

Sherman County Senior & Community Center Meal Menu July 2018



We serve lunch at 12:00, noon sharp. First come, first served.

If you have a group of 2 or more, please let the Kitchen staff know at #565-3191, the day before to ensure that we make enough food to serve!

MEAL PRICING: Under 60 Yrs. Is \$7.00 ~ 60 Yrs. & UP \$4.00 suggested donation!

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Grilled Reuben Sandwich	Spaghetti w/ Meat Sauce	CLOSED	Hot Turkey Sandwich	Bacon Swiss Quiche
Potato Wedges, Veggies	Garlic Bread, Salad	TO CELEBRATE	Mashed Potatoes/Gravy	Veggies, Salad
Salad & Dessert	Veggies & Fruit	THE 4 TH OF JULY!!	Veggies, Salad & Fruit	Dessert
9	10	11	12	13
Turkey Tetrazzini	Chicken Strips w/ Dip Sauce	Meatloaf	Chicken or Egg Salad Sandwich	Pork Fried Rice
Veggies, Salad &	Tater Tots, Veggies	Mashed Potatoes w/Gravy	Potato Wedges	Salad, Veggies
Dessert	Fruit	Veggies, Salad & Dessert	Salad & Fruit	Dessert
16	17	18	19	20
Oven Fried Chicken	Taco Salad Bar	Chicken Fried Steak	Chicken Caesar Salad	French Dip Sandwich
Potato Wedges	Veggies	Mashed Potatoes/Gravy	Rolls, Salad	Tater Tots, Salad
Veggies, Salad & Dessert	Fruit	Veggies, Salad & Dessert	Veggies & Fruit	Dessert
23	24	25	26	27
Cheeseburgers	Pizza loaded w/ Meat	Sweet & Sour Meatballs	Stir Fry Chicken w/ veggies	Chicken/Cheese Quesadillas
Potato Wedges	Veggies, Salad	Rice Pilaf, Salad	Rice Pilaf, Salad	Veggies, Salad
Veggies, Salad & Dessert	Fruit	Veggies & Dessert	Fruit	Dessert
30	31	Menu subject to change due to availability ATTENTION: For those who have food allergies, be aware that a large variety of foods are prepared in the kitchen. Therefore, meals may be prepared with ingredients and food service equipment may come in contact with ingredients to which you may have an allergic reaction, such as nuts.		
Hot Ham & Cheese/Bun	Chicken Teriyaki			
Potato Wedges	W/ Sesame Noodles			
Salad, Veggies & Dessert	Salad, Veggies & Fruit			