

Parent Permission Slip

Guest speaker: Greater Oregon Behavioral Health Inc.

Erin Rust, MA

School Based Program Coordinator

Mental Health First Aid Coordinator and Instructor

Presentation title: Creating Awareness, Decreasing Stigma

Presentation topics:

- Mental health awareness
- Mental health stigma
- Mental health facts (media, substance use, suicide)
- Mental health illnesses and disorders
- Depression signs and symptoms
- Suicide signs and symptoms
- What to do and resources

Video: YouTube video clip about Kevin Hines (13 ½ min long)

I _____ give my student _____
permission to participate in the presentation “**Creating Awareness, Decreasing
Stigma**” on Thursday August 9th @ 1:00 pm, as part of Sherman County
Prevention.