

A Sherman County Government Publication — October 2022

Sherman County Historical Society Welcomes Rick Steber

The Sherman County Historical Society is having a Book Signing with Rick Steber at the Wasco Event Center on Sunday, October 30th at 1pm.

We would like everyone to come listen to Rick talk about his books and stories from over the years and we will be serving an Oktoberfest lunch. Also, Rick's books will be for sale and of course he will be signing them!

Rick Steber has over forty titles under his belt and more than a million books in print. He has won many awards and is the only Oregon author to have been presented with the prestigious Western Writers of America Spur Award – Best Western Novel. www.ricksteber.com

This event is \$15 per person and if you would like more information or to rsvp call the Sherman County Historical Museum at 541-565-3232.

Sherman County Community Transit

At Sherman County Community Transit we are committed to providing personalized transportation services as we connect people with the destinations and services they need. Whether, it's transportation to a medical appointment, a community event, Veteran Services, or an essential shopping trip, we have it covered. Sherman County Community Transit strives to make a difference in the lives of our residents by providing safe, comfortable, and reliable services.

Call today to schedule a ride! 541-565-3553

Interested in joining our team of trained drivers? Part-time, flexible hours, equal opportunity employer. Inquire by phone or stop by our office at 500 Court St Moro, OR 97039.



Veterans Day

The first celebration was on Nov. 11, 1919, to commemorate the end of World War I. Hostilities formally ended at the 11th hour of the 11th day of the 11th month of 1918, when the Armistice with Germany went into effect. Until 1954, Veterans Day was known as Armistice Day.

This holiday honors everyone who has served in the military, whether or not they served in wartime or died in battle.

Liberty comes at a price, and the men and women who serve our country are willing to pay that price for our freedom and peace. Today, we thank you, we salute you, we honor you Veterans! Wishing you a happy Veteran's Day.



THE CITIZEN-REPORTER

North Central Public Health Update

The new COVID-19 booster is available, and it has been updated to be effective against both the original strain of COVID and the currently prevalent BA.4 and BA.5 Omicron strains. It is called a bivalent booster because of this dual effectiveness.

The booster is available for free at pharmacies in The Dalles, including Safeway, Rite-Aid and Walgreen's, and for patients of Mid-Columbia Medical Center. One Community Health is offering it to everyone in the community.

North Central Public Health District's clinic is temporarily unable to provide the vaccine due to staffing shortages. However, NCPHD is working with Sherman County partners to bring the bivalent vaccine out to residents of Sherman County, so stay tuned for an announcement soon.

Also, four three-day vaccine clinics are set for Oct. 13-15, Nov. 3-5, Nov. 17-19, and Dec. 15-17, from 11 a.m. to 6 p.m. each day. The clinics run from a Thursday to a Saturday.

All of those clinics will be held at 523 E. 3rd St. in The Dalles, which is across from Sawyer's Ace Hardware and Grinder's Coffee. The vaccines are free, and no appointment, ID, or insurance is needed, and the clinics will offer all doses, from first doses to boosters. Everyone ages 6 months and older is eligible to get a vaccine. The new boosters are available for those 12 and older who got their last dose at least two months ago. Those 12 to 17 can only get the Pfizer booster. Those 18 and older are eligible for the Moderna booster.

Broadband Speed Test

MCEDD is working with Regional Broadband Partners and Faster Internet Oregon to:

- Clearly identify gaps in high-speed internet service
- Ensure that funding decisions can be made based on accurate service information
- Support expanding high speed internet access

Take the speed test at: fasterinternetoregon.org

Questions? Contact Carrie Pipinich at carrie@mcedd.org 541-296-2266



Volunteer Spotlight

Gladys Wesley has been volunteering in Sherman County since she moved here in 2009. Gladys has been involved in many activities such as Sherman County Historical Society/Museum—host, membership coordinator, editor of Sherman County: For The Record, host coordinator for a couple years, and she is also on the Security Team. Sherman County Fair— Superintendent in Open Class Pavilion. Moro Community Presbyterian Church— Help with and coordinate church and community meals, prepared snacks for Vacation Bible School, and serve on the church board. Daughters of the American Revolution (DAR) - Recording Secretary for four years and now starting her third year as Chapter Regent.

Gladys started volunteering at the museum shortly after moving to Moro for a way to become acquainted with the people and history of Sherman County. While hosting at the museum we have the opportunity to meet people from throughout the US and many other countries. Her work with the museum, fair and church have given her a feeling of purpose and being a part of the community.

Gladys says that that she would advise folks to give volunteering a try by starting with something that interests you and will fit into your schedule. If the first thing you do isn't a 'good fit' for you, try something else. It is a great way to make new friends and get better acquainted with your community. Don't be afraid to 'stretch your wings' and try something that is out of your normal activities. She has found that she is capable of doing things, such as being a chapter regent, that she would not have considered even a few years ago. There is a satisfaction that comes with the work you do as a volunteer that is different than working for a paycheck.



Sherman County Happenings

Please join in celebrating the community with a friendly Scarecrow Competition during the month of October, open to business and residents! Submit your registration form &10 entry fee to the Oregon Frontier Chamber of Commerce or Brittany Dark by Oct. 10th. Prizes for 1st and 2nd places in both Business and Residential categories. Questions contact Brittany@oregonfrontierchamber.com

Events:

October 8th 10 - 1 Grass Valley Farmers Market. No vendor fee or registration required.

October 12th 8:30 am @ Hotel Moro: Increase Holiday Sales With Google Tools Watch Party. Registration Appreciated

October 13th 5:30 pm @ Wasco Event Center: Getting Real in Rural Energizing Small Business Entrepreneurship. Community event, Come One Come All.

October 18th CO. STARTERS Core local Cohort begins (10 week Program) Registration Required

October 21-22 @ Oregon Frontier Chamber of Commerce CO.STARTERS BOOTCAMP (2 day program) Registration Required

Weekends in October: Haunted House for all ages. Located behind the Rufus Sinclair Station.

Stay up to date and support local success by becoming a chamber member today <u>www.oregonfrontierchamber.com</u>

Rufus Happenings

The City of Rufus is currently requesting proposals for: Well Assessment Services. Full request located at <u>www.rufuscityhall.com</u>

Upcoming Events at the Rufus Community Center 304 W. 2nd Street

Rufus Food Pantry: October 14& 28, November 11 & 18, December 9& 23

O Pie Night November 18th @ 6:30 PM

O Rufus Community Cleanup Volunteer Opportunity - Volunteers Needed to assist in debris and general cleanup services for community members contact city hall to sign up and lend a hand or tool where you can.

O Injured, disabled & in need of cleanup help please contact Rufus City Hall to connect you with an available community cleanup volunteer or service provider.

Subscribe to the Rufus Community Connection by emailing <u>Rufuscityhall@gmail.com</u>

Mid-Columbia Community Action

Mid-Columbia Community Action will be scheduling energy and/or water bill pay assistance appointments for the new heating season beginning in November. To schedule an appointment, please call 541-298-5131, ext. 206 or email <u>kbuckles@mccac.com</u> with your name and contact information. You can also apply online at www.mccac.com

Sherman County TRUNK or TREAT

Sherman County Trunk-or-Treat will take place Saturday, Oct. 29, from 6 to 8 p.m. in the parking lot of the Wasco School Events Center. The event is cosponsored by Sherman PTO, Sherman Boosters and Sherman Kids Zone. Locals are encouraged to bring their cars, trucks and tractors, decorate them for Halloween, and hand out treats. To register your vehicle, email jessicarichelderfer@gmail.com or visit the Sherman Kids Zone Facebook page to register online.

Wasco School Events Center

The Wasco School Events Center has hired a new facility manager. Marcy Richelderfer started in her new role in August and is working on keeping Wasco's historic school looking great. We are hoping to offer even more community events in the coming months and would love to connect with other local organizations. The Wasco School is now open daily from 10 to 2 Monday through Friday, and is available after hours and weekends for special events. The Wasco Community Library is also open daily during these hours. We hope to soon offer community events such as a monthly Movie Night, Open Gym basketball and volleyball, and craft activities like rock paint night or holiday decor. The Wasco School Events Center will be hosting Trunk-or-Treat again this year in the parking lot on Oct. 29 from 6 to 8 p.m.

Sherman Development League

Applications are now available for 2022 Sherman Development League (SDL) grants. Grants can be applied for by 501 (c)(3) and other non-profit organizations. Organizations that have received a grant from SDL are not eligible to apply until their current grant requirements have been met. Revolving loan funds are also available to for-profit entities and businesses.

Applications will be accepted until November 15, 2022, and grants will be awarded by February 1, 2023.

To receive appropriate grant/loan application forms, please submit a letter of request which includes:

• A brief description of your project.

• State if the project is a capital expenditure, one-time program or pilot project, emergency assistance or a loan request.

• Identify the type of organization requesting funding.

Mail or email requests to:

Sherman Development League, Inc. c/o Melva Thomas P.O. Box 7 Wasco, OR 97065 <u>shermandevelop-</u> <u>mentleague@gmail.com</u>

Questions? Contact: Melva Thomas <u>541-980-4968</u> <u>shermandevelop-</u> <u>mentleague@gmail.com</u>

September is Suicide Prevention and Awareness Month

Suicide Prevention is for all of us! It is OKAY to talk about suicide!

Talking about suicide is one of the leading ways to help the prevention of suicide.

Ask the people around you how they are.

Keep people safe - stay with them if they need help. Find someone that can stay if you can't.

Be there – listen and acknowledge people's feelings.

Help people connect with others, or the help that they may need.

Stay connected – follow up with the people in your life.

Did you know that the youth in Sherman County have already taken on Suicide Prevention? Over the last several months several Sherman County students have taken the QPR (Question, Persuade, Refer) Suicide Prevention Training, and have become community gate keepers for suicide prevention and mental health awareness. What an amazing way to support the community!

Sherman County Prevention

Sherman County Prevention/Sherman County Prevention Team would like to thank everyone that helped to make summer programs in Sherman County a hugely positive experience for our local youth. OYCC, crew and crew leaders, and every organization that helped plan their schedule.

Swim Bus participants, parents, North Wasco County Parks and Recreation, North Wasco Bus Company, and Central Klickitat Park and Recreation for use of pools, and the transportation/ drivers that kept us going every week. Sherman County Public/School Library for an outstanding Summer Reading Program, and craft partnership at Sherman County Fair Frontier Chamber of Commerce for everything that was Harvest Fest Sherman Wellness Center for helping to keep Open Gyms going Sherman County Court for the continued support, and all of our amazing community members and volunteers.

Wasco School Events Center Advisory Committee

Do you want to contribute to the continued success of the Wasco School Events Center?

Volunteers are always needed for cleaning, interior painting, landscaping, and general upkeep, along with table and chair setup for special events. If you are interested in joining the volunteer crew, hosting an event, or renting an office space at the Wasco School, contact Marcy at 541-993-6838 or <u>wascoschoolec@gmail.com</u>. The City of Wasco is also looking for mem-

City of Wasco is also looking for members of a three-person advisory committee, which will advise Wasco City Council on the progress and needs of the facility.

October 2022

Seniors Eating Well Classes

The Sherman County Senior Center and OSU Sherman County Extension are partnering to bring a series of free, dropin nutrition classes to local residents. This program for older adults is called "Seniors Eating Well" and will be offered at the Sherman County Senior Center in Moro this fall.

The free classes are designed to help seniors take better control of their health with lessons on cooking healthy foods, exercising safely, and obtaining or maintaining a healthy weight.

The class topics will be as follows:

Meal Planning and Decision-Making Programs: Monday October 3 – Great Grain Discoveries

Monday, October 10 – All Star Senior Snacks

Monday, October 17 - Heart Healthy Meals

Food Preparation Programs: Monday, October 24 - Cooking and Seasoning with Herbs

Monday, October 31 – Savory Soups

Social Relationships and Fitness Program:

Monday, November 7 – Fitness Fun

Diet, Health and Chronic Disease Prevention Programs: Monday, November 14 – Evaluating Dietary Supplements for Seniors **Monday, November 21** – Dietary Fat, Fact or Fiction?

Monday, November 28 – New Concepts in Weight Control, Energy Density

Participants are welcome to join one or all of the eight weekly sessions and are encouraged to bring a friend. The classes will be held from 12pm-1pm at the Sherman County Senior Center in Moro. The Senior Center lunch is available for \$8 regular price and \$5 for folks 60+. Get your lunch and join us in the conference room.

Sign-up by contacting Kari Silcox, Sherman County Senior Center 541-565-3191 or email her at <u>kari@shermancounty.net</u>. Or contact Cindy Brown, Sherman Extension 541-565-3230 or email her at <u>cindy.brown@oregonstate.edu</u>

We're on Facebook, too! https://www.facebook.com/ shermancountyseniorcenter

https://www.facebook.com/ ShermanCountyExtension

Smith Farms Haunted Barn

Saturday the 29th, Smith Farms will be hosting its free haunted barn experience, with the less scary tours planned from 5 to 7 and the more scary from 8 to 11. Smith Farms Haunted Barn is located just north of Wasco at 70767 Scott Canyon Road. Chili, hot dogs and snacks will be available, and proceeds will benefit the Sherman Class of 2023.

AMBULANCE MEMBERSHIP FOR CHRISTMAS

Do you have that special someone who you just don't know what to get for Christmas? If you do and they live in Sherman County, think about an Ambulance Membership. Sherman County Ambulance has a membership program, which costs \$30 per household, per year. Also, you might think about getting a Membership for yourself, if you haven't already. This is a huge savings if you don't have insurance. An average ambulance call can be around \$2,500. The Ambulance Membership Program is also part of the reciprocal network with approximately 80 other agencies in Oregon. That means that if you need an ambulance in another city and they are part of the network, your Sherman County Ambulance Membership will cover that. If you do have insurance, we will still bill for the call, but if it doesn't pay the entire bill, the Membership will cover the balance. If you don't have insurance, the Membership covers the entire bill. If purchasing for a gift, we will send you a holiday inspired gift certificate to give to your loved one. We also have Life Flight brochures available if you are interested in purchasing a Life Flight membership or you can log onto lifeflight.org. If interested, contact Dana at the Emergency Services Building in Moro at 309 Dewey Street. You can call 541-565-3100 or email to emergen-

cyserv@embarqmail.com.

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Sherman County Public/School Library

NEW Public Library Open Hours

Monday, Wednesday, Friday & Sunday - Closed to the Public Tuesday, Thursday 10:00am — 6:00pm Saturday 10:00am-4:00pm

Curbside pickup available

PICK UP AND DELIVERY

Books and materials can be dropped off and picked up from various locations all year round. Please call the library for pick up and drop off locations in Sherman County.

LIBRARY BOOK CLUB OCTOBER 6th - 6:00pm

Join us for tea, dessert, and book discussion. October's book is City of Thieves by David Benioff

NEW AUDIO BOOKS

Honeymoon Sisters

James Patterson Danielle Steel

NEW MOVIES

PAW Patrol: Monster Rescues Leap!

FACEBOOK

"Like" us on Facebook at Sherman County Public/ School Library.

> Phone: 541-565-3279

Address: 65912 High School Loop Moro, Oregon, 97039

Website: ShermanCountyPSL.weebly.com/

Email: shermanlibrary@sherman.k12.or.us

NEW BEST SELLERS

The 6:20 Man Meant to Be The Daughter of Dr. Moreau Silvia Moreno-Garcia The Best is Yet to Come The Bodyguard Rogues

David Baldacci Emily Giffin Debbie Macomber Katherine Center-Patrick Radden Keefe

NEW FICTION

Beneath the Bending Skies Ugly Love Reminders of Him Meant to Be

Jane Kirkpatrick Colleen Hoover Colleen Hoover Emily Giffin

NEW NON-FICTION

The Fisherman and the Dragon

Things That Matter

Kirk Wallace Johnson Joshua Becker

NEW JUVENILE FICTION BOOKS

The Fishing chronicles The Hunting Chronicles Lane Walker Lane Walker

STEM & STEaM KITS are available for Parents and Teachers to check out for/ with your students or children.

Come in and check out KITS that contain everything you need for a day or weekend of fun filled, mind expanding, learning activities. Books, Guides, materials for hands on projects.

STEM - Architecture & Civil Engineering Beginner *Coding STEaM - Aeronautics * Architecture & Civil Engineering * Machines & Inventions * Electricity * Entomolo



The Judges Corner

A couple weekends ago I was lucky enough to get to watch my 10 year old grandson play league flag football. He plays quarterback when the team is on offense and safety when the team is playing defense. That evening I asked him if he enjoyed the play where he made a perfect pass or the play when he caught the kid running with the ball and pulled his flag after that runner got by all the rest of the defensive players. Before he could answer, my daughter spoke up and said her proudest moment was when my grandson reached down and offered his hand to an opposing team member who had fallen. My daughter is right - acting with honor is always something to be proud of.

Sherman County strives to be honorable with everything it does. Whether it is an agreement with a wind farm, school, or dealing with employees or county residents, always doing the right thing and acting honorably is the reputation and goal the Sherman County Court strives to achieve.

We couldn't accomplish any of these goals without the help from all our volunteers. Everybody who volunteers helps make Sherman County great. Gladys is one of those volunteers we need to thank for making us great. If you went into the Pavilion at our recent county fair you would have noticed two things – there were a lot more entries this year than in the recent past and that Gladys, the Pavilion Supervisor, was always in the building. If you go to our award winning Sherman County Historical museum, you would notice Gladys volunteers there also. Thank you Gladys for all you do and thank you to all our volunteers! The county court was able to (volunteered for) judge the chili cooking contest that was a fund raiser at the count fair. I really enjoyed it, but one commissioner said it "burned their lips off" That was one of the many things that made our fair great. Animals, good food and great music; what could be better than that?

One of my goals from the pre-covid days, was to spend some time in each department of the county government, so I spent a day in early September riding on the Sherman County Community Transit shopping bus. Several shopping destination in Hood River and The Dallas were on the route. The transit team, Marnene, Kelsi, and the drivers sure do a great job. FYI, the bus seat felt the same as it did when I was a kid riding the school bus.

Sherman County is one of the founding members of CREA, Community Renewable Energy Association. Recently CREA hosted a tour that consisted of 11 legislators and legislative candidates from around the state. The tour visited Pa'Tu wind farm east of Wasco and the Farmer's Irrigation District's power plant in Hood River County. This week, Oregon's Governor Kate Brown stopped in Sherman County and visited our courthouse, fairgrounds, Golden Hills wind farm and one of our solar powered broadband trailers. While at the fairgrounds, she test drove an electric tractor. I was able to have several one-on-one conversations with her about concerns in rural Oregon.

Since I mentioned "honor" earlier I thought the following quote from Zig Ziglar is fitting "If people like you they will listen to you, if they trust you they will do business with you."

Judge Dabulskis



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THE CITIZEN-REPORTER

October 2022





Presorted Standard U.S. Postage PAID Moro, OR Permit No. 4

500 Court Street, P.O. Box 365 Moro, Oregon 97039 <u>http://www.co.sherman.or.us</u>

Postal Patron

Three Easy Steps to Recycle!

Do Not Recycle:

- Carbon paper
- Food-contaminated packaging
- Clear "clamshells" (berry, bakery or battery packages)
- Frozen food boxes or food stained paper
- Label backing sheets
- Paper towels, tissue, napkins
- Photographs
- Plastic-coated envelopes
- Wax, plastic or foil-coated paper
- Styrofoam.



The Solid Waste Transfer Site: 72526 Welk Road Open every 2nd & 4th Saturday 10 a.m. until 2 p.m.

The Dalles Disposal 1317 West 1st Street -The Dalles, 97058 (541) 298-5149

First Sort: Commingled:

• PAPER - white and colored paper (staples OK) newspapers, magazines, catalogs, junk mail, phone books, paperback books, spiral-bound notebooks, shredded paper in a paper bag, cereal & cracker style boxes (liner removed), cardboard tubes, paper bags, egg cartons, milk cartons & juice boxes.

• PLASTIC - plastic bottles with a neck, plastic tubs 6 oz. to 5 gal, plant containers 4 inches & larger.

• METAL - aluminum cans, tin cans (flattened), clean aluminum foil & foil baking pans, empty aerosol cans (discard cap).

Second Sort:

• All glass bottles & jars - rinsed. No lids.

Third Sort:

• Corrugated cardboard - flattened.

All items should be clean & rinsed with lids removed & flattened if possible.

Self-Haul Recycling Depot Schedule:

- Moro 9 am 4:30 pm: 2nd Friday & Saturday
- Wasco 9 am 4:30 pm: 3rd Friday & Saturday
- Rufus 9 am 4:30 pm: 4th Friday & Saturday
- Grass Valley 1-3 pm: Monday & Tuesday weekly