

**Sherman County Senior & Community Center**  
**Meal Menu**  
**November 2019**

We serve lunch at 12:00, noon sharp. First come, first served.

If you have a group of 2 or more, please let the Kitchen staff know at #565-3191, the day before to ensure that we make enough food to serve!

**MEAL PRICING: Under 60 Yrs. Is \$7.00 ~ 60 Yrs. & UP \$4.00 suggested donation!**

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b>
				<b>Chicken &amp; Dumplings</b>
				Veggies
				Salad Bar & Dessert
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
<b>Eggs Benedict Quiche</b>	<b>Spaghetti w/ Meat Sauce</b>	<b>Shepherd's Pie</b>	<b>Mac &amp; Cheese w/ Ham</b>	<b>Baked Salmon</b>
Muffins	Garlic Bread	Biscuits	Veggies	Rice Pilaf
Veggies, Salad & Dessert	Salad Bar & Fruit	Veggies, Salad & Dessert	Salad Bar & Fruit	Veggies, Salad & Dessert
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
<b>CLOSED FOR</b>	<b>Beef Burritos</b>	<b>Beef Stew</b>	<b>Lasagna Soup</b>	<b>Cheeseburgers w/Bacon</b>
<b>VETERAN'S DAY</b>	Refried Beans	Homemade Rolls	Garlic Knots	Tater Tots
	Salad Bar & Fruit	Veggies, Salad & Dessert	Salad Bar & Fruit	Veggies, Salad & Dessert
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
<b>Baked Potato Bar</b>	<b>Chicken Strips</b>	<b>Hamburger Gravy</b>	<b>Zucchini Beef Casserole</b>	<b>Oriental Chicken</b>
Chili & Cheese	Potato Wedges	Mashed Potatoes	Veggies	Chow Mein
Veggies, Salad & Dessert	Salad Bar & Fruit	Veggies, Salad & Dessert	Salad Bar & Fruit	Veggies, Salad & Dessert
<b>25</b>	<b>26</b>	<b>27 Thanksgiving Lunch</b>	<b>28</b>	<b>29</b>
<b>Chicken Tetrazzini</b>	<b>Oven Fried Chicken</b>	<b>Roast Turkey</b>	<b>CLOSED</b>	<b>CLOSED</b>
Veggies	Mashed Potatoes & Gravy	Mashed Potatoes & Gravy	<b>FOR</b>	<b>FOR</b>
Salad & Dessert	Veggies, Salad & Dessert	Veggies, Salad & Dessert	<b>THANKSGIVING</b>	<b>THANKSGIVING</b>

***Menu subject to change due to availability***

**ATTENTION:** For those who have food allergies, be aware that a large variety of foods are prepared in the kitchen. Therefore, meals may be prepared with ingredients and food service equipment may come in contact with ingredients to which you may have an allergic reaction, such as nuts.