

# YOU CAN'T HIDE THAT



Cold Spring Elementary School


Thank you for an excellent first marking period! We are headed into the second marking period and hope to gain momentum, keep our rigor, and increase expectations.

## Lost & Found Clean Out

Please come check our Lost & Found items. We will be cleaning out for Marking Period 2 and want to make sure you get your belongings. We have looked through items and those with names we have been returning to students.

## Mental Health Awareness Week

Cold Spring is excited to focus on mental health as we share and discuss the importance of keeping our mind healthy with students. Ms. Felsher has worked hard to put together activities for all classrooms to engage in to bring awareness to all. The below chart will show you what we will do and focus on in school and it also provides ideas for you at home.

Cold Spring ES Mental Health Awareness Week 2023				
Monday, 11/6	Tuesday, 11/7	Wed., 11/8	Thursday, 11/9	Friday, 11/10
<b>Let's Chalk about It</b>	<b>Affirmation Station</b>	<b>Self-Care Brainstorm</b>	<b>Thankful Thursday</b>	<b>Feedback Friday</b>
At recess, chalk about one way you take care of yourself and your mental health OR write one positive affirmation.	Use cards provided to create a list of positive affirmations of yourself, then walk around & write one for each peer.	As a class, add to our school's self-care brainstorm word cloud & contest <a href="#">Here!</a> 	Share what and who you are thankful for in this <a href="#">padlet</a> .  Write a kind note to a staff member	What can we do better as a school? Let your voice be heard by filling out this quick <a href="#">survey!</a>  Play a feelings Kahoot <a href="#">here!</a>
Take a family walk in nature	Do these at home too!	Talk about what you do for self-care & how it helps you	Discuss the power of gratitude & share who you are grateful for!	Commit & discuss to making 1 change to enhance your mental health

Ideas for Home

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## Parent Conferences

We have been very busy thus far engaging in many parent-teacher conferences. I want to thank our teachers for their time and effort with preparing for these, as well as thank our families for signing up and showing up for your children. Conferences will continue to run the month of November.

## Walking Wednesday

Cold Spring is excited to promote safety and health with Walking Wednesday on November 8th! Adults, students, and staff please join us and walk to school! There will be games and prizes beginning at 8:15am. Please click [HERE](#) to read all about it!

## Weekly Classroom Updates

In an effort to ensure clear communication, we will be providing grade level updates each Sunday to families. Please reach out to your child's teacher if you have any questions regarding the content. **Also, please note this document is also posted on our school website for you to access at any time.**

<a href="#"><u>Kindergarten</u></a>	<a href="#"><u>1st Grade</u></a>	<a href="#"><u>2nd Grade</u></a>
<a href="#"><u>3rd Grade</u></a>	<a href="#"><u>4th Grade</u></a>	<a href="#"><u>5th Grade</u></a>

## From the PTA:

*THANK YOU room parents and volunteers for your hard work to make the Halloween parties on Tuesday a blast for the students!*

### **Donuts with Grownups**

Please join us for our first Donuts with Grownups of the school year. The event will be before school at 8:20am on November 17th, in the APR.

Please see the flyer [HERE](#) and RSVP using this link:

[https://docs.google.com/forms/d/e/1FAIpQLSfRUuMlc\\_oi52eG56iXOejaysyrmoBKsebMOVgAeafKokvetQ/viewform?pli=1](https://docs.google.com/forms/d/e/1FAIpQLSfRUuMlc_oi52eG56iXOejaysyrmoBKsebMOVgAeafKokvetQ/viewform?pli=1)

### **PTA Meeting, next Tuesday, November 7th 7pm, Zoom**

Sumeet Sharma, former Cold Spring MCCPTA representative and Wootton Cluster Representative will join us to discuss the next MCPS capital improvements plan which includes a major improvement project for Cold Spring.

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## Calling all student artists!

All students are invited to participate in the National PTA **Reflections Arts Program**. This contest in six arts categories allows students in all grade levels to express themselves through their gifts & talents in the ARTS! **Three winners** from each category and each level (primary K-2 and intermediate 3-5) will advance to the county. This is a great opportunity! We had several Cold Spring students win awards at the County level last year.

Students may enter their original work in one or more of the following categories: **Dance choreography, film production, literature, music composition, photography, and visual arts**. This year's theme is **"I am Hopeful Because..."**. Entries are due **December 8th**.

If you'd like to enter, please send an email to the Cold Spring PTA Reflections Chair, Paras Ghodsi at [parastoo@hotmail.com](mailto:parastoo@hotmail.com) and you will receive the entry form and further instructions. All submissions are digital. Additional information is available at [PTA.org/Reflections](http://PTA.org/Reflections).

## BOE Capital Improvement Program Hearing - Please Consider Attending!

Dear Wootton Cluster Parents and Students,

We hope this message finds you well. As you may be aware, our beloved school, Thomas Wootton High School, has been in need of a renovation for many years. The project has faced numerous delays, but we have a crucial opportunity to make our voices heard and drive positive change.

We invite you to Save the Date for the upcoming BOE Capital Improvement Program hearing, where we will have a chance to advocate for the much-needed renovation of Thomas Wootton High School, Cold Spring Elementary School and DuFief Elementary School. Your participation and support can make a significant difference in the future of our schools.

### **Save the Date: BOE Capital Improvement Program Hearing**

**Date: November 6th, 2023**

**Time: 6:00 PM**

**Location: 850 Hungerford Drive, Rockville, Maryland 20850**

#### Why Attend?

- Help secure the future of Thomas Wootton HS, Cold Spring ES, and DuFief ES.
- Ensure a better learning environment for current and future students.
- Show the strength of our school community.

Your voice matters, and your presence at this meeting is essential. By coming together as a united school community, we can create a powerful message and advocate for the changes our schools so desperately need.

We have also designed a "Save the Date" poster to help spread the word. Together, we can transform Thomas Wootton High School and ensure a brighter future for our students. We look forward to seeing you at the hearing on November 6th.

For more information or if you have any questions, please do not hesitate to reach out to either Sumeet Sharma or myself.

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Thank you for your continued support and dedication to our school.

Sincerely,  
Junhua Liu and Sumeet Sharma

## **PTA Calendar**

Check out the most current PTA calendar [HERE](#) for all upcoming events (dates are subject to change)

## **From our Staff Appreciation Chair, Lindsay Koosed**

Please help us take care of our wonderful faculty and staff by keeping their staff lounge stocked with goodies! We have 43 staff members, so a Costco-sized box is enough to make sure everyone finds something they like. Once you sign up and leave your email, I will email you directly with my address so you can drop off your donation before the date listed on this Signup Genius. I will then bring everything to school at once to minimize disruption. Please let me know if you have any questions and thank you!!

Sign up here: <https://www.signupgenius.com/go/30E094BAAA92DA4F94-stock>

## **PTA Volunteers Still Needed**

There are still open positions in the PTA that we need to fill. See list here and if you can chair/co-chair one of these, email [erika.schor@gmail.com](mailto:erika.schor@gmail.com). Your help is greatly appreciated!

## **Restaurant Night, Thursday November 16th at Shake Shack**

Our September and October restaurant fundraisers raised \$970! Thank you SO MUCH to our Cold Spring community!

Next month, please join us on Thursday, November 16th at Cabin John Shake Shack, 10:30 am - 9:30 pm See flyer [HERE](#)

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## **Calendar Updates:**

- Monday, November 6th: Mental Health Awareness Week begins, Grade 4 Field Trip to Politics & Prose
- Tuesday, November 7th, 7 pm: PTA Meeting via Zoom
- Wednesday, November 8th: Walking Wednesday
- Thursday, November 9th: Retake Picture Day