

Sherman County Senior & Community Center

Meal Menu

July 2022

We serve lunch at 12:00, noon sharp. First come, first served.

If you have a group of 2 or more, please *let the Kitchen staff know at #565-3191*, the day before to ensure that we make enough food to serve!

MEAL PRICING: Under 60 Yrs. Is \$8.00 ~ 60 Yrs. & UP \$5.00 suggested donation!

Monday	Tuesday	Wednesday	Thursday	Friday
				1
				Chicken Strips
				Potato Wedges
				Veggies, Salad & Dessert
4	5	6	7	
CLOSED FOR	Hamburger Gravy	Crispy Chicken Salad	White Bean Chicken Chili	Sweet & Sour Chicken
4 TH OF JULY	Mashed potatoes	Cottage Cheese	Cornbread	Rice
	Veggies, Salad & Fruit	Veggies, Salad & Dessert	Veggies, Salad & Fruit	Veggies, Salad & Dessert
11	12	13	14	15
Baked Tamale Pie	Honey Garlic Chicken	Oven Fried Chicken	Beef Chili	Pulled Pork w/ Roll
Veggies	Rice Pilaf	Au Gratin Potatoes	Cornbread	Baked Beans
Salad & Dessert	Veggies, Salad & Fruit	Veggies, Salad & Dessert	Veggies, Salad & Fruit	Veggies, Salad & Dessert
18	19	20	21	22
Spaghetti w/ Meat Sauce	Chicken Salad on Roll	Chicken Chili Relleno Bake	Zucchini Beef Casserole	Fish & Chips
Garlic Bread	Potato Wedges	Tortillas	Bisucits	Coleslaw
Veggies, Salad & Dessert	Veggies, Salad & Fruit	Veggies, Salad & Dessert	Veggies, Salad & Fruit	Veggies, Salad & Dessert
25	26	27	28	29
Beef Tacos	BBQ Meatballs	Pineapple Pepper Chicken	Loaded Veggie Quiche	Cheeseburger w/ Bun
Refried Beans	Macaroni & Cheese	Rice	Muffins	Tater Tots
Veggies, Salad & Dessert	Veggies, Salad & Fruit	Veggies, Salad & Dessert	Veggies, Salad & Fruit	Veggies, Salad & Dessert

Menu subject to change due to availability

ATTENTION: For those who have food allergies, be aware that a large variety of foods are prepared in the kitchen. Therefore, meals may be prepared with ingredients and food service equipment may come in contact with ingredients to which you may have an allergic reaction, such as nuts.