

The Cyclone Watch

Jefferson Middle School

November 2016

<http://www.cpsk12.org/jms>

Phone: 573-214-3210 Fax: 573-214-3211



November

1st – Pastries w/a Parent – 8th Grade
7th – PTSA Meeting @5:30PM
8th – NO SCHOOL ELECTION DAY
9th & 10th – Parent Teacher Conferences
3:00-6:30PM & Book Fair
11th – NO SCHOOL
15th – Scoliosis Clinic 6th Grade Girls
16th – Scoliosis Clinic 7th/8th Grade Boys
16th – Hurricanes Field Trip to Art and
Archeology Museum
16th – Fall into Reading Event at Barnes
and Noble 6:30 - 8PM
17th – Siroccos Field Trip to Art and
Archeology Museum
18th – All School Party 3:00-5:00PM
18th – Jazz Band to RBHS Sweet Night of
Jazz
23rd – 25th NO SCHOOL
THANKSGIVING BREAK
HAPPY THANKSGIVING!!!



From the Principal

Greetings

The school year seems to be moving quickly as we are already entering the holiday season. However, the students have been doing a great job and have had a variety of experiences such as science camps, field trips, extracurricular activities, athletics, and innovative curricula. In addition, our CSI program through Columbia College has provided a great opportunity for our students. Our attendance has been pretty good to this point, but we are still behind our goal. We have challenged our students with a mark of 95% attendance for each semester. If their grade level meets this goal, we will have an attendance party at the end of the semester. Students having perfect attendance for the semester will get free Kona ice at the party. Please continue to encourage your child to be at school every day. Strong student attendance is paramount to student academic success, and we appreciate your support in that effort.

Parent Teacher Conferences

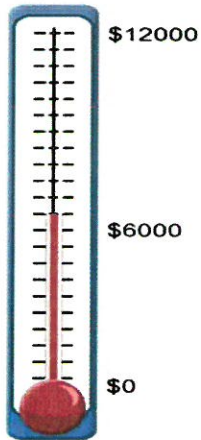
Parent-Teacher Conferences will be held from 3:00-6:30 p.m. on November 9 and 10. We hope that all of you will be able to attend conferences, so we may communicate with you about your child. Sixth and seventh grade teams will be communicating with parents about the process they will use for conferences. Eighth grade teachers, special education, and elective teachers will be holding conferences in their individual classrooms. If you have any questions about conferences, please email your child's teacher directly for additional instructions.

Athletics

We are very proud of how well our fall athletic teams represented JMS this year. Our teams were competitive, demonstrated positive sportsmanship, and continued to improve throughout the season. I appreciate the hard work of our coaches and student athletes. We ask for your continued positive support of our athletic programs as we enter the winter basketball season.



State of the JMS PTSA



- Thank You to everyone who has joined PTSA this year! We still encourage everyone to join and volunteer!
- We are just at halfway with our No Work Fundraiser! We need to continue raising money to have a successful year. Remember 3 things about the No Work Donations:
 - We can take your donation all year. Our biggest events that we fund are at the end of the school year. You may have a better time to give than the start of school.
 - Any amount is helpful and appreciated. We have a saying this year: **"A Lot of Littles = A LOT!"**
 - Ask family, neighbors, co workers etc. to give just like a regular fundraiser.
- If 600 students bring in \$20, we would meet our goal!
- Join the *Jefferson Middle School PTSA* Facebook Page.
- Thank you to all families that donated to the October Teacher Appreciation Snack Day! We filled our sign up genius early and it helps so much! We appreciate your generosity.
- We need more people to help with committees this year. Please consider joining our team! It's not a lot work and we all pitch in to help!

Questions? Contact Traci Rogers, JMS PTSA President at mtmmrogers@gmail.com

Zombie Defense League

Our second ZDL is coming up on October 28th! Permission forms and \$5 dues **MUST** be paid and returned before Oct. 28th if students wish to stay to play Nerf Tag. Permission forms are located outside Rm 121. Questions? See Mrs. Worthington (tworthington@cpsk12.org)

All-School Party

Students are busy planning for the upcoming All School Party! Our theme is "Favorite Book Character" and students are welcome to dress up for the day or the party (no masks or weapons like swords etc. are allowed). The party is from 3-5pm on Nov 18th - put it on your calendar! Students will pay \$1 (or bring two cans of food) for admission and then will use tickets to pay for snacks and activities at various booths. Tickets will be sold Nov 14-18 before school for 4 for \$1. Questions? Let Mrs. Worthington know! (tworthington@cpsk12.org)

Nurses Notes



HOW MUCH SLEEP DO CHILDREN NEED?

Sleeping well is often a result of having good sleeping habits. A child's sleeping pattern affects the entire family. This is why good sleeping habits and rules about bedtime are important.

According to Web MD, a middle school-aged child may need between 8-11 hours of sleep every night. When establishing a bedtime routine, it is important to bear in mind what time the child has to go to school in the morning and how long it will take them to get ready and travel to school. This way, the child will get a good night's sleep and feel rested in the morning. If not, your child may not get the most out of school.

Trying to get a tired child out of bed every morning is a hassle. Parents/guardians must decide on a suitable bedtime for the child's sake. **Electronic devices should not be used for one full hour prior to bedtime.** The light that comes from devices disrupts the brain as it prepares for sleep. I have been told by several students that they stay up until after midnight playing video games or playing games on their iPad. As a parent, best practice is to be certain that these electronic devices are not a temptation and put them away at bedtime.

Many children come to school already tired before the day starts. This makes it difficult for the teacher and child to have a productive day. Help your child develop proper sleeping habits in order to promote a positive learning environment.



Scoliosis Screening

On Tuesday November 15 and Wednesday November 16, all female students who are in the 6th grade and male students who are in the 7th and 8th grade will have a scoliosis screening provided by the school nurse. The screening is done during your student's PE class. All students need to be bare-backed to properly view the spine. Girls may wear halter tops, swimsuit tops or bras. The student stands on a designated mark in front of the screener. The nurse will ask the student to assume certain movements to visualize the shoulders, back and waist from different angles. While CPS health services encourages all students to receive this free spinal screen, you may excuse your student **in writing** from this examination.

****PLEASE** remember to provide your middle school student with a single dose of an **over the counter pain reliever** in a bottle or foil packet labeled by the manufacturer. Many of you have had to leave work to bring your student headache medication. **

Feel free to email me at ECramer@cpsk12.org Betty Cramer, RN, BSN

Book Club

Cyclone Book Club met on September 29 to discuss our summer selection Space Case by Stuart Gibbs. This book was well-received by students. Students were also very excited to talk about the entire series. This series takes place on the moon and it is a mystery series. On October 27 we will have our next meeting. We selected Loot by Jude Watson. This book is also a mystery. Loot is about siblings March and Jules who find themselves in a bad orphanage after their burglar father is killed. The siblings, who know their father's business quite well, decide to continue in the family business in order to make a better life for themselves. Please encourage your student to pick up a copy of this book and read it. We will meet in the media center from 2:40-3:45 on the 27th. Mrs. Kiley and Ms. Gioimo are the sponsors.

Book Fair

We still love books at JMS! Please support the JMS book fair. Funds from the book fair help put books in the classrooms of JMS as well as getting more books for the JMS media center. Our book fair will be held during the school day November 7, 9 and 10 and during parent/teacher conferences from 3-6:30 pm on the 9th and 10th. Our fair will be set up in our media center. Questions: Contact Mrs. Kiley in the media center.

iPad News

IBooks on student iPads has a help sheet put out by the district to help with Wi-Fi connection issues at home. Please use this as a way to troubleshoot if you are having issues. We have also discovered that clearing Safari history is helping with Wi-Fi issues at home. Mrs. Nichols and Mrs. Kiley are here to help students. Please send students to the media center to get help if they are having iPad issues.

We are seeing a lot of students with damaged iPad screens. Students should have their iPads in their book bags when they are in the hallways. The iPad should be in the interior of the book bags. Book bags should not be placed where they can be stepped on or kicked.

Please remind students to come to school with their iPads and to have their iPads charged.

Fall into Reading Party

Our annual JMS Fall into Reading Party will be Wednesday, November 16, 2016, from 6:30-8:00 p.m. The jazz band, FCCLA, Voices of Jeff, Orchestra, and drama students are just some of the JMS groups scheduled to show off their talents. Save the date as a time to kick off your holiday shopping.

A portion of the sales at the Barnes and Noble, Columbia Mall (and online) will help our reading department buy books. In conjunction, we will run an online book fair from 11/16/16-11-/21/16. Use Book fair ID #11957495 at checkout on www.bn.com to help support us.

SIXTH GRADE NEWS

HUGE Thank You to Sixth Grade Parents!

Team Storm Runner and Team Tsunami teachers would like to thank all of the parents who donated Science Camp supplies! We greatly appreciate your generosity and willingness to go above and beyond the call of duty! Science Camp was a huge success and all of the kids had a blast learning about science! THANKS!

Pastries with Parents!

Pastries with a Parent, is an opportunity for a parental figure in each home to come and meet their child's team and enjoy muffins or donuts with their child. We hope that you will be able to join us for these events and to enjoy some special time with your student.

Team Storm Runner – October 18th from 7:15 to 7:48 AM

Team Tsunami – October 20th from 7:15 to 7:48 AM

Parent Teacher Conferences!

Mark Your Calendars NOW! Parent/Teacher Conferences will be held on November 9th and 10th from 3 to 6:30 PM. More information to come.

Choir

Congratulations to rotation one Sixth Grade Sirens, 7th & 8th Grade Cyclone Singers, and Advanced Orchestra on a wonderful concert on October 17! I am always proud and amazed at how much the choral program grows from the beginning of the year to our concerts. I am looking forward to our winter concert on December 12!

Cherrydale Fundraising Items will arrive on November 3. Students will be sent home with their items that day!

Upcoming Choir Events:

- November 16: Fall Into Reading at Barnes & Noble (Voices of Jeff only); 6:00pm call, 6:15(ish)pm performance
- December 12: Winter Choir Concert at Rock Bridge High School (2nd rotation Sixth Grade Sirens, 7th & 8th Grade Cyclone Singers, and Voices of Jeff); 6:00pm call, 7:00pm concert

Cyclone Athletics

A.D.'S CORNER

Important dates to note:

October 17th

7th and 8th Grade Basketball Tryouts – must have a current physical and passing all classes to tryout.

October 24th

Winter Sports Parent Meeting for parents of 7th and 8th grade students who are participating in Basketball or Cheerleading

November 5th

7th Grade Basketball Games Begin – See School Calendar for more information

November 7th

8th Grade Basketball Games Begin - See School Calendar for more information

Only physicals dated after February 1, 2016 are valid.

Support our School by purchasing a Family Pass – all proceeds stay here at JMS

Last year we were able to buy new uniforms and warmups for the 8th grade teams. This year we would like to purchase new uniforms for the 7th graders.

Family Pass \$50.00

[2 adults and 3 students admitted to all games CPS Games (excluding Tournaments)

Barnes & Noble Bookfair

Supporting

Jefferson Middle School

Wednesday, November 16, 2016

Columbia Mall

2208 Bernadette Drive

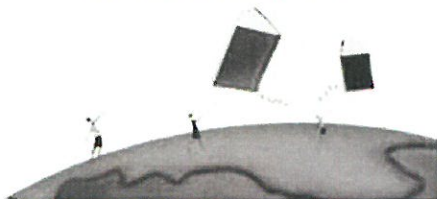
Please present this voucher
prior to making your purchase.

A percentage of the net sale
will be contributed to your
organization.*



11957495

*The purchase of gift cards, Barnes & Noble memberships, textbooks, magazine subscriptions, video games, purchases made at Cafés owned and operated by Starbucks, and other items Barnes & Noble may exclude from time to time in its sole discretion are not eligible for bookfair sales. Institutional discounts may not be applied. See BN.COM/bookfairs for more details and to shop online.



Cost for a whole cheesecake: \$42.19

Make checks payable to Barnes and Noble.

BARNES & NOBLE Café

Orders due to Mrs. Osborn in room 207 by
Thursday, November 3, 2016. Cheesecakes
can be picked up at our Fall into Reading
Party, November 16, 2016, 6:30-8 p.m.

We offer a great selection of delicious food and beverages to enjoy during and after your visit!
During bookfairs, all eligible purchases made by your supporters in our Barnes & Noble Café are included in your organization's bookfair sales total.

(Please inquire in Café for prices)

GODIVA

Belgium 1926



31% Milk Chocolate Salted Caramel Bar
A wonderful balance of savory and sweet. Scored into 10 squares—perfect to break off a little piece every day or share with friends.



19 pc Classic - Gold Ballotin
A signature assortment of classic GODIVA Belgian chocolates.



Pike Place® Roast
A delicious blend with smooth body and subtle flavors of cocoa and toasted nuts with produces a rich, satisfying and balanced cup.



Veranda Blend®
Subtle, with delicious hints of soft cocoa and lightly toasted nuts. Blond-roast, approachable coffee, lighter body and mellow flavors.

While in the Café, grab a bite to eat. We carry an assortment of pizzas, sandwiches, a chicken tenders meal, and of course, a wide assortment of desserts & beverages.

There's something for everyone!



Cheese Pizza*
Rustic Italian, hand-stretched, wood-fired crust, part-skim mozz, extra virgin olive oil, tomato sauce, basil, Parmesan cheese.



Italian Meatlovers Pizza*
Rustic Italian, hand-stretched, wood-fired crust, part-skim mozz, tomato sauce, sausage, prosciutto, artisanal pepperoni, basil, Parmesan cheese.



Veggie Pizza*
Rustic Italian, hand-stretched, wood-fired crust, part-skim mozz, broccoli, spinach, tomatoes, roasted garlic, extra virgin olive oil, Parmesan Cheese.

*Available in select locations



Rustic Apple Tart
Handcrafted apple tart is five inches of buttery, flaky French puff pastry. Layered with fresh, ripe apples and baked to a golden brown.



Assorted Freshly Baked Cookies & Scones
Our Café offers a great variety of freshly baked cookies and scones—there's a sweet treat for every craving.



Goopy Chocolate Caramel Tart
A deep chocolate-caramel ganache and soft swirls of soft caramel baked in a hazelnut streusel crust.
Sold whole & by the slice



Can be purchased whole or by the slice.
Each whole cheesecake contains 14 slices.



Godiva Double Chocolate
A decadent cheesecake with chunks of milk chocolate, topped with chocolate mousse, chocolate ganache, and chocolate whipped cream.



Red Velvet
A creamy cheesecake swirled with chunks of homestyle red velvet cake and topped with a rich cream cheese icing.



Plain
A creamy California cheesecake with a graham cracker crust.

ADDITIONAL AVAILABLE FLAVORS
Reese's Peanut Butter, White Chocolate Raspberry
(Based on café availability and seasonality)

Sandwiches served with Kettle Brand chips or a banana

Chicken Club

Grilled chicken, Applewood smoked bacon, tomatoes, mayo, ciabatta roll.



Philly Cheesesteak

Thinly sliced beef, sautéed onions, white American cheese, soft pretzel roll.



Turkey & Brie

Smoked turkey breast and brie cheese, 9-grain bread.



Tomato Caprese

Fresh mozzarella, roasted tomatoes, provolone cheese, basil pesto, Italian baguette.



Farmer's Wrap

Scrambled eggs, bell peppers, cheddar cheese, spinach, tomatoes, mushrooms, lavash wrap.



Veggie Wrap

Red pepper hummus, grilled zucchini, grilled eggplant, roasted yellow squash, whole wheat lavash wrap.



Gluten-Free

Chicken Tenders Meal



Applegate antibiotic free, all natural, humanely raised, whole breast meat chicken coated with milled rice and corn. Served with sweet potato chips and either barbeque or honey mustard sauce.

Items vary seasonally



GREEN TEA With Coconut, Ginger & Vanilla

Inspired by the rich flavors of Thailand—a combination of green tea, lemongrass, vanilla, coconut and ginger.



ORDER FORM

Order whole dessert items from the Café— perfect for gatherings or gift giving.

Present this form in the Barnes & Noble Café during your visit to place your order.

(Please inquire in Café for prices)



Godiva® Double Chocolate Cheesecake

Rich Godiva cheesecake baked with chunks of milk chocolate, topped with chocolate mousse, chocolate ganache, and chocolate whipped cream.

Quantity



Red Velvet Cheesecake

Creamy cheesecake swirled with chunks of homestyle red velvet cake and topped with a rich cream cheese icing



Plain Cheesecake

Creamy California cheesecake with a graham cracker crust



Reese's™ Peanut Butter Cheesecake

Reese's™ Peanut Butter Cups combined with a rich chocolate cheesecake topped with chopped Reese's™ Peanut Butter Cups.



Goey Chocolate Caramel Tart (Sugar RUSH)

A hazelnut streusel crust, topped with a deep chocolate-caramel ganache and swirls of soft caramel.

ADDITIONAL CHEESECAKE FLAVOR(S)

Availability varies seasonally & by café

White Chocolate Raspberry

TYPE INFO HERE:

Columbia Mall

STORE ADDRESS

November 16, 2016

BOOKFAIR DATE

Jefferson Middle School

SCHOOL NAME

CUSTOMER NAME

November 16, 2016

PICK UP DATE

PHONE NUMBER & EMAIL ADDRESS

Notice:

Quantity of items based on availability. So we can best serve your needs, please note a first and second pick. Members save 10%.

The Cheesecake Factory Bakery® and the Dream Factory® are registered trademarks of TCF Co. LLC.
Sugar RUSH: Master Tips, Techniques, and Recipes for Sweet Baking, by Johnny Iuzzini and Wes Martin



It's
Yearbook
TIME!



.....>>> *Order your Yearbook* TODAY!



Jefferson Middle School

YEARBOOKS ARE NOW ON SALE

◆ Full-Color Yearbook.....\$15.00

To order visit: www.inter-state.com/yearbook and enter this code: **08197G**
Or return envelope with cash, check or money order payable to:
Jefferson Middle School

To upload pictures into the yearbook go to www.yearbookwizard.com/uploads and the schools code is 08197G

ADD PERSONALIZED PAGES TO YOUR YEARBOOK.

25% OFF VISIT stores.locker33.com/inter-state/find/personalizedpages

Enter Code **CUSTOM** @ Checkout

Personalized pages will be printed and mailed separate from the yearbook.
Taxes and shipping not included.

Tear At Perforation Above, Moisten Flap, Fold To Seal.

Enclose correct payment and return this envelope to school. Save top portion of this flyer for your reference.

Jefferson Middle School (MO4266)

Student's Name _____

Teacher's Name _____

Grade _____

\$ _____ Total Amount Enclosed

Use one envelope for each child – please do not fold currency.