

Mental Health Supports for Students

Mental Health Resources in the Olathe Public Schools:

All Mental Health Providers in the Olathe Public Schools are available to students regardless of the setting they are in, remote, hybrid, or in-person. Services can be coordinated through your student's school counselor. Please contact your student's home school for more information about the best service for your student.

Some service provided in the schools are fee-based, but full or partial financial assistance is available. If you are in a financial situation in which you are unable to pay for mental health supports, please inform your child's school counselor.

| Provider | Location |
|---|--|
| *School Counselors All services are free. | Available in all Olathe Public Schools |
| *Student Wellness Advocates (licensed mental health providers) All services are free. | Available in all elementary schools and all high schools |
| *Mental Health Liaisons/Johnson County Mental Health Therapists (a partnership to provide mental health and case management services) | Available at the following elementary schools: Central, Fairview, Havencroft, Indian Creek, Northview, Rolling Ridge, Washington, and Westview |
| Contract Therapists (licensed community-based mental health providers) - fee based (full or partial scholarships are available) | Available at all high schools and middle schools and at the following elementary schools: Forest View, Indian Creek, and Rolling Ridge |
| *Friend's University Therapists All services are free. Parents are required to be in attendance in an initial intake appointment | Available at Central, Havencroft, Heritage, Pleasant Ridge, and Washington |
| *Social Workers | Available based on a student's Individualized Education Plan (IEP). |
| *School Psychologists | Available based on a student's Individualized Education Plan (IEP). |

Olathe District Schools HELP Clinic

Purpose of HELP Clinic:

Olathe School District understands the important role the family plays in the overall development and education of a child. With increased pressures and influences all around us today, our families, community and schools must work together more than ever. By providing a “bridge” between school and family, the Olathe School District’s HELP Clinic supports the family, offering a variety of student, parent and crisis services.

Who can benefit?

Any situation that causes an interruption to the learning process is a serious educational concern. Students who are finding school difficult because of poor study skills, adjustment concerns, or relationships with others, can find help through the Clinic.

HELP Clinic Resources:

The Clinic operates in cooperation with the Olathe Schools and outside community agencies. For many, the Clinic provides a convenient, inexpensive and supportive resource for dealing with various challenging situations surrounding students or families.

For More Information

To enroll your student go to:

<https://forms.gle/Eq9wX1j3vgredF878>

To seek more information about the HELP Clinic, call 913-780-7049 to leave a voicemail on a confidential line. You can also email the HELP Clinic at HelpClinic@olatheschools.org. All messages will be returned as soon as possible by a HELP clinic staff member. The Clinic is conveniently located in the Mill Creek Campus at 300 E. Loula Street, Olathe, Kansas. HELP Clinic hours are 4pm-6pm on Tuesdays and Thursdays when school is in session.

The HELP Clinic

For Information Call 780-7049 or email

Helpclinic@olatheschools.org



Additional Community Resources

(Available after school hours, on the weekend, or on school holidays):

| Provider | Location |
|---|---|
| Johnson County Mental Health 913-826-4200 After Hours Emergency: 913-286-0156 | Open Access: Monday-Friday, 9 a.m.-2 p.m. at 1125 W. Spruce, Olathe KS 66061 https://www.jocogov.org/dept/mental-health/accessing-services/walk-initial-visit Sliding fee scale |
| Children's Mercy South 913-696-8274 | Must come into the ER to receive services. ER open 24/7. 5808 W. 110th, Overland Park, KS www.childrensmercy.org |
| *Mental Health Liaisons/ Johnson County Mental Health Therapists (a partnership to provide mental health and case management services) | Available at the following elementary schools: Central, Fairview, Havencroft, Indian Creek, Northview, Rolling Ridge, Washington, and Westview |
| The University of Kansas Health System—Marillac Campus 913-951-4300 | 24/7 Availability at 8000 W. 127th Street, Overland Park, KS 66213 http://www.kansashealthsystem.com/find-us/marillac-campus |

If you have additional questions that cannot be answered via your Building Principal or School Counselor, the following district staff are available to assist.

- ▶ Angie Salava, Director of Social Emotional Learning and Mental Health Services,
anssalava@olatheschools.org
- ▶ Anjanette Tolman, Executive Director of Special Education Services,
aptolman@olatheschools.org
- ▶ Dr. Brent Yeager, Assistant Superintendent of Learning Services
byeagerec@olatheschools.org

Olathe Public Schools Mental Health Supports

Signs that a student may be struggling with their mental health*:

Ages 0-5:

- Problems attaching to their primary caregiver
- Difficulty socializing or playing with others
- Intense difficulty with separation
- Cannot engage in organized activities
- Explosive and prolonged tantrums

Ages 6-11:

- Inability to focus, connect, or control impulses
- Disinterest in extra-curricular activities
- Difficulty in making or keeping friends
- Willing and able to break rules without remorse
- Frequent head or stomach aches or other physical ailments
- Extreme opposition and explosive behaviors
- School refusal
- Low tolerance for frustration or discomfort
- Difficulty with transitions or change

Ages 12-17:

- Difficulty identifying personal interests or engaging in them
- Very concrete, hyper-focused thinking
- Social problems that persist
- Long-lasting, intense painful emotions
- School refusal, bullying others, aggression, and/or lack of motivation
- Severe mood swings, periods of extreme energy
- Eating or sleeping too much or too little
- Extreme lack of personal care or hygiene

Ages 18-24:

- Inability to set goals and work towards them
- Inability to develop and/or maintain friendships and romantic relationships
- Obsessive thoughts and behaviors
- Unable to maintain a regular job or commitment
- Inability to delay gratification
- Lack of motivation

**The Youth Mental Health Project, 2018, ymhproject.org*

Olathe Public Schools • 14160 S. Black Bob Road • P.O. Box 2000 • Olathe KS 66063
913.780.7000 • www.olatheschools.org

Notification Statement of Non-discrimination:

The Olathe Public Schools prohibit discrimination on the basis of race, color, ethnicity, national origin, sex, disability, age, religion, sexual orientation or gender identity in its programs, activities or employment, and provides equal access to the Boy Scouts and other designated youth groups to its facilities as required by: Title IX of the Education Amendments of 1972, Title VI and Title VII of the Civil Rights Act of 1964, the Age Discrimination Act of 1975, the Americans with Disabilities Act (ADA), the Individuals with Disabilities Education Act, Section 504 of the Rehabilitation Act of 1973, the Equal Access Act of 1984 and other relevant state and federal laws as amended. Inquiries regarding compliance with applicable civil rights statutes related to race, ethnicity, gender, age discrimination, sexual orientation, gender identity or equal access may be directed to Staff Counsel, 14160 S. Black Bob Road, Olathe, KS 66063-2000, phone 913-780-7000. All inquiries regarding compliance with applicable statutes regarding Section 504 of the Rehabilitation Act and the Individuals with Disabilities Education Act and the Americans with Disabilities Act may be directed to the Assistant Superintendent of Support Services, 14160 S. Black Bob Rd. Olathe, KS 66063-2000, phone (913) 780-7000. Interested persons including those with impaired vision or hearing, can also obtain information as to the existence and location of services, activities and facilities that are accessible to and usable by disabled persons by calling the Assistant Superintendent of Support Services. (03/19)