

Sherman County Senior & Community Center

Meal Menu

March 2020

We serve lunch at 12:00, noon sharp. First come, first served.

If you have a group of 2 or more, please let the Kitchen staff know at 541-565-3191 the day before to ensure that we make enough food to serve!

MEAL PRICING: Under 60 Yrs. Is \$7.00 ~ 60 Yrs. & Up \$4.00 suggested donation!

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Spaghetti w/ Meat Sauce Veggies Salad Bar & Dessert	Dirty Rice w/ Beef	Shepherd's Pie	Chicken a la King	Baked Salmon
	Veggies	Cheddar Biscuits	Biscuits	Clam Chowder
	Salad & Fruit	Veggies, Salad & Dessert	Veggies, Salad & Fruit	Veggies, Salad & Dessert
9	10	11	12	13
Chicken Burger	Ground Beef Stroganoff	Pork Chops	Chicken Pot Pie	Hot Beef Sandwich
Potato Wedges	Egg Noodles	Au Gratin Potatoes	Veggies	Mashed Potatoes/Gravy
Veggies, Salad & Dessert	Veggies, Salad & Fruit	Veggies, Salad & Dessert	Salad & Fruit	Veggies, Salad & Dessert
16	17	18	19	20
Bacon & Swiss Quiche Muffins Veggies, Salad & Dessert	Corned Beef	Salisbury Steak	Beef Burritos	Fish & Chips
	Cabbage, Potatoes	Mashed Potatoes/Gravy	Refried Beans	Veggies
	Salad & Fruit	Veggies, Salad & Dessert	Veggies, Salad & Fruit	Salad & Dessert
23	24	25	26	27
Chicken Alfredo	Chicken Fried Steaks	Hamburger Gravy	Mac & Cheese w/ Ham	Oriental Chicken
Penne Pasta	Mashed Potatoes/Gravy	Over mashed potatoes	Veggies	Chow Mein
Veggies, Salad & Dessert	Veggies, Salad & Fruit	Veggies, Salad & Dessert	Salad & Fruit	Veggies, Salad & Dessert
30	31			
Pizza loaded with Meat	Oven Fried Chicken			
Veggies	Mashed Potatoes/Gravy			
Salad & Dessert	Veggies, Salad & Fruit			

Menu subject to change due to availability ATTENTION: For those who have food allergies, be aware that a large variety of foods are prepared in the kitchen. Therefore, meals may be prepared with ingredients and food service equipment may come in contact with ingredients to which you may have an allergic reaction, such as nuts.