




























# September 2023

*Streetsboro Senior Center*  
1951 Annalane Dr., Streetsboro; 330-626-2398  
Facebook - "Streetsboro Senior Activities Center"

Sun	Mon (9am-3pm)	Tues. (9am-3pm)	Wed. (9am-3pm)	Thu. (9am-3pm)	Fri. (9am-3pm)	Sat
	<b>PICKLE BALL</b> Monday's at 1:00 p.m.  <b>WALKING GROUP</b> Thursday's at 10:30 a.m. (weather permitting) 	<b>Thank you to this month's Sponsors:</b> Better Business Bureau of Akron, Tamarack Ridge, Heritage of Hudson, Grande Village, UH, Portage Co. Health Dept.	<b>Mark Your Calendar!</b> Sign-up for Oct. 26th Cuyahoga Valley Scenic Rail trip starts 9/21; PSSN Oktoberfest Oct. 11 - tkts. on sale now! **Sign-up for Nov. 5th Frankenstein theater trip starts 10/2, and much more!	<b>Tai Chi for Arthritis &amp; Fall Prevention</b>  Tentatively scheduled to begin Monday, 9/18th! Mondays 10:30a.m., Wednesdays 9:15a.m.	 1  <b>SAIL</b> balance class-Fall Session begins next week! Registration required *10:30am <b>Corn Hole &amp; Wii Bowling</b>	2 Closed
3 Closed	4  <b>Happy Labor Day</b> SENIOR CENTER CLOSED	5 1:00p.m. <b>BINGO!</b>  \$2 member \$4 non-member; Sign-up required	6  10:30-11:30 <b>Line Dancing</b>	7  <b>RELIABLE NURSE</b> -Footcare-by appt. 216-956-0293 *9:30 Silver Sneakers/Yoga *10:45- 3:00 Game day!- Euchre and more! <b>TRIP DAY! Put-in-Bay!</b>	8  9:15 <b>SAIL</b> balance class <b>Fall session begins-reg. req'd</b> 10:30am <b>Corn Hole &amp; Wii Bowling</b>	9 Closed
10 Closed	11  <b>Scams &amp; Financial Fraud Updates &amp; Lunch!</b> 11:45a.m. - 1:30 p.m.- registration required! <i>No other activities today!</i>	12 1:00p.m. <b>TRIVIA!</b>  Join us for a friendly, non-competitive game of Knowledge, old & new!	13  <b>Tai Chi!</b> 9:15 - 10:15 <b>Tai Chi for Arthritis &amp; Fall Prevention - demonstration and Q &amp; A (tentative)</b> 10:30-11:30 <b>Line Dancing</b>	14  9:30 <b>Silver Sneakers/YOGA</b> 10:30 <b>**Walking group</b> 10:45- 3:00 <b>Game Day!</b> Euchre, Backgammon & more! <b>Beginners Welcome!</b>	15  <b>Art</b> 15 9:15 <b>SAIL</b> balance class-Fall session-reg. required 11:30 <b>ART Class- Stemmed Paper Flowers</b> - reg. req'd!	16 Closed
17 Closed	18  <b>Tai Chi!</b> 9:00 <b>Pinochle</b> 9:15-9:45 <b>Free Bread Day!</b> 9:30 <b>Crochet/Knit group</b> 10:30 <b>Tai Chi (tent. Week 1)</b> 12:00 <b>Dominos</b> <i>beginners welcome!</i> 1:00 <b>Pickle Ball</b>	19 1:00p.m. <b>BINGO!</b>  \$2 members \$4 non-member; sign-up Required	20  <b>Tai Chi!</b> 9:15-10:15 <b>Tai Chi for Arthritis &amp; Fall Prevention (tentative) Week 1, class 2</b> 10:30-11:30 <b>Line Dancing</b>	21  9:30 <b>Silver Sneakers/YOGA</b> 10:30 <b>**Walking group</b> 10:45- 3:00 <b>Game Day!</b> Euchre, Backgammon & more! <b>Beginners Welcome!</b>	22  9:15 <b>SAIL</b> balance class-Fall session- registration required 10:30am <b>Corn Hole &amp; Wii Bowling</b>	23 Closed
24 Closed	25  <b>Tai Chi!</b> <b>Tai Chi (tent. Week 2)</b> <b>HEALTH FAIR!</b> Sponsored by Aurora & Streetsboro Senior Centers See Flyer for info	26  12:00p.m. <b>MOVIE DAY!</b> See flyer on board for info!	27  <b>Tai Chi!</b> 9:15-10:15 <b>Tai Chi (tentative) Week 2, class 4</b> 10:30-11:30 <b>Line Dancing</b> <b>LUNCH BUNCH Middlefield Trip</b> -see flyer for info!	28  9:30 <b>Silver Sneakers/YOGA</b> 10:30 <b>**Walking group</b> 10:45- 3:00 <b>Game Day!</b> Euchre, Backgammon & more! <b>Beginners Welcome!</b>	29  9:15 <b>SAIL</b> balance class-Fall session- registration req'd 10:30am <b>Corn Hole &amp; Wii Bowling</b>	30 Closed

\*\*\* LIMITED SPACE—RESERVATIONS REQUIRED FOR MOST EVENTS—SEE OFFICE FOR CLARIFICATION \*\*\*