

WEDNESDAY, APRIL 28, 2021 | 12 P.M. PT/3 P.M. ET



Madeline Levine, Ph.D.

Clinical psychologist and New York Times bestselling author



Danielle Ramo, Ph.D.

Senior Director, Research at Hopelab



Eisha Buch

Moderator
Director, Education
Development &
Programs, Common Sense

Kids' well-being has been foremost in our minds throughout the coronavirus pandemic. Common Sense's latest research shows that more than a third of teens and young adults are reporting moderate to severe depression after a year of social isolation, but it also shows how they have been able to use digital health resources and stay connected with their friends through social media. So, are they OK, and how can we help our younger kids and teens confidently reenter a world that will never quite be the same? Psychologists and parenting specialists **Dr. Madeline Levine** and **Dr. Danielle Ramo** will share their insights on anxiety and resiliency; the impact of social media on teen development; rethinking rules around tech use; and ways to address the challenges of the past year. Common Sense's **Eisha Buch**, director of education development and programs, will moderate this hour-long parenting advice session.

