
 Town of Swansboro	Personnel Policy		The Pay Plan Rest Periods and Breaks	
			Number: Article III; Section 13	Revisions:
	Supersedes:	Approved By: 		

ARTICLE III. THE PAY PLAN

Section 13. Rest Periods and Breaks

Due to the variation in work schedules and needs among departments, the Town makes no attempt to define a uniform policy for rest periods or breaks. Supervisors may establish appropriate rest period practices which best serve the Town's interest within the work sites under their supervision. Such breaks shall be limited to one rest period or break in the morning and in the afternoon no longer than 15 minutes each. Rest periods are not cumulative or mandatory, and needs of the Town take precedence over breaks.

Break Time for Nursing Mothers

Pursuant to the Fair Labor Standards Act, the Town will provide a break time for any employee to express fresh milk for her nursing child for one year after the child's birth each time such employee has the need to express milk. The Town will provide an employee with a place other than a bathroom this is shielded from co-workers and the public which may be used by an employee to express breast milk.