

For many, our family, friends and neighbors are our main source of socialization and support for managing our changing needs. But the older we get, friends may move on, the family may live out of state, and we may become more isolated at a time that we need to reach out for help not needed before. This can seem hard, but **Wendell** is lucky to have layers of support available to us for those times when family and friends are not available.

Some of these supports are available from our townfolk who dedicate time to insuring the welfare of all in our wonderful community, some are professionals, but all are people who want to help!

This pamphlet is designed to clarify the characteristics of services that are available to us as we navigate aging together in **Wendell**, our abutting hilltown communities, and in Franklin County /North Quabbin.



Understanding Our Area Senior Services

**Wendell
Council On Aging**

Village Neighbors

LifePath

*How do they differ?
What do they offer?*



WENDELL Council On Aging

Serves Wendell residents age 60 +

Has 12 or so volunteers

Oversees use of the Community and Senior Center building

SERVICES INCLUDE:

- Foot care clinic monthly by appointment; by donation
- Monthly coffee social first Fridays @8:30 am
Contact **Katie** at **978 544 2306**
- Information on area programs, dementia care
- Medical equipment loans for all ages
Contact **Nancy** at **978 544 6760**
- Health ride program
Contact **Marianne** at **978-544-6122**
- Hosts monthly Public Health nurse Carolyn - consulting hours 4th Wednesdays 10 am to 12 pm, all ages
- Quarterly newsletter

CONTACT:

Community and Senior Center
2 Lockes Village Road, Wendell, MA
Email:
CouncilOnAging@wendellmass.us



*Membership-based nonprofit serves those over 60 in **New Salem, Leverett, Shutesbury and Wendell***

Free services from over 120 volunteers

SERVICES INCLUDE:

- Rides to appointments, social events or shopping
- Small home repairs or easy fix-its
- Computer/phone or other tech help
- Friendly visits, walks, or phone calls on request
- Occasional yard work or household help
- Social, educational or music events
- Grocery or medication pickups
- Bimonthly newsletter

CONTACT:

Website: www.VillageNeighbors.org
Phone: **413-345-6894**
Email:
generalinfo@VillageNeighbors.org



Aging Services Access Point (ASAP) nonprofit for seniors and those with disabilities in Franklin County

Oversees 30+ programs with professionals connecting individuals to appropriate services with state, federal and grant funds

SERVICES INCLUDE:

- Healthy Living classes
- Benefits & Options counseling
- Elder Protective Services
- Dementia coaching/caregiver support
- In home care
- Meals on Wheels and nutrition education/consultation
- Supportive housing
- Grandparents caring for grandchildren support
- Money management/bill paying help
- Rainbow Elders
- Elder mental health info and options

CONTACT:

Website: www.LifePathMA.org
101 Munson St. Greenfield, MA
Phone: **413-773-5555**
Email: info@LifePathMA.org