

# WOLFTRACKS

A PTA SERVICE FOR FRANK M. TEJEDA, JR. MIDDLE SCHOOL

## Letter from the PTA President

With the arrival of fall brings cooler weather, pumpkins, and busy schedules. Tejada PTA has continued to stay busy leading the pack this month. We are very appreciative of all of our volunteers who give of their time and donations to Tejada. From the Book Fair, workroom, to Red Ribbon Week, our volunteers spend many hours planning, helping, and supporting our students and staff!

Our October PTA Association Meeting Lunch 'N Learn on October 11<sup>th</sup> included guest speaker, Bexar County District Attorney, Nico LaHood. Mr. LaHood shared information about the legal issues surrounding bullying and cyberbullying and how parents can play an active role in helping their children use social media wisely.

For Red Ribbon Week we “elected to be drug-free!” Students and staff had fun dressing up, signing pledges, and winning prizes in support of choosing to make healthy choices.

Tejada PTA will continue to advocate for all children and educate our families and communities about important issues, while also providing fun and educational programs and events for our campus. We encourage you to join PTA, be a volunteer, and support PTA and be a part of leading the pack at Tejada!

Happy Fall!



Every Child, One Voice  
Mindy Waters  
2016-2017 PTA President



# 2016-2017

# Tejeda PTA Board

## OFFICERS

President – Mindy Waters  
1st Vice President– Sandy Aguilar  
2nd VP- Jennifer Bissen  
3rd VP– Angie Souder  
Secretary - Alana Harris  
Treasurer – Kim Curry  
Parliamentarian – Jennifer Easley

Workroom – Angela Jones  
8th Grade Party – Lori Martin & Asst Lori Carr

## COMMITTEE CHAIRS

ADEPT – Mandy Howland  
ADEPT – Stacy Schults  
Arts in Education – Marisa Estavillo  
Campus Beautification – Andy Carranza  
Council Delegate – Krista Furlow  
Council Delegate Alternate – Nicole Motl  
Courtesy – Kim Gibbs  
Legislative Action – Kim Trujillo  
Partners in PTA – Sylvia Farber  
Faculty Appreciation – Kimbree Camp  
Faculty Appreciation – Anel Gates  
Healthy Lifestyles – Melinda Cox  
Historian – Kellie Smith  
Hospitality – Cindy Hedrick  
Library – Aida Bouwens  
Life Members/Founder's Day –  
Terri Sevening  
Lunchroom - Mary Beth Connolly  
Newsletter/Website/Facebook –  
Amy Zamponi  
Membership – Laurie Wildt  
PVSA - Cameron Weirbach  
Special Projects – Karen Wooster  
Special Projects Assistant – Sylvia Farber  
Student Activities -Lori Carr & Asst Jennifer Davis  
Used Book Sale – Becky Alderson  
Used Book Sale – Marissa Huffman  
Watch Dogs - Scott Norman  
Workroom – Paula Woods

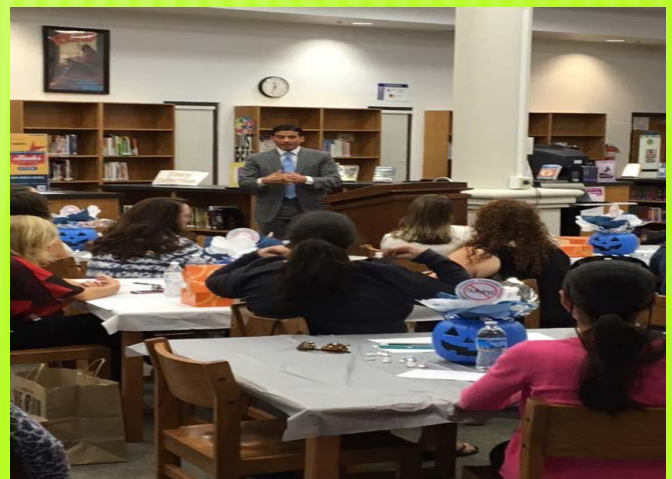


# TEJEDA PTA LUNCH-N-LEARN

## Tejeda PTA Association Meeting Lunch 'N Learn

At the October PTA Association Lunch N Learn, District Attorney Nicholas "Nico" LaHood spoke about multiple issues regarding bullying and cyberbullying, including the laws currently in place, proposed legislation, how these issues affect and apply to school administration and students in school, and ways in which parents can take steps to actively monitor their child's social media habits.

In addition, he addressed ways to prevent bullying and cyberbullying. Our District Attorney's Office Chief Investigator Willie Ng, Jr. and Investigator Brian King were also present. Chief Ng shared his insight and perspectives about various cases involving cyberbullying, including the challenges they often face when investigating and prosecuting such cases. Tejeda parents learned strategies and measures to take with their children in an active school effort to address bullying and cyberbullying as a community.



# RED RIBBON WEEK

Tejeda students "elected to be drug free" during Red Ribbon Week, October 24th-29th.

Students and staff dressed up each day, signed pledges, and won prizes for choosing to make healthy choices.

From camo, Hawaiian, to the 60s, students and staff showed off their creative attire to be drug free!

Students received a bag in their 1st period class with a patriotic bracelet, a blank flag, and some candy.

They were asked to sign their "pledge" on the flag, and all flags were displayed in the hallway.

With the help of PTA and PALS, Red Ribbon Week was a great success and a reminder to be drug free and stay healthy!



# BE A VOLUNTEER!

If you would like to be included on our 2016-2017 Tejeda Volunteer E-mail list, please complete the

[2016-2017 Tejeda PTA Volunteer Google Form](#) by clicking on this link:

[https://docs.google.com/forms/d/e/1FAIpOLsFv-hd2sO6NWI00itEgAb\\_qVsyVwqoEqPZOZD2Y3Hp7ZKUFjw/viewform?c=0&w=1](https://docs.google.com/forms/d/e/1FAIpOLsFv-hd2sO6NWI00itEgAb_qVsyVwqoEqPZOZD2Y3Hp7ZKUFjw/viewform?c=0&w=1)

You will receive e-mails from SignUp.com about all Tejeda volunteer opportunities.

Anyone interested in volunteering this year, must complete the form to receive the e-mails.

If you have not volunteered on a NEISD campus before or in the last 12 months, please visit

<http://www.neisd.net/vol/index.html> to become DPS cleared.



# DENTAL & ORTHODONTICS

We know how hectic your schedules can be during the school year. This makes visiting the dentist extremely difficult, and your benefits will expire at the end of the year. Luckily, 7to7 Dental & Orthodontics is open 7 days a week with extended hours to fit your busy schedule. We pride our self on maximizing our patients' insurance benefits, to ensure our patients pay the least out of pocket as possible. We are In-Network providers for most Dental Insurance companies which helps keep patients cost down. Not only are we in-network, but our in-house Insurance Specialists take care of all the challenges of dealing with the Insurance company, so you can sit back and know everything is handled. Along with piece of mind, we offer whitening for life free to insured patients that attend their routine cleanings every six months. This professional strength whitening gel is a reward for maintaining proper oral health!

Don't Have Dental Insurance...No Problem! With our in-house Dental Plan, we have removed the financial stresses of visiting the dentist twice a year. For less than 50 cents per day you will no longer be required to pay every time you go in for your routine check-up and cleaning. Plus, if you are in need of any additional dental care, virtually every service we provide will receive a 30% discount.

We also offer braces in less time for as low as \$99/mo. with free consultations!

Why choose us:

- o Extended hours EVERY day so you don't have to miss work or school (7am-8pm M-F, 9am-5pm Sat & Sun)
  - o In-Network Provider for Most Dental Insurance
- o We strive to keep your out of pocket expense as little as possible
  - o Walk in Appointments are always welcome
  - o Gentle Private Practice Dentists
- o Highly trained, Courteous, and Professional staff
- o 5 Convenient Locations Throughout San Antonio

Our Nearest Location to Tejeda Middle School is:

2339 East Evans Road Suite 100  
San Antonio, TX 78259

# FALL DANCE:

NOVEMBER 4TH  
6TH GRADE 4:30-6PM  
7TH-8TH GRADE 6:30-8PM  
THEME: HALLOWEEN  
NO COSTUMES PLEASE  
THERE WILL BE PIZZA, DRINKS,  
AND SNACKS FOR \$1 PER ITEM



# PTA EARLY BIRD AWARD

Congratulations!

Your PTA is one of 577 that earned Texas PTA's Early Bird Achievement Membership Award. By recruiting 100% of last year's total membership, you are well on your way to having one voice for every child on your campus. What's amazing about this accomplishment is that it's just the second month of the school year.

As a state, Texas PTA again had amazing membership growth in the month of September. Together, our PTAs have submitted rosters and dues for over 285,000 members. And as a result of such a great start, we are poised to achieve our goal of 600,000 members by the end of this year. What you have achieved thus far is impressive and demonstrates all of your hard work, efforts, and enthusiasm, and I thank you for that. Because of our astounding success, we all need to make a commitment to capitalize on the momentum. When families and members of the community join their Local PTA, they are simultaneously committing to engagement in the schools, empowering themselves as parents and caring adults, and pledging to be an advocate for the children and youth who call Texas home. The 85th Texas Legislative Session begins January 2017. Every member counts when we work to make every child's potential a reality at the capitol. School funding will once again be in jeopardy and our job is to send a powerful message to our elected officials.

The Fall Membership Increase Award and many more awards are well within your reach. The next award deadline is October 31st. A PTA must submit membership rosters and dues for MORE than 100% of the previous year. I am confident that you won't stop until you have one member to represent every child on your campus. Visit

<http://www.txpta.org/my-pta/awards/> to learn about every award opportunity and their corresponding deadlines.

Your Early Bird award emblem is a badge of honor we encourage you to showcase! Share it in your PTA emails, on your social media channels, and your PTA's website. Notify your school district of the distinguished honor and keep in contact with them throughout the year.

Wishing you continued success,  
Lisa Holbrook  
Texas PTA President





# Our Community Loves the Tejeda Timberwolves

## Our Community Loves the Tejeda Timberwolves

Submitted by Jennifer Bissen, 2<sup>nd</sup> VP Ways & Means

Our community partners have generously supported the Tejeda PTA for the 2016-17 school year. As a community partner and based on their level of sponsorship, these businesses will receive marketing exposure at our upcoming Family Wellness Night, on our website, Facebook page, newsletters, and other communications. New this year, we will hang a sponsor banner on the fence along Evans Rd. highlighting our wonderful community partners. Sponsoring businesses offer services including dental and orthodontic care, medical care, insurance, credit union & banking, veterinary care, legal services, counseling and much more.

### T-Wolf Alpha Leaders:

Fossil Creek Complete Care  
Children's Hospital of San Antonio  
South Texas Orthodontics  
LC Express  
7 to 7 Dental

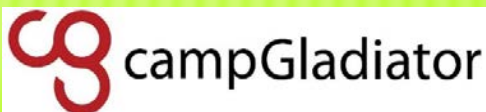
### T-Wolf Pack Leaders:

State Farm Insurance – Scott Haslam  
RBFCU  
The Institute for Couple & Family Enhancement

### T-Wolf Den Members:

Cibolo Canyons Veterinary Hospital  
Law Offices of Stacy Goodbread, PC  
Camp Gladiator

Please consider visiting these businesses when looking for services. Please visit our website to view the [Community Partners](#) for 2016-17. We are very appreciative of our community support and THANK YOU for being so generous!!!



# FAMILY ENGAGEMENT NIGHT

*Engage your family in fitness, wellness & fun!*

Sat, 11/5

9 am—1 pm

NEISD Sports Park

12001 Wetmore Rd, SAT, 78247

FREE event activities include:

School Spirit Fun Run @ 9:15

Live DJ

Games for All Ages

Health Fair

Food Preparation Demos

Fitness Demos

Food Trucks

Door Prizes

Opportunity to Join Your School's PTA

Wear your school spirit shirt!

Healthy students are ready to learn.

Make sure your child has the best chance of getting a great education. With your support, your PTA will make a difference on your campus!

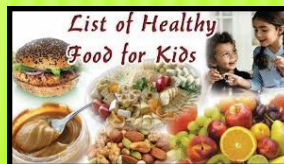
*PTA's Mission: To make every child's potential a reality by engaging and empowering families and communities to advocate for all children.*



Sat, 11/5

9 am-  
1 pm

NEISD  
SPORTS  
PARK



**Wear your school spirit shirt!**

**Healthy students are ready to learn.**

Make sure your child has the best chance of getting a great education. With your support, your PTA will make a difference on your campus!

*PTA's Mission: To make every child's potential a reality by engaging and empowering families and communities to advocate for all children.*



Join us for  
*a delicious way to*

# RAISE MONEY!

Date:

Time:

**TWO DAYS** November 2 AND 3, 2016 -  
11:00 AM to 11:00 PM

At this BJ's location:

22410 US Highway 281 North San Antonio, TX 78259

210-497-6070 **BRING IN THE FLYER**

Enjoy delicious food in a fun atmosphere along with your family and friends while earning funds in support of:

With each flyer presented during this **FUNDRAISING EVENT**, BJ's will donate **20% OF FOOD AND SOFT BEVERAGE SALES** to the designated organization!

Valid for dine in or take out. Not valid towards alcoholic beverages or Happy Hour specials. Please do not distribute flyers on-site during the event. Flyers must be printed and presented to the server.



BJ's Favorite Deep Dish Pizza



Crispy Fried Artichokes



Crispy Jalapeño Burger

# **Virgil T. Blossom Scholarship for the Future of Our Children**

Each year the North East Council of PTAs awards scholarships to recipients from each of the seven high schools in our district. The Virgil T. Blossom Scholarship is intended for graduation seniors who plan to study education as a profession. Recipients receive \$325 per semester for up to eight semesters, for a total of \$2,600. Many fine young people have been honored over the years, several of whom have returned to North East Independent School District (NEISD) as teachers and administrators in our schools.

Please consider making a contribution to this worthy fund. Your tax-deductible donation can be used to honor or remember someone who values education and support NEISD. What better way to honor a teacher, family member, or friend?

Visit the website below to donate:

[http://www.necouncilpta.com/pta/?page\\_id=86](http://www.necouncilpta.com/pta/?page_id=86)

# JOIN TEJEDA PTA

Join Tejeda PTA and “back the future!” at [www.tejedapta.com](http://www.tejedapta.com)

Did you know?

PTA was instrumental in banning children from riding in the beds of trucks, through the Kids are not Cargo effort

And this year, we are advocating to protect children from being bullied online.

Be an advocate for all children!

## TEJEDA PTA MEMBERSHIP DRIVE

582 students, parents, grandparents and teachers joined the Tejeda MS PTA by September 30th. The drawing for door prizes was held on Oct. 11 at our Lunch and Learn PTA Meeting. Congratulations to all the winners named below!

Teachers: Alicia Blair, Karen Hood and Sean Woolard.

Students: Dylan Easley, Egan Mutch, Erin Eggar and Hailey Robinson.

Parents: Michelle Krueger, Darla Mastrovich (winner of Bahama Bucks Jr. Party Pack) and

Kellie Smith (winner of \$20 Whataburger gift card).

Prizes are being delivered at school, and parents may pick up their prize from the main office.

Thank you to Bahama Bucks on TPC Parkway, and Whataburger on Evans for generously donating to our membership drive.



# COMMUNITY PARTNER



We are the Children's Hospital of San Antonio Primary Care – Stone Oak. We are a general pediatrics group affiliated with the Children's Hospital of San Antonio. Our office is a part of a community network of pediatricians with longstanding service to the San Antonio and surrounding communities. Our board certified pediatricians are Dr. Miriam Bauer, Dr. Carrie Beatty, and Dr. Renee Henigan.

Adolescence is an exciting time of change and transition for children, often filled with many challenges and stressors. Middle school students face the pressures of school, homework, and sports, along with all the many physical, psychological, and social changes that come at this age. It is important for you and your teen to have a caring team of experienced pediatricians in your neighborhood to stand beside you and ensure your child successfully navigates through this time while staying healthy, happy, and well prepared for the next stages of life.

At CHPC, our doctors stay up to date with the best in evidence based medicine and care for your child. We offer routine well care, sports physicals, and always have same day sick appointments available for those unfortunate times of illness.

In middle school, your child will need several routine immunizations to keep them safe and healthy! At age 11 or 12, all children are required to receive a Meningococcal vaccine along with a Tetanus, Diphtheria, and Pertussis (Tdap) booster. These are part of the CDC routine immunization schedule for children are required in Texas schools. We also offer the HPV vaccine series. Although these vaccines are optional and not required to enroll in school, it is important to protect your child against HPV (Human Papilloma Virus), which is the primary cause of cervical and genital cancers in young adults. We understand that many parents have concerns about this optional vaccine series and our doctors more than happy to discuss it with you and your family!

Lastly, with cold and flu season upon us, give your young teen frequent reminders about good hand washing and avoiding sharing food and drinks. Getting a flu vaccine is one of the best ways to protect your adolescent and your family during this time of the year!

Here at CHPC Stone Oak, we are committed to providing your child with the best pediatric health care. Along with our doctors, our friendly staff strives to always provide you and your child with outstanding care. All of us here at CHPC Stone Oak take great pride in the relationships that we form with our patients, their families, and our Stone Oak community and we are always here for you!

## **The Children's Hospital of San Antonio – Stone Oak**

20642 Stone Oak Parkway  
San Antonio, TX 78258  
(210) 479-3000  
[www.chofsa.com/stoneoak](http://www.chofsa.com/stoneoak)



# WATCH D.O.G.S

WATCH D.O.G.S. (Dads Of Great Students) is an innovative program of the National Center for Fathering focusing on the prevention of violence in our nation's schools by using the positive influence of fathers and father-figures for a two-fold purpose:

- 1) to provide an unobtrusive presence in the schools, and
- 2) to be a positive and active role-model for students at their school.

WATCH D.O.G.S. was founded by Jim Moore, a concerned father who chose to take action in response to a 1998 middle-school shooting in Jonesboro, AR. WATCH D.O.G.S. serves to inspire and equip men to be the involved fathers, grandfathers and father-figures their students need.

Want to learn more? Want to learn more? Contact Scott Norman at [kscottn@yahoo.com](mailto:kscottn@yahoo.com) and visit the WATCH D.O.G.S. website at [www.fathers.com/watchdogs](http://www.fathers.com/watchdogs)



# PVSA Volunteer Hours

Its never too early to start logging your volunteer hours into the PVSA website!

([www.presidentialserviceawards.gov](http://www.presidentialserviceawards.gov))

Parents, each student in your household needs a separate email address and password to begin logging hours.

Also, if your student is new to Tejada, please change the Record of Service Key to Tejada's key: FCD-43444. Instructions are located on the PTA website.

For questions, please contact Cameron Weirbach at [camweirbach@gmail.com](mailto:camweirbach@gmail.com)



# HALLOWEEN CANDY BAR FOR FACULTY & STAFF APPRECIATION



**The Staff Appreciation committee hosted a Halloween Candy Bar in the Teacher's Lounge on Wednesday, October 26. Teachers filled bags with lots of yummy chocolate and candy. Thank you to all who donated!**





## WOLF CREDO

*Respect the elders  
Teach the young  
Cooperate with the pack  
Play when you can  
Hunt when you must  
Rest in between  
Share your affections  
Voice your feelings  
Leave your mark*

### COOPERATE WITH THE PACK

“Cooperate with the Pack” is another way to report bullying issues at Tejeda.

There is a link under “Bullying Information” on the Tejeda web page that has a link to report bullying to Admin.

In addition to the Bully Box, located outside the library, students can now click on the link, type in their issue or concern and press send.

The emails will be checked throughout the school day. Urgent issues or concerns should be reported to proper authorities immediately or to campus administrators.



back  
the  
future

Join PTA  
at txpta.org



Commyyounity

## PTA Links

\*NEISD Council of PTAs  
[www.necouncilpta.com](http://www.necouncilpta.com)

\*State PTA  
[www.txpta.org](http://www.txpta.org)

\*National PTA  
[www.pta.org](http://www.pta.org)

\*Tejeda PTA  
[www.tejedapta.com](http://www.tejedapta.com)

Tejeda PTA has it's own website to keep up with all  
PTA events  
[www.tejedapta.com](http://www.tejedapta.com)



Find us on Facebook at [www.facebook.com/TejedaPTA](http://www.facebook.com/TejedaPTA)