

Sherman County Senior & Community Center

Meal Menu - September 2018

We serve lunch at 12:00, noon sharp. First come, first served.

If you have a group of 2 or more, please let the Kitchen staff know at #565-3191, the day before to ensure that we make enough food to serve!

MEAL PRICING: Under 60 Yrs. Is \$7.00 ~ 60 Yrs. & UP \$4.00 suggested donation!

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
CLOSED	Bacon & Swiss Quiche	Meatloaf	Sloppy Joes/Bun	Clam Chowder
TO CELEBRATE	Salad & Veggies	Mashed Potatoes w/ Gravy	Veggies & Salad	Dinner Rolls, Cottage Cheese
LABOR DAY	Muffins & Fruit	Veggies, Salad & Dessert	Fruit	Salad & Dessert
10	11	12	13	14
Turkey Tetrazzini	Hamburger Gravy	Oven Fried Chicken	Cheeseburgers	Chicken Fried Rice
Veggies & Salad	Rice & Veggies	Mashed Potatoes w/ Gravy	Potato Wedges	Veggies & Salad
Dessert	Fruit	Veggies, Salad & Dessert	Veggies, Salad & Fruit	Dessert
17	18	19	20	21
Sweet & Sour Chicken	Hot Turkey Sandwich	Spaghetti w/ Meat Sauce	Grilled Reuben Sandwich	Pizza loaded w/ Meat
Rice Pilaf & Veggies	Mashed Potatoes w/ Gravy	Garlic Bread & Veggies	Potato Wedges	Veggies & Salad
Salad & Dessert	Veggies, Salad & Fruit	Salad & Dessert	Salad & Fruit	Dessert
24	25	26	27	28
Chili	Chicken a la King	Chicken Fried Steak	Macaroni & Cheese	Baked Potato Bar
Cornbread & Salad	Biscuits & Salad	Mashed Potatoes w/ Gravy	Salad & Veggies	Chili, Cheese, Onions
Dessert	Salad & Fruit	Veggies, Salad & Dessert	Fruit	Veggies, Salad & Dessert

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY -- ATTENTION: For those who have food allergies, be aware that a large variety of food is prepared in the kitchen. Therefore, meals may be prepared with ingredients and food service equipment may come in contact with ingredients to which you may have an allergic reaction, such as nuts.