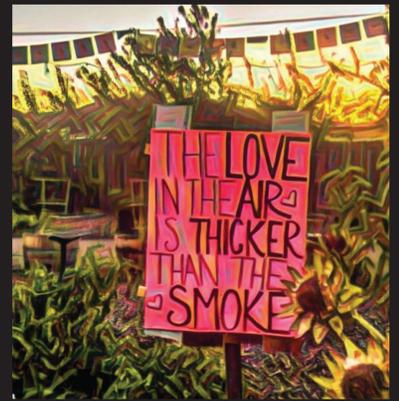


# Mental Health Resiliency Forum



Hosted by Sonoma County Supervisors  
Shirlee Zane and Lynda Hopkins,  
with special guest  
Congressman Mike Thompson

Our community has gone through a traumatic experience. The fires affected every one of us.

We invite you to a Mental Health Resiliency Forum to learn about available services and resources, and hear expert panelists speak on trauma and how to foster well-being during this difficult time.

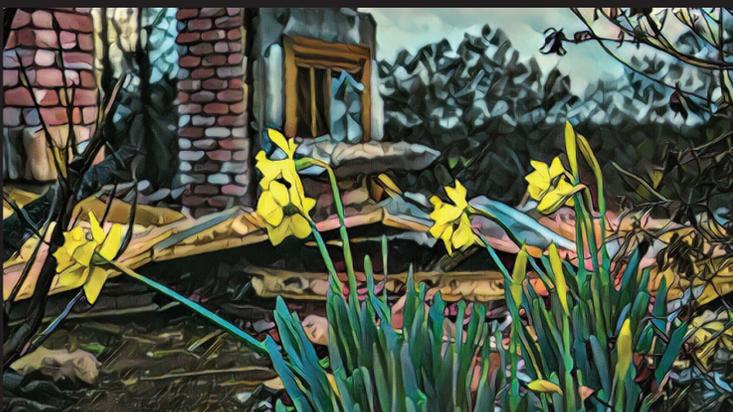
Ask questions. Get help. You are not alone in this.

Date: February 22, 2018

Time: 6:00PM Resource and Services Fair; 7:00-9:00PM Forum

Location: Glaser Center,  
547 Mendocino Ave., Santa Rosa

Spanish translation will be available



**sonoma county**  
DEPARTMENT OF HEALTH SERVICES

