



MONROE COUNTY
COMMUNITY SCHOOL CORPORATION
ENGAGE. EMPOWER. EDUCATE.

Kindergarten-2nd Grade Sample Learning Schedule

(30-60 minutes of active learning time)

We recognize that all families have unique and different responsibilities and expectations at this time, and the sample below is just one example of a learning schedule that you might consider as you structure your student's day. Please know we encourage you to arrange your student's day in a way that works best for you and your family. It is an optional support tool to minimize unnecessary stress around learning time.

Sample Learning Time Template (Note: **Bolded** items below include the recommended **up to 60 minutes of Learning Time daily**, other times listed are meant to provide optional breaks in the learning time):

Suggested Time	Activity	Ideas
30 minutes	Reading Time	<ul style="list-style-type: none"> • Read a book independently. • Read with an adult. • Practice letters and sounds. • Read to a stuffed animal.
10 minutes	Brain Break	<ul style="list-style-type: none"> • Go on a scavenger hunt outside. • Take a walk with a grownup. • Exercise or dance inside.
30 minutes	Learning Time	<ul style="list-style-type: none"> • Work on packet activities from your teacher. • Watch an educational program on TV. • Write a story or a letter to someone you haven't seen in a while.
15 minutes	Creative Time	<ul style="list-style-type: none"> • Draw, paint, or color. • Build something with Legos or other building materials. • Play a game. • Cook or bake something. • Listen to music or sing a song.



3rd-6th Grade Sample Learning Schedule

(2-3 hours of **active learning time**)

We recognize that all families have unique and different responsibilities and expectations at this time, and the sample below is just one example of a learning schedule that you might consider as you structure your student's day. Please know we encourage you to arrange your student's day in a way that works best for you and your family. It is an optional support tool to minimize unnecessary stress around learning time.

Ideally, we suggest using mealtimes and bedtimes as your framework and then fit in your academic work in between.

Sample Learning Time Template (Note: **bolded** items below include the recommended **up to 2-3 hours of Learning Time daily**; other times listed are meant to provide optional breaks in the learning time):

Suggested Time	Activity	Ideas
30 minutes	Reading Time	<ul style="list-style-type: none"> • Read a book independently. • Read with an adult. • Video yourself reading a book.
10 minutes	Brain Break	<ul style="list-style-type: none"> • Do stretching exercises • Listen to music
30 minutes	Learning Time	<ul style="list-style-type: none"> • Work on activities from your teacher(s).
30 minutes	Educational Technology or Special Areas	<ul style="list-style-type: none"> • Educational game or activity • Work on (Art, Music, PE, etc.) assignments.
30 minutes	Free Time	<ul style="list-style-type: none"> • Exercise • Take a walk/hike • Play a game
10 minutes	Brain Break	<ul style="list-style-type: none"> • Do stretching exercises • Listen to music
30 minutes	Flexible School Time	<ul style="list-style-type: none"> • Work on school projects • Work on Writing assignments
30 minutes	Free Time	<ul style="list-style-type: none"> • Exercise • Take a walk/hike • Play a game
30 minutes	Learning Time	<ul style="list-style-type: none"> • Work on activities from your teacher(s)



7th-12th Grade Sample Learning Schedule

(3-4 hours of **active learning time**)

We recognize that all families have unique and different responsibilities and expectations at this time, and the sample below is just one example of a learning schedule that you might consider as you structure your student's day. Please know we encourage you to arrange your student's day in a way that works best for you and your family. It is an optional support tool to minimize unnecessary stress around learning time.

Ideally, we suggest using mealtimes and bedtimes as your framework and then fit in your academic work in between.

Sample Learning Time Template (Note: **bolded** items below include the recommended **up to 3-4 hours of Learning Time daily**; other times listed are meant to provide optional breaks in the learning time):

Suggested Time	Activity	Ideas
30 min - 1 hr	Food	Breakfast, snack
45 min - 1 hr	Learning Time: Core Academic Work	Science, Math, Social Studies, or ELA, Other
15 min	Brain Break	Take a walk, stretch, listen to music, etc.
45 min - 1 hr	Learning Time: Specials/Electives Work	Art, Music, PE, etc.
15 min	Brain Break	Take a walk, stretch, listen to music, etc.
45 min - 1 hr	Learning Time: Core Academic Work	Science, Math, Social Studies, or ELA, Other
30 min - 1 hr	Food	Lunch, snack
45 min - 1 hr	Learning Time: Core Academic Work	Science, Math, Social Studies, or ELA, Other