

# Sherman County Senior & Community Center

## Meal Menu

### January 2019

We serve lunch at 12:00 noon sharp. First come, first served.

If you have a group of 2 or more, please let the Kitchen staff know at 541-565-3191 the day before to ensure that we make enough food!

**MEAL PRICING: Under 60 Yrs. \$7.00 ~~ 60 Yrs. & Up \$4.00 suggested donation!**

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
	CLOSED	Meatloaf w. Gravy	Chicken Dijon	Macaroni & Cheese
	FOR NEW YEARS	Baked Potatoes	Rice Pilaf	Salad Bar
	DAY	Veggies, Salad & Dessert	Veggies, Salad & Fruit	Veggies & Dessert
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
Chicken Pesto Pasta	Beef Burgundy/mushrooms	Oven Fried Chicken	Lasagna	Beef Chili
Salad Bar	Rotini Noodles	Mashed Potatoes & Gravy	Salad Bar	Cornbread
Veggies & Dessert	Veggies, Salad & Fruit	Veggies, Salad & Dessert	Veggies & Fruit	Veggies, Salad & Dessert
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
BBQ Meatballs	Oriental Chicken	Roast Pork	Split Pea & Ham Soup	Hot Turkey Sandwich
Rice Pilaf	Rice Pilaf	Mashed Potatoes & Gravy	Homemade Rolls	Mashed Potatoes & Gravy
Veggies, Salad & Dessert	Veggies, Salad & Fruit	Veggies, Salad & Dessert	Veggies, Salad & Fruit	Veggies, Salad & Dessert
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
CLOSED	Chicken & Noodles	Chicken Fried Steak	Pizza loaded w. Meat	Cheeseburgers
FOR MARTIN LUTHER	Muffins	Mashed Potatoes & Gravy	Salad Bar	Potato Wedges
KING DAY	Veggies, Salad & Fruit	Veggies, Salad & Dessert	Veggies & Fruit	Veggies, Salad & Dessert
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	
Hamburger Gravy	Spaghetti w. Meat Sauce	Beef Stew	Beef & Bean Burritos	
over mashed potatoes	Garlic Bread	Biscuits	Mexican Rice	
Veggies, Salad & Dessert	Veggies, Salad & Fruit	Veggies, Salad & Dessert	Veggies, Salad & Fruit	

***Menu subject to change due to availability***

**ATTENTION:** For those who have food allergies, be aware that a large variety of foods are prepared in the kitchen. Therefore, meals may be prepared with ingredients and food service equipment may come in contact with ingredients to which you may have an allergic reaction, such as nuts.