


**WHERE  
TO GO  
WHEN YOU NEED  
HELP**

**2021 EDITION**

**WHERE TO GO  
WHEN YOU NEED HELP  
2021 Edition**

**DAUPHIN  
COUNTY**



**Dauphin County Board of Commissioners**

**Jeff Haste  
Mike Pries  
George P. Hartwick III.**

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## **ABUSE** **(See also CHILD** **ABUSE, RAPE and** **WOMEN)**

### **ACCESS YORK**

(YWCA York)

York County's provider of comprehensive services to victims of violence in our community, with expertise in working with those impacted by domestic violence, sexual assault, and human trafficking.

800-262-8444

717-846-5400

717-637-2235 (Hanover)

Sexual violence hotlines

800-422-3204

717-854-3131

[www.ywcayork.org/victim-services](http://www.ywcayork.org/victim-services)

### **YWCA OF** **GREATER HARRISBURG**

Violence intervention and prevention services. Provides comprehensive crisis and counseling services to victims of domestic violence and sexual assault, including a crisis hotline, individual and group counseling and medical and court accompaniments.

800-654-1211

1101 Market St., Harrisburg

[www.ywcahb.org](http://www.ywcahb.org)

### **CHILDLINE**

State child abuse registry.

To report suspected child abuse or general child well-being concerns.  
800-932-0313

### **DOMESTIC VIOLENCE**

#### **HOTLINES (By county)**

ADAMS: 800-787-8106

CUBERLAND: 800-852-2102

DUPHIN: 800-654-1211

FRANKIN/FULTON: 800-621-6660

JUNIAT/MIFFLIN: 717-242-2444

LANCASTER: 717-299-1249

LEBANON: 866-686-0451,

717-273-7190

NORTHUMBERLAND/UNION/

SNYDER: 800-850-7948

PERRY: 800-852-2102

SCHUYKILL: 800-282-0634

YORK: 800-262-8444

### **PENNSYLVANIA COALITION** **AGAINST DOMESTIC** **VIOLENCE**

A statewide collaborative membership organization committed to ending intimate partner violence and all forms of violence against women. National hotline

800-799-SAFE (7233)

Local number

717-545-6400

3605 Vartan Way, Suite 101,  
Harrisburg [www.pcadv.org](http://www.pcadv.org)

**PRECIOUS HEARTS  
FOUNDATION**

Aids victims of domestic abuse  
with temporary housing and other  
services.

877-731-2210

[www.preciousheartsfoundation.org](http://www.preciousheartsfoundation.org)

**ELDER ABUSE HOTLINE-PA.**

To report abuse of elderly  
individuals or  
adults with disabilities.

800-490-8505

**MIDPENN LEGAL SERVICES**

Provides high quality free civil  
legal services to low-income  
residents and survivors of  
domestic violence and sexual  
assault in 18 counties in Central  
Pennsylvania.

**Harrisburg office:**

213-A N. Front St., Harrisburg

[www.midpenn.org](http://www.midpenn.org)

For Help in Adams, Bedford,  
Berks, Blair, Centre, Clearfield,  
Cumberland, Dauphin, Franklin,  
Fulton, Huntingdon, Juniata,  
Lancaster, Lebanon, Mifflin, Perry  
& Schuylkill Counties:

(800)326-9177

For Help in York County:

(717)848-3605

Administration Phone (717)234-  
0492

**NATIONAL SEXUAL  
ASSAULT HOTLINE**

800-656-HOPE (4673)

**NATIONAL SEXUAL  
VIOLENCE  
RESOURCE CENTER**

Provides information and tools to  
prevent and respond to sexual  
violence.

717-909-0710

877-739-3895

2101 N. Front St., Building 2,  
Harrisburg

[www.nsvrc.org](http://www.nsvrc.org)

**PENNSYLVANIA COALITION  
AGAINST RAPE**

Works to end sexual violence and  
advocates for the rights and needs  
of sexual assault victims.

888-772-7227 (24-hour hotline)

717-728-9740

800-692-7445

2101 N. Front St., Building 2,  
Harrisburg

[www.pcar.org](http://www.pcar.org)

**SEXUAL ASSAULT  
RESOURCE & COUNSELING  
CENTER**

Prevents sexual violence and  
promotes healing for those  
impacted.

717-272-5308 (hotline Lebanon)

570-628-2965 (hotline Schuylkill)

615 Cumberland St., Lebanon

**Schuylkill Office:**

17 Westwood Centre, Pottsville

[www.sarclebanon.org](http://www.sarclebanon.org)

**YWCA OF CARLISLE –  
SEXUAL ASSAULT/RAPE  
CRISIS SERVICES  
OF CUMBERLAND COUNTY**  
888-727-2877  
301 G Street, Carlisle  
[www.ywcaCarlisle.org](http://www.ywcaCarlisle.org)

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## **ADOPTION AND FOSTER SERVICES**

### **ADOPTIONS FROM THE HEART**

Mission is to provide safe, loving homes for children and offer comprehensive, high-quality services to adoptive families, birth parents, and children.

800-355-5500

Central Pennsylvania office  
717-399-7766 [www.aftH.org](http://www.aftH.org)  
5630 Linglestown Rd. Suite 3012  
Harrisburg, PA 17112

### **CATHOLIC CHARITIES**

Assists birthparents, adoptive families and children with adoptions that meet the needs of all three groups.

717-564-7115

939 East Park Drive, Suite 103,  
Harrisburg  
[www.cchbg.org](http://www.cchbg.org)

### **COMMON SENSE ADOPTION SERVICES**

A licensed, non-profit adoption and foster care agency.

717-412-0772

800-445-2444

1215 Manor Dr. Suite 206

Mechanicsburg, PA 17055

[www.commonSenseAdoption.org](http://www.commonSenseAdoption.org)

### **DIAKON ADOPTION & FOSTER CARE**

1-877-342-5667

[www.diakon.org](http://www.diakon.org)

### **JEWISH FAMILY SERVICE OF GREATER HARRISBURG INC.**

717-233-1681

3333 N. Front St., Harrisburg

[www.jfsofHbg.org](http://www.jfsofHbg.org)

### **PENNSYLVANIA STATE RESOURCE FAMILY ASSOCIATION**

Advocates for all those who care about

children and their families.

800-951-5151

PO Box 60216, Harrisburg 17106

[www.psrfa.org](http://www.psrfa.org)

**SWAN (Statewide Adoption and Permanency Network)**

A broad-based cooperative effort and a centralized information and facilitation service funded and overseen by the Pennsylvania Department of Human Services.  
800-585-7926  
[www.adoptpakids.org](http://www.adoptpakids.org)

**UNITED METHODIST HOME FOR CHILDREN INC.**

An affiliate of the Statewide Adoption and Permanency Network  
717-766-7652  
[www.umhc.org](http://www.umhc.org)

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**AIDS**

**AIDS FACTLINE (PENNSYLVANIA)**  
800-662-6080

**ALDER HEALTH SERVICES**  
Improves the health and well-being of individuals living with HIV/AIDS and members of the LGBTQ community by providing a culturally competent and affirming environment.  
717-233-7190  
100 N. Cameron St., Suite 201, Harrisburg  
[www.alderhealth.org](http://www.alderhealth.org)

**CENTER FOR DISEASE CONTROL AND PREVENTION**  
800-CDC-INFO (800-232-4636)  
TTY: 888-232-6348  
[www.cdc.gov/hiv](http://www.cdc.gov/hiv)

**FAMILY HEALTH COUNCIL OF CENTRAL PA.**

Funds eight agencies that provide supportive services, HIV interventions, prevention education, and housing for people living with HIV and their families.  
717-761-7380  
[www.fhccp.org](http://www.fhccp.org)

**THE HOPE PROGRAM**  
Provides expert HIV care and support in a confidential community setting. Part of Hamilton Health Center.  
717-230-3949  
110 S. 17<sup>th</sup> St., Harrisburg

**UPMC PINNACLEHEALTH – REACCH**  
Offers free and confidential HIV testing as well as primary HIV care and treatment for men, women and adolescents.  
717-782-2750  
2501 N. Third St., second floor, Harrisburg

## **ALCOHOL PROBLEMS**

(See also DRUG PROBLEMS)

### **CONTACT HELPLINE**

24/7 information and referral service

800-932-4616

Dial 2-1-1

[www.contacthelpline.org](http://www.contacthelpline.org)

### **ADDICTION HOPE AND HELP LINE**

800-277-8616

### **ALCOHOLICS ANONYMOUS**

A fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The Central Service Office is located in the Fellowship House, 1251 S. 19<sup>th</sup> St., Harrisburg.

717-234-5390

[www.aaharrisburg.org](http://www.aaharrisburg.org)

### **ALCOHOLICS AND NARCOTICS HELPLINE**

24 hours

717-238-5920

### **AL-ANON/ALATEEN**

For information on where to find a local meeting:

[www.pa-al-anon.org](http://www.pa-al-anon.org)

### **BABY LOVE**

Provides free services designed to meet the physical, emotional and social needs of individuals who are struggling with addictions.

Program is part of Hamilton Health Center.

866-530-2229

[www.babylove.hamiltonhealthcenter.com](http://www.babylove.hamiltonhealthcenter.com)

### **BETHESDA MISSION**

Helps lives affected by drug and alcohol addiction

611 Reily St., Harrisburg (Men's Mission House)

717-257-4442

[www.bethesdamission.org](http://www.bethesdamission.org)

### **COLONIAL PARK HOUSE**

Offers recovery residences for men and women.

717-825-5919

[www.colonialparkiop.com](http://www.colonialparkiop.com)

### **DAUPHIN COUNTY DEPARTMENT OF DRUG & ALCOHOL SERVICES**

Serves those affected with substance abuse problems by providing high quality prevention, intervention and treatment services in Dauphin County.

717-635-2254

1100 S. Cameron St., Harrisburg



**DAYSTAR CENTER FOR  
SPIRITUAL RECOVERY**

A community based residential treatment facility for men recovering from substance use disorders.  
717-230-9898  
125 N. 18<sup>th</sup> St., Harrisburg  
[www.daystarrecovery.com](http://www.daystarrecovery.com)

**EVERGREEN HOUSE  
(Catholic Charities)**

Provides a safe, secure, nurturing environment for women recovering from addiction.  
120 Willow Road, Suite B,  
Harrisburg  
717-412-4594  
[www.cchbg.org](http://www.cchbg.org)

**GAUDENZIA-HARRISBURG**

Helps people affected by drug and alcohol dependency, mental illness and related conditions to achieve a better quality of life and become accountable individuals.  
Gaudenzia Common Ground offers assessment and detoxification services at 3740 Chambers Hill Road, Harrisburg  
717-238-5553  
888-237-8984  
[www.gaudenzia.org](http://www.gaudenzia.org)

**JUST FOR TODAY  
RECOVERY VETERANS  
SUPPORT SERVICES**

Provides safe, structured and compassionate housing for those seeking recovery, as well as providing addiction education and advocacy for the recovery community in central Pennsylvania.  
717-695-6253  
300 Market St., Lemoyne  
[www.jft-rvss.org](http://www.jft-rvss.org)

**LIFEPATH CHRISTIAN  
MINISTRIES**

Offers a life transformation program for those who sincerely want to beat their addictions.  
717-845-7662  
363-373 West Market Street, York  
[www.lifepathyork.org](http://www.lifepathyork.org)

**MOTHERS AGAINST DRUNK  
DRIVING (MADD)**

Mission is to end drunk driving, help fight drugged driving, support the victims of these violent crimes, and prevent underage drinking  
Pennsylvania office:  
610-825-4902  
[www.madd.org](http://www.madd.org)

**PENNSYLVANIA  
DEPARTMENT  
OF DRUG AND ALCOHOL  
PROGRAMS.**

Mission is to engage, coordinate and lead the Commonwealth of Pennsylvania's effort to prevent and reduce drug, alcohol and gambling addiction and abuse; and to promote recovery, thereby reducing the human and economic impact of the disease.

800-662-4357 [www.ddap.pa.gov](http://www.ddap.pa.gov)

**PERRY HUMAN SERVICES**

Offers drug and alcohol assessment services and referrals for treatment.

717-582-8703

Mulhollem Office Centre  
8391 Spring Road, New  
Bloomfield

[www.perryhumanservices.org](http://www.perryhumanservices.org)

**THE RASE PROJECT**

Mission is to assist all those individuals affected by substance use issues, problems and concerns by fostering progress, enriching lives, and ultimately enhancing the recovery process.

717-232-8535

100 N. Cameron St.,  
Suite 401-E, Harrisburg

[www.raseproject.org](http://www.raseproject.org)

**BREAST CANCER**

**FEEL YOUR BOOBIES  
FOUNDATION**

Promotes proactive breast health in young women through strategic education and outreach programs.

717-836-0858

4801 Lindle Road, Harrisburg

[www.feelyourboobies.com](http://www.feelyourboobies.com)

**NATIONAL CANCER  
INSTITUTE**

800-422-6237

[www.cancer.gov](http://www.cancer.gov)

**PENNSYLVANIA BREAST  
CANCER COALITION**

Supports and serves breast cancer survivors and their families in Pennsylvania through educational programming, legislative advocacy and breast cancer research grants.

800-377-8828

2397 Quentin Road, Suite B,  
Lebanon

[www.pabreastcancer.org](http://www.pabreastcancer.org)

**SUSAN G. KOMEN FOR THE  
CURE**

Saves lives by meeting the most critical needs in communities and investing in breakthrough research to prevent and cure breast cancer.

877-GO-KOMEN (465-6636)

[www.komen.org](http://www.komen.org)

## **PROSTATE CANCER**

**AMERICAN CANCER  
SOCIETY**  
800-227-2345  
[www.cancer.org](http://www.cancer.org)

**CANCER TREATMENT  
CENTERS OF AMERICA**  
833-988-1309  
[www.cancercenter.com](http://www.cancercenter.com)

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## **BULLYING**

**PENNSYLVANIA YOUTH  
CONGRESS**  
Pennsylvania's first and only  
statewide LGBTQ youth advocacy  
organization.  
717-743-1035  
413 Walnut St., Harrisburg  
[www.payouthcongress.org](http://www.payouthcongress.org)

## **CHILD ABUSE**

**TO REPORT CHILD ABUSE**  
To report suspected child abuse or  
general child well-being concerns.  
800-932-0313

**ASSOCIATION OF SITES  
ADVOCATING CHILD  
PROTECTION**  
Non-profit organization dedicated  
to online child protection.  
[www.asacp.org](http://www.asacp.org)

**CHILD HELP**  
Helps victims of child abuse and  
neglect through prevention,  
intervention and treatment.  
800-422-4453  
[www.childhelp.org](http://www.childhelp.org)

**OFFICE OF THE VICTIM  
ADVOCATE**  
Represents the interests of crime  
victims.  
800-563-6399  
TTY: 877-349-1064  
1101 S. Front St., Suite 5200,  
Harrisburg  
[www.o.va.pa.gov](http://www.o.va.pa.gov)

## **PENNSYLVANIA COALITION AGAINST RAPE**

Help for victims of sexual abuse,  
including information, referrals  
and resources.

888-772-7227 (24-hour hotline)

717-728-9740

2101 N. Front St., Building 2,  
Harrisburg

[www.pcar.org](http://www.pcar.org)

## **PENNSYLVANIA FAMILY SUPPORT ALLIANCE**

Provides education, support, and  
training

programs to make Pennsylvania  
safe for children.

717-238-0937

800-448-4906

2000 Linglestown Road, Suite  
301, Harrisburg

[www.pa-fsa.org](http://www.pa-fsa.org)

## **UPMC PINNACLE HEALTH CHILDREN'S RESOURCE CENTER**

A child advocacy center dedicated  
to reducing the trauma and  
aftermath of abuse for children and  
their families.

717-782-6800

2645 N. Third St., Harrisburg  
618 Cornwall Road, Building 3,  
Lebanon

[www.pinnaclehealth.org/crc](http://www.pinnaclehealth.org/crc)

## **CHILDREN**

(See also MEDICAL, MENTORS,  
PARENTING & TEENS)

### **4-H PROGRAMS**

4-H is a community of young  
people who are learning  
leadership, citizenship and life  
skills. Information at the following  
counties:

Cumberland

717-240-6500

Dauphin

717-921-8803

Lancaster

717-394-6851

Lebanon

717-270-4391

Perry

717-582-5150

York

717-840-7408

[www.extenison.psu.edu](http://www.extenison.psu.edu)

### **ASERT AUTISM RESOURCE CENTER**

Designed to bring together existing  
resources for families, providers,  
and self-advocates, and allow them  
to access a broad array of  
information to help meet the needs  
of those living with or serving  
people with autism.

877-231-4244

[www.paautism.org](http://www.paautism.org)

**AUTISM SOCIETY,  
GREATER HARRISBURG  
AREA CHAPTER**

Promotes opportunities for individuals with Autism Spectrum Disorders (ASD) to participate in the same valued life experiences as do other citizens.

800-244-2425, ext. 8408

717-732-8408

PO Box 101, Enola.

[www.autismharrisburg.org](http://www.autismharrisburg.org)

**BETHESDA MISSION  
COMMUNITY (YOUTH)  
CENTER**

Develops meaningful relationships with

children, teens, and families in the Harrisburg area.

1438 Herr St., Harrisburg

717-257-5484

[www.bethesdamission.org](http://www.bethesdamission.org)

**BOYS AND GIRLS CLUB OF  
HARRISBURG**

Serves as a neighborhood based organization committed to serving youth of all backgrounds in developing self-esteem and character and to help them become responsible citizens by providing physical, recreational, social, educational and vocational programs.

[www.bgchbg.org](http://www.bgchbg.org) 717-234-3268

1227 Berryhill Street, Harrisburg

1700 Hanover St., Harrisburg

717-232-1711, 717-512-2833

1313 Monroe St., Harrisburg

**BRIDGES 4 LIFE  
(Tri-County Community Action)**

A community-based prevention program for at-risk young adults ages 15-21 to help identify, access, build, and apply resources for success in school, work and life.

717-232-9757

1514 Derry St., Harrisburg

[www.cactricounty.org](http://www.cactricounty.org)

**CAITLIN'S SMILES**

Helps children facing chronic or life threatening illnesses through distribution of arts and crafts kits.

717-412-4759

3303 N. Sixth St., Harrisburg

[www.caitlins-smiles.org](http://www.caitlins-smiles.org)

**CAPITAL AREA HEAD  
START**

Gives children a head start in life, empowers parents and strengthens families.

717-541-1795

[www.keystonehumanservices.org/capital-area-head-start](http://www.keystonehumanservices.org/capital-area-head-start)

**CHILDREN'S HEALTH  
INSURANCE  
PROGRAM (CHIP)**

Provides health insurance to uninsured children and teens who are not eligible for or enrolled in Medical Assistance.

800-986-KIDS (5437)

[www.chipcoverspakids.com](http://www.chipcoverspakids.com)

**CHILD FIND OF AMERICA**

Provides services designed to prevent and resolve child abduction and the family conflicts that can lead to abduction and abuse.

800-I-AM-LOST (800-426-5678)  
[www.childfindofamerica.org](http://www.childfindofamerica.org)

**CHILDREN'S HOME OF YORK**

Empowers children to thrive, strengthens families and enriches communities.

717-755-1033  
77 Shoe House Road, York  
[www.childrenshomeofyork.org](http://www.childrenshomeofyork.org)

**CHILDREN AND YOUTH SERVICES CUMBERLAND COUNTY**

Provides professional social services to protect the safety and welfare of children; preserve, support and strengthen the family; and identify alternative care, a safe environment and a permanent home for those children unable to remain in their home

717-240-6120  
888-697-0371  
16 W. High St., Suite 200, Carlisle

**CHILDREN & YOUTH OF DAUPHIN COUNTY**

Dedicated to the health, safety and welfare of children and families.

717-780-7200  
1001 N. Sixth St., Harrisburg

**COMMUNITY CHECK UP-CENTER**

A community based non-profit organization working in partnership with the community to improve the health and wellness of low-income women and children through high quality compassionate care.

717-233-1700  
38C Hall Manor  
[www.communitycheckupcenter.org](http://www.communitycheckupcenter.org)

**EARLY LEARNING RESOURCE CENTERS**

(Pennsylvania Department of Human Services)

CCIS agencies provide you and your family with information on quality child care and personalized child care referrals to child care providers based on your specific needs or preferences.

Cumberland/Dauphin/Lebanon/Per ry counties  
717-210-3334  
800-864-4925  
[www.childcareconsultants.org](http://www.childcareconsultants.org)

**FAMILY HEALTH COUNCIL  
OF CENTRAL PA.**

Works with hospitals, federally funded community health centers, free-standing clinics, direct-service agencies, WIC centers, HIV/AIDS service organizations, and other community-based organizations to provide services to thousands, who might otherwise go without needed care.

[www.fhccp.org](http://www.fhccp.org)

**GREATER HARRISBURG  
HEALTHY START**

(Program of Hamilton Health Center)

Mission is to improve the health and well-being of pregnant and postpartum women, their babies, families and the community by providing comprehensive supportive services in the communities where they live.

717-909-1278

110 S. 17<sup>th</sup> St., Harrisburg

[www.harrisburghealthystart.com](http://www.harrisburghealthystart.com)

**HEEDING GOD'S CALL**

An interfaith effort to eliminate illegal use of guns and gun violence.

717-461-3540

219 Hummel St., Harrisburg

[www.heedinggodscall.org](http://www.heedinggodscall.org)

**HOLDING HOPE**

Works to support families of children with life-threatening illnesses being treated at Penn State Hershey Children's Hospital  
717-649-8126

[www.holdinghope.org](http://www.holdinghope.org)

**KEYSTONE AUTISM  
SERVICES**

Provides services for children and adults with autism spectrum disorders.

717-220-1465

[www.keystonehumanservices.org/autism-services](http://www.keystonehumanservices.org/autism-services)

**LANCASTER INTENSIVE  
DAY TREATMENT**

(Catholic Charities)

Serves at-risk youth from nine to 15 who

possess significant emotional and behavioral health needs.

717-295-9630

47 S. Mulberry St., Lancaster

[www.cchbg.org](http://www.cchbg.org)

**MYNDWORKS COUNSELING**

(Jewish Family Service of Greater Harrisburg)

Offers innovative and effective programs to support children and adults going through a difficult period in life.

717-233-1681

3333 N. Front St., Harrisburg

[www.jfsofhbg.org](http://www.jfsofhbg.org)

**NATIONAL CENTER FOR  
MISSING  
& EXPLOITED CHILDREN**  
800-843-5678  
[www.missingkids.org](http://www.missingkids.org)

**NEIGHBORHOOD CENTER  
OF THE UNITED  
METHODIST CHURCH**

Serves a multi-ethnic uptown neighborhood, as well as the total Harrisburg community, with educational, cultural, social service, basic needs, leadership, and recreational programs for children and their families.  
717-233-6541  
1801 N. Third St., Harrisburg  
[www.neighborhoodcenterumc.org](http://www.neighborhoodcenterumc.org)

**NEW HOPE MINISTRIES**

Youth programs provide assistance with homework, life skills, recreation, educational activities, and community service activities while promoting positive behavior and values. Has centers in Dillsburg, Dover, Hanover, Mechanicsburg, New Oxford and West Shore (Lemoyne).  
717-432-2087  
99 W. Church St., Dillsburg  
[www.nhm-pa.org](http://www.nhm-pa.org)

**NORTHERN DAUPHIN  
HUMAN SERVICES CENTER**  
Children and Youth services,  
Probation, Aging, CMU, Drug and  
Alcohol Services  
717-905-2700  
877-893-3344  
295 State Drive, Elizabethtown

**PENN STATE HEALTH  
PEDIATRIC TRAUMA  
AND INJURY PREVENTION**

Only Level I pediatric trauma center serving the 10-county area of southcentral Pennsylvania. Manages children's serious, sudden injuries.  
717-531-8342

**PENNSYLVANIA STATE  
RESOURCE FAMILY  
ASSOCIATION**

Advocates for all those who care about children and their families.  
800-951-5151  
PO Box 60216, Harrisburg 17106  
[www.psrfa.org](http://www.psrfa.org)

**PRESSLEY RIDGE**

Programming helps to rebuild communities and families who are facing difficult challenges and complex situations.  
888-777-0820  
[www.pressleyridge.org](http://www.pressleyridge.org)



**RONALD MCDONALD  
HOUSE**

Keeps children and families together by providing temporary housing at no charge to out-of-town families of seriously ill children who are being treated at Penn State Children's Hospital.  
717-533-4001  
745 W. Governor Road, Hershey  
[www.rmhc-centralpa.org](http://www.rmhc-centralpa.org)

**SPECIAL KIDS NETWORK  
HELP PA**

(Pennsylvania Department of Health)  
Helps children and youth with special health care needs and disabilities get the services and support they require in order to thrive in their community and develop to their full potential.  
800-986-4550

**UNITED METHODIST HOME  
FOR CHILDREN INC.**

Provides community-based care services to youth and families in need in central and southeastern Pennsylvania. Youth ages 12-20 receive safe housing, emotional and educational support, food, clothing, medical and behavioral healthcare, counseling, and more in a family-like atmosphere.  
717-766-7652  
5120 Simpson Ferry Road  
Mechanicsburg  
[www.umhcservices.com](http://www.umhcservices.com)

**UPMC PINNACLEHEALTH  
CHILDREN AND TEEN  
CENTER**

717-782-4650  
2645 N. Third St., second floor,  
Harrisburg

**WIC**

A federally funded program that provides nutrition services, breastfeeding support, health care and social service referrals, and healthy foods.  
800-WIC-WINS (942-9467)  
[www.pawic.com](http://www.pawic.com)  
717-230-3979

**YORK COUNTY CHILDREN,  
YOUTH, AND FAMILIES**

717-846-8496  
800-729-922-7100  
W. Market St., Suite 402, York

**YOUTH ADVOCATE  
PROGRAMS, INC.**

One of the largest non-profit agencies providing exclusively non-residential, community-based programs.  
2007 N. Third St., Harrisburg  
717-232-7580  
[www.yapinc.org](http://www.yapinc.org)

## **CONSUMER PROTECTION**

(See also EMERGENCY HELP & HEATING ASSISTANCE)

### **BETTER BUSINESS BUREAU**

Harrisburg branch  
717-364-3250  
1337 N. Front St., Harrisburg  
[www.bbb.org](http://www.bbb.org)

### **COMMUNITY JUSTICE PROJECT**

Helps low-income consumers protect themselves from abusive practices by lenders, banks, debt collectors and others.  
800-322-7572  
717-236-9486  
118 Locust St., Harrisburg  
[www.communityjusticeproject.org](http://www.communityjusticeproject.org)

### **CONSUMER ADVOCATE**

Represents Pennsylvania consumers regarding matters of their utility service.  
800-684-6560  
Office of Consumer Advocate  
555 Walnut St., 5th Floor,  
Forum Place, Harrisburg  
[www.oca.state.pa.us](http://www.oca.state.pa.us)

## **FEDERAL TRADE COMMISSION**

Protects consumers and competition by preventing anticompetitive, deceptive, and unfair business practices through law enforcement, advocacy, and education without unduly burdening legitimate business.  
877-FTC-HELP (382-4357)  
[www.consumer.ftc.gov](http://www.consumer.ftc.gov)

## **FLOOD INSURANCE INFORMATION**

Help center  
National Flood Insurance Program  
800-427-4661  
[www.floodsmart.gov](http://www.floodsmart.gov)

## **PENNSYLVANIA ATTORNEY GENERAL'S OFFICE**

**Bureau of Consumer Protection**  
717-787-9707  
800-441-2555

### **Consumer Health Care Section**

Helps Pennsylvanians secure the treatment they need, aims to protect the public from unfair health care business practices, and helps shape Pennsylvania's policies in favor of the consumer.

**PENNSYLVANIA  
DEPARTMENT OF BANKING  
AND SECURITIES**

Regulates financial services and works to ensure consumers and businesses are well informed about the marketplace. Can file a complaint form online.

800-722-2657

[www.dobs.pa.gov](http://www.dobs.pa.gov)

**PENNSYLVANIA INSURANCE  
DEPARTMENT**

877-881-6388

[www.insurance.pa.gov](http://www.insurance.pa.gov)

**PENNSYLVANIA PUBLIC  
UTILITY COMMISSION  
(PUC)**

Balances the needs of consumers and utilities; ensures safe and reliable utility service at reasonable rates; protects the public interest; educates consumers to make independent and informed utility choices; furthers economic development;

and fosters new technologies and competitive markets in an environmentally sound manner  
Utility customer hotline

800-692-7380

400 North St., Keystone Building,  
Harrisburg

[www.puc.pa.gov](http://www.puc.pa.gov)

**TELEMARKETERS**

To register your phone number on the Do-Not-Call list at no cost:

[www.donotcall.gov](http://www.donotcall.gov)

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**DISABILITIES**

**THE ARC OF CUMBERLAND  
AND PERRY COUNTIES**

Mission is to empower, inspire and educate people with intellectual and developmental disabilities, their families, and the community.

717-249-2611

71 Ashland Ave., Carlisle

[www.cparc.org](http://www.cparc.org)

**THE ARC OF DAUPHIN  
COUNTY**

Mission is to enhance quality of life and community integration for individuals with special needs.

717-920-2727

2569 Walnut St., Penbrook

[www.arcofdc.org](http://www.arcofdc.org)

**BELL SOCIALIZATION  
SERVICES**

Mission is to provide an environment of support and empowerment where people can improve their quality of living.

717-848-5767

160 S. George Street, York

[www.bellsocialization.com](http://www.bellsocialization.com)

## **CENTER FOR INDEPENDENT LIVING OF CENTRAL PA**

Mission is to eliminate and prevent barriers that people with disabilities experience by providing ongoing advocacy and offering innovative programs and services.

717-731-1900

Living well hotline

877-865-4893

207 House Ave., Suite 107 Camp Hill

[www.cilcp.org](http://www.cilcp.org)

## **EASTER SEALS**

Western and Central Pennsylvania Provides exceptional programs and services to ensure that people with disabilities or other special needs and their families have equal opportunities to live, learn, work and play in their communities.

Eastern PA 610-289-0114

1501 Lehigh Street, Suite 201, Allentown

[www.easterseals.com/wcpenna](http://www.easterseals.com/wcpenna)

## **GOODWILL KEYSTONE AREA**

Works to support persons with disabilities and other barriers to independence in achieving their full potential as workers and as members of the broader community.

717-232-1831 [www.yourgoodwill.org](http://www.yourgoodwill.org)

800-432-GIVE

1150 Goodwill Drive, Harrisburg

## **KEYSTONE HUMAN SERVICES**

Mission is to act as a change agent, creating opportunities for growth and meaningful life choices so that all people

can be valued and contributing members of their communities.

717-232-7509

[www.keystonehumanservices.org](http://www.keystonehumanservices.org)

## **PARENT TO PARENT OF PENNSYLVANIA**

Links families of children and adults with disabilities or special needs.

717-540-4723

[www.parenttoparent.org](http://www.parenttoparent.org)

## **SPECIAL KIDS NETWORK HELP PA**

(Pennsylvania Department of Health)

Helps children and youth with special health care needs and disabilities get the services and support they require in order to thrive in their community and develop to their full potential.

800-986-4550

## **UNITED CEREBRAL PALSY CENTRAL PA**

Meets the needs of individuals of all ages with all types of disabilities and special needs, at every stage of life - from pediatric to geriatric.

717-737-3477

55 Utley Drive, Camp Hill

[www.ucpcentralpa.org](http://www.ucpcentralpa.org)

## **VISION RESOURCES OF CENTRAL PENNSYLVANIA**

Mission is to facilitate independence, enrich the quality of life, and empower individuals who are visually impaired or otherwise disabled through prevention, employment and educational awareness programs.

717-238-2531

1130 S. 19<sup>th</sup> St., Harrisburg

[www.vrocp.org](http://www.vrocp.org)

## **WORKS FOR ME**

A free resource that can direct you to

agencies and programs that help people with disabilities in Pennsylvania who want to work, and improve their financial security.

[www.worksforme-pa.org](http://www.worksforme-pa.org)

## **DRUG PROBLEMS**

(See also ALCOHOL PROBLEMS)

## **CONTACT HELPLINE**

Information and referral service  
800-932-4616

[www.contacthelpline.org](http://www.contacthelpline.org)

## **ADDICTION HOPE AND HELP LINE**

800-277-8616

## **ADVANCEMENT IN RECOVERY PROGRAM**

(Pennsylvania Psychiatric Institute)

Offers a comprehensive medication assisted treatment program for individuals struggling with opioid use disorder.

717-782-6844

2501 N. Third St., Harrisburg

## **BABY LOVE**

Provides free services designed to meet the physical, emotional, and social needs of individuals who are struggling with addictions.

Program is part of Hamilton Health Center.

866-530-2229

[www.babylove.hamiltonhealthcenter.com](http://www.babylove.hamiltonhealthcenter.com)

**BEHAVIORAL HEALTH  
TREATMENT SERVICES  
LOCATOR**

An on-line source of information for persons seeking treatment facilities in the United States or U.S. territories for substance abuse/addiction and/or mental health problems.  
800-662-4357

[www.findtreatment.samhsa.gov](http://www.findtreatment.samhsa.gov)

**COLONIAL PARK HOUSE**

Offers recovery residences for men and women.

717-825-5919

[www.colonialparkiop.com](http://www.colonialparkiop.com)

**DAUPHIN COUNTY  
DEPARTMENT OF DRUG &  
ALCOHOL SERVICES**

Serves those affected with substance abuse problems by providing high quality prevention, intervention and treatment services in Dauphin County.

717-635-2254

1100 S. Cameron St., Harrisburg

**DAYSTAR CENTER FOR  
SPIRITUAL RECOVERY**

A community based residential treatment facility for men with substance use disorders.

717-230-9898

125 N. 18<sup>th</sup> St., Harrisburg

[www.daystarrecovery.com](http://www.daystarrecovery.com)

**EVERGREEN HOUSE  
(Catholic Charities)**

Provides a safe, secure, nurturing environment for women recovering from addiction.

120 Willow Road, Suite B,

Harrisburg

717-412-4594

[www.cchbg.org](http://www.cchbg.org)

**GAUDENZIA-HARRISBURG**

Helps people affected by drug and alcohol dependency, mental illness and related conditions to achieve a better quality of life and become accountable individuals.

Gaudenzia Common Ground offers assessment and detoxification services at

3740 Chambers Hill Road,  
Harrisburg.

717-238-5553

[www.gaudenzia.org](http://www.gaudenzia.org)

**JUST FOR TODAY  
RECOVERY VETERANS  
SUPPORT SERVICES**

Provides safe, structured and compassionate housing for those seeking recovery, as well as providing addiction education and advocacy for the recovery community in central Pennsylvania.

717-695-6253

300 Market St., Lemoyne

[www.jft-rvss.org](http://www.jft-rvss.org)

## **NARCOTICS ANONYMOUS**

To find a meeting.

[www.na.org](http://www.na.org)

## **NAR-ANON FAMILY GROUP**

A 12-step program for families and friends of addicts. Meeting information:

[www.nar-anon.org](http://www.nar-anon.org)

## **OPIOID PROBLEMS**

Pennsylvania helpline  
800-662-HELP (4357)

Also:

[www.overdosefreepa.pitt.edu](http://www.overdosefreepa.pitt.edu)

## **PENNSYLVANIA DEPARTMENT OF DRUG AND ALCOHOL PROGRAMS.**

Mission is to engage, coordinate and lead the Commonwealth of Pennsylvania's effort to prevent and reduce drug, alcohol and gambling addiction and abuse; and to promote recovery, thereby reducing the human and economic impact of the disease.

800-662-HELP

[www.ddap.pa.gov](http://www.ddap.pa.gov)

## **PERRY HUMAN SERVICES**

Offers drug and alcohol assessment services and referrals for treatment.

717-582-8703

Mulhollem Office Centre  
8391 Spring Road, New  
Bloomfield

[www.perryhumanservices.org](http://www.perryhumanservices.org)

## **THE RASE PROJECT**

Mission is to assist all those individuals affected by substance use issues, problems and concerns by fostering progress, enriching lives, and ultimately enhancing the recovery process.

717-232-8535

100 N. Cameron St.,  
Suite 401-E, Harrisburg

[www.raseproject.org](http://www.raseproject.org)

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## **EATING DISORDERS**

### **CONTACT HELPLINE**

Information and referral service  
800-932-4616

[www.contacthelpline.org](http://www.contacthelpline.org)

### **FOOD ADDICTS ANONYMOUS**

[www.foodaddictsanonymous.org](http://www.foodaddictsanonymous.org)

717-878-9657

### **NATIONAL ASSOCIATION OF ANOREXIA NERVOSA AND ASSOCIATED DISORDERS**

ANAD is the oldest organization aimed at fighting eating disorders in the United States. ANAD assists people struggling with eating disorders and also provides resources for families, schools and the eating disorder community.

630-577-1330

[www.anad.org](http://www.anad.org)

## **NATIONAL EATING DISORDERS ASSOCIATION**

Supports individuals and families affected

by eating disorders, and serves as a catalyst for prevention, cures and access to quality care.

800-931-2237

[www.nationaleatingdisorders.org](http://www.nationaleatingdisorders.org)

## **OVEREATERS ANONYMOUS**

Primary purpose is to abstain from compulsive eating and compulsive food behaviors and to carry the message of recovery through the Twelve Steps of

OA to those who still suffer.

[www.oa.org](http://www.oa.org)

505-891-2664

## **PENN STATE HERSHEY EATING DISORDERS PROGRAM**

Offers a full range of treatment for children, teens and adults with eating disorders, including anorexia nervosa (very low weight, fear of gaining weight and/or starvation); bulimia nervosa (binge eating followed by forced vomiting or extreme exercise); and related eating disorders.

717-531-2099

## **EDUCATION FOR ADULTS**

(See also MENTORING)

## **CENTRAL PENNSYLVANIA LITERACY COUNCIL**

Committed to improving the literacy of all adults in Cumberland and Dauphin counties.

717-763-7522

225 Hummel Ave., Lemoyne

[www.cplc-adultliteracy.blogspot.com](http://www.cplc-adultliteracy.blogspot.com)

## **EMPLOYMENT SKILLS CENTER**

Helps people achieve personal growth and job betterment through education and training.

717-243-6040

29 S. Hanover Street, Carlisle

[www.employmentskillscenter.org](http://www.employmentskillscenter.org)

## **LITERACY COUNCIL OF LANCASTER-LEBANON**

Provides opportunities for lifelong learning and learning for life.

243 Schneider Drive, Lebanon

717-274-2554

407 Lafayette St., Lancaster

717-295-5523

[www.getliterate.org](http://www.getliterate.org)



## **PENN STATE EXTENSION OFFICES**

A modern educational organization dedicated to delivering science-based information to people, businesses, and communities.

Cumberland County

717-240-6500

Dauphin County

717-921-8803

Lancaster County

717-394-6851

Lebanon County

717-270-4391

Perry County

717-582-5150

York County

717-840-7408

[www.extension.psu.edu](http://www.extension.psu.edu)

## **PENNSYLVANIA COMMONWEALTH WORKFORCE DEVELOPMENT SYSTEM**

Provides access to Pennsylvania workforce development and independent living services

provided by the Departments of Labor & Industry and Human Services.

Capitol Region:

717-783-3270 [www.cwds.pa.gov](http://www.cwds.pa.gov)

100 N. Cameron St., Suite 101,  
Harrisburg

717-243-4431

1 Alexandra Court, Carlisle

## **PERRY COUNTY LITERACY COUNCIL**

Mission is to provide educational programs for Perry County residents and their families that will enable them to better function as productive, responsible citizens.

133 S. Fifth St., Newport

717-567-7323

866-781-7323

[www.perryliteracy.com](http://www.perryliteracy.com)

## **PROBE (Potential Reentry Opportunities in Business and Education)**

Offers career development and financial literacy programs to help participants build self-esteem and achieve economic self-sufficiency. Tri-county office (Dauphin, Cumberland and Perry counties): 717-939-2260

Lebanon office (also serves western Berks County): 717-273-2090

[www.probepa.org](http://www.probepa.org)

## **TRI-COUNTY COMMUNITY ACTION**

In Self-Sufficiency Program, clients are paired with case managers who will help to set goals, identify challenges, and map a course to success, all while focusing on strengths and skill building along the way.

717-232-9757

1514 Derry Street, Harrisburg

[www.cactricounty.org](http://www.cactricounty.org)

**TRI-COUNTY OIC ADULT  
LEARNING CENTER**

Offers recruitment, outreach, basic literacy skills, training, vocational skills training, job development, counseling, and placement services to hundreds of students each year.

717-238-7318

500 Maclay St., Harrisburg

[www.tricountyoic.org](http://www.tricountyoic.org)

**YORK COUNTY LITERACY  
COUNCIL**

Literacy services for adults

717-845-8719

1416 6<sup>th</sup> Avenue, York

[www.yorkliteracy.org/public](http://www.yorkliteracy.org/public)

**YW-WORKS EMPLOYMENT  
PROGRAM**

(YWCA of Greater Harrisburg)

Offers skills assessment, training and help with attaining employment

717-234-7931

1101 Market St., Harrisburg

[www.ywcabhg.org](http://www.ywcabhg.org)

**EMERGENCY HELP**

(See also CONSUMER PROTECTION, HEATING ASSISTANCE, MENTAL HEALTH AND SHELTERS)

**AMERICAN RED CROSS OF  
THE SUSQUEHANNA  
VALLEY**

866-311-3832

1804 N. Sixth St., Harrisburg

[www.redcross.org](http://www.redcross.org)

**CONTACT HELPLINE**

Information and referral service  
800-932-4616

[www.contacthelpline.org](http://www.contacthelpline.org)

**COUNTY ASSISTANCE  
OFFICES**

Cumberland County

800-269-0173

33 Westminster Drive, Carlisle

Dauphin County

800-788-5616

2432 N. Seventh St., Harrisburg

Lancaster County

717-299-7411

832 Manor St., Lancaster

Lebanon County

800-229-3926

625 S. Eighth St., Lebanon

Perry County

800-991-1929

100 Centre Drive, New Bloomfield

York County

800-991-0929

130 N. Duke St., York

## **CRISIS INTERVENTION SERVICES**

(Dauphin County)

24-hour emergency mental health services.

888-596-4447

717-232-7511

100 Chestnut St., Harrisburg

## **CRISIS INTERVENTION SERVICES**

(Cumberland/Perry counties)

Provides psychiatric or mental health emergency assistance, 24 hours a day, 7 days a week.

717-763-2222

717-243-6005

All other areas, 866-350-HELP(4357)

## **HELP MINISTRIES OF CHRISTIAN CHURCHES UNITED**

Emergency services include food referrals, emergency shelter, rent assistance, home heating fuel, PPL assistance, travel and prescription assistance, and clothing referrals.

717-238-2851

413 S. 19th Street, Harrisburg

[www.ccuahg.org](http://www.ccuahg.org)

## **LIHEAP**

Pennsylvania Low Income Home Energy Assistance Program Hotline.

Offers financial help to households suffering from heating crises.

866-857-7095

Can apply for benefits online at [www.compass.state.pa.us](http://www.compass.state.pa.us)

## **NATIONAL COALITION FOR HOMELESS VETERANS**

Resource and technical assistance center for a national network of community-based service providers and local, state and federal agencies that provide emergency and supportive housing, food, health services, job training and placement assistance, legal aid and case management support for hundreds of thousands of homeless veterans.

877-424-3838 (24/7 crisis hotline)  
[www.nchv.org](http://www.nchv.org)

## **NEW DIGS MINISTRY**

Assists those who are disadvantaged when making life's most sensitive decisions. Need a referral.

Open 9 a.m. to 12 p.m., Monday, Wednesday, Friday; and 9 a.m. to 12 p.m. second Saturday of month.  
717-620-9735

5 Pleasant View Drive,  
Mechanicsburg

[www.newdigsministry.org](http://www.newdigsministry.org)

## **NEW HOPE MINISTRIES**

Provides a variety of assistance for families in the Dillsburg, Dover, Hanover, Mechanicsburg, New Oxford and the West Shore.

99 W. Church St., Dillsburg  
(administrative office)  
717-432-2087

[www.nhm-pa.org](http://www.nhm-pa.org)

**PENNSYLVANIA  
DEPARTMENT OF HUMAN  
SERVICES**

[www.dhs.pa.gov](http://www.dhs.pa.gov)

**PENNSYLVANIA  
TEMPORARY ASSISTANCE  
FOR NEEDY FAMILIES**

Designed to help needy families  
achieve self-sufficiency.

800-692-7462

**VICKIE'S ANGEL  
FOUNDATION**

Helps families fighting cancer who  
have difficulties paying their bills  
during the challenging times of  
undergoing cancer treatments.

717-774-3800

[www.vickiesangelfoundation.org](http://www.vickiesangelfoundation.org)

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**ETHNIC/RACIAL  
DISCRIMINATION  
OR INTIMIDATION**

**ANTI-DEFAMATION  
LEAGUE**

Mission is to stop the defamation  
of Jewish people, and to secure  
justice and fair treatment for all.

[www.adl.org](http://www.adl.org)

**COMMUNITY JUSTICE  
PROJECT**

Works to protect the Constitutional  
rights of all people.

800-322-7572

717-236-9486

118 Locust St., Harrisburg

[www.communityjusticeproject.org](http://www.communityjusticeproject.org)

**FAIR HOUSING COUNCIL OF  
THE CAPITAL REGION INC.**

Mission is to provide  
comprehensive services that  
affirmatively address and promote  
fair housing rights and further  
other housing opportunities for all  
persons without regard to race,  
color, national origin, religion, sex,  
family status, presence of children,  
disability, ancestry, marital status  
or other arbitrary factors.

717-238-9540

2100 N. Sixth St., Harrisburg

[www.pafairhousing.org](http://www.pafairhousing.org)

**PENNSYLVANIA HUMAN  
RELATIONS COMMISSION**

Promotes equal opportunity for all  
and enforces Pennsylvania's civil  
rights laws that protect people  
from unlawful discrimination.

333 Market St., eighth floor,

Harrisburg

717-787-4410

717-787-9780

TTY 717-787-7279

[www.phrc.pa.gov](http://www.phrc.pa.gov)

## **FOOD ASSISTANCE**

**For additional information,  
contact CENTRAL PA FOOD  
BANK at  
717-564-1700 or find a location  
near you under partner agencies  
tab at**

[www.centralpafoodbank.org](http://www.centralpafoodbank.org).

3908 Corey Road  
Harrisburg, PA 17109  
717.564.1700  
3301 Wahoo Drive  
Williamsport, PA 17701  
570.321.8023

### **SNAP/FOOD STAMPS HOTLINE**

877-999-54964

Provides households with SNAP  
(Food Stamp) application  
assistance through a toll-free  
confidential bilingual helpline.

[www.centralpafoodbank.org/SNAP](http://www.centralpafoodbank.org/SNAP)

### **Food Pantries and/or Soup Kitchens**

#### **DOWNTOWN DAILY BREAD Soup Kitchen**

310 N. THIRD ST.  
HARRISBURG, PA 17101  
(717)238-4717

#### **BETHESDA MISSION OF HARRISBURG - Soup Kitchen**

611 Reily Street  
HARRISBURG, PA 17102  
(717)257-4440

#### **ST. FRANCIS OF ASSISI CHURCH - Multi-Service Program**

1453 ZARKER STREET  
HARRISBURG, PA 17104  
(717)232-1003

#### **THE SALVATION ARMY FAMILY SERVICES - Multi- Service Program**

506 S. 29th St.  
HARRISBURG, PA 17104  
(717)233-6755

#### **NEW JERUSALEM OUTREACH MINISTRIES - Soup Kitchen**

219 LOCUST  
STREETSTEELTON, PA 17113  
(717)985-9684

#### **ISAIAH 61 MINISTRIES – Soup Kitchen**

36 JACOBS CHURCH ROAD  
HALIFAX, PA 17032  
(717)827-3518

#### **ST. PAUL'S EVANGELICAL LUTHERAN MEAL PROGRAM - Soup Kitchen**

324 NORTH STREET  
MILLERSBURG, PA 17061  
(717)692-2141

#### **ECUMENICAL FOOD PANTRY - Pantry**

901 N. SIXTH STREET  
HARRISBURG, PA 17102  
(717)233-6889

**M28MINISTRY EMERGENCY  
FOOD PANTRY - Pantry**  
32 SOUTH FRONT STREET  
WORMLEYSBURG, PA 17043  
(717)610-4645

**TABERNACLE BAPTIST  
CHURCH - Pantry**  
1106 CAPITAL ST  
HARRISBURG, PA 17102  
(717)236-1774

**FOUNTAIN GATE CHURCH  
& MINISTRIES - Pantry**  
1419 DERRY STREET  
HARRISBURG, PA 17104  
(717)232-0247

**ST. FRANCIS OF ASSISI  
CHURCH - Multi-Service  
Program**  
1453 ZARKER STREET  
HARRISBURG, PA 17104  
(717)232-1003

**ALLISON HILL COMMUNITY  
MINISTRY - Pantry**  
1508 DERRY STREET  
HARRISBURG, PA 17104  
(717)238-2030

**HILLSIDE SEVENTH DAY  
ADVENTIST - Pantry**  
1300 HERR STREET  
HARRISBURG, PA 17103  
(717)236-3111

**HEINZ MENAKER SENIOR  
CENTER - Pantry**  
124 N 4TH STREET  
HARRISBURG, PA 17102  
(717)238-7860

**FAITH TEMPLE C.O.G.I.C -  
Pantry**  
1708 DERRY STREET  
HARRISBURG, PA 17104  
(717)585-0885

**FULL HARVEST MINISTRIES  
- Pantry**  
1416 CUMBERLAND STREET  
HARRISBURG, PA 17103  
(717)514-7992

**NORTH 17TH STREET CH OF  
GOD - Pantry**  
615 NORTH 17TH STREET  
HARRISBURG, PA 17103  
(717)233-2284

**GRACE HOUSE MINISTRIES  
- Pantry**  
1125 SOUTH 16TH STREET  
HARRISBURG, PA 17104  
(717)238-1819

**KINGDOM EMBASSY, INC. -  
Pantry**  
2111 NORTH 4TH STREET  
HARRISBURG, PA 17110  
(717)236-8600

**ST. PAUL MISSIONARY  
BAPTIST CHURCH - Pantry**  
1201 N 17TH STREET  
HARRISBURG, PA 17103  
(717)234-0037

**OUR LADY OF THE BLESSED  
SACRAMENT - Pantry**  
2121 NORTH THIRD STREET  
HARRISBURG, PA 17110  
(717)233-1014

**ANTIOCH TABERNACLE -  
Pantry**  
1920 NORTH STREET (Rear)  
HARRISBURG, PA 17103  
(717)233-8231

**HARRISBURG BRETHERN IN  
CHRIST - Pantry**  
2217 DERRY STREET  
HARRISBURG, PA 17104  
(717)561-2170

**STOP THE VIOLENCE -  
Pantry**  
1678 SOUTH CAMERON  
STREET  
HARRISBURG, PA 17104  
(717)236-2444

**MANNA FOOD PANTRY -  
Pantry**  
**PENBROOK UNITED  
CHURCH OF CHRIST**  
HARRISBURG, PA 17103  
(717)602-5835

**THE SALVATION ARMY  
FAMILY SERVICES - Multi-  
Service Program**  
506 S. 29th St.  
HARRISBURG, PA 17104  
(717)233-6755

**GREATER ZION  
MISSIONARY BAPTIST  
CHURCH - Pantry**  
212 N PROGRESS AVENUE  
HARRISBURG, PA 17109  
(717)541-0388

**REDEEMED CHRISTIAN  
CHURCH OF GOD-LIVING  
SPRING - Pantry**  
3600 VARTAN WAY  
HARRISBURG, PA 17110  
(717)671-1539

**GRANTVILLE AREA FOOD  
PANTRY - Pantry**  
GRANTVILLE FAITH UCC  
(717)469-2444

**MIDDLETOWN INTERFAITH  
PANTRY - Pantry**  
201 WYOMING STREET  
MIDDLETOWN, PA 17057  
(717)944-5668

**FOUNTAIN OF LIFE  
MINISTRIES, INC - Pantry**  
290 NEWBERRY ROAD  
MIDDLETOWN, PA 17057  
(717)944-4455

**GLAD TIDINGS ASSEMBLY  
OF GOD - Pantry**  
190 FULLING MILL ROAD  
MIDDLETOWN, PA 17057  
(717)944-1042

**HUMMELSTOWN  
COMMUNITY MINISTERIUM  
- Pantry**  
100 WEST MAIN STREET  
HUMMELSTOWN, PA 17036  
(717)566-2589

**EVANGELICAL FREE  
CHURCH OF HERSHEY -  
Pantry**  
330 HILLTOP ROAD  
HUMMELSTOWN, PA 17036  
(717)533-4848

**HERSHEY FOOD BANK &  
COMMUNITY OUTREACH -  
Pantry**  
120 EAST DERRY ROAD  
HERSHEY, PA 17033  
(717)520-3143

**MILLERSBURG AREA  
SENIOR CENTER - Pantry**  
109 EDWARD DRIVE  
MILLERSBURG, PA 17061  
(717)692-2657

**ST. PAUL'S EVANGELICAL  
LUTHERAN - Pantry**  
324 NORTH STREET  
MILLERSBURG, PA 17061  
(717)692-2141

**FEED MY SHEEP - Pantry  
ZION LUTHERAN CHURCH**  
DAUPHIN, PA 17018  
(717)877-0964

**NORTHERN DAUPHIN FOOD  
PANTRY - Pantry**  
NO. DAUPHIN HUMAN  
SERVICES CENTER  
295 State Drive  
ELIZABETHVILLE, PA 17023  
(717)905-2512



## **GAMBLING PROBLEMS**

### **COUNCIL ON COMPULSIVE GAMBLING IN PENNSYLVANIA**

Purpose is to educate and disseminate information on compulsive gambling and to facilitate referrals.

800-848-1800

### **GAMBLERS ANONYMOUS** 855-222-5542

[www.gamblersanonymous.org](http://www.gamblersanonymous.org)

### **NATIONAL COUNCIL ON PROBLEM GAMBLING**

800-522-4700

[www.ncpgambling.org](http://www.ncpgambling.org)

### **PENNSYLVANIA GAMBLING ADDICTION HOTLINE**

800-GAMBLER 800-426-2537

## **GAY/LESBIAN AND RELATED ORGANIZATIONS**

### **ALDER HEALTH SERVICES**

Improves the health and well-being of individuals living with HIV/AIDS and members of the LGBTQ community by providing a culturally competent and affirming environment.

717-233-7190

100 N. Cameron St., Suite 201,  
Harrisburg

[www.alderhealth.org](http://www.alderhealth.org)

### **KEYSTONE BUSINESS ALLIANCE - CENTRAL PENNSYLVANIA'S LGBT CHAMBER OF COMMERCE**

Committed to expanding the economic interest of LGBT-owned and allied businesses through advocacy, education and partnerships with the local business community.

3211 N. Front St. Suite 201  
Harrisburg,

[www.cpglcc.org](http://www.cpglcc.org)

### **LGBT NATIONAL HOTLINE**

Serves callers of all ages

888-843-4564

## **LGBT CENTER OF CENTRAL PENNSYLVANIA**

Missions is to foster inclusive community and holistic well-being for LGBTQ people through social, educational and cultural engagement.

717-920-9534

1306 N. Third St., Harrisburg

[www.centralpalgbtcenter.org](http://www.centralpalgbtcenter.org)

## **PENNSYLVANIA YOUTH CONGRESS**

Pennsylvania's first and only statewide LGBTQ youth advocacy organization.

717-743-1035

413 Walnut St., Harrisburg

[www.payouthcongress.org](http://www.payouthcongress.org)

## **TRANSCENTRALPA**

Committed to providing advocacy and caring support for transgender individuals, their significant others, families, friends and allies.

717-831-8142 (care line)

[www.transcentralpa.org](http://www.transcentralpa.org)

## **THE TREVOR PROJECT**

Leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people under 25.

866-488-7386

[www.thetrevorproject.org](http://www.thetrevorproject.org)

## **HEATING ASSISTANCE**

(See also CONSUMER PROTECTION & EMERGENCY HELP)

### **ADAMS COUNTY ASSISTANCE OFFICE**

225 S. Franklin St. Gettysburg

800-638-6816

717-334-6241

### **COMPASS**

An online application for Pennsylvanians to apply for LIHEAP (heating assistance).

[www.compass.state.pa.us](http://www.compass.state.pa.us)

### **CUMBERLAND COUNTY ASSISTANCE OFFICE**

800-269-0173

717-240-2700

33 Westminster Drive, Carlisle

### **DAUPHIN COUNTY ASSISTANCE OFFICE**

800-788-5616

717-787-2324

2432 N. Seventh St., Harrisburg

### **HELP MINISTRIES OF CHRISTIAN CHURCHES UNITED**

Administers PPL's regional energy assistance program.

717-238-2851

413 S. 19th Street, Harrisburg

[www.ccuahg.org](http://www.ccuahg.org)

**JOIN HANDS MINISTRY**

A collaborative community outreach program providing direction, intervention and support to persons facing a variety of daily living challenges in Perry County.

717-582-7844

51 S. Church St., New Bloomfield

[www.joinhands.help](http://www.joinhands.help)

**LANCASTER COUNTY  
ASSISTANCE OFFICE**

832 Manor Street Lancaster

717-299-7411

**LEBANON COUNTY  
ASSISTANCE OFFICE**

625 S. Eighth Street Lebanon

717-270-3600

800-229-3926

**LEBANON COUNTY  
CHRISTIAN MINISTRIES**

Provides assistance with heating energy, whether it be heating oil or another heating source such as coal, wood or natural gas.

717-272-4400

[www.lccm.us](http://www.lccm.us)

**LIHEAP**

Pennsylvania Low Income Home Energy Assistance Program helps low-income families pay their heating bills.

Hotline:

866-857-7095

**NEW HOPE MINISTRIES**

Provides utility assistance for people in Dillsburg, Dover, Hanover, New Oxford and Mechanicsburg/West Shore areas.  
717-432-2087

[www.nhm-pa.org](http://www.nhm-pa.org)

**PENNSYLVANIA PUBLIC  
UTILITY COMMISSION  
(PUC)**

Balances the needs of consumers and

utilities; ensures safe and reliable utility service at reasonable rates; protects the public interest;

educates consumers to make independent and informed utility choices; furthers economic development;

and fosters new technologies and competitive markets in an environmentally sound manner.

800-692-7380

400 North St., Keystone Building,  
Harrisburg

[www.puc.state.pa.us](http://www.puc.state.pa.us)

## **TRI-COUNTY COMMUNITY ACTION**

Offers PPL OnTrack program to qualified PPL customers. Benefits include a reduced monthly payment for service, cancellation of a portion of debt owed for every on-time payment, and referrals for energy education and weatherization services.

717-237-9757

1514 Derry Street, Harrisburg

[www.cacatricounty.org](http://www.cacatricounty.org)

## **UGI**

Operation Share Energy Fund provides energy assistance grants to qualified customers who experience difficulty paying their heating bills.

800-276-2722

[www.ugi.com](http://www.ugi.com)

## **UPPER DAUPHIN HUMAN SERVICES CENTER**

717-453-9352

517 Main St., Lykens

[www.upperdauphinhumanservices.com](http://www.upperdauphinhumanservices.com)

## **HISPANIC COMMUNITY**

### **CENTRO HISPANO JOSE E. HERNANDEZ**

Assists Hispanic community in York.

717-846-9434

225 E. Princess St., York

### **HISPANIC CHAMBER OF COMMERCE OF CENTRAL PENNSYLVANIA**

Assists, supports, promotes, and advocates on behalf of Hispanic businesses in the central Pennsylvania area (Dauphin, Cumberland, Lancaster, York, and Perry Counties).

717-234-2222

### **LATINO HISPANIC AMERICAN COMMUNITY CENTER**

Mission is to empower, promote, and advocate for the Latino Hispanic American community of the greater Harrisburg area.

717-232-8302

1301 Derry St., Harrisburg

[www.lhacc.org](http://www.lhacc.org)

## **SPANISH AMERICAN CIVIC ASSOCIATION**

Mission is to foster and perpetuate the cultural, social and economic well-being of Latinos residing in the City and County of Lancaster.

717-397-6267

453 Lime St., Lancaster

[www.sacapa.org](http://www.sacapa.org)

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## **HOUSING/SHELTERS**

### **BELL SOCIALIZATION SERVICES**

Assists individuals with their efforts to secure and maintain safe and affordable permanent housing in the community. Services include help to obtain housing, assistance with budgeting, and building basic living skills to successfully live independently.

717-848-5767

160 S. George St., York

[www.bellsocialization.com](http://www.bellsocialization.com)

### **BETHESDA MISSION**

Operates a shelter in Harrisburg for homeless men.

717-257-4442

611 Reily St., Harrisburg

[www.bethesdamission.org](http://www.bethesdamission.org)

## **BRETHREN HOUSING ASSOCIATION**

Mission is to help individuals and families who are experiencing homelessness achieve their potential with stable housing, supportive services and loving relationships.

717-233-6016

219 Hummel St., Harrisburg

[www.bha-pa.org](http://www.bha-pa.org)

### **BRIDGE OF HOPE HARRISBURG AREA**

Vision is a Harrisburg area where no family is homeless.

717-635-5957

[www.harrisburg.bridgeofhopeinc.org](http://www.harrisburg.bridgeofhopeinc.org)

### **CAPITAL AREA COALITION ON HOMELESSNESS**

Comprises more than 70 organizations, agencies, churches and other non-profits, to mobilize resources to help families and friends who are homeless or are dangerously close to becoming homeless.

717-255-6587

10 N. Second St., Suite 405,  
Harrisburg

[www.cachpa.org](http://www.cachpa.org)

**COMMUNITY JUSTICE  
PROJECT**

Represents people who have been denied housing due to race, sex, national origin, family size, and other reasons.

800-322-7572

717-236-9486

118 Locust St., Harrisburg

[www.communityjusticeproject.org](http://www.communityjusticeproject.org)

**CUMBERLAND COUNTY  
HOUSING AND  
REDEVELOPMENT  
AUTHORITIES**

717-249-1315

866-683-5907

114 N. Hanover Street, Carlisle

[www.cchra.com](http://www.cchra.com)

**DAUPHIN COUNTY  
HOUSING AUTHORITY**

717-939-9301

501 Mohn Street Steelton

[www.dauphinhousing.org](http://www.dauphinhousing.org)

**FAIR HOUSING COUNCIL OF  
THE CAPITAL REGION INC.**

Mission is to provide comprehensive services that affirmatively address and promote fair housing rights and further other housing opportunities for all persons without regard to race, color, national origin, religion, sex, family status, presence of children, disability, ancestry, marital status or other arbitrary factors.

717-238-9540

[www.pafairhousing.org](http://www.pafairhousing.org)

2100 N. Sixth St., Harrisburg

**FAMILY PROMISE OF  
HARRISBURG CAPITAL  
REGION**

Mission is to empower families through relationships and skill building to move from homelessness to home.

717-737-1100

56 Erford Road, Camp Hill

[www.familypromisehr.org](http://www.familypromisehr.org)

**HABITAT FOR HUMANITY  
OF THE GREATER  
HARRISBURG AREA**

717-545-7299

900 S. Arlington Ave., #131A,  
Harrisburg

[www.harrisburghabitat.org](http://www.harrisburghabitat.org)

**HARRISBURG CENTER FOR  
PEACE AND JUSTICE**

(Pennsylvania Coalition to End  
Homelessness)

717-233-3072

315 Peffer Street, Harrisburg

**HARRISBURG HOUSING  
AUTHORITY**

717-232-6781

[www.harrisburghousing.org](http://www.harrisburghousing.org)

**HELP MINISTRIES OF  
CHRISTIAN CHURCHES  
UNITED**

Helps households under threat of  
eviction to resolve situations and  
stay in their housing, thereby  
reducing stress and trauma for all  
involved.

717-238-2851

413 S. 19th Street, Harrisburg

[www.ccuhb.org](http://www.ccuhb.org)

**HOUSING ALLIANCE OF  
PENNSYLVANIA**

A statewide coalition working to  
provide leadership and a common  
voice for policies, practices and  
resources to ensure that all  
Pennsylvanians, especially those  
with low incomes, have access to  
safe, decent and affordable homes.  
Harrisburg office

717-909-2006

610 N. Third St., Harrisburg

[www.housingalliancepa.org](http://www.housingalliancepa.org)

**LIFEPATH CHRISTIAN  
MINISTRIES**

Offers emergency shelter for men  
and women.

717-845-7662

363-373 West Market Street, York

[www.lifepathyork.org](http://www.lifepathyork.org)

**PAXTON MINISTRIES**

Provides affordable housing and  
support services to adults who may  
be challenged with poverty, mental  
illness, or intellectual disabilities.

717-236-5508

2001 Paxton St., Harrisburg

[www.paxtonmin.org](http://www.paxtonmin.org)

**PENNSYLVANIA HOUSING  
FINANCE AGENCY**

Works to provide affordable  
homeownership and rental  
apartment options for senior  
adults, low- and moderate-income  
families, and people with special  
housing needs.

855-827-3466 (Customer  
Solutions Center)

211 N. Front St., Harrisburg

[www.phfa.org](http://www.phfa.org)

**TRI-COUNTY COMMUNITY  
ACTION**

Offers classes on renting, home  
purchasing, credit and credit  
repair, and one-on-one counseling  
for mortgage and foreclosure  
assistance.

717-232-9757

1514 Derry Street, Harrisburg

[www.cactricounty.org](http://www.cactricounty.org)

**UNITED METHODIST HOME  
FOR CHILDREN INC.**

Provides community-based care services to youth and families in need in central and southeastern Pennsylvania. Youth ages 12-20 receive safe housing, emotional and educational support, food, clothing, medical and behavioral healthcare, counseling, and more in a family-like atmosphere.

717-766-7652

5120 Simpson Ferry Road

Mechanicsburg

[www.umh.org](http://www.umh.org)

**SHELTERS**

**Cifelli House**

1422 Market Street

Harrisburg, PA 17103

(717) 991-2649

**Lighthouse Outreach Center of  
Harrisburg**

1839 Market Street

Harrisburg, PA 17103

(717) 236-0735

**Shalom House**

9 South 15th Street

Harrisburg, PA 17104

(717) 232-3482

**Sound Community Solutions  
(SCS, Inc.)**

2001 North Front Street

Building 2, Suite 321

Harrisburg, PA 17109

(717) 961-9740

**Love Inc of Greater Hershey**

245 East Derry Road

Hershey, PA 17033

(717) 835-0101

**Salvation Army Adult  
Rehabilitation Center**

(717) 541-0203

**YWCA Greater Harrisburg**

1101 Market Street

Harrisburg, PA 17103

(717) 234-7931

**Bethesda Mission**

611 Reily Street

Harrisburg, PA 17102

(717) 257-4440

**Bethesda Mission - Women and  
Children's Shelter**

818 North 20th Street

Harrisburg, PA 17103

(717) 257-4447

**Shalom House - Emergency  
Shelter-Women and Children**

9 South 15th Street

Harrisburg, PA 17104

(717) 232-3482

**Catholic Charities - Interfaith  
Shelter for Homeless Families**

120 Willow Road

Suite B

Harrisburg, PA 17109

(717) 652-8740



**Downtown Daily Bread, Shelter**  
234 South Street  
Top Floor  
Harrisburg, PA 17101  
(717) 238-4717

**Safe Haven**  
1805 N. 12th Street, Harrisburg  
717-232-5029

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## **IMMIGRATION AND REFUGEE SERVICES**

**BETHANY CHRISTIAN  
SERVICES OF LANCASTER**  
Connects refugee and immigrant  
families with churches and  
community resources to help them  
adjust to their new life in the U.S.  
717-399-3213  
[www.bethany.org/lancaster](http://www.bethany.org/lancaster)

**CATHOLIC CHARITIES,  
IMMIGRATION & REFUGEE  
SERVICES**  
Works with state and federal  
governments to resettle refugees,  
helping them adjust to new lives  
and newfound freedom.  
717-232-0568  
939 East Park Drive, Suite 102,  
Harrisburg  
[www.cchbg.org](http://www.cchbg.org)

**COMMUNITY JUSTICE  
PROJECT**  
Provides assistance for immigrants  
regardless of their immigration  
status or country of origin.  
800-322-7572  
717-236-9486  
118 Locust St., Harrisburg  
[www.communityjusticeproject.org](http://www.communityjusticeproject.org)

**INTERNATIONAL SERVICE  
CENTER**  
Mission is to promote, support and  
implement educational, cultural,  
social, and economic programs to  
serve the disadvantaged and  
underprivileged people, that will  
enable them to become self-  
supporting and productive  
members of our pluralistic society.  
717-236-9401  
21 S. River St., Harrisburg  
[www.isc76.org](http://www.isc76.org)

**PENNSYLVANIA  
IMMIGRANT & REFUGEE  
WOMEN'S NETWORK**  
Created to honor and enhance the  
lives of refugee and immigrant  
women in Pennsylvania.  
717-980-3888  
2101 N. Front St., Governors Plaza  
North 2, Harrisburg  
[www.pairwn.org](http://www.pairwn.org)

**PENNSYLVANIA  
IMMIGRATION RESOURCE  
CENTER**

Works to provide access to justice for vulnerable immigrants in detention and in the community through legal services, education and advocacy.

717-600-8099

294 Pleasant Acres Road, Suite 202, York.

[www.pirclaw.org](http://www.pirclaw.org)

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**LEGAL AID**

**AMERICAN CIVIL  
LIBERTIES UNION**

South Central PA Chapter

717-238-2258

PO Box 11761, Harrisburg, 17108

[www.aclupa.org](http://www.aclupa.org)

**PBA LAWYER REFERRAL  
SERVICE**

800-932-0311

[www.pabar.org](http://www.pabar.org)

**PA LAW HELP**

A guide to legal information and free civil legal services for low-income persons and seniors in Pennsylvania.

[www.palawhelp.org](http://www.palawhelp.org)

**MIDPENN LEGAL SERVICES**

Provides high quality free civil legal services to low-income residents and survivors of domestic violence and sexual assault in 18 counties in Central Pennsylvania.

Harrisburg office:

213-A N. Front St., Harrisburg

717-234-0492

Carlisle office:

401 E. Louthier St., Suite 103,  
Carlisle

717-243-9400

800-822-5288

Lancaster office:

38 N. Christian St., Suite 200,  
Lancaster

800-732-0025

717-299-0971

Lebanon office:

1150 Chestnut St., Suite 1

Lebanon

717-274-2834

York office:

29 N. Queen St., York

717-848-3605

[www.midpenn.org](http://www.midpenn.org)

## **MEDICAL**

(See also AIDS, BREAST CANCER, EATING DISORDERS, MENTAL HEALTH, POISON)

### **ADVANCEMENT IN RECOVERY PROGRAM**

(Pennsylvania Psychiatric Institute)

Offers a comprehensive medication assisted treatment program for individuals struggling with opioid use disorder.

717-782-6844

2501 N. Third St., Harrisburg

### **AMERICAN CANCER SOCIETY HOPE LODGE OF CENTRAL PENNSYLVANIA**

A free home away from home for cancer patients and their caregivers.

717-533-5111

125 Lucy Ave., Hershey

[www.cancer.org/hopelodgehershey](http://www.cancer.org/hopelodgehershey)

### **BEACON CLINIC**

A free, faith-based healthcare clinic providing preventative care and counseling to underserved and uninsured adults in Harrisburg community.

717-775-1111

248 Seneca St., rear, Harrisburg (St. Paul's Episcopal Church)

[www.beaconclinicpa.org](http://www.beaconclinicpa.org)

### **CENTERS FOR DISEASE CONTROL AND PREVENTION**

800-232-4636

[www.cdc.gov](http://www.cdc.gov)

### **CHILDREN'S HEALTH INSURANCE PROGRAM (CHIP)**

Provides health insurance to uninsured children and teens who are not eligible for or enrolled in Medical Assistance.

800-986-KIDS (5437)

[www.chipcoverspakids.com](http://www.chipcoverspakids.com)

### **COMMUNITY CHECK UP-CENTER**

Provides comprehensive healthcare to women and children in South Harrisburg as well as the Tri-County area. No one is ever denied services due to lack of insurance or an inability to pay.

717-233-1700

38C Hall Manor

[www.communitycheckupcenter.org](http://www.communitycheckupcenter.org)

### **COMPASS**

An online application for Pennsylvanians to apply for many health and human service programs.

[www.compass.state.pa.us](http://www.compass.state.pa.us)

**GEISINGER HOLY SPIRIT  
MISSION OF MEDICAL  
OUTREACH**

Nurse-run clinic based at Christ Lutheran Church, 124 S. 13<sup>th</sup> St., Harrisburg.  
717-260-9320.

**HAMILTON HEALTH  
CENTER**

717-232-9971  
[www.hamiltonhealthcenter.com](http://www.hamiltonhealthcenter.com)  
Offers medical and dental care at 110 S. 17<sup>th</sup> St., Harrisburg. (main campus)  
Has satellite offices at Downey School, 1313 Monroe St., Harrisburg  
717-230-3909  
Foose School, 1301 Sycamore St., Harrisburg;  
Union Deposit Family Practice, 895 S. Arlington Ave., Harrisburg (717-232-0500);  
1000 Evelyn Drive, Millersburg, 717-692-4761,  
12 N. Spring Street, Middletown, 717-836-6067  
117 North Faith Road, Grantville, 717-230-3979  
and Hamilton Health Center of Perry County, 46 Red Hill Court, Newport (717-204-7865).

**HEALTHCARE  
MARKETPLACES**

As part of Affordable Care Act, people can apply for coverage and compare available plans.  
[www.healthcare.gov](http://www.healthcare.gov)

**HEALTH RESOURCES AND  
SERVICE ADMINISTRATION.**

Mission is to improve health and achieve health equity through access to quality services, a skilled health workforce, and innovative programs.  
[www.hrsa.gov](http://www.hrsa.gov)

**HOPE WITHIN COMMUNITY  
HEALTH CENTER**

Offers free primary healthcare services for medically uninsured low-income residents of Lancaster, Lebanon and Dauphin counties.  
717-367-9797  
[www.hopewithin.org](http://www.hopewithin.org)

**HOSPICE OF CENTRAL  
PENNSYLVANIA**

Provides the highest quality of emotional, physical and spiritual support with compassion and respect.  
717-732-1000  
1320 Linglestown Road., Harrisburg (main office)  
[www.hospiceofcentralpa.org](http://www.hospiceofcentralpa.org)

**LEBANON FREE CLINIC**

(Lebanon Rescue Mission)  
Call to confirm times and eligibility.  
717-273-2715  
135 S. Ninth St., Lebanon  
[www.lebanonrescuemission.org](http://www.lebanonrescuemission.org)

**LION CARE**

(Penn State College of Medicine)  
A student-run, non-profit, free clinic dedicated to serving the medical, psychological, and health needs of the underserved in Harrisburg area. Call for schedule and to make an appointment.

717-257-4440, x312

611 Reily St., Harrisburg

[www.pennstatehealth.org/communitly-outreach/lioncare](http://www.pennstatehealth.org/communitly-outreach/lioncare)

**MEDICAID**

Provides health coverage to low-income people and is one of the largest payers for health care in the United States.

[www.medicaid.gov](http://www.medicaid.gov)

**MISSION OF MERCY**

Medical services available, Harrisburg clinic is at Harrisburg Brethren in Christ Church, 2217 Derry St., Harrisburg.

717-315-9813 (clinic days only)

[www.amissionofmercy.org](http://www.amissionofmercy.org)

**PACE AND PACENET**

State prescription assistance program for older adults.  
800-225-7223

**PENNSYLVANIA  
DEPARTMENT OF HEALTH**

[www.health.pa.gov](http://www.health.pa.gov)

**PENNSYLVANIA HEALTH  
LAW PROJECT**

Consultant on access to health care for low income consumers, elderly and persons with disabilities.

800-274-3258

[www.phlp.org](http://www.phlp.org)

**PLANNED PARENTHOOD**

One of the nation's leading providers of high-quality, affordable health care, and the nation's largest provider of sex education.

Harrisburg Medical Center

1514 North Second St., Harrisburg

717-234-2468.

Lancaster Medical Center

31 S. Lime St., Lancaster

717-299-2891

York Medical Center

728 Beaver St., York

717-845-9681.

[www.plannedparenthood.org](http://www.plannedparenthood.org)

**RONALD MCDONALD  
HOUSE**

Keeps children and families together by providing temporary housing, at no charge, to out-of-town families of seriously ill children who are being treated at Penn State Hershey Children's Hospital.

717-533-4001

745 W. Governor Road, Hershey

[www.rmhc-centralpa.org](http://www.rmhc-centralpa.org)

**SADLER HEALTH CENTER  
CORP.**

Provides accessible primary care, behavioral health and dental services to insured, uninsured and underinsured individuals at two locations: Carlisle and Perry County.

717-218-6670

100 N. Hanover St., Carlisle;

Also, offers dental only services at

1104 Montour Road, Loysville,

717-960-4380

[www.sadlerhealth.org](http://www.sadlerhealth.org)

**UPMC PINNACLEHEALTH  
CHILDREN AND TEEN  
CENTER**

717-782-4650

2645 N. Third St., second floor,  
Harrisburg

**LEAD POISONING**

Pennsylvania Department of  
Health

800-440-5323

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**POISON**

**AMERICAN ASSOCIATION  
OF POISON CONTROL  
CENTERS**

Site is designed to provide fast and useful information on how to manage exposures to potentially toxic products, poisons, and medications.

800-222-1222

[www.poisonhelp.org](http://www.poisonhelp.org)

## **MENTAL HEALTH**

(See also EMERGENCY HELP)

### **SUICIDE PREVENTION HOTLINE**

800-273-8255

[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

### **CONTACT HELPLINE**

Information and referral service

800-932-4616

[www.contacthelpline.org](http://www.contacthelpline.org)

### **THE ADVOCACY ALLIANCE**

Mission is to promote mental well-being and support recovery for adults who have a mental illness; resiliency for children with emotional/behavioral disorders.

717-835-2275

1512 E. Caracas Ave., Hershey

[www.theadvocacyalliance.org](http://www.theadvocacyalliance.org)

### **BEHAVIORAL HEALTH TREATMENT SERVICES LOCATOR**

An on-line source of information for persons seeking treatment facilities in the United States or U.S. territories for substance abuse/addiction and/or mental health problems.

800-662-4357

[www.samhsa.gov](http://www.samhsa.gov)

### **BELL SOCIALIZATION SERVICES**

Provides housing and employment support for those dealing with mental illness.

717-848-5767

160 S. George Street, York

[www.bellsocialization.com](http://www.bellsocialization.com)

### **CASE MANAGEMENT UNIT**

Mission is to plan with and support adults and children with mental disabilities, and their families when appropriate, to live full and inclusive lives within their communities.

717-232-8761

1100 S. Cameron St., Harrisburg

717-362-1212

295 State Drive, Elizabethville

717-644-9600

1349 Cumberland St., Lebanon

Pa.org

### **CATHOLIC CHARITIES**

Counseling offices

717-233-7978

939 East Park Drive, Harrisburg

717-299-3659

30D East Roseville Road,

Lancaster

717-845-2696

253 E. Market St., York

717-259-9537

6156 W. Canal Road, Abbotstown

(Paradise Outpatient Services)

[www.cchbg.org](http://www.cchbg.org)

**CRISIS INTERVENTION SERVICES (Dauphin County)**

24-hour emergency mental health services.

888-596-4447

717-232-7511

100 Chestnut St., Harrisburg  
(Cumberland/Perry counties)

Provides psychiatric or mental health emergency assistance, 24 hours a day, 7 days a week.

Camp Hill area, 717-763-2222

Carlisle area, 717-243-6005

All other areas, 866-350-HELP

**DEPRESSION AND BIPOLAR SUPPORT ALLIANCE**

Mission is to improve the lives of people living with mood disorders. Support group meetings take place on the second and fourth Tuesday of the month.

717-557-4477

717-343-7726

[www.dbsaharrisburg.org](http://www.dbsaharrisburg.org)

**DIAKON FAMILY LIFE SERVICES**

Meets the mental-health needs of people through quality, compassionate counseling, family-based mental-health services, and specialized programs.

877-342-5667

[www.diakon.org](http://www.diakon.org)

**FRANKLIN FAMILY SERVICES**

Offers comprehensive outpatient mental health services, which include diagnosis, treatment, and education for adults, adolescents, and children.

[www.ffspa.com](http://www.ffspa.com) 717-243-6500

816 Belvedere St., Carlisle

717-732-2917

412 Erford Road, Camp Hill

717-533-4312

20 Briarcrest Square, Hershey

717-267-1515

131 East McKinley Street,  
Chambersburg

**KEYSTONE HUMAN SERVICES**

Mental Health Services

Committed to supporting and empowering individuals on their personal journey of recovery.

717-482-8500

8182 Adams Drive, Hummelstown

[www.keystonehumanservices.org](http://www.keystonehumanservices.org)

**MENTAL WELLNESS AWARENESS ASSOCIATION**

Focuses on education for prevention, early intervention, scientific research and cures of mental health problems.

717-957-3432

[www.mentalwellnessawareness.org](http://www.mentalwellnessawareness.org)



**MYNDWORKS COUNSELING**

(Jewish Family Service of Greater Harrisburg)

Offers innovative and effective programs to support children and adults going through a difficult period in life.

717-233-1681

3333 N. Front St., Harrisburg

[www.jfsofhbg.org](http://www.jfsofhbg.org)

**NATIONAL ALLIANCE ON MENTAL ILLNESS****Dauphin County**

Goal is to improve the quality of life for victims of brain disorders (mental illnesses), their families, and friends.

717-233-1164

2501 N. Third St., Harrisburg

[www.nami-dauphincounty.org](http://www.nami-dauphincounty.org)

**Cumberland County**

Dedicated to improving the lives of individuals and families affected by mental illness through recovery-focused support, education and advocacy

717-620-9580

PO Box 527, Carlisle 17013

[www.namicppa.org](http://www.namicppa.org)

**NATIONAL INSTITUTE OF MENTAL HEALTH**

Mission is to transform the understanding and treatment of mental illnesses through basic and clinical research.

[www.nimh.nih.gov](http://www.nimh.nih.gov)

866-615-6464

**PENN STATE HERSHEY MEDICAL GROUP – PSYCHIATRY**

717-531-8338

22 Northeast Drive, Entrance B, Hershey

**PENNSYLVANIA MENTAL HEALTH CONSUMERS ASSOCIATION**

Provides information, referrals and support to people who are receiving services or in recovery from a mental illness in Pennsylvania.

717-564-4930

4105 Derry St., Harrisburg

[www.pmhca.org](http://www.pmhca.org)

**PRESSLEY RIDGE**

Offers help for a wide variety of emotional, behavioral and mental health issues.

888-777-0820

Harrisburg outpatient treatment and counseling at 121 Locust St., Harrisburg.

800-723-7005

[www.pressleyridge.org](http://www.pressleyridge.org)

**SUSQUEHANNA HARBOR  
SAFE HAVEN**

(Christian Churches United)  
Offers long-term housing within a supportive community for up to 25 formerly homeless men in Dauphin County. The program was designed to help chronically homeless men—those living on the street for a year or more—who are also dealing with mental illness.  
717-232-5029  
1805 N. 12<sup>th</sup> St., Harrisburg  
[www.ccuahbg.org](http://www.ccuahbg.org)

**WELLSPAN PHILHAVEN**

Offers mental health services to 1,000 people each day.  
800-932-0359  
283 S. Butler Road, Mount Gretna (main location)  
Offers services in Dauphin County at 2601 Herr St., Harrisburg.  
717-230-9622  
[www.philhaven.org](http://www.philhaven.org)

**SUICIDE**

(See also MENTAL HEALTH)

**AMERICAN FOUNDATION  
FOR SUICIDE PREVENTION**

South Central Pennsylvania chapter  
Dedicated to saving lives and bringing hope to those affected by suicide.  
888-333-2377  
[www.afsp.org](http://www.afsp.org)

**THE TREVOR PROJECT**

Leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people under 25.  
866-488-7386  
[www.thetrevorproject.org](http://www.thetrevorproject.org)

**TEENS**

**NATIONAL HUMAN  
TRAFFICKING HOTLINE**

National anti-trafficking hotline serving victims and survivors of human trafficking and the anti-trafficking community in the United States.  
888-373-7888  
[www.traffickingresourcecenter.org](http://www.traffickingresourcecenter.org)

**NATIONAL RUNAWAY  
SAFELINE**

800-RUNAWAY (786-2929)

## **MENTORS**

(See also VOLUNTEER)

### **AMERICA'S PROMISE ALLIANCE**

The collective work of the Alliance involves keeping five promises to children and youth that form the conditions they need to achieve adult success.

202-657-0600

[www.americaspromise.org](http://www.americaspromise.org)

### **AMIRACLE4SURE**

To improve the quality of life for individuals and their families whose lives have been impacted by negative life experiences; and to provide education, mentoring and advocacy for individuals and their children as they transform their lives after incarceration.

717-232-0100

1735 State St., Harrisburg

[www.amiracle4sure.com](http://www.amiracle4sure.com)

### **BETHESDA MISSION COMMUNITY (YOUTH) CENTER**

717-257-5484

1438 Herr St., Harrisburg

[www.bethesdamission.org](http://www.bethesdamission.org)

### **BIG BROTHERS/BIG SISTERS OF THE CAPITAL REGION**

717-236-0199

1519 N. 3<sup>rd</sup> Street, Harrisburg

[www.capbig.org](http://www.capbig.org)

### **BREAKING THE CHAINZ INC.**

Mission is to provide interactive and integrative prevention and intervention programs aimed at keeping adults and adolescents from ending up in a cold cell. Program assists newly released inmates in making a smooth transition from incarcerated inmate to productive citizen.

717-525-9448

[www.breakingthechainz.webs.com](http://www.breakingthechainz.webs.com)

### **BOYS AND GIRLS CLUB OF HARRISBURG**

Serves as a neighborhood based organization committed to serving youth of all backgrounds in developing self-esteem and character and to help them become responsible citizens by providing physical, recreational, social, educational and vocational programs.

717-234-3268

1227 Berryhill Street, Harrisburg

1700 Hanover St., Harrisburg

717-232-1711

1313 Monroe St., Harrisburg

717-512-2833

[www.bgchbg.org](http://www.bgchbg.org)

**NEW BIRTH OF FREED BOY  
SCOUTS OF AMERICA  
COUNCIL**

Mechanicsburg service center  
717-766-1591  
One Baden Powell Lane,  
Mechanicsburg  
[www.newbirthoffreedom.org](http://www.newbirthoffreedom.org)

**CAPITAL REGION EX-  
OFFENDERS SUPPORT  
COALITION**

To coordinate services that assist  
ex-offenders with successful re-  
entry that promotes public safety.  
[www.reentrynow.org](http://www.reentrynow.org)

**CENTER FOR CHAMPIONS**

Desires to be an avenue where  
many churches, groups and  
businesses can partner to provide  
life-on-life mentors to primarily  
fatherless and at-risk youth.  
[www.centerforchampions.org](http://www.centerforchampions.org)

**CHRISTIAN RECOVERY  
AFTERCARE MINISTRY**

Primary focus is crime prevention,  
reducing recidivism and promoting  
a safer community.  
717-234-3664  
[www.craminc.org](http://www.craminc.org)

**DRESS FOR SUCCESS**

Empowers women to achieve  
economic independence by  
providing a network of support,  
professional attire and the  
development tools to help women  
thrive in work and in life.  
717-232-1333  
29 S. 10<sup>th</sup> St., Harrisburg  
[www.southcentralpa.dressforsuccess.org](http://www.southcentralpa.dressforsuccess.org)

**GIRL SCOUTS IN THE  
HEART OF PA**

800-692-7816  
717-233-1656  
350 Hale Ave., Harrisburg  
[www.gshpa.org](http://www.gshpa.org)

**JOSHUA GROUP**

Provides hope and support for at-  
risk Harrisburg youth through  
educational and vocational  
opportunities.  
717-236-4464  
1459 Market St., Harrisburg  
(Joshua Learning Center)  
[www.joshuagroup.org](http://www.joshuagroup.org)

**THE JT DORSEY  
FOUNDATION**

Uses the medium of soccer to  
develop strong moral character,  
inspire academic excellence and  
promote community involvement  
for participants. Serves inner city  
youth ages five to 19 in the  
Harrisburg, Lancaster and  
Lebanon areas.  
717-329-8937 [www.jtdorsey.org](http://www.jtdorsey.org)  
5901 Jonestown Road, Harrisburg

**NEW HOPE MINISTRIES**

Youth programs provide assistance with homework, life skills, recreation, educational activities, and community services activities while promoting positive behavior and values. Has centers in Dillsburg, Dover, Hanover, Mechanicsburg, New Oxford and West Shore (Lemoyne) area.

771-432-2087

99 W. Church St., Dillsburg

[www.nhm-pa.org](http://www.nhm-pa.org)

**THE PROGRAM**

“It’s About Change”

Serves and supports individuals involved with the criminal justice system, primarily women and children, to prevent recidivism and promote productive lives.

717-238-9950

1515 Derry St., Harrisburg

506 S. George Street, York

717-793-2389

[www.theprogrambhg.org](http://www.theprogrambhg.org)

**SALVATION ARMY**

Gives youth a chance to experience educational enrichment, life skills development, and spiritual and physical wellness.

717-233-6755

506 S. 29<sup>th</sup> Street, Harrisburg

[www.salvationarmyharrisburg.org](http://www.salvationarmyharrisburg.org)

**SOUND COMMUNITY SERVICES, INC.**

Reentry Services that include: AOD Alcohol & Other Drugs, R4W Ready4Work employment training, Parenting, Mentoring, Anger Management/Batters Intervention Services, Training available

2001 N Front St, Bldg #2, Suite 321

Harrisburg, PA 17102

717-961-9740

[www.soundcommunitysolutions.org](http://www.soundcommunitysolutions.org)

## **PARENTING**

(Also see CHILDREN)

### **ASERT AUTISM RESOURCE CENTER**

Designed to bring together existing resources for families, providers, and self-advocates, and allow them to access a broad array of information to help meet the needs of those living with or serving people with autism.

877-231-4244

[www.paaautism.org](http://www.paaautism.org)

### **AUTISM SOCIETY, GREATER HARRISBURG AREA CHAPTER**

Promotes opportunities for individuals with Autism Spectrum Disorders (ASD) to participate in the same valued life experiences as do other citizens.

800-244-2425, ext. 8408

PO Box 101, Enola.

[www.autismharrisburg.org](http://www.autismharrisburg.org)

### **GREATER HARRISBURG HEALTHY START**

(Program of Hamilton Health Center)

Mission is to improve the health and well-being of pregnant and postpartum women, their babies, families and the community by providing comprehensive supportive services in the communities where they live.

717-909-1278

[www.harrisburghealthystart.com](http://www.harrisburghealthystart.com)

### **HEALTHY STEPS DIAPER BANK**

Mission is to provide diapers to children in need to keep children clean, dry, and healthy. To do that, Healthy Steps partners with local non-profit organizations who then provide the diapers free of charge to active participants of its program.

717-919-2590

4075 Linglestown Road,  
Harrisburg

[www.healthystepsdiaperbank.com](http://www.healthystepsdiaperbank.com)

### **NATIONAL FATHERHOOD INITIATIVE**

Vision is for every child to grow up with an involved, responsible and committed father.

301-948-0599

[www.fatherhood.org](http://www.fatherhood.org)

## **PARENTS HELPING PARENTS**

A support helpline.  
800-632-8188

[www.parentshelpingparents.org](http://www.parentshelpingparents.org)

## **TRI-COUNTY COMMUNITY ACTION**

Offers programs to support families developing parenting skills, enhancing communication, school readiness and household management. Also offers one-on-one in-home education for parents of children 0-5 years of age, and a program just for dads.

1514 Derry St., Harrisburg  
717-232-9757

[www.cactricounty.org](http://www.cactricounty.org)

## **WIC**

A federally funded program that provides nutrition services, breastfeeding support, health care and social service referrals, and healthy foods. [www.pawic.com](http://www.pawic.com)  
800-WIC-WINS (942-9467)

## **PREGNANCY SERVICES**

(Also see WOMEN)

### **BETHANY CHRISTIAN SERVICES**

If you are pregnant and don't know what to do, Bethany can provide free, confidential support to help you determine your path forward.

(Harrisburg location)

717-238-3549

2101 N. Front St., Building 1,  
Suite 201, Harrisburg

[www.bethany.org](http://www.bethany.org)

### **CARLISLE AREA FAMILY LIFE CENTER**

Mission is to protect the unborn through emotional, material, and educational support of women and families.

717-243-1918

155 N. Hanover St. Carlisle

[www.carlislefamilylifecenter.org](http://www.carlislefamilylifecenter.org)

### **DIAKON PREGNANCY SERVICES**

Offers free counseling to expectant mothers, with staff available to meet in total confidence at a location of your choice.

888-582-2230

[www.diakon.org/pregnancy](http://www.diakon.org/pregnancy)

**GREATER HARRISBURG  
HEALTHY START**

(Program of Hamilton Health Center)

Mission is to improve the health and well-being of pregnant and postpartum women, their babies, families and the community by providing comprehensive supportive services in the communities where they live.

Serving Harrisburg, Steelton, Highspire, Middletown.

717-909-1278

[www.harrisburghealthystart.com](http://www.harrisburghealthystart.com)

**LIFELINE PREGNANCY  
CARE CENTER**

Goal is to help women and families from the time they find out they are pregnant until their children are about age six.

Hours are Monday, Tuesday and Wednesday from 1 to 4 p.m., and Tuesday and Thursday from 6 to 8 p.m.

717-692-2183

403 Union St., Millersburg

[www.lifeline-pcc.org](http://www.lifeline-pcc.org)

**LOURDESHOUSE  
MATERNITY HOME**

(Catholic Charities)

Provides specialized, comprehensive maternity care and residential services to women in need in South Central

Pennsylvania. 717-412-4865

120 Willow Road, Suite A.,

Harrisburg [www.cchbg.org](http://www.cchbg.org)

**MORNINGSTAR  
PREGNANCY SERVICES**

Pregnancy-related services and information including free pregnancy tests

2509 N. Front Street Harrisburg

717-901-2799

503 Bridge St., New Cumberland

717-901-5433

35 S. Union St., Middletown

717-944-3888

[www.morningstarclinics.com](http://www.morningstarclinics.com)

**WOMEN'S CARE CENTER OF  
YORK**

Provides free, confidential counseling, support and education to women facing unplanned pregnancies.

717-854-6285

40 S. Richland Ave., York



## **RAPE**

(See also ABUSE, VICTIMS)

### **EMERGENCIES**

911

### **DOMESTIC VIOLENCE**

#### **HOTLINES**

(By county)

ADAMS: 800-787-8106

CUMBERLAND: 800-852-2102

DAUPHIN: 800-654-1211

FRANKLIN/FULTON: 800-621-6660

JUNIATA/MIFFLIN: 717-242-2444

LANCASTER: 717-299-1249

LEBANON: 866-686-0451

NORTHUMBERLAND/UNION/S

NYDER: 800-850-7948

PERRY: 800-852-2102

SCHUYLKILL: 800-282-0634

YORK: 800-262-8444

### **PENNSYLVANIA COALITION AGAINST RAPE**

Works to end sexual violence and advocates for the rights and needs of sexual assault victims.

888-772-7227 (24-hour hotline)

717-728-9740

800-692-7445

[www.pcar.org](http://www.pcar.org)

### **SEXUAL ASSAULT RESOURCE & COUNSELING CENTER**

Prevents sexual violence and promotes healing for those impacted.

717-272-5308 (hotline Lebanon)

570-628-2965 (hotline Schuylkill)

615 Cumberland St., Lebanon

Schuylkill Office:

17 Westwood Centre, Pottsville

[www.sarcclebanon.org](http://www.sarcclebanon.org)

### **YWCA OF CARLISLE – SEXUAL ASSAULT/RAPE CRISIS SERVICES OF CUMBERLAND COUNTY**

888-727-2877

301 G Street, Carlisle

[www.ywacarlisle.org](http://www.ywacarlisle.org)

### **YWCA OF GREATER HARRISBURG**

Violence intervention and prevention services.

Provides comprehensive crisis and counseling services to victims of domestic violence and sexual assault, including a crisis hotline, individual and group counseling and medical and court accompaniments.

800-654-1211

1101 Market St., Harrisburg

[www.ywcahbg.org](http://www.ywcahbg.org)

## **YWCA of YORK/VICTIM SERVICES**

Sexual violence hotline  
800-262-8444  
717-846-5400  
[www.ywcayork.org](http://www.ywcayork.org)

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## **SENIOR CITIZENS**

### **AARP**

888-687-2277  
[www.aarp.org](http://www.aarp.org)

### **APPRISE HELPLINE**

(Pennsylvania Department of Aging)  
Offers a free health insurance counseling program designed to help older Pennsylvanians with Medicare.  
800-783-7067

### **AREA AGENCIES ON AGING**

(Usual sources for meals on wheels)  
Adams County: 717-334-9296  
Cumberland County: 717-240-6110  
Dauphin County: 717-780-6130  
Lancaster County: 717-299-7979  
Lebanon County 717-273-9262  
Perry County: 717-582-5128  
York County: 717-771-9610

## **ALZHEIMER'S ASSOCIATION**

Mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.  
800-272-3900 (helpline)  
[www.alz.org](http://www.alz.org)

## **DAUPHIN COUNTY ELDER ABUSE HOTLINE**

1-866-723-3111

## **MEDICARE**

[www.medicare.gov](http://www.medicare.gov)  
Centers for Medicare and Medicaid Services, [www.cms.gov](http://www.cms.gov), provides information for the Medicare and Medicaid consumer

## **NATIONAL CENTER ON ELDER ABUSE**

Provides the latest information regarding research, training, best practices, news and resources on elder abuse, neglect and exploitation to professionals and the public.  
855-500-3537  
[www.ncea.acl.gov](http://www.ncea.acl.gov)

## **PACE AND PACENET**

State prescription program for lower income seniors.  
800-225-7223

**PENNSYLVANIA  
DEPARTMENT OF AGING**  
[www.aging.state.pa.us](http://www.aging.state.pa.us)  
Elder Abuse Hotline 800-490-8505

**PENNSYLVANIA  
DEPARTMENT OF BANKING  
AND SECURITIES**

Regulates financial services and works to ensure consumers and businesses are well informed about the marketplace. Can file a complaint form online.  
800-722-2657  
[www.dobs.pa.gov](http://www.dobs.pa.gov)

**PENNSYLVANIA SENIOR  
LAW HELPLINE**

Provides legal advice, information and referral services. Helpline hours are Monday through Thursday, 10 a.m. to 12 p.m.  
877-727-7529  
[www.seniorlawcenter.org](http://www.seniorlawcenter.org)

**RSVP OF THE CAPITAL  
REGION**

Promotes seniors as powerful contributors to our neighborhoods and community organizations that desperately need additional human resources.  
717-541-9521  
50 Utley Drive, Suite 500, Camp Hill  
[www.rsvpcapreg.org](http://www.rsvpcapreg.org)

**SOCIAL SECURITY  
ADMINISTRATION**  
800-772-1213 (national)  
555 Walnut St., Suite 810,  
Harrisburg  
[www.ssa.gov](http://www.ssa.gov)

**DAUPHIN COUNTY SENIOR  
CENTERS**

**\*\*Please contact your County's  
Aging Office for your County's  
Senior Centers Information**

**EAST HANOVER SENIOR  
CENTER**

Municipal Building  
8848 Jonestown Road, Shellsville-  
Grantville, PA 17028  
Telephone Number: (717) 469-  
7514

**B'NAI B'RITH SENIOR  
CENTER**

130 S. 3rd Street Harrisburg, PA  
17101  
Telephone Number: (717) 232-  
7516

**LICK TOWERS SENIOR  
CENTER**

1301 N. 6th Street Harrisburg, PA  
17102  
Telephone Number: (717) 257-  
5421

**JEWISH COMMUNITY  
CENTER**

Senior Adult Program (Kosher  
Meals)  
3301 N. Front St, Harrisburg, PA  
17110  
Telephone Number: (717) 236-  
9555

**HEINZ-MENAKER SENIOR  
CENTER**

1824 N. 4th St, Harrisburg, PA  
17102  
Telephone Number: (717) 238-  
7860

**MOHLER SENIOR CENTER**

25 Hope Dr., Hershey, PA 17033  
Telephone Number: (717) 533-  
2002

**LOWER PAXTON TOWNSHIP  
FRIENDSHIP SENIOR  
CENTER**

5000 Commons Dr., Harrisburg,  
PA 17112  
Telephone Number: (717) 657-  
1547

**LYKENS BALLROOM  
SENIOR CENTER**

200 W. Main Street, Lykens, PA  
17048  
Telephone Number: (717) 453-  
8350

**MILLERSBURG SENIOR  
CENTER**

109 Edward Dr., Millersburg, PA  
17061  
Telephone Number: (717) 692-  
2657

**HOY/LATSHA SENIOR  
CENTER**

301 Mohn Street, Steelton, PA  
17113  
Telephone Number: (717) 939-  
9833

**STEELTON SENIOR CENTER**  
900 Cumbler Street, Steelton, PA  
17113  
Telephone Number: (717) 649-  
0136

**BISTLINE SENIOR CENTER**  
1291 S. 28th Street, Harrisburg,  
PA 17111  
Telephone Number: 717-939-  
9301, Ext 524

**RUTHERFORD HOUSE  
SENIOR CENTER**  
3300 Parkview Lane, Harrisburg,  
PA 17111  
Telephone Number: (717) 564-  
5682

## **VETERANS**

**VETERANS NATIONAL  
CRISIS LINE**  
800-273-8255

**DAUPHIN COUNTY  
VETERANS AFFAIRS**  
717-780-6357  
2 South Second Street Harrisburg,  
fourth floor

**HARRISBURG VET CENTER**  
(U.S. Department of Veterans  
Affairs)  
717-782-3954  
1500 N. Second St., Suite 2  
Harrisburg, Pa.  
[www.va.gov](http://www.va.gov)

**ROBERT M. JACKSON  
VETERANS CENTER, INC**  
Offers low-income housing  
alternatives, counseling, case  
management, education and job  
readiness training, personal and  
financial development, veterans'  
benefit resource assistance,  
clothing and food pantry  
assistance.  
717-695-6249  
316 Carlisle St., Harrisburg  
[www.rmjvc.org](http://www.rmjvc.org)

**LEBANON VA MEDICAL  
CENTER**

717-272-6621

800-409-8771

1700 S. Lincoln Avenue, Lebanon

[www.lebanon.va.gov](http://www.lebanon.va.gov)

**MAKE THE CONNECTION**

An online resource designed to connect veterans, their family members and friends, and other supporters with information, resources, and solutions to issues affecting their lives.

[www.maketheconnection.net](http://www.maketheconnection.net)

**NATIONAL COALITION FOR  
HOMELESS VETERANS**

Resource and technical assistance center for a national network of community-based service providers and local, state and federal agencies that provide emergency and supportive housing, food, health services, job training and placement assistance, legal aid and case management support for hundreds of thousands of homeless veterans.

877-424-3838 (24/7 crisis hotline)

800-VET-HELP [www.nchv.org](http://www.nchv.org)

**PENNSYLVANIA  
DEPARTMENT OF  
MILITARY AND VETERANS  
AFFAIRS**

Provides advice and assistance to Pennsylvania's nearly 800,000 veterans and their families.

[www.dmv.pa.gov](http://www.dmv.pa.gov)

**PENNSYLVANIA VETERANS  
REGISTRY**

An online application that allows veterans, family members and people who work with veterans to connect with Department of Military and Veterans Affairs to request information related to the valuable state benefits, programs and services offered.

[www.dmv.state.pa.us](http://www.dmv.state.pa.us)

**SUPPORTIVE SERVICES FOR  
VETERAN FAMILIES**

(Volunteers of America  
Pennsylvania)

Provides low-income veteran families with services aimed at preventing homelessness and improving their stability. Serves Adams, Cumberland, Dauphin, Lebanon, Lancaster, Perry and York counties.

717-236-1440

2112 Walnut St., Harrisburg

[www.voapa.org/veteran-services](http://www.voapa.org/veteran-services)

**U.S. DEPARTMENT OF  
VETERAN AFFAIRS**

GI Bill 888-442-4551

Healthcare benefits 877-222-8387

PTSD 802-296-6300

[www.va.gov](http://www.va.gov)

**YWCA VETERANS SERVICES**

Works closely with area service providers and agencies to ensure that all veterans and their families receive the best possible care through eligible programs. 800-654-1211 (24-hour hotline)

[www.ywcahbg.org](http://www.ywcahbg.org)

**VICTIMS**

(See also ABUSE, RAPE & WOMEN)

**PENNSYLVANIA OFFICE OF  
VICTIM ADVOCATE**

Works to provide victims of crime with notifications, support and advocacy services.

800-563-6399

1101 S. Front St., Suite 5200,  
Harrisburg

[www.ova.state.pa.us](http://www.ova.state.pa.us)

**VICTIM SERVICES DIVISION  
(Cumberland County)**

Assists victim and witnesses of crime during their involvement with the criminal justice system.

Main office

717-240-6220

717-258-4806

2120 Market St., Camp Hill

717-761-5599

York 800-262-8444

Perry County 717-582-8900

[www.dvscp.org](http://www.dvscp.org)

**DAUPHIN COUNTY  
VICTIM/WITNESS  
ASSISTANCE PROGRAM**

Strives to reduce the trauma of a crime by empowering and assisting crime victims, witnesses and significant others in reconstructing their lives through advocacy, support, information and referrals.

717-780-7075

25 S. Front St., 7<sup>th</sup> floor,

Harrisburg

[www.victimwitness.org](http://www.victimwitness.org)

**YWCA of YORK/VICTIM  
SERVICES**

[www.ywcayork.org](http://www.ywcayork.org)

Sexual violence, 800-422-3204 or  
717-854-3131

Domestic violence, 800-262-8444  
or 717-846-5400

**VOLUNTEER**

(See also EDUCATION FOR  
ADULTS  
and MENTORING)

**HABITAT FOR HUMANITY  
OF THE GREATER  
HARRISBURG AREA**

717-545-7299

900 S. Arlington Ave., #131A,  
Harrisburg

[www.harrisburghabitat.org](http://www.harrisburghabitat.org)

**LEND A HAND**

A local disaster response and  
assistance program.

717-731-8888

2601 n. Front St. Suite 107,  
Harrisburg

[www.lendahand.net](http://www.lendahand.net)

**MENNONITE DISASTER  
SERVICE**

Volunteer network of Anabaptist  
churches that responds to those  
affected by disasters in Canada and  
the United States.

717-735-3536

800-241-8111

583 Airport Road, Lititz

[www.mds.mennonite.net](http://www.mds.mennonite.net)



## **RSVP OF THE CAPITAL REGION**

Promotes seniors as powerful contributors to our neighborhoods and community organizations that desperately need additional human resources.

717-541-9521

50 Utley Drive, Suite 500, Camp Hill

[www.rsvpcapreg.org](http://www.rsvpcapreg.org)

## **UNITED WAY OF THE CAPITAL REGION**

Volunteer Center program's mission is to advocate for volunteerism and serve as a clearinghouse for volunteer opportunities and needs in Dauphin, Cumberland and Perry counties.

717-732-0700

2235 Millennium Way, Enola

[www.uwcr.org](http://www.uwcr.org)

## **VOLUNTEERS OF AMERICA PENNSYLVANIA**

A ministry of service providing people in need with support skills and tools that lead to individual empowerment, self-sufficiency and stability.

717-236-1440

2112 Walnut St., Harrisburg

[www.voapa.org](http://www.voapa.org)

## **WOMEN**

(See also CHILDREN, MEDICAL and PREGNANCY SERVICES)

### **BABIES**

(Healthy Baby Helpline)

Pennsylvania Department of Health

Provides information to those who are pregnant or think they may be pregnant.

800-986-BABY

### **BABY LOVE**

Provides free services designed to meet the physical, emotional, and social needs of individuals who are struggling with addictions.

Program is part of Hamilton Health Center.

866-530-2229

[www.babylove.hamiltonhealthcenter.com](http://www.babylove.hamiltonhealthcenter.com)

### **BETHANY CHRISTIAN SERVICES**

If you are pregnant and don't know what to do, Bethany can provide free, confidential support to help you determine your path forward.

(Harrisburg location)

717-238-3549

2101 N. Front St., Building 1, Suite 201, Harrisburg

[www.bethany.org](http://www.bethany.org)

**BRIDGE OF HOPE  
HARRISBURG AREA**

Vision is for communities in both Dauphin and Cumberland counties where no family is homeless.

717-635-5957

PO Box 15212, Harrisburg 17105  
[www.harrisburg.bridgeofhopeinc.org](http://www.harrisburg.bridgeofhopeinc.org)

**COMMUNITY CHECK UP-  
CENTER**

Provides comprehensive healthcare to women and children in South Harrisburg as well as the Tri-County area. No one is ever denied services due to lack of insurance or an inability to pay.

717-233-1700

38C Hall Manor  
[www.communitycheckupcenter.org](http://www.communitycheckupcenter.org)

**EVERGREEN HOUSE**

(Catholic Charities)

Provides a safe, secure, nurturing environment for women recovering from addiction.

120 Willow Road, Suite B,  
Harrisburg

717-412-4594

[www.cchbg.org](http://www.cchbg.org)

**FAMILY HEALTH COUNCIL  
OF CENTRAL PA.**

Works with hospitals, federally funded community health centers, free-standing clinics, direct-service agencies, WIC centers, HIV/AIDS service organizations, and other community-based organizations to provide services to thousands, who might otherwise go without needed care.

717-761-7380

[www.fhccp.org](http://www.fhccp.org)

**YORK INTENSIVE FAMILY  
SERVICES**

Provides free life-affirming solutions to any woman or man facing an unexpected or unplanned pregnancy throughout the pregnancy until the child turns one.

717-843-7986

253 E. Market Street, York

**LIGHTHOUSE OUTREACH  
CENTER**

An interdenominational ministry that outreaches to both church and unchurched women in need of transitional housing.

717-236-0735

1839 Market St., Harrisburg

[www.lighthouseoutreachhbg.org](http://www.lighthouseoutreachhbg.org)

**LIFEPATH CHRISTIAN  
MINISTRIES**

Operates programs for women and children.

717-845-7662

363-373 West Market Street, York

[www.lifepathyork.org](http://www.lifepathyork.org)

**LOURDESHOUSE  
MATERNITY HOME**

(Catholic Charities)

Provides specialized, comprehensive maternity care and residential services to women in need in South Central Pennsylvania.

717-412-4865

120 Willow Road, Suite A.,

Harrisburg

[www.cchbg.org](http://www.cchbg.org)

35 S. Union St., Middletown

717-827-6129

[www.morningstarclinics.com](http://www.morningstarclinics.com)

**PENNSYLVANIA  
COMMISSION FOR WOMEN**

Responsible for advising the Governor on policies and legislation that impact women.

717-772-3880

[www.governor.pa.gov/about/pennsylvania-commission-for-women](http://www.governor.pa.gov/about/pennsylvania-commission-for-women)

**PLANNED PARENTHOOD**

One of the nation's leading providers of high-quality, affordable health care, and the nation's largest provider of sex education.

Harrisburg Medical Center

1514 North Second Street,

Harrisburg

717-234-2468.

Lancaster Medical Center

31 S. Lime St., Lancaster

717-299-2891

York Medical Center

728 Beaver St., York

717-845-9681.

[www.plannedparenthood.org](http://www.plannedparenthood.org)

**THE PROGRAM**

“It’s About Change”

Serves and supports individuals involved with the criminal justice system, primarily women and children, to prevent recidivism and promote productive lives.

717-238-9950

1515 Derry St., Harrisburg

[www.theprogramhbg.org](http://www.theprogramhbg.org)

## **OTHER HELP**

### **NORTHERN DAUPHIN HUMAN SERVICES CENTER**

Children and Youth Services; Area Agency on Aging; Department of Drug and Alcohol; and numerous providers.

717-905-2700

877-893-3344

295 State Drive, Elizabethville

### **UPPER DAUPHIN HUMAN SERVICES CENTER**

Operates food bank from 9 to 11 a.m. and 1:30 to 3:30 p.m. Monday through Friday. Individuals and families needing food are allowed to come one time per month.

717-453-9352

517 Main St., Lykens

[www.upperdauphinhumanservices.com](http://www.upperdauphinhumanservices.com)



**WHERE  
TO GO  
WHEN YOU NEED  
HELP**

**2021 EDITION**