

Sherman County Senior & Community Center

Meal Menu

October 2020

We serve lunch at 12:00, noon sharp. First come, first served.

If you have a group of 2 or more, please let the Kitchen staff know at 541-565-3191 the day before to ensure that we make enough food to serve!

MEAL PRICING: Under 60 Yrs. Is \$7.00 ~ 60 Yrs. & Up \$4.00 suggested donation!

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Chicken Burger w/ Bun	Beef Stew
			Potato Wedges	Rolls, Veggies
			Veggies, Salad & Fruit	Salad & Dessert
5	6	7	8	9
Sweet & Sour Meatballs	Pork Chops	Baked BBQ Chicken	Tamale Pie	Clam Chowder
Rice Pilaf	Mashed Potatoes & Gravy	Macaroni & Cheese	Veggies	Tuna Salad Sandwich
Veggies, Salad & Dessert	Veggies, Salad & Fruit	Veggies, Salad & Dessert	Salad Bar & Fruit	Veggies, Salad & Dessert
12	13	14	15	16
Cheeseburger w/ Bun	Pulled Pork on a Roll	Meatloaf with Gravy	Chicken Tetrazzini	Beef Chili
Tater Tots	Potato Wedges	Baked Potato	Veggies	Cornbread
Veggies, Salad & Dessert	Veggies, Salad & Fruit	Veggies, Salad & Dessert	Salad Bar & Fruit	Veggies, Salad & Dessert
19	20	21	22	23
Bacon Veggie Quiche	Chicken & Dumplings	Spaghetti w/ Meat Sauce	Baked Potato Bar	Fish & Chips
Muffins	Veggies	Garlic Bread	w/ Chili, Cheese & Onion	Veggies
Veggies, Salad & Dessert	Salad Bar & Fruit	Veggies, Salad & Dessert	Veggies, Salad & Fruit	Salad Bar & Dessert
26	27	28	29	30
Mac & Cheese w/ Bacon	Oven Fried Chicken	Chicken a la King	Huli Huli Chicken	Swedish Meatballs
Veggies	Au Gratin Potatoes	Biscuits	Mambo Rice	Egg Noodles
Salad Bar & Dessert	Veggies, Salad & Fruit	Veggies, Salad & Dessert	Veggies, Salad & Fruit	Veggies, Salad & Dessert

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY -- ATTENTION: For those who have food allergies, be aware that a large variety of food is prepared in the kitchen. Therefore, meals may be prepared with ingredients and food service equipment may come in contact with ingredients to which you may have an allergic reaction, such as nuts.