

# The Citizen-Reporter



## SHERMAN COUNTY

A Sherman County Government Publication — April 2020

### Online Doctor's Visits

Mid-Columbia Medical Center has partnered with Amwell, a national health technology company, to offer online doctor's visits to patients during the current public health emergency. An online doctor's visit is a convenient way to confidently resolve certain medical conditions without having to leave your home.

As a result of the COVID-19 health crisis, the Centers for Disease Control and Prevention is asking patients to avoid, when possible, physicians' offices, clinics, hospitals and other health care facilities where they could risk their own or others' exposure to further illness.

"Healthcare organizations across the country are turning to telemedicine to provide patients with easy access to needed care, particularly during this pandemic," said Christina McManigal, DPT, Chief Ambulatory Operations officer at MCMC. "Telemedicine will allow MCMC to continue to provide high quality care right from the comfort of someone's own home, while serving more people and keeping staff, patients and our community safe."

Amwell's secure technology makes it possible to see an MCMC provider, face to face, on your smartphone,

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### 211 is the Go-To for General COVID-19 Info

In partnership with Oregon Health Authority, 211 is the go-to public phone number to get general info about Novel Coronavirus (COVID-19).

211 can answer informational questions about; symptoms, prevention, transmission, treatment, travel health, animals/pets, and persons under investigation and/or monitoring. This service is available 7 days a week, from 8 a.m. to 11 p.m. Call 211 or 1-866-698-6155.

Text your zip code to 898211 (TXT211)  
Email [help@211info.org](mailto:help@211info.org)

The most up-to-date information can also be found at the Oregon Health Authority website: <https://www.oregon.gov/oha/PH/DISEASES/CONDITIONS/DISEASESAZ/Pages/emerging-respiratory-infections.aspx>.

And you can also click the Sign Up for Oregon Alerts button to receive updates.

### 2020 Primary Election Notice

The 2020 Primary Election will be held on Tuesday, May 19. The last day to register to vote or change party affiliation for this election is Tuesday, April 28.

Registration cards postmarked by this date or submitted online no later than 11:59 pm on April 28 are valid registrations for this election. Voter registration or information updates can be done online at My Vote: <https://sos.oregon.gov/voting/Pages/myvote.aspx?lang=en>

Registration cards can be obtained at any post office, county clerk's office, Department of Motor Vehicles, or printed from: <https://sos.oregon.gov/elections/Documents/SEL500.pdf>

If you are a Military or an Overseas Voter please visit the Federal Voting Assistance Program (FVAP) webpage <https://www.fvap.gov/oregon>

State voters' pamphlets will be mailed by April 29. Ballots will be mailed between April 29 and May 5. It's important to update your voter registration if you have moved or changed your mailing address. The Postal Service cannot forward Ballots.

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## April Proclamations

Sherman County has proclaimed April as Sexual Assault Awareness Month and Child Abuse Prevention Month and the week of April 19-25 as Crime Victims' Rights Week. The victims' rights movement has resulted in local, state, and federal laws that established essential rights for victims. Crime victims' rights acts in Oregon and at the federal level have provided victims with ways to participate meaningfully throughout the criminal justice process. The crime victims' rights are best protected when all participants in the criminal justice process—not only victims—are appropriately educated about these rights. Supporting crime victims is crucial to our justice system because our support honors the experiences of victims and allows them to find autonomy and empowerment through achieving self-defined goals. We must help victims access the justice, assistance, and support they need to rebuild their lives.

Advocacy by and for crime victims is itself a form of seeking justice, no less than justice sought in the courts. The accomplishments of the victims' rights movement—achieved through compassion and collaboration, and built on the courageous advocacy of Individual victims and their families across the country—inspire in us hope for future progress and greater healing. Sherman County Victims Assistance Program (VAP) is determined to respond to crime by helping victims find not only support, recovery, and justice, but also a sense of hope for their future. County Crime Victims' Rights Week provides an opportunity to recommit to ensuring that accessible, appropriate, and trauma-informed services are offered to all victims of crime. Sherman County VAP is hereby dedicated to strengthening victims in the aftermath of crime, building resilience in our communities and our victim service providers, and bringing hope and healing to all victims.

Sherman County is committed to a  
victim  
Continued on Page 4... service and

## North Central Public Health Disinfection Guidelines

Cleaning physically removes germs and dirt from surfaces or objects by using soap and water. This process does not necessarily kill germs, but by removing them, it lowers their numbers and the risk of spreading infection.

Disinfecting uses chemicals to kill germs on surfaces or objects. This process does not necessarily clean dirty surfaces or remove germs, but by killing germs on a surface after cleaning, it can further lower the risk of spreading infection.

Current evidence shows that transmission of coronavirus occurs more commonly through person-to-person contact. There is also evidence that the virus may remain viable for on surfaces for several hours.

Cleaning of visibly dirty surfaces followed by disinfection is a best practice measure for prevention of COVID-19 and other viral respiratory illnesses in households and community settings. (CDC)

## How to Clean and Disinfect Safely

Practice routine cleaning of frequently touched surfaces (for example: tables, doorknobs, light switches, handles, desks, toilets, faucets, sinks) with household cleaners and EPA-registered disinfectants that are appropriate for the surface, following label instructions.

Labels contain instructions for safe and effective use of the cleaning product including precautions you should take when applying the product. If no label guidance is provided, consider wearing gloves, eye protection, shoes with socks, and long sleeves/pants. Coronaviruses are relatively fragile, so

standard cleaning and disinfecting practices are sufficient to remove or kill them. Special processes, including wiping down walls and ceilings, frequently using room air deodorizers, and fumigating, are not necessary or recommended. These processes can irritate eyes, noses, throats, and skin; aggravate asthma; and cause other serious side effects.

Disinfection usually requires the product to remain on the surface for a certain period of time (e.g., letting it stand for 3 to 5 minutes).

Keep children, pets, and other people away during the application until the product is dry and there is no odor. Open windows and use fans to ventilate. Step away from odors if they become too strong.

Wash your hands after using any disinfectant, including surface wipes. Throw away disposable items like gloves and masks after use. They cannot be cleaned. Do not use disinfectant wipes to clean hands or as baby wipes.



### How to Prepare a Bleach Solution, Mix

- 8 Tablespoons (1/2 cup ) bleach per gallon of water or;
- 4 Teaspoons bleach per quart of water

For disinfection, diluted household bleach solutions, alcohol solutions with at least 60% alcohol, and most common EPA-registered household disinfectants should be effective.

## County-wide Cleanup May 2<sup>nd</sup>

On May 2<sup>nd</sup>, Sherman County residents are invited to bring one pick-up load of trash to the Solid Waste Transfer Station without paying a fee with some exceptions.

- When:** Saturday, May 2, 2020 – 9 a.m. to 3 p.m. **NOTE: Station may close early if bin is full before 3 p.m.**
- Where:** Sherman County Solid Waste Transfer Site located at 72526 Welk Road between Highway 206 and Biggs Junction.
- How:** Upon arrival, wait for the attendant to direct you to the appropriate unloading site.
- Limited:** One trip per vehicle.

### Restrictions:

No household, hazardous, or medical waste will be accepted.  
No recycling.

### Fees are required for:

Refrigerators, freezers, air conditioners \$33.71 each  
Appliances \$12.79  
Tires without rims \$12.20  
Tires with rims \$16.28  
Furniture – \$12.79

### **You may also bring:**

YARD WASTE – Clean brush & trimmings under 6 inches in diameter  
CAR BATTERIES  
E-WASTE - Computer towers, laptops, monitors, televisions

### Please note:

Recycling will not be accepted on this day.  
Recycling will be accepted on any regular scheduled day:

2<sup>nd</sup> Friday and Saturday in Moro  
3<sup>rd</sup> Friday and Saturday in Wasco  
4<sup>th</sup> Friday and Saturday in Rufus  
Weekly Monday and Tuesday in Grass Valley

Support our **Disaster Program** by helping your community prepare, respond, and recover from all scales of disasters.

- Disaster Action Team Volunteer: Respond to members of displaced households from many disasters like home fires and floods to get them on a path to recovery.
- Disaster Sheltering Volunteer: Help to set up and/or staff shelter operations for those displaced.
- Preparedness Presenter: Lead presentations on preparedness topics, such as earthquake preparedness or home fire prevention. We work with adults or children, groups large or small, we have an opportunity for you to educate our community.

The **American Red Cross** Relies on the support from individuals with all types of experience to help us accomplish our mission, including (but not limited to):

- Disaster Government Liaison
- Health and Mental Health Professionals
- Recovery Casework (Remote support from home, requires access to computer and internet)
- Donor Ambassador
- Home Fire Campaign Volunteer

For more information,

Please contact us at:

(503) 307-9428

[www.redcross.org/volunteer](http://www.redcross.org/volunteer)

[Volunteer.cascades@redcross.org](mailto:Volunteer.cascades@redcross.org)



# American Red Cross

## Clerk's Office Notice about COVID-19

In compliance with the Centers for Disease Control, Oregon Health Authority, and Governor's Executive Order No. 20-12 for prevention of the spread of COVID-19, the Sherman County Clerk's Office has temporarily modified business practices. Non-essential services including notary public and passport application services are temporarily suspended until further notice.

Our office is currently limiting business to phone, email, USPS mail, or online service. Appointments are required for any in-person transaction. To obtain a marriage license, please make arrangements by calling staff at 541-565-3606 who will guide you through the process. For voter registration or updates, please access our Elections page on the Sherman County website or follow this link: <https://sos.oregon.gov/voting/Pages/myvote.aspx?lang=en> If you have any questions, don't hesitate to call the office at 541-565-3606.

## Sherman County Declares Emergency

Sherman County declared a State of Emergency for Sherman County during a special County Court meeting on March 23, 2020. Resolution 04-03-2020.

At the time of printing, NO Sherman County cases have been confirmed.

The purpose of declaring an emergency is to assist in getting resources, both medical and economic. It also helps local government respond to ever changing situations while we are dealing with this pandemic.

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An absentee ballot can be requested if you will be away from home and would like to receive your ballot at a different address. To obtain an absentee ballot request form, contact the clerk's office or go online to print an absentee form: <https://sos.oregon.gov/elections/Documents/SEL111.pdf>

Along with federal and state offices, the following Sherman County positions will appear on the primary ballot. State filed candidates can be found on the Secretary of State's Election Division website at: <https://secure.sos.state.or.us/orestar/CFSearchPage.do>

Local candidates are listed below, with contested races in the same order as they will be listed on the ballot in accordance with ORS 254.155.

### **County Partisan Offices**

#### **Commissioner, Position 1:**

Democrat – No candidate filed  
Republican – Joan Bird

### **County Nonpartisan Offices**

#### **Justice of the Peace:**

Ron McDermid; Jeremy E. Shull;  
Deanna Christiansen

### **Precinct Committeepersons:**

Only precinct and political parties with filed candidates are listed. Two are elected per precinct.

**Wasco:** Republican Party – Mike W. McArthur; Christy Macnab

The following nonpartisan offices move directly to the General Election and will not appear on the primary ballot:

### **Sheriff:**

Brad Lohrey

### **County Clerk:**

Kristi Brown

### **Voters no longer have to pay postage to return their ballots by mail.**

The postage to return a ballot is now paid for by the State of Oregon. Voters may choose to drop their ballot off at

one of the local drop sites listed below.

Your voted ballot must be received on or before 8:00pm on Election Day or it will not be counted.

**Postmarks do not count.** The postage-paid ballot return envelope can either be mailed or deposited at any official county drop site across the state. In Sherman County the drop boxes are labeled "Official Sherman County Ballot Drop Site" and are located near the following offices:

**Rufus City Maintenance Building – 400 Main Street – (Do not use the city payment slot)** Official ballot drop slot located to the right of the city drop slot

**Wasco – 1017 Clark Street – (Do not use the city payment box)** The white box marked "Sherman County Official Ballot Drop Site" is located just uphill from the stop sign between City Hall and Fulton Street

**Moro - Sherman County Courthouse – 500 Court Street, Moro – 1) Official white, red & blue ballot box at the corner of Court & 5<sup>th</sup> Streets; 2) Official ballot drop slot in the Clerk's Office**

**Grass Valley – 109 SW Mill Street – Official white ballot box to the left of the city payment box in front of City Hall**



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criminal justice response that assists all victims of crime during Crime Victims' Rights Week and throughout the year. We express our sincere gratitude and appreciation for those community members, victim service providers, and criminal justice professionals who are committed to improving our response to all crime victims so that they may find relevant assistance, support, justice, and peace.

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desktop or telephone. Using video, Providers can look, listen and engage with patients to diagnose health concerns and provide an effective treatment plan. Not every medical condition can or should be treated this way, but many can such as fever, sore throat, allergies, eye infection, vomiting, diarrhea and many other common conditions.

MCMC Telemedicine does not replace a patient's primary care or specialty physician, rather it is a safe, affordable and easy way to access needed care during this national public health emergency. Telemedicine visits are available by appointment only. To make an appointment, call your MCMC provider.

## Your Opinion Matters

Two of Sherman County Ambulance Service's core values are to provide quality patient care, and customer service and transparency. We also recognize that there is room for improvement in all service fields. If you would like to make a comment or suggestion to help us improve our customer service, please contact Shawn at [emergencyserv@embarqmail.com](mailto:emergencyserv@embarqmail.com) or 541-565-3100. You can also contact the Sherman County Ambulance Service Area Advisory Committee Chairperson, Bryan Cranston at 541-980-7041.

## Senior Center Meals Update

The Sherman County Senior Center is only offering to-go meals for the time being. Please call 541-565-3191 by 10:30am to order a to-go lunch, and your lunch will be ready at 12pm to be picked up.

## Lower Deschutes Noxious Weed Control Program Awarded \$50,000.00

Lower Deschutes Noxious Weed Control Program Awarded \$50,000.00 to improve and restore vegetative habitat for fish, wildlife, and agricultural.

Salem – The Oregon State Weed Board (OSWB) awarded (\$50,000.00) to (Sherman County Weed District) for the (Lower Deschutes CWMA Program) at their February 20-21, 2020 board meeting.

The award was one of 58 grants totaling \$1,635,486 for the ODA Weed Grants (\$1,416,509 for ODA Noxious Weed Grants, \$218,977 for ODA County Noxious Weed Grants) recommended for approval in Cycle 33-2020 provided to local organizations statewide to support fish and wildlife habitat and water quality projects. The grants represent great projects that will be taking place in all areas around the state.

"The Lower Deschutes noxious weed control program that has been active for over 12 years continues to enhance and increase the vegetative species which are critical to improving the biodiversity within the Lower Deschutes River corridor. By improving the beneficial vegetation within the River corridor we are having a positive impact on our fish and wildlife species as well as the agricultural community which surrounds. Open and collaborative partnerships among public and private land managers will continue to allow this program to succeed and flourish" says Dan Son, Program Manager, Lower Deschutes CWMA.

The Lower Deschutes Weed Control Program continues to expand its partnerships and cooperation among all users of the Deschutes River community in efforts to increase the potential of the program and the health of the Lower Deschutes ecosystem.

Funding for grants comes from partnership with OWEB- Oregon Lottery funds. Since 1999, the Oregon Lottery has provided over \$500 million to OWEB's grant program that helps restore, maintain and enhance Oregon's watersheds. Combined, the Lottery has earned over \$9 billion for watershed enhancements, public education, state parks and economic development. For more information about the Oregon Lottery visit [www.oregonlottery.org](http://www.oregonlottery.org). For additional information about this project contact Dan Son, [dson@shermancounty.net](mailto:dson@shermancounty.net).

For additional information about ODA Noxious Weed Grant Programs, contact Tristen Berg at [tberg@oda.state.or.us](mailto:tberg@oda.state.or.us).

## Take a SHORT Survey

The Sherman County Prevention Coalition continues to seek information to better guide our efforts in addressing alcohol, tobacco and drugs.

If you are a parent, guardian or caregiver of children residing in Sherman County ages 0-18, please help us out by taking a short 10 question survey at <https://www.surveymonkey.com/r/9HVBWRZ>

At the end of the survey there will be instructions to claim a Dutch Bros or Starbucks give card worth \$5.

Thank you for sharing your thoughts!  
Amy Asher

Sherman County Prevention Coordinator  
[aasher@co.sherman.or.us](mailto:aasher@co.sherman.or.us)  
541-565-5036

## Sign Up Now

Go to [oha.gov](http://oha.gov) to sign up for Oregon Health Authority COVID-19 email updates.

## COVID-19 Business Resources

Mid-Columbia Economic Development District (MCEDD) has information for businesses and employees on its website. These resources are being updated frequently to reflect the latest information available, including links to the Small Business Development Center, Small Business Administration emergency loan programs, and other guidance for businesses as they move forward during this evolving situation. This is coupled with existing economic resiliency tools for businesses and individuals and found together at [mcedd.org/readv](http://mcedd.org/readv). Additionally, MCEDD's business loan program provided important relief for our region in past events impacting our local economy, and MCEDD is working on how we can make these resources available at this time.

### Quote

We cannot always build the future for our youth, but we can build our youth for the future.

By Franklin D. Roosevelt

## Dick Stradley

### Resolution No. 02-03-2020

**Whereas** Richard (Dick) Ray Stradley was born at The Dalles, Oregon; and

**Whereas** Dick Stradley was a lifelong resident of Sherman County; and

**Whereas** Dick Stradley graduated from Sherman High School in Moro; and

**Whereas** Dick Stradley enlisted and served in the United States Navy; and

**Whereas** Dick Stradley was an active farmer on the family farm near Grass Valley; and

**Whereas** Dick Stradley married Arlone Benson, and they raised a family of two sons and two grandchildren; and

**Whereas** in 1987 Dick Stradley came to work in the Sherman County Assessor's office; and

**Whereas** Dick Stradley was first elected Assessor by Sherman County voters on May 17, 1988 and served 6 terms in that position; and

**Whereas** Dick Stradley made generous and significant contributions to the management of Sherman County, and brought significant professionalism and technological advancement to the office of Assessor and county government, while serving as a mentor to others; and was elected as 2003-04 President of the Oregon State Association of County Assessors; and

## The Courthouse Is Closed To The Public Due to COVID-19

THE COURTHOUSE IS CLOSED TO THE PUBLIC. WE ARE STILL AVAILABLE BY PHONE.

SHERIFF.....541-565-3622  
CIRCUIT COURT.....541-506-2706  
JUSTICE COURT.....541-565-3572  
VICTIM'S ASSISTANCE.....541-565-5030  
PREVENTION.....541-565-5036  
COUNTY CLERK .....541-565-3606  
ASSESSOR .....541-565-3505  
FINANCIAL SERVICES .....541-565-3623  
COUNTY COURT.....541-565-3416  
COMMUNITY TRANSIT.....541-565-3553  
BIGGS SERVICE DISTRICT.....541-565-5052

The secured red drop box located at the north end of the front sidewalk is available to leave documents, etc. for any of these offices.

**THANK YOU FOR YOUR PATIENCE!**

**Be It Resolved by the Sherman County Court:** That we, the members of the Sherman County Court celebrate the life and accomplishments of Dick Stradley, and we recognize and honor his contributions to the people of this county and the state; and **be it further Resolved**, That a copy of this resolution shall be presented to the family of Dick Stradley as an expression of our sympathy and condolences.





## The Judges Corner



The past month will be one I will never forget. It started with a trip to Washington D.C. and a class at the Department of Energy, D.O.E. 101. What a complex system the power grid our county has.

The next couple days while in Washington D.C. I participated in NACo Agriculture and Rural Affairs steering committee meetings, multiple learning sessions and listened to many speakers.

Dr. Ben Carson, the Secretary of Housing and Urban Development, was one of the high profile speakers I listened to. He was more impressive in person as a speaker than he was on TV as a presidential candidate.

General Colin Powell. When he talked, you listened! There was no doubt, that man is a leader. What an inspirational speaker. He regaled us with stories - learning experiences he had with each president he served with, starting with President Reagan. Even Kings and foreign governments turned to and listened to this man.

President Donald Trump can move an audience. The experience of just being in a room where the President of the United States of America will be speaking is like no other. The security, the secret service, the whole atmosphere was surreal. We waited in line 5 hours to get in and I'd do it again for twice as long, any day, to be part of and listen to the President. President Trump really did move the audience, especially when he said we must do something about mental health issues and our jails. He stopped his speech and said he was surprised that that comment got such a response. Let's hope he gets a chance to act.

Since I'm on the health subject, please thank all of our health professionals. They will be there when we need them. I do know they are working some crazy hours and in some constantly changing circumstances.

The Sherman County Court held its first county court outside the courthouse. Grass Valley residents were able to attend county court without traveling further than the Pavilion. All that attended stated that it was an excellent idea and they appreciated a chance to participate.

A somber note, the Sherman County Court was proud to be able to pass Resolution 02-03-2020 honoring Dick Stradley for his 25 plus years of unselfish service to Sherman County. He truly helped make Sherman County a better place. The Stradley's family loss, is a loss to us all.

If you go for a drive in the county, you will be a little safer. There is new guardrail on both VanGilder and LoneRock Rds. Hopefully by harvest, a new bridge on Finnegan Rd will be ready to haul wheat across.

Everywhere we look, COVID-19 seems to be all we can see, no matter which way you turn, it is there! While you are practicing proper procedures and protocols, remember; take the time to be ALIVE, turn your face to the sun- feel the warmth, take a deep breath and do what needs to be done to get through this.

The majority of America's problems can be solved with two words, PERSONAL RESPONSIBILITY



# SHERMAN

COUNTY



## APRIL

Presorted Standard  
U.S. Postage  
PAID  
Moro, OR  
Permit No. 4

500 Court Street, P.O. Box 365  
Moro, Oregon 97039  
<http://www.co.sherman.or.us>

# Postal Patron

## Three Easy Steps to Recycle!

### Do Not Recycle:

- Carbon paper
- Food-contaminated packaging
- Clear “clamshells” (berry, bakery or battery packages)
- Frozen food boxes or food stained paper
- Label backing sheets
- Paper towels, tissue, napkins
- Photographs
- Plastic-coated envelopes
- Wax, plastic or foil-coated paper
- Styrofoam.

### First Sort: Commingled:

- PAPER - white and colored paper (staples OK), newspapers, magazines, catalogs, junk mail, phone books, paperback books, spiral-bound notebooks, shredded paper in a paper bag, cereal & cracker style boxes (liner removed), cardboard tubes, paper bags, egg cartons, milk cartons & juice boxes.
- PLASTIC - plastic bottles with a neck, plastic tubs 6 oz. to 5 gal, plant containers 4 inches & larger.
- METAL - aluminum cans, tin cans (flattened), clean aluminum foil & foil baking pans, empty aerosol cans (discard cap).

### Second Sort:

- All glass bottles & jars - rinsed. No lids.

### Third Sort:

- Corrugated cardboard - flattened.

All items should be clean & rinsed with lids removed & flattened if possible.



### The Solid Waste Transfer Site:

72526 Welk Road  
Open every 2<sup>nd</sup> & 4<sup>th</sup> Saturday  
10 a.m. until 2 p.m.

**The Dalles Disposal**  
1317 West 1<sup>st</sup> Street -The Dalles, 97058  
(541) 298-5149

### Self-Haul Recycling Depot Schedule:

- Moro 9 am - 4:30 pm: 2<sup>nd</sup> Friday & Saturday
- Wasco 9 am - 4:30 pm: 3<sup>rd</sup> Friday & Saturday
- Rufus 9 am - 4:30 pm: 4<sup>th</sup> Friday & Saturday
- Grass Valley 1-3 pm: Monday & Tuesday weekly