

# RIDGEFIELD HIGH SCHOOL ATHLETICS

Stay up to date on our RHS Athletics website



On Monday, 5/26 our Unified Volleyball team took on RHS Staff Members in our annual clash!  
Thanks to Coaches Kaley Kowarick and Megan Calderwood for the photo!

## FCIAC PLAYOFFS

### HOME GAMES

#### Boys Lacrosse

Friday, May 23rd, Tiger Hollow 3PM vs. Wilton

*FCIAC Semifinals 5/27, Finals 5/29 @Wilton*

#### Girls Lacrosse

Friday, May 23rd, Tiger Hollow 5PM vs. Staples

*FCIAC Semifinals 5/27, Finals 5/29 @ Brien McMahon*

### AWAY GAMES

#### Softball

Friday, May 23rd vs. St. Joseph's

*FCIAC Semifinals 5/27, Finals 5/29 @Trumbull*

#### Boys Volleyball

FCIAC Qtrs. Friday, May 23rd vs. New Canaan

*FCIAC Semifinals 5/27, Finals 5/29 @ Stamford*

#### Boys & Girls Outdoor Track

FCIACs, May 24<sup>th</sup> @Danbury

#### Girls Golf

Thursday, May 29th @ Country Club of Fairfield

**SPRING 2025**

**RHS ATHLETICS**

## STATE TOURNAMENT PREVIEW

most brackets to be released 5/28-5/30

### **Boys Rugby**

State Qtrs. @ Ludlowe 5/22

### **Boys Tennis**

CIAC First Round 5/30

### **Girls Tennis**

CIAC First Round 5/30

### **Boys Volleyball**

CIAC Play in Round 6/2 OR 6/3

### **Baseball**

CIAC First Round 6/2

### **Outdoor Track**

CIAC Class LL 6/2, State Open  
6/7, New Englands 6/14

### **Softball**

CIAC First Round 6/2

### **Girls Golf**

CIAC Tournament 6/11

### **AT HOME:**

### **Girls Lacrosse**

CIAC First Round 5/31

### **Boys Lacrosse**

CIAC Second Round 6/4



## End of Year Reminders!

**Summer workouts are coming up! Keep your eye on RHS SportsYou team pages for dates and announcements.** If you are looking to get connected, email [ascammon@ridgefieldps.net](mailto:ascammon@ridgefieldps.net) for an access code

**Summer is the perfect time to schedule an annual physical!** Physical forms are required for RHS athletics participation. Physical forms are good for 13 months from the date of exam and can be emailed to RHS Head Athletic Trainer, Rachel Marino, [rmarino@ridgefieldps.net](mailto:rmarino@ridgefieldps.net) or to the RHS Health Office [rhsnurses@ridgefieldps.net](mailto:rhsnurses@ridgefieldps.net)



## Attention Senior Athletes!

The Class of 2025 College-Bound Student-Athlete Photo will be taken in JUNE!

Further communication to come... check your emails and/or SportsYou!!



# FCIAC SPRING EXEMPLARY SCHOLAR ATHLETES



Congratulations to Owen Dulecki and Peter Kaloutsos for being named RHS spring season FCIAC Exemplary Scholar Athletes!

More on Owen and Peter [HERE](#)

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Unified Volleyball Staff vs. Students Game



Girls Tennis on their Senior Night!

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## Helpful Links



Team Schedules linked [HERE](#)



Be ready for postseason! CIAC Tournament Central Linked [HERE](#)

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# GO TIGERS!