondo, Jujitsu, and Karate and has taught children and adults of all ages including those with physical and/or developmental disabilities. Le Moi's Martial Arts strives to create tomorrow's leaders, one black belt at a time.

Taekwondo Tiny Tigers

Our Tiny Tigers program is designed to help children improve their motor skills and enhance their ability to pay attention and follow instructions. All students will experience a safe, fun and exciting learning environment. Members of this class are invited to attend Tuesday Sparring as it is scheduled. Speak to your instructor for more details. A \$40 uniform fee is due to the instructor. No class 5/20 and 5/25.

Age: 4Y-6Y

San Rafael Community Center
\$122R/\$134N

M/W 4:30pm-5:00pm 3/30-5/27 9282

Terra Linda Community Center
\$122R/\$134N

Tu/Th 4:45pm-5:15pm 4/2-5/21 9062

Taekwondo Youth-Beginner

White - Camo Belt - There are many reasons for kids to become involved in the Martial Arts. Our Beginning classes are based on a lifetime learning concept in addition to technical skills. The building blocks for our system are the Lifeskills, which we use as our monthly themes. Members of this class are invited to Tuesday Sparring as scheduled. Speak with your instructor for more details. A \$40 uniform fee is due to the instructor. No class 5/20 and 5/25.

Age: 7Y - 14Y

San Rafael Community Center
\$149R/\$164N

M/W 5:00pm-5:45pm 3/30-5/27 9283

Terra Linda Community Center
\$149R/\$164N

Tu/Th 5:15pm-6:00pm 4/2-5/21 9064



TAEKWONDO CLASSES FOR YOUTH (CONT.)

Taekwondo Youth-Advanced

Green Decided - Black Belt: There are many reasons to become involved in the Martial Arts. Our Advanced classes are based on a lifetime learning concept in addition to advanced technical skills. The building blocks for our system are the Lifeskills, which we use as our monthly themes. All members of this class are invited to Thursday Sparring as scheduled. Speak to your instructor for more details. A \$40 uniform fee is due to the instructor. A free week is held between each session. This allows for makeup of any class by the student or the instructor during the session. Even if no make-up classes are needed, the free week is open for anyone enrolled in current session at no additional cost. No class 5/20 and 5/25.

Age: 7Y-14Y

San Rafael Community Center
\$149R/\$164N

M/W 5:45pm-6:30pm 3/30-5/27 9285

Terra Linda Community Center
\$149R/\$164N

Tu/Th 6:00pm-6:45pm 4/2-5/21 9067

Taekwondo-Black Belt Class

All students with the rank of 1st degree recommended and above may attend this class. Each student is trained to do their best and is looked at as an individual, never compared to anyone else. A few of the benefits you can expect from your training are: physical fitness, self-defense, self-confidence, coordination and flexibility. Members of this class are invited to attend Tuesday sparring as scheduled. Additional class material fees may apply. Speak to your instructor for more details. A \$40 uniform fee is due to the instructor.

Age: 7Y & Up

Terra Linda Community Center
\$149R/\$164N

Tu/Th 6:45pm-7:30pm 4/2-5/21 9069



School-Age Child Care

Serving the San Rafael and Lucas Valley School Districts, the City of San Rafael offers state-licensed, year-round child care to children in Kindergarten through 5th grade. The centers provide a safe, enriching, and enjoyable atmosphere where school-age children can learn and grow through positive experiences. Our professional staff provides a wide variety of group and individual activities to support and enhance your child's physical, social and emotional development.

Whether you are looking for a part-day play experience or full time child care, each center offers a variety of flexible schedules to meet your needs. Please note that our centers have a licensed capacity and program enrollment is first-come first-served, so please contact us early and inquire about rates and availability.

Registration Information

Registration for the School-age Child Care Program is conducted at the various school sites.

Coleman Children's Center

Coleman Elementary School
800 Belle Avenue, San Rafael 94901
Director: Diana Muller
Phone: 485-3121

Lucas Valley Elementary Center

Lucas Valley Elementary School
1175 Idylberry Road, San Rafael 94903
Director: Gaby Farias
Phone: 485-3189

Glenwood Children's Center

Glenwood Elementary School
25 W.Castlewood Drive, San Rafael 94901
Director: Jocelyn Hallroan
Phone: 485-3102

Mary Silveira Children's Center

Mary Silveira Elementary School
375 Blackstone Drive, San Rafael 94903
Director: Angie Stunz
Phone: 485-3190

Parkside Children's Center

51 Albert Park Lane, San Rafael 94901
Director: Sonda Sockolov
Phone: 485-3387

Vallecito Children's Center

Vallecito Elementary School
50 Nova Albion Way, San Rafael 94903
Directors: Trisha Cerutti-Saylors & Jannette Braa
Phone: 485-3103

Adult

Arts and Crafts

Acrylic Painting Tole

Open lab for acrylic painters. This is an opportunity to paint and be inspired by other painters. INSTRUCTOR Shirley Macpherson has held classes at the Terra Linda Community Center for more than 30 years. She is a member of the National Society of Decorative Painters and has attended many seminars and conferences throughout the U.S. to keep up with new trends and ideas. Four of her original design ornaments are part of the permanent collection of the Smithsonian Institute. For more information please call the Terra Linda Community Center at 485-3344. Drop-in \$5.

Age: 18Y & Up

Terra Linda Community Center
\$5 Drop-in

F	9:30am-12:30pm	2/7-5/29	ongoing
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TERRA LINDA CERAMICS

Nadia Tarzi-Saccardi is an award winning ceramic artist from Marin County. Originally from Europe, she first studied ceramics and sculpture thirty-five years ago in Strasbourg, France. Her focus on the history of ceramics led her to study and publish on the archaeology of Central Asia, with an emphasis on Buddhist Studies. For the last 12 years, she has been teaching ceramics to adults and children across the Bay Area and the Terra Linda Ceramics program.

Ceramics - All Levels

Learn how to sculpt, slab build, use drape and push molds, make decorative plates, bowls, boxes, mosaics tiles, jewelry and more. Wheels are available for students with prior knowledge of throwing, wheel demonstrations are given on request. We offer a wide selection of low fire clays and beautiful low fire glazes, under glaze, stains, cold finishes and more. We also provide opportunities for specialty firings, such as luster, decals, and pit fires. Students are welcome to participate in bi-yearly student shows. Bring a notebook and \$30 materials fee to instructor at the first class. Sign up early as class size is limited. No class 3/31, 4/7 and 4/9.

Age: 18Y & Up

Terra Linda Community Center
\$135R/\$149N

Tu	6:30pm-9:30pm	3/10-5/5	9100
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\$115R/\$127N

Tu	6:30pm-9:30pm	5/12-6/16	9101
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Th	9:00am-12:00pm	5/14-6/18	9110
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Th	6:30pm-9:30pm	5/14-6/18	9113
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\$150R/\$165N

Th	9:00am-12:00pm	3/12-5/7	9109
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Th	6:30pm-9:30pm	3/12-5/7	9112
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Terra Linda Ceramics – Intermediate/Advanced

Learn how to sculpt, slab build, use drape and push molds, make decorative plates, bowls, boxes, mosaics tiles, jewelry and more. Wheels are available for students with prior knowledge of throwing and wheel demonstrations are given upon request. We offer a wide selection of low-fire clays and beautiful and fun low-fire glazes, underglazes, stains, cold finishes and more. Opportunities for specialty firings, such as luster, decals, and pit fires are also available. Students are welcome to participate in bi-yearly student shows. Bring a notebook. Sign up early as class size is limited. A \$30 materials fee to instructor at the first class. Sign up early as class size is limited. To participate, students must have had a minimum of one class with Nadia and her consent. No class 3/31, 4/7 and 4/8.

Age: 18Y & Up

Terra Linda Community Center
\$135R/\$149N

Tu	9:00am-12:00pm	3/10-5/5	9096
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\$150R/\$165N

W	6:30pm-9:30pm	3/11-5/6	9106
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\$115R/\$127N

Tu	9:00am-12:00pm	5/12-6/16	9098
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W	6:30pm-9:30pm	5/13-6/17	9107
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Terra Linda Ceramics – Advanced

Learn how to sculpt, slab build, use drape and push molds, make decorative plates, bowls, boxes, mosaics tiles, jewelry and more. Wheels are available for students with prior knowledge of throwing and wheel demonstrations are given upon request. We offer a wide selection of low fire clays and beautiful low fire glazes, underglaze, stains, cold finishes and more. Opportunities for specialty firings, such as luster, decals and pit fires are also available. Students are welcome to participate in bi-yearly student shows. Bring a notebook and \$30 materials fee to the instructor at the first class. Sign up early as class size is limited. To participate, students must have had a minimum of one class with Nadia and her consent. No class 4/8.

Age: 18Y & Up

Terra Linda Community Center
\$150R/\$165N

W	9:00am-12:00pm	3/11-5/6	9103
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\$115R/\$127N

W	9:00am-12:00pm	5/13-6/17	9104
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Ceramics Lab

Ceramics lab is offered to those students who are enrolled in Nadia's and Susan's ceramics classes. There is no instruction given during the open lab. Bring your own tools and clay. Consent of instructor is required. Lab fees are \$2.25 per hour. Please purchase a lab card in the Terra Linda Community Center office prior to attending lab. No lab on 4/5, 4/6, 4/8, 4/9, 4/10, 5/10, 5/20 and 5/25.

Terra Linda Community Center

A ten-hour lab card is \$22.50

A five-hour lab card is \$11.25

M	10:00am-1:00pm	3/9-6/15	Lab hours are scheduled during the same period as the course session.
W	12:00pm-3:00pm	3/11-6/17	
Th	12:00pm-3:00pm	3/12-6/18	
F	1:00pm-4:00pm	3/13-6/26	
Su	12:00pm-4:00pm	3/15-6/21	

Japanese Flower Arranging-Sogetsu Ikebana with Rachel Johnson

Beginning and continuing students at all levels are welcome to attend this course. Develop creative self-expression, and explore the beauty of nature, as you learn this exquisite art form. The dynamic art of Ikebana reveals the power of line and use of space. Each class includes a demonstration of various Ikebana arrangements, followed by student practice time, and individual assistance, in a relaxed atmosphere. Students may expect to purchase textbooks, tools, and additional supplies. INSTRUCTOR Rachel's Ikebana practice brings together her interests in Asian philosophy, the creative arts and the natural world. She loves to teach and share Ikebana with others and regularly exhibits her work in the San Francisco Bay Area.

Age: 18Y & Up

San Rafael Community Center
\$250R/\$265N

F	11:00am-2:00pm	4/3-6/5	8878
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Athletics

Albert J. Boro Community Center

Open Gym Sports

The Gymnasium in the Albert J. Boro Community Center is open Monday, Wednesday and Friday evenings for drop-in basketball and/or volleyball. Admission is \$3 per person and everyone must sign in. No program on City holidays. Schedule is subject to change. Contact the Center at 485-3077 for exact days and times.

Come Play Pickleball

Interested in playing Pickleball at the Albert J. Boro Community Center? Contact us at 485-3077 for more information.



Marin Bocce Federation

The Marin Bocce Federation operates ten state-of-the-art synthetic courts on B Street adjacent to the San Rafael Community Center. To sign-up for their leagues or to reserve a court for open drop-in play, contact them at 485-5583.



Computers

Android Basics 2: Apps You Need to Know

Have you been using a smart phone or tablet for a little while but still feel like you don't know what you are doing? Need to review some of the basic features of your device and see what else it can do? This course will review some of the basics of using your device and also show you a few of the apps that come built in that you might have missed or be afraid to try. We will show you how to get the most out of your built-in apps including Photo editing, storing and retrieving photos, Calendar, E-mail, Texting, Maps/ GPS, and more! We'll introduce the steps to find and install new apps, and show you how to update, delete and organize your apps for easy access. A perfect sequel to the Using Android Smart Phone & Tablets Basics 1 course. (For Android devices only).

Age: 18Y & Up

Terra Linda Community Center
\$65R/\$72N

Th	10:00am-12:00pm	4/9 & 4/16	9167
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What's New on iPhone/iPad?

Learn what has changed with the latest iOS updates and the newest iPhones. Does it seem like Apple is constantly changing things on your iPhone or iPad? Want to see what is changing with the release of the newest iOS update? Come and find out what has changed and how to use the new features. We will show you new Siri features, changes to your control panel, new phone security features, new 3D map features, new photo editing tools, the Apple dock, and fun new tools to improve text messaging and photo organization and sharing. Also we will show you what a widget is and how the system has been improved. Finally, come learn about file storage, and photo organization. This class is a great refresher for those who have used the phone for a little while and a good overview for those new to the iPhone/iPad world. Bring your device to class.

Age: 18Y & Up

Terra Linda Community Center
\$65R/\$72N

Th	10:00am-12:00pm	4/28 & 5/5	9168
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Tech Tips for Transportation

Your iPhone or iPad can be a great tool for getting rides! In partnership with Marin Transit, this is a class for beginners who want to learn how to go places without a car. We will show you how to use a new Trip planning tool while taking the Bus anywhere in the Bay Area or across the nation. We will also walk you through how to download the Uber and Lyft apps on your phone and how to use them. We will also show you how to go on the internet to learn more about the Marin Transit navigator program. Want to know exactly what time the bus will arrive at your stop? We will cover that too! Come learn how to get around without having to drive and learn a bit about your smartphone or tablet along the way. INSTRUCTOR: Technology 4 Life

Age: 18Y & Up

Terra Linda Community Center
\$10

Th	10:00am-12:00pm	5/14 & 5/21	9169
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Fitness

Awareness through Movement

Experience a sense of vibrancy as you lie on the floor exploring gentle movement sequences. Be surprised at how well you walk, reach, turn and bend easily, painlessly. Improve your balance, flexibility, coordination and wellbeing. Lessons are based on what you want to learn to make yourself comfortable in your daily life and in the activities you love. INSTRUCTOR Celeste Binnings has been studying the Feldenkrais Method for more than 18 years and has been teaching Awareness through Movement classes since 1995. A guild-certified Feldenkrais practitioner, Celeste's great joy is to support people as they learn to move with ease and grace utilizing group classes or one-on-one private lessons. No class 5/22.

Age: 14Y & Up

San Rafael Community Center
\$60R/\$72N

F	12:30pm-1:30pm	3/6-4/10	9197
F	12:30pm-1:30pm	4/17-5/29	9198

Beginning Pilates Mat Class by Nancy Fox

Accessible, approachable, and fun, no matter what shape you're in, you will benefit from doing Pilates. Your balance and posture will improve as you strengthen your core. Classes are taught on multiple levels so it remains a challenge as you progress without being overwhelmed. Bring a mat or large towel if you have one. Drop-in \$15 per class. Please bring a mat or a large towel if you have one. INSTRUCTOR Nancy Fox has been a certified Pilates instructor for over eight years and teaches mat Pilates in Marin County. Drop-in fee is \$15.

Age: 15Y-80Y

Terra Linda Community Center
\$99R/\$109N

W	6:30pm-7:45pm	3/4-4/29	8979
W	6:30pm-7:45pm	5/6-6/24	8976



Dance Cardio

Come and enjoy 60 minutes of great dance cardio. We will burn calories dancing to Latin rhythms like Zamba, Merengue, Regueton, Salsa and much more. Classes are taught in Spanish, but everyone is welcome to join this fun, energetic class! INSTRUCTOR Anderson Espinoza Ordonez has been teaching this course for the past six years and has had a great turnout. No class 5/25.

Age: 18Y & Up

San Rafael Community Center
\$50/session

M/W/Th	7:00pm-8:00pm	3/2-3/30	9842
M/W/Th	7:00pm-8:00pm	4/1-4/30	9843
M/W/Th	7:00pm-8:00pm	5/4-5/28	9844

Jazzercise

Get to Know the New Jazzercise! Dance Mixx classes are held ongoing at both the San Rafael and Terra Linda Community Centers. Torch fat, sculpt lean muscle and crush calories with this high intensity workout that mixes cardio calories with strength training. Fresh moves and music transform your body while boosting your mood and energy. For pricing or more information, check out jazzercise.com or San Rafael Jazzercise on Facebook! For questions, contact Tina at tinaljazz@gmail.com or 246-7139.

Age: 18Y & Up

Terra Linda Community Center
\$20 drop-in fee for a one-day trial

M/W/F	9:15am-10:30am
Th	9:00am-10:00am

San Rafael Community Center
\$20 drop-in fee for a one-day trial

Tu/Th	6:15pm-7:15pm
Sa	8:30am-9:30am



YOGA, STRETCH, PILATES AND POSTURE CLASSES BY DOT SPAET

The following yoga, stretch and Pilates classes are taught by Dot Spaet who is an award-winning trainer and teacher. She holds certifications in Foundation Training, Personal Training, Core Conditioning, Stretching, Flexibility, Yoga, Pilates, Functional Muscle Training, Stability Ball, Kinetic Anatomy and many more. She believes fitness should be accessible and that everyone deserves to feel fantastic. Dot's background enables her to help people with issues such as; back, neck, hip, knee, and shoulder pain. Dot healed her own back pain when the doctor didn't and has a 91% success rate helping people heal their own back pain. Check her out at www.getoutofbackpain.com and www.fitnessbydot.com.

Basic Stretch Class

This class is for you if other exercise classes are too difficult. If you remember that you used to move better, try this class! You'll receive individual attention to address your specific issues. If you want to feel better, younger, and look fantastic, start with this one. Not designed for drop-in, although you can come by and take one class for \$20 to try out.

Age: 15Y-80Y

Terra Linda Community Center
\$139R/\$153N

W	4:30pm-5:45pm	3/4-4/29	9082
W	4:30pm-5:45pm	5/6-6/24	9083

Careful Yoga

This class is for you if you have an injury or challenge that prevents you from going to regular yoga classes, such as cranky hips, knees, back, neck, shoulders, asthma, or arthritis. The instructor teaches at multiple levels so there is usually a modification that can work for you and she provides individual attention. Students learn which moves are good for them and which are not. Beginner/Intermediate level. Drop-in \$17/class if space is available. No class 5/25.

Age: 15Y-80Y

Terra Linda Community Center
\$109R/\$120N

M	4:30pm-5:45pm	3/2-4/27	9079
M	4:30pm-5:45pm	5/4-6/29	9080



Develop Your Own Yoga Routine; Learn to do Yoga on Your Own

In this class, instructor Dot Spaet provides semi-private instruction, preparing you for your own routine for home. For four weeks, the instructor will teach you yoga basics and pick poses designed for you. Limited to 8 people. This is close to private instruction at a fraction of the cost. Please bring a notebook and pen.

Age: 25Y-77Y

Terra Linda Community Center
\$139R/\$153N

W	1:00pm-2:00pm	3/4-3/25	9086
W	1:00pm-2:00pm	4/1-4/22	9087
W	1:00pm-2:00pm	5/6-5/27	9088

Therapeutic Pilates Mat Class for Back Pain (or not)

Pilates is one of the best overall fitness modalities out there. This particular class has a therapeutic aspect to it. Class is focused on making sure our bodies are balanced, strong and flexible. We specifically focus on what it takes to heal back, neck, hip and shoulder issues while strengthening the core. There are modifications for each exercise as well as individual attention to address most issues. Please bring a mat or a large towel if you have one. \$20 discount if enrolled in both Monday and Wednesday Pilates. Drop-in \$17/class if space is available. No class 5/25.

Age: 15Y-75Y

Terra Linda Community Center
\$109R/\$120N

M	7:00pm-8:15pm	3/2-4/27	9076
M	7:00pm-8:15pm	5/4-6/29	9077

Three Simple Steps to a Strong, Pain-Free Back

This workshop is for anyone with back pain who wants to make it better. Come learn how to decrease your pain almost instantly, bend over so you don't get hurt, lift things that may be hurting your back now, and get an action plan for your unique situation.

Age: 25Y-77Y

Terra Linda Community Center
\$29R/\$32N

Th	12:30pm-2:30pm	3/19	9090
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Five Weeks to a Pain-Free Back

Dot's famous Back Program comes to the Terra Linda Community Center. Hundreds have worked with Dot to get out of back pain. This is her proven signature system, regularly \$597 for five weeks. Limited to eight people for individual attention. Most people experience significant relief from their back pain.

Age: 25Y-77Y

Terra Linda Community Center
\$249R/\$274N

Th	12:30pm-2:00pm	4/2-4/30	9091
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Games

Duplicate Bridge

Duplicate is organized bridge in a competitive atmosphere. Pairs play against many other pairs in the course of the game and the same deals are played at other tables. The cards you get do not determine whether you win but rather the way you play the cards you are dealt. Reservations not required but a partner is necessary. Improve your play and meet other bridge players. No Bridge 5/25. Visit www.marinbridge.com for more information.

Age: 18 & Up

Terra Linda Community Center
\$10

M/W/Th/Fri/Su 12:00pm-3:30pm Ongoing

For questions, please call Peggy Tatro at (415) 492-1784

W 6:00pm-9:30pm Ongoing

For more information, contact Henry Kingdon 572-9458 or h_kingdon@yahoo.com

Albert J. Boro Community Center
\$10

M/Tu 11:45am-3:00pm Ongoing

For more information, contact Henry Kingdon 572-9458 or h_kingdon@yahoo.com

Martial Arts

Canal Karate

Learn and improve control, discipline, respect and increase self-esteem while earning your belt. This international award-winning self-defense program will help students achieve improved focus and strength while having fun doing it. Various class levels to match the student's Karate experience. There is a \$10 discount for multiple siblings. Canal Karate Beginning, age 7 years to adult, is from 6:00pm-7:00pm. Canal Karate Intermediate (Blue & Green Belts) is from 7:00pm-8:00pm. Canal Karate Advance (Brown & Black Belts) is from 8:00pm-9:00pm. Classes are taught primarily in Spanish. No class 3/31.

Age: 7Y & Up

Albert J. Boro Community Center
\$80R/\$88N

Tu/Th see times above 3/3-4/14 9319

Tu/Th see times above 4/16-5/26 9320



CLASSES WITH SCOTT JENSEN

INSTRUCTOR Scott Jensen is an International Gold Medalist in Tai Chi, famous for both his sword performances and competitions. Rachel Jensen provides clear instruction and patient demonstrations and practice.

Qigong

Qigong exercise builds your health gently with deep breathing and graceful movement. Qi is the life force energy from your breath and blood. In this class you will learn ancient therapeutic movements based on the principles of traditional Asian medicine. Exercises taught include: Relaxing Tendons, Opening Joints, Post Standing, Pre-Birth Circles, Swimming Dragon, Five Element Organ Strengthening. We present clear instruction in theory and practice each. Repeating students may also learn more advanced Qigong such as the famous and transformation Muscle Tendon Changing Qigong. You will feel and be stronger, better balanced, more energized and calmer. \$20 Drop-in available. No class 4/13.

Age: 13Y & Up

San Rafael Community Center
\$187R/\$198N

M 5:45pm-6:30pm 3/2-5/18 9286

Tai Chi for Health and Happiness

In this class, you will learn Yang Style Tai Chi Long Form. This sequence of movements is beautiful to watch and enjoyable to practice. The Harvard Medical Journal reported that over 600 medical studies have overwhelmingly proven the health benefits of Tai Chi. It's all gain and no pain. \$20 Drop-in available. No class 4/13.

Age: 13Y & Up

San Rafael Community Center
\$187R/\$198N

M 6:30pm-7:15pm 3/2-5/18 9288

Tai Chi Sword is Fun!

Tai Chi Sword is Tai Chi practiced holding a Chinese Straight Sword. Tai Chi Sword is an excellent way to deepen and expand your Tai Chi practice. Tai Chi sword is beautiful, graceful, and elegant. Tai Chi Sword is excellent for improving balance and building strength. It's a super fun way to exercise! Open to all students. No prior Tai Chi experience is required. No class 4/13.

Age: 13Y & Up

San Rafael Community Center
\$187R/\$198N

M 7:15pm-8:00pm 3/2-5/18 9289

Miscellaneous

Resilient Neighborhoods: Be Part of the Climate Solution - FREE

Are you concerned about climate change and a healthy planet? Want to meet great people who also care and want to do something about it? You are invited to join Resilient Neighborhoods for a five-meeting workshop series to get started. Have fun calculating your carbon footprint, and taking effective, measurable and money saving actions to reduce it. You'll get prepared for emergencies and help build a stronger, safer, and healthier community. Over 1,000 Marin residents have already reduced more than 5-million pounds of CO2 pollution through Resilient Neighborhoods. Are you next? While the climate news is a roller coaster, the best antidote is action! All you need to participate is access to your utility bills and a computer. A \$40 refundable deposit will be collected for the handbook. ResilientNeighborhoods.org. No class 4/28, 5/12, 5/26 and 6/9.

Age: 18Y & Up

**San Rafael Community Center
FREE**

Tu	7:00pm-9:00pm	4/21-6/16	9281
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Personal Growth

Voice-overs... Now is your time!

In what could be the most enlightening two hours you've ever spent, this class will show you how you can begin using your speaking voice for commercials, films, videos, and more. In this introductory class, you will learn about a unique, outside-the-box way to break into this creative, fulfilling, and potentially lucrative industry. Voice-overs can be managed on your own terms, on your own turf, in your own time, and with minimal overhead! Whether you choose to pursue voice-overs part-time or full-time, this could be the game changer you've been looking for.

Age: 18Y & Up

**Albert J. Boro Community Center
\$32R/\$36N**

Tu	6:30pm-8:30pm	4/22	9618
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Mindfulness Practices

Mindfulness is a big umbrella that covers many kinds of secular meditation practices. This eight-week mindfulness course is designed to teach a mind-training program to individuals in a group setting. Participants learn to become self-aware and understand their thoughts, emotions and feelings and manage them mindfully. You will learn to build up the space to replace impulsive reactions with thoughtful responses. Mindfulness practices increase focus and concentration, reduce stress and anxiety, improve sleep patterns and bring health and happiness to your life. INSTRUCTOR Gita Nilforoush is the founder of Mediation for all ages. She completed meditation teacher training course with Willpower Institute in Canada. She received her mindfulness training through Mindful Schools and completed the yearlong certification program to become a Mindful Schools Certified Mindfulness Instructor (CMI). For more information, please visit her website at mediationforallages.com

Age: 18Y & Up

**San Rafael Community Center
\$200R/\$220N**

Tu	5:00pm-6:00pm	3/5-4/23	9277
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\$125R/\$137N

Tu	5:00pm-6:00pm	4/30-5/28	9278
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Seniors

Albert J. Boro Community Center

MULTI-CULTURAL OLDER ADULT PROGRAMS

Older adults of all ethnicities in Marin are welcome to come to the Albert J. Boro Community Center-Pickleweed Park where we provide opportunities for socialization and integration. The group meets every Wednesday from 11:00am-12:00pm. Good Earth Natural Foods provides a hot, nutritional lunch program served at 12 noon for a donation of \$3 for those who are 60 years of age and over and a \$6 fee for those under 60 years of age. To make reservations for lunch, call 457-4636 by the prior Thursday. This program is made possible through funds from the Federal Older American Act and administered locally by the Marin County Health & Human Services, Division of Aging & Adult Services. Special programs are also sponsored by Whistlestop and San Rafael Community Services.

Join in on the activities and meet new friends. Bring your ideas of what type of programs and activities you would like to start at the Center. Our largest populations at present are Hispanic/Latino and Vietnamese, although we welcome all older adults. For more information contact the Whistlestop at 456-9062 or the San Rafael Community Services Department at 485-3077. Additional multicultural programs are held at the Whistlestop which include: Spanish Discussion Group, Persian Social Club, German Social Club, French Social Club, ESL (English As A Second Language) Classes, Citizenship Classes, Spanish Class, Knitting & Jewelry Classes and Consultation Services.

Terra Linda Community Center

TERRA LINDA SENIORS

The Terra Linda Senior Citizen Organization meets at the Terra Linda Community Center, 670 Del Ganado Road from 9:30am-12:30pm every Tuesday. Activities include weekly bingo games and occasional luncheons and plenty of time to socialize. If you are 55 years and older, you are welcome to join the group for a fee of \$15 per year. For more information call (415) 485-3341/3344.

San Rafael Goldenaires

SAN RAFAEL GOLDENAIRES

The San Rafael Goldenaires is a non-profit organization sponsored by the San Rafael Community Services Department. The Goldenaires provides its members the opportunity to participate in a wide variety of classes, trips, social activities and special events. Membership is \$35 per year and is available to all adults 62 years and older. More information is available at srgoldenaires.org or inside the club's monthly newsletter The Newsette. Membership applications are available by calling 485-3348 or at the office located inside the San Rafael Community Center at 618 B St in San Rafael, Monday, Tuesday, Wednesday & Friday, 9:00am-3:00pm. Please stop by and visit or call and we will be happy to answer any questions.

GOLDENAIRES ONGOING EVENTS

Wednesday Bingo - Open to the public!

The Goldenaires offer weekly Bingo games with a hot meal provided by Good Earth Natural Foods on each Wednesday of the month (except for the third Wednesday). Please make your lunch reservation by calling 457-4636 one week prior to dining. Lunch is served from 11:00am-11:30am and there is a \$3 donation for adults 60+ and a \$6 fee for adults, 18-59 years old. Bingo follows at 12:00pm. This program is made possible through funds from the Federal Older American Act and is administered locally by the County of Marin Department of Health and Human Services, Division on Aging and Adult Services. (Special Monday Bingo Nights are held throughout the year. 2020 dates are February 10, April 20 and August 17.)

Ongoing Classes

Contract Bridge – Mondays, 10:30am-2:30pm

Beginners welcome. We'll teach you. No reservations needed, but you MUST arrive no later than 10:15am and bring your own lunch. Chairperson Bill Nicholson.

Acrylic Painting – Mondays, 11:30am-3:30pm

Practice your painting skills and create new things in a fun-loving, encouraging environment. Bring your own supplies. New persons may join at any time. Artist Yvonne Brown is willing to guide you and/or suggest painting techniques.

Mahjong – Tuesdays, 9:30am-12 noon

Beginners welcome. Chinese tiles are used for (Asian) play. Instructors will assist in helping members learn the game. Volunteer Instructors Norma Smith-Axton & Linda Jernigan.

Watercolor Painting – Tuesdays, 10:00am-3:00pm

All levels of watercolorists welcome. Please bring your own supplies. Instructor Ann Carroll, professional artist. Small fee for the instructor's mileage.

Duplicate Bridge (Non Sanctioned) – Wednesdays, 10:00am-2:00pm

You must already know how to play; this is not a teaching class. If you would like to join the game, please call the office and we will put you in touch with the group leader. Lunch available through our Good Earth Natural Foods lunch program (except 3rd Wednesday of the month), \$3 donation requested for those 60+. Lunch reservations must be made a week in advance by calling 457-4636. Please state that the meal site is at the San Rafael Community Center

Wood Carving – Fridays, 9:00am-12:00pm

An inexpensive, fun group that promotes a truly rewarding hobby. Beginners welcome! No Fee. Students help teach each other with techniques and can show you how much fun wood carving can be!

Crafts Boutique – Fridays, 12:00pm-3:00pm

Enjoy the fun of learning new crafts while making new friends. The craft group meets every Friday. They design some items and hand-make all our crafts – ideas here are always welcome. Our items are always on sale for a reasonable price, so come down and look at the display in the trophy case and in the Goldenaires office. Better yet, if you have a talent you would like to share with the craft group, come on down and join us.

GOLDENAIRES EXERCISE PROGRAMS

Come join our outstanding exercise program for adults 62 years and older that promotes your health and improves the quality of your life! We have a variety of classes for all levels of fitness – active, moderate and chair. Our certified Instructor Jeanette Logan, will show you how to modify exercises to fit your needs.

This is a great way to meet others while giving yourself an excellent mind-body workout. Your first class is FREE!

Visit Jeanette's Youthful Hearts website for more information, YouthfulHearts.com.

Youthful Hearts FIT & FUN – Low Impact Aerobics

Mondays & Fridays 9:30am-11:00am
(Some Wednesdays, depending on activity schedule)

This class begins with a warm-up, then moves into aerobics, stretch and strengthening and concludes with guided relaxation. Some classes also include line dancing. This class is a great way to keep in shape and meet new friends. Men and women are welcome.

Fees
\$39 twice a week, full month (8 classes – 9th is a bonus)
\$22 one day a week, choose Monday OR Friday
\$10 drop-in, per day



Youthful Hearts STILL GOING STRONG – Strength Training & Stretch

Mondays & Fridays 11:15am-12:15pm
(Some Wednesdays, depending on activity schedule)

This is a great class for those who want to build stronger bones and muscles and improve their range of motion. Mats are provided. Men and women welcome.

Fees
\$33 twice a week, full month (8 classes – 9th is a bonus)
\$19 one day a week, choose Monday OR Friday
\$9 drop-in, per day



Youthful Hearts NON-IMPACT CHAIR EXERCISE

Mondays 12:40pm - 1:30pm
(Some Fridays, depending on activity schedule)

This is a SEATED exercise program for men and women. Do you have a physical challenge such as limited mobility that prevents you from doing conventional exercise? Would you like to relieve stress and joint pain, improve your circulation, lower high blood pressure and stretch and tone your muscles without strain? Join us for this gentle, unique exercise program that blends elements of chi gong, yoga, non-impact aerobics and meditation all done while sitting in a chair. Men and women welcome.

Fees
\$20 a month
\$8 drop-in, per day

GOLDENAIRES SPECIAL EVENTS

Monday Night Bingo

February 10

Everyone 18 years or older is welcome to join us for an awesome night of friends, fun, food and BINGO! Cash prizes \$60-\$150 per game; 15 games played.

Advance reservation for dinner and bingo is \$20. Includes: (1) 6-On Game Pack, Dauber and Dinner February dinner is ravioli, salad, french bread, dessert, coffee and tea.

The price at the door for dinner & bingo is \$25.

\$10 for Bingo only.

Additional packs available for purchase.

For complete event details, go to srgoldenaires.org or call 485-3348.



B Street Ballroom – Sunday Dances

Sundays: February 23, March 29, April 26, May 31

Join us at the San Rafael Community Center, 618 B Street, for a wonderful afternoon of dancing to the sounds of a live band, The Manny Gutierrez Quartet.

The dances are held the last Sunday of each month and are open to the public. Dances are not offered during November and December. All ages, singles and couples are welcome!

There are plenty of mixers to get everyone out on the dance floor. Come enjoy the music and meet new friends. Admission is \$10 at the door.

GOLDENAIRES TRAVEL & TRIPS

Come explore the wonders of the world or your own backyard with the Goldenaires. Monthly day trips to local shows and attractions are scheduled. Longer adventures around the country and the world are also waiting for you. Extended trip flyers can be picked up in the office. Pick up a copy of the Newsette or go to www.srgoldenaires.org for the most current listing of trips.

Valentine's Lunch

Friday, February 14, 12:30pm

A lovely lunch menu followed by live entertainment.

St. Patrick's Luncheon

Friday, March 13, 12:30pm

A traditional Irish menu followed by Irish Dancers.

Spring Luncheon

Friday, April 17, 12:30pm

A special springtime menu followed by live entertainment.



AARP Driver Safety Program

8-hour Safe Driving Course- Tu/W, January 29 & 30

4.5 -hour Refresher Course – Dates TBA

These AARP-sponsored courses are available to all motorists ages 55 and older and will substantially improve the driving skills of older motorists.

The 8-hour classroom course is designed to meet the specific needs of older drivers and will focus on sharpening their driving skills, as well as developing strategies for adjusting to age-related changes in vision, hearing and reaction time.

The 4 ½ hour refresher course is for people who have already taken the 8-hour course within the last 4 calendar years.

INSTRUCTOR Paul Roye

Fee: \$25 for AARP members and \$30 for non-members. This includes a certificate which is valid for three years. Please provide your AARP membership number when signing up for this class for reduced fee.

To register, call the Goldenaires at 485-3348, stop by their office or mail in your payment with a self-addressed stamped envelope for the return of your receipt. If you do not cancel by the day before class is held, or if you do not attend the class, fee will be retained. For information on additional classes and locations call 1-888-227-7669 or visit aarp.org/drive.



IN SAN RAFAEL,
ALMOST 25% OF
THE POPULATION
IS OVER THE
AGE OF

60

- U.S. CENSUS BUREAU

SAN RAFAEL BUILDING AN AGE-FRIENDLY COMMUNITY

AN AGE-FRIENDLY COMMUNITY VALUES AND RESPECTS PEOPLE OF ALL AGES AND CONSIDERS EVERYONE INTEGRAL TO THE COMMUNITY. IT IS A PLACE WHERE OLDER PEOPLE ARE CONNECTED TO THOSE WHO ARE MOST IMPORTANT TO THEM AND REMAIN HEALTHY AND ACTIVE AND ARE ABLE TO PARTICIPATE IN COMMUNITY ACTIVITIES.

Did you know that San Rafael has been designated an Age-Friendly City and is a member of the World Health Organization (WHO) and AARP's Network of Age-Friendly Communities? The City is committed to better adapting our structures and services to the needs of older people. There are eight areas that WHO has highlighted for cities to focus on which includes the built environment, transportation, housing, social participation, respect and social inclusion, civic participation and employment, communication, and community support and health services. Cities and towns throughout Marin County have also added Emergency Preparedness to this list.

The **Age-Friendly San Rafael Task Force** is composed of community volunteers who are working with the City and community partners to redefine what it means to age in San Rafael. We've completed a residents' survey and key stakeholder interviews and will conduct focus groups in the next few months. We'll then create an action plan based on the information and data we have gathered.

If you would like to learn more and join us in this effort, please come to an **Age-Friendly Task Force** meeting on the 2nd Tuesday of the month from 1:30 - 3:00 p.m. at the San Rafael Community Center at 618 B Street, San Rafael. For more information, visit www.cityofsanrafael.org/departments/age-friendly.

You may also contact Sparkie Spaeth at 415.250.3172 or Diana López at 415.987.7023.

Aquatics

TERRA LINDA POOL

670 Del Ganado Road, San Rafael
Office (415) 485-3344 | Pool (415) 485-3346



HAMILTON POOL

203 El Bonito Road, Novato
Office (415) 485-3344 | Pool (415) 883-7126



DAILY ADMISSION RATES

YOUTH RATES 12 months-15 years	\$4R/\$7N
ADULT RATES 16 years and older	\$5R/\$9N
SWIM PUNCH CARD	\$67R/\$71N

For Terra Linda Pool you must be a San Rafael resident or work in San Rafael. For Hamilton Pool you must be a Novato resident or work in Novato. Proof of residency or employment is required for resident rate.

EXERCISE CLASSES

Terra Linda & Hamilton Pools

WaterGym™

WaterGym is a fun, sports-oriented water aerobics workout that teaches you to use water as a powerful gym. You'll mimic sports workouts and exercises in the water, such as running, biking, weight lifting, and kick boxing, without impact or wear and tear on your joints! You'll get the benefits of weights, aerobics and stretching all in one workout, while focusing on calorie burning and improving all 5 aspects of physical fitness. WaterGym classes have been held in Marin County for over 25 years. Come join us! \$12 drop-in. QUESTIONS: visit watergym.com or call 388-5099. No class 5/25, 6/1, 6/8, 9/7

Terra Linda Pool - Begins in May
Mondays • 10:00-11:00am

Hamilton Pool - Begins in June
Tuesdays • 9:30am-10:30am

SPECIALTY INSTRUCTION

For more information, call 485-3344 or email terralindapool@cityofsanrafael.org. Visit livelifelocally.org/departments/pools.

TERRA LINDA COMMUNITY CENTER

POOL PARTY PACKAGE



Come enjoy your birthday at the Terra Linda Community Center's pool and park!

Your party package includes two reserved tables under a shade structure, pool entry, in & out privileges and free entry for the party organizer and birthday person.

Pool parties can be booked during public swim times. Please note, for children under 10 years of age, we require the presence of at least two adults for every 10 children.

For patrons between the ages 10-18 years, we require one adult for every 20 children. Please call for fees.



(415) 485-3344 terralindapool@cityofsanrafael.org

SPECIALTY INSTRUCTION

Terra Linda Pool

Lifeguard Training - Blended Learning

Lifeguard Training Course will teach lifeguard candidates the skills and knowledge needed to prevent and respond to aquatic emergencies. To be eligible for the LGT course, candidates must be 15 years of age on or before the final scheduled session of the course and have access to a computer to do the online components required for class completion. Certification includes American Red Cross Lifeguard Training, First Aid, and CPR/AED for the Professional Rescuer. In addition, candidates must successfully complete various swimming prerequisites. Attendance is mandatory. No refunds or make-up classes offered. Students not passing the course are not eligible for a refund or a discounted price on another session. Requires tablet or computer technology. No refunds for cancellations less than 14 days in advance. Books available on loan at no additional cost. If you wish to purchase a book, please contact the office at 485-3344.

Age: 15Y & Up

**Terra Linda Community Center
\$245R/\$270N**

Tu/W/Th	9:00am-4:30pm	2/18-2/20	9483
F	4:00pm-9:00pm	3/20	
Sa/Su	8:30am-5:30pm	3/21-3/22	9484
Tu/W/Th	9:00am-4:30pm	4/7-4/9	9485
F	4:00pm-9:00pm	4/24	
Sa/Su	8:30am-5:30pm	4/25-4/26	9486
F	4:00pm-9:00pm	5/22	
Sa/Su	8:30am-5:30pm	5/23-5/24	9487
F	4:00pm-9:00pm	6/26	
Sa/Su	8:30am-5:30pm	6/27-6/28	9488
M-Th	3:30pm-9:00pm	7/13-7/16	9489

Terra Linda & Hamilton Pools

Aquatic Aide Institute

Age: 12Y-14Y

Enjoy being poolside, in a high energy environment surrounded by kids? This is your chance to make a difference while having fun and gaining on-the-job experience. Become an Aquatic Aide and volunteer/train alongside American Red Cross Lifeguards, swim instructors, and our very own Splash Camp Counselors. Each participant receives a free season pass to the Terra Linda or Hamilton Pool - based on where they choose to volunteer, a certificate of completion, and a letter verifying volunteer hours. A manual provided during orientation will provide training and tools. Aquatic Aides are assigned to work a minimum of one session, Monday-Friday, 8:00am-1:30pm or Monday-Thursday (daily) 10:15am-12:15pm. Times may vary. We invite all swim aides to enjoy our end-of-season celebration.

Prerequisites: Must be able to swim 150 yards, tread water enjoy working with young children, and commit to a minimum of one full session.

Application Deadline: Candidates must complete an application, which is due Friday, May 1. If accepted, fee is \$39. For an application or more information, email terralindapool@cityofsanrafael.org.

SUMMER CAMPS

Terra Linda Pool

Splash Camp

Summer camp and swim lessons all rolled into one! Games, arts and crafts, playground time, supervised pool time and sports all packed into a week full of fun in the sun. In addition, children will receive four thirty-minute swim lessons. Children will be assigned to a swim level and Instructor based on swimming experience. Please have your child pack a snack, lunch, swim suit, towel and closed toed shoes they can run in. Camp is held outside so please have your child wear and pack sunscreen.

Age: 6Y-9Y

**Terra Linda Community Center, Room 5 & Pool
\$174R/\$191N**

M-F	8:00am-1:30pm	6/22-6/26	8984
M-F	8:00am-1:30pm	7/6-7/10	8985
M-F	8:00am-1:30pm	7/13-7/17	8986
M-F	8:00am-1:30pm	7/20-7/24	8987
M-F	8:00am-1:30pm	7/27-7/31	8988

Terra Linda & Hamilton Pools

Junior Lifeguard Camp

Looking for a few good Junior Lifeguards! Learn what it takes to be a lifeguard. Junior Lifeguards will learn the skills needed to help and respond in emergencies. An introduction into water rescues, entries, head and back injuries and first aid will be covered. Junior lifeguards will work on swimming skills and endurance, so they can be the best they can be when it's time to respond! Junior Lifeguards will get a chance to shadow a lifeguard. Games, team building and new fun challenges daily. Participants must be able to swim at least two lengths of the pool and be able to submerge to the bottom of the pool with little assistance. Participants should pack a lunch, swim suit and towel along with closed toed shoes and sunscreen. This program is for those that enjoy being at the pool, working with others and want to learn what it takes to be a lifeguard.

Age: 10Y-12Y

**Terra Linda Community Center, Room 5 & Pool
\$165R/\$180N**

M-F	9:00am-2:00pm	6/22-6/26	9552
M-F	9:00am-2:00pm	7/6-7/10	9553
M-F	9:00am-2:00pm	7/13-7/17	9554

**Hamilton Pool
\$165R/\$180N**

M-F	9:00am-2:00pm	7/20-7/24	9555
M-F	9:00am-2:00pm	7/27-7/31	9556

Terra Linda & Hamilton Swim Lessons

Private Swim Lessons - Children & Adults

To request a private or semi-private lesson, please complete the online form at lifelocally.org or email terralindapool@cityofsanrafael.org.

We offer private, 30-minute swim lessons with a one-on-one student-to-teacher ratio or you may sign up for a semi private lesson, which is designed for two students at a similar swim level, assigned to one instructor.

Private lessons allow you the flexibility to schedule lessons around your availability. An instructor is assigned based on your needs and will coordinate lessons based on your availability.

Schedule

An instructor will only wait ten minutes. If you are late for your lesson, you will still be charged for the full lesson and if the instructor has scheduled a lesson after your lesson, you may not receive your allotted lesson time.

PRIVATE/SEMI-PRIVATE SWIM LESSON FEES

You may sign up for one lesson or a block of five lessons at a discounted rate. Please note, you must pay for your lesson in advance. Refunds are not available for no-shows.

Private Lessons for One Student

One Lesson \$40 residents / \$44 non-residents

Five Lessons \$150 residents / \$165 residents

Semi-Private Lessons for Two Students at Similar Swim Level

One Lesson \$64 residents / \$69 non-residents

Five Lessons \$206 residents / \$227 non-residents



Group Swim Lessons - Happy Fish Swim School

We offer a wide variety of group lessons for children as young as six months to 12 years old. The Happy Fish Swim School emphasizes fun and safety in the aquatic environment through guided instruction by a professional swim instructor. It's never too late to start thinking about skills that are not only fun but could also save you or your child's life.

Lessons begin as early as mid-April and continue through the summer! Our intensive summer swim program starts in June

GROUP SWIM LESSON POLICIES

Swim Levels

If you sign your child up for a level that they have successfully mastered, we will transfer your child to another level at no charge to you. During the lesson, instructors may move your child up or down a level to accommodate your swimmer's abilities. If a level does not meet the minimum registration, we may combine levels of students with similar skill ability. Once your child has successfully demonstrated all required skills in his/her lessons, he or she is eligible to move to the next level.

Instructor Requests

Unfortunately, we cannot take requests for specific instructors for group lessons. If you would like a specific instructor, please inquire about private lessons.

Refunds, credits or transfers

Refunds, credits or transfers may be requested at a minimum of two working days prior to the start of a session. No refunds, credits or transfers will be provided less than two working days in advance. Transfer requests from different session dates will be assessed a \$5 transfer fee. Requests must be done in writing or in person.

Stay & Play Student in lesson can stay and swim for no charge for that day. If other family members or friends would like to stay and swim, they must pay the daily admission fee or have a season pass. Children who are three and under

GROUP SWIM LESSON FEES

Parent Tot – Level 4

Three-Day Session \$36 residents / \$40 non-residents

Four-Day Session \$48 residents / \$53 residents

Levels 5 – 7

Three-Day Session \$45 residents / \$50 non-residents

Four-Day Session \$60 residents / \$66 residents

Terra Linda & Hamilton Swim Level Chart

Parent Tot - Water Baby Advanced - 30 mins

Instructor/Student Ratio 1:12

- Blowing bubbles, jumping, basic arm swim skills
- Slight submersion practiced
- Begins to swim with instructor
- Songs and games
- Parent participation required
- Best for kids 6 - 36 months
- This is a water adjustment class
- Child comfortable in water with instructor for short periods
- Child must want to be there and has fun playing in the water

Level 1 - 30 mins

Instructor/Student Ratio 1:3

- How to enter and exit water safely
- Learns basic water safety
- Actively interacts with instructor
- "Swimming is Fun!" emphasized with games
- No parent participation
- Good beginning class for kids age 3 or older
- Child is mainly on steps for entire class period
- Fully comfortable in water with instructor for entire class period
- Child is excited and pushes the learning process to try harder

Level 2 - 30 mins

Instructor/Student Ratio 1:3

- Fundamental water skills and aquatic safety taught
- Full face submersion introduced
- Floating back & front
- Wall push offs on back and front
- Explores entire pool
- Supported alternating arm circles and kicking together
- Child pushes off wall alone on tummy
- Child jumps to instructor alone
- Must be able to use flotation device unsupported for two body lengths
- Must be able to float on back and front unsupported

Level 3 - 30 mins

Instructor/Student Ratio 1:3

- Practices alternating arm circles and kicking together
- Begins discussion of side breathing
- Beginning backstroke
- Streamline swimming introduced
- Breaststroke arms and legs introduced separately
- Jumps in and swims directly to wall
- Fully submerges face three times with bobs
- Swims front crawl two body lengths
- Able to push off wall on back and float two body lengths

Level 4 - 30 mins

Instructor/Student Ratio 1:4

- Builds swimming stamina
- Begins work on treading water and sitting/kneeling dives
- Works on streamline kick on back
- Ample practice time on breaststroke & backstroke
- Some refreshing of front crawl with side-breathing
- Begins dolphin kicking practice
- General technique work on front crawl, back and breast
- Able to swim front crawl at least 13 yards
- Able to streamline kick for 10 yards without kickboard
- Able to swim backstroke three body lengths
- Able to swim breaststroke three body lengths
- Recognizable side-breathing

Level 5 - 40 mins

Instructor/Student Ratio 1:5

- Builds up to 25 yards front crawl with side-breathing
- Practices front crawl, breaststroke, backstroke & treading water
- Learns full butterfly
- Introduced to standing dives
- Builds stamina and technique on all strokes
- Able to swim 25 yards front crawl, 25 yards backstroke, 10 yards breaststroke and a recognizable butterfly for 2 body lengths
- Able to dive unperfected

Levels 6 and 7 - 40 mins

Instructor/Student Ratio 1:6

- Works on swimming 50 yards front crawl
- Practices swimming refined strokes
- Begins work on flip turns
- Practice and stamina emphasized
- Students should swim multiple laps during lesson with instruction in between
- Provides skills needed to start a swim team.
- Able to swim multiple laps during lesson with breaks in between
- Swim strokes are all recognizable but need refinement
- Able to maintain streamline and balance in water



Terra Linda Swim Lessons

GROUP SESSION FEES

Parent Tot – Level 4

Three-Day Session \$36 R / \$40 N
 Four-Day Session \$48 R / \$53 N

Levels 5 – 7

Three-Day Session \$45 R / \$50 N
 Four-Day Session \$60 R / \$66 N

MONDAY & WEDNESDAY CLASSES

Dates: 4/27, 4/29, 5/4, 5/6

Level 1	3:30pm-4:00pm	9280
Level 2	4:05pm-4:35pm	9324
Level 3	4:40pm-5:10pm	9325

Dates: 5/11, 5/13, 5/18, 5/20

Level 1	3:30pm-4:00pm	9326
Level 2	4:05pm-4:35pm	9327
Level 3	4:40pm-5:10pm	9328

SATURDAY CLASSES

Dates: 7/11, 7/18, 7/25 (NO CLASS 7/4)

Parent Tot	9:10am-9:40am	9329
Level 1	10:55am-11:25am	9334
Level 2	10:20am-10:50am	9338
Level 3	9:45am-10:15am	9392
Level 4	9:45am-10:15am	9401
Level 5	11:30am-12:10pm	9405
Level 6/7	11:30am-12:10pm	9411
6&UP Lev 2	10:55am-11:25am	9388
6&UP Lev 3	10:20am-10:50am	9396

Dates: 8/1, 8/8, 8/15, 8/22

Parent Tot	9:10am-9:40am	9330
Level 1	10:55am-11:25am	9335
Level 2	10:20am-10:50am	9339
Level 3	9:45am-10:15am	9393
Level 4	9:45am-10:15am	9402
Level 5	11:30am-12:10pm	9406
Level 6/7	11:30am-12:10pm	9412
6&UP Lev 2	10:55am-11:25am	9389
6&UP Lev 3	10:20am-10:50am	9397

SUNDAY CLASSES

Dates: 7/12, 7/19, 7/26 (NO CLASS 7/5)

Parent Tot	9:10am-9:40am	9331
Level 1	10:55am-11:25am	9336
Level 2	10:20am-10:50am	9386
Level 3	9:45am-10:15am	9394
Level 4	9:45am-10:15am	9403
Level 5	11:30am-12:10pm	9407
Level 6/7	11:30am-12:10pm	9413
6&UP Lev 2	10:55am-11:25am	9390
6&UP Lev 3	10:20am-10:50am	9398

Dates: 8/2, 8/9, 8/16, 8/23

Parent Tot	9:10am-9:40am	9332
Level 1	10:55am-11:25am	9337
Level 2	10:20am-10:50am	9387
Level 3	9:45am-10:15am	9395
Level 4	9:45am-10:15am	9404
Level 5	11:30am-12:10pm	9408
Level 6/7	11:30am-12:10pm	9414
6&UP Lev 2	10:55am-11:25am	9391
6&UP Lev 3	10:20am-10:50am	9399

DAYTIME SUMMER INTENSIVE

Beginning Monday, June 15

One session per week • 4 Classes, M-Th

Dates: 6/15-6/18

Level 1	10:30am-11:00am	9415
Level 1	11:05am-11:35am	9416
Level 1	11:40am-12:10pm	9417
Level 2	10:30am-11:00am	9450
Level 2	11:05am-11:35am	9451
Level 2	11:40am-12:10pm	9452
Level 3	10:30am-11:00am	9501
Level 3	11:05am-11:35am	9502
Level 3	11:40am-12:10pm	9503
Level 4	10:30am-11:00am	9539
Level 4	11:05am-11:35am	9541
Level 4	11:40am-12:10pm	9542
Level 5	10:20am-11:00am	9575
Level 6/7	10:20am-11:00am	9583
6&UP Lev 2	11:05am-11:35am	9493
6&UP Lev 3	11:40am-12:10pm	9531

Dates: 6/22-6/25

Parent	11:05am-11:35am	9446
Level 1	10:30am-11:00am	9418
Level 1	11:05am-11:35am	9419
Level 1	11:40am-12:10pm	9420
Level 2	10:30am-11:00am	9453
Level 2	11:05am-11:35am	9454
Level 2	11:40am-12:10pm	9455
Level 3	10:30am-11:00am	9504
Level 3	11:05am-11:35am	9505
Level 3	11:40am-12:10pm	9506
Level 4	10:30am-11:00am	9543
Level 4	11:05am-11:35am	9544
Level 4	11:40am-12:10pm	9545
Level 5	10:20am-11:00am	9576
Level 6/7	10:20am-11:00am	9584
6&UP Lev 2	11:05am-11:35am	9494
6&UP Lev 3	11:40am-12:10pm	9532

Dates: 6/29-7/2

Level 1	10:30am-11:00am	9422
Level 1	11:05am-11:35am	9423
Level 1	11:40am-12:10pm	9424
Level 2	10:30am-11:00am	9456
Level 2	11:05am-11:35am	9457
Level 2	11:40am-12:10pm	9458
Level 3	10:30am-11:00am	9507
Level 3	11:05am-11:35am	9508
Level 3	11:40am-12:10pm	9509
Level 4	10:30am-11:00am	9546
Level 4	11:05am-11:35am	9547
Level 4	11:40am-12:10pm	9548
Level 5	10:20am-11:00am	9577
Level 6/7	10:20am-11:00am	9585
6&UP Lev 2	11:05am-11:35am	9495
6&UP Lev 3	11:40am-12:10pm	9533

Terra Linda Swim Lessons continued

Dates: 7/6-7/9

Parent	11:05am-11:35am	9447
Level 1	10:30am-11:00am	9425
Level 1	11:05am-11:35am	9427
Level 1	11:40am-12:10pm	9428
Level 2	10:30am-11:00am	9459
Level 2	11:05am-11:35am	9460
Level 2	11:40am-12:10pm	9461
Level 3	10:30am-11:00am	9510
Level 3	11:05am-11:35am	9511
Level 3	11:40am-12:10pm	9512
Level 4	10:30am-11:00am	9549
Level 4	11:05am-11:35am	9557
Level 4	11:40am-12:10pm	9558
Level 5	10:20am-11:00am	9578
Level 6/7	10:20am-11:00am	9586
6&UP Lev 2	11:05am-11:35am	9496
6&UP Lev 3	11:40am-12:10pm	9534

Dates: 7/13-7/16

Level 1	10:30am-11:00am	9429
Level 1	11:05am-11:35am	9430
Level 1	11:40am-12:10pm	9431
Level 2	10:30am-11:00am	9462
Level 2	11:05am-11:35am	9463
Level 2	11:40am-12:10pm	9464
Level 3	10:30am-11:00am	9513
Level 3	11:05am-11:35am	9514
Level 3	11:40am-12:10pm	9515
Level 4	10:30am-11:00am	9559
Level 4	11:05am-11:35am	9560
Level 4	11:40am-12:10pm	9561
Level 5	10:20am-11:00am	9579
Level 6/7	10:20am-11:00am	9587
6&UP Lev 2	11:05am-11:35am	9497
6&UP Lev 3	11:40am-12:10pm	9535

Dates: 7/20-7/23

Parent	11:05am-11:35am	9448
Level 1	10:30am-11:00am	9432
Level 1	11:05am-11:35am	9433
Level 1	11:40am-12:10pm	9434
Level 2	10:30am-11:00am	9465
Level 2	11:05am-11:35am	9466
Level 2	11:40am-12:10pm	9467
Level 3	10:30am-11:00am	9516
Level 3	11:05am-11:35am	9517
Level 3	11:40am-12:10pm	9518
Level 4	10:30am-11:00am	9562
Level 4	11:05am-11:35am	9563
Level 4	11:40am-12:10pm	9564
Level 5	10:20am-11:00am	9580
Level 6/7	10:20am-11:00am	9588
6&UP Lev 2	11:05am-11:35am	9498
6&UP Lev 3	11:40am-12:10pm	9536

Dates: 7/27-7/30

Level 1	10:30am-11:00am	9435
Level 1	11:05am-11:35am	9436
Level 1	11:40am-12:10pm	9437
Level 2	10:30am-11:00am	9468
Level 2	11:05am-11:35am	9469
Level 2	11:40am-12:10pm	9470
Level 3	10:30am-11:00am	9521
Level 3	11:05am-11:35am	9522
Level 3	11:40am-12:10pm	9523
Level 4	10:30am-11:00am	9565
Level 4	11:05am-11:35am	9566
Level 4	11:40am-12:10pm	9567
Level 5	10:20am-11:00am	9581
Level 6/7	10:20am-11:00am	9589
6&UP Lev 2	11:05am-11:35am	9499
6&UP Lev 3	11:40am-12:10pm	9537

Dates: 8/3-8/6

Parent	11:05am-11:35am	9449
Level 1	10:30am-11:00am	9438
Level 1	11:05am-11:35am	9439
Level 1	11:40am-12:10pm	9440
Level 2	10:30am-11:00am	9471
Level 2	11:05am-11:35am	9472
Level 2	11:40am-12:10pm	9473
Level 3	10:30am-11:00am	9524
Level 3	11:05am-11:35am	9525
Level 3	11:40am-12:10pm	9526
Level 4	10:30am-11:00am	9568
Level 4	11:05am-11:35am	9569
Level 4	11:40am-12:10pm	9570
Level 5	10:20am-11:00am	9582
Level 6/7	10:20am-11:00am	9590
6&UP Lev 2	11:05am-11:35am	9500
6&UP Lev 3	11:40am-12:10pm	9538

EVENING SUMMER INTENSIVE

Dates: 7/6-7/9

Level 1	5:15pm-5:45pm	9441
Level 2	5:50pm-6:20pm	9474
Level 3	6:25pm-6:55pm	9527
Level 4	7:00pm-7:30pm	9571

Dates: 7/13-7/16

Level 1	5:15pm-5:45pm	9442
Level 2	5:50pm-6:20pm	9490
Level 3	6:25pm-6:55pm	9528
Level 4	7:00pm-7:30pm	9572

Dates: 7/20-7/23

Level 1	5:15pm-5:45pm	9443
Level 2	5:50pm-6:20pm	9491
Level 3	6:25pm-6:55pm	9529
Level 4	7:00pm-7:30pm	9573

Dates: 7/27-7/30

Level 1	5:15pm-5:45pm	9444
Level 2	5:50pm-6:20pm	9473
Level 3	6:25pm-6:55pm	9530
Level 4	7:00pm-7:30pm	9574

FALL PROGRAM: 8/3, 8/5, 8/10, 8/12

Level 1	3:30pm-4:00pm	9591
Level 2	4:05pm-4:35pm	9592
Level 3	4:40pm-5:10pm	9593
Level 4	5:15pm-5:45pm	9594

Hamilton Swim Lessons

GROUP SESSION FEES

Parent Tot – Level 4

Three-Day Session \$36 R / \$40 N

Four-Day Session \$48 R / \$53 N

Levels 5 – 7

Three-Day Session \$45 R / \$50 N

Four-Day Session \$60 R / \$66 N

SATURDAY CLASSES

Dates: 6/6, 6/13, 6/20, 6/27

Parent Tot	9:10am-9:40am	9597
Level 1	10:55am-11:25am	9602
Level 2	10:20am-10:50am	9610
Level 3	9:45am-10:15am	9619
Level 4	9:45am-10:15am	9629
Level 5	11:30am-12:10pm	9637
Level 6/7	11:30am-12:10pm	9642
6&UP Lev 2	10:55am-11:25am	9615
6&UP Lev 3	10:20am-10:50am	9622

Dates: 7/11, 7/18, 7/25 (NO CLASS 7/4)

Parent Tot	9:10am-9:40am	9598
Level 1	10:55am-11:25am	9603
Level 2	10:20am-10:50am	9611
Level 3	9:45am-10:15am	9620
Level 4	9:45am-10:15am	9630
Level 5	11:30am-12:10pm	9638
Level 6/7	11:30am-12:10pm	9643
6&UP Lev 2	10:55am-11:25am	9616
6&UP Lev 3	10:20am-10:50am	9623

Dates: 8/1, 8/8, 8/15, 8/22

Parent Tot	9:10am-9:40am	9599
Level 1	10:55am-11:25am	9607
Level 2	10:20am-10:50am	9612
Level 3	9:45am-10:15am	9621
Level 4	9:45am-10:15am	9632
Level 5	11:30am-12:10pm	9639
Level 6/7	11:30am-12:10pm	9644
6&UP Lev 2	10:55am-11:25am	9617
6&UP Lev 3	10:20am-10:50am	9624

SUNDAY CLASSES

Dates: 7/12, 7/19, 7/26 (NO CLASS 7/5)

Parent Tot	9:10am-9:40am	9600
Level 1	10:55am-11:25am	9608
Level 2	10:20am-10:50am	9613
Level 3	9:45am-10:15am	9635
Level 4	9:45am-10:15am	9633
Level 5	11:30am-12:10pm	9640
Level 6/7	11:30am-12:10pm	9645
6&UP Lev 2	10:55am-11:25am	9627
6&UP Lev 3	10:20am-10:50am	9625

Dates: 8/2, 8/9, 8/16, 8/23

Parent Tot	9:10am-9:40am	9601
Level 1	10:55am-11:25am	9609
Level 2	10:20am-10:50am	9614
Level 3	9:45am-10:15am	9636
Level 4	9:45am-10:15am	9634
Level 5	11:30am-12:10pm	9641
Level 6/7	11:30am-12:10pm	9646
6&UP Lev 2	10:55am-11:25am	9628
6&UP Lev 3	10:20am-10:50am	9626

DAYTIME SUMMER INTENSIVE

Beginning Monday, June 15

One session per week • 4 Classes, M-Th

Dates: 6/15-6/18

Parent	11:05am-11:35am	9652
Level 1	10:30am-11:00am	9658
Level 1	11:05am-11:35am	9659
Level 1	11:40am-12:10pm	9662
Level 2	10:30am-11:00am	9687
Level 2	11:05am-11:35am	9688
Level 2	11:40am-12:10pm	9689
Level 3	10:30am-11:00am	9720
Level 3	11:05am-11:35am	9721
Level 3	11:40am-12:10pm	9722
Level 4	10:30am-11:00am	9750
Level 4	11:05am-11:35am	9751
Level 4	11:40am-12:10pm	9752
Level 5	10:20am-11:00am	9783
Level 6/7	10:20am-11:00am	9791
6&UP Lev 2	11:05am-11:35am	9799
6&UP Lev 3	11:40am-12:10pm	9808

Dates: 6/22-6/25

Level 1	10:30am-11:00am	9663
Level 1	11:05am-11:35am	9664
Level 1	11:40am-12:10pm	9665
Level 2	10:30am-11:00am	9690
Level 2	11:05am-11:35am	9691
Level 2	11:40am-12:10pm	9692
Level 3	10:30am-11:00am	9723
Level 3	11:05am-11:35am	9724
Level 3	11:40am-12:10pm	9725
Level 4	10:30am-11:00am	9753
Level 4	11:05am-11:35am	9754
Level 4	11:40am-12:10pm	9755
Level 5	10:20am-11:00am	9784
Level 6/7	10:20am-11:00am	9792
6&UP Lev 2	11:05am-11:35am	9800
6&UP Lev 3	11:40am-12:10pm	9809

Dates: 6/29-7/2

Parent	11:05am-11:35am	9653
Level 1	10:30am-11:00am	9666
Level 1	11:05am-11:35am	9667
Level 1	11:40am-12:10pm	9668
Level 2	10:30am-11:00am	9693
Level 2	11:05am-11:35am	9694
Level 2	11:40am-12:10pm	9695
Level 3	10:30am-11:00am	9726
Level 3	11:05am-11:35am	9727
Level 3	11:40am-12:10pm	9728
Level 4	10:30am-11:00am	9761
Level 4	11:05am-11:35am	9762
Level 4	11:40am-12:10pm	9763
Level 5	10:20am-11:00am	9785
Level 6/7	10:20am-11:00am	9793
6&UP Lev 2	11:05am-11:35am	9801
6&UP Lev 3	11:40am-12:10pm	9811

Hamilton Swim Lessons continued

Dates: 7/6-7/9

Level 1	10:30am-11:00am	9669
Level 1	11:05am-11:35am	9670
Level 1	11:40am-12:10pm	9671
Level 2	10:30am-11:00am	9696
Level 2	11:05am-11:35am	9697
Level 2	11:40am-12:10pm	9698
Level 3	10:30am-11:00am	9729
Level 3	11:05am-11:35am	9730
Level 3	11:40am-12:10pm	9731
Level 4	10:30am-11:00am	9764
Level 4	11:05am-11:35am	9765
Level 4	11:40am-12:10pm	9766
Level 5	10:20am-11:00am	9786
Level 6/7	10:20am-11:00am	9794
6&UP Lev 2	11:05am-11:35am	9802
6&UP Lev 3	11:40am-12:10pm	9814

Dates: 7/20-7/23

Level 1	10:30am-11:00am	9674
Level 1	11:05am-11:35am	9675
Level 1	11:40am-12:10pm	9676
Level 2	10:30am-11:00am	9704
Level 2	11:05am-11:35am	9705
Level 2	11:40am-12:10pm	9706
Level 3	10:30am-11:00am	9735
Level 3	11:05am-11:35am	9736
Level 3	11:40am-12:10pm	9737
Level 4	10:30am-11:00am	9770
Level 4	11:05am-11:35am	9771
Level 4	11:40am-12:10pm	9772
Level 5	10:20am-11:00am	9788
Level 6/7	10:20am-11:00am	9796
6&UP Lev 2	11:05am-11:35am	9804
6&UP Lev 3	11:40am-12:10pm	9819

Dates: 8/3-8/6

Level 1	10:30am-11:00am	9680
Level 1	11:05am-11:35am	9681
Level 1	11:40am-12:10pm	9682
Level 2	10:30am-11:00am	9712
Level 2	11:05am-11:35am	9713
Level 2	11:40am-12:10pm	9714
Level 3	10:30am-11:00am	9741
Level 3	11:05am-11:35am	9742
Level 3	11:40am-12:10pm	9743
Level 4	10:30am-11:00am	9776
Level 4	11:05am-11:35am	9777
Level 4	11:40am-12:10pm	9778
Level 5	10:20am-11:00am	9790
Level 6/7	10:20am-11:00am	9798
6&UP Lev 2	11:05am-11:35am	9806
6&UP Lev 3	11:40am-12:10pm	9821

Dates: 7/13-7/16

Parent	11:05am-11:35am	9655
Level 1	10:30am-11:00am	9672
Level 1	11:05am-11:35am	9673
Level 1	11:40am-12:10pm	9701
Level 2	10:30am-11:00am	9700
Level 2	11:05am-11:35am	9702
Level 2	11:40am-12:10pm	9699
Level 3	10:30am-11:00am	9732
Level 3	11:05am-11:35am	9733
Level 3	11:40am-12:10pm	9734
Level 4	10:30am-11:00am	9767
Level 4	11:05am-11:35am	9768
Level 4	11:40am-12:10pm	9769
Level 5	10:20am-11:00am	9787
Level 6/7	10:20am-11:00am	9795
6&UP Lev 2	11:05am-11:35am	9803
6&UP Lev 3	11:40am-12:10pm	9818

Dates: 7/27-7/30

Parent	11:05am-11:35am	9656
Level 1	10:30am-11:00am	9677
Level 1	11:05am-11:35am	9678
Level 1	11:40am-12:10pm	9679
Level 2	10:30am-11:00am	9707
Level 2	11:05am-11:35am	9708
Level 2	11:40am-12:10pm	9710
Level 3	10:30am-11:00am	9738
Level 3	11:05am-11:35am	9739
Level 3	11:40am-12:10pm	9740
Level 4	10:30am-11:00am	9773
Level 4	11:05am-11:35am	9774
Level 4	11:40am-12:10pm	9775
Level 5	10:20am-11:00am	9789
Level 6/7	10:20am-11:00am	9797
6&UP Lev 2	11:05am-11:35am	9805
6&UP Lev 3	11:40am-12:10pm	9820

EVENING SUMMER INTENSIVE

Dates: 7/6-7/9

Level 1	5:15pm-5:45pm	9683
Level 2	5:50pm-6:20pm	9715
Level 3	6:25pm-6:55pm	9745
Level 4	7:00pm-7:30pm	9779

Dates: 7/13-7/16

Level 1	5:15pm-5:45pm	9684
Level 2	5:50pm-6:20pm	9716
Level 3	6:25pm-6:55pm	9747
Level 4	7:00pm-7:30pm	9780

Dates: 7/20-7/23

Level 1	5:15pm-5:45pm	9685
Level 2	5:50pm-6:20pm	9718
Level 3	6:25pm-6:55pm	9748
Level 4	7:00pm-7:30pm	9781

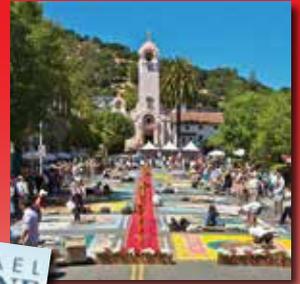
Dates: 7/27-7/30

Level 1	5:15pm-5:45pm	9686
Level 2	5:50pm-6:20pm	9719
Level 3	6:25pm-6:55pm	9749
Level 4	7:00pm-7:30pm	9782

FALL PROGRAM: 8/5, 8/6, 8/12, 8/13

Level 1	3:30pm-4:00pm	9822
Level 2	4:05pm-4:35pm	9823
Level 3	4:40pm-5:10pm	9824
Level 4	5:15pm-5:45pm	9825

SAN RAFAEL Spring & Summer Events



2ND FRIDAY ART WALK

Monthly (each 2nd Friday)
Fourth Street
artworksdowntown.org

MARIN COUNTY HALF MARATHON

Sunday, April 26
Sustainable Sports Foundation
marinmarathon.com

DOCLANDS FILM FESTIVAL

April 30 – May 3
Christopher Smith Rafael Theater
doclands.com

SAN RAFAEL ART & WINE TASTING

Saturday, May 2
Falkirk Cultural Center
www.srproductions.com/events
falkirkculturalcenter.org / 485.3328

DOWNTOWN SAN RAFAEL MARKET

May 7 to September 24
Every Thursday 6:00pm-9:00pm
Fourth Street
472-6100
sanrafaelmarket.org

MAY MADNESS CAR SHOW & PARADE

Saturday, May 9
12noon-6:00pm
Fourth Street
(Friday Cruise Fundraiser, May 8 TBD)
maymadnesssanrafael.com
downtownsanrafael.org

ITALIAN STREET PAINTING MARIN

Saturday, June 6
10:00am-8:00pm
& Sunday June 7
10:00am-6:00pm
italianstreetpaintingmarin.org

DOWNTOWN HOPS, VINES & STROLL

Saturday, July 18
2:00pm-7:00pm
Fourth Street
downtownsanrafael.org

SAN RAFAEL TOYOTA SUNSET CRITERIUM CYCLE RACE (Mike's Bikes)

Saturday, July 25
2:00pm-9:00pm
Fourth Street
sanrafaelsunset.com

FOR UPDATES AND ADDITIONAL EVENTS, CHECK OUR WEBSITES

City of San Rafael • cityofsanrafael.org/econdev-events • (415) 485-3465

San Rafael Chamber • srchamber.com • (415) 454-4163

San Rafael Business Improvement District • downtownsanrafael.org • (415) 849-1874

Falkirk Cultural Center • falkirkculturalcenter.org/events-new • (415) 485-3328



485-3328 • www.falkirkculturalcenter.org

This elegant three-story house is a blend of Queen Anne and Eastlake styles, built in 1888 on 11 acres. In keeping with the style of the period, it has a complex and intriguing roofline of gables and chimneys, variously shaped bays, and plenty of decorative detail.

The interior is beautifully rendered in rich redwood paneling, and features ornate mantelpieces, hardwood floors, and elegant wall coverings. The foyer is especially striking with its huge decorative fireplace and floor-to-ceiling stained-glass windows.

The property was most notably owned by the Dollar family from 1906 until the early 1970s. The estate was named Falkirk in honor of Captain Robert Dollar's Scottish birthplace and to celebrate his civic involvement and generous donations to the City of San Rafael.

Today, Falkirk Cultural Center is operated by the City of San Rafael and serves as a historic site, contemporary art gallery, cultural and education center, and a popular event venue. When you reserve the venue, you have use of the grounds and entire first floor and access to changing suites on the second floor. Events can be hosted outdoors on the wedding lawn, in the rose garden or on the veranda, or indoors in the parlor. Reservations are accepted one year to the date.

Facility Rental Information

Rental packet is available online and includes policies and procedures to reserve the facilities, sample layouts, helpful resources and an application.

Monday Music Nights

Enjoy playing or listening to live music? Learn more about Monday Music Nights once a month by visiting "Falkirk Events" on the Falkirk website.

Art Galleries

Our three spacious, light-filled galleries on the second floor of the mansion are open to the public and exhibit a variety of contemporary art throughout the year.

CALL FOR 2021 EXHIBITS

Interested in proposing an exhibit or participating as an individual? Falkirk welcomes exhibition proposals on an ongoing basis. Send a brief, one-page description of the exhibition explaining its overall theme and scope. Include at least two sample images in digital form, along with bios and any relevant information about the artists or the group you are representing.

Email proposal to: falkirkart@cityofsanrafael.org
More information available on the Falkirk page under "Art Galleries."

UPCOMING EXHIBITS

January 10 - February 7

WOMEN PAINTING WOMEN



Mother & Daughter by Ayris Hatton

March 10 - April 10

SPRING JURIED SHOW

April 28 - May 22

MARIN OPEN STUDIOS

Monthly Art Walk

Join us for 2nd Friday Art Walk from 5:00pm-8:00pm. It's a great opportunity to view current and pop-up exhibits, enjoy refreshments and music, and meet the artists.

Falkirk Gardens

The University of California Cooperative Extension Marin Master Gardeners, in partnership with the City of San Rafael, created seven beautiful demonstration gardens for the public to enjoy. The Master Gardeners offer a monthly Continuing Education Talk and Demonstration, weekly and monthly volunteer opportunities, and host plant sales. A few of the sales to look forward to are California native plants, tomatoes, succulents and pollinators.

GARDEN WORK PARTIES WITH THE EXPERTS

The UC Marin Master Gardener's hold work parties every Monday during the spring and summer at Falkirk Cultural Center. The public is welcome to join and work side by side with the experts in caring and maintaining the demonstration gardens.

WORKSHOPS & EDUCATIONAL TALKS

Every 2nd Saturday, 9:00am-12:00pm

UC Marin Master Gardeners offer a Continuing Education Talk and Demonstration each month at Falkirk Cultural Center. It's a wonderful way to learn, gain hands-on experience, meet other Master Gardeners, and simply enjoy the beautiful gardens.

Friday, April 10 The Secret Lives of Bees

2:00-3:30pm in the Library Meeting Room. Bees have great agricultural importance. One out of every three bites we eat can be attributed to the work of bees. In your own home garden, attracting bees will maximize flower, fruit, and vegetable production. It's easy to turn your garden into a pollinator paradise. Just think like a bee and follow the easy steps presented at this informative seminar with Marin Master Gardener, James Campbell. We meet and every 2nd Friday on the even months.

For more information on upcoming Educational Talks, Plant Sales, and Master Gardener activities, please follow Falkirk Cultural Center on Facebook and visit:

City-maintained site: www.livelifelocally.org/falkirk-gardens

Marin Master Gardeners site: http://marinmg.ucanr.edu/Community_Service_Projects/Demonstration_Gardens/Falkirk_Greenhouse_and_Demonstration_Gardens/

UPCOMING PLANT SALES

Saturday, March 7

Pollinator Plant Sale. 9:00am-Noon in the Rose Garden

Saturday, April 18

CA Native Plant Sale. 9:00am-Noon in the Rose Garden

Saturday, May 10

Succulent Sale. 9:00am-Noon in the Greenhouse. Arrive early as plants and potted containers sell out quickly.

 @falkirkculturalcenter & @marinmg

Community Gardens

Canal Community Garden

Corner of Bellam Blvd. & Windward Way (next to Picante Restaurant) Contact: 485-3077 or email abc.counter@cityofsanrafael.org for more information.

Join the Canal Community Garden wait list now! Garden plots are rented annually, beginning in January. Priority goes to gardeners wanting to continue to maintain existing plots or move to new plots, then open plots are offered to individuals and groups on the wait list. Gardeners are asked to participate in general chores at least three community work days organized sasonally.

\$70 full plot; \$35 half plot or accessible plot, resident
\$80 full plot; \$40 half plot or accessible plot, non-resident.



Terra Linda Community Garden

380 Nova Albion Way

Contact: 485-3344 or terralindapool@cityofsanrafael.org

The garden is located next to Miller Creek District Administration offices. Plots are open to San Rafael Residents and plot size is either 225 square feet or 450 square feet. For more information or to be placed on the waitlist, please contact the Terra Linda Community Center.



FREE YOUTH Library Events & Activities

This list of great programs is just the tip of the iceberg. Check out our library's calendar at srpubliclibrary.org/events/ for the latest and greatest additions. No registration required except where noted.

Meadowlark Music

Friday March 27, 10:30-11:30am

Friday April 24, 10:30-11:30am

Meadowlark is a nature-inspired music class for young children and caregivers, led by acclaimed indie singer-songwriter Noe Venable. Seasonal songs, poems, and chants, play-along instruments, and an interactive puppet show make this an experience the whole family will enjoy.

Process Art

Saturday, March 14, 1:00pm-2:00pm

Saturday, April 11, 1:00pm-2:00pm

Saturday, May 9, 1:00pm-2:00pm

Come and be part of a creative art movement where doing and creation is more important than the end result. Materials will be provided, but it's up to each participant (artist) to decide how and what to create. Take the final result home or leave it behind—it's up to you. This is the joy of process-driven art! Occasionally, there will be art materials that may be messy so please dress accordingly. Suitable for children of all ages with an adult.

El Día de los Niños | El Día de los Libros

April - Date TBA

Come celebrate children and reading with fun outdoor activities, a bilingual performance, and a free book and snack for everyone!

Math Club

Wednesday afternoons, weekly during the school year Math club provides students in 3rd through 7th grades the opportunity to practice math skills in a fun and non-competitive atmosphere. Students will work on level-appropriate assigned work to strengthen their foundation and learn useful tricks. Space is limited; please register at the Children's Desk, email library@cityofsanrafael.org, or call the library.

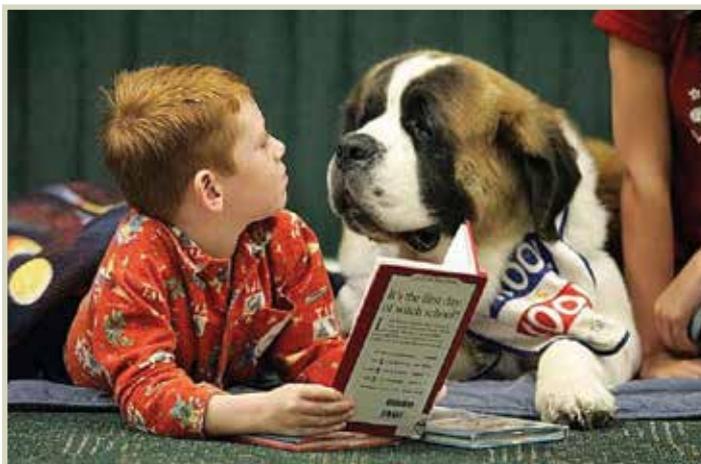
Reading Buddies

Weekly during the school year; afterschool and weekend appointments available. Reading Buddies pairs adult volunteers with elementary school-aged youth (grades 1-3) for 20-minute appointments. During the appointment, the child will practice reading with their Reading Buddy one-on-one, and receive help and guidance with difficult words, comprehension, and other reading skills. Space is limited; please register at the Children's Desk, email library@cityofsanrafael.org, or call the Downtown Library at 485-3323 or the Pickleweed Library at 485-3483.

Readers of the Pack Saturdays

First, third and fifth Saturdays, 11:00am-12:00pm

Earn books by reading to trained "listening" dogs! Dogs offer a calm, safe environment in which children may practice, make mistakes, and try out different strategies that help them become more confident readers. No registration needed. For youth ages 6+. All reading levels welcome.



Baby Time

Tuesday mornings, 10:30-11:00am

Baby Time uses material from Mother Goose on the Loose, a fun filled interactive session that uses rhymes, songs, puppets, musical instruments, and more to stimulate the learning process of babies and toddlers. Program is designed for children age birth to 18 months, with participation of a parent or caregiver. Families must have at least one child aged 18 months or younger to participate. No storytime during holiday breaks.

Family Storytime

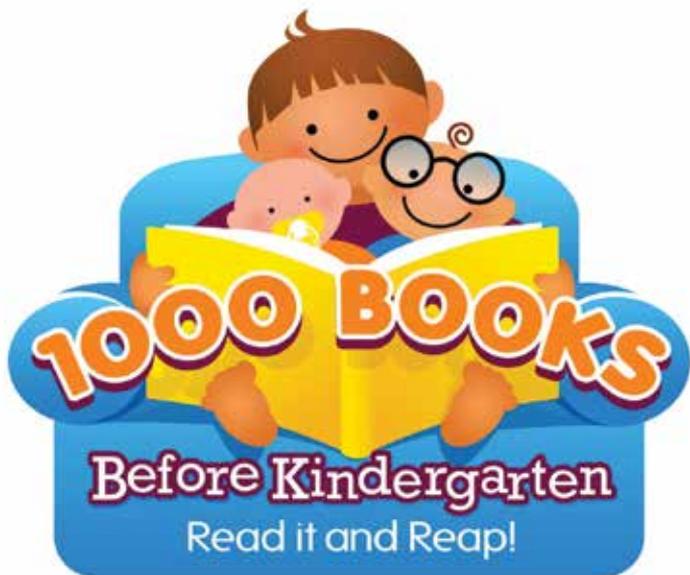
Wednesday and Thursday mornings, 10:30-11:00am

This is an action-packed story time with stories, songs, fingerplays, puppets, flannel board stories and Mother Goose. Perfect for children from birth to 5 years old, accompanied by a parent or caregiver. No storytime during holiday breaks.



Stay and Play

Now after every Baby Time and Family Storytime we offer 30 minutes of Stay and Play for children and their caregivers. All toys are provided to us with funds from the Friends of the San Rafael Public Library.



1,000 Books Before Kindergarten

Ongoing - Starting March 1, 2020

Take up the challenge to share 1,000 books with your child before they start kindergarten! Reading together is the single most important way you can help prepare your child to read. Starting from birth, shared reading increases vocabulary and knowledge while helping children develop an interest in reading. That's one book a night for three years, or three books a night for one year.

To take part, just visit one of our libraries and pick up a log that will help you keep track of your reading. Collect prizes as you reach milestones big and small. You can do it!

Summer Reading: Imagine Your Story

Summer Reading 2020 is right around the corner! Readers of all ages are invited to take part by reading and winning prizes. Visit the library's website or drop in to get the latest information.

We can't wait to see you at the library this Summer!



Teen Advisory Board

Wednesday, March 18, 6:00pm-7:00pm

Wednesday, April 15, 6:00pm-7:00pm

Wednesday, May 20, 6:00pm-7:00pm

Come participate in our Teen Advisory Board! TAB is a place where you can share your opinions and directly improve the library's teen programs, services and collections. TAB meets the fourth Tuesday of every month at the Downtown Library. Must be in grades 7-12 to participate. Participating in TAB counts as community service hours! No registration required; just show-up. Bring a friend! Pizza is also provided.

Teen Volunteers

Are you in grades 7-12 and looking for a volunteer opportunity? Do you love the library and want to be more involved in designing programs, helping out with our 3D printer and virtual reality programs, and gaining other useful workplace experience? Fill out an online application and be part of our phenomenal team of teen volunteers and future library leaders! srpubliclibrary.org/teens/



FREE ADULT Library Events & Activities

This is a partial listing of programs. For the complete schedule of library programs and special events (Adults, Children's, Pickleweed, and Northgate) please check our online calendar at <https://srpubliclibrary.org/events/> and while you're there, sign up to subscribe to our monthly program calendar. If you have questions, please call the service desk at 415-485-3321. No registration required except where noted. All programs are free.

Memory Lab Workshop with Librarian, Miriam Wallen

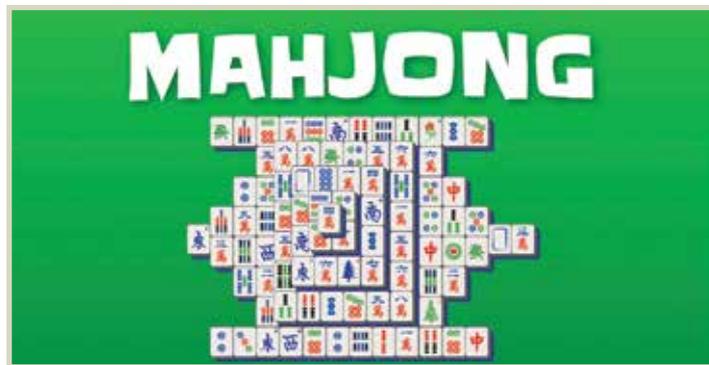
Thursday, March 12, 6:30pm-7:30pm
Thursday, April 16, 1:30pm-2:30pm

Treasured family photos, slides, negatives, and documents are often fragile and easily damaged by a variety of environmental factors. Learn how to use the library's new high-quality scanner to create digital copies of your cherished memorabilia, preserve them for future generations, and share them easily among friends and family. Class participants will be able to reserve working time with the scanner in the future.

Chinese Mahjong @ the Library

Every 1st & 3rd Sunday, 1:00pm-4:00pm

Members of the Marin Chinese Cultural Association will facilitate. All levels are welcome. Come learn how to play Chinese Mahjong, hone your skills with more experienced players, or help teach newcomers. Space is limited. Please register at the reference desk or call the Library.



First Wednesday Art Talk - A Series of Museum Lectures

Meets every 1st Wednesday, 1:00pm-2:00pm
September - June, City Hall Council Chambers, 1400 5th Ave.

March 4

Breaking with Tradition: Contemporary Women Artists,
FAMSF Docent Julia Geist

April 1

Frida Kahlo: Appearances Can Be Deceiving,
FAMSF Docent Christina Crosby

May 6

Judy Chicago: A Retrospective,
FAMSF Docent Anne Burn Johnson

Monday Night Reading/Discussion Group

Meets every 2nd Monday, 6:30pm-7:30pm

We read classics, contemporary short stories, poems, articles, essays, plays, excerpts, and novels. Facilitated by Librarian Pam Klein. Please call for the selections or visit our online calendar at srpubliclibrary.org/events/



Topics in Genealogy

Meets every 2nd Tuesday, 2:00pm-3:30pm

Jeff Vaillant, genealogy junkie and Director of the Marin County Genealogy Society discusses a different area of genealogy research each month.

March 10

Genealogy 101 - Immigration and Naturalization Records

April 14

Genealogy 101 - Potpourri: Newspapers, County Histories, Church Records, Fraternal Organizations

May 12

Genealogy 101 - Support Groups, Genealogical, Historical, Web Trees, & Facebook, etc.

June 9

Genealogy 101 - Problem Solving: Genealogical Proof Standard

Writing Workshops with Susanne West

Wednesdays, 5:30pm-7:30pm

March 4

Writing as Good Medicine - Writing exercises to gain insight to navigate personal and collective challenges of these times.

May 6

Deep Writing - Writing from deep and authentic places inside yourself.

Great Books Reading and Discussion Group

Meets every 1st Thursday, 1:30pm-3:00pm

Join us for a discussion in the Library Meeting Room. The discussion is free and open to all. For more information contact Louis C. Rutledge 388-2937 or louisrutledge@msn.com. The readings for 2020 are chapter selections from the book *Keeping Things Whole: Readings in Environmental Science*. One copy of the book is available as in-library use only at the reference desk (copies of the chapters can be made) and one copy is circulating which you can also find at the reference desk or place a hold if already checked out.

March 5 – The Tragedy of the Commons / Garrett Hardin

April 2 – The Closing Circle / Barry Commoner

May 7 – The World's Biggest Membrane / Lewis Thomas

June 4 – Intricacy / Annie Dillard

Zentangle @ the Library with Romi Marks, CZT

Meets every 3rd Wednesday at 2:00-4:00pm & 6:00-7:45pm

Zentangle is a fun, relaxing, easy-to-learn art form that uses repetitive patterns to create beautiful images while improving focus and creativity. This art form can be enjoyed by anyone, from non-artists to professionals, providing artistic satisfaction and personal well-being. All supplies are provided for this free class. Space is limited, please register at the Reference Desk or call the library.

All Things Apple! with Beryn Hammil

Meets every Thursday, 1:00pm-3:00pm

City Hall Council Chambers, 1400 5th Ave.

All Things Apple! is a free series of classes for both beginner and intermediate Apple users. You'll discover how to get the most out of your computer, iPhone and iPad by learning how to set up each device to suit your needs, and how to use your device to its best advantage to be more efficient and effective in your life, travels, work, and play. Each week we'll discuss a different area. Please contact the library for weekly topics or visit our online calendar at srpubliclibrary.org/events/

Northgate Book Club

Meets every 3rd Thursday of the month at 2:00pm

Join us for a book club at the Northgate Mall Community Center meeting room. We read current, popular literary novels and non-fiction. We'll have copies to check out for book club attendees at the downtown library. Facilitated by Librarian, Marilyn Boatright. Directions: from the parking lot at the Food Court/Movie Theater entrance, take an immediate right down the hallway and take the elevator or stair up to the 2nd floor.

Marin Master Gardeners

Meets every 2nd Friday (on even months), 2:00pm-3:30pm
Library Meeting Room

Friday, April 10 – The Secret Lives of Bees

Bees have great agricultural importance. One out of every three bites we eat can be attributed to the work of bees. In your own home garden, attracting bees will maximize flower, fruit, and vegetable production. It's easy to turn your garden into a pollinator paradise. Just think like a bee and follow the easy steps presented at this informative seminar with Marin Master Gardener, James Campbell.

The Next Chapter: Retirement

Every 4th Friday, 2:00pm-3:30pm

We'll discuss a different topic on making your life's Next Chapter the best it can be. Please call the library for lecture topic.

Summer Reading: Imagine Your Story

Summer Reading 2020 is right around the corner! Readers of all ages are invited to take part by reading and winning prizes. Visit the library's website or drop in to get the latest information.

We can't wait to see you at the library this Summer!



Facility Rentals

San Rafael Community Center



Albert J. Boro Community Center



Falkirk Cultural Center



Terra Linda Community Center

Albert J. Boro Community Center

50 Canal Street, 485-3077

This beautiful facility offers rental space for meetings, seminars, workshops, weddings and parties. It features three multi-purpose classrooms with large dry erase boards and projection screens, an art room, and a large community room that can accommodate up to 425 (assembled) and 200 (seated). The community room features round tables, a sound system with podium, stage and a beautiful redwood deck overlooking the park and bay. Enjoy our 8,300 square foot gymnasium with basketball and volleyball, as well as two outdoor sports fields. The facility is accessible for disabled persons.

San Rafael Community Center

618 B Street, 485-3333, fax 485-3186

This community center has been designed as a multi-use facility to accommodate groups of all ages, from tiny tots to senior citizens. Individuals, groups, or organizations are welcome to rent any part of the facility for meetings, weddings, seminars, banquets, fundraisers or any other events. The center is complete with auditorium/theater, commercial-size kitchen, a complete lobby, separate lounge and four full size meeting rooms—three of which can be opened up to one large room. The auditorium/theater, with a capacity 600 (assembled), 400 (seated) and 300 (dinner seating) can accommodate larger groups. The adjacent kitchen contains four ovens, a large stove, refrigerator, sinks, ice machine and dishwasher. Additionally some of the meeting rooms contain kitchenettes. Enclosed patios surround the facility. The facility is accessible for disabled persons. For more information call the center.

Terra Linda Community Center

670 Del Ganado Road, 485-3344, fax 485-3345

This community center has three large meeting rooms that serve up to three different groups at one time or open up into a large space to accommodate wedding receptions, baptisms, birthday parties or other events. Each individual meeting room accommodates 30-40 people and the entire space accommodates up to 100 people. We provide chairs and tables at no additional cost. The kitchen is close to the meeting rooms and provides a refrigerator, sink, oven and plenty of counter space for food preparation.

Falkirk Cultural Center

1408 Mission Avenue, 485-3328

falkirk.rentals@cityofsanrafael.org

This elegant three-story house is a blend of Queen Anne and Eastlake styles, built in 1888 on 11 acres. In keeping with the style of the period, it has a complex and intriguing roof line of gables and chimneys, variously shaped bays, and plenty of decorative details. The interior is beautifully rendered in rich redwood paneling, and features ornate mantelpieces, hardwood floors, and elegant wall coverings. The foyer is especially striking with its huge decorative fireplace and floor-to-ceiling stained-glass windows. The property was most notably owned by the Dollar family from 1906 until the early 1970s. The estate was named Falkirk in honor of Captain Robert Dollar's Scottish birthplace and to celebrate his civic involvement and generous donations to the City of San Rafael.

Today, Falkirk Cultural Center is operated by the City of San Rafael and serves as a historic site, contemporary art gallery, and a popular event venue.

When you reserve the venue, you have use of the grounds and entire first floor and access to changing suites on the second floor. Events can be hosted outdoors on the wedding lawn, in the rose garden or on the veranda, or indoors in the parlor.

Rental policies and rates are available online at lifelocally.org/departments/falkirk-cultural-center/

Falkirk Art Gallery information is available at lifelocally.org/art-galleries/



Picnic Area Rentals

Contact us at 485-3333 to reserve the following picnic areas for your group picnics, barbecues or children's parties. Restrooms are available at all parks listed below.

PLEASE NOTE: We do not allow alcohol in any of our city parks. Also, outside equipment such as tables, chairs, inflatable bounce houses or grills are not allowed unless previously approved.

Gerstle Park

Location: San Rafael Avenue @ Clark Street
Three rental areas are available.

The Redwood Grove picnic area accommodates 100-125 people and includes an arbor with two tables.

Insurance is required.

Areas 1 & 2 are adjacent to the playground and the basketball court. Area 1 accommodates 10-16 people and includes one BBQ and two tables. Area 2 accommodates 35-50 people and includes one BBQ & six tables.

Pickleweed Park

Location: 50 Canal Street

The picnic area accommodates 80-96 people and offers picnic tables and three large grills. This is a large park setting with a playground and a soccer field.

Santa Margarita Park

Location: Del Ganado Road to De La Guerra Road
Park at the end of De La Guerra. The picnic area accommodates 32-36 people and offers a grill and four tables. There is also a basketball court along with two playgrounds.



Gerstle Park

Terra Linda Park

Location: 670 Del Ganado Road

The picnic area accommodates 35-40 people. There are 6 tables and a grill under redwood trees adjacent to a playground that are reservable. There is also a basketball court and a swimming pool next to the picnic area. Other grills and tables in the park are first come, first served.



Terra Linda Park

Sun Valley Park

Location: End of Solano Street

Sun Valley Park accommodates 24 people and is handicap accessible. There are three covered picnic tables for use. There is also a basketball court, playground and large grassy area available for use. The Upper Gazebo Area is not available to reserve, but is available on a first come, first served basis.



Sun Valley Park

Victor Jones Park

Location: Enter on Robinhood or Maplewood Drive.

The Lower Area picnic area accommodates 60 to 70 people and offers a shaded area near a basketball court and ball field. Two large grills are available. **The Upper Area** accommodates 20 to 30 people, but does not have a grill.

San Rafael Parks & Facilities

For locations, please visit www.livelifelocally.org/departments/parks/

City Park Sites

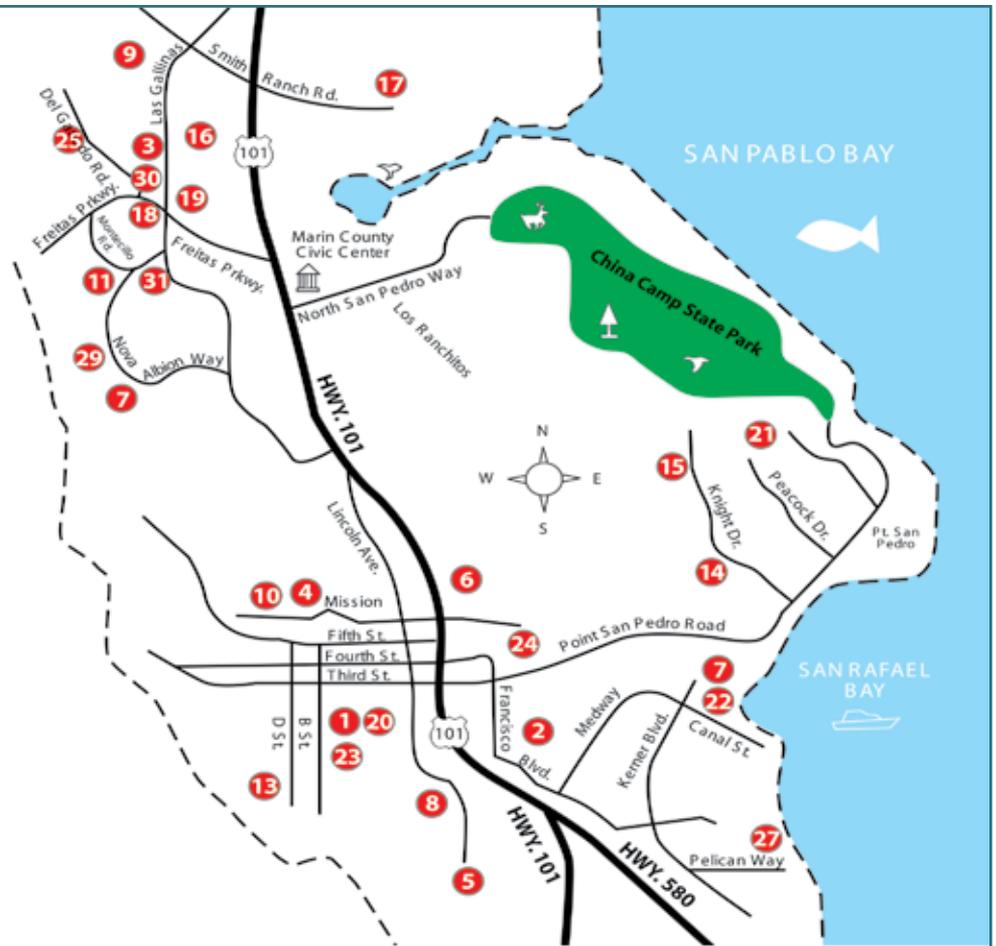
- 1 Albert Park
- 2 Beach Park
- 3 Bernard Hoffman Field
- 4 Boyd Park
- 5 Bret Harte Park
- 7 Community Garden Site
- 11 Freitas Memorial Park
- 13 Gerstle Park
- 18 Munson Park
- 19 Oleander Park
- 21 Peacock Park
- 22 Pickleweed Park
- 25 Santa Margarita Park
- 27 Jean and John Starkweather Shoreline
- 28 Park Sun Valley Park
- 30 Terra Linda Park
- 15 Victor Jones Park

Community Center Facilities

- 23 San Rafael Community Center
- 22 Albert J. Boro Community Center
- 30 Terra Linda Community Center
- 10 Falkirk Cultural Center

Child Care Sites

- 6 Coleman Children's Center
- 9 Lucas Valley Children's Center
- 14 Glenwood Children's Center
- 16 Mary Silveira Children's Center
- 20 Parkside Children's Center
- 22 Pickleweed Children's Center
- 31 Vallecito Children's Center



Park	Ball Diamond	Grassy Area	Picnic/ BBQ	Tennis Courts	Pool	Bocce Courts	Basketball Court	Playground	Other Facilities
Albert Park	•	•		•		•		•	Community Center, two Pickleball courts
Beach Park						•		•	A play structure for children, seating
Bernard Hoffman Field	•	•							
Boyd Park			•					•	Hiking
Bret Harte Park			•				•	•	
Freitas Memorial Park			•					•	Water feature
Freitas Tennis Court				•					
Gerstle Park		•	•	•			•	•	Open space
Jean & John Starkweather Shoreline Park									3-mile walkway on the waterfront
Jerry Russom Memorial Park									Open space, walking trail
Munson Park		•	•						
Oleander Park		•	•					•	
Peacock Park		•	•					•	Par course, hiking
Peacock Tennis Courts				•					
Pickleweed Park		•	•					•	Community Center, Soccer Fields, Gym
Santa Margarita Park			•				•	•	Open space
Sun Valley Park		•	•				•	•	
Terra Linda Park		•	•		•		•	•	Community Center, Pool
Victor Jones Park									Volleyball, shuffleboard, hiking

How to Register

REGISTRATION DATES



ONLINE REGISTRATION

First Opportunity to Register!

Beginning at 8:30 am on January 29

Visit the City of San Rafael's registration website at www.livelifelocally.org to create a family account. Credit cards (VISA, MasterCard and Discover) are accepted for online registrations, which are recorded at the completion of the transaction.



MAIL-IN

Beginning at 8:30 am on February 5

Please do not send cash!

We will not call you to confirm your registration; however, we will mail receipts. Mail-in registrations will be processed beginning at 8:30 am on February 5, regardless of mail-in date.

MAIL TO:

San Rafael Community Center
618 B Street
San Rafael, CA 94901
ATTN: Registration



WALK-IN REGISTRATION

Beginning on February 5

Available at the following locations during posted business hours:

- San Rafael Community Center
- Albert J. Boro Community Center
- Terra Linda Community Center

Checks, cash and credit cards are all accepted for walk-in registrations.



CREDIT CARDS



We gladly accept Visa, Mastercard and Discover.



CONTACT US

Any questions? Need assistance?

Please call 485 -3333 or email community.services@cityofsanrafael.org

REGISTRATION INFORMATION

- Registration for the School-age Child Care Program is conducted at the various school sites. For more information, please refer to page 11.
- You may register for the After-school Enrichment Program online at www.livelifelocally.org.
- Only one family per form.
- All registrations are taken on a first-come, first-serve basis.
- Programs/classes may be canceled if there is a low enrollment.
- Waiting lists will be established if a program is full.
- We will notify you if space becomes available. If waitlisted, do not attend the first class if you have not been notified.
- Returned checks will incur a \$25 service charge.

REFUND POLICY

- Full refunds will be issued if the class/program is canceled by the Department.
- Refund requests received at least 14 days prior to the start of the class/program will receive a refund, less a \$25 administrative fee per class/program.
- No refunds will be issued for requests received less than 14 days prior to the start of the class/program.
- No refunds will be given for non-attendance, one-day workshops, trips or material fees.

QUALITY ASSURANCE POLICY

We welcome your feedback. If, after attending the first class, you are dissatisfied with the quality of the class/program, please contact us immediately. If you contact us prior to the second class, we will issue you a full refund.

RESIDENT STATUS

A resident is any person with a residential San Rafael mailing address. A San Rafael P.O. Box or business address will not be accepted as proof of residency. A non-resident is someone who lives in another city.

Activity Registration Form

City of San Rafael

The City's Liability Waiver and Photo Release portion must be signed by all parent/guardians or participants 18 and over. Registrations with unsigned waivers will not be processed. Thank you!

1. PRIMARY CONTACT (Adult)

COMPLETE ENTIRE FORM

Name of Primary Contact _____ Birthdate _____

Street _____ City _____ Zip _____

Email Address _____

Primary Phone (____) _____ Secondary Phone (____) _____ Cell Phone (____) _____

Emergency Contact _____ Relationship to Participant _____

Emergency Daytime Phone (____) _____ Emergency Evening Phone (____) _____

2. ACTIVITY REGISTRATION

PARTICIPANT'S NAME First & Last (1 line per participant)	DATE OF BIRTH (mm/dd/yy)	COURSE NAME	COURSE #	FEE
1.				
2.				
3.				
4.				
5.				

Please note any allergies and/or medications:

I require an ADA accommodation due to a disability to participate in this program.

Total Fees \$ _____
I wish to donate to the Youth Scholarship Fund + \$ _____
Total \$ _____

3. LIABILITY WAIVER & PHOTO RELEASE

HOLD HARMLESS AND RELEASE AGREEMENT The undersigned on behalf of himself/herself and on behalf of any child enrolled by the undersigned in the program, in consideration of participation in this program, agrees to indemnify and hold harmless, and to release, waive, and discharge, the City of San Rafael out of or in any way connected with participation by the undersigned or the enrolled child in this program, including injuries due to the active or passive negligence of the City, its offices, and employees. I HAVE READ THE ABOVE HOLD HARMLESS AND RELEASE AGREEMENT AND FULLY UNDERSTAND THAT I ASSUME RISKS FOR ANY INJURIES AND PROPERTY DAMAGE SUFFERED. I also certify that I (or my children) are knowledgeable as to all rules of conduct appropriate to the above-mentioned activity. Neither I nor my child has any physical illnesses, conditions, disabilities or weaknesses that would interfere with safe participation in the activity. I recognize that bodily injury and/or property damage may be sustained through participation in this activity and acknowledge that I/we voluntarily accept all risks of injury to persons or property.

Applicant's Signature _____ Date _____/_____/_____

PHOTO RELEASE By initialing, I do also hereby give my permission to the City of San Rafael to use any and/or all photographs of myself and/or my children for future agency publications. I understand that my name or my children's name(s) will not be published at any time in any publications. I give my permission for a photograph of my child to be used for City of San Rafael marketing purposes. Initial _____

4. PAYMENT

Credit card payments are processed through our online registration system at www.livelifelocally.org

You may also pay with credit card, check or cash in-person at our community centers.

San Rafael Community Center
618 B Street

Terra Linda Community Center
670 Del Ganado

Albert J. Boro Community Center
50 Canal Street



BUILD DEFENSIBLE SPACE

Defensible space is essential to improve your home's chance of surviving a wildfire. It's the buffer you create between a building on your property and the grass, trees, shrubs, or any wildland area that surround it. This space is needed to slow or stop the spread of wildfire and it protects your home from catching fire – either from direct flame contact or radiant heat. Defensible space is also important for the protection of the firefighters defending your home.



*Remove all dead vegetation property wide.

THE HOME IGNITION ZONES - Multiple zones make up the required 100 feet of defensible space

IMMEDIATE ZONE: 0-5 feet Structure Ignition Risk

- 1 - Remove all leaves and needles, especially from the roof and gutters. Repeat often during fire season.
- 2 - Remove any combustible outdoor furniture.
- 3 - Remove all Bamboo, Juniper, Acacia and Italian Cypress within 15 feet of all structures.
- 6 - Trim trees 10 feet from chimney.
- 2 - Install metal mesh over

INTERMEDIATE ZONE: 5-30 feet Lean, Clean & Green

- 4 - Remove or space Bamboo & Junipers.
- 7 - Accessory structures require defensible space too.
- 4 - Create horizontal spacing between shrubs and trees. (See diagram)
- 4 - Cut or mow annual grass down to a height of 3 inches or less.
- Relocate wood piles into Zone 2. (See diagram)

EXTENDED ZONE: 30-100 feet* Reduced Fuels

- 5 - Cut annual grasses to a height of 3 inches.
- 4 - Create horizontal spacing between shrubs and trees. (See diagram)
- 9 - Create vertical spacing between grass, shrubs and trees. Limb low branches.
- 5 - Ground coverings (mulch) for erosion control should be no more than 3 inches deep.
- 8 - Remove vegetation over roadways to a height of 13 feet & 6 inches.

*Some properties should treat 200 feet

SUMMERTIME SAFETY TIPS

Pool Safety

Watch children at all times. Do not rely on flotation devices for children. Have a phone close by. Teach children to swim. Have kids swim in pairs. Install a fence around the pool, self-closing gates, and alarms. Educate the children on how to get help and dial 9-1-1.

Barbecue Safety

Before using a grill, check all connections with the fuel tank and the fuel lines. Never add fluid to an already lit fire. Keep all matches and lighters away from children. Supervise children around outdoor grills. Douse hot coals in water and never dispose of coals in plastic, paper, or wood containers.

Fireworks Safety

Fireworks are illegal to use anywhere in Marin County. Enjoy watching them at the Marin County Fair!

Personal Health Safety

Stay well hydrated and re-apply sun block often for UV protection. Stay informed - go to AlertMarin.org



Reminder: Grills are never allowed on balconies or patios of multi-family units, this is including all apartment buildings in San Rafael.

Above all, please do not hesitate to call 9-1-1 in an emergency. We never close and are always here to help.

For the online form and to learn more, please visit www.cityofsanrafael.org/vegetation-management/

For questions or assistance, please call the San Rafael Fire Vegetation Management Division at (415) 485-3308





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www.livelifelocally.org/pools

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Water Slide
Pool Party Packages

